

Through publicity, we hope to inform others of our objectives, activities being carried on to obtain these objectives and accomplishments toward them.

Efforts will be made to cooperate with other organizations and agencies and to secure their cooperation for the advancement of the extension program.

B. Plans for Professional Improvement

Activities for professional improvement will include the reading of books, newspapers, magazines and attendance at extension training meetings.

C. Phase of County Program Making the Most Significant Contribution

The Family's Use of Credit is the part of the program which, in my opinion, will make the most significant contribution to family living during the year.

A survey will be made at the close of these activities to determine the feeling of the people toward this phase of the program. Similar subjects will be carried on the program during the next year.

3. Four-H Club Leadership

	No. in	Goal
	1959	1960
No. 4-H Club officers	80	85
No. adult leaders (project)	10	15
No. junior leaders (project)	0	1
No. result demon strators	0	2
No. training meetings by specialists	0	1
No. training meetings by dist. agents	0	0
No. training meetings by agents	2	6
No. training meetings by member of club dept.	0	0
No. training meetings by others	0	1
Total attendance at leader training meetings	22	80
No. leaders trained individually	10	15
No. club mtgs. held by leader without agent	22	20
No. Additional mtgs. at which leader assisted	24	20
No. demonstrations by adult leaders	96	75
No. demonstrations by junior leaders	0	10

B.. Plans for Strengthening Leadership

Adult leadership in 4-H club work is the area in which we need to put such emphasis.

To help in solving this problem, committees have been selected to make plans for each special program for the year. Adults have ^{been} invited to assist in making these plans. It is hoped that these will be satisfying experiences for the adults and will result in their continued participation in the 4-H Program.

VI. Plans for Maintaining and Strengthening Good Public Relations

During the year, efforts will be made to maintain and strengthen relations with the state extension organization, the land-grant colleges, organizations, businesses, mass media personnel, other agencies and individuals and families. Information relative to activities planned and carried out by extension clubs in the county will be publicized through newspaper, radio, circular letters, meetings, exhibits and personal contact.

B. Plans for Informing the Public About the Extension Home Economics Program

During the year, special efforts will be made to reach people in unorganized communities. These will be made through the use of newspaper, circular letters, radio, exhibits and personal contact.

V. Leadership

A. Plans for Leadership	No.	Goal
1. County Program Leaders	<u>1959</u>	<u>1960</u>
a. County Agricultural Extension Service Board	24	27
b. Youth Council	80	85
c. Home Economics Council	0	0

2. Home Demonstration Leadership	<u>1959</u>	<u>1960</u>
<u>No. organizational leaders</u>	<u>26</u>	<u>41</u>
<u>No. project leaders (subject-matter)</u>	<u>90</u>	<u>72</u>
<u>No. Federation program of work chairmen</u>	<u>0</u>	<u>7</u>
<u>No. Program development leaders</u>	<u>6</u>	<u>7</u>
<u>No. result demonstrators</u>	<u>1</u>	<u>2</u>
<u>No. training meetings by specialists</u>	<u>2</u>	<u>1</u>
<u>No. training meetings by dist. agents</u>	<u>0</u>	<u>1</u>
<u>No. training meetings by agent</u>	<u>2</u>	<u>5</u>
<u>No. training meetings by others</u>	<u>0</u>	<u>1</u>
<u>Attendance at all training meetings</u>	<u>25</u>	<u>72</u>
<u>No. meetings held without an agent</u>	<u>6</u>	<u>12</u>
<u>No. meetings leaders assisted</u>	<u>46</u>	<u>50</u>
<u>Demonstrations by leaders</u>		<u>50</u>
<u>Talks and discussions by leaders</u>		<u>50</u>

C. Other Activities

Other activities to be carried on by 4-H members during the year will include the observance of National 4-H Club Week, 4-H Club Sunday, 4-H Achievement Day and a 4-H Club Picnic.

Special planning committees have been set up to plan activities for these events. The members of the committees include 4-H members, adult leaders and the extension agent.

IV. Scope of Work

	1959	Goal 1960
No. HD Clubs	6	7
Membership	85	110
No. HD Groups (unorganized)	0	1
Membership	0	10
No. 4-H Clubs	16	17
Membership	462	500
No. YMW Clubs	0	0
Membership	0	0
No. Community Clubs	0	1
Membership	0	25
No. Home Ec. Committees	1	1
Membership	0	12
No. General Interest Committees	0	0
Membership	0	0
No. Youth Committees	0	1
Membership	0	16
No. Other Organizations	0	0
No. Farm and Home Dev. Families	0	1
No. Families Reached	525	550
No. Different Families Reached	525	700

The areas needing greatest emphasis are those of unorganized communities and increased membership in home demonstration clubs.

Through publicity of activities being carried on by organized clubs and publicity of the goals of extension, it is hoped that additional clubs will be organized and membership in present clubs will increase.

5. Wildlife- Birds

Topics to be Included

1. Bird enemies
2. How to Construct Birdhouses
3. The Value of Birds to Man
4. How to Attract Birds
5. Basic Needs of Birds
6. Identification of Some Common Birds

Number of Clubs Involved

There are two clubs enrolled in this project.

Goals

1. To develop an awareness of the importance of birds to man.
2. To provide such information and instruction as will help club members and others to understand the needs of birds.
3. To encourage the provision of food, water and shelter for wildlife.

What Members are to Learn

1. To identify certain birds and their nests.
2. The importance of birds to man.
3. How to build bird houses and waterers.
4. The habits of certain birds.
5. To identify our state and national birds.

Plans for Carrying Out Project

Use will be made of leaders who have received some training in leading discussions and in giving demonstrations on the different topics included.

4. Looking Your Best

Topics to be Included

1. Care of the Teeth
2. Care of the Hands, Skin and Shoes
3. Making Quick Repairs
4. How Do You Rate- A check Sheet

Number of Clubs Involved

There are three clubs enrolled in this project

Goals

1. To provide such information and instruction as will enable club members and others to improve their personal appearance.
2. To encourage the use of such information in daily living.

What Members are to Learn

1. The importance of proper care for the skin, teeth, shoes and hands.
2. How to take care of the teeth, skin, shoes and hands.
3. How to make simple clothing repairs.
4. The part proper food, rest and exercise play in good health.

Plans for Carrying Out Project

Methods similar to those listed for projects above will be used.

Plans for Carrying Out Project

Specialist help has been requested for the training of leaders in the making of electric motors. Additional training will be given by the agent to club members serving as leaders.

Discussions and demonstrations will be given during club meetings. These will be given by the agent, leaders and club members. Completed articles will be exhibited during club and other meetings.

3. Farm and Home Electrics - Unit I

Topics to be Included

1. The Place of Electricity in the Home and On the Farm
2. Do's and Don'ts for Home Lighting
3. How to Repair Service Cords
4. Types of Cords and How they are Constructed
5. How to Make an Electric Lamp
6. How to Make and Use an Electric Motor

Number of Clubs Involved

There are 11 clubs carrying the project.

Goals

1. To provide such information as will help club members learn more about the use of electricity.
2. To teach simple electrical repair.
3. To teach the making of simple electric motors.
4. To provide information on safety in relation to electricity.

What Members are to Learn

1. The use and importance of electricity.
2. How to repair service cords.
3. How to make electric lamps.
4. Advantages and disadvantages of different types of light.
5. The effect of poor lighting on the eyes.
6. How to make and use simple electric motors.
7. How cords are constructed.

8. To make buttonholes.

Plans for Carrying Out Project

Leader training meetings will be held at which time leaders will be trained by the agent to give demonstrations and assistance to club members.

Necessary supplies and equipment will be secured. Completed garments will be presented to the clubs and to the public.

2. So You'd Like to Sew

Topics to be Included

1. Learning to Sew - Discussion
2. How to Thread the Sewing Machine
3. How to Stitch on a Sewing Machine
4. How to Make a Handkerchief, Pincushion or Needle Case
5. Ho to Make a Gathered Skirt
6. How to Make a Simple Blouse
7. How to Make an Exhibit

Number of Clubs Involved

There are 10 clubs carrying this project.

Goals

1. To stimulate interest in making simple garments at home.
2. To provide information and experiences in sewing that will develop skills.
3. To encourage the use of knowledge gained and skills developed.

What Members are to Learn

1. To Thread the sewing machine.
2. To stitch on the sewing machine.
3. To take simple measurements.
4. To pit in plackets and hems.
5. To cut simple garments.
6. To mark seams.
7. To attatch buttons.

Plans for Carrying Out Projects

Group discussions and demonstrations will be held on each subject during meetings of clubs. These will be led by the agent, leader or a club member who has been selected by the group or volunteered, and has had some previous training.

Demonstration and illustrative materials will be secured and used both in training and in club meetings. Members will be given recipes and asked to try them at home. Samples of products made are to be brought in to club meeting for viewing and judging.

B. Four-H Project Work

1. Meal Preparation

Topics to be Included

1. Good Manners and You
2. Table Setting and Serving Foods
3. Planning, Preparing and Serving a Breakfast
4. Methods of Preparing Eggs
5. How to Prepare a Salad
6. Preparing and Serving Club Refreshments
7. Planning a Family Dinner

Number of Clubs Involved

There are four clubs enrolled in this project.

Goals

1. To provide such information and experiences as will enable club members and others to plan, prepare and serve simple dishes and meals.
2. To teach club members and others how to set the table in an acceptable manner.
3. To encourage club members to use the information gained through participation in the project in their daily home life.

What Members are to Learn

1. How to set the table and serve foods.
2. To plan meals according to the Basic Four food plan.
3. To teach members to measure, using standardized measuring utensils.
4. To prepare foods in different ways.

III. County Extension Program - Youth

A. Organization

1. Four-H Club Council

The 4-H Club Council is composed of the officers and leaders of the various clubs in the county.

Its purposes are: to assist in planning subject-matter for the county's program, to raise funds for 4-H activities, to plan and conduct special programs and to select and send delegates to state 4-H meetings.

2. Project Planning Committee

The Project Planning Committee is composed of one or more representatives from each club and their adult leaders.

This Committee reports to the council on club accomplishments and desires of clubs as to projects to be carried and special events participated in by clubs.

C. Other Activities

Other activities to be carried out during the year will include the observance of National Home Demonstration Club Week, an educational tour, an achievement program and the organization of a community club.

Detailed plans for these activities will be made by the County Home Demonstration Advisory Board during its meeting in February.

D. Plans for Adapting and Carrying Out Programs With Urban Families

Should the time, kind and amount of information requested by urban families coincide, it will be given in groups. Otherwise the information will be given individually.

At present, we have no organized urban groups.

E. Farm and Home Development Families

It is hoped that through individual contact with families, discussions in clubs and the advisory board, some family or families will request or accept the services offered through the farm and home unit program.

4. Rural Arts

Problem

How can we create interest in, and encourage participation in useful leisure time activities?

Topics to be Included

1. Metal and Glass Etching
2. Copper Enameling

Number of Clubs Involved

There will be six clubs participating.

Goals

1. To develop skill in art activities.
2. To encourage participation in useful leisure time activities.
3. To encourage creativeness.

What People are to Learn

1. To make original designs.
2. To trace or copy designs.
3. To apply paints, etching solutions and enamels.
4. Some background information on art.

Plans for Carrying Out Programs and Measuring Results

Leaders will be trained in groups to lead discussions, give demonstrations and assistance to club members. Additional assistance will be given to individual leaders when a need is indicated.

Instructional materials and equipment will be secured for use in training leaders and in giving demonstrations to clubs. A survey will be made to determine the number of articles made, the number being used by families, and other items made as a result of information gained in club meetings.

3. Home Management

Problem

How can we develop an awareness of the importance of safety in the home, and encourage families to practice safe habits?

Topics to be Included

1. Safety in the Home
2. First-aid Supplies and Their Use

Number of Clubs Involved

There are six clubs participating.

Goals

1. To reduce the number of accidents in and around the home.
2. To prepare families for giving simple first-aid treatment.
3. To encourage families to secure basic first-aid supplies for home use.

What People are to Learn

1. Fire and falls- as hazards to safety.
2. Basic first-aid supplies needed for the home.
3. How to give simple first-aid treatment.
4. The importance of safety, both local and national.

Plans for Carrying Out Program and Measuring Results

Leaders for this area of the program will be trained in leader training meetings. Assistance will be requested from a local agency in training leaders.

A survey will be made to determine the number of families following recommended practices.

leaders to lead discussions and give demonstrations.

Specialist help has been requested to assist in training leaders. Adequate instructional materials will be secured for use in training and in regular club meetings. Use will be made of radio, newspaper articles and other printed materials in attempting to inform others of these activities.

2. Home Management

Problem

How can we encourage individuals and families to learn more about, and to make wiser use of credit and bank services?

Topics to be Included

1. The Family's Use of Credit
2. Doing Business at the Bank

Number of Clubs Involved

There will be six clubs

Goals

1. To learn more about credit buying.
2. To make wiser use of credit.
3. To learn more about banking and services offered by banks.

What People are to Learn

1. The cost of credit
2. Factors that should be considered when deciding to use or not to use credit.
3. Types of bank accounts, and the difference between them.
4. Check writing and cashing.
5. How and where to borrow money.
6. How much interest is paid on borrowed money.

Plans for Carrying Out Program and Measuring Results

Leader training meetings will be held for the purpose of training

Plans for Carrying Out Program and Measuring Results

Training meetings will be held at which time leaders will be trained to lead discussions and give demonstrations.

During meetings, charts, printed and other illustrative materials will be used as teaching aids.

At the close of the clothing construction activities, items made will be presented publicly. A survey will be made to determine progress made and additional assistance needed by the people.

B. Subject-Matter - Adult

1. Clothing Construction

Problem

How can we develop greater appreciation for, and improve the quality of home sewing?

Topics to be Included

1. Body Measurements and Pattern Selection
2. Studying the Pattern- Its Markings and Guidesheets
3. Laying the Pattern, Cutting, Marking and Stitching
4. Attaching Zippers, Pockets, Buttons and Buttonholes
5. Hems and Belts

Number of Clubs Involved

There will be six clubs involved in these activities.

Goals

1. To develop greater appreciation for home sewing.
2. To improve the quality of home sewing.

What People are to Learn

1. How to select the type and size pattern for the individual.
2. How to take body measurements.
3. To read, understand and follow directions given on patterns and guidesheets.
4. How to fold materials and lay pattern pieces.
5. Better ways of attaching zippers, buttons and buttonholes.
6. How to make self belts and hems suited to different fabrics.

II. County Extension Program- Adult

A. Organization

1. County Home Demonstration Advisory Board

The County Home Demonstration Advisory Board is composed of three representatives from each club and other interested persons.

The purposes of the organization are: to assist in planning subject-matter activities for the county, to plan and sponsor special programs for the advancement of extension work, to raise funds for financial obligations of the program and to arrange for county participation in state extension activities.

2. Home Demonstration Club Committee

This committee is made up of one or more representatives from each home demonstration club.

It studies county facts, bring in suggestions as to needs and desires of club members and others, and assist in determining the subject-matter content of the program.

3. County Home Economics Committee

This committee will be composed of one member from each club and one non-club member from each magisterial district in the county.

The committee, as a result of existing county conditions, will select an area of concentration that will be of general interest to the people of the county.

sett provide county-wide communication.

Telephone service is available in most communities. A recent survey indicated that there were 13,200 families in the county and that 9,920 of these have television and 12,400 have radios.

There are five elementary and one high school for Negroes in the county. Statistics as presented in the 1950 census indicated that there were 2,750 non-white persons age 25 and over in the county. The median number of years of formal schooling for this group was 5.3. (135 of the 2,750 were not reported).

In addition to home demonstration and 4-H Clubs, there are Parent-Teachers Associations, Boy and Girl Scouts and various church clubs.

Religious affiliations include Baptist, Holiness, Christians, Methodists and Prebyterians. Churches are small with small membership. Ministers, for the most part, live outside the community in which they serve.

Goals for the Year

1. To develop a greater appreciation for and improve the quality of home sewing.
2. To provide such information as will enable individuals and families to make wiser use of credit.
3. To help families to learn more about banking and services offered by banks.
4. To provide such information as will help families become more aware of the importance of safety in and around the home.
5. To encourage the use of safe habits in the home.
6. To encourage better food habits among individuals and families.

I. County Situation Considered in Working Out the 1960 Program

Henry County comprises a land area of 384 square miles and one square mile of water. Minerals include mica, feldspar, kaolin, soapstone and granite.

Approximately three fifths of the land is forested. Soils vary heavy clay to sandy loam. The average size of farm is 83 acres. Tobacco is the leading crop and accounts for about 65% of all farm sales. Many farmers are shifting to livestock, especially beef cattle. Dairying is becoming more important. Almost 70% of the farms are being operated on a part-time basis.

Manufacturing is the chief source of income. The county's best known product is furniture. Other products include textiles, lumber, plywood, truck and bus bodies, concrete blocks, crates, screens, mirrors and veneer.

Although manufacturing has to a large extent supplanted agriculture, there has been no pronounced drift of rural families to urban areas. Manufacturing concerns are located in various sections of the county as well as urban areas and workers commute daily.

Two U. S. highways, routes 220 and 58, two state routes 108 and 57, and many secondary roads give access to every section of the county. Two railroads, the Norfolk and Western and the Carolina Northwestern, a branch of the Southern Railroads pass through the county also. Highway passenger service is provided by Greyhound, Trailways, Abbott's Bus Line and the Martinsville-Danville Bus Line. The Rapid Transit System serves much of the county. This makes for ease of transportation within, and to points outside the county.

Two radio stations located in Martinsville, the county seat, and two newspapers, one published in Martinsville and one in Bas-

Table of Contents

	Page
County Situation Considered in Working Out the 1950 Program	1 - 2
Goals	2
County Extension Program- Adult	
County Home Demonstration Advisory Board	3
Home Demonstration Club Committee	3
County Home Economics Committee	3
Subject-matter	
Clothing Construction	4 - 5
Home Management	6 - 8
Rural Arts	9
Other Activities	10
Plans for Adapting and Carrying Out Program With Urban Families ..	10
Farm and Home Development Families	10
County Extension Program - Youth	
Four-H Club Council	11
Four-H Project Planning Committee	11
Four-H Project Work	
Meal Preparation	12-13
So You'd Like to Sew	14-15
Farm and Home Electrics	16-17
Looking Your Best	18
Wildlife - Birds	19
Other Activities	20
Scope of Work	
Organization and Membership	20
Plans for Informing the Public	21
Leadership	
Plans for Leadership	21
County Program Leaders	21
Home Demonstration Leadership	21
Four-H Club Leadership	22
Plans for Strengthening Leadership	22
Plans for Maintaining and Strengthening Public Relations	22
Plans for Professional Improvement	23
Possible Contribution of Program to Families	23

Plan of Work

1960

Henry County

L. A. Witherspoon

Local Home Demonstration Agent