

Many educational opportunities are within sight. With strength and wisdom from God perhaps I can take advantage of these opportunities to increase the scope and effectiveness of the Warren County Home Economics phase of Extension Work.

THE END

VII. A LOOK AHEAD

Evaluation of your own work and the work of the people in your county, I feel, is rather difficult job. While I feel that strides have been made toward improving the County Extension Program, I don't like to sound boastful. Actually the sky is the limit so far as an Extension Program is concerned. Certainly the sky hasn't been reached.

Leadership I feel has been progressively developed this past year and I feel it will continue to develop. One of my big jobs is to train more leaders and give them added responsibility with both youth and adult work.

A great deal must be done in the future toward organizing the Front Royal 4-H Clubs. Since we are not meeting in the schools, our enrollment has dropped considerably and it will take a great deal of time to reorganise groups with active leaders in the town of Front Royal. This is a time consuming project but must be attended to.

I feel progress has been made toward reaching young homemakers through the Associate Club member program. I hope this project will catch on even more in the future. I would like to develop more ways to assist this group of people specifically. Such things as a special newsletter or perhaps special meetings on subjects of interest to brides or young married couples.

It is hoped that the Bentonville H. D. Club can be reorganized in 1962. There are young homemakers in that community that seem interested in H. D. Club work. I feel that former members will fall in line if the young folks take an interest and show some leadership.

Home Agent should. I make a habit of speaking to people I see on the street or encounter, calling them by name if possible.

Elected Representatives: Reports are given each year to the Board of Supervisors of major accomplishments. Each member and his family is asked to attend the H. D. Achievement Program each year. Discuss the program with them at other times if occasion arises.

Commercial Interests: There has been very much goodwill shown to me by the establishments of Front Royal. Many of them have loaned me items to use for demonstrations and done so willingly. Local Freezer people gladly distribute Frozen Foods News. Agent gave demonstration at Southern States on "Freezing Foods." Agent held tour of local furniture store for H-M Clubs. Shown appreciation to businesses for their assistance through radio and news articles. Three new businesses have been worked with in "Automotive Care" project.

H. D. Clubs have toured three businesses in Front Royal which I feel have improved public relations.

C. PROFESSIONAL IMPROVEMENT

Many bulletins have been read to improve myself professionally. Professional magazines, articles on outlook and etc., have been read whenever time would permit. Have used set of encyclopedia and loaned books from local library to help in securing various needed information. Have attended all training meetings available to me. Would like to attend summer school, but family situation prevents me from doing so. Have visited H. D. Agents in other states on vacation to learn new ways of conducting program.

VI. SPECIAL CONSIDERATION

The Health and Safety Committee has come extremely close to achieving an important goal in 1961--that of organizing a County Safety Council.

The committee chose to devote their efforts in 1961 to reducing the county accident rate by organizing a county Safety Council to coordinate and plan the Safety Educational program for various organizations in the county.

Agent and Committee Chairman met with Chamber of Commerce Secretary to obtain interest of Chamber. Agent met with Executive Board to present facts of safety survey to board.

Safety Committee and Chamber representative contacted personally and/or by letter every organization in the county. This was done to secure their interest in organizing a safety council. Two meetings were held and most organizations were interested. The final step of organization has not yet taken place. Since the Chamber was working with the project and the Executive Secretary left in November, the Council is yet to be formed. Agent and committee will have to push this into final reality early in 1962.

B. DEVELOPING PUBLIC RELATIONS

Co-Workers: This does not seem to be a problem in our county.

Offices are located close together and office conferences are held whenever needed. No one has a chip on his shoulder waiting to get it knocked off and feelings hurt.

General Public: I try to remember the names and faces of people I have met and come in contact with whether through work or play. I try to live an everyday life that any respectable citizen and

of the active members to carry their share of the load have been the three main factors in improving the club. The club has carried several projects this past year that has helped to bind the group together with one interest.

The Executive Committee met at the beginning of last year and made their plans for the year. The group then proceeded to carry out their plans. The club members have taken an active part in the Fair. 65 attended Special interest meetings. 38 attended training meetings this year. 4 radio programs have been presented. Outstanding projects have been the purchase of silver and china for their community building, having a cake walk to raise funds for their community building and serving refreshments each month to the 4-H Club.

Their service to the 4-H Club has been outstanding. There has been tremendous improvement in the interest of parents in their community 4-H Club work. We have five active volunteer leaders in this club at this time, plus interested parents. The 4-H Club was also selected as the 4-H Club of the Year.

Without the Extension Program the community would not have worked together in this way. Extension has offered the opportunity and guided in the development of this group. This group was very hard to reach due to the fact that there are 4 churches to separate the people. The H. D. Club has at present overcome this problem and is making a beneficial contribution to the growth and development of the community.

No. club meetings held by ldr. w/o agent	30	30	40	42	43
No. additional meetings at which leaders assisted	41	47	59	62	75
No. demonstrations given by adult ldrs.	41	77	91	104	120
No. demonstrations given by junior leaders	4	4	9	10	14

B. LEADERSHIP DEVELOPMENT

Several things have happened in the country this year that gives me reason to feel that leadership has continually developed.

1. H-H leaders have actually volunteered for the first time in my Extension Career. Normally I have had to draft and beg assistance.
2. Two leaders in the Viscose City H. D. Club came willingly to my rescue when they were needed to assist with the tailoring workshop. These ladies had attended several tailoring classes previously and served in the capacity as teachers in this tailoring class in an outstanding way.
3. A new H. D. Club was organized this year with very little effort on the part of the agent. A homemaker that agent had worked with previously called and asked how to get a club organized. In a week she had 18 names. At this time, two meetings have been held and 15 people attended each meeting.
4. The Waterlick-Buckton Club was recognized as the H. D. Club of the year in 1961. A great deal has happened to change this club during the past five years. I can recall attending one or two meetings in the club with the hostess being the only person present.

New and more interested members joining the club, a new president with some organizational ability and the willingness

Each year we seem to get more participation of non-H.D. Members in our Special Interest Workshops. We have reached new people this year through Weight Control, Interior Decorating, Re-Upholstery, Tailoring, Adjusting Machines and Use of Sewing Machine Attachments.

The Associate Club Member program was designed to increase the scope of Home Demonstration Club Work. 56 homemakers have been reached with more detailed information as a result of this program.

V. LEADERSHIP

A. Growth of leadership

1. Over-all program leaders	1959	1960	1961
a. County Agricultural Extension Service Board			
b. Youth Council	6	7	9
c. Home Economics Council	14	14	18
2. Home Demonstration Club leadership			

	1957	1958	1959	1960	1961
No. Organizational leaders	55	56	58	58	58
No. project leaders (subject Matter	75	75	77	100	72
No. Federation program of work chairmen	11	11	11	20	11
No. program development leaders	10	9	10	10	10
No. result demonstrators	32	33	34	35	35
No. training meetings by specialists	3	4	2		3
No. training meetings by dist. agents	1	1	1		
No. training meetings by agents	2	5	2	4	1
No. training meetings by others	1		1	1	3
Attendance at all training meetings	111	78	149	94	96
No. meetings held without an agent	75	79	73	74	83
No. meetings leaders assisted			20	21	22
Demonstrations by leaders			93	97	109
Talks and discussions by leaders	406	424	438	444	445

3. 4-H Club Leadership

	1957	1958	1959	1960	1961
No. Club Officers	74	75	84	95	130
No. adult project leaders	14	16	23	24	24
No. Junior project leaders	5	6	7	7	10
No. result demonstrations					1
No. training meetings by specialists					
No. training meetings by dist. agents					
No. training meetings by agent	2	2	2	2	2
No. training meetings by club dept.					1
No. training meetings by others				2	
Total attend. at Ldr.tr. Meetings	53	50	65	73	55
No. 4-H leaders trained indiv.	14	16	23	24	24

The Reliance Senior 4-H Club collected trash along the highways and took it to the county dump to make their community more attractive.

The Bethel Senior 4-H Club collected trash along the highway also.

8. IFYE

The E. Maurice Bowen family were hosts for one month this year to the first International Farm Youth Delegate. Muradise Sirikala from Turkey was with them from May 26 to June 26th. This proved to be a most interesting experience for the Bowsens and the County Extension Program.

IV. SCOPE OF WORK	<u>1957</u>	<u>1958</u>	<u>1959</u>	<u>1960</u>	<u>1961</u>
No. H. D. clubs	9	10	10	10	10
Membership	185	200	182	193	191
No. H. D. Groups (unorganized)			2	2	3
Membership			35	50	65
No. 4-H Clubs	15	15	18	19	19
Membership	195	245	235	261	224
No. YMC Clubs	1	1			
Membership	39	40			
No. Community Clubs	0	0	0	0	0
Membership					
No. Home Ec. Committees	1	2	2	2	2
No. General Interest Committees	0	0	0	0	0
No. Youth Committees			1	1	1
No. Other Organizations	0	0	0	0	0
No. Farm and Home Dev. Families	6	9	9	9	11
No. Other Families Reached	1150	1386	1423	1439	1445
No. Different Families Reached	1800	1779	1829	1848	1854

Agent has made an effort to increase scope of work by contacting freezer dealers through which 1000 Frozen Foods Newsletters were distributed. A bulletin rack at the local silk mill has distributed approximately 8,000 bulletins this year. Many local people have been reached through this medium as well as persons in other counties.

Landscape notes are sent to the garden clubs in the county to assist them with their gardening work.

presented to Outstanding 4-H Club members for camp and Short Course.

4. National 4-H Club Week

Each of the 4-H Clubs made some observance of 4-H Club Week this year. Special programs were held by some clubs. Exhibits were set up by some and news articles written by others. Skits were presented on 4-H Club work. 1 radio program was prepared and presented. These special programs help to acquaint parents and younger boys and girls with 4-H work and encourage boys and girls to become members when they are old enough to join.

5. 4-H Picnic

A county-wide 4-H picnic was held in July for all members and their parents. About 75 members, family and friends attended.

6. Fair

4-H members participation in the Warren County Fair was greatly improved. There were 226 exhibits in open classes. Two Senior Clubs prepared Educational Exhibits. Individuals participated in open class exhibits also. This gives 4-H members an opportunity to compare their work with others and sometimes helps to establish new goals for achievement.

7. Clean-Up Campaign

All 4-H Clubs were contacted and asked by agent to plan community activity for clean-up campaign. Each member promised to pick up trash and clean around own home and grounds.

The Linden Club collected trash in their community in burlap bags and then had it hauled away. A prize was given to the person who collected the most.

C. OTHER ACTIVITIES

1. 4-H Camp

21 4-H girls attended 4-H Camp in 1961. 3 leaders, Miss Elizabeth Rudacille, Miss Joyce Shipe, Mrs. Carroll Grubbs also attended. Camp crafts for 1961 were Spatter Painting, Copper Tooling and Making Knife Packs. Agent was in charge of Vespers for camp. Additional classes were: Wildlife, Song and Game Leadership and Home Nursing and Civil Defense. 10 of the 19 4-H Clubs were represented this year. All reported a wonderful week. Most of them hope to return in 1962.

2. 4-H Demonstration Contests

4-H Demonstration Contests were held in January of 1961 with 19 4-H members participating. 3 girls entered District Contests. Participation among girls 14 years old was extremely limited this year. We hope this can be improved in the future.

3. 4-H Achievement Day

Approximately 200 people attended the 4-H Achievement Day. Over 35 4-H members participated in some way in the 4-H Share the Fun program. This gave these children an opportunity to get on the stage and perform to help them gain confidence. Winners in the contest were Lorraine Rudacille of the Senior Division and the Otterburn 4-H Club of the Junior Division. Leaders were recognized for their good work for the year. Mr. and Mrs. Harry Hammock, Mrs. Ruth Abbott and Mrs. R. J. Sadlick were recognized for 5 years each of 4-H leadership. Awards were presented in various projects. The Bethel Senior 4-H Club received the plaque for the year. Scholarships were

"Making Shell Jewelry", "Skin Care", "How to Select Clothes," "Making Christmas Decorations," "Good Grooming," "Spatter Painting," "How to Get the Most for Your Dollar", and "Choosing a Career" and "Making Puppets" are the subjects demonstrated. These youngsters help plan the program for their club. They like active projects and many of the other projects do not appeal to all. Blacksburg does not recognize this as a project, but if we keep these youngsters happy, developing skills, increasing knowledge and teaching them things they can do with their hands, they stand a good chance of becoming better citizens--which is our GOAL OF 4-H CLUB WORK.

17 members carried this project and 13 completed in 1961. A puppet show was held in conjunction with this project in one club. The puppet show was presented at a community meeting, a H. D. Club and during the 4-H Share the Fun program.

4. Automotive Care and Safety

There were 11 girls taking the Automotive Care and Safety project in 1961. 4 girls completed. Two of these girls have received their drivers license since beginning the project. These same two girls prepared an exhibit for the Warren County Fair on Highway Safety Rules. It received a blue ribbon.

color schemes, how to arrange flowers, proper lighting for the bedroom, and what to look for when buying furniture and choosing, making and hanging pictures. Several of the 7 groups carrying this project had workshops and made Wall Hangings by spatter painting and/or leaf printing. 68 4-H members carried this project and 65 completed.

A most interesting tour was conducted through a local furniture store to teach the girls how to judge quality of furniture. 51 members participated in the tour.

3 4-H members gave demonstrations during the county contest on Room Improvement.

Susan Grubbs conducted an outstanding project in Room Improvement this year. She refinished bed, chest and dresser for her room, planned the color scheme, made drapes and dust ruffle, re-arranged furniture and painted room. Susan bought lamps with money earned at fair with 4-H projects to improve the lighting in her room. Susan plans to work on her brother's room next year.

The Reliance Senior 4-H Club prepared an exhibit on their Room Improvement project for 1961 Fair.

3. Recreation and Rural Arts

In order to maintain interest in some of the senior clubs a project on Recreation and Rural Arts has been carried. This gives a general subject of interest to the Club and many of these boys and girls carry other projects at home. Leaders and agents give demonstrations to teach the youngsters "Recreation Leadership", "Glass Etching",

in Dress Revue won red ribbon in District Contest. A large number of garments were exhibited at the Fair. Having the dresses judged helps them to improve sewing techniques. 13 girls carried and completed this project.

C. Looking Your Best

Objectives of this project are to teach basic methods of personal care and how to care for their clothing. To instill pride in their appearance and the importance of proper food to keep you "Looking Your Best."

Method Demonstrations were presented to 4-H members by leaders and agent on Eating for Beauty, Caring for Your Hair and Hands, Selection of Clothing and Accessories, Pressing Your Clothing, Making Repairs and Caring for Clothing to Keep it Attractive.

33 members carried and 30 completed this project, 4-H members have learned ways to care for their clothing as well as themselves. Children report putting in hems, sewing on buttons, washing sweaters and pressing their clothing as a part of their 4-H activities. The Senior 4-H members and 7th grade girls like this project very much.

2. Room Improvement

Objectives in this project are to teach members to keep their room orderly, to teach convenient furniture arrangement, to teach members to plan color schemes, teach simple flower arrangement, good lighting and furniture selection.

Agent and leaders presented demonstrations on bedroom storage, furniture arrangement for the bedroom, How to plan

helped to hold their interest. The teachers of one of the groups has created a problem as she would not allow children to attend club meetings after they joined. This also hurt 1960-61 completions.

1. Clothing

a. So You'd Like to Sew

Objectives of this project were to learn simple sewing techniques and develop good sewing habits. To learn parts of the sewing machine and how to use the machine properly.

Method demonstrations were given by agent and leaders on sewing techniques to 86 girls taking project. Subjects demonstrated were: Well equipped sewing box, Making Wrist Pin Cushions, Hemming Towels, Making Fringed Head Scarf and Tray Cloth, Making Pillow Cases, Making Bedroom Slippers from Wash Cloths, Simple Skirts, Making Tissue Box Cover, and Using the Sewing Machine. 64 girls completed the project. Most of the girls taking project completed 4 articles each. The skills learned in this project were basic and very important in future clothing construction. These 4-H girls exhibited articles in their clubs for 4-H Club work. Most of these are first year girls and are very promising 4-H members. They actually apply their knowledge as they learn with this project.

b. Make or Remake

This project carried on an individual basis primarily. Agent held summer workshop on this project in 1961. 11 girls completed project during workshop. Agent gave help to 4-H members upon request. Donna Kersey County winner

Council Meeting. Cooperate with H. B. Clubs in community programs. Have each local club set up and complete objectives for year. Have 75% completion of project records.

Two County Council meetings were held, one in October to plan 1961 county activities, goals and programs, and elect officers for 1961. 65 members were present representing 10 clubs. The other County Council meeting was held in the spring to plan the county picnic and teach recreation to the group.

The County Council is sponsoring the 1961-62 yearbook. The County Council has helped carry out the program by developing more leadership and acquainting more members and parents with the organization and purpose of the 4-H program.

There is no All Star Chapter in the county. Roberta Close was taken into the State All Stars during 1961 short Course.

There is no Honor Club organized in Warren County at this time.

B. PROJECT WORK

All projects are planned to instill the desire to learn new and improved methods of homemaking and to create a desire to have clubs and club members participate in county exhibits and contests, and to help them learn of the services available through the Home Demonstration Program.

A total of 257 projects were carried by the 224 4-H members enrolled in 1961. There were 208 projects completed in 1960-61. This gives an 84% completions of projects. School clubs in Front Royal did not complete projects, as many dropped out before they were completed. Several groups that were large were divided into smaller groups, this gave more attention to the 4-H members and

and landscape plans have not been carried through as yet. Mr. Cecil Wheary and Mr. Paul Smeal have assisted in planning with this family.

III. COUNTY EXTENSION PROGRAM-Youth

A. ORGANIZATION

1. 4-H ADVISORY COMMITTEE

The Warren County Youth Committee met two times in 1961 to assist with planning a youth program for the county. A thorough discussion of the county situation as it affects youth was held. Objectives and goals were set up. The committee recommended that Junior and Senior 4-H Club leaders be used more in 4-H program. Work closer with F.F.A. and F.H.A. Try to include parents in more of the 4-H Club work. Work through adult groups to improve 4-H programs by offering scholarships to camp and short course. Ask that organizations give personal encouragement to 4-H youngsters. Work in community clubs only in the Front Royal area.

2. 4-H County Council--The overall objective of the council is to strengthen the 4-H program. Objectives of the council are:
- Hold at least 2 County Council meetings a year with all clubs represented. Increase 4-H membership. Conduct county and local club meetings more efficiently and practice parliamentary procedure. Enlarge 4-H participation in Achievement Program
 - Collect 10¢ dues per member before the spring county council meeting. Have more participation in County, District and State Contests. Have Song and Recreation Training Meeting at Spring

have completely remodeled the downstairs of their colonial style home. They removed large fireplace in dining room and replaced it with a small flue for furnace. Replastered and repainted living room, dining room, kitchen, bath and hall. Floors have also been refinished on entire first floor. They removed partition in dining room to make the room larger. Cornices have been built for dining and living room windows. One door was closed off on the front of the house.

The kitchen was completely rearranged and rebuilt providing a convenient built in kitchen with eating area on one side. Birch cabinets have been used throughout the kitchen and dining area. A desk was built into the kitchen area for keeping business matters and meal planning up to par. A walnut china cabinet was built in the dining room.

The bathroom walls have been tiled with ceramic tile. Vinyl tile was used on the floor. Storage was built into the bath also. The old pantry has been converted to a wash room with entry to the room from the back porch--where everyone comes in.

The outside of the house has been changed in appearance by the addition of 4 large white columns and a colonial porch on front.

A basement was dug and built to be used as a kitchen and recreation room while the remodeling was going on. The basement will continue to be used as a recreation room after all remodeling is completed.

The Maddox have made great strides through their furnishings and

The Browntown Club planted flowers and shrubs around one of their churches that had nothing growing around it.

The Riversont Club "housecleaned" at their community center.

The Viscose City Club contacted councilmen and attended town council meeting in an effort to get an old building cleaned up or torn down.

D. URBAN WORK

There are 3 clubs organized in town which reaches approximately 75 families. A new club was organized in the Front Royal and Mountain View area in October. It has 20 members. Many people living in town have been reached through Special Interest meetings. Meetings on Interior Decorating, Tailoring, Weight Control, Re-Upholstery, Adjusting the Sewing Machine and Use of Machine Attachments have reached town and rural people not in H. D. work.

Agent has worked with a number of urban families on special problems in connection with Housing, House Furnishings and Landscaping. Agent has contacted local stores and given them educational material on subjects of interest to their customers as a means of reaching more people.

E. FARM AND HOME DEVELOPMENT WORK

Problems: Finding more time to work with families. Lack of money available to conduct projects according to their plan. Discouragement among the families due to slow results. Keeping minds on long-time goals set up. 11 families worked with in 1961.

Progress: Agent has worked extensively in 1961 with Mr. and Mrs. W. A. Maddox of Limeton. During the past year the Maddox have installed a central hot water heating system for their home. They

Each H. D. Club prepared Educational Exhibits for Warren County Fair. They drew a great deal of favorable comment.

5. Associate Club member Program

Agent encouraged all H. D. members to have an associate Club member in 1961. Club member was to take leaflets to these Associate members and discuss each monthly program with them and help them get answers to questions from agent if necessary. Associate members are homemakers who work away from home, have small children or for some reason cannot attend a club regularly. This program is new, but there is hope for growth. The H. D. Club members report having 56 associate members this past year.

6. H. D. Week

Home Demonstration Club week was observed in some way by each of the nine clubs in the county.

Two clubs worked together in preparing an exhibit in a local store window representing the H. D. Clubs' study of History. The exhibit drew considerable attention from the people in and around Front Royal.

7. Clean-Up Campaign

All Home Demonstration Clubs were asked to cooperate with Clean-Up Campaign and plan some special project. Individual members in the clubs participated by cleaning up their own home grounds.

Front Royal Club planted marigolds in the town square at the intersection of Chester and Main Street.

2. Tours

The H. D. Clubs held a tour of new and remodeled homes in November to observe the accomplishments of some of their club members. Five homes were visited.

3. H. D. Achievement

The 1961 Achievement Program was held in November with a covered dish supper, exhibits and a program. Approximately 150 to 175 attended. David S. Scott, IFYE to Panama, spoke and showed slides made on his trip. The Waterlick-Buckton Club was recognized as the H. D. Club of the year. 31 Reading certificates were presented to the H. D. members. H. D. Club members reported reading 641 books in 1961. 16 members were recognized for perfect attendance at H. D. Club meetings in 1961.

A new club was organized in 1961 with 20 members on the roll.

4. Fairs and Judging

H. D. Club members who have been trained by Extension Specialists served as judges in 2 fairs last year. The women are rather conscientious in their efforts to judge fairly, but feel they need more training.

Agent worked with local Fair Committee in planning the Home Economics Exhibits for the Fair. The Fair Committee grows each year as more people become interested. Planning and evaluation meetings were held.

8 clubs have sponsored 4-H Club work in one or more ways. The Waterlick-Buckton Club has served refreshments at all 4-H Club meetings. They also furnish three 4-H leaders to the 4-H Club Program. 2 clubs placed flowers in hospital for a week or more. 2 clubs circulated books from local library. 2 clubs have carried old magazines to hospital. 31 H. D. Club members earned reading certificates in 1961.

The Front Royal Club has sponsored a bus trip to the National Flower Show each spring for 3 years now. 41 members and friends went on the tour in 1961. The Riverton Methodist continues as a landscape project for their club, also 2 slide files for agent's office have been purchased by the Front Royal Club.

The Rockland Club set up a loan fund for school books as a project for 1961. Clothing and equipment has been given to several families in their community.

The Reliance Club started a project this year to assist teachers at school to get sick children home. This had been a school problem for several years.

The Viscose City Club assisted in cleaning up their community, this year by attending the Town Council Meeting as a group and asking that vacant lots be cleaned off and 2 old buildings torn down. They accomplished their requests.

The Lineton H. D. Club has made 2 quilts this year to support the John S. Mosby Building Program with \$200.00.

thirty mile radius has maintained need and interest in making clothes for the homemaker and her family.

Two programs were planned to help the homemaker improve her skills and knowledge in home sewing in 1962. The workshop on Machine Adjustment and attachments proved most helpful. This program proved so beneficial to the 20 homemakers who attended in 1961, that another clinic of this type has been planned for 1962.

The Tailoring Workshop this year was the most successful one I have held in the county. The good publicity in the past I feel is responsible for its success. Interest was so great that agent had to prepare a waiting list for a future class. Agent felt that half of those signed up would be unable to come at the last minute. When the cutting day arrived 18 homemakers showed up. Two leaders who have attended several classes recently came to the rescue and assisted in teaching the group. I hope the leaders confidence has been strengthened enough that they will perhaps hold a class in the future for interested persons. Many well made garments will be enjoyed as a result of efforts of these two leaders and the agent to this phase of the Extension Program.

C. OTHER ACTIVITIES

1. H. D. CLUB PROJECTS

Each H. D. Club has conducted one or more projects in 1960. Each club has had one radio program and has been responsible for one news article. 4 clubs have had 2 programs on radio. Rockland and Front Royal and Viscose City H. D. Clubs have dressed dolls for the Salvation Army, medicine chests were restocked by 4 clubs.

many of the H. D. members and should not be considered as time wasted.

Ladies were called upon to give a demonstration on Christmas Wreaths and decorations in Rappahannock County.

5. Health & Safety

There has been a need for a long time in the county for a coordinated Safety Program with the various organizations of the county participating. The Health and Safety Committee asked that the agents efforts be made in 1961 to organize a Safety Council in the county with assistance from local Chamber of Commerce. The Safety Committee made a number of contacts with various organizations to interest them in promoting a Warren County Safety Council. Agent worked with local Chamber Secretary and two meetings were held of organizations interested in organizing a Safety Council. The next step is to actually organize. Chamber Secretary was to make final contact with organizations to obtain their wholehearted support. He has resigned his position now and left town, so things must be revived by agent and Health and Safety Committee in the very near future. As a result of these efforts, 3 H. D. Clubs and 2 P.T.A. groups have held special safety programs in 1961. Agent presented program to two groups and leaders to three groups.

SIGNIFICANT STORY

Clothing - Interest in the clothing Program has grown within the last five years in the county and interest continues very high. Perhaps the fact that there is a woolen and silk mill end salesroom within a

WHAT WAS DONE

2 leaders were appointed in each club to assist with the H.D. phase of the program. Leaders were trained to assist the Agent with demonstrations on "Making Christmas Wreaths" and "Making Pictures and Wall Hangings From Dried and Artificial Flowers and Fruit" in 9 clubs.

Other topics presented this year by agent and leaders were Making Candles, Mosaics, Knitting, Reseating Chairs and Stools, Making Stuffed Toys, Making Shell Jewelry, Metal Tooling and Making Quilts.

Results

Educational exhibits at the Fair in 1961 were Making Quilts, Making Christmas Wreaths and Decorations, and Making Wall Hangings From Dried Flowers and Seed Pods. Thousands of people saw these exhibits.

Perhaps more results will show up with Christmas Wreaths in 1961 than last year as snow prevented many people from getting greens for use in Christmas Wreaths last year. 84 people reported attending the meeting on Wreath Making. 43 people reported making 84 wreaths last year which is still fairly good results.

The questionnaire filled out by H. D. members in October did not show real good results. I know of many members who have made wall hangings since October. 37 of the 73 attending the meeting on "Wall Plaques and Pictures" report making 63 plaques or pictures.

The club members receive a great deal in the way of recreational value from the arts and crafts projects. This is recreation for

Results

There has not been a detailed special evaluation of the Home Furnishings Program this year. The H. D. questionnaire shows 614 rooms have been redecorated. From comments made by homemakers the program was most helpful to them in making their homes more attractive.

Seven pieces of upholstery was completed as a result of the workshop. Interest in re-upholstery continues. Requests are already coming in for another workshop in 1962. Sixty-three homemakers have finished or refinished frames or plaques as a result of the workshop on frames. Mrs. Compton Eshelman has a beautiful refinished dining room suite as a result of Extension assistance.

4. ARTS AND CRAFTS

Problems and Needs

1. Homemakers need to create something.
2. Crafts serve as a large part of recreation for many homemakers.
3. Need for improving skills.
4. Need for learning and applying artistic skills.
5. Changes in home accessories are needed.

People to Learn

1. How to make attractive and decorative accessories for the home.
2. How to use accessories they make.
3. Improved skills in various arts and crafts studied.
4. Art principles as they apply to articles being made.

3. Learn how to decorate.
4. Need for skill in re-upholstery and refinishing furniture.
5. Refinishing methods for picture frames.

People to Learn

1. How to improve appearance through better planning.
2. How to plan a color scheme.
3. How to re-upholster and refinish picture frames and furniture.
4. Trends in House Furnishings.
5. How to use various periods of furniture effectively.
6. How to select proper light for certain tasks.

What Was Done

Two House Furnishings leaders were appointed in H. D. Clubs to assist with the program. Leaders attended Special Interest Meeting on Interior Decorating and were trained for a demonstration on finishing picture frames and plaques to be used in the home.

Miss Ruth Jamison was in Warren County for a two day workshop on Interior Decorating. Trends in decorating, window treatment, selecting rugs and carpets and planning color schemes were the topics discussed during the workshop. Planning was the key word throughout the workshop. 50 homemakers attended.

Agent held re-upholstery workshop with 29 persons attending. 7 pieces of upholstery were worked on.

Several news articles and radio programs have been devoted to House Furnishings planning.

Good lighting was stressed during Interior Decorating Workshop.

81 reported attending the demonstration on Planning Clothing Storage. 36 reported improving their storage since that time. Many of these report adding closets as a result of that meeting. 67 of these H. D. members report that they realize the importance of planning storage when building or remodeling rather than attempting to add a closet later. Often the space is not available later as pre-planning left space for such a purpose.

Clothing storage was emphasized on the tour of 5 new and remodeled homes attended by 53 people in November.

Tailoring has been of great interest for several years in Warren County. 18 homemakers attended the class this year and made a garment. 12 of these homemakers had never attended a tailoring class previously. The methods used in this class were new to instructors as well as students. The fact that these leaders assisted me so faithfully with this class made it a success. Agent could not have handled the group alone.

H. D. members report 76 garments tailored as a result of previous training, 500 other garments were made and reported.

Agent has had requests from several persons as a result of the bulletins distributed through the Silk Mill sales room. Requests have come from several surrounding counties and New York state for further information on Clothing Construction.

3. HOUSE FURNISHINGS

Problems

1. Information needed on good lighting for various tasks.
2. Need to learn how to plan color schemes--coordinate furnishings. Trends in furnishings.

WHAT WAS DONE:

Leaders were appointed and trained to assist with program on "Making Gifts from Odds and Ends", in 9 H. D. Clubs.

Agent presented demonstration on planning and improving clothing storage space in 9 H. D. Clubs.

Agent presented demonstration through Special Interest Workshop held on Adjusting Sewing Machine and Using Sewing Machine Attachments. 2 people from the Singer Store in Winchester assisted with this training. They brought machines from their shop for everyone who attended to practice what teacher demonstrated to group. This way everyone could develop their skill with machine adjusting and attachments during meeting.

Agent and 2 leaders held workshop on "Making A Tailored Dress or Suit." 18 persons attended class and made a garment. Radio and newspaper used to publicize clothing information and tips on clothing from time to time.

Approximately 8,000 bulletins have been distributed through local Silk Mill bulletin rack in 1961.

RESULTS

The Viscose City Club prepared an exhibit for the Warren County Fair on "Making Gifts from Odds and Ends". It won a blue award. People were amazed at the articles that could be made from articles usually thrown away.

The 78 people reporting on the H. D. Club questionnaire have made 138 gifts from odds and ends. I feel sure that the Christmas season will raise this number considerably also.

Problems	Topics to be Include	Group
1. Better Storage Space for Clothing.	Planning and Using Clothing Storage Spaces	10
2. Scraps are often left or thrown away that might make useful economical gifts for Christmas or birthdays. Ideas for using leftovers are needed.	Use of sewing machine attachments Adjusting the Sewing Machine Making Gifts from odds and ends	1 special 1 special 10
3. Need to learn skill at using sewing machine attachments.	Making a Tailored Dress	1 or 2 Special Interest
4. Need to learn how to adjust machine to make nicer seams in newer fabrics.		
5. Experience needed in Sewing Techniques.		

Goals	People are to Learn	Plans for Carrying Out Program and Measuring Results
To have more attractive clothing as a result of proper storage, proper machine adjustments and use of good methods when making clothing at home.	How to have more attractive clothing at low cost. How to adjust sewing machine. Skill at using sewing machine attachments.	Agent & leaders present demonstration in H.D. Clubs.
Homemakers to make better use of Sewing Machine Attachments	How to provide storage space for various types of clothing.	Mrs. Spielman to assist with Special Interest.
To use left over materials for gifts.	Learn how to make useful gifts from left over scraps, etc. Efficient methods of making a tailored garment.	Use radio and newspaper to present information on clothing. Questionnaire will be used to obtain results.

Many homemakers not reached through regular H. D. program are reached through Frozen Foods Newsletter. This seems to be a nice way of reaching new people.

H. D. reports from 105 homemakers show 10,963 quarts of food canned. 7,663 packages of foods frozen in 1961. Canned food quality continues to improve at Warren County Fair.

2. Clothing (see chart)

Members realize that Vitamin C. is soluble in water and lost after long cooking periods. 10 of the 88 persons fail to know what our best sources of Vitamin C are.

Interesting results were shown on Table Setting. 83 persons reported on this phase of the program. The women have learned according to the questionnaire, that it is not necessary to have porcelain, china, crystal and sterling to set a pretty and pleasing table. They know that the type of table you set determines the formality of the meal and that the china, crystal, flatware, lines and decorations must compliment one another to enjoy a pleasing mealtime.

72 report on Stretching The Food Dollar. All of these ladies have realized that comparing brands to determine quality suitable for their family is a good practice. 2/3 of the group feels that shopping for food specials is a good way to save money. The group reporting all realize that homemade mixes are better nutritionally and cost slightly less than do commercial mixes. Still commercial mixes are used quite frequently as a convenience to many homemakers.

17 persons participated in the 1961 Weight Control Program. Some weight was lost by every person. The group has not lost the weight they had planned. I do feel, however, that the members are more conscious of controlling weight rather than continually gaining which many would have done if meetings were not held. The group plans to reorganize on their own again this winter to keep them reminded of weight control.

WHAT WAS DONE:

Each H. D. Club appointed 2 foods leaders to assist with H. D. Foods Program. Leaders were trained by Specialists and Agent to present demonstrations on: Variety with Vitamin C, Stretching the Food Dollar, Comparing Commercially Prepared and Homemade Mixes and Fix Ahead Casseroles.

Agent presented demonstration on Table Settings for Various Occasions.

Agent presented demonstration on "Freezing Foods to group at Southern States Cooperative Store. Agent worked with Weight Control Group for 5 months last winter and spring. Nutrition was stressed as key to weight loss.

Agent has worked with teachers and other Health Officials on Nutritional Problems throughout year.

Agent prepared and distributed 1000 Frozen Foods Newsletters in spring to Frozen Food Dealers, Freezer Dealers and homemakers. Pressure canners have been checked upon request, canning bulletins have been distributed rather extensively this year as many homemakers seemed to have outdated information.

RESULTS

The H. D. Clubs prepared 3 outstanding exhibits on Foods in 1961. One on "Homemade Mixes," "Variety With Vitamin C", and "Setting the Table for Various Occasion." Exhibits prepared for Fair.

An evaluation of the program for 1961 was conducted through a questionnaire. 88 members attended the meeting on Vitamin C. Every member realized the importance of Vitamin C in daily diet.

1. Foods and Nutrition Problems	TOPICS TO BE INCLUDE	No. Clubs or Groups
1. Many people overweight, food habits to be changed.	Continuation of Weight Control Group	1
2. Teachers need latest information on 4 food groups to use in teaching health.	Variety with Vitamin C.	10
3. Many persons lack Vitamin C in daily diet.	Setting Table for Various Occassions	10
4. Information needed on comparison of commercial & homemade mixes.	Stretching the Food Dollar Comparing Mixes for Taste & Economy	10 between 2 topics
5. Need for ways to stretch the food dollar.	Mix Ahead Casseroles	10
6. Need for a variety of meals and casserole dishes that can be prepared ahead for busy days.		
7. Need for variety in dressing table for special occasions.		

Goals	People are to Learn	Carrying Out Program and Measuring Results
1. How to develop better food habits to provide them with better health	How to plan economical meals for self and family.	H. D. Club Demonstrations Individual Contacts
2. How to get the food they need at lowest possible cost in time, money and energy.	A variety of ways for getting Vitamin C foods at lowest cost. Whether to make homemade mix or buy one prepared. Efficient methods of food preparation. A variety of casserole combinations.	Radio, Newspaper Special leaflets to be prepared on subjects demonstrated. Teachers contacted with information on Food for Good Health. Follow up meetings on Weight Control. Questionnaire to determine results.

taking part in all activities planned for the Home Demonstration Clubs during the year. Federation leaders were responsible for radio program on music each month during the year.

One executive meeting was held in December to formulate plans for budget and yearbook. County committee met in September to plan program for new year. The Federation leaders made plans during fall planning meeting for 1962 Federation Program of Work.

The County H. D. Bazaar profited \$260.00 for County Treasury in 1961.

Officers in each club have encouraged members to help earn points to make their club the outstanding club of year, a list of 27 club objectives were set up by the H. D. Committee to stimulate more interest among the club members to do a good job. Points were given for reaching these objectives to determine which club was the most outstanding club of the year. This has created a great deal of interest in several clubs who are trying so diligently to become the "Outstanding Club of the Year." Each member was given a yearbook to help them become better club members. President's Reminders have been sent to presidents and program development leaders each month to keep them posted on events at hand.

B. SUBJECT MATTER SPECIAL EMPHASIS AREA (See Charts)

and Safety Programs. To have more citizens consume milk needed for good health. To improve family food habits. To improve community recreation. To cooperate with educational program following U. S. Health Department Safety Survey.

2. Home Demonstration Committee

The over-all objective of the County H. D. Committee is to have them assume more leadership responsibilities and publicity for the program. The committee is composed of the County Executive Board, Club Presidents, Club Program Development Leaders and Club Federation Program of Work Leaders. The Executive Committee is made up of all county officers which includes H. D. Committee Chairman, two Vice-Chairmen, County Program of Work Chairman, Program Development Leader, 4-H Leader, County H. D. Committee Secretary and Treasurer.

The County Committee helps plan the H. D. Program for the year. Program Development leaders were trained for getting information together from all club members to help make the annual H. D. Program. A Spring Planning Meeting was held to make plans for the year. Program Development leaders met in June to set up 1962 program. A Fall Planning Meeting to further develop and adopt a program for 1962 was held in September.

The committee promoted the program by presenting radio programs and writing news items and columns publicizing the different phases and special programs of H. D. work, and

It is difficult to organize new groups in the county. Warren County is very highly organized with various organizations. The thought of another organization seems to frighten most people.

Front Royal, the county seat, makes up more than half the county's population. The Skyline Drive and Caverns located on the outskirts of Front Royal attract many tourists to the county. There are many stores and shops which cater to the tourist trade and contribute to raising the cost of living for the local people.

There is one consolidated high school and two consolidated elementary schools, thus leaving some communities without means of drawing people together. Things have been very disrupted for the past two years with the disturbance of the Warren County High School in regard to integration. The whole county has been affected and disturbed. Everyone wonders what next step may affect the whole population of the county. Many long standing friendships have cooled considerably because of different opinions on this subject. Many communities are not drawn together through churches as each community even in the country may have three or four churches. This often hinders organizational work. Income for county is greater than the State average.

II. COUNTY EXTENSION PROGRAM--Adult

A. ORGANIZATION

1. Health and Safety Committee

This committee is composed of 5 homemakers, Health Department representatives and 1 State Trooper. The committee met once during the year and set up the following objectives:

To cooperate with all county organizations on Health

I. SITUATION

Warren County is a small county located at the entrance of the Shenandoah Valley. According to the 1959 census there are now 376 farms in the county. There is a loss of 100 farms since the 1954 census. 76 farms were lost due to the change in the definition of a farm by the Census Bureau. While farms are decreasing their size is continually on the increase. The average size farm for Warren County is 196.4 acres. Commercial farms are chiefly livestock, poultry and dairy. Many of the people living on the farms derive a large part of their income from sources other than the farm.

The total population of the county is 14,801; 2507 rural, 6427 rural non-farm and 5867 urban. The county is becoming a more rural non-farm and urban community. 1960 census is expected to prove this point though census figures are still not available in the county.

There are several industries in the county, American Viscose is the largest. Stauffer Chemical which has been in the county for sometime is closed as of last spring. This leaves unemployment for some of our local people.

There are three smaller industries to provide income for the local residents. Many part-time farmers and homemakers work in the industrial plants. Many women in the county are employed outside the home. Due to the fact that many women work much of the Home Demonstration program is conducted through night meetings. Daytime meetings often fall short on attendance. For this same reason leadership responsibilities fall to a few people in the various club groups rather than every member carrying their load.

OUTSTANDING CONTRIBUTIONS TO FAMILY LIVING

CLOTHING PROGRAM

I feel the clothing program has contributed a great deal to family living in 1961. The workshop on adjusting the machine and using machine attachments helped the homemakers to obtain better results with the construction of clothing and House Furnishings. The fact that the homemakers could sit down after something was demonstrated and practice made this a success.

The Tailoring Workshop was the second phase of the clothing program. The homemakers attending learned clothing construction techniques that can be applied in making and remodeling clothing for their families. This helps them to save money on their clothing budget and in most cases enables them to have nicer looking clothes.

"Making Plaques and Wall Hangings from Dried Material" also contributed a great deal toward family living. This project met several needs of homemaking.

1. Most homemakers need some project they can accomplish by working with their hands.
2. There is a need for recreational projects.
3. They like to change and improve the appearance of their home furnishings.

This project of making plaques served each of these needs. The project also helped develop artistic ability of the homemaker. Something that can be used and enjoyed by the whole family such as a wall hanging makes every member of the family proud of this accomplishment.

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ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

File copy

Virginia Agricultural Extension Service

MARY HELEN T. LOPTIN

Name

HOME DEMONSTRATION

Agent

Title

Assistant Agent

Assistant Agent

Assistant Agent



1961

WARREN

County