

ANNUAL REPORT

County Extension Work

1953



Elizabeth Fuss

Agent

Happahannock

COUNTY

Asst. Agent

Reppel and

ANNUAL NARRATIVE REPORT
1952-53

ELIZABETH FUGG
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NARRATIVE REPORT

III. The County Situation as it Affected the 1953 Program

Rappahannock County is primarily an agricultural county. Most of the families are dependent on the farm for a livelihood. Apples, livestock and poultry are the chief sources of income. These are listed according to importance. The orchard furnish the income for both the low income bracket and the owners with a large income.

The majority of the families in Rappahannock are self supporting with an average income of two thousand dollars, yet because of the high cost of living the welfare case load is increasing.

Crop conditions affected not only the owner of the farms and orchards but determine the income of large percentage of tenants in the county.

During the past several years a number of small farmers have been selling their farms to large owners of land and city dwellers desiring a summer home because they are unable to purchase expensive machinery to operate the farm in a profitable manner. The larger farmers are overcoming high cost of labor and operating expenses through using of modern machinery. It is neither possible nor practical for small farmers to operate this expensive equipment for up to date farming.

Because of the rising cost of living and so many new fibers and fabrics being available to the consumer many families requested help in selection of and constructing of a Better Dress. Also this was a direct result of requests for sewing classes in other parts of the county.

In the past year classes in sewing were held in Washington for a number of young home makers wishing to know fundamentals of clothing construction and selective and also using this knowledge as a means of stretching the family dollar.

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Because of the above conditions and the cost of living advancing year by year, in planning the 1953 program considerations were given mainly to three outstanding needs. The selection of fabric, and designs for the Better Dress and actual construction of a dress; planning and preparing beautiful and nutritious meals in the least amount of time and some suggested flowers for the home grounds to improve the appearance of the home.

The federation goal "citizenship" was selected because of public interest aroused by the election, on the county level the duties of the county officials; and also to promote better family and community living by planned recreation.

IV. Contributions of 1953 Program to Better Family Living

The outstanding accomplishments of the home demonstration program in Happa-anock in 1953 to promote better family living have been in the work done in improving standards in the field of clothing, foods, and interior and surroundings of the home with the 4-H as well as the adult work.

One hundred and twenty-four members attended the meetings on the Selection of Fabrics and Designs for the Better Dress. As a result the families have been more conscious of the value of labels in them as to care required, fiber contents and suggested use of the fabric. It is estimated that through the study of designs for different figures, better choice of patterns and ready made garments have been selected by over 100 homemakers for both her family and self.

The work on fitting and altering patterns reached 123 families through the regular monthly meetings, special interest meetings, 4-H work meetings and 4-H exhibits. Fifty-one homemakers reported as altering 74 dresses, 22 homemakers used new construction methods in finishing of Better Dresses. This included hems, collars, sleeves, tailored button holes, zippers, belts and buckles. Fifty-one homemakers made ninety-nine new dresses with 4-H girls constructing sixty-four garments. It is estimated that the garments cost less than half the price of a similar article in the store, therefore this was a saving to the families of over

\$900.00 as a result of this activity. This does not take into consideration the satisfaction received of having created an article.

Besides the 16 girls completing Make and Remake 22 young girls finished 131 simple articles. The skill learned and satisfaction gained adds much to improved family living. This will add more in terms of dollars as the girls grow older and more experienced. Twenty-eight girls completed the project of Looking Your Best making 373 improvements in their general appearance.

The foods and nutrition program this year has reached approximately 400 families through demonstrations, newspapers, radio talks and information taken to non members. It is estimated that over 900 families will serve more healthful and better planned meals at a lower cost because of using home produced food. Time saving in food preparation and attractive serving has been emphasized and more than 250 homemakers say they have cut down on amount of time spent in the kitchen preparing food which gives more time to be with their families. These homemakers served 1348 oven meals and planned 1834 meals stressing best foods for figure and health of the family.

Seventy members attended the meeting on Simple Foods During the Holidays. As a result of this meeting and growing consciousness of overweight and nutrition problem, refreshments are becoming much simpler as well as lighter.

Sixty-four girls prepared 886 dishes in meal preparation project and served 171 meals. In breads a total 1161 breads were made. The right foods in right amount were stressed by all of food project leaders. This included 364-H boys and girls studying Basic 7, breakfast and preparing staple milk drinks, lunches etc. in food for pep. A total of 4676 different articles were made or prepared during this project.

The Home Grounds contributed to making surroundings of approximately 80 homes more attractive to both the family and those passing by. As a result definite improvements of home grounds have been made by seventy-one families. Eighteen families are continuing on the long-time goal of improving home grounds as result demonstrat-

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ors.

As a result of four special interest meetings on making of slip covers eleven slip covers were completed with nineteen homemakers taking part in this activity.

Other phases of living room improvement which included refinishing, repairing and upholstering furniture were a carry over on living room improvement in 1952. This information reached approximately 180 families with a total of 151 improvements being made. These improvements included, papering, painting of walls and woodwork, remodeling for conveniences, refinishing and reupholstering furniture and purchasing of new furniture. It is estimated that this work saves these families over \$800.00 in money and the greatest contribution was the livability and comfort brought to the family.

The 4-H Room improvement girls each improved their rooms. These girls papered or painted walls, rearranged for comfort and convenience, provided better storage facilities, and refinished furniture.

Running water in the home and on the farm in every home in Rappahannock is a long time goal. A water survey of all homes was made through schools and home demonstration clubs. As a result 58 homes requested special help with water problems. With the Health Department cooperating 15 sanitation offices gave information on these requests. Fourteen families reported having installed water in the home and arranged the kitchens to the best advantage for convenience and comfort. Four of these plan to install baths in the future.

A total of thirty-six families were reached as a result of electric project. Twelve girls completed Unit I and II improving their home lighting and making minor electrical repairs in the home. The care given the electrical appliances will save much in dollars and cents and the improved lighting conditions will aid in healthful family living besides making the more cheerful.

The home demonstration clubs had nine community parties with an attendance of one hundred and seventy-two. This attendance do not include parties held for school children in Flint Hill and Reager Schools. These parties reached many families who had not heretofore participated in the family and community fun.

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Outstanding is 662 days devoted to youth by Home Demonstration members as 4-H leaders, special 4-H activities and youth activities as parties, Bible school, etc. in promoting more wholesome and better planned community recreation.

The development of leadership in 4-H, adult and result demonstration has been outstanding in 1953 with a total of 71 different women serving as leaders in the adult program and 31 different women and older girls leading 4-H county work.

V. Adult Work

A. Project Work

I. Clothing
Objectives:

1. To reach families within the county with up to date information on the selection of, care, and uses of different kinds of fabrics available on the market.

2. To aid homemakers in buying best quality and also best designs in clothing for the members of family.

3. To teach fundamentals of sewing; use of sewing machines by construction of a better dress.

4. To save in clothing costs for families by wise buying and by new skills learned by homemakers.

b. Procedure:

1. One leader training meeting was held on this subject with eleven leaders...attending.

2. Three demonstrations were given by trained leaders or agent at each of the 12 home demonstration clubs.

3. It was planned to have three special group meetings for construction of a better dress for those wishing to make a dress in April and May.

By combing clubs two such meetings were held.

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4. It was planned to secure cooperation of Singer Sewing Machine Co. to furnish machines if needed and to give a demonstration on the use of attachments. Machines were available so additional sewing machines were not needed. Instead of a meeting devoted to use of attachments, these were demonstrated and used as needed by members in constructing their garments which gave the ladies a better chance to be able to use the attachments themselves.

5. Sewing Classes after Christmas were continued for the sewing group.

6. Give to club membership bulletins and mimeograph material needed for the project.

7. Write three news articles for local papers giving information on the project. Articles were written on new finishes, use and care and also on selecting articles of clothing and steps in altering a pattern.

Results:

1. From reports of fifty-one homemakers 97 new dresses were made and 74 dresses were altered. Twenty-two of these homemakers used the suggested methods of construction in finishes for the Better Dress. This included hems, sleeves, collars, button holes, zippers and belts and buckles.

2. Two special interest meetings were held for the making of a Better Dress. Six dresses were made during these meetings. More decided not to participate because of the time of year and they could not devote the time required. In special meeting at Huntly the altering of dresses was included with 6 garments being altered to wear.

3. Three meetings were held for sewing group in Washington with four young homemakers participating. Twelve garments were made as a result of these meetings.

4. Over 100 homemakers participated in meetings and special meetings at which patterns and ready-made clothing were altered.

5. One hundred and twenty-four members attended the home demonstration club meeting on Selection of Fabrics and designs for the Better Dress. The fabric kit from Sears-Roebuck was used as illustrative material.

6. Two educational exhibits were made at 4-H fair on (1) altering patterns,

(2) construction techniques in dress making

7. Outstanding is the satisfaction of over 100 families derived from clothing through the learning of skills, appreciation of beauty and the saving of family income .. buymanship, use to be made and care of various new fabrics and new finishes available on the market.

II. Food:

(a) The purpose of this project is to promote better family living through

1. Studying best choice of foods and their preparation of healthful family living.
2. To give some new ideas that are inexpensive but tasty that homemakers can prepare easily.
3. To show some quick, easy and attractive holiday foods which are not too rich.

(b) Procedure:

1. Have three demonstrations in each of 13 home demonstration clubs.. 2 demonstrations by agent and one given by leaders. The foods leaders worked with agent.
2. Mimeographed material was given to all Home Demonstration members at the meetings.
3. Write three news articles on this subject. Seven news articles were written, nutrition, freezing, time saving and foods for special occasions.
4. Give publicity to this project on the radio.

Results:

1. Ninety-eight families attended the meeting on simple foods for entertaining during the holidays. It is estimated that nearly all used at least part of the demonstration during the holiday. This demonstration was also given to home economics classes at school, and was used as refreshments for Glee Club refreshments for Christmas party. Thirty-nine older youths were reached with this information in this manner.
2. Thirteen hundred and forty-eight oven meals were served by homemakers stressing the use of home grown foods. The Chicken *Tetrazini* has proved very popular being used by many families as main dish when entertaining a large group as an economy.

3. The use of the Basic Seven in planning and serving more nutritious meals was employed in 1894 meals served by the homemakers. The relish tray proved a good method of illustrating the talk.

4. Five club choice meetings were on the topic of cold plates for summer. Three club choice meetings were on preparing of salads and one was on frozen desserts.

The frozen desserts demonstrating gave desserts that could be made from fruits and vegetables that the homemaker could easily obtain from their garden or farm. The use of desserts not too rich were stressed.

The cold plates demonstration included these meals from garden and freezer that could be prepared ahead of time stressing time saving with use of the stove.

The salads being stressed use of home grown foods served attractively and tastefully.

5. Three club choice meetings were on preparing food for the home freezer. These included fruits and vegetables and meats; also prepared baked foods and meals. These are results of many families purchasing a home freezer in past year. A number of home visits and bulletins were given to individual families besides those at the club meetings.

6. Fifty-one homemakers reported canning the following: Fruits .. 2954 qts., vegetables.. 2410 qts. and meats 1303 qts. Freezing reported by these homemakers were: fruits.. 465 lbs., vegetables ..935 lbs. and meats 1778 lbs.

Compared to summary figures of last year the totals in most instances are about half of last year.. the cause of this being the drought. This affected not only the amount of home grown food preserved but also the amount of money to be spent for other things.

It is estimated that \$1800 has been saved as a result of this food preservation work done.

7. A total of sixty-seven bulletins on freezing were given to persons requesting and at club meetings. Bulletins and mimeographed material have been given to a total

of three hundred and sixty families. This includes recipes for dishes prepared at the meetings.

8. As a result of 246 members participating in foods and nutrition program information has been passed on to 179 persons. One hundred and thirty-three families received recipes from home demonstration club members.

III. Home Grounds

(a) The purpose of this project is to bring better family living through:

1. To learn to do the job of selection, planting and care of plants, flowers, and shrubs.
2. The appreciation of the beauty of flowers and shrubs should give to the home grounds.
3. To reach more families in the county through this common interest.
4. To learn the value of sharing with others and the job of having participation by the entire family.

(b) Methods to promote This Project

1. One demonstration was given by the agent in each of 12 Home Demonstrations clubs.
2. Specialist visited as many as possible result demonstrations one time during the year.
3. Have each club member reach two other homemakers with information on this project.
4. The home agent reached families within the county through radio, local news stories and home visits.
5. Have specialist give help and visit home grounds of Woodville parsonage for landscaping and also suggested shrubs.
6. To give mimeographed material to each home demonstration member.

Results

1. Thirty homemakers have reported making improvements on home grounds the past year.

2. The specialist landscaped the Baptist parsonage grounds in Woodville. This was a community project of this Home Demonstration Club. To date four boxwoods have been donated. All flowers and shrubs are to given from family homes in the community according to landscape planned. No more progress has been made in this and other projects throughout the county because of fear plants would not live because of lack of rain.

3. Eighteen families continued as result demonstrators.

4. A demonstration was given in twelve Home Demonstration clubs to a total of 81 members.

5. One news article and five radio talks have been about improving home grounds. These have included landscaping home grounds, planting of certain shrubs and perennials as boxwood, day lilies etc. and how to care of each.

6. Help was given to individual families with mimeographed material, home visits, and suggestions in selecting and of shrubs, perennials and aid in pruning.

7. Outstanding is satisfaction eighty families received from the home grounds program through the learning of skills, appreciation of beauty and the satisfaction of better living for the whole family.

IV. Home Furnishings :

Work in home furnishings this year in Rappahannock has been mostly along the lines of Special Interest Activities and result demonstrations in the living room.

* (a) Living Room

Objectives was to continue 14 result demonstrations for the purpose of reaching more families and interesting them in making their living rooms more attractive and comfortable for the whole family.

Procedure:

(a) Meetings were held in the homes whenever possible. Demonstrations were given and invited other persons see her living room.

(b) The agent made home visits to give timely suggestions and sent in-

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structional material on the project.

(c) Agent gave publicity at club meetings on radio and in the newspaper.

Results:

1. Improvements made by 8 result-demonstrators this year include 5 walls and woodwork painted or refinished, 1 - floors sanded and refinished all over house, 3-new drapes, 11 pieces of furniture refinished, 9 pieces upholstered, furniture or springs retied, 3 improved lighting in home, 2- slip covers, 16 pieces of furniture purchased. All eight families have rearranged for comfort and convenience.

2. Making of lampshades has been held as club choice in one new unorganized group with members making six new lamp shades. Special help was given to 3 families requesting it with result 6 other shades were made.

3. Making of picture frames was used as club choice in one home demonstration club with six frames being completed. The mounting of pictures were also stressed. A demonstration was given on this topic to the home economics classes with attendance of 35.

4. Two new articles were written on work and improvements made in Rappahannock county this year. Publicity was given on Radio also.

5. Home agent has made one and 10 others requiring it many more home visits this year to result demonstrators and families doing special interest activities. One club choice meeting was on selecting color for living room.

Improvements in home reported by home demonstration members were as follows: 18 papered living room, 23 painted room, 22 new curtains or drapes, 3 new rugs, 11 pieces furniture bought, 3 floors sanded (not included in result demonstration). Other improvements include painting of house and fences, making room in attic and decorating Rumpus Room

"B. Special Interest Activities

(a) Slip Covers

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Purpose:

1. Have homemakers learn to do the job themselves to save money.
2. To promote appreciation of beauty of line and design in planning color schemes for the home.

To reach homemakers who are not participating in the county extension program.

Procedure:

1. Conduct two county workshops by agent and leaders on making of slip covers.
2. Those persons learning skill will give a demonstration to at least one other homemaker.
3. Agent will reach other families with local news articles and distribution on how to go upon request.

Results

1. Four county workshops were conducted with an attendance of 19 homemakers. Two leaders worked with agent on this project with result 11 slip covers being made at these meetings.
2. Special help has been given by both agent and county leaders on upholstering and spring tying with result of 18 pieces reported as completely renovated, fourteen with springs tied and 26 pieces of furniture refinished.

These do not include the work done by result demonstrators.

3. Educational exhibit on braiding rugs was made at the county 4-H fair by one home demonstration club.
4. Individual help and printed material as requested has been given on re-seating of chairs. As result 4 chairs received new bottoms.
5. Meeting was held in unorganized group for tying springs and repadding sofa. The meetings have continued in this group.

V. Rural Arts

(a) Purpose of this project.. textile painting, will be to promote the ability to recognize and do good quality work.

2. To help homemakers to make own design.

3. To learn how to blend colors to make attractive color harmonize to be used in their home.

(b) Procedure:

1. To have one leader training meeting for craft leaders from each of 12 home demonstration clubs.

2. To have one demonstration in each of 12 home demonstration clubs.. leaders giving the demonstration.

3. Give publicity in local newspapers on recognizing good quality handiwork especially textile painting and color harmonies.

Results

1. Fifty-six homemakers attended the meeting at which the craft leaders gave the demonstration on textile painting.

2. One club bought a textile painting set to be used by members in making gifts for bazaars etc. Many families have purchased a set.

3. One news article was written on color schemes.

4. Shading, combining of colors and building own designs were outstanding improvements made in workmanship this year.

5. Demonstration was given to home economics classes on wrapping Christmas packages and also Christmas decorations and reached about 50 older girls.

The Christmas decorations were shown to two home demonstration clubs and others interested persons.

6. Fourteen trays were etched at club meeting. All but four trays were ruined or must be done over because asphaltum paint remained tacky.

*VI Housing
Purpose:

1. To continue work with result demonstrators on installing bath and in-

proving the home.

2. To prevent many mistakes by having a long time plan for convenience, comfort, stressing, adequate storage etc.

3. To reach more families in the county through this common interest .

4. To save many man hours of labor and enable family to enjoy many more modern conveniences.

Procedure :

1. A survey was made through schools, home demonstration clubs and special contacts to find homes with water, and without and attempt to find the reason.

2. Two county meetings were held to promote running water in every home. Fourteen persons attended.

3. Home visits, printed material, 4 news articles and radio talks were prepared on this subject. Material given to individual families upon request. These were of value to homemakers of running water in home, adequate storage and special interviews of person who had recently installed running water.

3. Work with result demonstrators on installing bath.

6. Talk and movie were given to home demonstration clubs at June meetings.

Results:

1. Water survey was made with 58 families, requesting special help. Fifteen sanitation officers from Health Department gave suggestions to these families.

2. Fourteen families reported installing water in the home, and improving arrangement of kitchens for convenience and adding needed storage.

3. Two result demonstrators reported cost of \$250 for work accomplished . It is estimated that the families saved \$600 by doing all of their own work.

4. Most important of all to family living is the satisfaction gained by families with added modern conveniences and cleanliness and the saving of strength of homemaker formerly used in carrying water for other homemaking activities.

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VII. Home Management

The work in this field has been with three result demonstrators. All arranged kitchen for convenience and built new cabinet for more adequate storage. Each has repainted walls and added new linoleum floor coverings. Curtains have been made by two families. The total cost to the families were \$1250. It is estimated the families saved \$500 by work done themselves or by their husbands.

One result demonstrator was interviewed on radio about storage in kitchen.

Additional help was given other families requesting it on kitchen arrangement and storage.

VIII. Others

(a) First Aid for the Home

(a) The objective of this demonstration will be :

1. To bring up to date methods of treating a person in case of accident.
2. To know how to avoid accidents.. therefore a safety measure for the home.

(b) This will be a demonstration to all home demonstration clubs wishing it given by the county health nurse.

Results

(a) Mrs. Frances Thornton, health nurse, gave talk to two home demonstration clubs. Agent gave talks to two other home demonstration clubs.

(b) The members reported giving first aid one hundred and twenty-five times.

(c) Two news articles were written on home safety.

(b) Vegetable Gardening :

Purpose of this meeting is to give up to date information to home-makers on new varieties available and also varieties best for certain purposes.

For example, variety of corn best for freezing.

Method to be used will be to have a group meeting.. both men and women and to be given by the garden specialist. Have garden leaders give report to each home demonstration club.

Results:

1. Twenty-two leaders reported using new ideas in vegetable gardening.
2. A group meeting was held with garden specialist with 11 ladies attending.
3. The vegetable leaders gave reports at two home demonstration club meetings in each club.

B. Other Activities

1. Federation Goal... Citizenship

Emphasis is being placed on citizenship because of the fact that both young and adult need to be awakened to understanding and participation in real citizenship and its value in our county and in World Brotherhood.

"Recreation is also being stressed because of the realization that "Recreation" for both families and communities within the county have a definite need of the cooperative spirit and the fellowship that comes with wholesome living.

a. Objectives for this goal:

1. Develop leadership... 1. Furnish 4-H leaders ... 2. Use older 4-H members.
2. Develop spiritually.. A. Devotions for 4-H meetings ..B. Assist 4-H in Rural Life Sunday Program.
3. Make a study of County Government... Each Club develop own study.
4. Assume responsibilities as active citizens.. (a) See that all register.. (b) Vote. 1. Study sample ballot... 2. Strive for 100% for those eligible for voting... 3. Attend as many sessions of court as possible.
5. County Home Demonstration sponsor a "Pen Woman"... 2. Each club

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participate by correspondence and gift some time during the year.

6. Each sponsor own community recreation.

B. Procedure:

1. Agents and Home Demonstration women will give training in citizenship and recreation at the fall and spring 4-H county council meeting.

2. January home demonstration meeting will be given to discussion of citizenship and study of county government.

3. Part of December home demonstration meeting will be devoted to recreation.

4. Home demonstration clubs furnish 4-H leaders for 4-H clubs.

5. Home demonstration clubs will assist 4-H clubs with Rural Life Sunday program.

6. The agent will secure and distribute both recreational and citizenship material to chairman in clubs and to other organizations upon request.

7. Agent will have full quota of leaders attend district recreational conference if such is held.

8. Agent will assist home demonstration clubs in 4-H clubs with planned recreation at club meetings and community parties.

9. Have each home demonstration club:

- (a) study sample ballot
- (b) strive to have all eligible register and vote
- (c) attend as many sessions of court as possible.

10. County federation goal chairman secure names of "Open Women" to send to each home demonstration club chairman.

Results

1. It is estimated that half of home demonstration women cast a vote at the election. A study of sample ballot was conducted in each home demonstration meeting in October.

2. The home demonstration members attended court 25 times during the year

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to become more familiar with how laws are enforced in the county.

3. Thirty letters were sent to a "pen woman" in a foreign country.

This is a means of understanding our foreign neighbors, their problems, wants and needs much better. As no gifts were sent this part of the goal was continued for another year.

4. Six of ten 4-H clubs had an adult leader during winter and 11 ladies were 4-H leaders during the summer.

5. A 4-H officer training workshop was held with the help of 4-H leaders at county council with 20 attending.

6. The devotion leader opened each 4-H club meeting with a bible reading and short prayer. The home demonstration ladies helped with transportation and in preparing special parts of service. Special services for Rural Life Sunday observance were held in five churches by the ministers. The minister from Flint Hill conducted a special service at Reager for this community. Betty Meade had a special school assembly in observance.

7. During December meeting special recreation was enjoyed. These included games and exchange of gifts 10-25¢ in value. Much good will was created during the meeting.

8. Trip to Charlottesville to visit Monticello and gardens around Charlottesville with eleven members attending.

9. A total of twenty home demonstration ladies attended district meeting in Madison this year. This was increase of two from last year.

10. Eight home demonstration clubs paid federation dues.

11. The county chairman and vice president attended the meeting of the state federation of home demonstration clubs at the Institute of Rural Affairs.

12. County government was studied by each of home demonstration clubs with county treasurer and Mrs. Raynor Shead giving the talk.

13. Nine clubs held a family or community picnic during the year with attendance of 172.

14. An Easter party was held by Flint Hill with home demonstration members furnishing prizes and refreshments. Reager school had May Day party sponsored by Huntly home demonstration club. Recreation and refreshments were part played by the home demonstration members. 4-H exhibit was held at the same time.

15. Agent helped with recreation at other meetings when requested.

II. Anaisville Home Demonstration Club in Community Improvement Work

A. Anaisville community has planned and built a fire house and bought new fire engine. Only \$1000 is unpaid balance on building. Besides housing fire engine the building is composed of a large kitchen with built in cabinets, hot and cold water, bath and large assembly hall with tables. The building was financed by carnivals, suppers and donations. The home demonstration club gave \$100 towards the electric stove. Since it has been completed the building has been used for many group meetings and socials. For example the home demonstration members staked fourteen trays in November.

B. Other Community Project

1. Flint Hill continued to pay for town lights since nearly all of them received benefit from this.

2. F. T. Valley members gave two deserving families Christmas baskets. Two other times have given food and sent a bed jacket to two ill ladies.

3. Two other clubs packed 2 Christmas boxes.

4. Woodville continued to carry out landscaping plans for the parsonage. Mr. Beecher visited and landscaped the home grounds. So far only four boxwoods have been set out. The reason for delay was the drought and also from January to July the church was without a pastor.

5. Gattleton continued to improve farm entrances.

III. Result Demonstrations

Result demonstrations in Hampshire county this year have been on living rooms, home grounds, kitchens and water installation and bathrooms.

Methods used in helping these families have been through home visits, news

articles and through work in special interest activities and help from specialist.

a. A long time goal for the county has been improving living rooms.

As A Result

1. Improvements made by eight result demonstrators include

a. Fifteen rooms painted or papered. Woodwork in five rooms painted.

b. Floors sanded and refinished in 3 rooms.

c. New drapes in 3 rooms.

d. Nine pieces of furniture upholstered and springs retied.

e. Two slip covers made.

f. Sixteen pieces new furniture purchased.

g. Lighting improved in 3 rooms.

h. All families rearranged for comfort and convenience.

2. Kitchen improvements made by three result demonstrators were:

a. three kitchen walls and woodwork repainted.

b. three new linens purchased.

c. three built in additional cabinets for storage and convenience and re-arranged kitchen.

d. two made curtains and one purchased venetian blinds to control sun light.

e. total cost reported by families were \$1250.

It is estimated the families saved \$500 by work done by themselves and their husbands.

3. Eighteen families continued as result demonstrators this year. Improvements made by these families include fencing of gardens and property lines, making and graveling driveways, shrubs to screen unsightly views and planting of annual and perennials flowers. One family has built outdoor fireplace, planted trees etc. for a public picnic area. One lady has planned her flower border for out flowers to church every Sunday. A total of \$327.75 was reported as spent on

improving home grounds by result demonstrators. This does not include the time and work of families themselves.

4. Three families have continued as result demonstrators on installing of water and bath. Improvements made by these families include:

- a. one family installed cold and hot running water in the kitchen.
- b. one family has installed a bath.
- c. two families have painted walls and arranged for greater convenience.
- d. a cost of \$280 was spent by two families with an estimated saving by these families of \$800, for installation and construction done by themselves.
- e. one family has not made any improvement to date because of a death and lack of money.

IV. County Objectives :

Purpose of the county objectives extend to most families in the influence and help given by the extension program.

Procedure:

- 1. Increase membership
 - A. 2-5
 - B. Each member reach one non member with information
- 2. The club work with agent on helping secure 4-H leaders.
 - A. Report to home demonstration club each meeting of 4-H needs.
- 3. Home demonstration clubs sponsor 4-H workshop.
- 4. President and leaders be responsible for two or more meetings without agent.
- 5. Each club hold two or more community recreation meetings with youth.
- 6. Each club sponsor community project.

Results

- 1. Seventeen families were added in the family and the reports from members indicate that 312 of non members were reached with information.

2. In developing leadership and strengthening the 4-H program, probably one of the greatest helps in achieving this objective was the appointing of a youth chairman in each home demonstration club to keep other members informed of 4-H needs. The Home Demonstration Committee assisted the 4-H county council and agents in holding 4-H leadership workshop. Twenty 4-H club officers and committee chairmen attended this workshop meeting. The group of officers were divided into small groups according to office held in club and two home demonstration club members and one local minister did the training. This was so successful in helping the officers conduct their meetings in a business like manner that another one is being planned in 1954.

Through combined efforts of the home demonstration club members, 4-H clubs and the agent five new 4-H leaders were secured during the year. This did not increase the total number because some found it necessary to discontinue their work as 4-H leader.

3. The club leaders and officers conducted two meetings without the agent with Anisville conducting three.

4. Nine communities had a picnic in August. Ten home demonstration clubs had Christmas parties during December meeting.

5. Besides picnics two clubs had special recreation meetings for youth of the community.

V. Most Outstanding Family

Most outstanding in the county this year is Mrs. Barbara Gentry and her family.

Contributions to home demonstration work have been

1. 4-H leader for Reager club with 100% project completion.
2. Instrumental in helping to promote Hunt home demonstration club. Visited fourteen families with agent in that community. Is continuing to attend this club

meeting and aid in club work.

3. Made posters for 4-H fair, member of general fair committee and worked all through the fair ... in charge of afternoon races. Treasurer of 4-H fair association.

4. Instrumental in securing scholarship for two 4-H boys to go to camp.

5. Published news article on What Home Demonstration Work Means to Me... during Nation Home Demonstration Club Week.

6. Lelia Gentry is the youngest daughter. Lelia is junior leader for county room improvement group; chairman of 4-H fair; vice president of county council; author of (past and part of present) part of special 4-H issue published in March. She gave talk at fall home demonstration planning meeting on needs of 4-H in Rappahannock. Also a similar talk at 4-H planning meeting.

7. Lelia was recognized as All Star at State 4-H Short Course.

Selected as second place in "Shake the Fun Contest".

8. The family takes part in all community activities as gypers, muscals, plays, etc. Mrs. Gentry sings in church and when requested.

9. Mrs. Gentry is song leader at both Flint Hill and Huntly Home Demonstration clubs.

VI. National Home Demonstration Week

National Home Demonstration week was observed in Rappahannock by publicity in the newspapers, on radio, etc. These included summary of work accomplished, tribute to leaders and result demonstrations. Five leaders in different communities published what they thought home demonstration work had accomplished in their communities and in their homes.

VII. 4-H Club Work

1. Food

Three projects selected in this field include "Food for Pep", Meal Planning and Preparation and Breads. The purpose of the project is to guide and

teach girls the basic facts and methods in planning, preparing and serving foods and to prepare girls to carry some of the family responsibilities in the daily work. Foods work for 1953 is also for the purpose of forming better food habits in eating for "Health" sake and to reach more families in the county through methods used.

Procedure for These Three Projects

A. Food for Pep 1

1. Reach 49 club members in two clubs.
2. Have six demonstrations given in each club
3. Train two adult leaders to give three demonstrations. Agent give other demonstrations.
4. Agent give individual training to leaders.
5. Use two junior leaders to assist with preparation for demonstration and keeping records.
6. Have each club member keep record of all work done.
7. Have all club members give a demonstration on some part of her work.
8. Have club members enter club contest and winners of each club enter county contest.

Results:

1. Thirty-six L-H's completed this project ... 16 of these were boys.. 38 were enrolled.
2. A total of 4696 articles etc. were made by this group. These included milk drinks, packed lunch, table setting, planning of meals, using basic seven and washing dishes.
3. A demonstration was given by each L-H'er in this project.
4. Seven selected from two clubs taking their project entered county contest.

5. Leaders and junior leaders worked with members in giving demonstration and record keeping.

(B) Meal Planning and Preparation and Breads

1. Reach 40 in four clubs in these projects.
2. Project conducted in summer months in neighborhood groups.
3. Have an adult and junior leader for each group.
4. Agent train all leaders in group or individually.
5. Have club members keep records.
6. Have club members enter contest offered in project and exhibit project at county fair.
7. Have club members each give a demonstration in her club.

Results:

1. Eight enrolled and 6 completed meal preparation project. A total of 886 dishes were prepared and 171 meals were planned and served.

2. Seventeen girls enrolled with 9 completing. Some of girls did not bake enough to complete. fifteen records were turned in. A total of 1161 breads were baked by these 4-H'ers.

3. Six girls participated in county contests. One of these was eligible to enter area contest.

4. One demonstration and in some instances more have been given by each.

5. The leaders and junior leaders conducted the meetings giving demonstrations and helping with records. The agent attended only one of each of the meetings during summer with leaders conducting from 3 to 5 meetings all together.

6. Exhibits were made in county fair.

2. Clothing :

a. Purpose .. of the clothing project is to interest and teach 4-H club girls in Rappahannock in learning the first steps in sewing, how to construct

simple garments, and how to be well groomed by caring for themselves and their own clothes. These projects are to promote in the girls a desire to assist in the family living by doing the jobs made possible through what they have learned in the project.

(b) 1. Have three project groups with 31 in Looking Your Best ; 3 project groups with 35 members taking So You'd Like to Sew and two groups with 17 taking Make and Remake.

2. Projects conducted in clubs meeting in the school during the school term and in small neighborhood groups during the summer months.

3. Agent trained leaders in group or individually to conduct all demonstrations .

4. Agent gave and assisted with the six demonstrations given to the group during the school term.

5. Have an adult and junior leader for all summer groups.

6. Have all club members keep records and checked by leaders and junior leaders at each meeting.

7. Have club members enter club contest for their project and exhibit articles and garments.

8. Have all club members give or assist in giving one or more demonstrations.

9. Home Agent make home visits to club members and leaders.

Results

1. Thirty-six enrolled in Looking Your Best with 28 completing the project. A total of 373 improvements were made in personal grooming. These included care of hair, skin, teeth, clothing, shoes, stockings, etc.

2. Forty-six enrolled in So You'd Like to Sew with 22 records complete. The girls made 131 articles in this project.

3. Twenty-eight girls enrolled in Make and Remake with 16 records being complete. The girls made or renovated 58 garments; selecting materials and colors, measuring and construction of garments were stressed during club meeting.

4. It is estimated a saving of \$184 on total 58 garments made by these girls.

2. Room Improvement

a. Objective:

The objective of this project is to interest older girls in promoting better family living by having more attractive bedrooms, by learning the techniques and doing the work themselves; to reach other families by work they have done; save some of the family income through labor saved and have pride in their home because of their personal accomplishments.

b. Procedure:

1. One group with seven members carrying room improvement.
2. Have one adult and one junior leader.
3. Agent train leaders to give 3 demonstrations
4. All groups have eight demonstrations.
5. All club girls keep records.
6. Use Room Improvement rooms as result demonstrations.
7. Hold meetings in this year round project in the girls room at each meeting.
8. Have tour of rooms at close of project year.
9. Have exhibits at Fair or Achievement day.
10. Have girls enter club and county contests.
11. Have girls give two radio talks on work done.
12. Agent give girls project material needed to conduct project.
13. Agent visit all projects in these groups.

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34
72

14. Have girls invite other girls and adults to visit their project.

Results

1. Seven meetings were held during year with an older girl as Junior leader of the county group.

2. Girls each gave one or more demonstrations.

3. Seven members enrolled and five girls completed work.

4. Two girls entered county contest one of whom is entering district contest.

5. Tour of club girls rooms is planned in December to give younger group idea of what has been accomplished by older girls.

6. Improvements made by girls include : 3 rooms papered, 2 rooms woodwork refinished and front door refinished, 5 girls arranged furniture for convenience and storage, four pieces of furniture refinished and four pieces of furniture bought.

4. Home Grounds Beautification

The purpose of this project was to interest the 4-H girls in making improvements and taking care of grounds at home.

Five girls enrolled in this group with three girls turning in their records. One leader gave all the demonstrations and completed project work with a swimming party for the girls.

5. Canning

One girl continued this project this year and canned a total of 125 cans.

6. Rural Electrification Project

The object of this project is to become familiar with use of electricity in home and on the farm and how to do small electrical repair jobs. The project was sponsored by the county council. (a) A county

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group with three demonstrations were conducted for group by local power companies' representatives. The same demonstrations were again given to the Reager group. Eight out of nine girls enrolled completed this project. The ending activity for this project was a tour to well electrified homes, general farms and dairy farms.

(b). Unit II was conducted as a county group with the power representatives conducting two meetings. Four girls enrolled and completed this project.

(c) One girl and one boy attended as county winners the state Electric congress in Richmond.

(d) A tour to the Riverton Power Plant was made and eight attended.

B. Other Activities (A-H)

1. County Contest

Nineteen girls participated in six different county contests. Six entered breads, 1 entered meal preparation, 4 entered Food for Pap, 2 entered Looking Your Best and four entered Clothing Achievement.

Three county medals were given in these projects and two Foley awards were presented. Medals were also presented in girls record and leadership.

Area Contest

Three girls entered from the county. The girl in room improvement won a blue ribbon and will enter District; girl in food preparation won a red and girl in clothing achievement won a red ribbon.

2. National 4-H Club Week.

Objectives of this activity will be to acquaint with work of 4-H clubs through out the county.

1. Each club will make window exhibits, posters, etc. to celebrate.

2. Washington Sr. 4-H publish history of 4-H ^{work} in Rappahannock in local newspaper //... special issue or page.

34
72

3. Have 4-H'ers give radio program on this week.

Results :

- 1. Seven clubs prepared an exhibit of 4-H club work and projects in their individual community stores and post offices.
- 2. Reager also has special 4-H songs and other activities throughout the week.

3. Sperryville III prepared an asserbly and showed the movie 4-H Headlines to the entire school. Flint Hill showed the movie to the school also.

4. Washington SR. club published a special 4-H club issue with the cooperation of the Rappahannock News. This was a complete history of 4-H work in the county since 1923 (its beginning until now).

5. A 4-H turkey dinner was served by the county council as the culminating activity of the 4-H club week with the council making \$35.00 profit. 4-H members sold tickets, solicited and collected food. 4-H leaders, mothers and the 4-H'ers helped with cooking and serving.

6. Two radio programs were prepared during week publicizing 4-H work in the county.

7. All 4-H leaders gave the demonstrations during March meeting.

III. 4-H Camp

Objectives:

- a. Agent, two local leaders and 35 girls attended 4-H district camp.
- b. Have all club members attending be club members of good standing with record books up to date.

Results

1. Twenty-two girls, 11 boys and agent attended camp with Warren, Page, and Clark counties.

2. 4-H members attending camp are taking part in 4-H meetings with more

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ease than ones who did not have the experience.

3. Agent was able to get better acquainted with the girls which is helping with 4-H work.

IV. State Short Course

1. Two boys and two girls attended as delegates from county.
2. Girls are serving as junior leaders in the county.
3. Lelia Gentry received the honor of becoming an All Star.

V. Rural Life Sunday

A special service was preached for the 4-H'ers and youth in five churches during Rural Life Sunday with 4-H'ers taking part in the services. All 4-H'ers made it a point to go to church that Sunday.

A special service was held at Reager School for that community.

Belle Meade school had a special assembly to observe this special day.

V. 4-H Fair

Objective:

Have a county 4-H fair at which time exhibits will be made of project work, and a program will be given by club members with recognition given to winners of 4-H contests and other outstanding 4-H achievements, of 4-H'ers working with extension agents. It was given to all purchasing adds, 4-H leaders, 4-H families and other interested.

The school was closed due to teachers setting and 17 4-H'ers worked all day in putting exhibits, booths, etc. up. It is estimated that a total of 150 persons attended or helped with the fair. A total of 75 exhibits were made by the 4-H girls in different projects. Awards and ribbons were awarded by merit.

The fair committee went into the red \$25.00 because of poor attendance. I believe more than just games and contests are needed as a drawing card to come to the fair.

The 4-H leaders, parents, and home demonstration members were very cooperative and gave their support.

Four of the home demonstration clubs made an educational exhibit which did much in improving the fair.

A total of \$27 was made by home demonstration clubs in a food booth for Continuing Education Building in Blackeburg.

VI. Share The Fun Contest

A "Share The Fun" contest for all 4-H members wishing to participate. Seventeen members took part in this activity giving an excellent program of songs, dances, skits, readings and a short play. A first and second prize were given over fourteen with Betty Rutherford winning expense paid trip to Short-course in Blackeburg. Under fourteen the winner was awarded a Fun Encyclopedia. The second place winners were given history of 4-H songs and other persons placing were given record book covers.

VII. Young Men and Young Women's Work

Agent worked with more young women.

1. In home demonstration clubs.. getting more members.
2. Individually.
3. Reach more young women and select their interest and services in their community.
4. Home visits to young homemakers to assist them with their home making problems.
5. Give demonstration to Home Economics Classes upon requested subjects.

Results :

1. A new home demonstration club has been organized with all members married only two or three years.
2. The home agent has given four demonstrations to home economics classes at county high school.

Twenty-two girls in 11 and 12 grade were present at demonstration given on how to frame a picture and selecting best pictures for the home.

Eighty-three girls from 9-12 grades attended three demonstrations given during a day at high school. The demonstrations were given on wrapping packages, making candy, entertaining during the holiday and table decorations.

Fifteen other young women have been helped in Rappahannock in 1953 with their problems which included methods and skills in home furnishings, clothing construction, home management, nutrition and food preparation. This work was done through home visits, office calls and at home demonstration club members.

A total of one hundred and four different young women were reached in 1953.

VIII. Scope of Work

	1949	1950	1951	1952	1953
No. H. D. Clubs or groups	12	13	14	13	13
Membership	248	262	262	229	246
No. 4-H clubs	9	9	9	10	10
Membership	130	130	131	133	131
No. other families reached	175	383	596	592	590
No. of different families reached	725	775	789	790	790

IX. County Organization Functioning in 1953

A. County Home Demonstration Committee

The purpose of this committee is to promote home demonstration work by reorganizing the needs and interest of the families in the county and is composed of the presidents and program development leaders of each Home Demonstration club. The committee meets two times a year with an executive committee meeting before each meeting.

1. The spring meeting for the purpose of analyzing the program planned at fall planning meeting and progress made in reaching the goals.

Also during this meeting help was given in regards to duties and responsibilities of club officers. Delegates to Institute of Rural Affairs were picked by the committee.

2. The purpose of fall committee meeting is to plan objectives, federation goals and program from needs and interests of each club as presented by their program development leaders.

The county committee had twenty women attend the District Federation meeting and sent two delegates to State Federation of Home Demonstration Clubs and Institute of Rural Affairs.

The county committee sold baked goods at booth at 4-H fair clearing \$27.00 for Continuing Education Building at V. P. I.

Committee published the year book.

B. County 4-H Planning Committee

The committee was composed of leaders and one junior leader (boy and girl) from each community, district agent and Miss Hallie Hughes met for the purpose of choosing and planning the 4-H projects for the year.

This meeting was held after each club had discussed and then selected projects they wanted for 1954. At the meeting projects selected and planned were health, room improvement, Make and Remake and Ironing.

The project work was begun in October after clubs were organized.

C. County Council

The agent will strive toward strengthening the 4-H council.

a. Having council organize county wide activities and strengthen program of local 4-H clubs.

b. Strengthen 4-H program through closer cooperation and fellowship of all club officers and leaders.

The purpose of county council is to evaluate 4-H work progress and formulate goals to be reached this year.

a. Goals selected were:

1. Continue 4-H electric project to include Unit I and II.
2. Have one boy and one girl junior leader in each community.
3. Have at least 85% completion projects and award banner to champion club.
4. Have a boy and girl recommended for All Star.
5. Sponsor Tractor Maintenance Project.
6. Have 35 attend 4-H camp.
7. Sponsor and help with 4-H county fair.

B. Procedure

1. Have special leader training meeting for both adult and junior leaders to acquaint them with 4-H goals, philosophy, awards available etc. with Miss Lucille Graves and Jack Tyree.
2. Have planning meeting with electric suppliers to plan electric project, time and place and demonstration which to be carried out.
3. Have an all star visit each 4-H club in January to explain all stars to 4-H club members.
4. Agent contact leaders and 4-H members to attend camp and state short course. Get cooperation and help of 4-H'ers who attended past year in this project.
5. Plan county score sheet in selecting outstanding club and present 4-H banner at county fair.
6. Hold two council meetings in 1952.
 - (a) Have fall meeting devoted to officers training workshop, selection of county goals for year and presentation of awards.
 - (b) Spring meeting to make final plans for all summer and fall activities, recreation training and final camp and short course arrangements.

Results

1. A leader training meeting was held for 4-H leaders and juniors stressing the importance of leadership and what 4-H work can accomplish with Jack Tyree as speaker in January.

2. The electric suppliers met with agents to plan Unit I and II. The electric suppliers and agents gave three demonstrations to both county group and Hoager group in Unit I. Separate tours for each group were held visiting a general farm and two well electrified homes and dairy farm. Two demonstrations were held for Unit II and tour was made to Riverton Power Plant. Twelve girls completed these projects.

3. A county score was prepared by a county council committee for selecting outstanding 4-H club in the county. This banner was presented to Hoager 4-H club at fall county council meeting. County medals were not presented as they had not arrived.

4. Thirty-three boys and girls attended camp and 16 boys and two girls attended state shortcourse.

5. Plans were carried out for Share the Fun contest with seventeen participating.

6. A county fair was held by the county council with a total of 75 girls exhibits.

7. Eight communities had a junior leader.

8. 70.2% completion of projects in the county. One club had 100% completion of all projects.

9. One girl was made an All Star.

10. An all star from the county spoke to each 4-H club in January. The purpose of this was to acquaint 4-H members with "What An All Star Means".

11. Two basket ball games were held with Hoager.

12. Officer training was held with 20 officers from 4-H clubs in county.

The 4-H leaders and local ministers helped with the workshop.

I. Leadership :

A. Volunteer Leaders' Contribution in 1952.

a. Adult

The officers of home demonstration clubs and the officers of county home demonstration committee composed of the organizational leaders in Rappahannock in 1952. There were 45 such leaders who assisted in carrying the responsibility of the county committee as reported under that heading and the organization and business session of the 8 groups meeting regularly.

These leaders showed a general growth through the year in the responsibilities they carried.

The presidents or program development leaders of the home demonstration clubs collected and compiled records of accomplishments from the club members.

There were 13 adult club meetings held without participation of the home agent.

b. 4-H

The officers of the 4-H clubs are those serving as organizational leaders. These officers are given individual guidance by agents and adult leaders from time to time on how to preside at meetings.

Also help was given to officers at officers training workshop during county council, and after this they were able to perform their duties better.

2. Program Development leaders.

There is a definite growth in the services rendered by the program development leaders of the eight organized clubs in the county.

These leaders held discussions at club meetings following the spring county committee meeting. Five brought good reports from their clubs to the planning meeting, and took back to their clubs the plans for 1954.

3. Subject Matter

A. Adult

The subject matter leaders in adult work have shown growth from year to year in the county. In 1953 forty-one different women served as project leaders.

These leaders have functioned in eight groups meeting regularly and have given a total of 23 demonstrations. The federation goal chairman has lead 8 discussions on " county government " in the club meetings and directed the recreation at local club meetings and nine community recreation parties.

The leaders have had three training meetings with attendance of twenty-seven .

These leaders have reached more than 179 non club members with methods and subject matter secured through home demonstration training.

Outstanding has been the services by two subject leaders in services rendered to other groups.

4-H

There are in the county 18 adult leaders for 15 of 19 organized community clubs and summer project groups. This leaves 4 community without a leader. This is an increase of four adult leaders in 1953 . It is the result of progress made in 4-H work in the county.

Records show that the adult 4-H leaders have given a total 21 demonstrations and lead 12 discussions for 4-H clubs. They have served as project leaders on an average of 2 projects each.

The leaders were trained in four training meetings or individually if they were unable to attend one of the meetings. One of these training meetings was for the purpose of planning the program for 1953.

These leaders further assisted club members in preparation for the club, county and area contest and assisted the home agent in holding the club and county contests.

During the summer months 11 of the Project leaders opened their homes for

4-H club meetings and planned recreation at the close of the meeting.

The eighteen adult leaders assisted in collecting 4-H records and assisted the agent in forty-seven meetings held during school session. They conducted 3-4 meetings in 11 community groups with agent only attending one in each community.

Thirteen old girls have served by giving sixteen demonstrations to project groups in clothing, foods, and room improvement; in assisting agent and adult leaders in preparation for club meetings and assisting with demonstrations.

Junior leaders further assisted by reporting club activities and collecting project records and checking work sheet.

Four girls have had their rooms used as a result demonstration and had 25 people to visit them.

B. H. D. Club Project Leadership	1949	1950	1951	1962	1953
No. Project leaders (subject matter)	42	54	90	43	41
No. goal chairman				8	8
No. Training meetings held by Specialist	5	5	9	3	2
by Agent	11	12	2	0	2
Attendance at all training meetings	-	229	118	20	27
No. club meetings held by leaders without agent present	19	32	38	14	13
No. additional club meetings at which leaders assisted	12	43	61	28	32
<u>Growth of 4-H club Project Leadership</u>					
No. adult project leaders	9	14	14	14	18
No. junior project leaders		9	14	13	13
No. traing meetings held by specialist by agent	18	14	2	0	0
Attendance at leader training meeting	25	71	36	12	8
No. club meetings held by leaders without agent present		23	38	29	21
No. 4-H club leaders trained individually	9	7	14	8	10

	1949	1950	1951	1952	1953
No of additional club meetings at which leaders assisted.	45	98	70	45	47
No. demonstrations given by leaders by adults-	40	50	28	24	21
by juniors		10	10	15	16

9. Story of Outstanding 4-H leader

Mrs. B. W. Williams has been outstanding with her contributions to 4-H club work.

1. She gives girls individual guidance in problems arising in their project.
2. She visits the different members thereby becoming familiar with their problems and making interested cooperation of parents.
3. She is project leader for Huntly breads group.
4. She increased her group from four girls at beginning of project to a total of ten. The 4-H girls asked her to continue group next summer.
5. The group met seven times during summer. This was three extra meetings. The last meeting was to hand in records and then all went swimming .. quite a treat for the group.
6. Mrs. Williams was one of judges at the county contest.
7. Carolyn Williams, her daughter, won foley award in breads.
8. Came to county 4-H planning meeting and helped in planning of projects.
9. Enthusiastic and makes all her associates feel that 4-H club work has much to offer both boys and girls now and as future adults in the community.

II. Work in Cooperation with Other Agencies

The agent has cooperated with other agencies.

(a) Health

Promoting of nutrition education being done in the community. Bulletin and mimeographed material were given to health nurse. Mrs. Thornton, health nurse, has given talks to two home demonstration clubs on first aid in the home.

- b. Welfare... collecting clothing in spring for families needing it.
- c. Aided in county wide drive made for welfare of people such as chest clinic for T. B., Cancer, Polio and Red Cross blood donors. Help given included transportation, contributions and publicity.
- d. Cooperated with only home economics teacher in county by adjusting project work for 4-H girls taking home economics. Other help given included several home visits to help her plan years work and demonstrations on candy making, Christmas decorations, entertaining for holidays and to frame pictures.

XIII. Appraisal of Home Demonstration Program for 1953

In reviewing program planned and study records of both adult and 4-H program that many accomplishments have been made.

First, through growth of leadership that they have gained a confidence in themselves and a broader vision and a truer understanding of the extension program as planned. However leadership has a long way to go and leaders are inclined to depend too much on agent to carry the demonstrations when she is in the county.

Club women and parents of 4-H girls do not yet feel a responsibility and many cases are not interested enough to arrange for transportation to and from meetings.

Result demonstrations have grown this year and though excellent work has been done not yet are these demonstrations used enough to reach other families in the county for better family living.

More publicity should be given through radio, press and at club meetings and with home visits and more tours. These could be most valuable to the Extension program.

Another phase of the program that should be worked on is a higher percentage of the people should be reached. This is especially true of those families in both 4-H and adult program who are within lower income bracket.

It is encouraging that 70.29% of the 4-H members completed their projects and submitted records. It is hoped the percentage of completion can be reached will be

higher another year.

The intangible accomplishments that have brought to many families the satisfaction of better living are often the most worthwhile accomplishments and I as agent see evidences of this daily.

Perhaps the most tangible evaluation is the estimated savings in both adult and C-8 program through foods, clothing and house furnishings in 1955.

These savings in dollars amount to \$6940.00 on the records submitted.