

# ANNUAL NARRATIVE REPORT

## COUNTY EXTENSION WORK

### *Virginia Agricultural Extension Service*

JOLENE M. GRIFFITH

**Name**

COUNTY HOME DEMONSTRATION

**Agent**

**Title**

**Assistant Agent**

**Assistant Agent**

**Assistant Agent**



1959

LANCASTER

**County**

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## Highlights of the 1959 Program

The agent feels the Extension program made a definite contribution to better homemaking, better rural living and improved living through:

### 1. Federation Program of Work - Health

Helpful hints on nutrition were given throughout the year at monthly club meetings. Two county-wide meetings on cancer, mental health and first aid were held. These meetings were attended by many non home demonstration club members and their families. A county-wide home nursing clinic was conducted by three of our home demonstration women who are trained nurses. Here again, many non home demonstration club women attended this meeting.

### 2. Monthly Demonstrations

Five home management demonstrations were given, two by the agent, the other three by trained leaders. During the entire year, home demonstration women observed the six work simplifications: keeping everything within easy reach, using the best equipment and tools for the job, working in a comfortable position, combining jobs or parts of jobs, leaving out parts of a job and using both hands. Through the described learning process the agent feels the Extension program has improved the people through better homemaking practices and common community projects.

### I. Lancaster County

Lancaster County is located in the part of Tidewater Virginia known as the Northern Neck, a peninsula situated between the Potomac and Rappahannock Rivers. Lancaster is one of the smaller counties of the state with a land area of 142 square miles or 90,880 acres and eleven square miles of water area. The 1954 agricultural census states 33,376 acres are in farms, with 297 white operators and there are three incorporated towns, Kilmarnock being the largest with a population of 628.

Soybeans for beans is the leading crop, corn and small grains are produced for market. These provide thirty-three percent of the total farm income. Industries in Lancaster are commercial fisheries, forestry and a small amount of manufacturing of fish oil, fish meal, boxes for fishing crafts and boats.

The Extension agents have observed some interesting facts concerning the home living situation (no statistics available).

1. Most of the housewives do all the housework - very little help is employed.
2. We believe that Lancaster housewives do less canning than the average Virginia housewife and probably an average amount of freezing.
3. We believe most homemakers do the family laundry and practically one hundred percent have washing machines.

4. We believe that most of the women shop weekly for groceries.
5. Only a few families keep home milk cows or hogs or chickens.
6. The higher and lower income families tend to have no home garden or very little garden.
7. The middle income families do have a garden.
8. Farm women do practically no field work or farm chores.
9. Women from low income families around the water shuck oysters and crab.

## II. County Extension Program - Adult

### A. Organization

#### 1. County Agricultural Service Board

The County Agricultural Service Board was organized several years ago. At the present time it is inactive.

#### 2. Home Economics Council

The Home Economics Council composed of program development leaders, home demonstration committee members, and influential persons in the county interested in youth and improved family living was organized several years ago. However, this year it has been inactive.

3. General Interest Committee

This committee is made up of the program of work chairmen and program development chairmen. Health was their topic this year. This topic was stressed in monthly meetings, in two county-wide meetings on cancer and first aid, in a county-wide nursing clinic and through news articles and radio talks.

4. Home Economics Committee

This committee has not met as a group this year.

5. County Home Demonstration Committee

The County Home Demonstration Committee is composed of the officers of the home demonstration clubs, the program development chairmen, and the program of work chairman. This committee met twice during the year to plan the program and to check on the execution of it. The county objectives were:

1. Provide one scholarship to Jamestown Camp for a 4-H Club member. Result: one child, who due to family finances would not have been able to go, attended camp.
2. Observe National Home Demonstration Week. Result: county home demonstration clubs put an exhibit in a

window in our largest town. Each club had a representative who was interviewed by our county publicity chairman on the radio. News articles were written in observance with National Home Demonstration Club Week.

3. Furnish transportation and cookies for 4-H Sing sponsored by the Woman's Club of Lancaster County and the home demonstration clubs. Result: due to weather conditions, the sing was cancelled.
4. Plan a one day trip to some place of interest. Result: twenty-two women toured Richmond visiting Valentine Museum, St. John's Church, Capitol, Governor's Mansion and Gardens and Maymont Gardens.
5. Promote membership interest. Result: two new clubs have been organized this year.
6. Each club send a delegate to Rural Institute and share expenses if necessary. Result: one club sent a representative to Rural Institute.
7. Have a fair exhibit at Warsaw. Result: Lancaster Home Demonstration Clubs had an educational exhibit

on arrangement of a laundry center. They were awarded fourth prize.

8. Each club visit the Mary Ball Memorial Library during the year. Result: all clubs have visited the library either in club groups or individually.

B. Subject Matter and Special Emphasis Areas

1. Clothing

The objective in this field was to learn more about our new fabrics on the market with regard to consumer buying. Two monthly meetings were held in the clothing field. "Care of New Fabrics" consisted of discussing the various types of fabrics on the market, their characteristics and different types of finishes. Samples of man-made and natural materials were shown.

Much interest was shown in our demonstration "Tailoring Tips." Various types of seams and seam finishes were shown with regard to why you use one particular seam or seam finish. Mimeographed material was given out on Bound Buttonholes and Tailoring.

The clubs which were not interested in sewing selected as their demonstration "Clothing Selection." A flannel

board was used in reviewing the characteristics of fabrics on market, in showing lines in clothing based upon figure types, and the importance of reading and saving your label.

The radio and newspaper were used for the purpose of informing the public about other clothing topics.

## 2. House Furnishings

The objective in this field was to help the homemaker use what she had in her home but when necessary to improve the appearance and make it useful.

Miss Ruth Jamison conducted a workshop on refinishing furniture. Ten women attended this meeting and completed refinishing their furniture. News articles on refinishing furniture were written to inform home demonstration and non home demonstration members.

Miss Catherine Peery conducted a special interest group meeting on reseating chairs and stools. Approximately twenty-six women attended this meeting. Two other county-wide meetings have been held on reseating chairs and stools. These meetings were conducted by leaders.

The agent estimated that fifty-three women learned how to refinish stool frames and reseat chairs and stools through these county-wide meetings.

### 3. Food and Nutrition

The objective in this field was to learn how to prepare meals ahead of time. A demonstration was given on "Jiffy Meals." While teaching, a meal was prepared. Mimeographed material was given out containing suggestions for broiler, oven, pantry and frozen meals.

Miss Janet Cameron, Foods and Nutrition Specialist, trained women on "Meals That Freeze Well." While teaching she prepared several meals. These women gave similar demonstrations in their respective clubs.

The agent used the radio and newspaper as other ways of teaching consumer buying of food, food preparation, and meal planning. Food bulletins were distributed by requests received by telephone, at club meetings, church, school and home visits.

Selection of meats (how to identify cuts and buy wisely) was another demonstration given. The agent used slides and pamphlets from Blacksburg as a means of teaching this subject.

#### 4. Landscaping

The object in this field was to enable one to have some types of flowers blooming all year. Monthly demonstrations were given on "Flower Borders." Pictures were shown to the women regarding backgrounds, accents and color schemes for borders. Also, written material was given each lady concerning types of annuals and perennials, when to plant, where to plant, etc. A county-wide meeting was held by W. P. Judkins, Extension Horticulturist, on landscaping your home and flower borders.

Some of the clubs had a garden chairman. Material was used from state office, news articles, and magazine articles. Often these reports were illustrated with colorful pictures. An estimated fifty-five families improved their home grounds with suggestions gotten through the Extension Service.

#### 5. Rural Arts

The objective in rural arts was to learn how to make something pretty, useful and inexpensive for the home. A county-wide workshop was held on etching trays. Miss Catherine Peery conducted this meeting. Twenty trays were made.

News articles were written on "Let's Decorate for Christmas" and "Ways to Distribute Small Christmas Gifts."

The agent feels that the women developed skills in creative art and a creative need was met.

6. Home Management

The objective in home management was to learn how to use the material on hand to the best advantage and to learn how to save time, money and energy through work simplifications. The agent probably had more news articles and radio programs on this topic than any other subject matter. News releases from the home management specialist were used, and other information from similar sources.

Five monthly demonstrations were held in this field.

They were the following:

1. How to Make the Best Use of Time in Housekeeping.

A leader-training meeting was held by Mrs. Cicie O'Brien. She demonstrated posters on the six work simplification principals and passed out mimeographed material to the leaders. The leaders did likewise in their respective clubs.

2. Kitchen Storage

A leader-training meeting was held on Kitchen Storage with eighteen leaders present. Miss Settle assisted us with this meeting. A demonstration set of space-savers was made by each club. The leaders took the sets back to their clubs and demonstrated the various uses of the space savers. Mimeographed material was passed out to the club members with directions for making the space-savers at home.

3. Laundry Problems and How to Overcome Them

This demonstration included ways to determine the type of detergent to use, the laundry characteristics of wash and wear garments, stain removal and arrangement of your laundry equipment. Club women were so interested in this demonstration that they selected this topic as their exhibit for the fair.

4. Cleaning Wood Furniture

"Cleaning Wood Furniture" was another interest to home-makers. In this demonstration a piece of furniture was cleaned with a homemade preparation. Removing spots and and covering scratches was demonstrated. Various types

of commercial cleaners and waxes were discussed. The agent estimates that eighty percent of the women made and used dustless dust cloths and homemade furniture cleaner after this demonstration.

5. Cleaning Upholstered Furniture

Leaders gave demonstrations on cleaning upholstered furniture. In these demonstrations each leader cleaned either a piece of upholstery or a rug. Soap jellies, detergent jellies and commercial cleaners were discussed fully. Posters were shown explaining various stains and the methods of removing them.

6. Marketing

The agent used the radio and newspaper as a way of teaching good marketing principles. Articles covered were: What is Beauty in Home Furnishings, Selection of Fabrics for Summer Suits, Put Cheese in Your Diet, Wise Shopping for Clothing, Labels Help You and Keys to a Well Planned Wardrobe. As a result of these articles, many bulletins were distributed by requests received by telephone, home visits and club meetings.

7. Health

The objectives were:

1. Monthly meetings - helpful hints on nutrition emphasizing the seven basic foods, vitamins found in foods, ways to cook foods to get most nutrition out of them.
2. County-wide meetings on cancer, mental health, first aid. The health department obtained film and information on cancer. Local doctors gave talks on mental health and juvenile delinquency. The local rescue squad gave demonstrations on methods of artificial respiration. Approximately fifty-four people attended these meetings.
3. Home nursing class. Nurses in our home demonstration clubs conducted this all-day meeting. They demonstrated and taught temperature readings, making a bed with patient in it, giving the patient a bath, soft and liquid diets. After the demonstration a question and answer period followed. This meeting was quite successful and many non home demonstration club members attended.
4. Each home demonstration member and family have chest X-ray. The X-ray machine is not in our community until November 10, 1959, so as to date we have no data on this.

8. Story in One Subject Matter

The objective in home management was to learn how to use material on hand to the best advantage and to learn how to save time, money and energy through work simplification.

During the entire year home demonstration women observed the six work simplifications in home management: keeping everything within easy reach, using the best equipment and tools for the job, working in a comfortable position, combining jobs or parts of a job, leaving out parts of a job and using both hands. Eight home demonstration women made a plan of work for seasonal, monthly and daily chores. They are timing themselves on various daily chores trying various methods of doing their work to see which is more efficient for them. Thirty-six space savers were made among the club women at a leader training meeting. These space savers were then demonstrated by leaders to the club women. Many of these women used scrap lumber at home and made these. The women used these space savers not only in the kitchen but in their medicine cabinet, clothes closet and stationary desk. News articles were written. The agent

received requests from non home demonstration club women on more information about this phase of home management.

Nine out of ten home demonstration club members have said that they were not aware of soap and detergents being built or unbuilt. Women were most interested in laundry problems and arrangement of equipment. The theme for the fair exhibit from Lancaster County was arrangement of a laundry center. Here they arranged the equipment in good order emphasizing using the things you have on hand to the best advantage.

"Cleaning Wood Furniture" was another interest to home-makers. In this demonstration, a piece of furniture was cleaned with a homemade preparation. Various types of commercial cleaners and waxes were discussed. The agent estimates that eighty percent of the women made and used dustless dust cloths and homemade furniture cleaner after this demonstration.

Leaders gave demonstrations on cleaning upholstered furniture. In these demonstrations each leader cleaned either a piece of upholstery or a rug. Soap jallies,

detergent jellies and commercial cleaners were discussed fully. Posters were explained on various stains and the method of removing stains.

C. Other Activities

During Home Demonstration Club Week, home demonstration club women put an exhibit in a Kilmarnock store. This exhibit included hooked rugs, resected chairs and stools, clothing, kitchen space savers, pictures made out of dried flower arrangements, pictures framed with passe tape, sequin ear rings, ceramics. Available Extension bulletins were placed in this exhibit. Kilmarnock is the shopping center of the county and this exhibit was seen by many people and created much interest in home demonstration work throughout the county. A radio program was held by out publicity chairman at which time she interviewed a representative from each club. Newspaper articles were written concerning National Home Demonstration Club Week.

Twenty-two home demonstration club women and agent toured Richmond. They visited Valentine Museum, St. John's Church, Capitol, Governor's Mansion and Gardens, and Maymont Gardens. This activity was thoroughly enjoyed.

Twelve home demonstration women attended the District Federation Meeting held in Fredericksburg. Lancaster County women were in charge of recognition of guests and courtesy committee.

Forty-two home demonstration women journeyed to Richmond to Channel 12 Studio Party. They carried some of their work and explained it on the program. This work included hooked rugs, resected stools, pictures from dried flowers, etc. After the studio party a tour was taken of Valentine Museum and White House of Confederacy. This trip was most enjoyed by home demonstration women throughout the county.

One home demonstration club member attended Institute of Rural Affairs in Blacksburg as a county representative.

An educational fair exhibit was put up on "Arrangement of Laundry Equipment." This exhibit stressed making the best use of what you have on hand. Lancaster County won fourth place in the educational exhibits at the fair.

Lancaster County Home Demonstration Clubs put a float in the homecoming day parade at the county high school. The float was decorated in the home demonstration colors. On

the float, a kitchen center, a sewing center and furniture refinishing were exhibited. Much interest was aroused from this float.

The home demonstration yearbook is attractive looking. The back was made at the printers office. The pages were mimeographed and assembled and made into book form by the Extension secretary. This yearbook is most attractive and useful.

APRIL 30, 1939



Stool Photo by Hostly

Nineteen home demonstration club members attended a reseating chair and stool clinic Friday, April 24, at Trinity Episcopal Parish House, Lancaster, Liveo, Ocean, Flects Bay, Corrotoman and Rehoboth Clubs were represented. Eighteen stools and one chair were completed at this meeting. Leaders for the meeting were Mrs. Howard Doggett, Monaskon; Mrs. H. C. Meswain, Flects Bay; Mrs. Roy Young, White

Stone; and Mrs. Margaret Currell, Kilmarnock. Miss Catherine Peery, rural arts specialist, Blacksburg, held a similar clinic in January at which time the leaders were trained. Among those working at the clinic were (left to right): Mrs. Mollie Hinson, Mrs. H. C. Meswain, Miss Jolene Moyer, Mrs. Mallery Cockrell, Mrs. Dorothy Kersey and Mrs. W. H. Welch.

D. Urban Work

By definition, we class non farm people in our county as rural non farm.

E. Farm and Home Development

The agent has only been working with farm and home development work since July. A specialist from VPI spent two days training the agent on farm and home development work. Since that time, the agent has been working with one family. The problems most encountered were lack of capital and lack of records. The agent has given this family a record book in which they were quite interested.

III. County Extension Program - Youth

A. Organization

1. County Council

The County Council composed of officers of the 4-H Clubs did not meet this year.

2. Project Planning Committee

The 4-H project planning committee is planned to be made up of school principals and teachers, home demonstration committee, banker, several ministers, a representative of Lions Club and the county agents. Four-H work has the

interest and respect of these people who are willing to cooperate and plan for activities.

B. 4-H Project Work

Forestry, Health, Looking Your Best and So You'd Like to Sew were the projects selected by the 4-H members in cooperation with teachers and school principals in the schools.

The Health project included demonstrations on Eating the Right Foods, Caring for Your Teeth and Smile, Caring for Your Hands, Your Home Medicine Kit, Improving Your Posture, Caring for Your Skin and Hair and the Importance of Ventilation When Sleeping. One month, a former home demonstration agent conducted buss sessions on Accident Prevention. Each month 4-H members gave demonstrations on what was discussed at previous meetings. These demonstrations included reports and posters. Approximately ten home medicine kits were made and eight hand care kits. Each club carrying the health project put up an exhibit during National 4-H Club Week.

Looking your Best was the project which the seventh grade boys and girls selected. Demonstrations were given on Caring for Your Teeth and Smile, Your Hands, Making Your Own Shoe Shine Kit, Improve Your Posture, Care for Your Skin and Hair and Colors Best Suited for You. Four-H Club members gave

demonstrations at each meeting on what had been discussed at the previous meeting. Each 4-H member was given samples of shoe polish for their shoe shine kits which were made out of cigar boxes. Some of the girls made hand care kits. Several 4-H members in one room wrote and put on a play entitled "How Grooming Affects Your Future." The home economist from Northern Neck Electric Cooperative gave demonstrations to the 4-H'ers on "How Colors Affect Your Personality." A former home economics teacher spoke to the boys and girls on "Good Grooming Tips." Four "Looking Your Best" exhibits were put up by the 4-H'ers during National 4-H Club Week.

Four-H girls in the sixth grade took "So You'd Like to Sew" as their project. These 4-H members started out making sewing boxes by covering cigar boxes with cotton material. They then made wrist pin cushions and needle cases. Typewriter ribbon boxes were gaily decorated to serve as snap containers. Each child then began making a gathered skirt. This taught the 4-H member to straighten material, baste, gather, the elementary use of the sewing machine, how to put in a zipper and to put in a hem. In one school the girls

wore their skirts at their May Day exercises. As a result of this project about forty-eight girls learned the basic steps in sewing. Ten adult 4-H leaders helped the agent in this project.

The forestry project was conducted by the county agent.

Senior 4-H Club members took "Make or Remake" project. This group met twice a month after school and were assisted by a junior leader. Each girl taking this project completed at least two garments.

Four-H girls taking the meal preparation project met twice a month after school and were assisted by a 4-H adult leader and agent. At each meeting 4-H Club members gave demonstrations. These demonstrations included Proper Setting of a Table, Ways to Cook Eggs, Milk Dishes, Basic Foods, Planning Meals, Frying a Meat and Preparing a Salad. At each club meeting baked food which the club members had made were brought to the club meeting and judged by the 4-H members. In the spring the girls had a picnic which they planned, cooked and served. This was enjoyed by all.

Four-H members in the Room Improvement project made plans of their room and then discussed ways to improve their room.

Each 4-H member in this project made at least one improvement in her room. All of the 4-H members are caring for potted plants in their room. While taking this project they made a dustless dust cloth, a laundry bag and a book shelf. Each of them have rearranged their rooms and planned future color schemes and room improvements.



### C. Other Activities

#### 1. National 4-H Club Week

The 4-H Clubs celebrated National 4-H Week in various ways. Four junior 4-H Club members were interviewed

on the radio in connection with National 4-H Club Week and 4-H work in Lancaster County. Five newspaper articles were written by 4-H Club members concerning their project work and other activities. Six exhibits were placed throughout the county in local store windows by junior 4-H members. These exhibits carried themes of Wheel of Good Eating, Making Your Home Medicine Kit, Do You Have Good Posture, Tips in Good Grooming, Neatness is Important and Your Shoes Tell. The senior 4-H members prepared a bulletin board display in their high school. These exhibits created much interest in 4-H Club work throughout the county.



A 4-H Club committee working on their exhibit for National 4-H Club Week. From left to right—Laura Dawson, White Stone; Stanley Lowery, Irvington; B. H. Hubbard, White Stone; and Hazel Lynn Stevens, Weems. (News items in second section.)

2. Four-H Essay Contest

The Lancaster Woman's Club sponsored an essay contest on "Why and How We Should Keep Our County Clean." Over one hundred 4-H girls and boys entered this contest. Prizes were awarded by the Woman's Club according to age levels.

3. 4-H Camp

Thirty-two 4-H members, two leaders and two agents attended 4-H Camp. The campers were given an opportunity to tour the Jamestown festival area, Mariner's Museum and see the Common Glory. Phases of the program included forestry classes, beginning swimming class, handicrafts, outdoor competitive games, songs, ball games, campfire and a candlelight service on the James River.

4. Fair

The 4-H fair committee put up an exhibit during fair week. The exhibit was on Good Grooming.

5. District 4-H Contests

Five 4-H Club members entered contests in the district. One senior 4-H member entered the dress revue contest modeling a tweed suit and over blouse. She received a red ribbon.

The Junior 4-H'ers entered: Public Speaking, "Country Living", red award; Meal Preparation, "A Nutritious Breakfast", blue award; Room Improvement, "Color Magic", red award and Junior Dress Revue, modeling blouse and skirt, red award.

6. 4-H Calendars

We had 4-H calendars sponsored by a local merchant. These calendars were thoroughly enjoyed by the 4-H members.

## IV. Scope of Work

## A.

	1955	1956	1957	1958	1959
<u>No. H. D. Clubs</u>	<u>8</u>	<u>8</u>	<u>8</u>	<u>8</u>	<u>9</u>
<u>Membership</u>	<u>260</u>	<u>273</u>	<u>273</u>	<u>120</u>	<u>159</u>
<u>No. H. D. Groups (unorganized)</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>Membership</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. L.H. Clubs</u>	<u>11</u>	<u>12</u>	<u>11</u>	<u>10</u>	<u>13</u>
<u>Membership</u>	<u>333</u>	<u>331</u>	<u>298</u>	<u>270</u>	<u>340</u>
<u>No. YHW Clubs</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>Membership</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Community Clubs</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>Membership</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Home Ec. Committees</u>	<u>0</u>	<u>1</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. General Interest Committees</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Youth Committees</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Other Organizations</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<u>No. Farm &amp; Home Dev. Families</u>	<u>0</u>	<u>19</u>	<u>31</u>	<u>31</u>	<u>31</u>
<u>No. Other Families Reached</u>	<u>321</u>	<u>154</u>	<u>667</u>	<u>154</u>	<u>157</u>
<u>No. Different Families Reached</u>	<u>827</u>	<u>688</u>	<u>698</u>	<u>181</u>	<u>653</u>

**B. Increasing Scope of Work**

Possibly home demonstration club work is publicized mostly by word of mouth. Activities that women plan and participate in are interesting topics of conversation and are thus passed on to non home demonstration club members.

The agent has a news column in the weekly paper which covers a wide area. The editor of the paper is most cooperative in carrying stories and pictures of 4-H activities and home demonstration club activities.

The agent has a fifteen minute radio program twice a month which gives her a broader field in which to publicize home demonstration club activities, stories, practices of members, and of course, subject matter. The radio station is most cooperative in making recordings of special programs such as National 4-H Week activities, home demonstration achievement programs and others.

The fair, district and state meetings are other means of publicizing the work.

V. Leadership

A. Growth of Leadership

1. Overall program leaders

	1957	1958	1959
a. County Agricultural Extension Service Board	0	0	0
b. Youth Council	0	0	0
c. Home Economics Council	0	0	0

2. Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
<u>No. organizational leaders</u>	0	0	0	0	0
<u>No. project leaders (subject matter)</u>	67	24	28	14	81
<u>No. federation program of work chairmen</u>	9	8	9	8	10
<u>No. program development leaders</u>	8	8	9	8	10
<u>No. result demonstrators</u>	67	37	56	18	31
<u>No. training meetings by specialists</u>	8	9	1	3	5
<u>No. training meetings by agents</u>	0	11	0	0	2
<u>No. training meetings by others</u>	0	0	0	0	0
<u>Attendance at all training meetings</u>	62	189	77	28	81
<u>No. meetings held without an agent</u>	9	12	9	45	28
<u>No. meetings leaders assisted</u>	17	8	67	4	63
<u>Demonstrations by leaders</u>	9	12	13	34	17
<u>Talks and discussions by leaders</u>	23	19	72	11	9

## 3. A-II Club Leadership

	1955	1956	1957	1958	1959
No. club officers	44	48	46	30	48
No. adult project leaders	3	4	1	0	13
No. junior project leaders	0	0	0	0	1
No. result demonstrators	212	11	7	0	0
No. training meetings by specialists	0	0	0	0	0
No. training meetings by dist. agents	0	0	0	0	0
No. training meetings by agent	16	1	22	0	0
No. training meetings by members club dest.	0	0	0	0	0
No. training meetings by others	0	0	0	0	0
Total attendance at ldr. tr. meetings	27	65	363	0	0
No. A-II leaders trained individually	2	3	7	0	0
No. club mtgs. held by ldr. without agent	16	18	7	0	0
No. additional club meetings at which leaders assisted	21	13	0	0	18
No. demonstrations given by adult ldrs.	18	4	7	0	23
No. demonstrations given by junior leaders	2	4	5	0	3

**B. Development of Leadership Activities**

Mrs. X joined the home demonstration club last year. She had never belonged to a home demonstration club before moving to the county as she had always lived in the city. Not knowing many people at first, she attended meetings but never offered any suggestions, only listening to the other women. Gradually as she knew the people better she began to assume more leadership ability. She became craft leader in her club and attended all the special interest meetings in the county. She served as a leader in our county-wide workshop in crafts. When the agent gave demonstrations on bound buttonholes, she made a set and demonstrated them at her club meeting. She attended the federation meeting in Fredericksburg as a representative of her club and also Institute of Rural Affairs. She is very active in leadership now in our county and is constantly assuming more responsibilities.

**VI. For Special Consideration**

**A. Significant Achievement of Extension Work**

Over a period of years one objective of Extension has been to reach more young homemakers. In one particular section several homemakers inquired about home demonstration work. They invited their friends and neighbors to a social at which

time they discussed forming a home demonstration club. They organized and at present have seventeen active members. Since organizing they have taken a very active part in the county home demonstration club work. One of their members served this past year on the yearbook committee. They have sent leaders to all of the home demonstration leader training meetings and are always well represented at home demonstration county-wide affairs. After attending one county-wide meeting on reseating chairs and stools, they went back and conducted a clinic in their club for club members who were unable to attend and for non home demonstration club members. This club is continually growing and expanding.

#### B. Relations In County

The agent has tried to develop good public relations in the county by cooperating with other agencies through talks, conferences, telephone calls, visits and social functions. The confidence of other agencies is respected and protected and the agent feels that the Extension Service is held in the same high regard.

Educational programs with forestry service, Vepco, Northern Neck Electric Cooperative, wo-ag, home economics, school

officials, parent-teacher's association, health department and ministerial association were promoted by the Extension agents.

C. Professional Improvement

The State Department aided in the professional improvement of the home agent by making it possible for her to attend agent's conference at V.P.I. and Rural Institute. This conference provided excellent speakers and programs combined with association with other professional people and leading key people throughout the state. The agent has access to magazines such as What's New in Home Economics, Forecast, Extension Service Review, Journal of Home Economics and other magazines which bring research findings, illustrations, subject matter to groups and individuals.

VII. The Look Ahead

The agent feels that during the past year more leadership has been shown by the home demonstration club women; however, it is hoped that in the next year more leadership will be developed especially in the youth phase.

One young homemakers club has been organized this past year. The agent feels that there is still a great need for more young homemakers clubs in the county.

It is hoped that in the coming year community 4-H Clubs will be organized with adult leaders and junior leaders carrying most of the programs. The agent feels that this way more 4-H club members will be able to take more of a variety of projects and therefore they would be more interested in entering contests, etc.