

# ANNUAL REPORT

## County Extension Work

1953



**Agent** Wilhelmina H. Baughan

King and Queen

**COUNTY**

**Asst. Agent**

TABLE OF CONTENTS

	Page
The County Situation As It Affected The 1953 Program .....	1
Contributions of 1953 Program to Better Family Living ...	3
Adult Work .....	8
Project Work .....	8
Clothing For The Family .....	8
Restyling Clothes .....	11
Yard Beautifications .....	14
Year Round Garden .....	15
Health and Recreation .....	16
Other Activities .....	18
Farm and Home Unit Demonstrations .....	18
Community Live At Home Work .....	19
Farmers' Conference .....	19
Parent-Teachers Association .....	20
District Home Demonstration Meeting .....	20
The American Red Cross .....	20
Negro Organization Society .....	21
4-H Club Project Work .....	21
You'd Like To Sew Unit III .....	21
Food Preservation .....	23
Other Activities .....	24
State 4-H Short Course .....	24
Wild Life Conference .....	24
Vacation Bible School .....	25
Rural Life Sunday .....	25
Young Men and Young Women's Work .....	25
Scope of Work .....	25
County Organizations .....	26
Home Demonstration Committee .....	26
4-H Club Council .....	27
Leadership .....	27
Contributions of Volunteer Leaders .....	27
Organizational Leaders .....	27
Program Development .....	28
Subject Matter Leaders .....	28
Home Demonstration Club Project Leaders .....	28
Growth of 4-H Club Project Leadership .....	29
Activities of Leaders .....	29
Work With Other Agencies .....	30
Appraisal of Year's Work .....	30

1.

The County Situation As It Affected The 1953 Program

The County Home Demonstration Extension Program was planned to meet the needs and interest of the people. The economic and social conditions confronting the various communities were discussed and studied carefully through group meetings, home visits, county organizations, and personal contacts with community leaders, and county workers such as the supervisor of elementary schools, the farm agent, the agricultural instructor, the home economics teacher and the welfare worker. Through contacts with these various individuals the county, community, and neighborhood problems and interest were determined.

The chief types of agricultural are general, truck farming, family gardens, and poultry including turkeys. A large percentage of the county land is in timber, therefore many people earn their income from the lumber mills and farm in their spare time, growing such cash crops as cucumbers, tomatoes, blackeyed peas, tobacco and soy beans. In our section there is a canning factory which cans English peas, squash, string beans, lima beans, corn, and tomatoes; which provides work for women six months of the year. In the middle and lower section of the county men are employed in the lumber mills and in the pulp mill at West Point.

Some of these women are employed in industrial centers and other occupations. In spite of these conditions prevalent in the county, there are many families in each district who depend solely on farming as a means of livelihood and the women sell poultry, poultry products, cream, milk and butter as a means of income. The majority of the families grow family gardens, swine, and poultry for home consumption.

The people group themselves according to the neighborhood churches. The county is approximately seventy miles long; therefore the attendance of county-wide organized groups is low. However a desirable spirit of cooperation exist between all sections; but in many instances the groups are divided and work according to the magisterial districts of the county. County wide meetings are called to plan the home demonstration program, to evaluate the results which have been obtained, and to inform other groups of the program made in various sections of the county.

The consolidation of the two high schools into one centrally located high school has helped bring the people from the extreme ends of the county closer together.

After a careful study of the problems which affect the county program was made; the areas on which the groups expressed interest and on which the need was most urgent

34  
72

3.

were set up in the program calendar to be worked on monthly. Careful thought was given so as to select subjects which would be of the most benefit in solving the problems most common to the group.

Careful consideration was given the problem found in each section and the general conditions of the county; all county agencies and leaders cooperated in planning the county home demonstration program. The information used was gathered from county and community group meetings, home visits, and personal conferences with local leaders.

Contributions of 1953 Program to Better Family Living

This report deals with some of the activities and accomplishments of Negro farm families, home demonstration club leaders and 4-H leaders in King and Queen County. It is concerned with extension practices which have been recommended and reports results which have been obtained.

The program for 1953 was planned by the county home demonstration planning committee. The county situation was made clear through close contact with program development leaders, regular visits with leaders and cooperation with other county organization. Thus, work with such groups as Parent-Teacher Associations,

American Red Cross, and the County Advisory Board; the social, health, recreation, clothing, and economic needs of the people were made visible. On the basis of the information brought in by the various program development leaders, the planning committee and other interested persons; the program was planned to create in the citizens of King and Queen County a desire to improve existing conditions and to develop a more sufficient, happy family living from the farm.

The conditions considered were the high prices of ready-made clothing, the need for making the rural home more comfortable and attractive through making slip covers for dining room and kitchen chairs, renovating and making new lamp shades, and modernizing and arranging bedroom furniture for more convenience. Food production, preservation, home improvements, and yard beautification are long time goals to be worked on over a number of years. Some of the underlying factors which made these conditions so important were discussed and explained in detail in order to acquaint the farm families with the real significance of these subjects to their problems.

The years program contributed to the citizens of the county a desire for a more sufficient satisfactory family living from the farm. It has enabled the family to plan to meet the interest of its members, to think

5.

independently, and to be able to recognize his needs and problems. It has created in rural people an awareness of the need for better family clothing at a lower cost, a more attractive and more conveniently arranged home. It has developed a desire for more attractive dinning rooms, kitchens, and bedrooms through making slip covers, renovating lamp shades, and improved arrangement. This program was planned, so as to increase extension influence in the county by giving the public something tangible resulting from adopting reccommended extension practices.

In order to maintain interest in the home demonstration program, such projects as family clothing, home improvement, recreation, health, food preservation, and production was extended over a long period of time in order to produce tangible results.

Sewing for the family was continued with emphasis on construction of clothing for the family. This subject was considered with importance placed on making use of articles on hand. Demonstrations were given on restyling dresses, hats, and coats into articles which would be useful and in line with the styles of the year.

There was a definite need for improving the home, increasing the comfort and convenience which it could offer the members. Stress was placed on making use of

What you have through renovating lamp shades, modernizing bedroom furniture, and making discarded pieces of furniture into serviceable articles. In order to economize, and at the same time make the home attractive, demonstrations were given on making slip covers for dinning room and kitchen chairs. Demonstrations were given on bed room arrangement and on modernizing and remodeling furniture. A great deal of interest was expressed by the women on improving the appearance of the home through remodeling furniture.

The cash income of the family heads were considered carefully in regards to the size of family, ages and occupation of members with regards to the amount of food produced on the farm. Food production and preservation were encouraged to supplement the family income. Special emphasis was placed on year round gardens and canning according to an annual food supply budget.

Health and recreation were worked on as long time goal. There is a Health Department in the county with which the health committee of each home demonstration club cooperates. Recreational facilities in the communities are limited; as a result during the social period of monthly club meetings, games are played and other forms of recreation are provided by the hostess. Groups are encouraged to plan family recreation at a time when the entire family can participate.

Twenty-three different leaders were trained and assisted club members with clothing construction and restyling problems. With the assistance of these leaders a great deal was accomplished towards better living. The following results were reported: 141 garments were made, 14 dresses were restyled, 7 garments were renovated into garments for children, 18 hats were restyled, 27 children's garments were constructed, 31 pairs of white pillow cases were made from feed bags and two coats were remodeled.

Nineteen leaders assisted with food production, meal planning and preservation. These leaders assisted 200 families in planning gardens and with the selection of varieties of vegetables to grow. It was reported that a total of 51,716 quarts of fruits and vegetables were canned, 481 pounds frozen, and 17,000 pounds stored.

In addition to the county program several groups wished to work on leather. Thirty-one articles have been made in leather craft with the assistance of 8 leaders.

The program of work was planned by the county home demonstration committee to meet the needs which were made evident by program development leaders and other interested persons. The program was presented to the County Advisory Board for approval and later to the various home demonstration clubs for adoption.

The accomplishments which were reported give some intangible as well as tangible results which contribute a great deal toward better living through better health, better housing, more attractive houses, more comfortable houses, and more self sufficient farm families.

#### Adult Work

##### Project Work

The program of work for this year was planned to meet the needs and interest of the citizens of King and Queen County. Careful consideration was given to the educational background, the economic and social status of each community resident. The home demonstration committee discussed the problems in detail and planned project work to meet the needs of the people. Each group worked on the same program but not during the same month, working first on the problem most important to its members.

#### Clothing For The Family

The objectives of this project are:

1. To enable the homemaker to budget her income better.
2. To enable the rural family to select clothing more wisely.
3. To encourage the homemaker to make more clothes for her family.
4. To enable the homemaker to be well dressed by making garment fit correctly with proper finishes

The clothing work with home demonstration club women was conducted with the assistance of two or more clothing leaders in each club. These leaders were trained individually or in groups, to do specific jobs and to lead discussion groups. Leaders were trained to take body measurements, to use a commercial pattern, to fit a garment, to make buttonholes and to put in a zipper. Other information was given homemakers at what ever time needed, on home visits and during regular club meetings.

Eight clothing leaders were trained to use such sewing machine attachments as the gatherer, the tucker and the buttonhole worker to help conserve energy in garment construction and to help produce a more attractive finished article.

Mrs. Mary Hill and Mrs. Rosa Washington, Clothing leaders of Cauthroneville home demonstration club assisted twenty-one women in the club with clothing problems and seventeen other homemakers in the Biscoe and Cauthroneville Communities.

Mrs. Kathrine Hence of Cauthroneville used a commercial pattern for the first time in 1951 and this year she is making clothes for herself and her children.

Mrs. Lillian Jones of Elsom made a plaid dress with interesting lines. She has this to say, "I have always like plaid but I never understood how to make them match just right until now."

To publicize extension activities and accomplishments, a county wide program was sponsored during National Home Demonstration Week. A dress review was held to climax the project Clothing For The Family. Sixty-three women and five children participated in the review of garments made by home demonstration women which was witnessed by approximately one hundred and seventy-five persons. Mrs. E. H. White, Supervisor of Elementary Schools, gave a very informative speech on the theme for the nation "Today's Home Build Tomorrow's World." Mrs. R. S. Hickman, a graduate of Virginia State College in Home Economic Education was the narrator and pointed out the important features about each dress as the ease of laundering, the style of dress, and suitability of garment for various occasions. The purpose of the program was to recognize work well done, to show to the general public some of the tangible results of home demonstration extension work, and to inform the public of the assistance rendered by leaders.

Restyling Clothes

The objectives of this project are:

1. To enable the family to economize on clothing by remodeling.
2. To help the rural homemaker use wisely what is already on hand.
3. To enable the homemaker to provide more clothing for the family.

Clothing leaders assisted in the project restyling dresses, coats and hats by giving demonstrations on renewing the stiffness in veils, cutting brims and crowns of hats, adding or removing trimming, and changing lines. Nine clothing leaders were trained in an all day meeting to perform these specific jobs by the Clothing Specialist, Miss Ivy Johnson of Virginia Polytechnic Institute, Blacksburg, Virginia.

Mrs. Virginia Miller clothing leader of Stevensville home demonstration club restyled her hat which originally had a small high crown. Mrs. Miller restyled it by cutting the crown down and trimming it with navy blue. She used the high crown which was removed to make a very attractive pocket book. This hat and bag were worn in the dress review sponsored during National Home Demonstration Week.

Mrs. Edith Bingham of King and Queen Court House home demonstration club recovered an old crown with

12.

- blue failli which was covered with sequins, the piece of failli was removed from a dress which she restyled.
- Leaders assisted club members and other homemakers to restyle 14 dresses, 18 hats, and to renovate 27 garments for children.

- In the overall clothing project; leaders assisted
- one hundred ninety-three club members and forty-seven non club members with clothing and renovation problems.

#### Home Improvements

The objectives of this project are:

1. To enable rural families to have more attractive homes through the use of slip covers on dinning room and kitchen chairs.
2. To improve the appearance and convenience through renovation of lamp shades and arrangement of bedroom furniture.
3. To improve the appearance and storage of bedrooms by remodeling furniture.

- The agent trained leaders in the selection of appropriate slip cover material and trimmings for dinning room and kitchen chairs. Five leaders assisted with
- demonstrations on making slip covers in monthly club meetings. Charts were used to show the club women samples of suitable materials, trimmings, and the style of slip cover best for various types of chairs. A lecture was used in combination with the charts to give
- the uses, and values of slip covers.

Mrs. Elizabeth Bingham of Cologne home demonstration club made slip covers for her dinning room chairs and trimmed them with contrasting cording.

In the project on lamp shade renovation the agent gave demonstrations on selection of materials, timings, decorations, color hints, and fabrics which could be used to slip cover the old frames. Samples of several types of materials and fabrics which may be used for lamp shade renovation were brought to the meeting and discussed. The leaders assisted the agent to give demonstrations on how to cut a paper patter for the shade and how to attach the shade to the frame.

Mrs. Mary Hill of Walkerton home demonstration club made two shades from parchment paper and used green and white trimming to blend with the green walls of her bedroom. The women were amazed at the appearance of these shades because they felt that the shades were no longer of service to them. The family realized from this project that they can economize and at the same time make the home attractive through making new shades for old frames and by slip covering the shades

To arouse interest in bed room arrangement and in modernizing old furniture, slide pictures and charts were used to show the old furniture and the

improvement which could be made of various pieces. The demonstration on arrangement of bedroom furniture was given in the home of interested persons and through the use of charts.

Mrs. Ethel Baylor of St. Stephen Church improved the arrangement of her bedroom by placing two pieces of furniture flat against the wall instead of cat-a-cornered.

Mrs. Lillian Jones of Elsom remodeled an old side board to give her more storage space for bed linens.

#### Yard Beautifications

The objectives of this project are:

1. To encourage farm families to make improvements in the surroundings of the home.
2. To encourage the use of native shrubbery.

The leaders and agent discussed beautification of the home grounds in club meetings during the month of March and September. To familiarize the women with native shrubbery, a slide film on transplanting national shrubbery was shown and discussed.

Mrs. Oleatha Jordan of Little Plymouth has made outstanding improvements in her backyard. Natural shrubbery has been planted to screen off unsightly places. A white arch was added to admit individuals and a white gate to admit vehicles. There are blooming flowers mixed with the natural shrubbery and a rack

garden has been made on one side of the house to enhance its beauty. The results of this demonstration have been gratifying. The community has been able to see the improvements in appearance of the home grounds as a result of planting native shrubbery to beautify the homestead and to screen unsightly places from the view of the passerby. At the same time, the community has been able to see how such improvements could be made economically thru the use of natural shrubbery.

#### Year Round Gardens

The objectives of this project are:

1. To encourage farm families to grow sufficient food to supply his family needs for the year.
2. To enable the homemaker to have fresh vegetables for home consumption and preservation.
3. To help make homemakers conscious of the necessity of growing his food on the farm.

Garden leaders assisted a great deal in distributing information regarding planting dates, and varieties adapted to this areas. The extension circular on vegetables garden suggestions for Virginia farmers was given to club members and discussed with them.

Mrs. Nancy Taylor of Walkerton carried year-round gardens as a result demonstration with the help of her two sons who are 4-H club members. In her spring garden she had a total of nineteen different varieties of vegetables. Mrs. Taylor estimates that she spent

\$21.00 in seed and fertilizer and received approximately fifty-two bushels of vegetables valued at \$130.00.

Approximately thirty people visited this garden. The home demonstration club visited this garden on a tour of result demonstrations.

#### Health And Recreation

The objectives of the health and recreation program are:

1. To familiarize farm families with good health practices.
2. To acquaint farm families of the importance of a safe water supply.
3. To develop in the entire family an appreciation of family recreation.

In order to accomplish the goals of the health program a health committee of three persons is selected in each home demonstration club. This committee is responsible for leading discussions regarding health and offering assistance to sick persons in the communities.

To help the health committee do a more effective job four groups have a community health loan chest which is equipped with some of the necessities of a first aid chest. Articles included are rubber sheet, alcohol, hot water bottle, ice cap, heating pad, eye cup, thermometer, and air foam cushion. Efforts are being made to teach each club woman how to use the articles properly.

Each year plans are to further equip the medicine chest. The health committees of the clubs have the responsibility of lending articles to people in the community and keeping an accurate record of the items.

The King and Queen Court House exhibited its Community Health Loan Chest at Central High School at the Dress Review which was held during National Home Demonstration Week.

Five Clothing leaders assisted in making drapes which were used in the Contact Tuberculosis X-ray Clinic which was held by the County Health Department on February 25.

Twenty-four health leaders assisted with the health program in the county during the month of May. These leaders assisted in circulating handbills and information concerning the tuberculosis chest X-ray clinic, transporting persons to the clinic and by making announcements about this program which was conducted in May by the Health Department.

The recreation program is conducted by leaders in each home demonstration club who lead the group in fun songs, games and other activities. Recognizing the need for wholesome recreation in the rural areas, four home demonstration clubs sponsored community recreational

activities during the month of August. Approximately two-hundred fifty persons participated in these picnics and soft ball games which included home demonstration club women and 4-H Club members. Families were encouraged to provide recreation at a time in which all family members can participate.

#### Other Activities

##### Farm and Home Unit Demonstrations

The objectives of this project are:

1. To show the results of long time planning.
2. To show by example that a family can live well on the farm.
3. To encourage the family to follow recommended practices.

The farm and home agent work cooperatively on this project in showing the results of long time planning, the use of extension practices, to prove to the public that family can live well on the farm and to interest others in doing likewise. There are three farm and home unit demonstrations, one in each magisterial district. Constance King daughter of farm and home unit demonstration of Beuna Vista District has been an outstanding 4-H club member and has served as junior leader of her club for two years.

• Community Live at Home Work

The objectives of this program are:

1. To encourage farm families to make farm and home improvements.
2. To produce sufficient food for family and livestock.
3. To become home owners.

• The farm and home agents worked cooperatively with the Plainview - Prospect Community in carrying out these objectives. In visiting this community one can readily see evidence of the community live at home work through green pastures, painted homes, gardens and poultry flocks.

Mr. Archie King the farm and home unit demonstration from this community attended the State Advisory Board Meeting this year when the report from the live at home work was given.

• Farmers Conference

• The County Advisory Board sponsored a Farmer's Conference on February 23, at First Baptist Church, Hockley Community. Mrs. Thelma Hewlett, District Agent, Mrs. Sadie Fleming and Miss Lula Pruitt, Home Demonstration Agents participated in a panel discussion of Food Habits and Its Effects on Family Relationship. Dr. W. L. Watson, Horticulturist of Virginia State College gave a lecture and a demonstration and church ground beautification.

Time was allowed for questions and answers on beautification of the homegrounds. This conference is held annually in an effort to provide farmers and homemakers with factual information and demonstration to help solve their problems.

#### Parent-Teachers Associations

The home agent cooperated with parent-teacher group in planning yearly programs. During the month of January the films "Kids Must Eat For Health and Happiness" were shown to approximately sixty members of theOwenton P.T.A. in an effort to acquaint parents of their health responsibility to the family.

#### District Home Demonstration Meeting

The King andQueen Home Demonstration committee sent four delegates to the district home demonstration meeting on May 7, at the Shiloh Baptist Church Hanover County. The women representing the county were Mrs. Dora Holmes of Newtown, Mrs. Pattie Allen of Mattaponi, Mrs. Susie Ellis of King and Queen Court House and Mrs. Annie Baughan of Crouch. Mrs. Ruth Jordan of Little Plymouth is president of this district. The report on the accomplishments of the county on the objectives of the district goal, housing, health and recreation was read by Mrs. Baughan.

#### The American Red Cross

Seventeen leaders cooperated with the home agent in sponsoring the Red Cross Drive. These leaders rendered

assistance with the blood donor campaign and the fund campaign.

Negro Organization Society

Cooperation and assistance of eight leaders supported the Better Homes committee and the Better Rural Homes Contest of this organization

4-H Club Project Work

You'd Like to Sew Unit III

The objectives of this project are:

1. To create in 4-H club members a desire to sew.
2. To make 4-H club members aware of the articles which can be made.
3. To teach 4-H club members how to make the basic stitches.

The goals of this project were determined as a result of suggestions which were made by adult and junior leaders.

This project was conducted with the assistance of twenty-one adult leaders and twenty-nine junior leaders were trained individually and in small groups to give demonstrations on the project. The girls and mothers expressed a great deal of interest on this project. Edith Frazier of Edgemoor 4-H club made her sewing kit from a cigar box which was painted, the top was covered with painted elbow macaroni and painted again. After taking it home, her mother made one to hold the small articles of her dresser drawer.

Mrs. Blanche King, leader of Plainview 4-H club assisted 17 girls in her club on this project. Forty-three sewing kits, 31 dresser scarves, 11 aprons, 22 needle cases and nine wrist pin cushions was made. In addition seven sets of place mats were made, nine of these articles were exhibited at the Tidewater District Fair in West Point. There were thirty-four girls who wished to make simple articles for themselves. This project was conducted with the help of four leaders who allowed the girls to meet in their homes for project instruction. In working with these girls five dresses, one apron, four blouses, and nine skirts were made. Seven of these articles were exhibited at the Tidewater District Fair in West Point.

Hattie Monroe of Biscoe entered three articles in the clothing department of the fair in September.

Mary Bagby of Little Plymouth made two dresses and a skirt for herself and a dress for her younger sister.

One hundred thirty-seven girls wished to carry house-keeping along with the project "You'd Like to Sew." These girls expressed the feeling that by learning to make the items in sewing, they could do a better job of house-keeping. Therefore the leaders and the agent worked the two projects together.

The leaders held seventeen meetings, gave forty-six demonstrations, and assisted with twenty three.

Mrs. Mary Hill made this remark, "I don't know who will learn the most the children or me." Mrs. Hill meets a group of twelve girls in her home for project instruction in clothing.

Food Preservation

The objectives of this project are:

1. To teach rural children the value of home preservation of food.
2. To teach the importance of growing vegetables on the farm.
3. To teach proper food preservation methods.

Thirty 4-H members were enrolled in this project.

Parents of these 4-H members were asked to assist the club members and leaders in the project. These parents were given information on recommended methods of preservation, selection of vegetables and proper storage of canned fruits and vegetables. Canning bulletins, hints and labor saving aids in canning and new canning time tables were distributed. Twelve of the girls enrolled in canning completed the project. A total of 2,397 jars of fruits and vegetable were reported canned by these girls.

4-H club members entered a total of 27 jars of canned food on the Tidewater District Fair.

Mary Allen of Mattaponi reported that she canned 200 jars alone and helped with 500 jars of fruits and vegetables. In addition to canning this quantity, Mary helped her mother prepare 50 packages of food for freezing.

#### Other Activities

##### State 4-H Short Course

Wilhelmina Howard, junior 4-H leader accompanied the 4-H delegates to the State 4-H Short Course which was held at Virginia State College, Petersburg, Virginia June 29 thru July 3. The delegates who attended the short course were Mary Booker, Gertrude Johnson, Geraline Johnson and Mary Johnson of Owenton 4-H club, Joyce Garlick of Central High 4-H club, and Mary Allen of Hockley Snowhill 4-H club.

Wilhelmina Howard of Central High 4-H club was the state winner in the food preservation contest for 1952. Therefore Miss Howard attended the Regional 4-H club camp which was held in Frankfort, Kentucky June 8-15, 1953. The expenses of Miss Howard's trip to camp were paid by the County Home Demonstration Committee.

##### Wild Life Conference

Estell Hill of Owenton 4-H club, Mary Pollard of Central High 4-H club and Geneva Chamberlian of Edgehill 4-H club represented King and Queen County at the Wild Life Conference August 4th, 5th and 6th.

Vacation Bible School

The home agent and five leaders assisted one-hundred seventy-five girls from ten church fields with rural arts and handicrafts in Vacation Bible School during the month of June. There were two Bible Schools conducted during the week of the 22nd thru 26th at the Second Mount Olive Baptist Church, Little Plymouth and at the Bethlehem Baptist Church, Bruington.

Rural Life Sunday

Rural Life Sunday was observed by three churches on the third Sunday in June. The sermon in each was concerning the Spiritual Influence on the rural youth.

Young Men and Young Women's Work

There are many young people who cannot attend club meetings regularly because of small children or because of being employed outside of the home. Therefore these young women were worked with through home visits, home demonstration clubs and other organizations.

Scope of Work

	<u>1949</u>	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>
Number of home demonstration clubs	7	9	10	11	12
Membership	93	121	170	188	201
Number of 4-H Clubs	5	5	8	7	6
Membership	68	79	158	218	200
Number of other families reached	350	400	550	385	175
Number of different families reached	250	325	400	500	400

County Organizations

The County Advisory has seventy members which consists of home demonstration club women, farmers and other persons who are interested in the extension program.

This board supports the overall county extension program, encourage better living from the farm by farm families, sponsor an annual county farmer's conference, supports 4-H club work and conducts the community- Live at Home Work. The County Advisory Board sent Mrs. Ethel Baylor of St. Stephens Church and Mrs. Archie King of the Community-Live-at Home Community as delegates to the State Advisory Meeting in Prince George County September 9th and 10th.

Home Demonstration Committee

This committee is composed of club presidents, organizational leaders, program development leaders and other persons who cooperate with the extension program. This group plans the home demonstration program for the year and later presents it to the Advisory Board for approval. The Advisory Board and the home demonstration committee function as one group in planning and supporting the county extension program.

The committee sponsored a county-wide program during National Home Demonstration Week in the form of an Achievement Day and Dress Review. The twelve home demonstration clubs participated in the program.

This program brought to the public evidence of the tangible and intangible values of the home demonstration program. A talk on "Today's Home Build Tomorrow's World" was given. Approximately one hundred seventy-five persons witnessed this program.

#### 4-H Club Council

The four-H Club Council is composed of thirty-five members consisting of officers, leaders and sponsors. This group plans annual county-wide 4-H activities and evaluates the accomplishments of the 4-H program. This organization held two meetings during the year with an total attendance of fifty-five persons.

#### Leadership

##### Contributions of Volunteer Leaders

Volunteer local leaders play an important role in the extension program. These leader assist in holding meetings, giving demonstrations and in disbursing information to families who are not members of organized groups, leaders held thirty-four adult meetings and seventeen 4-H meetings.

##### Organizational Leaders

These leaders were trained individually and in small groups on parliamentary procededures, order of business and duties of each officer. These leaders assisted with the organizations, adult and 4-H groups.

Program Development

A program development leader is appointed in each club. In selecting this leader, effort is made to select a person who is interested in the program of the entire community. The program development leader sends a monthly report to the home agent of activities and accomplishments of club members. Valuable service is rendered by these leaders in planning the program and evaluating the year's work.

Subject Matter Leaders

These leaders were trained individually to give demonstrations, lead discussions, and to use their own words in giving information to others. Subject matter leaders assisted in giving information and demonstrations to groups in the absence of the agent and to women who are not members of organized groups.

Home Demonstration Club Project Leaders

	<u>1949</u>	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>
Number project leaders (subject matter)	14	28	30	36	42
Number goal chairmen	1	1	2	2	3
Number training meeting held by specialist	0	0	0	3	3
By Agent	10	14	30	20	25
Attendance at all training meetings	88	64	139	74	78
Number Club meetings held by leaders alone	8	25	60	51	34
Number Club meetings assisted by leaders	18	40	45	48	42

Growth of 4-H Club Project Leadership

	<u>1949</u>	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>
Number adult project leaders	4	12	15	15	21
Number junior leaders	2	2	12	13	18
Number training meetings held by specialist	0	0	0	0	1
By Agent	10	12	20	20	14
Attendance at leader training meetings	19	34	53	41	58
Number 4-H leaders trained individually	4	12	27	43	33
Number Club meetings held by leaders without agent present	15	24	46	31	17
Number of additional club meet- ings at which leaders assisted	23	30	41	48	43
Number demonstration given by leaders					
Adult	19	30	55	59	45
Junior	11	28	27	21	26

Activities of Leaders

Mrs. Mary Hill, Owenton 4-H Club leader worked with a clothing project group. The results were gratifying. From this group nine articles were placed on the Tidewater District Fair in September.

Mrs. Bernice Tucker Adult leader of Dragonsville rendered assistance receiving, registering, checking, and displaying exhibits two days during the Tidewater District Fair.

Work With Other Agencies

Twenty-six different leaders and the home agent cooperated with the American Red Cross, the T. B. Association, the American Cancer Society, and the Parent-Teacher Association. As a result of close contact with these agencies, some of the needs of the county were discovered.

Appraisal of Year's Work

The home demonstration program has given the citizens of King and Queen County tangible evidence of its importance. The families have been able to realize the accomplishments gained through organization and cooperation of a group in solving problems common to the members. As result of following reccommended practices, improvements have been made and viewed on tours of result demonstrations which arouse the interest of others to the point that they too wished to improve existing conditions.

The home demonstration program for adult and 4-H groups is planned by the people to meet the needs and interests of the people. The number of leaders in both areas has been increased this year. Plans are to increase leadership and the assistance which is rendered by these volutary leaders.

The program has made valuable contributions to better family living by developing in the citizens an awareness of the need for; sewing for the family; making use of what is on hand such as restyling hats and clothing; and renovating lamp shades, and making slip covers for dinning room and kitchen chairs to make the home more attractive. It has helped the homemaker realize the satisfaction which one receives as a result of skilled use of the hands.

The program was planned so as to keep the families thinking independently so that the needs and problems which confront the group would be visible. As a result of seeing his needs, it was hoped that the entire family would become anxious to improve his economic and social status, as well as his recreational and health conditions.

The home agent wishes to express her appreciation to the staff members of Virginia Polytechnic Institute, Virginia State College, experiment stations, King and Queen County Board of Supervisors, farm and home agents from other counties, Extension Service Personell and to the United States Department of Agriculture for services rendered in making the extension program successful in King and Queen County, Virginia during the year of 1953.