

25

HOME DEMONSTRATION
AND
4-H CLUB WORK

72

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IV. COUNTY SITUATION AS IT AFFECTED THE 1955 PROGRAM

In James City County many situations have affected this year's program. Located between the York and James Rivers where altitudes run from sea level to slightly more than 100 feet, it is composed of 94,720 acres or 148 sq. miles of land area - 34 sq. miles water area. Figures for the total population to date are unavailable, however, it is steadily increasing as indicated by the 1950 census, which shows a population of 6,317 people as compared to 4,907 in 1940. According to 1954 figures there were 227 farms as compared to 256 in 1950. The average size farm, however, has increased from 127.7 acres to 178.0 acres. About three fifths of all farms in the County are part time or residential. Commercial farms specialize in field crops, livestock and dairying. Many raise some truck crops, especially melons, beans, cabbage and sweet potatoes. There is a small amount of commercial fishing in rivers; little manufacturing other than lumber and millwork products.

Due to an increase of job opportunities in government work, the College of William and Mary, the operation of Colonial Williamsburg, two small hospitals and a large hospital for mentally ill (Eastern State), many families in the County derive their income from salary jobs, instead of farm income. With these opportunities many homemakers work outside the home to supplement the family income. Some homemakers also operate tourist homes.

Construction of dwellings, especially in subdivisions have continued, to provide for the increased population. With many

families living on a small area of property, there have been many problems created, which have increased to the extent that a revision in the form of government appears necessary to meet their needs. A planning commission was appointed several years ago and a thorough study was made regarding the situation. The most urgent needs as reported by the commission were: the disposal of trash and garbage, a satisfactory system of sewage disposal, additional fire and police protection and a zoning ordinance to protect property owners. To date no adjustment has been made to meet many of these needs, since the County is concerned with quite a debt on a County consolidated school, which opened this fall. The only white County school was closed; negro schools have been remodeled, still there is insufficient space. Longer hours of travel by bus has affected the 4-H program. Also there is more travel for parents involved in the school program. Since the closing of the white school, the Toano Woman's Club has taken over the old community building, to repair and use for club meetings and a place for recreational activities.

In one part of the county a fire house is being constructed to provide a more accessible fire protection service. This will be a two story building; on the second floor will be a large room, which will be available for meetings. A Home Demonstration club in the community will cooperate with organizations in furnishing the room.

Plans for the 1957 Jamestown celebration are being publicized and many families, especially in the Jamestown area particularly, will be affected and are concerned with regard to the construction. Organizational plans are being formulated and since the entire area will be involved, county people are beginning to think in terms of these plans.

This year a joint project of the county and city was the construction of a swimming pool. Later as planned, a new shopping center was built by Colonial Williamsburg adjoining the swimming pool. Organizations are now working towards the necessary funds for a community building and play grounds, which will also be located in this area.

In view of the county situation as described, many of the needs and goals were considered in planning the 1955 program.

V. ADULT WORK

A. Project Work

1. Foods and nutrition

- (a) Party Foods and Favors
- (b) Cake Decorating
- (c) Table setting
- (d) Outdoor Cookery
- (e) Well balanced meals to avoid overweight.

These programs were planned to provide ideas for attractive inexpensive party foods, decorated cakes, an attractive table, outdoor meals, also well balanced meals to avoid overweight which would improve family living and require a minimum of time in preparation.

A leader training meeting was held to train leaders for party foods and favors. Each leader attending brought ideas to the meeting for exchange. Fancy sandwiches, cakes for different holiday seasons, cutting loaf cake into different fancy shapes and party favors were demonstrated. Since this program was given for the January demonstration, many of these ideas have been used for club meetings, the County spring luncheon and achievement day.

Cake Decorating was a demonstration selected by three clubs. Mr. Douglas, owner of the local bakery demonstrated the technique, which was followed by a work meeting for club members. The cakes used in the demonstration were furnished by the club women; the icing by Mr. Douglas. This program appealed to the younger club members, especially since they have birthday parties for the children.

Table setting was the choice of one club. Leaders demonstrated the different types of table setting and also illustrated the combination and selection of different patterns of silver, china and crystal. This program has been helpful to club members in entertaining and setting the table for serving suppers.

Miss Janet Cameron, Food & Nutrition specialist of V.P.I. conducted a training meeting for leaders of all clubs in preparing them for the club program, Outdoor Cookery. These leaders gave the demonstration at club meetings illustrating

preparing meal in a can, barbecue chicken and dessert; Heavenly Crisps (2 graham crackers, squares sweet chocolate and toasted marshmellow put together). Mimeographed copies of recipes were available to all members.

According to a questionnaire returned by club members 17 reported serving outdoor meals 132 times.

Well balanced meals to avoid overweight, was demonstrated in two clubs by leaders, having been trained previously by the agent. Planning meals from the Basic Seven were illustrated by using food models on a flannelgraph. Low calorie foods were discussed and minimizing the use of rich seasoning in meal preparation.

Many club members expressed an interest in a weight reduction program in the county, but upon taking a survey, many found they would be unable to attend meetings regularly. However, one group of 10 club women did get together without the agent's assistance and each reported to have lost the desired weight.

In addition to regular food programs, 36 reported storing the following:

<u>Kind</u>	<u>Qts. canned</u>	<u>Pkgs. frozen</u>
Tomatoes or Juice	<u>383</u>	
Other Vegetables	<u>263</u>	<u>550</u>
Fruits	<u>181</u>	<u>135</u>
Pickles <u>124 qts.</u>	Relish <u>18 qts.</u>	
Preserves <u>114 Pts.</u>	Jellies <u>90 pts.</u>	

<u>Kind</u>	<u>Pkg. frozen</u>	<u>Pounds frozen</u>
Meats (Beef-Pork)	<u>260</u>	<u>1197</u>
Other meats (Poultry, Venison & Quail)	<u> </u>	<u>410</u>
Seafood (Fish-oysters)	<u>51</u>	<u> </u>
Baked Foods: Meals <u>24</u> , Bread <u>47 pkgs</u> , Pies <u>34</u> , Cakes <u>38</u> , Cookies <u>15 doz.</u>		
Apples and Potatoes stored		75 bushels.

2. Rural Arts

- (a) Stenciled Trays
- (b) Swedish Embroidery
- (c) Chair caning
- (d) Book Review
- (e) Flower Arrangements and show
- (f) Christmas bulletin
- (g) Indoor Christmas Decorations

These programs were selected to improve family living by having the home more attractively furnished with articles home-makers have learned to make through club programs and work meetings. A book review in each club was selected to add variety, enjoyment and an appreciation of well selected books in the home.

A work meeting in stenciling trays was conducted by Miss Catherine Peery, Rural Arts Specialist of V.P.I. As a result 12 trays were stenciled and 1 chair; 14 attended.

Two leaders of the Norge Community, knowing the art of Swedish Embroidery gave the demonstration at their club meeting and the Norgettes meeting. A very attractive exhibit of articles was displayed for pattern selection by club members. The agent trained leaders in other clubs, who gave a similar demonstration. As a result quite a variety of pieces were displayed for achievement day. Some will be used as guest towels in the home, others as gifts.

A work meeting in chair caning was conducted by the agent; 8 chairs were resealed.

During the month of November each club had book reviewed by either a club member or a person outside the club.

Some of the younger club members were interested in learning more about making arrangements from fresh flowers. For this demonstration a local florist was secured. The steps in making arrangements; use of containers and holders were demonstrated, after which a work meeting was conducted. After arrangements were complete they were analyzed for good and poor points. This program was held prior to the County Flower Show, thus giving members an opportunity to practice making arrangements.

The garden chairman in each club and home agent met to organize plans for the County Flower Show; this information was sent to all club members. For the first time this year it made a standard show, due to the addition of two divisions;

the Horticulture and Professional Exhibits.

The professional exhibit consisted of a variety of gardening tools, fertilizer and insecticides. Packages of flower seeds were given out by this dealer also. W. T. Wood & Sons, Richmond sent 100 packages to be distributed at the show.

The educational exhibit consisted of a display of about 50 different pieces of conservation material; each labeled, a complete list of material to be conserved was available to all who attended the show.

There were 6 qualified judges who were served a luncheon before judging; these plans were made by the show chairman and her committee. Ribbons were awarded in each division; the person having the highest number of points in each division was awarded a gardening book (\$5.00). A hand garden sprayer (\$5.00) was donated by a local dealer as a door prize. A silver offering was taken at the door to defray expenses; prizes, ribbons and use of building.

Two clubs had hobby meetings. Members brought exhibits of their hobbies in one club; the other a leader discussed the significance of hobbies, and named several, then each member talked about her favorite.

The use of material in and around the home was emphasized in demonstrating indoor arrangements for dining room table, end or coffee table. The agent worked with the leaders in

collecting ideas from magazines and other sources. Magnolia leaves, holly, cedar and candles were used in making the arrangements.

Also in connection with Christmas a bulletin consisting of 12 pages giving ideas for planning ahead; door and table decorations; recipes for breads; cakes, cookies; preparing turkey and ham, also refreshments, was prepared by the agent and mailed to each club member. Most of the information used was taken from the Christmas bulletin prepared by the Food and Nutrition Specialists of V.P.I. Copy of bulletin page 9-A.

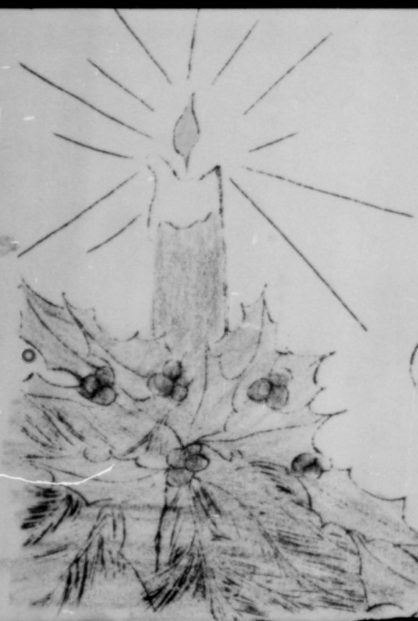
3. Home Management

- (a) Control of Household Pests, ants, flies, crickets
- (b) Banking and Money Management
- (c) Stain Removal
- (d) Use of Soaps and Detergents for new Finishes

These programs were selected to inform homemakers regarding the use of insecticides, soaps and detergents for new finishes, and the removal of stains.

Banking and Money Management was selected to better acquaint homemakers with the local bank and their services in better management of the family income.

A leader training meeting for the demonstration "Control of Household Pests" was conducted by Dr. Rowell and Mr. Amos of the Entomology Dept. of V.P.I. These leaders gave this information at regular club meetings which consisted of a film "Control of



Christmas
Greetings

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF VIRGINIA
Williamsburg, Va.
Dec. 8, 1954

Virginia Polytechnic Institute and
United States Department of
Agriculture Cooperating

EXTENSION SERVICE


*To each of you—
Best wishes for good health and
happiness not only at Christmas
but all through the year!*

By planning and preparing ahead you can avoid the usual last minute rushing;
save time and save yourself to enjoy family and friends during the Xmas season.

Miriam Paster
Home Agent

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BEGIN EARLY

1. Bake Fruit Cakes and Plum Pudding Early.
2. Plan Food Gifts from kitchen that can be made in advance.
3. Plan your Christmas Dinner and your other special affairs weeks in advance. 
4. If you have a freezer, bake Christmas breads and cookies ahead and freeze. Many vegetable dishes may also be made ahead and frozen until the big day, sweetpotatoes are especially good this way.
5. Keep your entertainment simple, plan it early. Prepare everything possible in advance, be rested so you can enjoy the fun too.
6. Keep the sweets simple and nutritious, such as those given here. Too much rich food and concentrated sweets often results in colds and indigestion. Well balanced holiday meals keep everybody feeling good to enjoy the activities.
7. Make a rule for the children--sweets only eaten at the end of a meal.



TO PREPARE NUTS

Coconuts: Make two holes and drain out coconut milk. Save this for use later. Put coconut in 350 oven for 10--15 minutes depending on size. The shell will crack during heating. Take from oven; tap with a hammer all over. Remove shell and peel off the brown part with a vegetable peeler. Grate and use as needed.

Brazil nuts: are easier to shell if simmered 3 min. in boiling water (1 tablespoon salt per qt. water) Drain, cool, shell

Other nuts: Place in pan and cover with water. Bring to a boil. Let remain in water about 5 min. Drain and Crack.

If you have a pressure pan, place nuts in pan with $\frac{1}{2}$ cup water. Pressure for 5 min. at 15 pounds.



To tint coconut: Half fill small glass jar with shredded coconut. Dilute food coloring on the basis of one drop of coloring to two tablespoons of water. Sprinkle a few drops on coconut. Shake until coconut is evenly tinted. Spread on absorbent paper toweling.

Salted nuts: Spread nuts in shallow pan, add 1 tsp. salad oil or melted butter per cup of nuts. Stir until coated. Brown in moderate oven 350, 20-30 min. stirring frequently with fork. Sprinkle with salt. Blanch peanuts and almonds to remove skins before salting. Cover with cold water and bring to rolling boil. Drain and slip off skins.

To decorate fruit cakes:

Glaze for fruit cake

After fruit cake has baked 2 hrs. decorate. Prepare glaze with 2 tbsp. honey 1 egg white beaten together with fork until slightly frothy.

Return to oven and bake one hour longer.

or

After fruit cake is baked and cool-
Prepare glaze:

1 cup granulated sugar
1 cup water

$\frac{1}{2}$ cup corn syrup

Combine and cook until it forms thick syrup. Cool and spread over cake. Arrange candied fruits and nuts while moist.



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Cakes: Put into tins container, decorated with gay seals and ribbon. Decorate cakes and puddings with candies fruits, and wrap in cellophane.

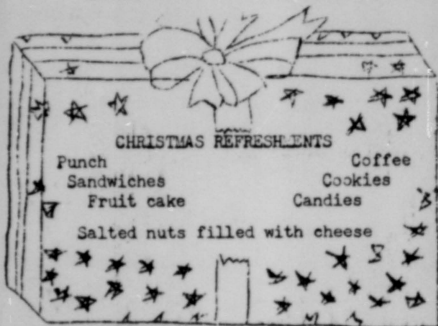
Jars: Pickles, preserves, or jam jars may be made into snowmen. Wrap jar with cotton batting, draw it in at top and tie with string to form a neck. Make small ball for head and glue or tie to neck. Make arms one-half as long as jar is tall with a small roll of cotton and glue or tie to neck. Tie ribbon. Cut black paper for eyes and nose, make red paper mouth, make a broom by wrapping black paper on round pencil and fringing one end. Add more paper to make a bigger broom. Put this over his shoulder. Red mitts can be made for ends of arms. Big snow men may be made on round cereal box. Fill with candy or cookies. This also makes a nice centerpiece for children's party.



Christmas Bread: Wrap in cellophane, put in bread basket. Tie with red ribbon.

Candy: To add glamor, put candy in fluted paper cups, saved from your last box of candy, pack in closely covered gayly painted tin containers.

Cookies: Pack as candy using larger fluted cups, or wrap in cellophane. Be sure to use a piece of cardboard for the bottom of the package to prevent cookies from breaking. The cardboard bottom may be cut in shape of wreath or Christmas tree.



WHEN YOU ENTERTAIN

Mix equal parts of pineapple and grapefruit juice--freeze ginger ale or water in ice cube tray; put a red cherry in each block. Punch may be tinted pale green.

Salted nuts filled with cheese.

Crumble 3 ounces blue cheese

and cream together with 1 three-ounce package cream cheese. When well whipped together, spread on the flat side of pecans or walnuts. Put another nut on top, sandwich fashion, press together. Chill. This amount of filling makes 5 to 6 doz. stuffed nuts.

Frozen Coconut Snowballs:

For each serving, put 2 scoops of vanilla ice cream together to form ball. Roll in moist, shredded coconut. Trim with a fresh holly sprig. (Make these ahead and place in your home freezer.)

SEVEN KINDS OF COOKIES - ONE BASIC DOUGH

2 cups butter or margarine
3 cups sugar
4 eggs
1/4 cup milk

4 tsp. vanilla
5 cups sifted flour
1 tsp. baking powder
1 tsp. salt

1. Cream butter and sugar. Add eggs, stir in milk and vanilla.
 2. Sift dry ingredients together and stir into mixture until well blended.
 3. Divide dough: $\frac{1}{2}$ to use "as is"; $\frac{1}{4}$ - spiced; $\frac{1}{4}$ chocolate.
- Chill the plain dough. Roll only part of it at a time.
(Dough for rolled cookies should always be well chilled.)

Scalloped Cookies. Roll part of dough and cut. Trim with small colored candies. Bake about 6 minutes.

Crescents. Add coconut to part of dough. Shape into 1 1/2 crescents. Chill. Bake 8 minutes. Ice, trim with tinted coconut.

Green-Stripped. Roll out balance of dough; sprinkle with finely chopped nuts. Roll and cut. Bake 7 minutes. Frost in stripes with green powdered sugar frosting.



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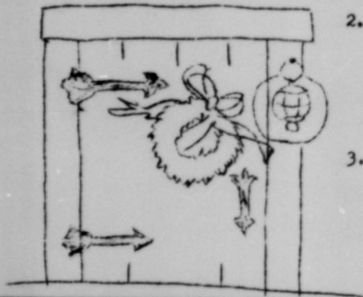
Suggestions for making Christmas Decorations

For mantles or other decorations where a container is not important, cut off top of large Irish potato and stick evergreens in it. This keeps the greens moist and fresh for a week. You may cover bottom and sides of potato with aluminum foil.

DOOR DECORATIONS

Nothing is as attractive as a great green wreath tied with a big red bow! If you must have a change, you might use one of the following:

1. A cluster of evergreen boughs - tied with red ribbon, felt or oil cloth. Bright Christmas balls or bells may be added.



2. Make a swag of greenery in shape of bow. Decorate center of the bow with holly and pine cones. Hang an old lantern painted red, under this bow. A glowing candle inside lantern will help to light your door.
3. Make ball or star of plastic foam, or 1/4 inch wire mesh and cover with short branches of evergreen or small pine cones (the cones work best on foam—glue them on)

TABLE

1. Centerpiece - Arrange frosted fruit (pears, apples, grapes) in old glass compote or low bowl. Use evergreen leaves such as ivy, box, rhododendron, magnolia, etc., to add another touch of color.

2. Centerpiece - Place Christmas greens - holly, hemlock - with barberry or dogwood berries around red candles in a large flat bowl. Candle may be fasten in with modeling clay.

Place card - Fill one-half of an English walnut shell with modeling clay or wet sand. Stick tiny tips of evergreens in this. Put a red or green birthday candy in center and tie place card on candle, or glue nut shell to a larger card, and write name on card.



3. Centerpiece - Fasten 5 blue candles (several shades of blue are prettier) on round mirror, flat crystal or silver plate with modeling clay. Fluff angel hair around them and dot with silver stars.

Place Card - Make these of a silver Christmas ball tied with blue ribbon, fastened to a blue card.

Seven Kinds of Cookies (Continued)

SPICED DOUGH. Blend $\frac{1}{2}$ tsp. ground cloves and 1 tsp. ground cinnamon into the $\frac{1}{4}$ of the basic dough for special cookies.

Frosted Spice Cookies. Chill half of the spiced dough. Roll and cut.
Bake 7 minutes. Cool; frost.

Cherry Drops. To rest of spiced dough, add 20 glazed cherries, quartered, and $\frac{1}{2}$ cup coarsely cut nut meats. Drop by spoonfuls on cookie sheet, top with half of cherry. Bake 10 to 12 minutes.

CHOCOLATE DOUGH. Just add $\frac{1}{4}$ cup cocoa to the last $\frac{1}{4}$ of the basic dough.

Pecan Crisps. To $\frac{1}{2}$ of chocolate dough, add $\frac{1}{2}$ cup chopped pecans and 2 cups corn flakes. Drop by spoonfuls onto cookie sheet. Top each with pecan half. Bake about 10 minutes.

Date Wrap-Ups. Press dough around a pitted date. Bake 10 minutes. Cool; sprinkle with confectioners' sugar.

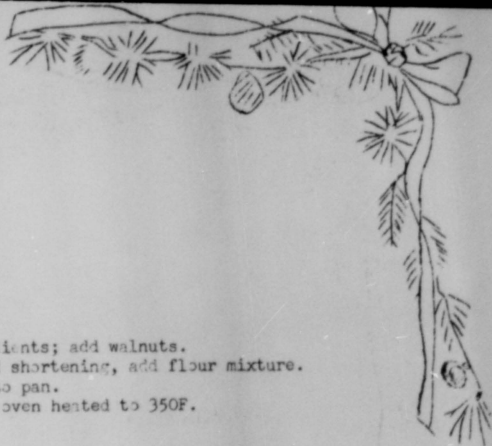
NOTE: Bake all cookies on cookie sheet in a hot oven (425F.) to a light brown. Be careful not to burn them.

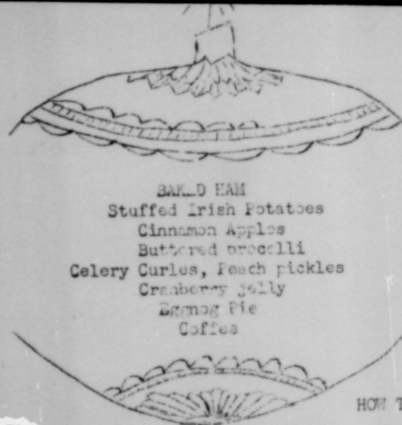


Applesauce-Nut Bread

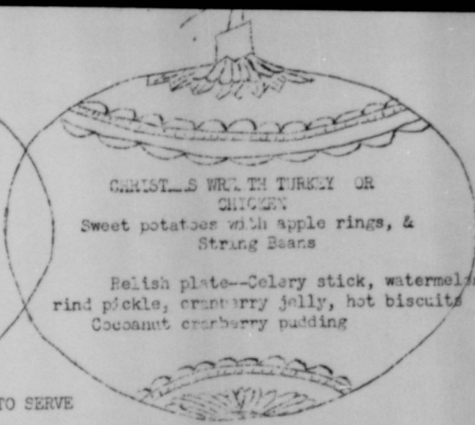
2 cups sifted all-purpose flour
3/4 cup granulated sugar
3 tsp. baking powder
1 tsp. salt
1/2 tsp. baking soda
1/2 tsp. cinnamon
1 cup coarsely chopped walnuts
1 egg
1 cup canned applesauce
2 tbsp. melted shortening

1. Sift together first 6 ingredients; add walnuts.
2. Beat egg, add applesauce and shortening, add flour mixture.
3. Stir until blended, pour into pan.
4. Bake 1 hr. or until done in oven heated to 350F.
5. Cool on rack.





BAKED HAM
Stuffed Irish Potatoes
Cinnamon Apples
Buttered broccoli
Celery Curles, Peach pickles
Cranberry jelly
Eggnog Pie
Coffee

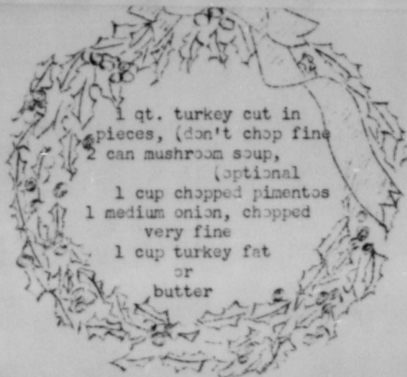


CHRISTMAS WREATH TURKEY OR
CHICKEN
Sweet potatoes with apple rings, &
String Beans

Relish plate--Celery stick, watermelon
rind pickle, cranberry jelly, hot biscuits
Coconut cranberry pudding

HOW TO SERVE

These menus are the type that can be prepared the day before so the hostess is rested and will enjoy the party as much as the guests. If there is room, set up card tables in the living room, hall and dining room too. Silver, glasses, salt, pepper, cream, sugar and napkins are placed on the card tables. The food is placed on the buffet table. If there is not room for the coffee, it may be placed on a side table. Ask one friend to pour, another to serve the main dish. Ask a friend to act as hostess and have the guest serve themselves.



CHRISTMAS WREATH TURKEY

2 qts. turkey broth, or combination of broth and milk

1 cup flour or corn starch to thicken

To make broth, use bones after meat has been removed, cover with cold water and simmer one hour or cook under pressure for 20 minutes.

Strain and salt to taste.

Stir to smoothe paste 1 cup turkey fat or butter with 1 cup flour. Add hot broth gradually and cook until thick, stirring constantly. Add other ingredients. Salt and pepper to taste. Pour in large, flat casserole; cover top with wreath of rich biscuit dough - cut with doughnut cutter. Bake 10 to 12 minutes in hot oven (450F.), garnish with parsley, and serve in casserole.

Insects", an exhibit of insecticides and spray equipment available at the local stores. A folder with the U.S.D.A. bulletins was displayed and members requested the ones they desired, which were later ordered by the agent.

A local banker attended each of the club meetings to discuss services and the different departments of the bank; making out a deposit slip and writing checks. A discussion and answer period followed. The agent then made arrangements with the bank to have a tour conducted through the bank. About 25 attended and each one was presented a rose corsage, compliments of the bank.

One club had a program in stain removal, which was given by the agent. Samples of different materials with common stains were used, and the removal of stains demonstrated. Cleaning agents for removing spots and stains were displayed and discussed. Following the demonstration and discussion, a copy of the U.S.D.A. bulletin, "Stain Removal" was available to all club members.

Leaders of the three clubs selecting "The Use of Soaps and Detergents" were trained by the agent; the information was secured from Miss Helen Alverson, Home Management Specialist. The different types of soaps and detergents, were displayed; added ingredients making them useful for special cleaning jobs were discussed. Labels of new fibers and finishes were also displayed to emphasize special care in washing. Club leaders

gave this information at their regular club meetings, also displayed samples of materials and garments made of new fibers or having special finishes.

4. House Furnishings

- (a) Making Slip Covers
- (b) Furniture Arrangement
- (c) Refinishing and Remodeling Furniture

This program was selected by homemakers to help save income, improve the appearance and comfort of their home by making slip covers and arranging furniture.

The agent held 4 work meetings to show the technique of estimating, selecting material and making slip covers. Five others were assisted with measuring and selecting material. As a result 15 slip covers were made. 10 pair of draperies and two pair of curtains; 6 lamp shades were reported made this year as a result of programs last year; 9 reported buying rugs for the home.

Leaders from 2 clubs were trained by the agent in "Room Arrangement". A poster was prepared by leaders showing a sketch plan of a living room, cut out furniture models to scale were used on the poster to illustrate comfortable, attractive room arrangement. Following this discussion the living room (where meeting was held) was used as the problem for club members to use in planning arrangement. A copy of the bulletin "Room Arrangement" by Miss Ruth Jamison, Home Furnishing Specialist

was available to all interested in having a copy. The agent also assisted 5 families with their plans for arranging the living room furniture.

A special interest meeting on "Furniture Refinishing and Remodeling" was not scheduled due to the lack of sufficient interest. However, the agent did assist 6 families with this work. 8 reported repairing and refinishing furniture, 4 reported upholstering pieces, which was a program last year.

3
5. Housing

There were no planned programs in housing, however, 36 families reported the following improvements:

- (a) Kitchen improvement - 2 added new cupboards and cabinets; 1 added shelves and breakfast table; 1 provided space for automatic machine; 1 used breakfast table for preparing meals for more conveniently using dining room for eating.
- (b) Other improvements - 5 painted inside house; 17 painted individual rooms; 4 painted hall; 5 painted outside of house; 3 added porch; 1 large screened porch (\$500.00); 1 added awnings for house; 2 awnings for west windows; 1 glassed in porch; 1 added central heating.
- (c) Remodeling and other repair - Converted half of porch into bathroom; remodeled garage; rescreened porches; added stairway, two bedrooms and hall; added new wall board and a lean-to on side of garage; 2 sanded floors; added crushed rock to driveway.

6. Clothing

(a) Tailoring clinic

A special interest work meeting conducted by the agent in the fall, completed by Nov.; 4 suits and 2 coats completed. Others expressed interest but were unable to attend at this time; therefore another one will be conducted this winter if there is sufficient interest.

7. Other

(a) Civilian Defense

This program was selected by clubs to inform the members of various phases of the civilian defense program and point out ways the family could be protected in the event of an enemy attack. Due to an inactive organization in this area, the agent contacted the State Director for information. It was from this source that two recent films and a variety of printed material was obtained. Prior to showing the films, different phases of family protection were discussed, such as what to do if there were an attack, emergency shelf, first aid kit and providing protected areas in the home.

B. Outstanding Home Demonstration Club Community projects

1. Norge Community Building

Through an advisory committee established the later part of 1954, composed of interested citizens and club representatives, a study was made of the most urgent needs.

The development of a parking area was the first project under consideration. However, this was not started until early fall as funds were necessary for previous repairs and improvements, including the addition of equipment in the new kitchen. The Norge and Norgettes held a spring festival to raise funds towards this debt, also the Ruritans contributed \$300.00. With the assistance of the Junior Order of Mechanics to direct the work, grading and graveling was completed. However, spaces are to be marked to make the best use of the area. Following the completion of the parking area, the machinery was used to fill in an area adjoining the building to be seeded for a lawn area. A gravel walk was added adjoining parking area (in back of building) to front entrance. The lawn area was seeded and later a planting day was held at which time crepe myrtle, dogwood, spierea, myrtle were contributed by members and planted. Another planting day will be held next fall to add other foundation plantings. The Junior Order of Mechanics are placing additional lights near the parking area and walk leading to front of building.

The advisory committee is now investigating to consider the most economical and best method for placing a low railing along the edge of lawn area to prevent cars from driving on lawn and walk. Following their recommendations, the Norge Club will make a final decision.

Throughout the year the Norge Club has served many suppers

to raise funds for the community building; rentals on the building also contributes towards running expenses.

Each year the Norge Club sponsors a Christmas Community Party. The last one proved very successful with all clubs in the community accepting an invitation to assist with the various phases of the program. The Norgettes decorated a very attractive table, from which refreshments were served by the Norge Club. The Ewell club provided about 50 pounds of packaged Christmas candy as favors for the children, which were placed under a Christmas tree. The various church organizations participated in the program which included group singing of Christmas Carols. Games for the children were provided by three young people who attended Leadership Training Camp. The agent assisted with plans and participated by opening the program.

2. Toano Community Building

The Toano Community Building formerly owned by the Toano Woman's club, presently owned by the school is being repaired for a community building. Since the closing of the Toano School, June 1955, the County School Board is leasing this building to the club for community activities. The building requires many improvements and repairs before it can be used comfortably. Many fund projects by clubs in the community and Ruritan club a sum of \$1,575.00 was realized last year toward necessary repairs. A committee was appointed to study the most

urgent needs and make plans for such improvements. This fall the repair work began with the addition of 15 new windows and screens, also a front door which was contributed by a local lumber dealer. Following several estimates and bids which were carefully studied, a ceiling is being installed to make the building more comfortable and attractive. Plans have been made to move a heater (oil circulator), also tables and chairs from the school cafeteria which is no longer in operation. The kitchen will be equiped and the interior of the building re-decorated to the extent that funds are available.

3. Community Fire Station

A fire house is being constructed a short distance outside of Williamsburg to provide more accessible service to residents in this area. A large room will be placed over the fire house to be used for activities of organizations in the community. The Ewell H.D. club composed of members in the area raised sufficient funds this fall to have a hot water tank installed. Other clubs are selecting projects which will contribute towards the needs for necessary furnishings.

4. Annual Spring Luncheon

The County Annual Spring Luncheon celebrated their 25th anniversary with about 160 club members and guests attending. The affair was held at the Norge Hall with the Stage Road H.D. Club as hostess. All food was prepared and served by the hostess, also a lovely decorated 3 tier cake and place favors.

The program having been planned by the Executive Committee

months in advance consisted of recognizing the first workers in the county program, also charter members from 4 clubs that participated in the first luncheon. Several of the former Home Agents were present; Miss Helen Crafford, first agent appointed in 1914; Miss Frances Micou, appointed the latter part of 1914; Miss Mabel Massey, having served 24 years, as agent. Miss Sylvia Slocum, retired District Agent was also present. Miss Jeanette Kelly, first County Home Demonstration Chairman and Mrs. J. C. Cutler, first president of the Norge Club, (organized in 1914) were also present. There were 21 charter members to be recognized. Only 18 were able to attend and as each was recognized she was presented a corsage of red roses. These were provided from surplus funds in the county treasury.

Miss Jeanette Kelly told how clubs in the county were able to work as a group through the county organization of which she was chairman.

Miss Mabel Massey was honored as the agent who originated the idea of the Spring Luncheon, which was purely a social event to bring women in the county together to know each other better. Miss Massey was in charge of this part of the program.

The County Committee Chairman presiding over the luncheon recognized each of the 4 oldest clubs at which time one person from each club gave a brief history of their club activities. This was followed by highlights of the work of 3 younger clubs in the county.

Mrs. H. H. Wermuth, a charger member presented a memorial service for the deceased charter members.

The present county committee officers were recognized and incoming officers to take over in September were introduced.

Following the luncheon, Miss Massey cut the first slice of cake, the rest was cut and used as a part of the dessert.

Lovely carnation corsages were given by the hostess club to each person at the guest table of which there were 18. A small corsage of white chrysanthemums were presented each person attending, by the hostess club. Copy of picture page 18-A.

5. Achievement Day.

The County Achievement Day program was under the direction of the County Executive Committee. Having contributed toward the expenses of an I.F.Y.E. delegate, as a district project, the committee decided to invite this person as our guest speaker.

The Ewell H.D. Club accepted the invitation to serve as hostess this year, thus giving them the responsibility of organizing plans, which would include the participation of each club. A publicity chairman had several news items in the local paper, publicizing the event. She especially recognized our guest speaker, explaining the I.F.Y.E. program.

The agent mailed a circular letter to each member giving plans as outlined by the County Executive Committee and the hostess club.

The program consisted of group singing, invocation by a

THE VIRGINIA GAZETTE

Containing the freshest Advices, Foreign and Domestic.

FRIDAY, APRIL 1, 1955

WILLIAMSBURG, VIRGINIA

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Home Demonstration Club Luncheon



—Dubbell Studio

Shown above are special guests of the seven James City County home demonstration clubs, at the 25th annual luncheon last Wednesday, March 23, at the Norge Hall. Reading from left to right they are, Miss Helen Crafford, First Home Demonstration Agent in the County, 1914 to 1917; Miss Frances Micou, Agent from 1917 to 1922; Miss Mabel Massey, 1922 to 1947; Miss Sylvia Slocum, Retired District Agent and Miss Miriam Puster, present Agent who came here in February, 1947.

James City County Home Demonstration Clubs Celebrate Their 25th Anniversary

The seven Home Demonstration Clubs of James City County held their twenty-fifth annual Spring luncheon on Wednesday, March 23, at the Norge Community Hall with over 160 members and guests present. The Stage Road Club was host for the affair.

Mrs. Alfred Benson, chairman of the Home Demonstration committee presided over the luncheon. The invocation was given by Mrs. L. J. Haley and greetings extended by Mrs. R. L. Combs, president of the host club.

Early Work Recalled

The first speaker was Miss Mabel Massey, agent in the county from 1922 to 1947. Miss Massey inaugurated the Spring luncheon 25 years ago and spoke briefly of the early years of the county clubs. She introduced Miss Helen Crafford, first agent in the county,

who organized the Norge club in 1914.

Miss Frances Micou who followed Miss Crafford as agent from 1917 to 1922, gave a brief talk on her work during that period. The first chairman of the County Council Committee, Miss Jeanette Kelly, recalled the early work of the clubs and the progress made since 1914.

Miss Sylvia Slocum, retired district agent, gave an interesting historical talk and paid tribute to Miss Massey for her foresight in advocating the purchase of a site which now has been developed into the new 4-H Jamestown camp.

At present there are seven active clubs in the county: the Jamestown, Scotch Broom, Norge, Norgette, Ewell, Stage Road and Toano Woman's Club.

Mrs. Jessie Cutler, first president of the Norge Club, the oldest club in the county, was presented by Mrs. Benson. Mrs. Cutler outlined the purpose and activities of the club during the past 41 years.

The second club to be formed was the Toano Woman's Club. Mrs. D. W. Marston gave a short resume of the work accomplished by the group. Mrs. George Waltrip recalled the early days of the Jamestown club, the third to be organized. The fourth club was the Scotch Broom and Mrs. H. H. Wermuth gave its history briefly.

Reports from the remaining three clubs were given by Mrs. Peggy Meadows of the Stage Road Club; Mrs. Winton Hamilton for the Norgette Club and Mrs. J. W. McCabe for the Ewell club.

A memorial service was held to honor the deceased charter members with Mrs. H. H. Wermuth in charge. Assisting were Mrs. John Newton and Mrs. B. B. Gilliam.

Special corsages were presented by the county committee and pinned on each charter member by Mrs. McCabe and Mrs. Jack Hunt.

(Continued on Page 19)

25th Anniversary

(Continued from Page 9)
They were assisted by Mrs. Layton
Brenegan and Mrs. O. C. Sheldon.

Charter Members

County charter club members
present were Misses Mary Farthing,
Clara Trosvig, Mrs. H. O.
Tweton, Mrs. J. C. Cutler, Mrs.
J. H. Nunn and Mrs. W. M. Andrews
of the Norge Club; Mrs.
D. W. Marston, Mrs. L. J. Haley,
Mrs. R. K. Taylor, Mrs. V. V. Pig-
gott and Mrs. H. V. Stephenson of

the Toano Woman's Club; Mrs.
Floyd Ayers and Mrs. George
Waltrip of the Jamestown Club
and Mrs. H. H. Wermuth, Mrs.
John Glensk and Mrs. R. W. Ma-
hone of the Scotch Broom Club.

The county committee officers
who are slated to take office in
September, were recognized. They
are Mrs. R. Lacy Fraser, chairman;
Mrs. Fred Griener, vice chairman;
Mrs. Clara Ann Sedille, secretary-
treasurer and Mrs. Virginia Pitts,
goal chairman.

local minister, reports on county activities and contributions towards the needs of the Patrick Henry Hospital for the Aged Chronically ill.

Mrs. Alfred Benson our delegate to the National H.D. Meeting gave a very interesting account of the meeting. Mrs. Benson, having served as an outstanding county chairman for 2 years, was the most eligible club member to be selected by the county committee. The county committee, having carefully managed their county fund, (provided through a county budget) found a surplus, of which \$50.00 was given the delegate toward her expenses. Having a pass on the train, this amount practically covered expenses.

Miss Edith Frame, our district I.F.Y.E. delegate gave a most interesting travelogue on her visit to New Zealand.

The exhibits consisted of the following:

Party Foods and Favors

Handwork

Swedish Embroidery

Children's Clothes

Tailored Suits

Quilts

Afghans

Flower Arrangements

Outdoor cookery - Picnic basket, grill, food and recipes.

The Ewell Club, as hostess, prepared a large table with fall flower arrangements; candles; attractive sandwiches and cakes; punch and coffee set buffet style. The party food composed of sandwiches, cakes and punch were served as refreshments.

All H. D. Clubs cooperated with the hostess club in the arrangement of exhibits and made the necessary arrangements for the meeting that night. The agent was not present until that evening as she was attending a District Staff meeting in Richmond, Va.

A silver offering was taken for the benefit of the Norge Community Building for use of lights, heat, etc.

6. Christmas Decoration Contest

A County outdoor Christmas decoration contest was held again for the 4th consecutive year. This program, a phase of the goal, "Home and Community Beautification" was selected by the goal chairmen to encourage more attractively decorated homes during the Christmas season. Rules and regulations set up by the committee are as follows:

1. Outside decorations entered include: Front door, window, yard. Displays must be visible from street or highway.
2. Decoration must be ready by Dec. 27th and Dec. 28th. Lights must be on from 5:30 P.M. - 10:30 P.M.; both evenings.
3. Ribbons for 1st., 2nd and 3rd prize awards will be

given in each community. The county loving cup will be awarded (only members eligible) the person having the best arrangement in the county.

4. Score card used in judging:

General artistic effect - - - - -	50
Originality - - - - -	20
Ingenuity in utilizing surroundings - - - - -	20
Conformity to Christmas Spirit - <u>10</u>	
Total	100

5. Judging will be based on the artistic effect and material used, not on the size of display.
6. The blank enclosed must be returned by Dec. 20.

Following these plans a circular letter was mailed to all club members. Publicity included several items and pictures of the winner in local paper. The contest was also discussed over the Farm & Home Hour WRNL radio program.

The judging committee was composed of 1 representative from each club. By serving on the committee they were disqualified to compete in the contest.

The plans discussed above were carried out in conducting the contest. The County winner was awarded the loving cup to keep until the next contest; her name and year cup was awarded were engraved on cup.

7. Spring Clean-Up

Another phase of the goal was a county spring clen-up

campaign. This work was under the direction of the county goal chairman and her committee. This campaign was conducted during the month of April, with all clubs cooperating, by deciding on a specific area to concentrate their work. A poster was placed in each area, and the property owner contacted. The committee found citizens responsive and cooperative. The Highway Dept. cooperated by having crews clean highway area most traveled. Before and After pictures were taken to show improvements.

News items and pictures appeared in the local papers. A trailer film used in the 1954 campaign was used again this year; this was a spot announcement.

Following the campaign a report was given in each club. A suggestion for next year was the use of a "litterbag" for the car, which might be sponsored by several local business concerns. This will require some thought and planning, but if considered feasible, plans will be made to develop the idea.

8. County Auxiliary for Patrick Henry Hospital

Last year county organizations raised sufficient funds to become a member county (\$1,000.00). This insures the county that space will be reserved for 2 patients. This hospital serves a real need as it is only for the aged chronically ill.

A Home Demonstration Club member serves as chairman for James City County. She makes regular visits to the hospital and attends meetings of the Auxiliary for all participating counties to be informed regarding their needs. The club members and other residents have met requests for articles of clothing, bed linens,

towels and gowns for bed patients. At the Thanksgiving and Christmas seasons baskets of food and money was sent by clubs. In most cases money is preferred since they buy food wholesale.

During the early fall a new wing to the hospital was officially opened with James City County as hostess.

9. County Year Book

The county committee decided to have a printed year book again this year.

The County Executive Committee planned the year book for 1956, making revisions to condense and cut the cost for printing. This was typed and sent to printers in October; and the printed copies received in a few weeks. The books are now in the hands of the program chairman of each club to have her committee fill in the necessary information. The printed books will cost about \$32.00 for 200 copies; books for 1955 (200 copies) cost \$40.00. These books were paid for by each club through a county budget. Since the year books are budgeted a year in advance, clubs are not rushed to put their portion in the budget. This year the budget was prepared by the county treasurer and a committee. This was presented and discussed at club meetings before the planning meeting was held, therefore giving the county committee an opportunity to make necessary adjustments.

Budget prepared for 1956 is as follows:

Home Demonstration Dues	\$18.00
Christmas Loving Cup & Ribbons	5.00
Demonstration material	20.00
Pennies for Friendship	6.00
Year books for 1957	46.00
4-H Short Course (2 delegates)	15.00
I.F.Y.E. Delegate	30.00
District Meeting	25.00
Gifts	10.00
Misc. \$5.00	
15.00 Norge Hall	<u>20.00</u>
Total	195.00

The budget for this past year (1955) amounted to \$160.00.

VI. FARM AND HOME DEVELOPMENT

A. Method of selecting families

The agents held a conference to discuss the program and make a list of farm families in the county that would benefit most from the program. The Home Agent visited the homemaker, and the County Agent the farmer. Five families were contacted, with only 1 following through. This approach was considered since this is not a pilot county with additional personnel.

B. Acquainting local leaders with the farm and home development approach.

There was no real effort to acquaint leaders with this approach, since the agents felt it would be best to start with

a few families, and later consider additional families. As the program develops, leaders and others will be informed through the County Committee.

- C. Outstanding progress of a family as a result of the farm and home development approach.

Following several home visits to acquaint the homemaker with the different phases of the program, including an inventory and family facts, plans were made for meeting the needs of the family. This family consists of a man and his wife in their late twenties. There are 4 children; the oldest boy 8 years; twin girls 6 and a baby boy about 3. Mrs. O'Brien, Home Management Specialist, accompanied the Agent on a home visit to discuss the needs of the family as listed. These needs were thoroughly discussed with the homemaker to help her decide the urgency of these needs and make plans for accomplishments.

Since there was a great need for additional bedrooms; two unfinished rooms upstairs were considered. Before these rooms could be completed for use it was necessary to locate a stairway. A few years ago space was enclosed for a bathroom, however, this was never equiped and was only being used as a storage room.

There was a real problem to locate the stairway and keep the cost at a minimum. Miss Mary Settle, Home Improvement Specialist, was contacted to assist with this planning. After looking the situation over she recommended taking complete measurements of the house, including the inside floor space, so a blue print could be prepared.

Also, the homemaker requested assistance with plans to relocate the kitchen, additional storage and addition of entrance porch and one off from kitchen, as their long time goals. Pictures were taken by Miss Settle to show different views of the home; these were helpful in making a sketch plan as architectural lines were important factors.

These blueprints, showing 2 possible plans, are now being studied by the family. Plans are to locate stairway and complete bedrooms during the winter, a season when farm work is not too rushed. Management of time is an important factor to this homemaker since there are 4 children; three of whom are in school and there is no outside help to assist her with the job of home-making. In helping her plan the agent has pointed out the importance of spending time to can tomatoes and other necessary vegetables rather than a quantity of pickle, jelly and preserves; the use of a Master Mix vs. buying ready made mix; planning meals to include the needs of children.

In her home sewing she pointed out the importance of adding growth features, using some materials that do not require pressing having some garments that dry quickly to save time in laundering; the use of corduroy vs. wool to save on dry cleaning bills.

The homemaker is also planning to slip cover a sofa and chair to protect it from hard wear. The agent is helping her select a material that will be sturdy, blend with other colors that will be in the medium price range. This work is being planned for the

winter months at which time the agent will assist the home-maker in construction methods. As work progresses other ideas that will add to the attractiveness of the home will be discussed and developed.

VII. 4-H CLUB WORK

A. Project work

1. Food and Nutrition

Meal Planning and Preparation

This project was selected to teach girls how to plan meals, prepare and serve and set table.

This information was presented to girls in the form of demonstrations, which they later repeated to show what they were learning through the project.

Demonstrations included were as follows:

- (1) Planning a Breakfast
- (2) Preparing cereal - preparing grapefruit
- (3) Preparing eggs 3 different ways
- (4) Setting the table, serving meal and table manners.
- (5) Preparing a milk dessert for lunch
- (6) Making salad dressing and preparing salads

There were 20 girls taking this project during the summer and they have reported the following:

Set the table at least twice a day; prepared 950 dishes; planned and served 225 meals.

2. Room Improvement

- (a) Your Room Pep it Up

Girls selected this project to learn more about caring for and adding to the attractiveness of their room. Demonstrations were given by the agent to show short cuts in caring for the room, making improvements such as to section the dresser drawer, make laundry bag or shoe bag; make or buy a lamp for study unit; arrange furniture; select flower containers and arrange flowers.

There were 14 girls to take this project reporting the following:

Made bed each day and dust; change linen weekly; rearranged furniture occasionally; made about 40 flower arrangements and made 40 articles to improve bedroom. These articles were laundry bags, dresser scarfs, bought or made a lamp.

3. Clothing

- (a) So You Like to Sew
- (b) Looking Your Best

This project was selected to help girls with elementary sewing which would later be used in constructing garments.

Looking your best was selected to teach girls the importance of, and what makes up a well groomed appearance, thus helping them to assume this responsibility.

The agent gave the following demonstrations in "So You Like to Sew".

- (a) Equipment for sewing box
- (b) Making wrist pin cushion
- (c) Hem dish towel by hand

- (d) Learn to use sewing machine
- (e) Making place mats
- (f) Making laundry bag
- (g) Making an apron
- (h) Making gathered skirt
- (i) Selecting pattern for blouse and identifying different pieces.

There were 30 girls to take the project and they have reported the following:

20 reported having equipped sewing boxes; 120 articles were made as a result of demonstrations mentioned above; 25 garments were constructed during the summer months which was a continuation of "So You Like to Sew".

The agent gave the following demonstrations in grooming:

- (a) Care of hands and nails
- (b) Care of skin
- (c) Care of hair and hair styling
- (d) Care of shoes - shoe cleaning kit
- (e) Hang up clothes when taken off
- (f) Quick emergency repairs

There were 10 girls taking this project reporting the following:

30 improvements in personal appearance; 40 other items as provide shoe kit, emergency kit, hung up clothes, cared for

wool sweaters, dry cleaned and pressed wool skirts.

B. Other Activities

1. Summer Camp

In preparation for a week of camp at Jamestown 4-H Camp, the agent met with other Extension workers to plan the program of activities. Circular letters were sent to all 4-H members well in advance giving all necessary information. A follow-up letter contained a blank to be filled in by those planning to attend. The \$2.00 advanced registration fee was deducted from total fee. By having members pay an advanced fee, a more accurate estimate of attendance was possible. 8 girls from the county attended with other scheduled groups.

The camp program included classes in nature study and recreation; handicraft in finishing wood and reseating stools, balero tie and covering hangers with plastic lacing; a variety of recreational activities; vespers and an evening program for each full camping day during the week.

2. Fun Day

With the assistance of 4-H leaders a county fun day was held for club members. This activity was held at the Jamestown 4-H Camp with about 70 club members and leaders attending. Following several active singing games, plans were made for the day. The group decided to participate in the William and Mary Homecoming Parade to be held several weeks later, after which the group was divided into the following committees: Homecoming

Parade, poster, games, food and program committees.

Through these committees with the assistance of adults, posters were prepared, games to provide recreation for the evening, food to prepare the evening meal and the program committee to provide evening entertainment. Following the evening meal the evening program was presented with the parents attending. Miss Zona Mae Fairbanks a college student and 4-H member in Henrico County along with agents and leaders formulated and conducted the plans for this event. This activity proved quite valuable in creating interest in 4-H club program.

3. William and Mary Homecoming Parade

There were about 70 members to participate in the homecoming parade. Leading the formation was the 4-H flag carried by a 4-H Club boy. This was followed by two girls dressed in the 4-H uniform carrying the James City County banner. Other 4-H members followed in the formation of an "H". Posters, Head, Heart, Hands and Health were carried by members in the "H" formation. Miss Zona Mae Fairbanks, mentioned in the previous activity, arranged the formation with the assistance of agents and leaders.

4. Contests

Club contests were held in the projects to determine the member with the most outstanding record. A flower show was also held for girls having a flower garden; there were about

30 entries. Gladiolus bulbs and flower seeds (\$20.00 worth) were provided for the girls by the Williamsburg Garden Club. This was followed by a county contest, later a district contest. There were 7 members from the county participating in the district.

5. Rural Life Sunday

Information regarding scheduled date and purpose of Rural Life Sunday was discussed at club meetings. A circular letter was sent to each member repeating the above information, and urging each one to attend the church of their choice and sit as a group.

VIII. YOUNG MEN AND WOMEN'S WORK

The Norgettes and Ewell H.D. clubs are composed mostly of young homemakers. They have assisted with funds for the upkeep of the Norge Community Building. The Norgettes decorated an attractive Christmas table and tree for the Norge Community Party; the Ewell Club provided candy favors for children attending the party. 3 young people attending Leadership Camp directed the games for children.

There is no organization of Y M W in the county, however, 4 young women and 1 man from the county attended Leadership Training Camp again this summer.

This fall 2 socials were held for this age group. Those attending the camp were responsible for making all plans; refreshments were served by members of the Norge Club. Another social is planned for

the early part of December at which time this group will attempt to formulate plans for an organization.

IX. SCOPE OF WORK

	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>	<u>1955</u>
No. H.D. Clubs or Groups	6	6	6	7	8
Membership	214	214	214	218	215
No. 4-H Clubs	9	6	6	5	7
Membership	102	70	70	63	83
No. other families reached	175	125	130	135	140
No. of different families reached	350	325	250	250	260

B. Increasing the scope of work and publicizing the H.D. Program

1. National Home Demonstration Week

A county publicity chairman was appointed to manage the publicity. Weekly during the month of May a picture and news item appeared in the weekly paper. 12 delegates from the county attended the District H.D. meeting which was held during National H.D. Week.

There were 5 delegates to attend the Federation meeting at V.P.I. held later in the summer; 3 of which were incoming county officers.

2. Tours and family picnics

Tours were taken by 2 clubs to visit restored homes and gardens during garden week. Other clubs held an outing or family picnic during August.

3. Radio broadcasts

Monthly radio broadcasts on the Farm and Home Hour over W R N L were given by the agent, including the following topics:

- December - Preparing for Christmas; Christmas Decoration contest
- January - Keeping records and receipts; Home filing system; Planning for the year ahead; Planned family spending
- February - Preparing for the spring vegetable garden - using recommended varieties; Redecorating the home - wider selection of paints on market
- March - Lawn care - addition of fertilizer; Use of Insecticides and selection; Spring clean-up
- April - Care of garden - control of insects; National H. D. Week
- May - Storing winter clothes; Bleaching nylon
- June - Outdoor meals - Picnic ideas; National Dairy Week- Suggested ways to use dairy products in meal preparation.
- July - Keeping weight down and health up; Canning tomatoes and juice; Soil resistant spray to protect rugs
- August - Economical use of home freezer; How to control ants; Lawn care for early fall
- September - Directions for compost pile; Protecting safety and health of children returning to school; How to launder slip covers
- October - Selecting and planting bulbs; Various ways to serve apples; Helpful hints to save time in

housekeeping

November - Preparing turkey; Reminder to plant bulbs;
Reminder to put leaves in compost pile; Planning
for Christmas

X. ORGANIZATIONS

A. County Home Demonstration Committee

The committee is composed of officers from each club; the Executive committee the county officers. Two regular meetings were held this year; one in the fall to plan the next year's program and one in the spring to plan for county activities and discuss anything concerning all clubs.

The County Chairman, serving her second term of office, has been quite active in helping to conduct county projects. She has worked closely in the program by leading or participating in county functions, visiting clubs to become better acquainted and explaining suggested plans for county activities. During the year several meetings of the Executive Committee were held to plan for the Spring Luncheon, National H.D. Week, Achievement Day. The Chairman attended all special meetings of committees to plan for County Flower Show, Spring Clean-up and Outdoor Christmas Decoration Contest.

The Chairman attended the National H.D. meeting in Chicago as our county delegate and gave an excellent report at the Achievement Day program.

B. County Program Planning Committee

A training meeting for the program chairman of each club was

held in January to prepare them to lead discussions on topics for the next year's program. February, March and April were discussion months at which a list was prepared by each program chairman. From these lists a summary was prepared by the agent. It was then voted on by the individual clubs and unpopular were deleted from the list. Several weeks prior to the fall planning meeting the county program chairman held a meeting of her committee to tentatively plan the program for next year. Throughout the year the program chairmen have been most helpful; at each meeting they announce plans for the coming month.

C. County 4-H program Planning Committee

This spring 4-H clubs in the county were reorganized into community clubs which included the boys and girls. Therefore, the only committee to plan the program was composed of 4-H chairmen and leaders.

Projects were selected by clubs and individual choice for summer projects. A joint project for all clubs this fall was the Electric Project Unit I. The Agents and Va. Electric & Power Company representatives made a tentative plan for this program.

The 4-H chairmen and leaders have been largely responsible for helping the agents with the organization of community clubs and conducting 4-H activities.

XI. LEADERSHIP

A. Contributions of volunteer leaders:

1. Organizational

Club officers have been very faithful to their club by

© sending notices of meetings, conducting and keeping a record of club activities. They have attended special committee meetings in the interest of their club and supported County programs.

A monthly letter is sent to each club president, which reminds her of announcements and coming activities which the club should make the necessary plans to participate. This has proved to be a strong link between club presidents and the agent.

2. Program development

The activities of these leaders were previously discussed.

3. Subject matter

Subject matter leaders for each month were selected by the program committee of each club. For their club program, leader training meetings were held, a speaker arranged by the agent. For the book review this year the club leader was responsible for locating a person. The hostess committee for each month is also selected by the program committee. The program committee after making their selection of leaders, hostess and working committees for the year, presents this for approval at their regular club meeting. This information is then copied in the year book by the program committee.

B. Growth of Leadership

The agent has noticed a gradual increase in leadership both in club and other activities.

<u>H. D. Club Project Leadership</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>	<u>1955</u>
No. Project leaders (subject matter)	41	56	52	71	102
No. Goal chairmen	6	6	6	7	7
No. Program Development Leaders				6	7
No. result demonstrators					5
No. training meetings by Spec.	4	4	3	6	3
by dist. agents					1
by agent	6	7	9	7	12
Attendance to all training meeting	48	60	75	103	115
No. meetings without an agent	15	16	16	55	63
No. meetings leaders assisted	46	49	40	17	46
Demonstrations by leaders				48	46
Talks and discussions by leaders				81	135
<u>4-H Club Project Leadership</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>	<u>1955</u>
No. club officers				15	21
No. adult project leaders	5	3	3	2	5
No. training meetings held by agent	5	2	4	2	6
Total attendance at leader training meetings	38	32	18	5	35
No. 4-H leaders trained individually	2	2	1	2	3
No. club meetings held by leaders without agent	12	36	20	5	10
No. additional club meetings at which leaders assisted		35	30	8	10
No. demonstrations given by					
adult leaders	45	7	5	4	6
junior leaders	5	3	3		8

C. Activities of outstanding leader

I find it difficult to single out one person as being the most outstanding; for the leaders have been most cooperative in all club and community activities.

The County Chairman, mentioned previously, has been a very interested and active club member, not only in county activities but also club work. She states that "Extension means a great deal to her, for it includes anyone in the ^{county} who is interested". "It has given her an opportunity to know members from other parts of the county, to share interests and problems".

D. Activities of outstanding club

This is written up under outstanding H.D. Club projects, page 13.

E. A significant achievement of Extension work

The agent feels that perhaps the most significant achievement as a result of Extension work has been the improvement of homes and surroundings.

Better planning has been noted in both building and remodeling homes. This year as in previous years home planning, kitchen improvement and yard improvement have been stressed in the program. Monthly club programs, county wide activities, tours, specialist help and individual assistance by the agent have all been methods used to achieve these results.

As mentioned earlier in the report, homemakers are doing more interior decorating, making slip covers, draperies, upholstering

and repairing furniture to make their homes more attractive and liveable. Also homemakers are doing a better job of landscaping and caring for their yard. Miss Mary Settle, Home Improvement Specialist and Mr. Beecher, Landscape Specialist, have rendered invaluable service in assisting homemakers with their problems.

The Norge H. D. Club has added to their community building a new kitchen completely equipped, developed a parking area, and now they are adding foundation plantings.

These improvements, a project of several years, were made possible by the specialists and agent assisting with plans.

This building is more widely used by groups than any other in the county, and they have commented very favorably regarding the convenience, storage, and attractiveness, resulting from these improvements.

XII. APPRAISAL OF YEARS WORK

The results of this year's program have been very gratifying in many respects.

The club and county activities as mentioned previously in the report has brought about increased leadership and cooperation. The spring clean-up campaign, and a study of a trash pick-up system has resulted in an organization establishing a pick-up system in their community. The county flower show, outdoor Christmas Decoration contest and a study of yard plantings is helping to increase home pride.

Club members are better informed and more broadminded, because

of club activities and delegates attending the district, state and national meetings.

A county budget has improved our system of handling funds, keeping records and participating in activities.

The agents find that the 4-H program has improved because of organized community clubs. The participation of 4-H members in the County Fun Day and the William and Mary Homecoming Parade were valuable in creating interest in the 4-H program.

A need for unified county planning with representatives from both the men's and women's program, is perhaps one of the greatest problems in the county.

Also the Extension program should continue to expand with more adults assisting with the youth programs.

Through the club program next year, many of these problems will be studied and activities directed towards meeting these needs.