

VIRGINIA

GOOCHLAND County Home Demonstration Agent Annual Report 1940

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REPORT FILES  
EXTENSION WORK

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
GOOCHLAND COUNTY  
VIRGINIA

1940

Miss Eleanor S. Williamson

Home Demonstration Agent

December 1, 1939 - November 30, 1940

HOME DEM AGENT ANNUAL REPORT

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### III. SUMMARY OF INDIVIDUAL ACTIVITIES

Days in field.....	230
Days in office.....	87
Days annual leave.....	10
Days sick leave.....	0
Days leave without pay.....	0
Legal holidays taken.....	6
Number home visits made (adult).....	400
Number 4-H club members visited.....	122
Total number different homes visited.....	275
Number office calls.....	124
Number telephone calls.....	263
Number newsarticles or stories published..	21
Number individual letters written.....	528
Number different circular letters written.	30
Number meetings attended.....	276
Number miles traveled.....	7,705
Number radio talks given.....	8

#### IV. THE COUNTY AND ITS PEOPLE

Goochland County is a long narrow county being ten by twenty-eight, and seven tenths miles. The County is divided into three judicial districts. The lower end bordering Henrico County and extending to Beaverdam Creek is called Dover; the section from Beaverdam Creek to Little Lickinghole Creek is the Lickinghole District; the remainder from Little Lickinghole Creek to the Fluvanna County line is the Byrd District.

The County is bordered on the west by the James River. The land along here is very rich but many floods have damaged this greatly. Farming is the major industry in the county yet on the whole the land is very poor, therefore the people have low incomes. There are 1,272 farms in the County and yet the production is poor. 51% of the total population is negro which may account in a measure for the unimproved land and the erosion which is prevalent.

Quite a large number of men and women are employed at the State Farm for Men and the Industrial Farm for Women. Both of these are in the County and located near the County seat.

The homes in the County, due to the poor land, are simple and unpretentious. Through years of home demonstration work, better means of communication and access to the outside world, the homes are more and more attractive and comfortable.

There are public schools in the County for both colored and white children. The high school for white children is con-

solidated and there is an enrollment of over 200 boys and girls. The colored high school is also consolidated. The grade schools for both colored and white are conveniently located for all sections of the County and transportation to all schools is furnished by the school board. School buses reach all parts of the County so that education is possible with a little effort on the part of the families in urging the children to attend.

There are many churches in the County and these are; Baptist, Methodist, Presbyterian, Christian and Episcopalian. Most of the colored people are Baptist.

Goochland County is about thirty miles from the City of Richmond on Route #6. Route #250 runs parallel to Route #6 and the two are connected with secondary highways in three places. There are many dirt roads in the County which are continually being improved. There are three buses through on Route #6 to Richmond each day and three from Richmond. Besides these there is the train service. The Chesapeake and Ohio Railroad has been operating since 1888 and provides access to all sections.

There are telephone lines and rural electric lines throughout the County with more being added each year.

As in 1939 the County has continued its cooperation with the Thomas Jefferson Soil Conservation District. One full time worker is employed to help the farmers conserve their soil through better practices. These practices include crop rotation, contour tillage, strip cropping, winter cover crops, repairing galls and gullies, terracing and run off control, permanent meadows and pastures, use of manures and fertilizers, reforestation and woodland improvement, fire protection of woods, fields and

crops and wildlife protection and conservation. Entire households are benefiting by these practices because proper farming practices will release more cash for other use. More families are taking advantage of this help each year.

#### V. FINANCIAL SUPPORT OF WORK

The Home Demonstration program in Goochland County was formerly supported by the County Board of Supervisors and the School Board but in 1940 the Board of Supervisors took over the entire support.

The Board of Supervisors is composed of three members, each one representing a magisterial district and elected for a four year period. These men are the legislative body with the power to direct and govern the County. They disburse county funds, levy on real estate and make appropriations as well as to pay the county officers salaries.

At the present \$480.00 is provided for the support of the Home Demonstration work for one year.

Office rent is also paid by the Board of Supervisors and this is of great help. A secretarial worker is provided by the National Youth Administration at no expense to the County.

## VI. WOMEN'S WORK

### 1. Organization

#### a. County Homemaking Board

The County Homemaking Board is made up of five leading women of the three districts, plus the president of each Home Demonstration Club, the chairman of each Federation Goal and representatives of the paid agencies in the county, such as the Farm Agent, the Home Demonstration Agent, Farm Security Supervisor, the Home Economics Teacher and the Welfare Worker. This makes a total membership of thirty-five. The paid workers themselves, i.e., the Farm Agent, the Home Demonstration Agent, the Farm Security Supervisor, the Home Economics teacher and the Welfare Worker are advisors to the board just as the board is an organization to work with them in building a stronger and better farm and home program in the county.

The Board meets quarterly on the first Wednesday in January, April, June and October. These meetings are usually held in the Home Demonstration Agents' office although this is no set rule.

At each meeting all agencies have been represented in 1940. One piece of work which the Board helped to sponsor was the putting of first aid kits into all school buses. This was in cooperation with the Red Cross. A large number of Home Demonstration women, at the suggestion of the Board donated two jars of canned food to the Home Economics Department for use in the school lunch room. Through the work of the Board members two hospital loan

chests were established in the County for use of any family needing hospital equipment which they wouldn't have at home in case of illness.

The Homemaking Board planned the Achievement Day and this was a success. The Home Economics girls served a tea at the close of the program.

The Red Cross had a display of the articles being made by county women for the refugees. The hospital loan chests were also on display as was the canned food brought from home for the school lunch room.

The cooperation of the agencies helps to better understand the problems of the county as a whole and therefore work toward a more satisfactory solution to all problems.

#### b. County Home Demonstration Committee

This committee is made up of the members of the Homemaking Board minus those representatives of the paid workers with the exception of the Home Demonstration Agent. This is the group that is directly responsible for the Home Demonstration program.

The committee selected House Furnishings as its major project. This has proven to have been a most interesting and timely subject. This program has given the women ideas on how to improve their homes at a very small cost, how to make the furnishings they already have appear smarter and more up to date, how to select new curtains, draperies, slip covers, etc., with an eye to color and durability, as well as to cost. Many of the women have not purchased anything new, but have remodeled their own curtains, dyed grain bags for slip covers and practiced real economy in the

housefurnishings line. The special demonstrations were on "Developing Color Schemes", "Wise Choice of Textiles", "Window Treatment" and "Slip Covers".

The accomplishments for 1940: The Homemaking Board received help from all the agencies in sponsoring the County Campaign of "Yard Improvement". Each person contacted by any Club Member or other person was urged to plant zinnias or marigolds and they were also urged to plant a dogwood tree or a red-bud tree. There were 200 people contacted and out of these 116 planted the marigolds or zinnias, 23 removed unsightly rubbish and much general improvement was made in every case.

The Board chartered a bus and took 28 Club women to the District Federation meeting in Ashland, Hanover County.

There were two all day training meetings held on house furnishings with 16 leaders present.

This year the Goochland Clubs and the Home Making Board paid their Federation dues 100\$.

The Board chairman attended the Institute of Rural Affairs and the Federation meetings in Blacksburg in July. She is still the State Secretary of the Federation. The Board sent a member as a delegate as the chairman had so many duties as State Secretary. There were three other County women present.

The Board urged each club to contribute one penny for each member for the Associated Country Women of the World who were collecting money this way to aid in world peace. This money was collected in every club and the women's names put in a list.

The whole was given, with that from other counties, to the person in charge of this section at the District Meeting in Ashland.

The annual budget of the Board was \$50.00 for the year. This money was raised by each club paying forty-five cents a member. The members in some clubs paid a nickle a month for nine months and in some cases the members paid the full amount all at once. The Finance Committee of the Board was anxious to make some extra money so the selling of moth preventative pads was done and about \$10.00 will be raised when all these are sold. The Board has served two Ruritan Club dinners. These schemes have adequately met the requirements of the budget.

The money in the budget provides for supplies needed by the Home Agent and leaders and takes care of the other items necessary to the smooth functioning of the work.

The Board planned and carried out the Achievement Day program successfully.

The 1941 program has been discussed first in the various clubs and after a discussion one program was selected. When all clubs had discussed these and reported to the Home Agent it was found that clothing was the choice of the majority. This was selected because many felt that they were so short of cash any help along this line for themselves or for their families would be appreciated. All phases of clothing are to be taken up.

The Home Demonstration Committee member who attended the Institute of Rural Affairs at Blacksburg in July took all the suggestions to the Clothing Specialist and a date was made for her to come to the County to talk over with the club representatives t o

the individual County program.

The specialist came in August and the women representing their clubs came to the Home Agents apartment where the program was planned. There were 12 women present. The program includes the following: "A Study of Fabrics including the Interpreting of Labels and Tags", "Selection of Springtime Styles Best for You", "Making, Altering or Restyling A Dress", "Making or Buying Accessories", "Buying and Care of Hoisery", and a fashion show in Feburary and one in October. The February show will be at the local High School put on by one of Richmonds large stores. The October show will be in Richmond at one the cities other large stores.

c. Home Demonstration Clubs.

There are eight Home Demonstration Clubs in the County. The problem of transportation seems to be great and many women find it hard to attend meetings. Several women drive cars and many more are learning so that those who now drive carry others. There are several women who walk three miles to a meeting and one who walks five. To quote this woman, " I live five miles from the community house, I have a large family and my husband is in poor health, yet I never miss a club meeting because I get so much from them that inspires me. I also meet my neighbors whom I would otherwise never see. I hope we always have a club here."

The officers of the Home Demonstration Clubs are president, vice-president, secretary and/or treasurer. These officers are elected by the club members and usually serve for two years.

Each club has a chairman for the Federating goal, one for the Campaign and maybe others if the need arises. There is a social committee to plan for recreation, parties, etc. The chairman and other committees are appointed by the president. They keep the club up to date on activities in their lines and help the County and State Chairmen to reach the goals set up.

The club president and Federation Goal chairman when elected are automatically on the Homemaking Board. Then they are also members of the Home Demonstration Committee.

d. Scope of Work.

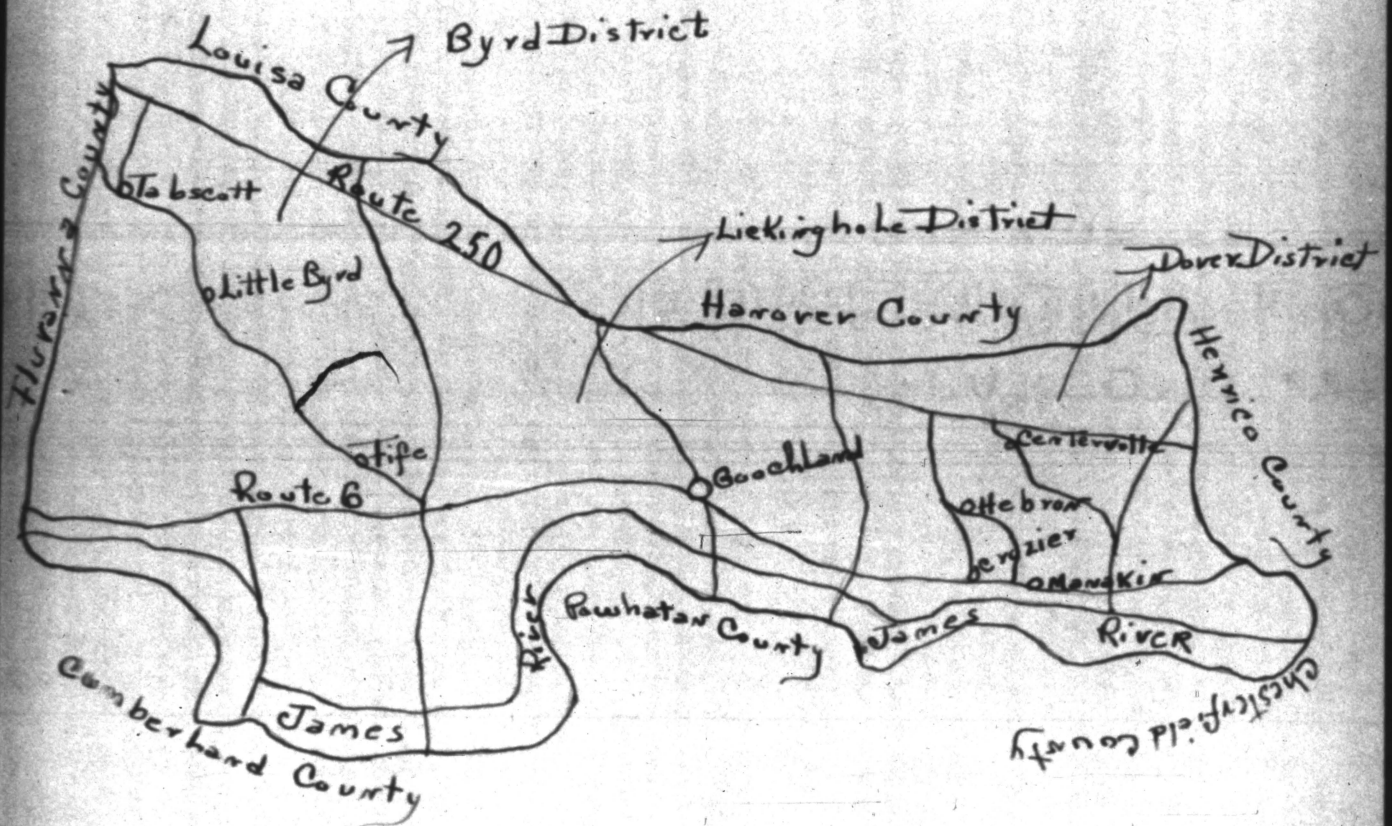
(1). There are 1,837 white homemakers in Goochland County. 200 are reached directly and 1,050 indirectly. It is estimated that by radio and newspaper another 1,000 are reached.

(2). Enrollment for past three years.

Year:	No. Clubs :	Membership :	No. Reached Indirectly
1938:	9 :	178 :	850
1939:	8 :	243 :	950
1940:	8 :	200 :	1,050

(3). Number of Magisterial Districts in County.

The following map shows the location of the districts and the clubs.



## 2. PROJECT WORK

### a. Major.

The eight clubs in the County majored in Home Furnishings. The demonstrations were on "Developing Color Schemes in the Home", "Wise Choice of Textiles", "Slip Covers" and "Window Treatment".

Two leaders from each club attended the leader training meetings held by the specialist. The leaders all enjoyed the opportunity of being with the specialist and getting such valuable information to take to their clubs.

The leaders took the information to their clubs and when a leader was unable to serve the agent assisted the other leader.

Under "Wise Choice of Textiles" the women learned about materials suitable for slip covers, and draperies as well as curtains and upholstery. Color fastness and the necessity for pre-shrunk fabrics for certain uses were discussed. Samples of material of various kinds and qualities were shown to better train the women in making selections for their own homes.

The "Developing of Color Schemes" was of interest in that the women all had many colors in their homes and they found out that by combining certain colors they could get many pleasing effects. A color chart was given each one. They learned the primary and secondary colors and combinations. Materials to emphasize these points were brought to show the club members.

When "Window Treatment " was studied a small model window with curtains to fit it was used to demonstrate the different types of curtains, the correct way to hang curtains and draperies and the suitable materials to use.

"Slip Covers" were interesting to many club members. The demonstration included how to measure for material and then how to cut the pieces and pin-fit them to the chair or divan. Of course the materials suitable to use were again shown and discussed.

#### b. Minors

These minor projects were selected by every club, of course they varied with the locality as each one had its own problems.

Knitting seemed very popular in several clubs, six (6) people learned to knit at these meetings. The agent being a "knitter" took articles she had made and showed the members how to knit and how to make some simple articles.

One Club had a legislation program and was fortunate enough to secure the delegate to the Assembly as a speaker. Being the year the Assembly was meeting the problem of legislation was of importance to all.

Each club had a health program. In one club the State Department of Child and Maternity Welfare was represented by a speaker and a movie. In some of the others the club health chairman secured a nurse to give demonstrations and these were all

helpful. Others had round table discussions and reports on health.

One club secured a man speaker to talk on the "Bible as Literature". This was most interesting.

Two Clubs had "Care of Furniture" as a topic and the homemade cleaners and polishes were shown at the demonstration.

One club had "Arrangement of Furniture" which proved helpful and which was especially timely as the women in whose house the meeting was held was re-arranging her things anyway. The principle of line was stressed and comfort as well as beauty.

One club put fibre rush bottoms in stools and put an oil finish on the wooden frame of the stool.

Several clubs included a program in "Professional Finishes". This was buttonholes, corners, pleats, cuffs, collars, etc., which are difficult to do and yet make a dress look well made.

Some of the clubs had meetings on yard and roadside beautification. One club had each member bring a specimen or collection of zinnias or marigolds which they had raised in connection with the county campaign. The judges were two guests and the agent, and red, white and blue ribbons were awarded the winners in each class. One club had a county woman and her daughter show colored slides on gardens and roadsides. These they had taken themselves and they were both in the county and in other places. The agent has been taking pictures of the homes and roadsides in the county and she has many lovely one she has shown at these meetings.

c. Community Projects.

The County campaign of Yard Improvement was carried on in every community. The Tabscott Home Demonstration Club has taken a public garage on Route #250 to beautify. Ground was broken and rose bushes planted. The rose bushes were donated by a man who was interested in seeing the highway beautified. The women of the club are caring for these bushes.

The Crozier club had 100% of its members planting zinnias and marigolds. This club was given recognition on Achievement Day for this big accomplishment.

The Little Byrd Club meets in a Community House and they cleaned this, painted the fence around the place and set out shrubbery.

The Goochland Club planned a tour to Richmond of the historical places of interest. Eleven members went on this tour. Special rates of admission were arranged for at the Museum of Fine Arts and Poe's Shrine. A luncheon was enjoyed at Ewarts Cafeteria.

The two county hospital loan chests have been established by the cooperation of the clubs. Each club gave \$2.00 or its equivalent toward the contents. Each chest contains a bed pan, hot water bottle, ice cap, clinical thermometer, rubber sheet, sputum pan and two bed sheets. These are to be borrowed by any family in the County and as one is at the County Health chairman's at Fife and the other in the Agent's Office it is felt that

any desiring to borrow can reach one or the other without too much difficulty.

One club pays a person to care for school grounds and the grounds are indeed very attractive.

The County wide project of contributing canned vegetables or fruit to the high school lunch room has been carried on and this year the women are contributing canned foods also to the graded schools where hot lunches are being served.

One club has been very helpful to all the community. They have paid a truck driver to take his truck throughout the community and gather up people who wish to attend the revival services being held in the community.

Christmas parties were held in many clubs and baskets were distributed to needy families.

The Home Demonstration Club women in the Tabscott Community are all members of the Farm Bureau Organization. They plan and carry out a women's program once a month. Several have remarked that they wouldn't have dared to do it if it hadn't been for the training they have had in Home Demonstration work.

The Little Byrd Club raised money and chartered a bus to take 33 people to Washington one day in October. Only three of these were not members. There were three men in the party. They were taking the places of three members who could not go. The bus left the Community House at 6:30 A.M. and arrived in Washington via Warrenton at 11:30 A.M. The first stop was the Capitol, then the congressional Library and then a tour past the embassies and legations. A picnic lunch was enjoyed at the zoo and after look-

ing around the zoo for a time the group went to the Washington Monument and the Museum of Natural History, also the Smithsonian Institute was visited. The group toured by the White House and around Lincoln Memorial. They ate a picnic supper on the way home, and finished up what they had left from their noon lunch. The bus load arrived at home at 10:30 P.M. after a grand day of sight-seeing. One elderly lady remarked that a trip to the city wasn't complete without a trip to a ten cent store, so that was also included in the trip. The agent went along as a guide.

As a result of this trip the Mothers present wanted to take their children up for a day. The agent and mothers made the arrangements and the following week 69 people, men, women and children, in two buses visited Washington. Practically the same trip was taken with the exception that more time was spent at the zoo. The people on this trip were from two communities, Little Byrd and Fife. Special rates were given by the bus Company and because of this all Mothers went free and the rest went for the low rate of \$1.50 per person.

The Parent Teachers Association and the high school students sponsored a chest clinic and the women in the Home Demonstration clubs cooperated by advertizing and attending the clinic.

### 3. PROJECT LEADERSHIP

#### a. Plan for Training and Use of Leaders.

The leaders have been trained at meetings held in the agents office during the last year. Each club sent two leaders

on the specified day to get the information and take it back to the clubs. The specialist gave the training in every case and the leaders then patterned their meetings on the one they had attended. Many excellent demonstrations were given by leaders to their clubs.

**b; Results Obtained.**

The development of leadership is of benefit to the individuals who are elected or appointed leaders and to the clubs who benefit by the leadership of these trained club members.

Leader training meetings are well attended by the leaders and the meetings are considered successful in the county. The leaders are developing self-confidence and an ability to meet situations at meetings.

Sixteen leaders have assisted in directing the House-furnishings program in 1940. They have given a total of twenty-seven demonstrations. Two all day leader training meetings were held by the House Furnishings Specialist.

**4. OTHER ACTIVITIES**

**a. Campaign.**

The county campaign was Yard Improvement. The chairman was very anxious to have all the women in the clubs participate as well as to have all other agencies take part. She had a conference with the Home and Roadside Development County Chairman

and together plans were worked out for each club to follow.

Each club had already appointed a chairman for this campaign so when the rules were worked out each chairman presented them to her club. The plans were for each member to plant zinnias or marigolds at home or along the highway; to have each member plant a dogwood or a redbud tree; to have members remove unsightly rubbish from the roadside and yards; to improve the roadside by planting flowers, trees or shrubbery and by removing debris.

The following summary shows the results in the clubs. There are 200 club members.

116 planted marigolds or zinnias

75 removed unsightly rubbish, machinery, etc.

33 planted flowers or shrubbery along the highway

24 improved the highway roadside by clearing away the debris, etc.

29 planted dogwood or redbud trees.

200 plan to make yard improvement in 1941.

The Home and Roadside Development Chairman and the Campaign Chairman were to broadcast with the agent on the campaign and Federation Goal, but due to the illness of the Campaign Chairman only the goal chairman and the agent gave the broadcast. This was well received as there were questions by members at later club meetings and some letters from interested people who heard the broadcast.

#### b. Income Earnings

As there is no market in the county for the women's products the women have not marketed many articles. The usual amount of hand made articles such as braided, hooked and crocheted rugs has been made. There are other articles too. The total amount made and reported is 52 articles made and valued at \$164.75, but only \$19.25 has been realized by the makers at private sales.

#### c. Camps and Short Courses.

No 4-H members from this county attended the Camp at Jamestown but there were eleven 4-H girls who attended the State Short Course at Blacksburg. One of these girls was made an All Star. Six of the girls present were winners in the Correct Dress Revue in the county and entered the revue at Blacksburg.

The theme of the Short Course was Citizenship and those attending have given excellent report on their work there.

#### d. Recreation.

Goochland County being so close to Richmond no great recreational facilities have ever been developed. The only recreation in many communities is that provided by the Home Demonstration Club program.

Each club gives socials, suppers, minstrels, plays, game parties, etc., and sponsors musical programs in their communities. One club gave a minstrel and it was so good that a

community in a nearby county asked to have it presented there and the proceeds were shared by the Home Demonstration Club and the Church of the other community.

In the summer each club plans a picnic or party and they are always enjoyed. The picnics included trips to lakes, swimming pools, etc. One Group attended the Farm Bureau Picnic in place of having one of their own.

The Crozier Club celebrated the Golden Jubilee Birthday Party at one of its regular meetings.

There have been five brides showers given by the clubs outside of their regular meetings.

As has been mentioned before one club took a tour to Washington, one to Richmond and two combined to take children to Washington.

e. County Meetings.

The Goochland County Home Demonstration Achievement Day was held in October in the High school auditorium.

The only displays were of the Hospital Loan Chests and the canned food which was donated by the women attending the meeting. The Red Cross also had an exhibit of the articles which had been made in the County. A first aid school bus kit was also on display. These kits are being put in all school buses. The Federation Goal Health Chairman has obtained one dollar from each garage servicing the buses to purchase more kits.

The reports of the Federation Goal Chairmen were compiled into a report and made up in booklet form so that all might have them to take home. This left more room on the program for other things.

Group singing was enjoyed by all and the Rev. J. H. Knibb gave the invocation. The chairman of the Homemaking Board gave an address of welcome. A report on the Federation Meeting at Blacksburg was given as was a report on 4-H Club work in the County. A woman from Richmond sang two solos which were greatly enjoyed. The District Home Demonstration Agent was the guest speaker. The canned food was presented to the school lunch room and was accepted by one of the girls in the department. The money for the first aid kits was presented to the superintendent of schools. Recognition was given to the Crozier Club for its 100% planting of zinnias or marigolds. The Home Agent showed her colored slides to the group and as they were of the County every one enjoyed them immensely. The guests who were present were presented to the group. When the meeting adjourned a tea was served to the group by the Home Economics girls and the 4-H Club girls.

## 5. PARTICIPATION IN FEDERATION

### a. District.

The Home Demonstration women of Goochland County chartered a bus and 28 women went to Ashland, in Hanover County to attend the District Federation Meeting. The women returned

to their clubs and gave good reports. The musical part of the program was particularly enjoyed. The talk by Miss Elizabeth Carmichael, the Family Relationship Specialist, was highly enjoyed. The poem, "A Prayer For Parents", has been given to 575 women in the County as a result of this meeting. Many more women and men have read it.

b. State.

The State Federation meeting was held in July in Blacksburg. Five women attended this meeting. The County Homemaking Board Chairman was elected State Secretary.

The Goochland Clubs and the Board paid their State dues 100%.

c. National.

The Club women each paid one penny to the Associated Country Women of the World to aid in World Peace.

d. Work on Federation Goal.

The State Federation Goal was health and each club had its Health Chairmen who gave five minute health talks at each club meeting.

The County Health Chairman and the Agent together with the Club Chairmen worked out the plans for the talks each month. They discussed such topics as health check-ups, foods for health, Blue Ribbon Babies, care of the sick in the home and other timely subjects.

The clubs all cooperated in the establishment of the hospital loan chests by contributing two dollars or the equivalent in equipment.

Through the efforts of the County Chairman \$1.00 was collected from each garage that serviced the buses so that more first aid kits could be added to those already purchased by the Red Cross. A total of \$15.00 was collected.

#### 6. Story of Achievement by Club Carrying Best Program

The Little Byrd Club this year, very definitely had an outstanding program.

They held 12 meetings with 1 call meeting. Their average monthly attendance at meetings was 20. They have an enrollment of 28.

This community is very rural and the Home Demonstration Club is about the only activity the women enjoy. Many of them have to make an effort to get to the meetings but they enjoy the demonstrations and sociability of the gatherings.

Below are some of the things they have done besides holding the regular club meetings. They gave a Christmas Party to the Community and gave each one present a bag of candy and an orange. The club members put on a minstrel show and raised money for the club. This was such a success that they were asked to take their show to Columbia, in another County and they shared the proceeds there with a church group. They chartered

a bus and 33 people toured to Washington, saw the sights and returned home tired but feeling well repayed for the trip. The women repainted the fence around the community house and white washed it. The club served the Ruritan Club twice during the year which helped to increase the amount in the treasury. Several gifts were given to members and the Home Agent who resigned to get married. Convalescent cards were sent to sick members and funeral sprays were sent to sorrowing members.

Two dollars were contributed to the hospital loan chests, and several dollars were spent in paying for a truck to bring people to the revival services being held in the community.

A total of \$99.93 was taken in by the club from entertainments, etc.

The roadside was beautified along by the Community house by planting roses after clearing away debris, etc.

An Easter Egg Hunt was enjoyed by the children in the spring.

The women carried information to 207 others. These were neighbors, daughters who are married and live elsewhere and friends who came for visits.

The leaders attended the training meetings and gave three of the 12 demonstrations.

Nearly every club member planted zinnias or marigolds in cooperation with the campaign and many made yard improvements.

The club enjoyed demonstrations on "Knitting", "Professional Finishes", "Health", "Christmas Gift Suggestions" "Recreation" and "Refinishing Furniture".

All the women have cooperated with the Agent and their officers to make their program a success.

#### 7. Story of Outstanding Achievement By Individual

The outstanding Clubmember is a women who never had time for Home Demonstration work until she moved to the County several years ago.

She is a leader in her club and on the social committee of the club. She is always most cooperative in carrying out the campaigns and any other goals set up in the County or Club.

Her garden is her pride and joy and of course she raises many flowers. She cans the vegetables from her garden and shares fresh vegetables with others.

She has attended all training schools and has given excellent demonstrations.

Her home is always open to the Club and for committee meetings.

She has taken advantage of a sewing course given at the Singer Sewing Machine Shop in Richmond and is preparing to carry on her leadership in clothing in 1941. She has attended the fashion shows given in town at the big stores.

She gave one broadcast on "Slip Covers" with the Agent  
this year.

She is an example of the good leaders in the County.

## VII. 4-H CLUB WORK

### 1. Organization

#### a. County Council

The 4-H Club Council is made up of all club officers. They hold 3 meetings a year, they help to plan the 4-H Club Achievement Day and sponsor the Correct Dress Revue. This year they gave \$25.00 in prizes to the dress revue winners so that they might attend the State Short Course at Blacksburg and participate in the dress revue there.

#### b. 4-H Clubs

The 4-H Clubs' Officers are president, vice-president, secretary and treasurer, a song leader and two adult leaders. Each club also has a social committee and a finance committee. These committees, with the help of the Agent, plan for socials and money making affairs. The club president appoints these committees.

During the school year each 4-H Club met once a month in the homes of the members in every case except one, where a club room is enjoyed. During the summer each club held two all day meetings having a picnic at noon and an hour of recreation. While school is in session the meetings are held from 4 to 5 o'clock.

The boys clubs are held by the Farm and 4-H Club Agents in the schools during school hours.

All the clubs have cooperated with the Agent and a pleasant year has been enjoyed.

## 2. Project Work

### a. Results Obtained

All club members have carried on a home responsibility each month. These responsibilities were selected by each girl in the early part of the year. In many cases they were different but they were bed making, dish washing, caring for own clothes, carrying wood or water or both and general housework, as well as meal planning and preparation. It gave the girls a chance to share in home duties and a chance to better understand the need for help and cooperation between mothers and daughters. Some months the girls were sharing several responsibilities or carrying the whole load themselves. Many mothers have reported to the Agent that they have received more help this year due to the club program.

The Family Activities Program included the keeping of a budget and personal accounts, also a Food Habit Score. The Food Habit Score was the most popular. In checking up it was found that 75 girls have learned to like a total of 15 different foods.

The Major project was "Room Improvement" carried on from 1939.

Each girl has discussed what she wanted to do to her room to improve it. Some girls made curtains, others dyed those they had and restyled them. Several made orange crate closets and dressing tables. The girls made desk accessories and

and closet accessories at club meetings. All the articles made were very inexpensive.

A home project was selected by each girl. These included room improvement, poultry raising, meal preparation and planning, making of own clothing and canning. The raising of flowers and some vegetables was taken by several girls.

A typical club program follows:

December : Christmas gift suggestions

January : Program Planning

Checking Accounts  
Checking Food Habits Score

February : Further discussion of Personal Accounts  
and Food Habit Scores.

March : Home Task. A demonstration of dish washing

April : Room Accessories Discussed

May : Making of Room Accessories

June : Closets discussed

July : Making of Closet Accessories

August : Discussion of a Study Center. Articles  
needed, etc.

September: Study Center Continued. Making of Accessories

October : Home Tasks Continued-- Demonstration of bed-  
making.

November : Election of Officers.

Of course at each meeting the accounts, etc., were  
checked

b. 4-H Health Work

Nearly all of the 4-H club girls had their chests X-rayed at the time of a chest clinic which the Parent Teachers Association sponsored in the County. This was part of their health work.

Better food habits have been developed and in this way better health has been brought about.

Through the health program there has been less constipation, fewer colds and better posture. One 4-H club girl won a posture contest at school.

c. Story of Best Project Work by Individual

A Goochland 4-H Club girl has done outstanding work in her project. She took room improvement and has definitely done a good job.

Her own room was very small and she was unable to make many changes or improvements in it. Upon the marriage of her sister and the moving of a roomer she was given her sisters room. She has made some accessories and carried out many suggestions of the Agent.

Other rooms in the house were to be done over so she helped to select the wall paper and other furnishings.

3. Community Activities.

a. Community Projects.

One club is using part of an old school house as their club room. They keep this clean and are very much interested in

keeping it looking nice.

One club cooperated with the Garden Club in serving refreshments at a party.

The 4-H girls are always willing to help wherever and whenever they can.

b. Recreation

Each club member has participated in all community recreation as far as possible. The 4-H girls have been responsible for some dances and parties to make money which will be explained later.

All the girls have introduced new games into their homes and have been interested in giving their younger brothers and sisters some simple games to play.

c. Raising Money for Club Activities.

In order to raise money for club activities the 4-H clubs have sponsored one musical program, one game party, two hayrides and 10 dances. These were planned and carried out by the 4-H members with the Agent as a chaperone along with the leaders and parents.

The clubs cleared approximately \$100.00 this year. \$25.00 was spent to send delegates to the State Short Course, \$10.00 was spent for advertising and ribbons for the dances, \$15.00 was spent on recreation such as weiner roasts and picnics. Some supplies for demonstrations have also been purchased. This leaves a balance of over \$40.00 in the club's treasuries.

#### 4. Local Leadership

##### a. Plan for Training and Use of Leaders

The 4-H Club leaders are trained to give demonstrations and help the girls in all ways, by the State Specialists or Home Agent. The leader is an older person who by attending these leaders meetings develops poise and self-confidence and can be of great help to the girls.

The leader's duty is to check up on the club books and act as advisor as well as to give the demonstrations. She may visit the members homes and help them with projects or any other work.

##### b. Results Obtained.

Four new club leaders have been secured this year.

All the leaders have attended the training schools and have given demonstrations in their clubs in the absence of the Agent.

One leader has opened her home for parties at any time and all leaders do all they can to make club work a success.

#### 5. Other Activities.

##### a. Camps.

The annual 4-H Club Camp was held at Jamestown in July but no girls went to this. In all cases they preferred to go to the Short Course at Blacksburg.

Eleven girls and the Agent attended the Short Course at Blacksburg. A school bus was chartered to take the girls and

boys from the County to Blacksburg.

There were 6 girls who entered the Correct Dress Revue. That was one in every class. No prizes or ribbons were awarded this year. All entries were very attractive and the County made a good showing.

One girl's dress was made from feed bags, the printed variety and was very pretty. The cost was 25 cents. She had made hers to wear to school and it was most appropriate.

One girl in the group was made an ALL STAR. One other girl who has been an ALL STAR was there and took an active part in the activities, acting as helper to those in charge of the dormitories and advisor to the girls.

The Home Agent was in charge of one dormitory and a sponsor of a discussion group on "Citizenship".

#### b. County Meetings

##### (1). Correct Dress Revue

This dress revue was held at the time of the County Farm Bureau Picnic.

The judges were a former Home Economics teacher and a former Home Agent.

There were six classes and 19 contestants. Each class winner was presented with a pin and \$5.00 toward her trip to the State Short Course.

##### (2). Achievement Days

This year the clubs voted to have individual achievement days and 5 have been held. They have been of interest in

that they are entirely planned by the girls. In some clubs every girl gave a skit or report and music was enjoyed in all groups. The years work was successfully brought to a close.

### (3). Tours.

The Farm and Home Agents chartered two school buses and carried 136 boys and girls to Richmond to the State Fair.

Upon arrival at the fair grounds the boys and girls separated and each group took an organized tour of the grounds and exhibits.

### 6. Story of Achievement of Your Best Club

The Fife Club has continued to be the best club in the County. They have added 5 new members this year and have held 11 meetings with a 95% attendance.

The leaders two in number, have attended all training schools and have carried on work outside with the girls.

The girls have kept their note books up to date and have carried on and completed their home projects.

To help the community to enjoy some play the club planned and sponsored a game party. They had bingo, penny toss, cake walks, a fish pond and many other games that all could enjoy. They cleared about \$12.00 and used this to send members to camp.

Each girl has made closet and desk accessories and improved her room in many ways.

Two picnics were enjoyed by the girls. One was held in spite of the rain and in the absence of the Agent.

Every Club member entered the Correct Dress Revue and there were 4 who won in 4 out of 6 classes. These all went to Blacksburg to the Short Course.

## VIII. OLDER YOUTH

Goochland County has three older youth groups. Each club has a president, vice-president, secretary and treasurer. Each Club also has an older person as a sponsor who is elected each year as are the officers.

These clubs meet once each month for their meeting of education and recreation. One club meets again each month to celebrate the birthdays of members occurring that month. These parties and meetings are held in the homes in the Othma Community and in the schools in Tabscott and Sandy Hook.

There are 79 active members on roll now. This includes both young men and young women.

Each club plans its programs and they include discussions of timely subjects, current events, hobbies, and things of interest along personal lines as good grooming, dating of girls and boys and selection of friends. Following each business meeting and program in the form of discussions, debates, speakers, etc., a period of recreation is enjoyed.

A Rural Youth Chairman on the Homemaking Board attends these meetings often and reports on their activities to the Board.

All of these clubs have had weiner roasts, socials, and parties. They have also sponsored dances to raise money for activities.

The members have gained poise, self-confidence and education by participating in these meetings. The membership is growing and these clubs fill a need in the County. The recreational facilities are very poor in the County and these sponsor a higher type than could otherwise be obtained.

## IX. PROGRESS MADE DURING THE YEAR

### 1. Progress

Goochland County was one of the first Counties to have Extension work and it has never lapsed in its sponsorship of this organization.

During the past year the clubs have all had some cultural programs as well as educational ones.

The Agent has been asked to give many talks on her recent trip to Europe and to talk on Scotch Tartans as she has a collection of these. She also has given talks on First Aid and other subjects.

The clubs memberships have increased and more people are being reached indirectly than before.

Leaders and club officers are assuming more responsibilities, thus developing themselves as well as benefiting the clubs.

### 2. Additional History.

Miss Pearl Cornett, the Home Agent who came to the County in 1938, resigned February 1, 1939 to be married. The present Agent, Miss Eleanor S. Williamson, came to the County from New Hampshire January 1, 1940, and took full charge February 1, 1940.

## **I. PLANS AND GOALS FOR 1941**

### **1. Goals.**

The Home Demonstration Club members are to study "Clothing" for the coming year. As clothing covers many fields from purchasing to making and restyling a good program has been planned. The women felt that with little cash to spend they had better know all they could get about this important business of clothing the family.

The goals for 1941 are to reach more people not in clubs; to organize two new clubs; to increase club membership and to have better attendance at Board meetings.

The Federation Goal of Health is still being stressed along the line of "Health for National Defense".

The 4-H Clubs are also taking "Clothing as their major project.

Their goals are to increase membership and to organize new clubs wherever needed. Each club is to raise money for sending delegates to camp and to the Short Course. They plan to have better club note books and to help in home responsibilities.

The Rural Youth Clubs have as their goal better programs, more outside speakers and more new members.

### **2. Plans.**

It is planned that the Homemaking Board sponsor one fine arts program for the County this year. This may be music, art, literature or some other subject.

It is also hoped that the Homemaking Board will join the Museum of Fine Arts and make available to the clubs the loan exhibits, lecturers, etc., that the museum offers. These can be taken to each club and enjoyed by a larger number of women.

All club members in all groups are looking forward to a busy year. Each one is trying to make Extension a more important part in the lives of more people.