

Leaders are still a little skeptical of conducting a meeting on their own. Since many of the homemakers have to work outside of the home, most of the clubs meet at night which sometimes causes a lag in attendance.

On a whole, extension work in this county is well-rounded and reaches out to many homemakers who are definitely interested. The cooperation from homemakers proves this true in this county.

IX. Plans for recording progress and evaluating program

- A. Leader-training meetings
- B. Surveys
- C. Home visits
- D. Circular letters
- E. Result and Method demonstrations
- F. Charts and bulletin boards
- G. Record keeping
- H. Accomplishment sheets and success stories
- I. Slides and movies

X. Plans for professional improvements

- A. Attend conferences at Virginia State College
- B. Books, magazines, newspapers will be read for helpful ideas
- C. Attend workshops given by other agents providing permission is granted from State Office
- D. Membership in Farm and Home Agent's Association will be continued, Virginia State Alumni Association, Isle of Wight Alumni Association
- E. Cooperating with other organizations by helping with workshops, drives, clinics, programs, etc.

XI. Cooperative plans for a unified county Extension program

Cooperation farm agents out-of county is granted to aid in a better program in the county. Exchanging ideas and views of extension work help to strengthen program along with exchange of materials, slides and other work pertaining to extension work provides a wholesome relationship and well-rounded program.

XII. Problems considered in carrying out program in County

The major problems in carrying out program is not in cooperation but getting families to see the needs of certain homemaking practices and avoid relying upon other persons for aid.

Since 1958, leadership in 4-H and adult work has been very good.

C. School Supervision and Principals

Cooperation with supervisors and principals will be continued. Use of schools and various extensions programs have and will be made possible. Principals and supervisors are asked to assist in programs by speaking.

- D. The agent will give her assistance to any organization in the schools and communities as long as it does not interfere with her extension work hours.

VIII. Plans for Developing good public relations in the county

A. Co-workers

Discussion periods and meeting with co-workers will be continued as often as possible to help promote the extension program in the county. Sharing ideas with other extension workers will be continued.

B. General Public

Short talks, discussions, demonstrations, and reports will be given to churches, schools and civic organizations whenever requested. New articles will be written for the local and national papers. Other persons will be called upon to help promote programs.

C. Elected Representatives

The agent will meet all representatives and let them know the program of work through personal contact and circular letters. The annual report and plan of work will be given to the county Board of Supervisors to study and file.

D. Commercial Interests

Business concerns in Franklin, and surrounding areas will be called upon for various aid as use of windows for displays, merchandise for programs and other aids.

E. Other Professional Workers

The agent will attend meetings and render service whenever possible.

Number result demonstrators	14	20
No. meetings at which leaders were trained by district agents	0	1
No. meetings at which leaders were trained by personnel in 4-H Dept.	1	2
No. meetings at which leaders were trained by agent	4	6
No. meetings at which leaders were trained by others	0	2
Attendance at leader training meetings	36	48
Number club meetings held by leaders without agent present	55	55
Number club meetings at which leaders assisted	13	18
No. demonstrations given by adult leaders	24	38
No. demonstrations given by junior leaders	20	28
E. Young Men and Young Women's Clubs	<u>No. in 1958</u>	<u>Goal 1959</u>
Number club officers	5	5
Number adult leaders or sponsors	8	16
A. Plans for Training Young Men and Women Leaders		

The same plan for 4-H Clubs will be expected for volunteer leaders to train other members of the clubs. Leaders are selected according to their interest and what project they are best suited.

VII. Plans for work with other agencies

- A. Meeting with the Home Economics and Agriculture Instructors will take place along with working cooperative with them and their work whenever possible.
- B. Health Department - will be asked to meet with the Home Demonstration Club members to show moving pictures and give discussions on sanitation. Written material on sanitation and other health factors will be distributed. The agent will assist whenever possible.

Number result demonstrators	14	24
Number meetings at which leaders were trained by specialists	8	10
Number meetings at which leaders were trained by district agents	2	4
Number meetings at which leaders were trained by agent	4	10
Attendance at training meetings	160	200
No. club meetings held in which leaders assisted	36	52
No. club meetings held by leaders without agent present	28	36
Total number demonstrations given by leaders	36	56
No. talks or discussions by leaders	22	40

PLAN FOR TRAINING 4-H LEADERS

Leaders will be trained by agent on how to conduct monthly meetings. 4-H leaders manuals with helpful information pertaining to 4-H. The leaders will train the officers of each club on parliamentary procedures and project work in absence of agent. Leaders will assist in carrying out 4-H programs picnic and other special activities. Leaders will also assist in selecting outstanding 4-H boys and girls for awards and attending conferences away.

C. Over-all Youth Leaders (Organization leaders for county youth council)	<u>No. in 1958</u>	<u>Goal 1959</u>
	26	26 26
D. 4-H Club	<u>No. in 1958</u>	<u>Goal 1959</u>
Number 4-H Club officers	94	114
Number adult project leaders	48	56
Number junior project leaders	36	36
No. meetings at which leaders were trained by specialist	1	4

Men and Women meet together, therefore, the topics selected meet the needs and interests of both groups.

- E. The Young Men and Women will participate in all county-wide activities, the same as adult and 4-H Club members. The Young Men and Women usually plan an out-of-county tour to some interesting locality for the purpose of seeing how others progress.

V. Scope of Work:

A. Organization	<u>No. in 1958</u>	<u>Goal 1959</u>
Number of home demonstration clubs	13	14
Number of 4-H Clubs	15	18
Membership	371	400
Membership (home demonstration clubs)	322	388
Number of Young Men and Women Clubs	1	2
Membership	36	90
Number community improvement clubs	1	2
Membership	60	80
Number Home Economics Committees	0	1
Membership	0	—
Number youth committees	1	1
Number other organizations	1	1
Number farm and home development families	1	3

VI. Plan for Leadership

	<u>No. in 1958</u>	<u>Goal 1959</u>
A. Over-all program Leaders (Organization Leaders for County Extension Service Board)	<u>36</u>	<u>46</u>
B. Home Demonstration Club Leadership	<u>No. in 1958</u>	<u>Goal 1959</u>
Number organizational leaders	26	28
Number project leaders (subject matter)	26	28
Number Federation program of work chairman	40	46

D. Young Men and Women's Work

A. Program Areas

I. Canning and Freezing

1. To learn the importance of canning and freezing to economize
2. To check the different ways of canning or freezing various foods
3. Care of freezers and jars
4. Correct way to freeze and packing
5. To learn the use of pressure and other methods of canning (the safe and better way)
6. Length of time food should be frozen and canned

II. Increase Voting Status in Community

1. To encourage more people to vote
2. To study the blank sheet law and be prepared to register
3. To discuss voting in general and its importance
4. To have a voice in community activities

III. Foods and Nutrition

1. To discuss a well balanced diet
2. To discuss the necessary foods for one individual weekly, monthly
3. To plan a balanced meal with little cost
4. To prepare well balanced meals following the seven basic food chart

IV. Procedures:

Monthly meetings will be conducted and demonstrations given on related subjects. Written materials will be distributed as often as possible. Other speakers such as Agricultural teachers and Home Economics are invited in as guest speakers to talk on above objectives.

This Sunday will be observed for the purpose of stimulating the heart to realize the importance of pledging Heart, Hand and Health to greater loyalty for betterment of young boys and girls in the county. Each club will wear green and white ribbons.

2. National 4-H Week

All clubs will observe National 4-H Week to evaluate year's work. Three clubs will present three one-act plays pertaining to 4-H. 4-H songs, pledge and motto will be recited and sung by 4-H'ers. Awards will be given to outstanding leaders and 4-H club members who have done successful work in 4-H. Newspaper articles and circular letters will be sent out to parents reminding them of 4-H Week as well as outsiders.

3. Achievement Day

Achievement Day will be combined with adult program and will be conducted in the same manner as to displays and awards.

4. State Short Course and Wildlife

Delegates will be sent to conferences to receive ideas, current information and the knowledge of working together throughout the state. Reports will be given to clubs at the 4-H meetings.

5. 4-H Picnic

The 4-H'ers will have a picnic for the benefit of providing wholesome recreation for the entire county. Games, dancing, and other singing will be enjoyed by members.

- (e) To learn how to grow a plant for your room
- (f) To learn how to make a braided rug
- (g) To keep a check on record and completed garments

II. Procedures:

Method demonstrations will be given to club members at regular monthly meetings. All members will be required to make a simple rug, grow a plant, and make a box for small articles such as handkerchiefs and socks. Bulletin boards will be displayed on work as club members complete rug, etc.

Articles made will also be displayed at achievement day program. Memory books are also given to each member with material pertaining to project chosen and for the purpose of keeping accurate records.

B. Individual Projects

Some of the club members have individual projects on sewing, gardening and freezing foods, make and remake and bread making. Method demonstrations are given by agent on the above projects. The club members meet on first and second Saturdays and after school to work on projects.

Home visits are made by leaders to check on progress. 4-H leadership is good, therefore, the club members are able to get some of work completed without the supervision of an agent.

C. 4-H Activities

1. Rural Life Sunday

Individual 4-H Clubs will observe their own rural life Sunday in their communities.

The council will also plan a means of supplementing the Treasurer to keep up expenses of leaders and delegates sent away to conferences. A King and Queen contest is hoped to be successful.

B. Project Work

A. So You'd Like To Sew

I. Objectives

1. To learn how to make and equip a sewing box
2. To learn how to make a stuffed toy
3. To learn how to make a simple blouse and gathered skirt
4. To learn how to make a collar
5. To learn how to keep record books and record finished and unfinished garments
6. To learn how to make an apron and head scarf

II. Procedures:

Method of demonstrations will be given by leaders and agent on the above objectives. The objectives will be discussed upon before demonstrations are given.

Bulletin boards, charts and other written material will be used.

Club members have received new memory books for keeping records on project work. In this book, material pertaining to club work is illustrated.

Club members will display finished book at the annual achievement day program and Tidewater Fair.

B. Your Room - Pep It Up

I. Objectives:

- (a) To learn how to improve your room to look attractive
- (b) To learn how to make one simple article for the room
- (c) To learn how to make a neat box to hold socks and handkerchiefs
- (d) To learn how to arrange furniture and accessories in an orderly manner

1. Getting a loan to begin remodeling
2. Income not coming up to standards as planned
3. Keeping up with modern living
4. Keeping a well planned budget and sticking to it
5. Suitable house for large families
6. Expenses spent during building and upkeep of house and farm

These problems will remain with some of the families for a considerable length of time due to income. A speaker was invited in to one family to talk on F. H. A. loans. Results of this are already in the making.

The agent plans to help whenever necessary if possible on financial situations, weighing our problems and getting the families to see the need of better homemaking practices.

Achievements will be recognized in county meetings. Surveys and check sheets will be used continually to check progress of work done.

IV. County Extension Program - Youth

A. Organization

Plans for strengthening the youth extension program for 1959.

1. Project Planning Committee

The county 4-H Council meets twice a year for the purpose of planning special programs, and achievement days. In August the council combines with the planning committee to plan project work for the following year. The council also sends delegates to the 4-H Short Course and Wildlife Conferences in June and August.

2. 4-H Junior Council

The 4-H Council meets twice a year to train officers and to plan the year's program of work.

6. County Improvement Organization

The county improvement organization has changed to Iver-Zuni district. The agent plans to work along with families on keeping records up to date of improvements and advances made during the year. Twice or more during the year families will be scored for improvements. Surveys will be conducted by special leaders on necessary information to help write-up results and pamphlets, bulletins, and movies will be shown to the families to stimulate interest.

7. County-Wide Tour

The clubs will plan an educational tour to another county or state to check on how other families are progressing. This tour will also serve as a means of recreation for the clubs being it will be planned during a summer month, probably August.

8. Special Program

The agent plans to make a radio broadcast National Home Demonstration Week over the local station in Franklin to publicize the week. News articles, circular letters and bulletins will be used also as a means of publication.

III. Farm and Home Development

Since last year, nine families have joined the Farm and Home Development program. The agent, however, has only worked with four families successfully. In conducting surveys and seeking information, the agent has found the following problems most encountered:

cles selected by clubs.

The clubs will combine in various groups and meet nightly once a week to learn and practice the methods and instructions of clothing construction. The clothing leaders will be trained and in return conduct one meeting. After the garments are completed, a tea will be planned during the summer in order that the members of the club will see the results of garments constructed by all clubs. Local leaders who attended the judging school at Virginia State College last year will serve as judges for the occasion along with some of the outstanding club leaders.

4. Community Project

A yard demonstration will be conducted in Ivor-Zuni community on landscaping a church yard.

Dr. W. P. Watson, Virginia State College, visited the church on last year, and drew up plans and suggested scrubbery to be used. This project will continue over to this year. Pictures will be taken before and after. The ground will be leveled, and old trees will be cut down before planting. Plotting of cars parked will be spaced off from the church. Several nurseries will be contacted to plant the scrubbery. The agent will supervise this project where necessary. Improvement of church yard may encourage residents to improve outer buildings and yards beautified.

5. Tidewater Fair

The clubs 4*H and adult are expected to participate in the Tidewater Fair to display exhibits on project work for 1959.

stressed upon during National Home Demonstration Week.

D. Other Activities

1. National Home Demonstration Week

National Home Demonstration Week will be celebrated by having a county-wide bazaar. Each club will bake and raffie off articles as a means of providing some means of real entertainment and recreation for the week. Along with recreation, the clubs will expect to supplement their treasurer as a result of the bazaar. Gifts have been donated beginning January by various clubs to be used in this affair. A short program is planned the same evening stressing Home Demonstration Week. News articles and slides will be shown along with special interest groups working to get non-club members interested in the work.

Delegates along with a large number of interested homemakers will visit Brunswick County to attend the District Committee meeting which is held once a year.

2. Achievement Day Program

There will be a county-wide adult and 4-H Achievement Day Program in October. This program will be designed to show project work done by members of extension program and award all outstanding leaders in the county on work accomplished as well as individual clubs. A speaker will climax the program or some current news of interest to all extension people and outsiders as well.

3. County Project

The Home Demonstration Clubs are planning a tailoring school beginning February on dresses, suits and other arti-

Special meetings will be conducted to all interested persons under special interest groups. Leader-training meetings will be held some time in May through June to train special leaders and agent on textile painting and drying flowers. Methods and result demonstrations will be conducted on three topics. Bulletins, pictures and books will be given to club members on same.

F. Federation Program of Work

A. Federation Goal

1. Better Housing - Health and Recreation

Better Housing - Health and Recreation is a long time goal and will be discussed and stressed by club members all during the year. Short-time goals are set up in order that the members can work on some phase of the goal gradually. Demonstrations will be given to club leaders to help strengthen the goal on family problems in the home as the upkeep and care of homes and surroundings. Records will be kept and honors bestowed upon each club. The 1959 program of work is based around the goal, thus helping to solve some of the major problems namely:

- (a) Preparing and painting exterior
- (b) Arrangement of rooms
- (c) Walls
- (d) Storage space in kitchen
- (e) Care of floors
- (f) Yard beautification

Work done on the Federation goal will be displayed at Tidewater Fair and highlights of the goal will be

Leaders have been trained to make several devices for storage space in the kitchen for the month of January. Scrap lumber has been used for the different time-saving space savers. Visits to some local stores to view various kinds of floors and materials best suited will be made by club members. Illustrative materials and slides will be shown. Flannel board will be used to display samples of rugs, how to care, and types of floors as to durability and long lasting.

D. House Furnishings

I. Objectives:

1. The value of good lighting - "Better Home Lighting".
2. Planning color schemes for individual rooms

II. Procedures:

A demonstration was conducted by the Virginia Electric Power Company on Better Home Lighting. Leaders will be trained on same topic and conduct monthly meetings. Pamphlets will be passed out on good lighting to each club member with a tape measure to check the correct measurements of good lighting. An oil lamp will be used to show members how to convert oil to electricity.

A leader-training meeting will be held on color schemes for the home. Illustrative materials, slides and samples of paints will be used as means of motivation.

E. Special Interest Groups

1. Reseating chairs
2. How to dry flowers for winter
3. Textile painting

- (f) To know the value and economy of sewing

II. Procedures:

Leader-Training meetings will be given to clothing leaders on the above objectives. Method demonstrations will be given to members each month by agent and leaders. Samples of names of patterns, fabrics and other illustrative materials will be distributed to housewives.

Sewing schools will be held jointly to learn all methods and procedures in clothing construction. A fashion show will be held upon completion to model garments.

B. Foods and Nutrition

I. Objectives:

- (a) Planning quick meals for hurry-up days
(b) To learn how to prepare simple refreshments

II. Procedures:

Leader-Training meetings will be given to food leaders on the above objectives. Methods and result demonstrations will be given to each member. Bulletin boards, pictures of attractive dishes, slides will be used as a means of motivation. Club ladies will practice serving simpler refreshments and prepare dishes for hurry-up days.

C. Home Management

I. Objectives:

- (a) To care for all types of floors and floor coverings
(b) To save steps in kitchen by use of storage space

II. Procedures:

Demonstrations will be conducted by leaders from leader-training meetings on how to care for floors and storage space.

3. Home Demonstration Committee

This committee serves as a leadership for all clubs in the county. The committee centers its interest around adult project work and plans to meet four times this year: December to discuss project calendar 1959; in April to elect delegates to attend District Home Demonstration Meeting, discuss plans for National Home Demonstration Week; in July to combine with other committees to plan project work for the following year, and to discuss tour and picnic trip made, also in September to check for annual achievement program in October.

The committee will be made up of all officers from each club, and program development leaders. The committee will hear reports of all delegates sent to various conferences in effort to keep up with other county workers and latest in current events.

The committee will plan a survey on sanitation and help to improve the same by demonstrations, talks, drives, and other methods of improvements.

B. Project Work

A. Clothing

1. Objectives:

- (a) Learning how to select patterns, names of different patterns, how patterns vary and pattern adjustments best suited for individuals.
- (b) How to use a pattern and follow instructions
- (c) To fit and alter the garment, different materials, how to cut by use of patterns.
- (d) To finish the garment by use of various attachments on machine.
- (e) To learn how to care for newer fabrics

II. County Extension Program - Adult

A. Organization

Plans for using the following organizations to strengthen the Extension Program in 1959:

1. County Advisory Board

The county Advisory Board is made up of families and leaders from the seven magisterial districts in the county. The board will meet four times a year to set up objectives and make plans for County-wide activities during the year. The Board will reorganize a Community-Live-At-Home Program and select delegates to represent the State Advisory Board this year. The Board will also sponsor a rally to help raise funds for the County Treasurer. This rally will help send delegates to State Advisory Board, 4-H Short Course & Wildlife Conferences, and other county Activities.

Plans for Achievement Day will be discussed for this year and possibilities after this committee organizes, their duties will be discussed, county situations will be analyzed and detailed information on any specific phase assigned to them to determine what additional information is needed to help the situation in the county. This committee will make surveys, check on county outlets, etc., and outline in general problems solved to be presented National H. D. Week.

2. County Home Economics Committee

This committee has not been organized. The agent is waiting to get the other committees functioning well before taking on an added responsibility.

In setting up a program of work for 1959, the program is expected to contribute to family improvements of living conditions, learning the practical things in homemaking, knowing the value of time-saving steps, and learning to sew to help cut the budget.

The appearance of yards, mailboxes and a better way of living with people will be evaluated.

The program was also planned to help rural people receive valuable information on current events and current methods of farming and house-keeping through the use of illustrative materials, educational tours in and out of the county, programs-county-wide and circular letters.

Southampton County offers unusual opportunities to enterprising men. In view of the suitable soil, low level land and climate in the county, the following types of agriculture are produced to provide means of income for the rural families, namely: livestock, peanuts, corn, soybeans and cotton. Other chief sources to supplement the income are lumber mills, cattle, dairy farms, poultry houses, and paper and pulp mills especially provide income for urban areas.

The county is divided into two areas; rural and urban, largely rural and farming is the chief money crop. The county is 13.17 miles long and 39.19 miles wide; located in Tidewater Area.

There are 1,244 of the 2,174 farms operated by rural Negro families. Two hundred eight (208) of these 1,244 farms are owned by Negro families. The population is 26,522. There are 14,319 non-farm families.

There are seven magisterial districts, and extension work is being conducted in each district.

Southampton has no means of recreation for the rural Negro families other than social functions in schools occasionally. The organization work includes thirteen Home Demonstration Clubs and fifteen 4-H Clubs. One young adult club organized in Zuni Community.

There are forty-eight grade schools and two high schools. Two grade schools consolidated and four have hot lunch programs. There are two libraries, one in Franklin, and one in Courtland. These libraries serve the county.

1959

PLAN OF WORK

Sarah Jean Hardy
Local Demonstration Agent

Southampton County
County

January 15, 1959