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VIRGINIA

AGRICULTURAL EXTENSION SERVICE HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

ROANOKE

COUNTY

1949

Agent Margaret R. Svoboda Dec. 1, 1948 - Nov. 30, 1949
Date worked from to

Assistant Agent _____
Date worked from to

Agent _____
Date worked from to

Assistant Agent _____
Date worked from to

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III. SUMMARY OF ACCOMPLISHMENTS -

Home demonstration clubs have just completed a very successful year. Two new groups were organized and one was dropped. Two hundred and sixty-one demonstrations attended by 4391 women were held as compared to 185 with an attendance of 2991 in 1948. This figure averages more than one demonstration per group per month due to many special interest demonstration meetings sponsored by the various clubs. Attendance at all clubs increased greatly. Three groups have had to move monthly meetings to public buildings in order to have sufficient room. Other groups have had to limit membership until more satisfactory meeting space can be found.

Nine leader training meetings with an attendance of 257 were held. One-hundred and forty-one demonstration meetings were conducted by leaders. The agent has observed a marked improvement in the attitude and performance of local leaders.

The civic responsibility home demonstration club members are developing is also worthy of note. Women are becoming conscious of the educational, health, sanitation, and welfare needs of their respective neighborhoods and are very much concerned with community projects in order that they might better their communities.

The addition of program development chairmen has greatly facilitated the program planning work. It is felt that a better program was developed than in former years. The result of such planning is shown in the year-book on the next page.

Home Demonstration Club

Roanoke County



1950 Year Book



Calendar for 1950



| JANUARY | | | | | | | FEBRUARY | | | | | | | MARCH | | | | | | | |
|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|---|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | |
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| 8 | 9 | 10 | 11 | 12 | 13 | 14 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | |
| 29 | 30 | 31 | — | — | — | — | 26 | 27 | 28 | — | — | — | — | 26 | 27 | 28 | 29 | 30 | 31 | — | |
| — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | |
| APRIL | | | | | | | MAY | | | | | | | JUNE | | | | | | | |
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | |
| — | — | — | — | — | 1 | — | — | 1 | 2 | 3 | 4 | 5 | 6 | — | — | — | — | 1 | 2 | 3 | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 | — | — | — | 25 | 26 | 27 | 28 | 29 | 30 | — | |
| 30 | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | |
| — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | |
| JULY | | | | | | | AUGUST | | | | | | | SEPTEMBER | | | | | | | |
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | |
| — | — | — | — | — | 1 | — | — | — | 1 | 2 | 3 | 4 | 5 | — | — | — | — | — | 1 | 2 | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 27 | 28 | 29 | 30 | 31 | — | — | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 30 | 31 | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | |
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| — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | |
| OCTOBER | | | | | | | NOVEMBER | | | | | | | DECEMBER | | | | | | | |
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | — | — | — | 1 | 2 | 3 | 4 | — | — | — | — | — | — | 1 | 2 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | |
| 29 | 30 | 31 | — | — | — | — | 26 | 27 | 28 | 29 | 30 | — | — | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| — | — | — | — | — | — | — | — | — | — | — | — | — | — | 31 | — | — | — | — | — | — | — |
| — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — | — |

Every day is a good day to live according to the Homemakers' Creed.

Homemakers' Creed

As homemakers we will strive to:

Have our organization foster the highest ideals in home, church, school and public life.

Have our homes reach out in service to the communities and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

President's Message

GREETINGS, CLUB MEMBERS:

As the Year Book is again presented to us, may I congratulate the Committees upon their fine work and all of you on your achievements of the past year.

In order that we may realize the most from our Year Book may I suggest that each member study fully page ten. At the first meeting of the year it will be well for the members to discuss the duties of officers and members, so that they may be well informed and better able to accept their responsibility.

Let us as club members search no further than our own Homemakers' Creed for the inspiring ideals which will give us strength through unity, may we find in this unity all that will be necessary for a successful year's work.

Sincerely,

MRS. LAWRENCE WEAVER, *President*

This Year Book

is affectionately dedicated to



MISS FRANCES PAYNE

in appreciation for her enthusiastic leadership, her interest in civic promotion, and her devotion to the Home Demonstration Clubs locally and in the State. In her four years of service as our County President she has proved a worthy successor to our presidents of the past.

County Officers

| | <i>Name and Address</i> | <i>Phone</i> |
|-----------------------------|---|--------------|
| <i>President</i> | Mrs. Lawrence Weaver Rt. 1, Vinton, Va. | 3-5961 |
| <i>Vice-President</i> | Mrs. R. L. Morgan Rt. 5, Box 429, Roanoke, Va. | |
| <i>Secretary</i> | Mrs. John Harris Rt. 4, Box 430-A, Roanoke, Va. | 2-0028 |
| <i>Treasurer</i> | Mrs. W. W. Graves Rt. 3, Box 559, Salem, Va. | Salem 3239 |
| <i>Goal Chairman</i> | Mrs. J. T. Engleby Rt. 4, Box 366, Roanoke, Va. | 2-2290 |
| <i>Arts Chairman</i> | Mrs. Henry Glasgow Rt. 2, Box 485, Salem, Va. | Salem 2451 |
| <i>4-H Club Chairman</i> | Mrs. R. L. Hawkins Rt. 1, Box 95, Roanoke, Va. | 7698 |
| <i>Community Proj. Chm.</i> | Mrs. Everette Jones 201 Princeton Circle, Wms. Rd. Roanoke, Va. | 2-4126 |
| <i>Member-at-Large</i> | Mrs. Manley Tobey Rt. 3, Box 336, Salem, Va. | Salem 3013 |
| <i>Member-at-Large</i> | Mrs. B. W. Angle Bent Mt. Exchange, Airpoint, Va. | |
| <i>Member-at-Large</i> | Mrs. L. T. St. Clair Rt. 1, Box 194 Salem, Va. | 3-1033 |

Clubs and Presidents

| <i>Club</i> | <i>President</i> | <i>Date of Meeting</i> |
|------------------|--|------------------------|
| Brook Hill | Mrs. L. M. Absher Rt. 5, Box 390, Roanoke, Va. Phone 3-1431 | 4th Monday |
| Cave Spring | Mrs. H. E. LeGrande 2902 Brambleton Ave., S.W. Roanoke, Va. Phone 2-3363 | 1st Monday |
| Clearbrook | Mrs. Ralph N. Creasy Rt. 5, Box 209, Roanoke, Va. Phone 3-9435 | 3rd Tuesday |
| Conehurst | Mrs. Dorcas Jones Rt. 1, Box 104, Salem, Va. Phone 3-4161 | 4th Wednesday |
| Crescent Heights | Mrs. Frances B. Musgrove Rt. 7, Box 536, Roanoke, Va. Phone 3-7049 | 4th Tues. |
| Edgewood | Mrs. W. H. Lyle Rt. 1, Box 172, Salem, Va. | 3rd Friday |
| Eureka | Mrs. C. C. Maxwell 1120 Staunton Ave., N.W. Roanoke, Va. Phone 7145 | 2nd Tuesday |
| Fairview | Mrs. C. S. Porter 1201 Wilkins St., Wms. Rd. Roanoke, Va., Phone 2-0594 | 4th Wednesday |
| Fort Lewis | Mrs. W. R. Young Rt. 3, Box 155, Salem, Va. Phone Salem 2803 | 1st Tuesday |

Clubs and Presidents

(Continued)

| <i>Club</i> | <i>President</i> | <i>Date of Meeting</i> |
|---------------|--|-------------------------|
| Garden City | Mrs. C. N. Young Rt. 5, Box 744, Roanoke, Va. Phone 2-5822 | 3rd Tuesday |
| Glenvar | Mrs. James C. Key Rt. 3, Box 363, Salem, Va. Phone Salem 4081 | 2nd Tuesday |
| Hardy Road | Mrs. Lawrence Weaver Rt. 1, Vinton, Va. | 2nd Wed. 3-5961 |
| Lakeside | Mrs. R. C. Coffman 357 Craig Ave., Salem, Va. Phone Salem 3828 | 2nd Monday |
| Oakland | Mrs. Amos Cochran 1616 Mercer Ave., N.W. Roanoke, Va. | 2nd Friday 4-4673 |
| Ogden | Mrs. B. F. Garner Rt. 7, Box 277, Roanoke, Va. Phone 6484 | 1st Friday |
| Pleasant View | Mrs. E. B. Roth 113 Burton Ave., Wms. Rd. Roanoke, Va. | 3rd Wednesday 2-4166 |
| Tinker Creek | Mrs. Robert L. Hawkins Rt. 1, Box 95, Roanoke, Va. Phone 7698 | 2nd Thurs. |
| Vinton | Mrs. John G. Seibel Rt. 1, Box 185, Roanoke, Va. Phone 2-6733 | 4th Thursday |
| Wildwood | Mrs. Edgar J. Cromer 423 Chestnut St., Salem, Va. Phone Salem 3891 | 3rd Thursday |

Report of Committee on 4-H Club Work

MRS. R. L. HAWKINS, *Chairman*

Two new clubs were organized during the year, an out-of-school group at Forest Park and a senior club at Andrew Lewis High School. A very successful club year has just been completed. There was an increase in membership and a better quality of project work was done as evidenced by the 700 fair exhibits which netted members \$1430; and by the good showing Roanoke County made in the State 4-H contests. Probably the greatest improvement has been made in the development of leadership among the club members themselves. This was clearly demonstrated at the quarterly county council meetings where the 4-Hers took an active part in the planning of their program and other activities. The 4-H Camp held last June was another indication of growth of leadership as club members did an unusually fine job in planning and conducting the camp program.

We wish to thank the Home Demonstration Club members for their interest and financial contributions to the 4-H program. Approximately \$400, was raised for the Claytor Lake Camp project as a result of the lamp selling campaign. Ten home demonstration clubs made financial contributions to the county camp. Four home demonstration club women attended camp as leaders. The county committee financed the expenses of a leader to chaperone the twelve club members who attended the State Short Course in Blacksburg. Six home demonstration clubs furnished leaders for summer project groups.

Our 4-H Club members will be the homemakers of tomorrow and I am sure that we can undertake no more worthwhile project than that of fostering this youth organization which has as its goal the development of the Hands, Heart, Head, and Health.

Community Projects

MRS. EVERETTE JONES, *Chairman*

It is with pleasure that I look forward to working with the Home Demonstration members on this important phase of our club work. There are so many opportunities ahead of us for being of service to our communities.

By nature we all have the desire to work to accumulate both knowledge and material things for the benefit of ourselves and our families. However, as a community organization we should look beyond our own fences and lend a helping hand to those not so fortunate. We need to remember "that the rendering of useful service is the common duty of mankind and that only in the purifying fire of sacrifice is the dross of selfishness consumed and the greatness of the human soul set free."

In looking over the past year's work, I appreciate the fact that club members are certainly living up to our Homemakers Creed and are to be commended for their fine work. Reports show that all clubs entertained at ward parties at the Veterans Hospital and assisted with the annual carnival there. Two hundred garments were contributed to the Needlework Guild. Three clubs are raising funds for community centers; sixteen clubs contributed scholarships or furnished leadership for 4-H clubs. The Vinton Club did outstanding work on teen-age recreation. The Ogden and Crescent Heights Clubs entertained patients at Catawba Sanatorium and made gifts for them. Contributions to the Religious Education fund were made by a number of clubs. Several clubs improved local bus service, instigated road-side clean-ups, and arranged for trash collection; others improved local telephone service, erected road signs, furnished blinds for a Chapel, sent layettes to an Indian Reservation, furnished school lunches for indigent children, etc.

Let us continue to "have our homes reach out in service to the communities."

..... Community Project Club

President Phone

Vice-President

Secretary

Treasurer

Goal Chairman

Rural Arts Chm.

Community Project Chm.

Program Development Chm.

Publicity Chairman

Leaders

CLUB GOALS RECOMMENDED

- Each county club petition Board of Supervisors to make application for Health Unit.
- County-wide Rat and Mole campaign.
- Each club continue work at Veterans Hospital.
- Each club assist 4-H Club work.
- Each club have a representative at Institute of Rural Affairs.

Home and Community Beautification

MRS. J. T. ENGLEBY, *Chairman*

AIMS: To inform members on better planting and proper care of shrubs around the home in order to provide more beauty.

To encourage and help in the beautification of public buildings and roadsides, particular attention being paid to unsightly advertising signs and to the dumping of trash in unauthorized places.

In order to accomplish these aims we suggest that a member from each club be appointed Federation Goal Chairman, that a portion of each program be devoted to this subject; that a Leader Training Meeting be held for specific instruction. Timely information will be sent out monthly from the Office.

Art In Daily Living

MRS. HENRY GLASGOW, *Chairman*

After two years of studying Art in Daily Living as a Federation Goal, so much interest has been aroused the County Planning committee has adopted this as a long-time goal to be continued over a period of years. Two topics are included in the monthly demonstrations for 1950, Flower Arrangement and the Etching of Glass or Aluminum. It is anticipated that special interest groups will continue with extra meetings on Decorative Painting, Fabric Stenciling, and other topics.

The results of the work done along this line in 1949 were most gratifying: twelve clubs held a total of 47 extra meetings on crafts; 267 articles painted; 178 articles stenciled; 90 rugs made.

You cannot rise above your achievements nor fall lower than your failures. Let us influence others in the Art of Daily Living by expressing our personality in Crafts.

Order of Business

- Call to Order
 - Devotional
 - Roll Call with Response
 - Minutes of Previous Meeting
 - Treasurer's Report
 - Report of Standing Committees: Program Development
Chairman; Community Project Chairman; Federation Goal
Chairman; Creative Arts Chairman; Publicity Chairman.
 - Report of Special Committees
 - Old Business — New Business
 - Close with Homemakers' Creed
 - Demonstration
-

DUTIES OF OFFICERS AND MEMBERS

It is the duty of every officer to secure information on the duties of her office, and to perform them to the best of her ability. The President should preside over meetings, opening and closing them on time, keep in touch with leaders, see that the club is represented at county and leader training meetings, and is ex officio member of every committee. The Vice-president shall preside in the absence of the president. The Secretary shall keep complete and accurate records, check on arrangements for the meetings, and notify members and Home Demonstration Agent of any last minute changes. The Treasurer shall handle club funds and furnish a report at each meeting. The Leaders shall attend all training meetings and give demonstrations in absence of the Agent; it would be well for them to study the schedule and be alert for supplementary information available in books and magazines. The Committee Chairmen shall perform their special duties and report to the Club when called upon.

The duty of every member is to attend each meeting and be on time, endeavor to serve your club when called upon, invite new members, and pass on the knowledge learned in meetings to non-members.

December 1949

Hostess

Order of Business (see page 10)
Respond with suggestion for table decoration for Christmas

Ristribute Year Books

Revise Membership Rolls

Demonstration: Home and Community Beautification

THINGS TO DO THIS MONTH

Prune dead limbs.

Buy Christmas Seals.

Plan Christmas Menu. Make wreaths for door, and Christmas decorations for table, mantel and windows. Try painting ivy leaves with aluminum paint, or magnolia leaves with white paint; or smear either with vaseline and dust with artificial snow.

Candles that are too large for candlesticks can be made to fit by putting them in hot water and shaping them while pliable.

Youngsters never seem to recognize their overshoes, so at your Christmas party provide snap clothespins labeled with the name of owner and attach mates and save the going-home confusion.

January 1950

Hostess

Order of Business (see page 10)

Respond with garden hint

Demonstration: Leadership Development

THINGS TO DO THIS MONTH

THINGS TO DO THIS MONTH

Make planting plans and order seed catalogs.

Cut forsythia branches and bring them in for forcing.

Contribute to the March of Dimes.

When preparing a mustard foot bath, dissolve the mustard in cold water, then add hot water. If mustard is dumped into hot water, it is likely to stick to the skin and cause a painful burn or blister.

Keep a bucket of sand handy to sprinkle on icy steps and walks to prevent dangerous tumbles.

Denatured alcohol will remove the stain on table linen caused by the dripping of colored candles.

February 1950

Hostess

Order of Business (see page 10)

Respond with a personal problem of interior decoration

Demonstration: Principle of Interior Decorating

THINGS TO DO THIS MONTH

THINGS TO DO THIS MONTH

Plan your spring wardrobe.

Plow garden, and plan to try a new variety of vegetable this year.

Plant sweet peas outdoors; and start seeds in indoor boxes.

Arrange centerpiece with Valentine motif.

Add 1/2 cup denatured alcohol to 2 quarts warm water to prevent frost forming on windows. Apply with sponge or lintless cloth, then wipe dry.

Mark on the outside of packages stored in the attic just what they contain, to save rummaging.

March 1950

Hostess

Order of Business (see page 10)

Respond with a beauty hint or good grooming secret

Pay Federation Dues

Demonstration: Good Grooming

THINGS TO DO THIS MONTH

Try giving yourself a facial once a week.

Plant potatoes.

Unlock plant food with lime.

Repair and seed lawns; always save clippings to use as mulch, or add to compost pile.

Prune grapevines.

Straighten young trees before soil dries and becomes stiff.

If you thoroughly clean one room a month spring will hold off no housecleaning terrors.

When washing walls, wrap absorbent cotton around your wrist, using a rubber band to hold in place. The cotton catches those trickles of water that usually run down your arm.

Annual Report of the
April 1950
Club Members

Hostess

Order of Business (see page 10)
Respond with plant or seed exchange

Elect delegate to District Meeting

Demonstration: Care of Sewing Machines and Use of At-
tachments

THINGS TO DO THIS MONTH

Move house plants to a shady spot outdoors when frost danger
is past.

Repair garden walks.

Prune spring flower shrubs after bloom.

Kill weeds while they are tender.

Pinch off peony side buds for large blooms.

Summer slip covers are a gay and inexpensive way to trans-
form your living rooms.

Have car inspected.

Rain spots on felt, satin, or similar materials, will usually
disappear if rubbed with a ball of crumpled tissue paper
in a circular motion.

Egg stains on table linen or any washable material should be
soaked in cold water before washing. Hot water will set
them. If the stains are on silk, they usually can be re-
moved by rubbing with table salt.

Annual Report of Home Demonstration Club Member:

1. Number improvements on Home or Community Beautification
 2. Did you use suggestions on Parliamentary Procedure
 3. Number interior decoration improvements made
 4. Did you use suggestions on Good Grooming
 5. Did you clean your sewing machine or learn to use attachments
 6. Number corsages made—amount saved
 7. Number of electrical appliances repaired
 8. Number articles stencilled or painted (creative art)
 9. Number articles etched (creative art)
 10. Did you use information on menu planning
 11. Number garments made
 12. Number of suits, coats or dresses tailored
 13. Did you improve your kitchen arrangement
 14. Number rugs made
 15. Number slip covers made
 16. Number pieces of furniture refinished or upholstered
 17. Number quarts of fruits and vegetables canned
 18. Number quarts of fruits and vegetables frozen
 19. Pounds or quarts of meat canned or frozen
-

May 1950

Hostess

Order of Business (see page 10)

Respond with household hint

Attend District Meeting

Demonstration: Corsages and Flower Arrangement

THINGS TO DO THIS MONTH

Crushed chicken wire will make a good frog for holding flowers.

Stuff flower container with pine boughs to hold flower arrangements and keep water sweet.

Have pre-school medical check-up.

Check canning and food preservation supplies.

Clean or wash and mend winter clothes before storing.

When taking cut flowers a long distance, stick the stems into a raw potato.

Weight vases with a little sand in the bottom to reduce danger of spills.

June 1950

Hostess

Order of Business (see page 10)
Respond with a care or safety hint on electrical appliances

Select representative to attend Institute of Rural Affairs

Demonstration: Repair of Electrical Appliances

THINGS TO DO THIS MONTH

ATTEND

County-Wide Picnic

June 30th — 6:00 P. M.

Lakeside Park

Each club to arrange its separate menu.

July 1950

Hostess

entire

Order of Business (see page 10)
Respond with suggestions of dishes that go together.

Demonstration: Community suppers and Menu Planning.

Administrative: Report of District Activities

THINGS TO DO THIS MONTH

ATTEND

THINGS TO DO THIS MONTH

- Dig spring bulbs when foliage dies; transplant iris.
- Plan fall wardrobe.
- Plant fall garden.
- Can or freeze surplus from garden.
- In washing spinach use hot water first, rinse in cold.
- To peel tomatoes, massage lightly with dull edge of a knife, and the peel will come loose much more easily.
- Use grapefruit knife to scoop out tomato or pepper.

August 1950

Hostess

Order of Business (see page 10)

Respond with suggestions for Christmas gifts.

Demonstration: Social Customs

THINGS TO DO THIS MONTH

This is the time to plan school wardrobes.

If plants look sick, check for red spider.

Cultivate and water strawberry beds regularly for heavy bearing next season.

Sow pansies.

Check your heating equipment.

Last date to have pre-school medical check-up.

September 1950

Hostess

Order of Business (see page 10)
Respond with demonstration you would like in 1951 program

Election of Officers

Complete and mail Semi-annual Report

Make Achievement Day Plans

Demonstration: Club choice

THINGS TO DO THIS MONTH

- Fertilize fruit trees with 5-10-5.
- Divide and transplant peonies now.
- Start new lawns; reseed bare spots in old lawns.
- Transplant trees and shrubs when new growth has hardened.
- Plant daffodils, hyacinths, crocus and snowdrops now.
- Wash and mend summer clothes before storing.

October 1950

Hostess

Order of Business (see page 10)
Respond with household hint

Demonstration: Club Choice

THINGS TO DO THIS MONTH

ATTEND ACHIEVEMENT DAY MEETING.

Have car inspected.

Plant tulips and evergreens; set out strawberries.

Mow the newly planted lawn as soon as it's two inches tall;
then grease the mower and put it away.

Water fall-planted trees and shrubs, and soak the evergreens.

Clean out the eaves.

Turn garden soil and sow rye and vetch for a cover crop;
pick green tomatoes before the frost.

Contribute to Community Fund.

Repot house plants for winter.

Boost grain rations for turkeys.

November 1950

Hostess

1950

Order of Business (see page 10)
Respond with household hint

Demonstration: Etching of Glass or Aluminum

THINGS TO DO THIS MONTH

- Pay taxes; and exercise your right to vote.
- Finish planting spring flowering bulbs.
- Make out your Christmas card list.
- Do not burn fallen leaves; use them in your compost pile.
- To protect your good beadspread at winter parties, spread a plastic, transparent table-cloth over it; then wraps won't harm the spread, nor will they gather lint.
- In making pumpkin pies, run the pumpkin through a food chopper and it will cook faster. Keep pumpkin pie moist and fresh by covering it with waxed paper and putting in the ice box.

Hints for Homemakers

Save the water in which rice is cooked and use it for making a self-thickening gravy.

Hardened sugar can be reclaimed by setting in refrigerator for several days; or in a mason jar with a piece of fresh bread; in a breadbox with a cup of water alongside it; or in the breadbox with some fresh, unwrapped bread.

Discoloration in aluminum vessels can be removed by boiling vinegar in the pot; or cut up raw lemon, add water and boil in pot 15 minutes before scouring; or boil rhubarb in the pot.

One of the strongest and handiest homemade mending cements for broken dishes is alum. Melt the powdered alum by holding it in a spoon over a gas flame; while it's still soft, rub the melted alum over the edges of the two pieces you want to cement; press them together and let dry. The dish can be safely washed in hot water.

Mineral oil is the best oil for lubricating egg beaters, etc., because unlike salad oil it is non-corrosive, and it will not ruin the food if it drops in.

To uncork a bottle without corkscrew, thump the bottom of the bottle against some soft surface and keep thumping until the cork comes far enough out to be grasped in the fingers. A bunched up turkish towel on a table top is a convenient surface.

To open a tight screw-cap, grasp it with a piece of coarse sandpaper and twist; or use a nut cracker; or hold it firmly in the hinged side of the door but *be careful*—that's a powerful leverage.

To preserve the rubber gasket around the refrigerator door and to kill the rubbery odor that sometimes arises from it, dip a cloth in a solution of two teaspoonsful of bicarbonate of soda and a glass of warm water and wash the gasket with that. When it's thoroughly dry, coat it with talcum powder or cornstarch.

Food odors in the refrigerator can be absorbed by keeping a small chunk of charcoal in a baking powder tin; punch a few holes in the lid.

When raisins or other dried fruits get stale and hard, put them in a strainer, and set it with a cover over a pot of boiling water about 15 minutes. To prevent raisins from sticking to the chopper and bowl, set the chopper in a hot oven for a few minutes and pour boiling water over the raisins before you start chopping.

Potatoes can be baked in a jiffy, if you soak them in hot water for 10 or 15 minutes, or boil 5 minutes before putting them in the oven. Slicing the ends off beforehand produces extra mealy baked potatoes.

To remove onion smell from your hands, wet with clear water and rub thoroughly with salt.

For bread crumbs to use for frying, put stale slices of bread through the meat grinder and mix the crumbs with equal parts of flour. Tie a paper bag over the end of grinder and catch the crumbs without muss.

To preserve egg yolks for several days, put them in a glass and cover with melted shortening; don't have it hot enough to cook the yolks. Put in refrigerator.

When light cream won't whip, add the white of an egg.

To prevent fresh frosting from running off the top and down the sides of a cake, dust flour across it as soon as frosting is put on. Not enough to alter the taste, but just enough to make it congeal.

A substitute frosting can be made by sprinkling a liberal amount of powdered sugar on the cake before you put it in the oven; or sprinkle powdered sugar over a paper doily laid atop your cake.

Don't cool aluminum and stainless metal cooking utensils too rapidly. After using, wait a few minutes before soaking the pans. Rapid changes in temperature warp utensils.

To loosen fat splatterings in oven, saturate a cloth with ammonia and allow to stand overnight. If electric range, do not get moisture on heating elements.

Use your deep-well cooker for french-frying, making soups, warming rolls, steamed puddings and as a bottle sterilizer.

Stitch down the middle of your cloth tape measure, making sure not to draw up the thread. The tape will last longer and will not tangle so easily.

When making a cream sauce for vegetables in the top of a double boiler, cook the vegetables in the bottom half and save fuel and stove space.

Use a pitcher in which to mix gelatin and water, for ease in pouring into small molds.

To lengthen a too-short blanket, sew a piece of unbleached muslin to the bottom. The muslin will provide the needed extra length and can be tucked under the mattress.

Use a nut pick for ripping threads.

Hard-water deposits that rest in the washing machine can be rubbed clean with a cloth that has been dampened in vinegar water.

The best way to keep silver in good condition is to use it daily. Fine scratches that frequent use puts on silver eventually blend to form the patina of antique silver pieces.

A piece of alum in the drawer with silverware helps prevent tarnishing.

Fruit jar rings between fine china plates will lessen danger of scratching.

Marks made by striking matches on white paint may be removed by rubbing them with a cut lemon and then with a damp cloth dipped in powdered whiting. Rinse with cold water; dry with soft cloth.

Prevent ice trays from sticking in the freezing compartment by rubbing oil or grease on the bottom of them. Or take a piece of double thickness waxed paper the same size as the tray and keep it under the tray.

To avoid the spillage that usually occurs in carrying a freshly filled ice tray from the sink to the refrigerator, place an empty glass upside down on the center of the tray.

To keep the recipe card handy while you combine ingredients, clip into a snap clothespin and let it stand erect.

Paint half of a darning egg white, and the other half black. For light socks, slip the hole to be darned over the dark part; reverse the procedure for dark hose and save your eyes.

When you make shoulder pads, place a small amount of your favorite sachet powder in the filling of each pad. This will also scent your closet.

To prevent clothes from bunching on the clothes pole, drive ordinary rubber-headed tacks or upholsteres nails into the pole at intervals.

Wear rubbers on your shoes when tearing off wallpaper before papering. When you leave the room take off your rubbers. Your shoes will be clean and you will not track the paper through the house.

When you wax your floors, wax the rockers and feet of your chairs also. Then they will not mar the floors when moved; or glue small pieces of felt on the bottoms of furniture legs.

Pour melted paraffin over the paint in a partly used can. When needed again, paint will be like new.

To remove marks made on rugs by caster cups or furniture legs, use steam iron, or hot iron and damp cloth. Let steam permeate the pile, then brush it up until dry; repeat, if mark is stubborn. You can make curled rug edges lie flat by this same method.

To make a drawer slide more easily, press thumbtacks into glides on which the drawer rests.

To remove decals from a painted surface, wet with hot vinegar. When glue loosens, peel decal off with your fingers.

A little ammonia added to the water in which white clothes are to be soaked will loosen the dirt and make washing easier. A few drops of ammonia in the dishwasher cuts the grease.

To prevent metal waste basket from rusting, wax them inside and out. This also prevents dust from clinging.

Shears and scissors need oiling twice a year; put a drop of sewing-machine oil on both sides of the screw and work the blades; then wipe off any surplus.

To soften a stiff chamois, rinse in two quarts of warm water to which one teaspoon of olive oil has been added.

To keep table-cloths from wrinkling in storage, fold them once and wind them on a large roll of plain paper.

Woolens hung on the line dripping wet are not so likely to shrink as those wrung out before drying.

If perspiration stains have changed the color of your garment, hold the stain over the fumes of a bottle containing ammonia; if the color has not been destroyed this may restore it.

When carrying tea or broth to a person ill in bed, place a folded paper napkin between cup and saucer to absorb any spillage.

Don't try to pull a sticky paper off a package of raisins; just put the package in a warm oven for a few minutes and the paper will pull right off.

Rinse white organdy in a strong solution of salt to restore original crispness.

To remove white stains on furniture, rub stains with a thin paste made of olive oil and salt.

To keep flowers fresh, try wrapping them in wax paper and keeping them in the refrigerator. You won't be able to see or use them, but they will last a lot longer.

Use the bottom of a dresser drawer covered with a heavy towel as an emergency ironing board when traveling.

To make your shopping bag last longer, keep a piece of heavy cardboard in bottom of bag.

Let your umbrella dry closed, not open, and keep the tip down. This prevents material from stretching and the ribs won't rust.

When mending sweaters or other knitted garments a vegetable brush won't slip around like a darning egg and the bristles will hold the fabric firmly.

On heavy cotton material, rub a bar of dry soap lightly along the line of sewing to be done and sewing machine needle will go through the heavy material without any difficulty.

To Remove Stains from Washable Fabrics

BLOOD—Soak in cool water; launder. If brown stain remains, soak in weak ammonia solution.

CHOCOLATE—Launder. If brown stain remains, sponge with chlorine bleach or cleaning fluid.

FRUIT OR BERRY—Promptness counts; don't use soap as it sets stain. Stretch over bowl, pour boiling water from a height of 3 or four feet (except silk and wool). For old stains use an appropriate bleach, see footnote.

GRASS OR FLOWER—Rub in thick hot soapsuds. For stubborn stains see footnote.

CHEWING GUM—Soak in cleaning fluid until gum loosens and can be scraped off; launder.

ICE CREAM—Soak in cool water; launder. For fruit ice cream follow with appropriate bleach; for chocolate sponge in cleaning fluid before washing; if stains persist see footnote.

INK—Different inks require different treatment; promptness helps; don't use milk which adds a protein stain. Rinse in cool water; launder in hot suds with a few drops of ammonia. Or use chlorine bleach or commercial ink remover. Or use diluted oxalic acid and steam just long enough to remove yellow stains.

PAINT—Scrape off as much as possible with dull blade; soften with Vaseline then soak in turpentine, rubbing occasionally; launder.

RUST—Squeeze lemon juice over spots, sprinkle with salt, and lay in sun; launder. Or use oxalic acid in bright sun, rinse promptly and repeatedly.

(Footnote: For mildew, grass and other stubborn stains make a mixture of one level teaspoon sodium perborate to one pint hydrogen peroxide.)

COLOPHON

Your Year Book Committee's object has been to compile a useful handbook and insofar as we have succeeded we present the results; wherein we have failed we ask for your comments and suggestions for the guidance of future Committees.

MRS. MARTIN B. KEFFER, *Chairman*

MRS. C. T. TINGLER

MRS. SARA PORTER

County Directory

MRS. MARGARET R. SVOBODA, *Home Demonstration Agent*
MR. P. B. DOUGLAS *Farm Agent*
MR. J. ANDREW REYNOLDS *Assistant Farm Agent*
MRS. LULA O. CRAWFORD *Secretary to Farm & Home Agents*
COURT HOUSE, Salem, Va. Telephone: Salem 4441

President of District No. Two, Home Demonstration Clubs

MISS FRANCES PAYNE

Vinton, Virginia — Phone 2-0683

MR. W. D. RICHARDSON *Soil Conservation Service*
COURT HOUSE, Salem, Va. Telephone: Salem 4631

Clerk—ROY K. BROWN Phone Salem 3711
Sheriff—H. B. McMANAWAY Phone Salem 4231
Commissioner of Revenue—W. C. MUSE Phone Salem 4551
Treasurer—MRS. JANIE B. McNEAL Phone Salem 4351
Commonwealth Attorney—E. W. CHELF Phone Salem 2531
Supt. of Schools—R. DOUGLAS NININGER Phone Salem 4491
Supt. of Public Welfare—MRS. MARG. MALLEY Salem 3141

MEMBERS OF COUNTY BOARD OF SUPERVISORS

H. A. TAYLOR, *Chairman*, Cave Spring District

H. W. STARKEY, Salem District

MASON L. COOK, Big Lick District

MINOR KEFFER, Catawba District



ELEC Says:

"IT'S A

'GOOD MORNING'

EVERY DAY WHEN YOU HAVE

The Electrical Habit!"

**ELECTRICITY—IS
YOUR SMART CHOICE**

FOR THE

Homemaker's Budget

APPALACHIAN
ELECTRIC POWER
COMPANY

The 4-H program is developing also. In the 16 clubs there were 335 girls who carried a total of 467 projects with 404 completions. The county council is developing to the point of definite leadership. The county camp held in 1949 was an improvement over the 1948 one.

During the year the agent made 250 home visits, had 230 office calls and 1266 telephone calls. 118 news articles were printed, 101 radio talks were broadcast and 1880 bulletins were distributed. Sixty-two meetings other than regularly scheduled demonstration meetings were attended and 9414 miles were

IV. ADULT WORK -

A - Project Work

1. Clothing

When the adult program for 1949 was planned, clothing construction held the spotlight. This was due to the fact that clothing prices were high, yet the quality of fabrics had improved in comparison with price.

Four demonstrations were held in each club on Tailoring the Better Dress. In February the agent gave demonstrations in all nineteen Home Demonstration Clubs on the selection of pattern and fabric suited to the figure and occasion and method of determining the size of the pattern needed by taking body measurements. In March the agent demonstrated to all clubs the method of adjusting patterns to body measurements, interpreting pattern markings, method of cutting out garments and marking construction details.

In March a training meeting with 100 percent attendance was held by the district and county agents, at which time the leaders were trained in construction, fitting, closures and finishes. A majority of the clubs held all day working meetings for these demonstrations. Much interest in the clothing program was demonstrated. The U.S.D.A. bulletins on Pattern Alteration and Fitting Dresses and Clothing Construction Methods as developed by Edna Eryte Bishop were distributed to women who were particularly interested in home sewing. The women were particularly interested in the new method of making bound button holes and putting in zippers as well as improving their methods of finishing garments. However, their greatest interest was in learning how to adjust patterns to meet their individual figure problems.

Home Demonstration club women reported 6438 garments made and 1816 garments remodeled.

Tailoring School

In September the State Clothing Specialist conducted a special school for eighteen women who were particularly interested in learning to tailor suits and coats. Four all day meetings were held. At the first meeting a fabric buyer of a local department store discussed current trends in styles, fabrics, trims, lining, etc. for coats and suits. Each woman selected a suitable pattern and fabric and determined the correct size of pattern.

At the second meeting the garment was cut and interfacing put on. The third day the women made button holes, attached collars, checked fit and put in the facing. At the last meeting the sleeves and hems were put in and the lining attached.

A style show of the sixteen garments completed was held at the annual achievement day program and it attracted a great deal of attention, particularly from our State Senator, who was the guest speaker.

Several of the women who took this course are professional seamstresses and they felt that the training was of invaluable experience. Local tailoring schools in six clubs are in the process of being organized as a result of the one held in September.

Fabric Hats Made In Five Clubs

Some club members who do their own tailoring have asked for help on hat making so that they could have hats to match their suits and coats. Because hat making requires experience and skill that the home agent did not possess, arrangements were made with a milliner to hold a series of

six night classes at which time interested women could make hats under her direction. For such instruction each woman paid one dollar per lesson. This course was so successful clubs in other parts of the county are planning similar work.

Mrs. John Gearheart of Route 1, Vinton, who took the course in millinery became so interested she set up a little shop in her home, equipped it with hat blocks of several sizes and started taking orders from her neighbors. In the last nine months she has received orders for and made 42 hats. Her fee has been nominal because she felt she was still in the apprentice stage, however, now she has had sufficient experience to go into the hat making business on a more remunerative basis. Members of three other clubs have been so impressed with her hats they asked her to give a demonstration on hat making in their clubs. This she did gladly. When they offered to pay her she replied that she was so gratified for the information she had received through the home demonstration club, she would gladly give all the time she could to others. Club women reported having made 131 hats during the year.

Use of Sewing Machine Attachments Studied

Seven clubs studied the use of sewing machine attachments. These demonstrations were given by representatives of the Singer and White Machine Companies.

Three Clubs Made Dress Forms

Club women who have trouble fitting themselves have been interested in making dress forms. Three clubs held working meetings at which time

they made dress forms for one another. Inexpensive kits were bought from Sears-Roebuck and Company. Very useful and good looking forms were made as a result.

2. House Furnishings.

In 1948 Roanoke club women studied design and methods of making crocheted and braided rugs. Because factory made wool rugs and carpets continue to be high in price and because rugs play such an important role in interior decoration, club members asked that the subject be continued in the 1949 program. As a result we spent two months on hooked rugs in all home demonstration clubs. The first meeting was devoted to a study of designs, colors, materials and equipment. The second meeting was on methods and all clubs held all day working meetings. Reports showed that 298 rugs were made. These were not all hooked rugs however. Many were crocheted or braided as a result of instructions given the previous year.

Interest in rug making spread to other organizations and the agent was invited to give demonstrations to five outside groups, among them womans club and young mothers' clubs of the church.

Interest in Slip Covers Continues

Slip cover making continues to be of interest to homemakers due probably to the high cost of having them made and also to the fact that attractive slip cover fabrics are much more plentiful. Because slip cover making is complicated procedure, and because each chair presents individual problems, many women lack confidence in their ability to make a cover even though they have seen such a demonstration. The agent met requests for slip cover clinics so far as she was able. As it takes ^{two} too full days for each clinic only five were held. Trained leaders held two others. Women reported having made 253 slip covers. Much of this was the result of

having seen demonstrations the previous year.

Upholstery and Chair Reseating Done

Two upholstery clinics (two all day meetings each) were held. Four chair reseatng and foot stool bottoming meetings were held. Forty six pieces of furniture were upholstered, seventy cushion springs were retied, forty-eight stools were bottomed and twelve chairs were reseatd.

Home Made Furniture and Wood Finishes

• Home demonstration club women wanted to learn how to properly use a hammer, saw, square etc., so that they could make simple repairs about the house. Mr. C. D. Wheary of V.P.I. was consulted and he agreed to hold a training meeting for leaders. To give them actual experience he suggested each leader make some simple piece of household furniture - bookcase end tables, bedside table, desks, hanging shelves, sewing cabinet, or inset shelves. A set of blue prints was given each club and the women reported making 122 pieces of furniture. They were very pleased with the results even though there were reports of some aching muscles.

• Wood finishes as applied to furniture and floors was studied in October. The agent gave all of these demonstrations with the exception of two given by a local paint store. Floor seal, varnish, shellac and plastic finishes were demonstrated. Four very successful result demonstrations were conducted in this connection. Women who wanted to refinish a floor were given instructions, did the work under the agent's supervision then the October club meetings held in these womens homes gave members an opportunity to compare the results, cost, time the room was out of use and amount of labor the job took. The overall results of this project have not been received as yet.

Seven Clubs Saw Flower Arrangement Demonstrations

Through the interest of a local florist seven clubs were given an opportunity to see a very detailed and elaborate demonstration on flower arrangements for all occasions. These demonstrations were beautifully planned, well conducted, instructive and attended by 160 H. D. women.

3, FOOD PREPARATION

Two Demonstrations Given in Each Club -

In planning their 1949 program the H. D. members asked for some help on weight control and on food preparation with emphasis on conserving and making the best use of minerals and vitamins. Demonstrations on the subject of "Eat to Keep Your Spirits Up and Your Weight Down" and "Four Daily Vitamin Needs and How to Get Them" were given in all clubs during the months of June and July by the leaders. Emphasis was put on including more milk, tomatoes, greens, and iron rich meats and whole grained cereals in the diet. Particular emphasis was placed on the need for more milk. Dried milk as an easy and inexpensive method of getting more calcium was stressed. Recipes for using the above named foods were distributed. Two hundred and thirty-eight women reported having used the information given in these demonstrations.

The agent was asked to give two talks on nutrition before outside groups of young mothers. In addition she did a number of radio talks and news articles on nutrition and food preparation.

Demonstrations on Electric Cookery Held

Through the interest of the Appalachian Power Company, 13 demonstrations were given to Home Demonstration Club women and they were attended by 629 members. These demonstrations were each of two hour duration complete with

door prizes, distribution of recipes, and refreshments. Homemakers had the opportunity to learn the principles of electric cookery, as well as learn the modern method of cooking vegetables and meats. Club women were particularly interested in these demonstrations because the great majority of them have electric ranges but had never had an opportunity to learn their proper use. They also got some valuable information on the new refrigerators and home freezers on the market.

4. FOOD PRESERVATION

All parts of the county were covered with pressure gauge testing clinics. Many individuals who didn't get to one of the clinics brought their canners to the office to be tested.

Timely information on canning and freezing was given over the radio and through the newspapers.

Three frozen food demonstrations attended by 300 women were held with the assistance of commercial demonstrators.

Home demonstration club women reported having canned 19,088 quarts of fruit, 24,302 quarts of vegetables, 4272 quarts of meat. They also reported having frozen 2170 quarts of fruit, 2966 quarts of vegetables, and 9812 pounds of meat.

There is great interest in home freezers in this county and the agent received many telephone calls on frozen food problems.

5. OTHER PROJECTS

As each club was given a choice of demonstrations at two monthly meetings during the year many other interesting topics were studied. Several clubs had a speaker from the district Federal Security office to discuss social security. Several clubs studied Health, some had Spanish weaving demonstrations and others did Christmas gift suggestions.

B - OTHER ACTIVITIES

1. Federation Goal.

For the second year "Art in Daily Living" was selected as the Federation Goal. A year's program around this topic was mapped out by the county chairman. The first eight months were to be spent in decorating trays and other articles to be used as house furnishings accessories. This was followed with three months work on fabric stenciling. Last December each club spent a part of the meeting on Christmas decorations.

Three training meetings for the federation goal chairmen were held during the year. Two were on tray painting, one by the agent and one by the Rural Arts Specialist. In July Mr. Leon Mead of the American Crayon Company conducted a training meeting on Fabric Stenciling.

When the program was outlined it was not anticipated that all the women would be interested in painting or stenciling - rather that the work would be conducted on a special interest basis with extra meetings for those who wanted to participate. However it was planned to devote ten minutes of each monthly meeting to this work so that all members would have some opportunity to develop appreciation of color, design, workmanship etc.

The work done on "Art in Daily Living" far exceeded the expectations of the agent of the committee. Fifty-four extra working meetings were held and over 610 articles were painted or stenciled. Several groups became so interested they formed classes and hired an art instructor.

Club members were encouraged to participate in the arts and craft program developed at the local high school and conducted in the school shop at night. A copy of the program is attached.

In addition to useful and decorative articles made through this arts program, the women received a great deal of satisfaction in knowing that they could develop new skills and abilities. The agent feels that

this part of the year's program was very successful.

HANDICRAFT and ART PROGRAM



Sponsored by:
SALEM
RECREATION DEPARTMENT
John M. Stephens... Director

2 - COMMUNITY PROJECTS.

The county H. D. committee encourages each club to carry out a community project, with the aim of stimulating recognition of civic responsibility. Club women, as they do their year's planning, consider community conditions and how they should be improved. The work done

THE PURPOSE

THE ARTS AND CRAFTS AND HOBBY PROGRAM is designed to further the interests and activities in creative hobby pursuits and to afford opportunities for participation and study in some stimulating hobby endeavor for the people of our community.

THE SCOPE

THE ADULT PROGRAM has been set up to guide individuals by groups in their interests so as to give the fullest benefit for the time spent in the craft classes. The extent of emphasis of any one craft will depend upon the demand of the individual as will the degree of perfection of any craft pursued. The program is aimed at serving all -- both adults and children -- with a healthy year-round hobby program.

THE EXTENT to which such a program can serve the community is dependent upon the interest and cooperation of the people with the Recreation Department. Considerable interest has already been shown by the County School Board, the Creative Arts and Fine Arts Departments of the Women's Club, County and Home Demonstration Agents Churches, Civic Clubs, local Scout personnel, the Town Council and individual members of the community.

"BE HAPPY WITH YOUR HOBBY!"

THE PLAN

THE PLAN is not to give private lessons but to allow each individual to pursue his own interest by making available facilities, tools, equipment, materials and guidance at a minimum cost so that mutual progress and benefit may be enjoyed by all.

DISPLAYS, HOBBY SHOWS, Community Fairs and Private Exhibits are planned from time to time.

A HOBBY HOUSE, where classes may be held and where individual groups may meet for workshops, forums and lectures, is being planned.

THE PLAN OF THE PROJECT is to serve the public in the most enjoyable and profitable manner possible.

THE PROGRAM

CLASSES are being planned so as to give the greatest amount of help to the largest number of people in any one meeting. Varied interests make it impractical to set up classes for single hobbies but insofar as is possible kindred crafts are being scheduled for the same nights.

SPECIAL CLASSES in single crafts will be run frequently to offset the demand for them. A nouncement of these and other Arts and Crafts shows will be made through the "Recreation" column of the Times-Register.

"DON'T WISH FOR IT, MAKE IT!"

Telephone 4661

THE SCHEDULE

MONDAY: Ceramics, Sculpture, Plaster Casting.

Instructor: Miss Grace A. Smyth.

Leatherwork, Textile, Silk Screen, Block Printing, Carving, Plastics, Metal Repousse, Etching, Mechanical Drawing, Rug Weaving, General Arts and Crafts.

Instructor: C. R. Little.

WEDNESDAY

FRIDAY:

General Woodwork, Wood Turning, Furniture Refinishing, Art Metal, Plastic Fabrication, Metal Spinning.

Instructor: C. R. Little.

FRIDAY:

Art, Pencil and Charcoal Sketching, Oil Painting, Water Colors, Textile Decoration, Design.

Instructor: Miss Grace A. Smyth.

THE COST

Six-Weeks Tuition ---

\$3.50

This low price is made possible through the cooperation of the Roanoke County School Board in making the School Shop facilities available without charge. Materials and supplies may be purchased from the school stock.

HANDICRAFT and ART PROGRAM



Sponsored by:
SALEM
RECREATION DEPARTMENT
John M. Stephens - Director

- 15 -

in this field during the past year was certainly outstanding.

Practically all community projects called for some funds, therefore, a great variety of money raising schemes were carried out. Community entertainments and dinners were given; rummage sales and bake sales were held; flavoring extract was sold; white elephant sales were held; commercial demonstrations were sponsored, and other things too numerous to mention.

Three clubs, the Fort Lewis, Tinker Creek and Hardy Road clubs are working toward building a community house. All three communities need one badly for meetings and recreational activities.

Teen-age recreation was sponsored in two communities - Conehurst and Vinton. The Vinton program is particularly outstanding, due principally to the interest of Frances Payne and her committee. When the very lovely Vinton War Memorial Community Hall was finished in January, the agent suggested to Miss Payne that she start a much needed teen-age recreational program. A committee representing the school, each church, the town council, the town recreation commission and each of the major industries was selected. Plans were outlined and taken to the town council for approval. A list of junior and adult hostesses were selected.

Rules of conduct were drawn up and printed on membership cards. Any teen-ager could have a membership card so long as rules were not violated. Dances or other forms of entertainment were held semi-monthly. A charge of twenty cents was made for each dance and the proceeds was used to hire a dancing instructor. A copy of a newspaper story and membership card is attached.

The program has received so much favorable comment Miss Payne has received invitations from other communities to help set up a similar program.

VINTON CENTER USED BY YOUTHS

'Teen-Agers Have Plan for Dance Nights

By OZZIE WORLEY

Over in Vinton giant strides have been taken in the direction of seeing that there will be little chance of a juvenile delinquency problem—a problem that is a headache to some small and to many larger places.

A Youth Activities Program has been inaugurated as a community-wide project and the idea has really caught on with the youngsters. The Vinton Memorial Building serves as the center of the activities, the main attraction of which is a teen-age dance Friday night from 8 to 11 o'clock.

The Memorial Building has been constructed for some time, but until the youth program began it may well have been an idion as far as the Vinton teen-agers were concerned. There had been no practicable plan for turning youngsters loose in the building.

Then Miss Frances Payne, a leader in the Roanoke County Home Demonstration Club, got busy.

She spearheaded a drive for a community-wide program, conferring with Town Manager Guy Gearhart and the Vinton Council and consulting other towns about recreational programs. Miss Payne was assisted by Mrs. Margaret Svoboda, County home demonstration agent, who had already helped initiate a program for teen-agers at the County Woman's Clubhouse at Conehurst.

Getting permission of the Vinton Council to use the Memorial Building, an interested and enthusiastic group of Vintonites got the youth program under steam the first week in February. Young people from 14 to 19 years old were eligible to take part in dancing, games, handicrafts, hobbies and other activities.

Adults Advise

An advisory committee of seven adults and four young people was named to oversee youth activities at the center. The adults are Miss Payne, T. R. Boggess, Miss Sybil Marshall, Mrs. Henry Goggin, Mrs. Fred Stiff, Leon Hicks and Harry Cannon.

The teen-agers on the committee are Maureen Gathright, Norma Jean Patterson, Jimmy Gearhart and George Ball.

By far the most popular of the activities are the Friday night dances, which feature free dancing instructions by William Goodlett.

Young people can go to the dances only by membership card, and about 250 of them have been issued. The cards declare that there must be absolutely no drinking, no smoking on the dance floor, no destruction of property, the cards are not transferrable and that the bearer cannot return to the dance after leaving the building.

A fee of 20 cents is charged the nights of the dancing for operating expense. With some of the proceeds, the young people have already bought a \$100 amplifying system which they have donated to the Memorial Building.

Presence of adults at the youth gatherings is discouraged and, with the exception of Miss Payne, the director, and four chaperones approved by Town Council, no adults attend.

There has been a wildfire of enthusiasm since the program was initiated. About 170 young people attended the dance last Friday night. "There has yet to be instances of misbehavior reported," Miss Payne declared.

Miss Payne related that Vinton police checked by the building recently and commented, "We don't have to worry. There are no young people on the street. They are all in here."



FRIDAY NIGHT AT YOUTH CENTER—Highlight of the Youth Activities Program, recently activated at the Vinton Memorial Building, are the teen-age dances held on Friday nights. At the left, Jimmy Gearhart, son of Town Manager Guy Gearhart, is shown operating a record-player and controlling the amplifier while other boys and girls suggest what to play next. The teen-agers donated the amplifying system for use in the Memorial Building. The picture at the right gives an example of how the program has been received by the 14 to 19-year-olds. Until the youth program was started last month, there were no activities slated in the new building for the young folk.

READ BACK OF CARD CAREFULLY

This is to Certify
that the bearer is eligible to attend
YOUTH ACTIVITIES PROGRAM

Date _____

Name _____

SIGN YOUR OWN NAME

Issued by _____

REQUIREMENTS

1. There must be absolutely no drinking.
2. No smoking on the dance floor.
3. No destruction of property.
4. No gambling.
5. Card not transferable.
6. Cannot return to dance if you leave the building.

Two clubs have arranged for a baby sitter to entertain all small children so their mothers can attend H. D. meetings once a month.

Many of the H. D. clubs became very much interested in a proposed Health Unit for the county and held discussions on the subject so that they could be informed on the pros and cons.

Eighteen clubs entertained one or more times during the year at the local veterans hospital. They held ward parties at which time a group of club members took homemade refreshments and entertainment to the hospital and entertained veterans. All clubs contributed toward the annual carnival held at the hospital.

Two hundred garments were contributed to the Needlework Guild; sixteen clubs contributed scholarships or furnished leadership for 4-H clubs or assisted with the county camp; several clubs entertained patients at Catawba Sanatorium and made gifts for them; contributions were made to the Religious Education fund; several clubs improved local bus service and telephone service; one club erected road signs; another furnished blinds for a new chapel; another sent layettes to an Indian Reservation; and other clubs furnished school lunches to indigent children.

3 - FEDERATION ACTIVITIES.

Sixty club women attended the District Federation meeting in May as a part of the National H. D. Week celebration. Five women participated in a radio program that week also. Four women attended the State Federation meeting in Blacksburg. All clubs paid their Federation dues.

4. Home Demonstration Achievement Day

This event was held at Vinton on October 20th and was attended by 268 women. A copy of the program on next page.

34
72

ACHIEVEMENT DAY

WAR MEMORIAL
VINTON

OCTOBER 20
1949



THE HOME THE HEART OF ROANOKE

RM
34

7

OUR THANKS TO THE COMMITTEES
FOR ARRANGING THIS ACHIEVEMENT DAY

General Committee

Mrs. P. E. Abalt, Chairman - Mrs. Paul Kessler, Jr. - Mrs. Sara Porter

Decorations Committee

Mrs. John Boynehart, Chairman
Mrs. Russell Gish
Mrs. P. M. Tingler
Mrs. W. G. Kuntz
Mrs. E. G. Markham

Exhibit Committee

Mrs. W. L. Howkins, Chairman
Mrs. Paul Kessler, Jr.
Mrs. Everette Jones
Mrs. Guy Gearheart
Mrs. Glenver Lyman
Mrs. Doris Morgan
Mrs. Harold E. Bower

Lunch Committee

Mrs. Roy Sink, Chairman
Mrs. A. A. Green
Mrs. Odessa Dogan
Mrs. Harry S. Goggin
Mrs. W. P. Muspower

Prize Committee

Mrs. Lawrence Weaver, Chairman
Mrs. Harman McCarty
Mrs. Ralph Harper

Hospitality Committee

Mrs. C. T. Tingler, Chairman

Officers of County H. D. Committee

President: Miss Frances Payne
Vice Presidents: Mrs. C. T. Tingler

Secretary: Mrs. John Harris
Treasurer: Mrs. A. A. Green

LOTS GET ACQUAINTED

WHO ARE THESE PEOPLE ???

1. Mr. L. B. Dietrick
2. Miss Maude E. Wallace
3. Miss Lucy Blake
4. Dr. Walter S. Newman
5. Mrs. C. E. Myers
6. Miss Iva Byrd Johnson
7. Miss Janet Cameron
8. Miss Ruth Jamison
9. Miss Helen Alverson
10. Miss Catherine Peery
11. Miss Mary B. Settle
12. Miss Nellie L. Hughes

GENERAL ORGANIZATION AND LEADERSHIP

Answer true or false

1. There are twenty H. D. Clubs in Roanoke County?
2. They have a membership of 306 homemakers?
3. There are no H. D. Clubs at Catawba or Bent Mountain?
4. The first home agent in the county was Jesse Hamerly?
5. One hundred and three demonstration meetings were held without the agent being present?
6. H. D. leaders gave 354 days of service to the Roanoke Extension program?
7. Eleven club members served as 4-H leaders giving 72 days of service?
8. Our H. D. Program is planned by the Specialist in Blacksburg?
9. Mrs. Lawrence Weaver will succeed Miss Frances Payne as County Chairman on December 1st.
10. Mrs. Anos Cochran and her Community Project Chairmen have helped home demonstration clubs to make valuable contributions to community activities.
11. Four County 4-H Club members will receive a free educational trip to the National Club Congress in Chicago in November.

What do you know about project work conducted in Home Demonstration Clubs in Roanoke County during 1949? Underline the number you think correct.

- 1. There were 40 200 253 slip covers made by H. D. members in 1949.
- 2. There were 110 210 310 pieces of furniture upholstered.
- 3. There were 40 100 183 pieces of furniture refinished or repaired.
- 4. There were 10 122 222 pieces of furniture made.
- 5. There were 500 4435 6436 garments made.
- 6. There were 100 205 353 improvements in home lighting.
- 7. There were 30 90 131 hats made.
- 8. There were 10 156 200 purses made.
- 9. There were 40 100 238 homemakers used information on nutrition.
- 10. There were 86 106 136 who improved their kitchens in 1949.
- 11. There were 25 34 194 who used information on electric cookery.
- 12. There were 123 228 328 who used information on freezing.
- 13. There were 26 126 226 who kept household accounts.
- 14. There were 24,302 36,775 47,662 quarts of fruits, vegetables & meat canned.
- 15. There were 2170 14,948 20,948 quarts of fruits, vegetables and meat frozen.

WHAT DO YOU KNOW ABOUT YOUR COUNTY ? ? ?

True or False

1. There are 40,000 people in Roanoke County.
2. Carvins Cove lies principally in Roanoke County.
3. There are 8911 children of 4-H Club age in the County.
4. There are six magisterial districts in the County.
5. Roanoke County agriculture has a yearly \$2,833,620 value.
6. In 1945 only 47.4 percent of the rural homes had running water.
7. Roanoke County's game warden also has charge of the County's dog pound.
8. There are two representatives from Roanoke County in the Virginia House of Delegates.
9. The Chairman of the County School Board is H. W. Taylor.
10. Both the County School Board and the Board of Supervisors hold monthly meetings at the Courthouse in Salem.
11. The home demonstration clubs in Roanoke County are planning an anti-rat campaign.
12. Roanoke County's school building program has advanced to a point where no other structures are needed.

THE FEDERATION GOAL FOR 1949 WAS "ART IN DAILY LIVING"

(underline correct number)

1. 1 3 5 training meetings were held for art chairmen.
2. Club held 27 37 47 extra meetings for special interest groups on painting and stenciling.
3. 50 150 250 rugs were made during 1949.
4. 60 160 260 people attended flower arrangement demonstrations.
5. 196 296 396 articles were painted.
6. 10 114 214 articles were stenciled.
7. 6 10 14 clubs participated in the "Art in Daily Living" program.
8. The chairmen were? Mrs. Weaver ____; Mrs. Frazier? ____; Mrs. Keeler? ____.

TO OUR SPONSORS - - - - THANKS A MILLION

1. White Front Pharmacy, Vinton
 2. Harris and Riddleston Grocery, Vinton
 3. Miller - Maytag Company, Vinton
 4. Goode's Department Store, Vinton
 5. Goode's Five and Ten, Vinton
 6. Vinton Hardware Company, Vinton
 7. Agnew and Connolly Seed Store, Vinton
 8. Vinton Furniture and Electric Co.
 9. W. H. Riddleston Grocer, Vinton
 10. Virginia's Elms Service Station, Vinton
 11. Smith's Auto Service Station, Vinton
 12. Fitzpatrick Pharmacy Co., Vinton
 13. H.C. "Doc" Edmundson's Ser. Station
 14. Vinton Motor Company
 15. Vinton Fabric Shop
 16. The Dish Rack, Vinton
 17. Vinton Flower and Feed Company
 18. Scott Grocery Company, Vinton
 19. Scott Variety Store, Vinton
 20. Powell's Confectionary, Vinton
 21. Dickerson's Florist, Vinton
 22. Padigo's General Merchandise, Vinton
 23. Overstreet's Grocery, Vinton
 24. Mountain Trust Bank, Vinton Branch
 25. A. V. Hamzbass Grover, Vinton
 26. Stylized Beauty Salon, Vinton
 27. Roanoke Paint and Glass, Roanoke
 28. Dan River Mills, Danville
 29. Hampton Looms of Virginia, Inc. Bedford
 30. Angle's Silk Mills, Inc., Rocky Mt.
 31. Vinton Soda Shop
 32. Roanoke Sewing Company, Vinton
-

V. 4-H CLUB WORK

A. Project work -

1. Clothing

Nine clubs with an enrollment of 205 carried a project entitled "So You'd Like To Sew", with 164 completions. This project was conducted over a six months period with demonstrations on the following - Christmas Gifts, Equipping a Sewing Box, Wrist Pin Cushion, Hand Towels, Aprons, and a Laundry Bag. Club members were encouraged to exhibit their work at each meeting, at which time standards were discussed and articles were judged according to blue, red or white classifications. Seven hundred and eight were reported made. One hundred and sixty-four members made exhibits at club meetings.

Fifty-four girls carried a project on "Make or Remake Clothing." The project

was conducted during the summer in small neighborhood groups with Home Demonstration club members acting as leaders. Fifty girls completed. Ninety-five new garments were made and 58 were remodeled at a total value of \$428.00.

2. HOME IMPROVEMENT

A housekeeping project was conducted with 116 girls of whom 102 completed. Demonstrations were given on the following subjects: Christmas Gifts, Care of the Room, How to Set the Table, How to Make a Tool Box, and Closet Accessories. Sixty-eight girls rearranged their room for easier care; 46 made table mats; 69 made and equipped a tool box; 29 lengthened sheets; 102 set the table regularly; and 102 cared for their rooms regularly.

Six older girls carried on advanced room improvement projects at which time they were given individual instruction by the agent or members of the home demonstration clubs. The most outstanding piece of work in this line was done by Inez Harper of Keeler Heights. Inez planned a color scheme for her living room. She rented an electric sander and refinished the floors. The walls were papered, woodwork painted, curtains made. The three piece living room suit was slip covered, two bookcase and tables were made and three picture frames were refinished and suitable pictures framed in them and properly hung. New lamps were added. An old couch was reholstered and covered. This is the third room Inez has improved and she really brought forth a transformation. Her living room has served as a result demonstration, not only for other 4-H members but many women in the neighborhood as well.

3. FOOD PRESERVATION

Sixty-six girls carried a food preservation project - all completed. These girls canned 1990 quarts of food alone and assisted with 4720 other jars.



The picture above shows an exhibit of 4-H canning made at the county fair.

Lois Ann Coles of the Bent Mountain Club won the State canning contest and was awarded a trip to the National 4-H Congress.

B - OTHER ACTIVITIES

1. County 4-H Camp -

For the third year a county 4-H camp was held with 83 in attendance. A detailed program was worked out by a 4-H council committee early in the year. Home demonstration and 4-H leaders assisted the agents with the camp program. Camp officers and committeemen were elected at the close of the preceding camp and the year's preparation had much to do with the smooth running of the camp. County club members like the idea of a county camp better than a district one, as it gives them an opportunity to adopt the camp program to their own needs and interests.

2. County Fair Exhibits -

A total of 800 exhibits made by club girls netted them \$750 in prizes. The 4-Hers who assisted in checking in exhibits and waiting on the judges learned much about standards.

COUNTY 4-H MEMBERS LEAVE FOR CAMP BETHEL MONDAY, JUNE 13TH

Arts And Craft Program Taught

More than sixty-five Roanoke County 4-H Club members are all set to leave next Monday for the annual summer camp at Nace, Botetourt County, which will be conducted June 13-18.

Under the direction of Mrs. Margaret Svoboda and P. B. Douglas, County Agents, the group will meet at the Elmwood Park, Roanoke, at 10:00 A. M. and leave for camp in busses, returning to the same place at 2:30 on Saturday of the same week.

Besides the directors, adult members of the staff include: Mrs. Howard Pilson of Stuart, recreation; Mrs. Odessa Dogan, Kessler Heights, dining room; James Alvey, Roanoke, athletics; Miss Charlotte Coon of Fort Lewis, nurse; Mrs. Manley Tobey, Route 3, Salem, vespers; Mrs. Robert Hawkins, Kessler Heights, Cherokee leader; Mrs. W. R. Young, Fort Lewis, Sequoias leader; Mrs. J. Earl Adkins, Roanoke, Shawnee leader, and Mrs. Ruby Suiter, South Salem, leader of the Seminoles.

Each camper is assigned to an Indian tribe for organization purposes, and the camp program provides for daily instruction in arts and crafts, such as making footstools, bookends, bird-houses, name plates and extension cords. Classes in first aid, song leadership, poultry raising and other subjects will be conducted, it is stated.

A special schedule has been arranged for games, hikes, and for swimming.

The total cost of the week's camp for each person is \$12.00, and up to the present time the following have signed for the period:

Andrew Lewis Club, Betty Mae Doyle, Fay Doyle.

Back Creek, Ralph Bell, Jr., Mary Altice, Shirley Ann Rierson, Randolph Peters.

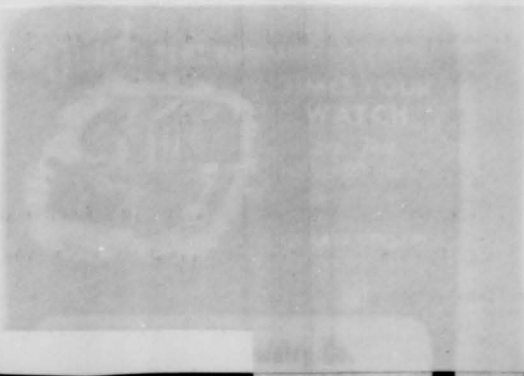
Bent Mountain, Lois Ann Coles, Roland Coles, James Douglas Lancaster, Martha Lee Coles, Nina Lee Coles, Alta Grant, Betty Ann Lanester.

Burlington, Jimmy Roberts, Conway Archer, J. C. Starr, Jr., Myrtle Garman, Barbara France, Carolyn Rakes, Phyllis Ann Riley, Dolores Sowder, Dean Flowers, Charles Dudley.

nie Renick.

South Salem, Jacqueline Lilly, James Alls, Mary Beth Stewart, Gwynn Rice, Virginia Ann Poole, Joyce Hibbits, Connie Crosswhite, Mary Ruth Suiter, Buddy Williams, Donny Williams, Sylvia Tinnell, Carolyn Barnett, Barbara Barnett, Elizabeth Barnett, Phyllis Ferris, South View—Sandra Barnhart, Clara Elizabeth Lewis, Luther James Garst, Jr., Wilford Plunkett, Washington Hgts. Club, Mildred Atkins.

- 18 -

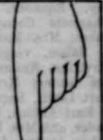


Salem, Va.

OR POINTING,
NT YOU TO SEE
SE

IONAL LES

sional Tables handsomely
d and beautifully finished
ops are Walnut or Mahog-
ts are Aspen. Truly great
w budget prices.



LAMP TABLE
18" x 18" Hgt 26"

13.95



END TABLE
24" x 14" Hgt. 23"

\$13.95



ire Company



BY: CHIEFS AT CAMP BETHEL—Leaders of four groups of Roanoke County 4-H Club members now camping at Camp Bethel near Troutville are shown above in Indian dress. The children are divided into four "Indian tribes" during their week-long stay. Left to right are: Fay Boyle, chief of the

Sequoias; George Seibel, Seminoles; Martha Seibel, Shawnees; Sheezix Coles, Cherokees; and Lois Coles, "big chief" of the camp. Lois, a student at Radford College, was elected last year to head this year's camp activities.

JAY

IT HAS TO BE GOOD

55c

39c

88c

Golden Crisp Chicken

CHICKENS PER LB. 53c

Lean Pork

PORK CHOPS Lb. 69c

3. Rural Life Sunday -

Six clubs observed Rural Life Sunday in various ways. One club was responsible for planning and carrying out a community service, others decorated the church and attended service in a body.

4. National 4-H Club Week -

In celebration of National 4-H Club Week a feature article was run in the Sunday Roanoke Times with pictures of 4-H activities and giving the highlights of the year's program.

Those clubs which meet in school arranged a bulletin board display on 4-H Club work so that all school pupils would know of their activities.

Several clubs held a community meeting to which they invited parents and friends.

Patricia Johnston of the Andrew Lewis Club was selected to serve as a page at the 4-H Breakfast in Washington, D. C., for member of the Congress. She was accompanied by the Home Demonstration Agent.

5. Community Projects -

Each 4-H club was encouraged to develop a community project. In-school groups did such things as improving the play ground, planting shrubbery on the school ground, adding curtains or draperies etc. Out-of-school groups assisted with community clean-up and beautification campaigns. One club painted and lettered mail boxes and another sent regularly a box to a family in England. They were delighted when they received a letter from Lady Astor thanking them for their interest in a neighbor of her's.

VI. OLDER YOUTH - (No Older Youth Organization in Roanoke County).

VII. SCOPE OF WORK -

| | 1948 | 1949 |
|---|------|------|
| Number Home Demonstration Clubs or Groups | 19 | 20 |
| Membership | 501 | 525 |

- 23 -

| | <u>1948</u> 15 | <u>1949</u> 16 |
|---------------------------|-------------------|-------------------|
| No. 4-H Clubs | | |
| Membership | 301 | 335 |
| Number Older Youth Groups | 0 | 0 |
| Membership | 0 | 0 |

VIII. STATEMENT OF HOW OTHER ORGANIZATIONS FUNCTIONED IN THE 1949 PROGRAM -

1. County Home Demonstration Committee.

Two meetings and one executive board meeting of the county H. D. committee were held during the year. In addition there was one extra meeting of all program development chairmen for the purpose of training them in their particular work.

The county H. D. committee has a membership of 46. It serves as a planning body for all H. D. club activities, it compiles and has published a yearbook for distribution to all H. D. members, it sponsors a county-wide achievement day in the fall, has representatives at district and State Federation meetings, aids 4-H club work, and is always on the alert to promote movements of special interest to homemakers.

2. County 4-H Club Council.

The county 4-H club council is composed of all the officers and leaders of all 4-H clubs in the county. It meets four times a year, directs the overall 4-H program and serves as an officer training medium.

At the fall meeting objectives are set up. Last fall the following were adopted and all clubs urged to meet them:

1. Council dues raised to \$5.00 and to be paid by January first.
2. The County Council will send its president or other officers to the State Short Course with all expenses paid.
3. All club members must carry one or more projects.
4. All club members make an exhibit at the Roanoke County Fair.
5. The Council will sponsor a county-wide 4-H Club Rally Day in August at which time there will be held county contests and a picnic.

- 6. The council will sponsor a county 4-H camp with a minimum of 100 club members in attendance - each club to be represented.
- 7. Three regular council meetings to be held during the year with extra committee meetings on call - each club to be represented.
- 8. Each club observe Rural Life Sunday in May - suggestions will be available from the county agent's office.
- 9. Each club carry a program on Health and Accident Prevention and enter the National Contests on Safety and Health.
- 10. Each individual club adopt a community project.
- 11. Each club strive toward 80 percent or better completion of projects.
- 12. Each club send in two or more subscriptions to the 4-H Club News for the use of sponsor and vice president.

In order to have better monthly program meetings the council adopted the following aims:

- a. To put special emphasis on the 4th "H" in our pledge.
- b. To develop an appreciation of our most priceless heritage - our health.
- c. To improve the health of each individual club member.
- d. To recognize and correct farm and home accident hazards.

To carry out these aims it is suggested that each club do the following:

- a. Have two or more talks given by club members at each meeting.
- b. Have 4-H club present one or more programs on health and accident prevention at the school assembly or P.T.A. meeting.
- c. Have posters or exhibits on health or accident prevention during the year.
- d. Have each 4-H club member make a safety survey of his farm and home and report how he corrected hazards.
- e. Each club member do following:
 - 1. Have physical examination.
 - 2. Visit dentist.
 - 3. Learn and follow food habits essential to full growth and good health.
 - 4. Learn and practice basic first aid measures such as:
 - Treatment of burns
 - Treatment of cuts
 - Treatment of bruises
 - Preparation and use of standard first aid kit.

IX. ACTIVITIES OF VOLUNTEER LEADERS.

The chart below will show the status of leadership in 1949 as compared to 1948. Although the figures don't indicate a marked increase in amount of leadership the agent feels there was a definite increase in the quality of leadership, particularly in the adult work. Clubs have less trouble securing project leaders than formerly - in fact in many instances there are volunteers. Club members are accepting our leadership system and are progressing to the point where they don't expect the agent to be present every time.

Organisational leaders are also improving their performances. Monthly letters sent to presidents similar to the one attached, have helped them keep up with county-wide activities. Training at the fall planning meeting has also been useful. Indications of leadership growth were seen in the manner in which the yearbook committee and the achievement day committee did their work this fall. They took the initiative and relieved the agent of all details so that she had more time for other matters.

| Growth of Home Demonstration Club Project Leadership | | 1948 | 1949 |
|---|---------------|------|------|
| No. project leaders and goal chairmen | | 67 | 95 |
| No. training meetings held | By Specialist | 5 | 5 |
| | By Agent | 3 | 4 |
| Attendance at all training meetings | | 235 | 257 |
| No. Club Meetings held by leaders without agent present | | 107 | 124 |
| No. Club Meetings at which leaders assisted | | 25 | 48 |
| Growth of 4-H Club Project Leadership | | 1948 | 1949 |
| No. adult project leaders | | 20 | 23 |
| No. junior project leaders | | 16 | 25 |
| No. training meetings held | By Specialist | 1 | 1 |
| | By Agent | 2 | 4 |
| Attendance at leader training meetings | | 32 | 33 |
| No. 4-H leaders trained individually | | 5 | 8 |
| No. Club Meetings held by leaders without agent present | | 73 | 45 |
| No. Club Meetings at which leaders assisted | | 40 | 30 |
| No. demonstrations given | By leaders | 85 | 45 |
| | By adult | 73 | 45 |
| | By junior | 35 | 47 |

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF VIRGINIA

Virginia Polytechnic Institute and
United States Department of
Agriculture Cooperating

Extension Service

Salem, Virginia

July 2, 1949

Dear Home Demonstration Club Presidents:

1 - The Home Demonstration Clubs have been asked to assist with the annual carnival to be held at the Veterans Hospital on August 14th. The cost of the booth we have been asked to take charge of will be about \$60. Can your club contribute \$6.00 toward this? If so, please call Mrs. Cochran (phone 4673) within the next week or so. Mrs. Cochran would also like to have some volunteers to work in the booth during the carnival

2 - Mr. Douglas and I wish to thank all the Home Demonstration Clubs who made financial contributions to the 4-H Camp. With the \$5.00 contributed we came out exactly. We never would have broken even without your help. It was an excellent camp in spite of the rainy weather.

3 - The July demonstration is "Your Daily Vitamin Needs and How to Get them". Some clubs have asked for additional sheets on salads. If you want some for your club please call Mrs. Crawford.

4 - Don't forget that election of officers comes up in September. Appoint a nominating committee and be sure it gets an acceptance from the nominees before the slate is presented to the club.

5 - Be sure to give your program development chairman some time on the program at your July meeting. She should begin getting her report on suggestions for next years program ready for our fall planning meeting.

6 - I am enclosing a resume of the program for the Institute of Rural Affairs. We are allowed a quota of 20 members who will stay in Blacksburg for the meeting. Please fill in the questionnaire at the bottom of this page and return to my office before July 10th.

7 - Don't forget the training meeting on Fabric Stenciling to be held at the Y.W.C.A. on July 12th at 9:30. There will not be room for more than three members from each club.

8 - I think I have told most of you that I am going to attend the Southern Regional Training Program for Extension Workers at the University of Arkansas from July 15th through August 8th. If you need anything from the office while I am gone, call Mrs. Crawford.

With all good wishes to you for your July and August meetings, I am

Sincerely yours,

Margaret R. Svoboda
MARGARET R. SVOBODA

Home Demonstration Agent

X. Significance of The Year's Work -

The home demonstration program as conducted in Roanoke County in 1949 made certain definite contributions to better homemaking. Instructional assistance was given regularly to the membership of twenty clubs which have an enrollment of 525 women. A definite program on clothing construction, food preparation and house furnishings was conducted. The fact that women used the information in meeting their household problems was evidenced by the reports they handed in at the end of the year.

The agent has received comments as to the usefulness of information given regularly over the radio and in the press.

The number of telephone calls requesting information, or assistance with problems, is an indication that women recognize the contributions the Extension office can make to homemaking problems.

The agent feels that there were certain significant results of the year's program. Although one club was discontinued there has been a marked increase in membership, and attendance at monthly meetings.

The program has served as a stimulus to arouse women to recognize problems within their community as well as within their own homes. It also helped them to know that there are ways of meeting problems. The teen-age recreational program conducted during the year is an example. The active campaign for better health and sanitation within the county waged by the women is another.

The progress in the quality of leadership made during the year is most gratifying. The women are realizing that leadership is essential to any organization and that they have an opportunity to develop their abilities along this line to the point where they can make contributions to other community organizations such as church groups, P.T.A. etc. (They asked for a study of

leadership development and parliamentary procedure in the 1950 program).

The 4-H program has made programs, however, the agent feels there is great need for better leadership. The organizational leadership was very good last year. The project leadership needs great improvement.

For the third successive year a county girl has won a State contest and been awarded a trip to the National 4-H Congress in Chicago. Greatest progress has been made in the development of the county 4-H council and the county 4-H camp.