

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
ALBEMARLE COUNTY  
VIRGINIA

HOME DEM AGENT ANNUAL REPORT

1937

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Assistant Home Demonstration Agent

December 1, 1936 - November 30, 1937

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III. Summary of Individual Activities

|                                    |        |
|------------------------------------|--------|
| Days in field                      | 178    |
| Days in office                     | 78     |
| Days annual leave                  | 30     |
| Days sick leave                    | 5      |
| Days special leave for study       | 12     |
| Days leave without pay             | 0      |
| Legal holidays taken               | 2      |
| Number of home visits made         | 485    |
| Number different home visits made  | 473    |
| Office calls                       | 561    |
| Telephone calls                    | 639    |
| Number news articles written       | 50     |
| Number individual letters written  | 718    |
| Number different circular letters  | 56     |
| Number copies of circular letters  | 6,070  |
| Number bulletins distributed       | 8,304  |
| Number 4-H meetings attended       | 200    |
| Number other meetings attended     | 113    |
| Number miles traveled <sup>1</sup> | 13,849 |

IV. The County and Its People:

The Home Demonstration Agent has given a full description of Albemarle County and its people since the organization of the county in 1744, in her narrative report; therefore, the assistant agent, who gives her entire time to 4-H Club work, will give only the results from 4-H Club Work.

"Important Changes" that have resulted from 4-H Club Work over a period of years.

When 4-H project work was first offered in Albemarle, it dealt with the more practical things - those resulting in dollars and cents. This was such a fine beginning, and gave the agent an opportunity of engaging the attention of the girl. As time has gone on, a demand for more intimate, cultural things has come up. The programs have been made more elastic, and the girl is getting just what she needs to fit her to take her place in the world. She is given training in homemaking, health, correct dress, better grooming, general manners, till now, as someone has expressed it, the country girl appears just as well as her city neighbor.

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**V. Status of County Extension Organization:**

1. Since January 1, 1934, Albemarle County has been under the County Management form of Government. The County Board of Supervisors appropriate funds for Home Demonstration work, which must be approved by the County Manager. This fund is supplemented by a fund available from the Federal Government, made possible through the Smith-Lever Bill. An appropriation is made also, for an Assistant Home Demonstration Agent in Albemarle County, who gives her entire time to 4-H Club Work.

**b. 4-H Club Council:**

(1) State Girl's club Leader visited the County early in the year, to discuss plans for the program for the first Council meeting of the year. Several leaders and club officers were present at this discussion meeting. Later, a Council meeting was held and new officers elected. At this meeting, the plan of work for 1937 was made. At the second meeting definite plans were made for County Contest Day, Achievement Day, State Short Course. The Council

members gave strong support to the agent, helping to plan and assist in carrying out the club program while the agent was absent from the county six weeks during the summer, studying. These boys and girls assisted in every way possible in collecting reports and making plans for Achievement Day.

Due to social and economic conditions in Albemarle County, the group felt that the following plan of work would reach some of the many different needs of the people, and we feel that it has worked out very satisfactorily. In this day of motor vehicles, our young people are able to see other homes and communities. They actually compare the same with their own. In many cases, the comparisons are not favorable. The contact with the outside world creates a feeling of unrest and dissatisfaction with their surroundings. The great need for this county, as conditions are studied, is a higher standard of living. This may be brought about by improving home conditions; therefore, this plan of work was made.

Goals

Accomplishments

1. County Extension Organizations:
  1. Hold three County Council meetings. One in January, one in June and one in September.
  2. Hold County Recreational training meeting.
  3. Conduct a 4-H Garden Tour in June.
  4. Hold County Elimination Contest in June.
  5. Send 20 delegates to State Short Course.
  6. Each club give from 50¢ to \$1.00 to County Council by June 1st.
  7. Drop all members who have not begun work by June 1st.
  8. Hold County Camp last week in June with an enrollment of 50 in attendance.

- 4-H Club Council
1. ~~Three County~~ Council meetings were held as planned. In January County Plan of Work was made- June, State Short Course plans- September, Achievement Day Plans.
  2. County Recreational meeting was held.
  3. This was not done.
  4. County Elimination contest was held in June.
  5. 20 delegates were sent to State Short Course.
  6. This goal was not carried out by all clubs.
  7. This was done, and we feel that its an excellent idea.
  8. As the agent spent six weeks out of the county for study, during the summer- the County camp was not held. However, ten members and a leader attended camp with Highland County group in June.

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Goals

Accomplishments

- 9. Hold County Achievement Day, Saturday, October 30th.
- 10. All club members are required to know club Pledge and the following songs by May 1st- "Rhododendron", "4-H Trail".

- 9. Albemarle and Orange Counties held a joint day Saturday, October 30th.
- 10. These requirements were carried out.

2. Objectives for Other Extension Organizations.

2. Objectives for Other Organizations.

- 1. Hold four 4-H Leaders conferences during the year.
- 2. Ask Leaders to cooperate in the following:
  - (a) Have Leaders assist with Achievement Day.
  - (b) Assist with County Camp.
  - (c) Hold three meetings without agent.

- 1. Four conferences were held. In June, this group met to plan the work they were to do in the absence of the agent.
  - (a) This was done.
  - (b) A leader attended Camp with our delegation that joined with Highland.
  - (c) An average of two meetings for the County were held without the agent.

II. Program of Work:

II. Program of Work:

- A. People reached.
  - 1. Juniors
    - 1. Retain 28 4-H Clubs.

- 1. This was done.

Goals

Accomplishments

- 2. Organize one new group.
- 3. Aim for an enrollment of 1250 girls and boys.

- 2. This was done.
- 3. The total enrollment for the County is 1145.

**B. Major Project**

- 1. Conduct Home Improvement in fifteen communities.
- 2. Conduct "Dressing Up The Porch Campaign in 15 communities.

**B. Major Project**

- 1. This was done.
- 2. This was done with good results.

**Minors**

- 1. Food Preservation
- 2. Poultry
- 3. Food for Health

**Minors**

- 1. 28 communities minored in Food Preservation.
- 2. 9 communities minored in Poultry.
- 3. 28 communities minored in Food for Health.

**2. Contest**

- 1. Conduct "Health and Growth Contest" in 10 communities.
- 2. Conduct "Correct Dress Contest" in 15 communities.

**2. Contest**

- 1. This was accomplished.
- 2. This was accomplished.

**III. General Activities**

**A. Extension**

- 1. Average one publicity article per week.
- 2. Encourage year round gardens.
- 3. Continue planting dogwoods and shrubs.

**III. General Activities**

**A. Extension**

- 1. There were 50 news articles in 1937.
- 2. This was done.
- 3. This was done. 1142 shrubs and dogwoods were planted.

3. General Policies:

The Home Agents in this county are members of a Volunteer Red Cross Committee, and we cooperate in reporting cases for eyes, ears, throat and various other troubles to the University Hospital. At Christmas our committee prepares and delivers packages to needy families. We deliver materials for hot lunches in different isolated communities. We also assist with menus and preparation for the hot lunches. Our 4-H clubs gave canned goods to the Children's Home in Charlottesville. Foods such as apples, potatoes, turnips are given along with the canned fruits and vegetables.

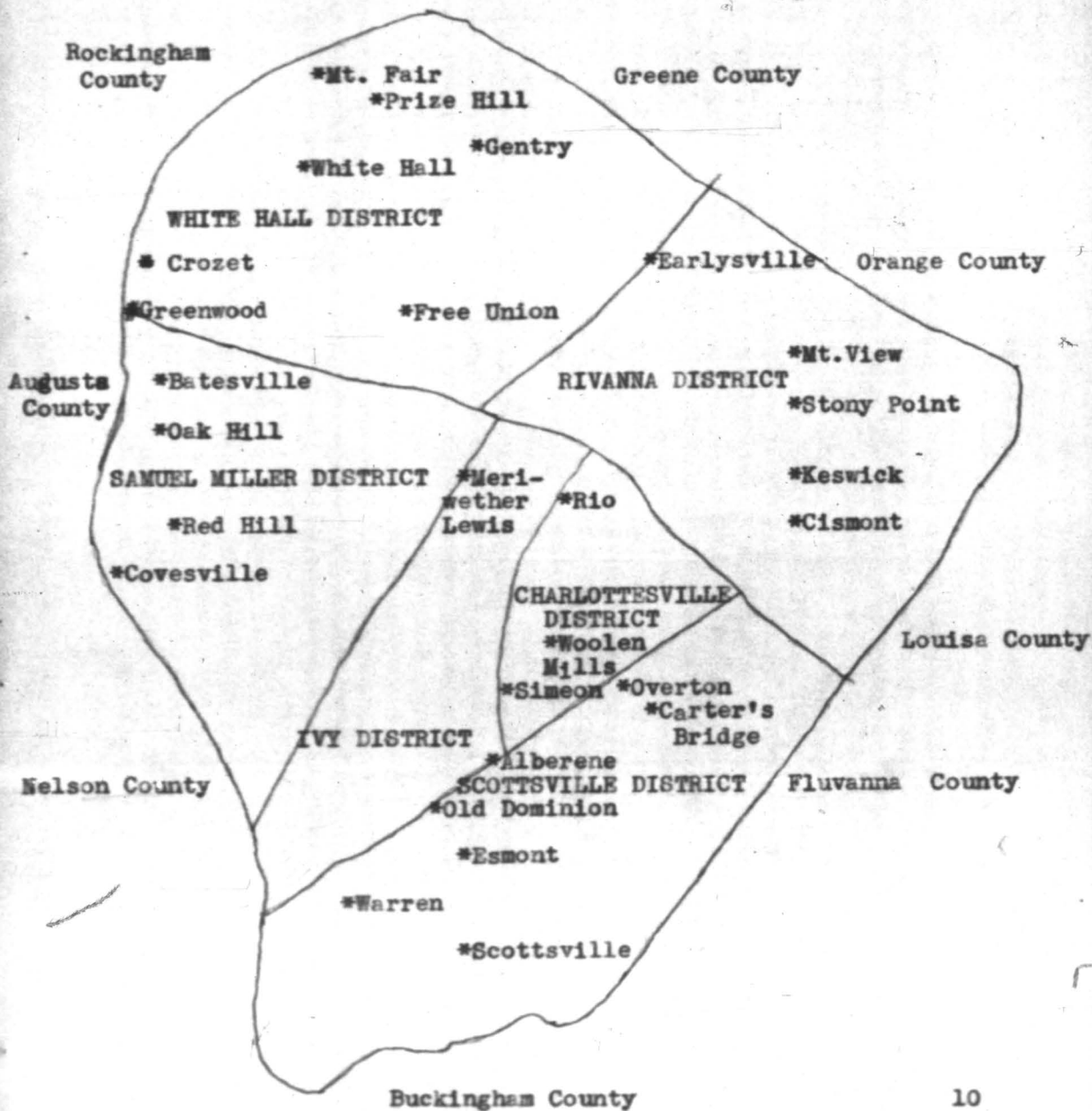
We cooperate with the City and County Beautification Committee <sup>each</sup> year in the "Clean Up Campaign". Hundreds of dogwoods and shrubs are planted annually on reedsides in communities and public places, such as school grounds, churches, parks, etc.

We also cooperate with the Superintendent of Public Instructions, County Health Unit, Welfare Board and other civic organizations in the County and City.

VI. Program of Work:

- 1. Map of Albemarle County

Map of Albemarle County



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Index to Map

| Clubs            | Membership | No. Meetings |
|------------------|------------|--------------|
| Meriwether Lewis | 35         | 12           |
| Free Union, Jr.  | 28         | 10           |
| Free Union, Sr.  | 25         | 14           |
| Gentry           | 30         | 12           |
| Prize Hill       | 17         | 10           |
| Mt. Fair         | 35         | 10           |
| White Hall       | 29         | 12           |
| Crozet           | 38         | 8            |
| Greenwood        | 24         | 10           |
| Batesville       | 25         | 14           |
| Covesville       | 28         | 10           |
| Red Hill         | 29         | 14           |
| Oak Hill         | 20         | 10           |
| Woolen Mills     | 44         | 10           |
| Keswick          | 15         | 12           |
| Cismont          | 30         | 10           |
| Simeon           | 24         | 10           |
| Overton          | 9          | 10           |
| Carter's Bridge  | 15         | 10           |

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Index to Map - Continued

| Clubs            | Membership | No. Meetings |
|------------------|------------|--------------|
| Alberene         | 45         | 12           |
| Old Dominion     | 33         | 10           |
| Esmont           | 35         | 12           |
| Warren           | 17         | 5            |
| Stony Point, Jr. | 24         | 12           |
| Scottsville      | 28         | 12           |
| Stony Point, Sr. | 24         | 12           |
| Rio              | 48         | 12           |
| Mt. View         | 16         | 10           |
| Earlysville      | 28         | 12           |
| Total 29         | 698        | 313          |

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2. Scope of Work:

a. There are 2,269 white girls of club age in Albemarle County. Club work is reaching 89% of these. Last year, plans were made to reach more of these girls through older club members, who are out of school. Small groups were organized in some communities. The Club Council is cooperating with club members in reaching a larger percentage of girls. Some of this is done through recreation.

| b. | Year | No. Clubs | No. Members |
|----|------|-----------|-------------|
|    | 1935 | 30        | 1229        |
|    | 1936 | 28        | 1229        |
|    | 1937 | 29        | 1145        |

3. Girls Work:

a. Room Improvement was the major project again this year. This included daily care.

| Furnishings:  | No. girls participating | No. families represented |
|---|-------------------------|--------------------------|
| 1. Improvement in selection of household furnishings                                    | 692                     | 500                      |
| 2. Repairing, remodeling or refinishing furniture, including slip covers & upholstering | 135                     | 125                      |
| 3. Improvement in window treatments.  | 692                     | 550                      |
| 4. Improvement in arrangement of rooms  | 368                     | 365                      |

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| Furnishings:  | No. girls participating | No. families represented. |
|---|-------------------------|---------------------------|
| 5. Improvement of walls, woodwork and floors                | 680                     | 550                       |
| 6. Improvement of color schemes for rooms                   | 680                     | 550                       |
| 7. Making porches more comfortable for summer use           | 250                     | 250                       |
| 8. Total estimated savings due to home improvement program  | \$3,565.80              |                           |
| 9. Total number rooms improved                              | 368                     |                           |
| Living rooms 30, dining rooms 28, bedrooms 150, others 150. |                         |                           |

| Furnishings Work Done:                                       | No.  | Actual Cost | Amt. Saved. |
|--|------|-------------|-------------|
| 1. Chairs or stools seated                                   | 150  | 75.00       | 150.00      |
| 2. Pieces of furniture slip covered or upholstered.          | 135  | 67.50       | 135.00      |
| 3. Furniture repaired, remodeled, refinished.                | 85   | 17.00       | 34.00       |
| 4. Pieces of furniture made at home                          | 75   | 37.50       | 75.00       |
| 5. No. rooms in which walls, woodwork or floors are improved | 360  | 720.00      | 1,540.00    |
| 6. No. Pieces of linens made.                                | 150  | 90.00       | 180.00      |
| 7. Homemade rugs   | 250  | 50.00       | 250.00      |
| 8. Small articles and accessories made                       | 1182 | 228.40      | 456.80      |

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| Furnishings Work Done          | No.  | Actual Cost | Amt. Saved |
|--------------------------------|------|-------------|------------|
| 9. Ready made articles brought | 591  | 2,350.00    | 195.00     |
| 10. Totals                     | 2978 | 4,635.40    | 3,565.80   |

| Management                                    | No. girls participating | No. families represented. |
|---|-------------------------|---------------------------|
| 1. Improve kitchens in one or more ways       | 121                     | 121                       |
| 2. Sharing housework                          | 680                     | 550                       |
| 3. Personal accounts                          | 250                     | 200                       |
| 4. Personal budgets made                      | 560                     | 250                       |
| 5. Assisting with household accounts          | 250                     | 200                       |
| 6. Improvement in storage spaces for clothing | 560                     | 250                       |

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Shirley Vashti Mundy of Earleysville 4-H Club did outstanding work in Room Improvement work this year. In addition to assisting with the daily housework, such as cooking, cleaning, etc. She entered the porch campaign, doing a most creditable piece of work on same. As she made over her own bedroom last year, she worked on the guest room as her project for 1937, also the living room and hall. The walls were papered and woodwork painted. She refinished her floors with homemade filler and wax, painted and refinished two beds, one dresser, one washstand and two chairs. She also made a desk from an old washstand.

Furnishings work done by Shirley Vashti Mundy.

- 5 chairs and stools reseatd
- 1 chair slip covered
- 8 pieces of furniture repaired and refinished
- 1 piece of furniture made
- 2 windows treated
- 2 rooms with walls refinished
- 10 pieces bedroom linens made
- 1 rug made
- 6 small articles and accessories made
- 6 ready made articles secured

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**Minor Projects:**

270 containers of fruits and vegetables canned

175 chickens raised

22 different flowers were planted.

Vashti writes, "We tried to improve the appearance of our home by planting flowers by a plan. Our flowers greatly improved the appearance of our home, and next year, with Mother and Dad's aid I am going to make a flower garden to the right of the driveway. Our flowers have been a joy to us, and also brought joy to friends and sick people. Since using the "4-H Club Record Book for Flowers", the "proper soil for flowers", has created more interest.

**b. Minor Projects:**

692 girls enrolled in canning club work this year. 250 of these made canning budgets early in the year, and worked faithfully to meet the required number of different canned products needed for their home consumption during the months in which fresh fruits, vegetables, etc., were not available.

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Amount of Foods Canned and Stored

|                    | No.    | Qts. | Cost    | Value     | Lbs.<br>Dried | Value    | Food<br>Stored |
|--------------------|--------|------|---------|-----------|---------------|----------|----------------|
| Tomatoes           | 10,412 |      | 520.60  | 1561.30   |               |          |                |
| Other              |        |      |         |           |               |          |                |
| Vegetables         | 16,619 |      | 1830.95 | 3,323.80  |               |          |                |
| Fruits &<br>Juices | 16,620 |      | 1831.00 | 4,155.00  | 15,463        | 2,329.45 |                |
| Meats              | 3,280  |      | 656.00  | 1,640.00  |               |          |                |
| Others             | 6,260  |      | 313.00  | 1,565.00  |               |          | 460 bu.        |
| Totals             | 53,191 |      | 3151.55 | 12,245.10 | 15,463        | 2,329.45 | 460 bu.        |

In addition to the canned, dried and stored foods, these girls have cooked and served 10,250 meals and prepared 950 different dishes of food products.

200 4-H members engaged in vegetable gardening - 25 of these grew herbs, 125 had flower gardens - 75 acres were cultivated into vegetable gardens. These members' crops yielded 1007 bushels of vegetables. 460 bushels have been stored for winter use, the other was consumed at home or sold - 175 fall gardens are reported.

55 girls and boys were enrolled in Poultry Club work, our enrollment being much smaller than that of last year because 250 of our boys were enrolled in club work under a special assistant farm agent. 2,767 birds were raised by the fifty-five club members and fifteen poultry houses were remodeled.

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Growth and Food for Health Work is probably the most telling of all phases of club work. It is gratifying to see the results obtained from undernourished and underweight children, after a few months of proper food and health habits. At the beginning of the year, these children are weighed and checked, then, through daily instructions and hot lunches, (these being made possible through the Volunteer Red Cross Organization, different community organizations, home demonstration and 4-H club groups and individuals) these children begin to show improvements. At the end of the year, it is amazing to see such outstanding improvements in many. 235 members are enrolled in this project - many of these, do vegetable gardening, also.

c. Community Activities:

The 4-H Council requires each 4-H club to concentrate on a community project. Some of these activities are as follows:

- (1) Community Beautification
- (2) Give Canned vegetables for hot lunch project
- (3) Give donation of foods to Children's Home

- (4) Sew for Red Cross
- (5) Improve School yards and public grounds
- (6) Establish Community Centers
- (7) Build outdoor fireplaces
- (8) Give toys and Christmas baskets to needy

d. Program of best club by months:

d. Best club:

Again, Stony Point 4-H Club carried out the most successful program of work for 1937, and was awarded the "County Banner" for keeps. This being the third successive year that Stony Point had been the Banner Club.

Stony Point has a junior and senior, with an enrollment of twenty-four in each club. The 4-H Leader for this club has served in the same capacity for eighteen years. She attended camp with Albemarle's delegation, that joined with Highland 4-H group. Gayle Leake a member from this club was made an All Star last summer.

This group has the most outstanding community center. Having built an open fireplace, made tables and benches for community gatherings. Successful

programs of recreation have been carried out at this center.

e. Leader Training:

Four Leader Training Meetings were held in the major project.

The 4-H Club leader for the Champion Club of the county has been an efficient leader for eighteen years. Stony Point Club has made wonderful progress under her guidance. This leader keeps up with the latest, and is always ready to spring a surprise on her group.

The County Leaders' Association has been beneficial in planning and carrying out the club program.

f. Albemarle's delegation of 4-H club members attended camp with Highlands' group. We feel that the joint camp was a success.

A former 4-H Club member, who is an All Star, and who is in training at the University Hospital served as official nurse for this group while they were camping at "Camp May Flather".

g. Our county joined with Orange for a joint Achievement Day this year. Other than having such a large attendance, we felt that the day was worth while.

h. A strong recreational program was sponsored by the County again this year - choruses, swimming, hiking, nature study, dramatics, hobbies, picnics, socials, hay rides and many other activities were included in this program.

5. Work with Older Youth:

There are two "Older Youth" groups, with an enrollment of 49 girls and boys. These girls and boys meet jointly for the program, then divide for project work, unless the talks or demonstrations are of interest to both groups. These clubs meet monthly, and the discussions are of interest to the average older girl or boy. Self Improvement, community beautification, including backyard fireplaces, and courtesies have been among the most interesting topics.

VI. Even though our report does not show an increase, we feel that 4-H Club work has progressed. Until this year, the assistant agent has had boys club work as well. This however, accounts for the decrease in enrollment and progress made. This, of course, will

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be reported by the agent in charge of boys work. I don't feel that an agent could ever report that she is entirely satisfied with what has been done, as there is always so much more that could be done.

VII. Plans for 1938 4-H Club program have not been perfected, but it has been definitely decided that we take our program from the suggested "Food and Nutrition Units," stressing "Hospitality and Family Fun Occasions in the Home" and "Attractive Family Meals". The minors are to be selected at our Council Meeting to be held later.