

**ANNUAL NARRATIVE REPORT**

**COUNTY  
EXTENSION  
WORK**

*Virginia Agricultural Extension Service*

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1960

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County

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Two most outstanding contributions made to family living as a result of this years' program.

The H.D. clubs carried the topic "New Fabrics"-use, care, etc. in March which was the month the Fiber Identification law was enforced. The ladies became conscious of the law and evaluations show they are informed very well on this law. As a result one club's leaders prepared a fair exhibit on the topic. The women were better prepared to purchase and care for family clothing.

In 4-H work the electric project was carried on county wide bases and in ~~each~~ one club. Through this project 4-H'ers became more conscious of how electricity works and the few small things they could in their own home to repair and care for electrical equipment. This worked in well as a year after the H.D. Clubs had worked on lighting. Parents praised their children on being able to help them with electrical repairs saving money and time.

I. Brief statement of county situation-

Fowhatan county is a small county with a population of 6,911 (according to 1960 census), of this 6,911 approximately fifty per-cent are white and fifty per-cent are non-white. According to 1960 census of agriculture there were 396 farms which averaged 202.4 acres in size.

Agriculture is the chief <sup>source of</sup> sou industry in this rural county. The dairy industry leads the source of annual cash income on the farms and accounts for nearly fifty per-cent of the total. Cattle and calves farm products sold account for approximately eighteen per-cent of the total income take second rank. Poultry including mostly chickens and eggs supply about sixteen per-cent of the total income. One large scale poultry farmer has helped to increase this income.

Marketing is largely done in near-by city -Richmond for cattle, calves, poultry, eggs, other farm products and milk. Some milk is shipped to other large towns in the vicinity. Local grocers provide market for few poultry products.

There is no income from county industry; therefore many of the county people commute to Richmond daily for employment over 250 travel to Richmond each day alone, in car pools or by bus. This includes many homemakers as a result they return home late in the evening. City people are moving out into the country side

of Powhatan and community to town daily. Men and women seek employment throughout the county in county offices, private business, bank, dairy farms and in local lumber yards. The Beaumont Industrial School for Boys employs quite a few citizens. With the change to eight hour shifts at the local State Farm, southwestern Virginia people are moving into the county to accept available positions.

There are two public schools—one white and one non-white plus a first and second grade private school in the county. There are 511 elementary and 247 high school children in the white school with many inside and outside school activities. The high school population being rather small are involved in a number of activities, therefore, limiting after school 4-H club work.

Telephone and power service is available to nearly all the white population. In September 4-H enrollment, the majority of the children list a telephone number.

There is one local doctor holding daily office hours including two nights. Two doctors are available at most hours plus the Health Department personnel. A dentist travels to Powhatan from Richmond three days a week for afternoon and evening office hours.

The War Memorial building activities provide some recreation usually as a money making project plus enjoyment - basketball, football, baseball (church and town teams) dancing and various other forms of recreation.

## II. County Extension Program - Adult

### A. Organization

#### 1. County Agricultural Extension Service Board

We have no county agricultural service board in the county now. It is hoped that this board can be started when committees function better and become well established.

#### 2. Home Economics Council

No organized council exists at the present. With better organization of the special interest committees, it is planned to start a council in the future.

#### 3. General Interest Committees - Lighting

Committee members - Mrs. I. B. Wilson, Mrs. Dorothy Younce, Mrs. Ford Harris, Mr. W. L. Wildman, Mr. E. F. Yates and Mr. Max Timberlake.

Objective: To improve lighting conditions on the farm and in the home.

Goals: a. To study present situation of lighting in Powhatan County.

b. To have at least three result demonstration homes in the county.

c. To stress buying correct lighting equipment and supplies.

Results: The committee has not been a well organized group. The H.D. clubs and 4-H clubs have done work on this phase of subject matter. Publicity has been given in local paper and news notes. 4-H'ers have visited some result electric work throughout

the county.

4. County Home Economics Clothing Committee

Committee members - Mrs. E. P. Hicks, Mrs. B. S. Brent, Mrs. Willie Maxey, Mrs. Edith Cosner, Mrs. Bernard Allen.

Objective: To study clothing needs of county people.

Goals. a. To help homemakers and children understand the importance of care of clothing.

b. To establish a family exchange of clothing.

Results: The committee was very active. Plans were discussed for a school survey of clothing needs of children. The committee sponsored a elementary clothing construction class for a period of approximately eight weeks. The enrollment was 30 who attended at least once on special demonstration - about 20 completed one cotton garment. The classes were well publicized through local newspaper as well as general interest conversations. The H.D. clubs had a demonstration on clothing fibers for a month's topic at time of Fiber Law.

5. Food Committee

Committee Members - Mrs. Homer Willis, Mrs. B. S. Brent, Mrs. T. R. Nelson, Mrs. Gray Younce and Mrs. Darrell Jervey.

Objective: To study nutritional needs of Fewhatan County and how we might help improve the situation.

Goals: a. To make a nutritional survey.

b. To assist the low income people to budget food wisely.

c. Special interest groups on food.

Results; The group has not met as an entire organization. The needs have been discussed individually with committee members. Interest is shown in a weight reduction class in the future.

#### 6. County H. D. Committee

The County H.D. Committee is the planning and executive body representing the Virginia Federation of H.D. Clubs at the county level. The presidents, vice-presidents, County Federation Program of Work Chairman and other key women in the H.D. Clubs constitute this committee. Two regular meetings are held - fall and spring. The committee meets in June for program planning at which Miss Mary Hille McCoy, District Agent assisted as advisor. The committee assists in getting reports and accomplishments throughout the year. The committee worked on a county H.D. flower show. They assisted Virginia Federation of H.D. Clubs in raising money for V.P.I. coop house. The committee sponsored one girl to V.P.I. State 4-H Short course. They give publicity and encouragement to county people on attending District and State Federation meetings including Institute of Rural affairs to which they sponsor one representative who give a report on return. The group assists in planning preparing, and serving food for annual Holiday Dance in December as well as food sale on Labor Day for money making benefit of War Memorial building. National H.D. Week was given publicity by H.D. Committee through newspaper, posters and club meetings.

B. Subject Matter and Special Emphasis Areas.

ADULT WORK

Subject matter or special emphasis area

FOODS

PROBLEM

TOPICS TO BE INCLUDED

With a larger entertaining world, many more are requesting ideas for foods for these functions. H.D. women are grade mothers' as well as maternal mothers in the home thus having the task of preparing refreshments. With local fair there was a need of women to know a good product before spending her time to prepare for the fair. Approximately 30% of the women work; therefore there is a problem of finding their needs.

Party Sandwiches and Dips  
Judging of Food Products  
Refreshment's for children's parties

GOALS

WHAT PEOPLE ARE TO LEARN

To have at least 50% of people who have contact with recipes try at least 2 of them.  
To have 75% of ladies receiving recipe pass it to a lady with no contact.  
That 25% of mothers try one suggestion for a child's party.  
To have 35% of ladies enter one food exhibit in the local fair.  
To reach at least 10 new people who need assistance in foods.

To learn new recipes to substitute old or change that which you have been preparing.  
To improve quality of finished products not only for exhibits but at home as well.  
Learn new recipe and decorative ideas for parties.  
To give more variety and interest to children's food.  
Improve nutritional needs of the family

How the Work was carried on :

Leaders were trained by agent for demonstration. Mrs. Mary Thompson, V.F.I Extension Food Specialist presented demonstration on "Judging of Food Products". Demonstration presented to clubs by leaders. Up-to-date material was presented on the subject. Publicity was given through local newspaper-pictures included. New recipe was used in each month's news letter. The Genito Club had Mrs. E. Floyd Yates as guest demonstrator for "Judging of Food Products".

All ladies in the county cooperated by bringing their canned products to be criticized for demonstration on "Judging". Mrs. Betty Messerly used containers that could be used for arrangement for children's parties as well as Party Foods. The demonstration on "Party Sandwiches and Dips" was presented in a different manner depending on club, the community interest, the type of entertaining its members would do etc.

Mrs. Helen Mason and Mrs. Margaret Krueger, Powhatan; Mrs. Mae Kirby, Mrs. Homer Willis, Jefferson; Mrs. T. R. Nelson, Genito; Mrs. Rebekah Wilborn, Clayville; Mrs. R. E. D. Blanton, Ballsville; Mrs. W. E. Davies, Fine Creek; served as leaders. Mrs. Davies did her demonstration mostly on Party Sandwiches using a party sandwich cutter set showing many combinations. The ladies all prepared dainty sandwiches and prepared trays to send to older or ill members.

Mrs. E. P. Hicks, Mrs. John Rouse, Mrs. E. Floyd Yates, Mrs. Ida Weisiger and the agent served as leaders for "Judging Food Products."

Mrs. T. R. Nelson, Mrs. Gray Younce, Jr., Mrs. E. P. Hicks and the agent served as leaders for "Childrens' Party Refreshments"

Results:

Results obtained from evaluation check sheet and general observation. One hundred percent leaders presented "Party Sandwiches and Dips". Over fifty percent receiving recipes from club or news letter have tried at least 2 recipes with the majority trying more. Over thirty percent of those receiving recipes have passed it to other ladies. At least ten percent have tried party planning for their children.

At least thirty-five percent exhibits were entered at the fair. The majority entered canned foods which they had judged in club.

The check sheets received show one hundred percent have improved canning standards. One hundred percent have tried at least one food hint from news letter.

Attempted to reach new people with food recipes to save time and energy.

As result of Party Refreshments for children, the women looked with excitement at how interesting plain foods could be served attractively to children. All commented " a child would like that".

<u>Subject matter or Special Emphasis Area</u>	<u>Clothing</u>
<u>Problem</u>	<u>Topics to be included</u>
With the changing times and styles it is important and essential that the public be kept up to date on the news in grooming and clothing	Good Grooming-Hair Styles Make-up, care of skin or hair  New Fabrics-Selection and care  Selecting of clothing accessories
<u>Goals</u>	<u>What people are to learn</u>
That 75 people learn at least one tip in how to improve their grooming needs. To add one new article of make-up to 50% of homemakers kits. To solve at least 10 problems in new fabric care. To have 50% of women have one outfit complete with accessories	To recognize a well groomed look. To select and apply make-up properly. To find hair style suitable for oneself. To be able to recognize type of fabric. Know fabric contents. Proper care to prevent the misuse of fabric. How to use a variety of accessories with basic garment.

How Work was carried on -

Leader Training meeting by clothing specialist Miss Margaret Groseclose. Use of professional beauty operators and cosmetic representatives. Use of models.

News articles and letters for publicity.

Exhibits on the subject used at the fair.

Mrs. Murray Davis prepared three models ready for hair styling which was done for club demonstration. She also discussed beauty aids and creams.

Mrs. A. Clarke a beauty make-up representative demonstrated facials for one club.

All of the above was presented as part of "Good Grooming".

Charts were used giving fiber names-families etc.

The family name was marked in one color with members in contrasting colors.

Articles of different fabrics were used. Poor care as well as good care was shown with result satisfactory and unsatisfactory articles of leaders and members.

Some leaders showed detergents, softeners, etc. which could be used for different fabrics.

The demonstration introduced the Fiber Identification Act which was enforced the month of demonstration.

"Clothing Accessories" - members brought all types of accessories, jewelry etc. Two members - one short and one tall were ask to wear dark garments. They were used as models showing right and wrong according to body size, shape of face and other features involved in using accessories. Miss Godsey, Fashion Director of Thalhimers presented accessories to P<sub>o</sub>whatan Club.

The Extension Service and local high school home economics department cooperated in conducting a clothing construction class using the Home Economics sewing room. Each week a demonstration was given on one or two specific construction. The class used remainder of time for actual construction.

Results: At least 100 people learned tips in improving their grooming needs and showed much interest in what was available on the market as well as what they could do.

Fifty percent of reports show that at least one improved accessory has been added to the homemakers wardrobe.

Over ten people brought one garment which they wanted to question its care to club meetings.

Of the 100 receiving information on Fiber Identification the majority answer they understood better the act which has been enforced. "They are much more conscious of what to look for on labels in doing their clothing buying".

As result of the clothing construction classes at least thirty ladies learned a new construction which they had not used formerly.

The majority learned at least three new techniques.

One club exhibited Fiber Care and one use of accessories at the fair.

Subject matter or Special Emphasis Area

House Furnishings

Problem

Topics to be included

Several new homemakers have joined E.D. Clubs in recent years since the given topics have been studied. To prevent the wrong decisions before finishing new home, it is important for these people to be in contact with informative materials.

Furniture Arrangement

Color in Rooms

Goals

What people are to learn

To have at least 2 results demonstration showing right and wrong of furniture arrangement.  
To assist 10 people in color problems in individual homes.  
To have 50% of observers make improvement in color combination in the home.  
To have club attendance ask questions on individual problems.

To arrange furniture according to your room.  
To recognize individual problem from demonstration observation and participation.  
Basic principles in color planning.  
How to use what one has to best advantage in color planning.  
Awareness of assistance available when needed.

How work was carried on -

Leader training meeting by House Furniture Specialist Miss

Katherine Nobel. Leaders presented demonstration in clubs -

Mrs. Wilson Thornton, Mrs. Cecil Little, Mrs. E. P. Hicks, Miss

Thomas Harris, Mrs. C. L. Tomlinson, Mrs. Nancy Berden and Mrs.

John Rouse.

Results: Up-to-date bulletins presented to club members.

Exhibits and displays.

Publicity - newspaper and newsletter.

Question and answer session following demonstration.

Home visits.

"Furniture Arrangement" each member was given scaled paper for her to make a drawing of her own room after demonstration she was ask to improve it, following points covered in demonstration. Some leaders actually used a room for result demonstration. The furniture was left as it was for meeting and moved as the demonstration using suggestions of members.

"Color in the Room - samples of wallpaper, rugs, curtains and upholstery fabric were available for members in groups to work up a color scheme for a given room. They showed much interest and had lots of fun.

Results: Agent has been called into homes to see what could be done on specific problems of furniture arrangement.

Women has expressed how much they enjoy their new arrangement.

Following the demonstration on color many ladies called agent to have assistance in planning new color schemes for their rooms.

Reports show that at least 50% have painted or improved at least one room, purchase or made drapery, purchased a rug, or upholstered a piece of furniture.

Agent was invited to present the demonstration to high school senior economics students.

One club did a fair exhibit showing right and wrong color combinations in a bedroom.

Subject matter or special emphasis area Citizenship

Problem Topics to be included

New citizens have remarked as having an unwelcome feeling in some cases. The moving in new families need to be recognized as citizens. With forth coming National Election, there is the needed encouragement or explanation of How's and Why's of voting.

Citizenship

Goals What people are to learn

To have at least one person from each club welcome new people in the community. To increase women's voting by 10%. That each homemaker start citizenship training in the home by some means.

To welcome new neighbors  
To "get out" to vote as well as assist others in getting to the polls.  
To recognize duties of public officials.  
Observe citizenship in home and community therefore becoming an active participating citizen.

How work was carried out - material was accumulated from the

State Civil Defense Department. Use of leaders. Members personal contacts with others.

Material was given to leaders to prepare a brief discussion on Civil Defense and Citizenship. Each leader encouraged members to welcome newcomers, to get out to vote and to invite others to go vote.

The agent prepared a condensed bulletin on Civil Defense for members. Some clubs discussed the two amendments to the State Constitution which other members were unaware of.

Results: The leaders said if no one else learned about Civil Defense they did in preparing talks.

The members ask many questions following discussions, requested materials available in County Agent's office and ask for address of Civil Defense Department so additional material could be ordered.

The evaluation check sheets show that members' feel better informed on the subject - one wrote "definitely" out from the check.

At least 50% of the members try to visit new neighbors to welcome into community as well as to their H.D. Club.

The agent attempts to visit all new comers.

Subject matter or special emphasis area Rural Arts

<u>Problem</u>	<u>Topics to be included</u>
Approximately 30% new members (younger homemakers) who have not had the opportunity to attend. Special Interest workshop on given items.	Chair Bottoming Etched Trays

<u>Goals</u>	<u>What people are to learn</u>
To have one county wide workshop for each topic and have a representative from each club. To have at least one member from each community trained sufficiently to assist in small community groups if necessary. That each person attending workshop finish one article.	Learn to make useful items for the home or gifts for other homes. Learn some elementary promoting art. To work with others and follow instructions.

How work was carried out:

Specialist - Rural Arts - Miss Catherine Peery conducted workshop on "Etched Trays".

County wide workshop.

Letters were sent to all members - special bulletin in news letter.

Publicity was made through newspaper.

Special interest meetings held in communities conducted by local leaders. Special Interest county workshop on "Chair Bottoming" planned to be conducted early in December conducted by agent and local leaders. Ladies have specified that they would like to participate in this workshop.

The Pine Creek H.D. Club had a workshop on caning chairs by Mrs. Darrell Jervey.

Results: One county wide workshop completed 16 etched trays.

Reports show that members who attended demonstration have completed trays.

Special requested have been made and filled on chair bottoming.

Program of Work

<u>Subject matter or special emphasis area</u>	<u>Home and Community Beautification</u>
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<u>Problem</u>	<u>Topics to be included</u>
New awareness of home grounds has increased requests for assistance in planning and caring for home grounds with pest year. With continuous community development, there is a need to improve for increase facilities available for adults and youth.	Farm signs and mailboxes Improvement. How to exhibit flowers Rose Care Identification of Nature plants and conservation rules Shrubs for their colorful fruits Drying leaves and flowers Christmas Decorations using evergreens.

<u>Goals</u>	<u>What people are to learn</u>
That each homemaker who has received contact make at least one home ground improvement.	To recognize attractive home grounds and what her individual needs include.
That each lady learn at least one conservation rule.	To be able to make elementary improvements in their own home grounds.
To have at least two community project conducted and completed.	Know-how of caring for home plants and shrubs.
To have 75% of membership contribute to flower show.	To assist in community clean-up.
	<u>Practice conservation.</u>

How work was carried on-

Training by specialist - Dr. Wesley Judkins, Horticulturist, V.P.I for all club chairmen.

Tours - special home grounds.

Flower show

Exhibits in club and two fair exhibits.

Result demonstration

Publicity - newspaper - posters - newsletter.

Use of latest bulletins on given subject.

Special information from garden club.

Guest speakers from garden club in joining county.

Slides show flower gardens in other states shown by those who had visited.

One month the entire club program time was given to Home and Community Beautification - "Perennial Borders" - charts were used showing - why, how, when to plan and plant borders.

Books and magazines were also used for visual aid.

A list of perennials giving height, color, soil, blooming season etc. was given to members.

Results:

Reports show that at least 50% have made lawn, mailbox, flower border or driveway improvements. They also use home grown flowers in their home regularly.

Special assistance has been requested in lawn improvements for old and new homes.

Over 90 ladies learned one flower which comes under conservation. County wide flower show was conducted to encourage non-member participation. The flower show was a big success. All clubs contributed a club exhibit. Many commented "Let's have another one next year". Outside guest visited the show throughout the day especially men. One man exhibited in the show.

The publicity was outstanding in local paper with one-half page of photos. The show provide not only good publicity for Home and Community Beautification Project but for H.D. Clubs in general.

All clubs had monthly report on scheduled or related topic by chairman or guest.

Significant story in subject matter phase:

"Color in the Room"

room

Problem: Some ladies wanted to do entire over in paint, fabric and furnishings. Others had rooms with confusing colors and wanted to know how they could improve this situation.

What Extension Did? Demonstration was given in all H.D. Clubs showing how beautifully colors could be blended. The women were shown how easy this could be done by working on color combinations themselves using wallpaper, curtain and upholstery fabrics.

Visits were made to work upon individual problems when requested.

Results: Women requested special assistance of agent to discuss their color problems. Before painting rooms in faded colors the ladies ask the advice of the agent at which time she gave pros and cons.

C. Other Activities- H.D. Club Community Projects

1. The Annual Holiday Buffet Dinner Dance was held January 27. The H.D. women donated food for buffet plus their service in serving and making table arrangements. The money from the affair is placed toward the debt of War Memorial Building. The

Home Agent served as general food chairman using a menu similar to past years. Each club sent one pound butter and two cans cranberries.

The vicinities were ask for food as follows - Flat Rock to Chesterfield, Bellsville to Belona and Muddy Creek - 75 servings per area of candid yams; Clayville, Moseley and Genito 150 servings of baked beans per area; Fine Creek and Jefferson 150 ervinga each of desserts; Powhatan to Mecon and Bel Meads 300 servings of salads.

The clubs cooperate with War Memorial Building by donating food to Labor Day Food sale and publicity for annual Birthday Ball.

2. Ruritan supper - clubs serve these suppers as a money making project for their club as well as to be of service to the Ruritan Club. Genito served in November, Powhatan plan to serve in Merch but did not as supper was canceled due to snow.

3. Flower Show - the H.D. Co mittee and Federation Program of Work held a county-wide flower show in the spring. Participation was good. Much interest and enthusiasa was shown as a result. This event is planned as an annual affair for the future.

4. National H.D. Week

- a. A committee worked on plans for the week.
- b. Clubs observed this week with some clubs paying special observance.
- c. Publicity was given through newspaper and news letter.

and a display of a club fair exhibit was used in the bank.  
Posters were used in local business concerns.

#### 5. Tri-County Fair

The participation was good. A total of approximately 130 prizes were carried back to Powhatan County by adults and 4-H'ers.

#### 6. Achievement Program

Plans are being made for an achievement program by an H.D. committee.

#### 7. Judging

Judges have been used when possible to assist in judging local fairs Mrs. B. S. Brent - Farmville and Amelia and Goodland; Mrs. W. R. Parker - Amelia; Mrs. T. S. Curtis - Amelia.

#### 8. Drives:

The H.D. Clubs assisted in promoting the annual Bloodmobile for the Red Cross. The club members did house to house canvases for T.B. Association to publicize the free T.B. X-ray survey coming into the county in November. Clubs send gifts to Sheltering Arm's Hospital, which is a charity operated hospital, at various intervals. The Pine Creek H.D. Club sponsored a Benefit Card Party for the hospital and raised \$236. which will go toward the purchases of hospital bed tables.

Club members assist with other drives cancer, heart etc. They give services in visiting, collection of donations, donating and publicity. The Pine Creek and Jefferson H.D. Club presented gifts to 6 needy families at Christmas.

The F,ne Creek club also sponsored a tour to a local artist home grounds.

10. Other Activities

Club Objectives

1. Every club member endeavor to reach more people particularly young homemakers, and definitely participate in carrying through the 1961 program.
2. Every club member encourage additional homemakers to participate in all H.D. Club programs.
3. Encourage all homemakers to read literature sent out from agent's office and to read approved books.
4. Work with other agencies and organizations in the fields of education, health, Civil Defense; and community improvement including school grounds.
5. Each club be represented at all county-wide, district, and State Home Demonstration sponsored meetings.
6. Each club continue to carry through a roadside community beautification project.
7. Encourage Home Demonstration club members to participate in the Goochland-Powhatan-Louisa Fair.
8. Sponsor and assist 4-H members in all 4-H Club activities.
9. Encourage interest in and compile history of Powhatan County.
10. Every club member memorize homemaker's creed.
  - D. No plans are adopted in Powhatan County for carrying out programs for urban people as the county consists entirely of rural people.

#### E. Farm and Home Development

Six families were worked with in 1960 - R. J. Lester, J. W. Hatcher, C. N. Egan, Ford Harris, Glenn Simmons and I. B. Wilson  
Families are located by the H.D. Committee and by general observation of agent.

Problems most often encountered are those of money management and remodeling. These problems are either met by discussing the situation with the agent and family or calling in special assistance of specialist in given progress.

#### Family Progress - Mr. and Mrs. Glen Simmons

##### 1. Situation of family participation.

a. Background - The family is made up of three girls and one boy. They have lived on a dairy farm for about six years. The health is good of each except the father has a back ailment. Good health practices are followed. Mr. & Mrs. Simmons have high school education. Two of the girls and one boy are in local elementary and high school. One daughter is a sophomore at William and Mary college. The participation freely in community activities and are always willing to assist in any way.

b. Family Business - accurate records are kept by the family especially on their dairy records. Insurances are carried on the family.

c. The family income source has been entirely dairy until November Mr. Simmons accepted a job with Richmond printing concern. The girls hold jobs during vacation.

d. Home facilities are convenient but more work can be made for improvement. Mrs. Simmons and daughters preserve many home products.

2. Family goals and objectives

- a. To make more room improvements.
- b. To improve home grounds.
- c. Better management of household and farm task.
- d. To secure more furnishing and equipment.

3. Plan for goal accomplishments

- a. To have 4-H'ers carry projects to help carry out the given goals of improvement and management.
- b. Purchase needed furnishings and equipment as income allows.

4. Action taken

The 4-H'ers are carrying project in Room Improvement, Ironing, Foods, Dairy, Home Grounds. These projects help the children take over and manage some of the household tasks.

Mr. Simmons has recently accepted a position which will help to increase the family income.

5. Family Achievements

The family has been able to rearrange the living room and do some remodeling. They have purchased furniture for this room. The kitchen has been remodelled into a modern, convenient kitchen and family room.

6. Factors which have made success in the unique manner in which the entire family cooperates in planning and carrying out household and farm tasks. The entire family is always ready to go out and assist in dairy operations in the evening.

With the beginning of a new farm career and an old home to be made convenient, the job has been great.

The additional expense of a daughter in college has helped add to their needs.

Mrs. Simmons is an active 4-H leader and H.D. leader. She attends special meeting and carries ideas back to try in her own home.

### III. County Extension Program - Youth

#### A. Organization

1. County Youth Council - no council has been organized in the county. It remains a long time goal.

2. County Youth Committee - there is no organized committee, but needs lead toward such a group.

#### 3. County 4-H Council

The council is composed of president, vice-president, secretary, treasurer, song leaders and reporters of each club in the county along with leaders as advisors. The council with outside help trains the officers for their duties in the fall. This received good newspaper publicity. The council work along with groups in selecting club projects; officers for 1960-61 include President I.B. Wilson Jr., vice-president Betty Lee Nichols, Secretary Annie Allen, treasurer Nancy Lottle, reporter Mary Gayle Hatcher, song leader Sarah Bradley.

The executive officers meet throughout the year to plan county wide events - one each season.

4. All Stars - there is no organized group of All Stars in the county since many are away from the county. All Stars include, C. N. Elam, Jo Elam, Nick Elam, Mrs. John Cosner, Mrs. Helen Nootz, Mrs. Rebekah Wilborn, Mrs. Ruth Mann, Mrs. S. W. Parker, Miss Dorothy Gills, Robin Lester, Ruby Brown and Betty Lee Nichols who was taken in 1960. One All Star, friend and agents attended All Star banquet at Holiday Lake in the summer.

5. Honor Club - no honor club in the county.

6. Electric Congress - one girl won a trip on her county records and agent attended.

7. Project Planning Committee

The project planning is either done by 4-H council, club officers and leaders or club members themselves after a discussion of possible projects which could be carried successfully in that particular club according to age and interests etc.

B. 4-H Project Work

4-H Subject Area

Food

<u>Project</u>	<u>Topics to be included</u>
Meal Preparation	Table setting and table courtesy Methods of measure Egg cookery Salads Desserts Vegetable cookery Everyday Meal Planning and Preparation Party Foods Assemble Picnic Basket Preparing and cooking chicken Preparation of Food for fair

<u>Goals</u>	<u>What members are to learn</u>	<u>Plans for carrying project</u>
To have at least 25 girls put into practice principles learned in meal preparation. One girl to participate in meal prep. contest at District meeting. That each girl carrying the project may try at least 50% of suggestions and recipes made during club meetings	The use of basic principles in planning and preparation. Skills in preparing nutritious and attractive foods. Use of home products. The know how of food buying and budgeting.	1. 4-H members of each club planned individual project. 2. Demonstrations each month by 4-H members, leaders or agent. 3. All day workshop- each girl or group of girls demonstrate one dish. 4. Home visits 5. Use of latest bulleting and special prepared bulletins. 6. 4-H County and District Contest. 7. News articles.

FOODS

RESULT :

The Bellville Jr, Powhatan, Jefferson Jr. and Sr. clubs carried the project. The Jefferson Sr. was an advanced level. Parents comment on how their children inform them what they learn and even correct them on table settings and manners.

One parent wrote a letter on compliment to 4-H work as result of 4-H food demonstrations. He reported his daughter doing such a wonderful job in helping her mother prepare foods at home.

4-H girls assisted in serving Annual Dinner Dance - they were praised on beautiful job of serving.

Anne Lester, Bellville demonstrated Salads - Bunny Hurt Frozen Planned - oven Dinners at the District 4-H Contest.

4-H Subject Area

Clothing

<u>Project</u>	<u>Topics to be included</u>
Looking Your Best	How do you rate? Your Skin-its care Your hair Hand care
So You'd like to sew	How to dress to look your best Care of sweaters Facial Posture and voice Teeth and smile Know your machine Apron Buying Patterns Fabric Selection Using Pattern Preparation of Fabric for sewing

<u>Goals</u>	<u>What members are to learn</u>	<u>Plans for carrying project</u>
To be able to recognize a considerable improvement in Good Grooming in 50% of girls in project.	Care of various parts of body and clothing. How to improve what you have to look its best.	Discuss needs and interest of club members before setting up program.
That each girl may at least notice well groomed people after demonstration.	Use of sewing equipment Make clothing for one-self or others.	Demonstration to club on individuals by members, leaders or agent.
For each girl to improve at least one point of grooming in herself.	Basic principles of practices of learning to sew.	Letters to parents and members.
To have 75% girls carrying project to complete articles and record.	Selection of fabric, pattern. Use of finishing methods.	Home visits to discuss problems and special assistance News articles 4-H County and District Contest Exhibits for Nat. 4-H Week. Tours to fabric center
That at least 75% of girls make at least one garment for themselves.		

CLOTHING

RESULTS:

The Belona and Bellville Sr. clubs carried "Looking Your Best. They often commented on how others look at school. The girls participating showed improvements from month to month in their grooming. The agent was ask to give a demonstration and talk to local seventh grade to help them improve grooming. Many questions were ask by the group.

The t entire group were much more aware of well groomed people.

The Flat Rock club carried "Sewing". They studied more advanced constructions as the group had previously carried "So You'd Like to Sew." The girls brought garments to meetings with special problems. Each meeting a demonstration on some construction was given. All members of the club completed at least one article.

Judy Ford entered District 4-H Dress Revue. She placed in top five and was invited to participate in State Dress Revue.

As result of clothing exhibits were made and all won ribbons.

4-H Subject Area

<u>Project</u>	<u>Topics to be included</u>
Electric Unit I	The Place of Electricity Bulbs for its purpose Repair cords Proper Study Desk Care of equipment Lamp shades Lamp making Outdoor lighting "How to get lit" Fuses and cords Ready made magic

<u>Goals</u>	<u>What members are to learn</u>	<u>Plans for carrying out project</u>
To have each boy and girl repair or care for at least one piece of electrical equipment.	Learn basic points in facts of electricity. Importance of electricity in relation to equipment etc. in home and on the farm.	Personal talks with members and parents. Outline project with 4-H members
To have 5 girls and 5 boys improve one source of lighting in the home.	Construction and repair of electrical articles and equipment.	Home visits Special workshop Use of up-to date material
To have 10 boys and 10 girls complete records.	How to recognize good lighting and lighting defects as come into contact daily.	Films New articles Demonstration by VEPCO Representatives
To have one boy and one girl have records sufficient to win trip to Electric Congress		Use Junior leaders trained at county wide electric Project meeting for indiv. club demonstration Tour of equipment centers Tours of homes Complete records

ELECTRIC

RESULTS:

The project was carried as bi-monthly county wide. VEPCO representatives assisted each meeting by presenting a demonstration. This group was not the success it had hoped to be. The many after-school activities as sports interfered with the meetings, especially those 4-H'ers were interested in attending. Those who did attend actually accomplished very much. They took what they learned into their home and practiced such as rewiring lamps, replacing fuses, and repairing cords.

The project was carried for one club project. The majority of demonstrations were given by the 4-H members. Those who attended and participated showed much interest.

Ten girls completed electric records - Martha House, Jefferson Sr., won county contest on her records and attended State Electric Congress with H.D. Agent.

C. 4-H Activities

1. Achievement Program

Miss Angelicis Simmons, IFYE to Switzerland was guest speaker for this program. She presented slides on her stay in that country. Special recognition was given to 4-H'ers who had earned awards - Mrs. R. J. Lester was named for the 4-H Alumni Award. Share the Fun Program was held as part of this event.

2. District Camp at Jamestown -

Powhatan had a total of 24 girls 2 boys - 1 bus driver and two agents attending the camp. Mrs. Fattie Worsham and Anne Lester, junior leader did beautiful work as leaders for the camp. Charles Johnson bus driver and junior leader also showed capable ability as leader for tribe and other events at camp.

3. Community Activity - assist in serving Annual Dinner Dance - capable 4-H'ers were praised for work they did in serving this dinner. The workers received free dinners and half-price tickets to the dance.

4. District Contest - Bunny Hurt entered Food Pres/  
Anne Lester - Food Preparation  
Ruby Brown - Room Improvement  
Judy Ford - Dress Revue - Judy became eligible to participate in State 4-H short course dress revue later in the summer but was unable to go.

5. Fair

Many 4-H'ers participated in the fair and won prizes. These girls were very excited over winnings.

6. National 4-H Week - Rural Life  
Sunday (Spring Vesper Program)

Posters and exhibits were used for National 4-H Week. Rural Life Sunday was observed in all churches by use of 4-H'ers in their programs. A special vesper program was held at Fowhatan Methodist church with members of 4-H clubs on the program and Rev. Richard Scott guest speaker. The crowd was good even though the weather was bad.

7. "Share the Fun" - This program was held as part of the achievement program. Bunny Hurt won senior class which was a trip to State 4-H Short Course to participate in State Share the Fun try-outs. Fern and Carolyn Morris won junior group-free subscription o to National 4-H News.

8. Tour - The Flat Rock 4-H club planned a tour to Southern States in Richmond. They invited other county 4-H club members - one bus load attended. Lunch was served by Souther States. Many 4-H'ers came out to this who otherwise have poor participation.

9. State Short Course - Two girls Bunny Hurt and Betty Lee Nichols attended short course and four boy - I. B. Wilson Jr., Jimmy Wilson, Allen Willis and Robin Lester.

IV. Scope of Work

	1956	1957	1958	1959	1960
No. H. D. Clubs	9	8	8	7	6
Membership	279	280	261	240	240
No. H. D. Groups (unorganized)	0	0	0	0	0
Membership	0	0	0	0	0
No. 4-H Clubs	6	7	6	7	8
Membership	73	74	61	120	126
No. YMW Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Community Clubs	0	0	0	0	0
No. Home Ec. Committees	1	1	1	1	2
No. General Interest Com.	0	0	0	1	1
No. Youth Committees	0	0	0	0	0
No. Other Organizations	0	0	0	0	0
No. Farm & Home Dev. Families	2	4	4	4	6
No. Other Families Reached	150	271	270	280	234
No. Different Families Reached	425	351	310	325	350

Work is being done to inform public H.D. program. Visits have been made to young homemakers and new-comers to county telling them what H.D. work is. Yearbook with the 1959-60 program were left in these homes - as a result these people visited or joined the club.

The H.D. news letter continued each month. This was also sent to the homemakers who showed interest in our work even though they did not or could not possibly join a club. Much publicity has been given in the local newspaper on H.D. work that is being promoted in the county. Special demonstration were given to senior Home Economics classes to show the<sup>m</sup>, especially those who will marry, what might be available in H. D. work.

#### V. Leadership

##### A. Growth of leadership

##### 1. Over-all program leaders

	1958	1959	1960
a. County Agricultural Ext. Service Board	<u>0</u>	<u>0</u>	<u>0</u>
b. Youth Council	<u>0</u>	<u>0</u>	<u>0</u>
c. Home Economics Council	0	0	0

2. Home Demonstration Club Leadership (Given in table below)

	1956	1957	1958	1959	1960
No. organizational leaders	0	32	40	43	36
No. project leaders	75	63	88	128	115
No. Fed. program of work Ch.	9	8	8	7	7
No. program dev. leaders	0	0	0	7	6
No. result demonstrators	1	1	1	2	5
No. training meets. by sp.	6	5	7	11	11
No. training meets. by dis. A.	1	2	0	1	1
No. training meets. by agent.	1	1	0	1	2
No. training meets. by others	1	1	0	0	0
Attendance at all train. meet	53	95	88	128	115
No. meetings held without A.	43	52	41	15	12
No. meetings, leaders assist.	36	63	52	48	55
Demonstrations by leaders	4	54	34	45	44
Talks and discussions by leaders	36	32	25	45	60

3. 4-H Club Leadership (Given in table below)

	1956	1957	1958	1959	1960
No. club officers	36	42	35	40	40
No. adult project leaders	10	12	6	8	12
No. junior project leaders	2	1	2	9	11
No. result demonstrators	0	0	0	0	5
No. train. meetings by sp.	0	0	0	0	3
No. train. meetings by Dis. A	0	0	0	0	0
No. training meetings by agent	4	2	0	2	2
No. training meetings by members club department	0	0	1	0	0
No. training meetings by others	0	1	0	0	4
Total attendance at ldr. tr. meet.	19	8	7	14	35
No. 4-H leaders trained ind.	10	12	6	8	8
No. club meetings held by leaders without agent	18	15	3	6	10
No. additional meetings at which leaders assisted	66	52	38	65	60
No. dem. given by adult ldr.	0	0	0	8	8
No. dem. given by jr. ldr.	0	0	0	15	12

B. Activities and Accomplishments of an outstanding individual and Extension part in this development:

Mrs. Clarke (Patty) Worsham an adult 4-H leader has contributed much to Extension work in Powhatan county. Mrs. Worsham is a young homemaker with one child. Before marriage she was employed working with a Richmond concern. Mrs. Worsham who is hardly more than a teen-ager herself is working with a junior 4-H club. She started with a club of 12 girls a year ago. Her enrollment has increased to over 20 boys and girls. Mrs. Worsham has attended and participated in all 4-H activities in county as achievement program, county council meetings etc. She was a most active leader in 4-H Camp working with tribes, cabin group, jr. leader etc. She has planned special activities for her club as picnics, parties, watermelon feast etc. The girls and boys love her and respect her greatly as their leader. She has worked up much interest in this 4<sup>th</sup> age group. New members are joining constantly.

She is not only active in 4<sup>th</sup> week but also in church and community affairs. Mrs. Worsham shows great capabilities as a leader. She did not belong to 4-H as a child and says she must learn along with her 4-H'ers what the work is.

VI. A. For special consideration

One significant achievement of Extension work in home economics was an elementary clothing construction class in cooperation with

with the local high school Home Economics Department. Similar classes had been tried unsuccessfully in previous years.

The problem was to meet the clothing construction needs of Powhatan homemakers especially young homemakers.

Method used - the county committee planned the school and did some publicity. The school was publicized by monthly H.D. news letters and by letters sent to parents by F.H.A. girls. Those interested indicated by notifying Home Demonstration office or Home Economics Teacher.

Classes were held once a week until one cotton garment was completed.

Result: Thirty women attended at least one meeting - about twenty completed garments. Much interest was shown in the school. Women told neighbors and many of them came to special demonstration. The women were so excited; they hoped to have another in the near future.

B. Progress in Developing Good relations in the county with:

a. Co-workers - the county agent, extension secretary and home agent meet informally at least once a week and more often if needed for staff conference to discuss using program. The county agent and H.D. agent have continued to work closer in past year especially with 4-H work in the county. The H.D. agent has tried to use the county agent as much as possible in planning 4-H meetings and programs.

**B. General Public**

The agent participated in county wide activities - educational, religious, social, cultural and service of other description as much as time allows. The agent attend different churches throughout the county and assists them in any way in planning suppers, remodeling of rooms etc. P.T.A. was attended more regulary in the past year - many people were seen who otherwise there is little contact.

**C. Elected representatives**

To keep friendly relationship with the Board of Supervisors has been given special attention. A special visit was paid to one member's home when the arrival of a new child took place. The agent reports through informal conversation to these members what extension is doing, especially the chairman. Special invitations were sent to members of the board of supervisors to all extension activities. The agent accepts suggestions from these members with lots of thought and appreciation.

**D. Commercial concern** - the agent pays no favor to any commercial except recognition and thanks to those who have helped H.D. and 4-H programs. Educational material which may be used in a future program has been kept in his subject file.

**E. Other professional workers** - Have cooperated and discussed extension and other problems when possible with people as Soil Conservationist, Welfare worker, teachers, superintendent of school, principal and other workers. The agent has worked closely with local health nurse and her county workers in planning a

mass x-ray survey.

The agent cooperated with Home Economics teacher when possible giving special demonstration to her classes. Close association was made in conducting clothing classes jointly.

C. Professional Improvement - attended district meetings, annual extension course, Institute of Rural Affairs, subject matter training meetings in the district. All of the latest informative material in bulletins, leaflets etc. has been read or at least skimmed. More subscriptions have been taken to educational magazines. Tours have been taken when possible.

#### VII. Look Ahead:

4-H work has progressed with improvement. More girls have joined 4-H and remained active members. One prominent business man sent a letter of appraisal of 4-H work in Powhatan to State Director of H. D. work and H. D. Agent.

With the many working homemakers the H.D. clubs have had fair participation and interest shown in the past year.

In the future I hope to include more young homemakers in the H.D. programs, to develop more long time goals and carry them out, to add more special interest group meetings.

In 4-H work I hope to start a 4-H monthly letter which will be as successful as the H.D. letter of this type. Continue to work on programs to keep older 4-H'ers interested.