

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
WASHINGTON COUNTY  
VIRGINIA

1948

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Home Demonstration Agent

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III. SCOPE OF WORK

A. Home Demonstration Clubs:

Number 14 Membership 300

Other women reached by home demonstration club members 350

B. 4-H Clubs:

Number 16 Membership 483

C. Older Youth Groups:

Number \_\_\_\_\_ Membership \_\_\_\_\_

D. Number reached through other groups by agent 1000.

E. Number families reached through neighborhood and community leaders 3000

F. Other methods used to reach families 15. Number families reached 2500.

G. Estimate total number families reached 5000. Number farm families in county 4211.

IV. ADULT WORK

A. Home Demonstration Club Program

1. Project Work

a. Home Demonstration Committee

The Home Demonstration Committee consists of the president of each organized Home Demonstration Club in Washington County, any state or district Federation officers in the county, four committee officers, a County Federation Goal Chairman, and several members at large.

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IV. A. 1. a. (continued)

The duty of this committee is to set up a month-by-month program of work for the clubs after the needs of the clubs have been discussed at the June and July club meetings. At these meetings old and new club presidents discuss with club members the type of program they feel they need and would be interested in. At the county planning meeting, which is held in the fall, the committee members select the demonstrations which are most needed and desired and formulate a county-wide program of work. They also set up the county goals, as well as the Federation Goal and plan any extra activities which will take place in the county.

b. Subject Matter Fields

At the county planning meeting, old and new club presidents selected the subject matter fields around which the work is to be centered. These were determined after the topics were presented by the individual club representatives. A committee was then appointed to incorporate these demonstrations into a yearly program which would fit into the state plan, taking into consideration the assignments of the specialists to the district. The following demonstrations were selected:

December - Christmas Program

January - Repair of Small Electrical Equipment

February - Rug Planning

March - Homemade Accessories

April - Rug Making

May - Health - Federation Goal

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IV. A. 1. b. (continued)

June - Foods For Family Entertainment

July - Quick Breads

August - Open for Clubs' Selection

September - Reseating Chairs

October - Patterns for House Dresses

November - Construction and Fitting of House Dresses

The Home Demonstration Club members set up a program which was concerned with Home Improvement, Foods and Clothing because of the fact that they felt those were the phases of homemaking in which they felt they were weakest and needed assistance and new ideas. This was different from the 1947 program in that it did not deal with only one major field of homemaking, but several, which seemed to be the type they wanted and needed.

They felt that they had spent so much time on the interior of the house, that they lacked information that would improve their appearance and the health of their families; thus they selected the demonstrations on foods and clothing. Much interest in home improvement had been created so there was a definite carry-over from last year's work which was shown by the demonstrations selected; such as, reseating chairs, rug planning and making.

c. Homemaking Projects

(1) Foods

(a) Selection and Preparation

Because rural homemakers find that there is little time to do the many things that are required of them, they

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IV. c. (1) (a) (continued)

were encouraged to prepare food in simple, attractive ways, using all of short cuts that are possible. The demonstration on "Foods for Family Entertainment" or "Simple Refreshments" was one that every club woman enjoyed and benefited from. At the leader training meeting they were shown how to make numbers of different kinds of fancy sandwiches, candies and punch, and the leaders in turn gave the demonstration to the club members, using the products as refreshments. Because of the fact that at one time or another all women must do some kind of entertaining, this fitted in quite nicely with their homemaking duties. Simplicity in refreshments was stressed throughout and all of the women seemed impressed that attractive but not elaborate refreshments are appropriate and inexpensive. Numbers of requests have come in for the recipes that were distributed at club meetings.

The demonstration on "Quick Breads", using the Master-Mix was quite impressive throughout the entire county. In most clubs, three of the suggestions were demonstrated and served as refreshments. Recipe sheets were distributed and from all evidences, have been quite popular and greatly used. Many of the women have commented that much time and effort have been saved by the use of the Master-Mix and 300 women have learned new methods of food preparation.

(b) Production

Washington County people were encouraged to continue to produce as much food as possible to meet the needs of their families.

IV. (1) (b) (continued)

Well-planned gardens, improved varieties of seeds, and successive planting were stressed at club meetings throughout the year. Printed information was given out to club leaders and they gave brief timely reports to the club members. Instead of holding a county-wide gardening meeting, the specialist attended five meetings in Washington County and gave the information and instructions to those in attendance. By so doing, it was felt that more people were reached and received first hand information that could be used more advantageously than if they were given only a few gardening hints at each club meeting throughout the entire year.

The members in these clubs feel that they have better balanced meals, well nourished families, and a greater selection of home grown foods by using the information that was given in such usable form by the specialist. During the coming year several additional clubs will receive information in a similar manner.

(c) Conservation

Freezing Gradually Replacing Canning

Statistics show that there has been a decided increase in the amount of foods frozen this year; however, many families are still conserving food by canning. Food preservation in general has increased over last year as statistics show 86,685 quarts of fruits, vegetables and meats were canned this year in comparison with 67,199 of last year. Less home drying and brewing took place this year which will prove that the natural flavor is desired, as is shown by the increase of canning and

IV. (1) (c) (continued)

freezing. 29,448 pounds of fruits, vegetables, and meats were preserved in home freezers and the two commercial freezers in Washington County and indications are that more county people are realizing that freezing food is an economical means of saving time and labor, as well as value, color and flavor of foods.

A special request came from one club for a demonstration on freezing foods. This was given, which included packaging and preparing foods for the freezer. A complete meal was prepared and served from frozen foods. This was not included in the county program because of the fact that the interest in freezing foods is so widely scattered over the county.

(2) House Furnishings

(a) Chair Seating

The women had become interested in improving their homes and they felt a great need for doing some renovation, repairing and improving the appearance of furniture and furnishings they had on hand. As a follow-up of last year's program, a demonstration was given at the club meetings on "Reseating Chairs". Three types of materials (splints, cane and Hongkong grass) that might be used and methods for putting them in were shown. Instruction sheets were given out to those that were definitely interested in reseating some chairs. Four requests were made for special meetings, one of which has already been held. Twenty women attended and eight chairs were caned.

IV. (2) (a) (continued)

About the first of the year the other three meetings will be held under the direction of the home agent. Figures show that as a result of this demonstration two-hundred and eight chairs have been reseatd during the year.

Rug Making

Two meetings for Rug Planning and Rug Making were scheduled during the year. Miss Ruth Jamison, Home Furnishings Specialist, held an all-day leader training meeting and showed the project leaders how to plan and make several types of rugs. Many excellent suggestions on color schemes, types of materials, ways of preparing to make the rug, and methods of making were demonstrated. Most of the women were particularly interested in the braided rugs and have since carried out the ideas and information given to them. As a result, 50 women have made 62 rugs which are crocheted, hooked, woven, braided and looped. In all probability more women will be more interested in this handicraft project when they feel that they have enough additional leisure time to spend in actual construction. They have gained an appreciation for this sort of work and it is felt that they will be planning and preparing for this time-consuming work during the winter months.

(b) Conservation

Though there was no definite demonstration pertaining to the conservation of home furnishings, club women have been constantly reminded of same. Results show that a great deal of work has gone on in the background and good use has been made of information gained in previous years.

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IV. (2) (b) (continued)

One-hundred and twenty-three women practiced better methods of house care; 39 sofas were upholstered; 153 chairs; 198 cushions; 199 pieces of furniture were repaired; 78 remodeled; 216 refinished; 18 made. Sixty-three slip covers were made for sofas; 39 for easy chairs; 123 for other chairs. From the above it may be concluded that from year to year the women put into practice knowledge that they obtain.

(c) Decorating

Though this years program did not deal with any type of home decorating it is encouraging to know that much has been going on. Sixty-six families improved the back grounds of rooms; 123 walls; 87 woodwork; 120 floors; 99 families improved window treatment; 352 pairs of curtains were made; 618 bought and 105 pairs of draperies were made.

Many suggestions have been given to individuals on decorating and conservation of home furnishings and it is apparant that they have been followed in some way.

(d) Housing

Repair of Simple Electrical Equipment

In order that homemakers may save money and time, they requested information on the repair of small electrical equipment and the conversion of kerosene lamps into electric lamps. Miss Sarah Moore, Lighting Specialist with the Appalachian Electric Power Company, visited Washington County and met with the leaders at a training meeting. At this time she taught them to repair cords involving

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IV. (2) (d) (continued)

sockets and plugs, iron cords, and methods of making other minor repairs. Many of the women brought lamps which they wired at this meeting. They were taught how to care for electrical appliances that are used in the home.



Other phases of housing that have been improved are clothes closets, linen, cleaning, food, china, and equipment closets. Many bulletins have been distributed, home visits have been made and group discussions have been held on housing.

Information on building and remodeling was given at a county-wide housing meeting to the forty men and women present. Mr. C. D. Wheary of the Agricultural Engineering Department at

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IV. (2) (d) (continued)

Blacksburg, Virginia, and the home agent visited four families in the county for the purpose of assisting with remodeling problems.

Figures secured in regard to housing give other pertinent information; such as, 15 families constructed dwellings; 69 remodeled dwellings; 57 installed water systems; 24 heating systems, 24 installed sewage systems. 135 families rearranged kitchens; 123 other rooms. 204 families purchased house-furnishings and equipment (other than electric). 27 installed bathrooms; 99 installed screens and 42 obtained electricity. 213 families purchased 444 articles of electrical equipment.

(3) Clothing

(a) Construction

"Patterns for House Dresses" and "Construction and Fitting of House Dresses" were two demonstrations that were selected because of the great need for information in regard to comfortable, attractive, inexpensive work clothes. Miss Ivah B. Johnson, Clothing Specialist, held a leader training Meeting at which time she showed patterns, dresses, materials, finishes, and construction of suitable house dresses. These leaders gave the two demonstrations in October and November and in a number of cases club members wore their favorite house dress. Much interest was shown in the use of grippers in the place of buttons. At the October meetings, club members brought

IV. (3) (a) (continued)

their favorite house dress pattern and told why she liked same.

The members requested "Homemade Accessories" as a spring demonstration. As illustrative material, homemade pocketbooks, knitting bags, belts, scarfs, hats, pictures and patterns of all types of accessories were shown. Two clubs held all-day meetings for the purpose of making some accessories for themselves.

(4) Home Management

(a) Farm and Home Unit Demonstrations

The farm and home agents have worked with the C. F. Trent Family during the year. Immediately following the district meeting of agents in the watershed area, the home agent visited the Trents and made plans with Mrs. Trent. At a later date Mr. C. D. Wheary, Agricultural Engineering Department, spent much time with the Trents, assisted by the county and home agents in making suggestions for remodeling the dwelling. Upon his return to Blacksburg, he drew up plans for making renovations and additions to the house. The Trents have found that with prices as high as they are, they are unable to rebuild the kitchen and dining room as suggested; however, they have painted the exterior and roof of the house. Plans are now being made to add a bathroom next year, build an extra room with space for a basement into which a furnace will be placed.

Due to a shortage of cash, they will work very slowly in making any changes.

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## 2. Federation Goal

Health was selected as the Federation goal because the club members felt that good health is good economy and too little attention has been paid to the personal health of each club member. In February the county health chairman and the home agent worked together and set up the county health program. Immediately following this was a meeting of all health chairmen in the county. Mrs. Woodrow Dishner, County Health Chairman, explained the program and made suggestions as to the types of brief reports they were to give at each club meeting. One of the major objectives was for each club to devote one meeting to health and this would be under the supervision of the health chairman in each club. At this county-wide meeting, plans were made for the demonstrations to be given in May, Health Month, and bulletins were distributed to all present.

Results of the county health program are gratifying as shown by the following accomplishments for 1948.

Each club observed May as Health Month and devoted entire meeting to some topic on health. Some clubs had outside speaker such as county health nurse or a doctor.

Many club members had X-rays and physical examinations.

Aided in Cancer and Red Cross Drives.

Donated to needy children, lunch rooms and responded other calls for help in many communities.

IV. 2. (continued)

Hospitalization insurance was discussed in many clubs and members were encouraged to belong.

Linens were donated to the hospital and schools.

Letters were written to Representatives urging a better health program.

One club presented a radio broadcast on the subject.

Clubs contributed articles to a loan closet in cooperation with the Save the Children Federation and the Washington County Health Department.

Club members have made layettes for the Red Cross and Save The Children Federation.

Members have tried to promote better health in various communities by having brief reports each month.

Members of one club are planning a Sick-Room-Loan-Unit for the community. Members of another club bought medicine and gave food to a needy family.

The Home Demonstration Club women have apparently been very impressed by the Health work that has taken place in the county. They have become conscious of the importance of good health in everyday living and have tried to pass on information to all people.

As the climax of the year's program they have pledged fifteen hundred dollars which will equip and furnish a room in the wing of the new hospital which is to be constructed in the next two years.

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3. Other Activities

a. Radio Programs

For the second consecutive year the club women have had change of a fifteen minute radio program each month. Since this was not new to them, the topics were selected, the programs written and presented by the club members themselves. Much enthusiasm was shown in the twelve broadcasts that were given from the offices of the county agents. Often little or no assistance was given by the home agent and many listeners have commented on the effectiveness of the program.

b. Entertain County Officials

Fifty-seven club women and Washington County officials attended the annual dinner which was held at Central School. At this time the home agent gave the report of outstanding work accomplished during 1947. During the afternoon the club presidents gave their reports and business of the Federation was discussed. Also, suggestions for improvements in the program were made.

c. Glade Spring Club Activities

During the month of December the Glade Spring club held their annual two day bazaar. On this occasion they sold homemade articles of all sorts and kinds in the lines of foods and clothing.

The community fair was held on September 18 and 18th. Members of several clubs had charge of the exhibits which were all under the supervision of the home agent.

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IV. 3. c. (continued)

Many people from the surrounding towns and communities attended and participated in this gala event. Immediately following this fair, a committee meeting was held and plans were made for 1949. Suggestions and recommendations were given as to ways and means of improving next years' fair.

d. Home Demonstration Achievement Day

Two hundred and fifty men and women attended the annual achievement day program. The morning session was devoted to club reports, awarding of the cup to the outstanding club, the hospital drive and an explanation of the Claytor-Lake-Camp-Lamp-Project. In the afternoon, J. W. White of the Bire Manufacturing Company, Marblehead, Ohio, gave a very informative and instructive meat-cutting demonstration, which included cutting of pork and beef, packaging it for the freezer, curing bacon and boning a ham. Many very favorable comments have come from county people as to the effectiveness of such a demonstration.

e. Lamp Clinics

Miss Sarah Moore, Lighting Specialist with the Appalachian Electric Power Company, held five all-day lamp clinics in the county during the year. A total of 384 kerosene lamps were converted into electric lamps. These meetings were requested by club members and were held aside from the regular club meetings. Much interest has been shown in this type of work as was evidenced by the attendance number of lamps that were wired.

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IV. 3 (continued)



All Day Lamp Clinic

f. Food Sales

Several clubs held bake sales or food sales during the year. In addition to increasing their club funds, they made available to the townspeople many articles and products that are inaccessible to them.

Several other clubs prepared and served lunch to the members of the Kiwanis Club.

g. Club Entertainment

As an annual event each of the home demonstration clubs entertained another club at an all day meeting in August. The ~~entertainment~~ was open for club selection and a number of interesting ~~programs~~ were held.

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IV. 3. g. (continued)

Four clubs entertained clubs from adjoining counties. These meetings have always been very satisfactory and have done much toward giving the club members a clear picture of the program in another club.

Two home demonstration clubs entertained 4-H club boys and girls in their communities in the form of a recreational meeting and picnic combined. Activities such as this have stimulated much interest in local clubs.

4. Leadership

The Home Demonstration Committee, which consists of the president of each organized home demonstration club in Washington County, any state or district officers, four committee officers, a Federation Goal Chairman and several members-at-large met three times during the year.

At the first meeting in January, plans for the year were outlined by the club presidents. Copies of "Duties of Club Officers" were distributed and explained. In May the committee met again for a short business meeting and for the purpose of checking on the program of clubs. At this time the committee decided to pay the expenses of one leader to camp; decided that it would be advisable to combine one very weak club with a stronger one for a while; suggestions were made for changes in the 1949 program; the picnic schedule was worked out; and plans were made for Achievement Day.

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IV. 4. (continued)

The third meeting was held in September, at which time club representatives presented the results of the program planning discussions that had been held during June and July. A committee was appointed to work on the monthly calendar while remaining club officers were trained in Parliamentary procedure.

The county officers follow:

President - - - - - Mrs. M. F. Whiteaker  
Abingdon, Va. Rt. #2 - Greendale Club

Vice President - - - - - Mrs. P. D. Fagan  
Wallace, Va. - Wallace Club

Secretary - - - - - Miss Lelia Neal  
Abingdon, Va. Rt. #1 - Cleveland Club

Treasurer - - - - - Mrs. C. G. Dishman  
Bristol, Va. Rt. #1 - Abingdon Road Club

The County objectives as set up by the Home Demonstration Committee were:

1. Have leaders attend all training meetings and give demonstrations.
2. Pay County and State Federation dues by February 1.
3. Promote better health in Washington County.
4. Each club help with 4-H or Rural Youth.
5. Each club entertain a club.

These organizational leaders have gone very far in assuming responsibility and promoting the home demonstration club program in Washington County. They are able now to plan for their needs, carry on the club program, recognize changing needs and make adjustments when necessary in individual clubs.

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IV. 4. (continued)

They have been interested in setting up a program that will benefit all who participate and have had much influence in furthering the program to non-club members.

The project leaders attended six leader training meetings and gave 96 demonstrations. The leaders have shown that they enjoy attending the training meetings and take great pleasure in obtaining new information from the specialist which in turn is passed on to club members. They have rendered a great service by responding to their duties so willingly and ably which has provided the home agent with some extra time for home visits, office work and assistance to weaker clubs.

The home agent worked closely with the county health chairman and assisted in sending material to club chairmen; Rural Youth and Publicity Chairmen in each club all secured their own material on pertinent subjects for their club reports.

The club members have helped greatly by serving willingly on all committees and taking over full responsibility whenever and wherever possible. They have added new members to their rolls, set up their own club objectives and accomplished them in most cases, and have passed on information to non-club members.

The leadership has developed to such an extent that members are able to further the program in many places that are impossible through the home agent and several requests for new clubs have come in.

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B. Other Means of Reaching People

1. Newspaper Articles

A total of 40 news articles were published during the year. Many additional articles were sent in by club secretaries and publicity chairmen, which were published by the local papers. The club members are realizing more and more the importance of keeping the public informed of home demonstration activities and practically every club sent in monthly write-ups.

2. Radio

The radio audience has increased greatly over last year. The home demonstration club women look forward with a great deal of enthusiasm to their monthly programs, which have always been prepared and presented excellently. Several additional club women have been on programs with the home agent. The radio is constantly used as a means whereby the Extension Program is made available to a larger number of county people.

3. Teachers' Meeting

In the absence of the home agent, the county council president, Nancy Jean Keller, told the teachers of the 4-H club program in Washington County. This is the second time that such an activity has taken place and it is evident that through this method the teachers have gained a greater appreciation and understanding of this phase of the Extension program.

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IV. B. (continued)

4. Gardening Meetings

Mr. L. C. Beamer and Dr. F. S. Andrews of the Horticulture Department of V.P.I. met with members of four home demonstration clubs for the purpose of relaying gardening information to them. By so doing, it is felt that a greater number of people received the information in a more usable form than before, when only the leaders were given the material.

5. Girl Scouts

The home agent met with a group of girl scouts and gave a demonstration on table setting. This group was made up of town girls that are not in 4-H clubs. Much interest was shown at this meeting and they requested instructions in handicraft.

6. Farmers' Clubs

In three communities of Washington County, women attend the farmers club meetings. In two of these groups are women who do not belong to home demonstration clubs. Programs that will be of interest to men and women are planned. This means that two groups receive the aid and benefit of the county agents that are not otherwise met.

7. Circular Letters

Throughout the entire year, circular letters have been used as a means of reaching additional people. They have been invited to attend meetings that would be of interest to them and have been informed of other activities of the Extension Service.

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IV. B. (continued)

8. Future Homemakers' of America

The home agent discussed Home Demonstration work as a career with 50 high school girls at Meadowview. Many questions were answered in regard to this field and a great deal of interest was shown.

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V. WORK WITH YOUTH

A. 4-H Clubs

1. Organization

a. County Council

The County Council is made up of the officers of each organized 4-H club in the county. At the first meeting club activities were discussed and following goals set up:

1. Each club member paint and name her own mail box.
2. Each club send at least 2 members to camp.
3. Each club will have at least two members to county council meetings.
4. Each club will sponsor a community project.
5. Each club observe National 4-H Club Week in March.
6. Each club observe Rural Life Sunday.
7. Each club have a leader.
8. Each club pay \$1.00 dues to County Council.
9. Each club member complete and hand in record book by October 1.

The County officers for 1948 were:

President - - - - - Nancy Jean Keller  
Vice President - - - - - Helen Edmondson

V. A. L. a. (continued)

Secretary - - - - - Jimmie Lester

Reporter - - - - - Clara Akers

Song Leader - - - - - Shirley Grubb

There are 483 girls and 256 boys enrolled in club work making a total of 739. Regular monthly meetings were held jointly in the schools, with the groups being divided for instructions and demonstrations.

2. Project Work

a. Determination of the Program

Due to the fact that many of the club members had taken most of the projects that are offered, plans were made whereby interest would be held in the program. Club members were encouraged to enroll in more than one project if they so desired, and the ones that were selected were Home Improvement, Housekeeping, and Clothing. Many of the older girls were interested in home improvement, which had not been suggested to them in previous years.

Those girls who had taken the electric group work in 1947 were urged to do so again. Food Preservation and Bread Making were selected for summer projects.

b. Subject Matter Fields

(1) Home Improvement

Club members were quite interested in improving their bedrooms as many of them had not done anything along these lines. They were given inventory sheets as a means of checking on the existing situation and deciding what needed to be done.

They made wastebaskets, dressing tables and stools,

V. A. 2. b. (1) (continued)

bookshelf, bedside tables, rearranged their furniture in a more convenient way, made dresser scarfs, shoe bags and laundry bags. They were shown pleasing color combinations for walls and furnishings. Small articles such as bedside lamps were purchased. Many of them set up a study unit which included a table or desk, chair, light and plane for books. Though only a small portion of what might be done has been done, interest in this project has been aroused and many members have expressed a desire to continue this work as an outside project. Figures show that improvements were made in 538 rooms.

(2) Housekeeping

The requirements for the housekeeping project were to take care of the bedroom for three months, set table and make table mats, do three things to make housekeeping easier, exhibit an article made, and keep a record and turn it in.

Results show that 143 girls mended linens, 59 cleaned lamps, 168 cared for garbage, 216 set table, 218 washed dishes, 161 brought in fuel. The girls made 234 sets of table mats, 119 laundry bags, 139 shoe bags, 47 garment protectors, 81 bookshelves, 94 other shelves, and 99 put hooks in closets.

(3) Clothing

Many of the older club members selected the clothing projects Unit I and Unit II. The requirements for Unit I were to make a clothing notebook, make several articles to save time and energy in caring for clothing, and write a story of each article, giving

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V. A. 2. b. (3) (continued)

plan for use, sample of the fabric, itemized cost, and members' notes on what she had learned. For Unit II the girls were required to make a clothing inventory, own a pattern and learn to use it, make a dress and model it at county contest day and keep a clothing notebook. Demonstrations on clothing were given throughout the year at clubs in which girls were taking these projects. 192 new garments were made and 98 were remodeled in these projects.

In the Cleveland 4-H club the girls modeled their garments and exhibited other articles at the home demonstration club. Prizes were awarded to the winners that were selected by the home demonstration club members.

The girls in the Meadowview Sr. 4-H club worked up a fashion show which they gave to the local home demonstration club. The girls themselves wrote the script and modeled their dresses. The women selected the winners and prizes were awarded.

(4) Breadmaking

The girls in one club, which is made up of those from ten to fourteen years of age, carried bread making as a summer project. The leader of the club held the three summer meetings and gave them demonstrations.

(5) Food Preservation

All club members were urged to do some food preservation work, during the summer months. They were given instructions and information on canning fruits and vegetables and two members received individual instructions on freezing fruits and vegetables.

3. Other Activities

(1) Recreational Meetings

At the request of the home demonstration club members of Meadowview, the 4-H club agent and home agent, assisted by Mr. W. A. Turner, Assistant State Boys' Club Agent, held a recreational meeting which was attended by 125 boys and girls of the community. At later dates two additional meetings were held with about 30 older boys and girls. Because of a shortage of space and other problems, the group has not met regularly but plans are underway for organizing and meeting regularly during the year.

(2) County Contest Day

Thirty-one club girls, leaders, and mothers attended the county contest day that was held at the close of the 1948 club year. Exhibits were shown and prizes were awarded in the following contests: Canning, Breadmaking, Clothing Achievement, Dress Revue, Housekeeping, Better Methods, Gardening, Girls' Record and Home Improvement. Winners in Clothing Achievement, Dress Revue, Canning, and Home Improvement were taken to Lebanon, Virginia to participate in the Area Contest. Prizes were given by local stores in Abingdon.

(3) Achievement Day

The annual 4-H Achievement Day program was held in Bristol on October 11, with an attendance of 1700 boys and girls from Washington and Sullivan Counties.

V. A. 3. (3) (continued)

This Achievement Day program is sponsored by the Bristol Chamber of Commerce who gave prizes to each project winner and a free trip to Washington to the outstanding boy and girl from each county. Faye Cullip of the Glade Spring Club and Joe Mason of the Wallace Club received the trip. 4-H Club plaques were awarded to the outstanding leaders, Mrs. P. D. Fagan, and Mr. Ray Hicks. This year for the first time, two hundred dollar college scholarships were awarded to the outstanding older boy and girl from each county. Alberta McCall of the Liberty Hall 4-H club won the scholarship to Virginia Intermont College and Lewis Garrett of the Cleveland 4-H club won the scholarship to King College.

(4) National 4-H Club Week

During the month of March, National 4-H Club Week was observed by 14 of the 4-H clubs of the county. In most of the clubs the entire school was invited to attend the program that had been prepared by the club members. Some of the accomplishments of these clubs were as follows:

Window display for entire month of March

Four newspaper articles

Three radio broadcasts

Two clubs put on program for two farmers' clubs, attendance 124

Five 4-H clubs presented programs for school assembly  
Attendance 956

Five 4-H clubs observed National 4-H Club Week in the clubs  
Attendance 251

V. A. 3. (4) (continued)

One club gave style show at a home demonstration club-  
Attendance 27

From the above, it may be noted that many additional people were reached through the observance of National Club Week. Several clubs observed Rural Life Sunday by participating in Church programs.

(5) Electric Program in 4-H Clubs

As a follow-up of the Electric program that was begun in the clubs in 1947, in each club in the county, two hour classes in Simple Wiring Exercises were held by the county agents and C. K. Kirkland, of the Appalachian Electric Power Company. Members who had taken the group program acted as leaders and assisted at all of the club meetings. 712 boys and girls learned to repair plugs, sockets, and iron cords. They worked as partners and completed the entire procedure at the meetings. They also learned to care for all types of small electrical equipment and appliances.

At the May club meetings, members enrolled in the Better Farm and Home Methods Contest. A county-wide meeting was held for all that enrolled and Miss Virginia Thabet, Home Economist with the Numan Company, explained the contest and gave out all material necessary. When records were completed and turned in, they were judged and first and second place winners were awarded prizes at County Contest Day.

Club members like doing things with their hands and seeing results, so the best method used was repairing the plugs and sockets.

V. A. 3. (5) (continued)

The demonstrations given last year by the Home Economist in the use of the range, iron, ironers, and washing machines gave the girls an excellent opportunity to see many uses for electrical equipment, that many of them had never seen

The rural electrification program has had a wonderful beginning and there is still much to be done. The 4-H club project that has been planned is a definite follow-up of the steps that have been taken so far with the basic information that club members have received, the project should prove to be quite interesting and beneficial to all who enroll. At the completion of the work that was conducted in the Electrical Program, the Appalachian Electric Power Company held a banquet jointly with Smyth County at which time certificates were awarded to those completing the requirements and the State Plaque was awarded to Washington County boys and girls.

(6) 4-H Camp

The Washington County 4-H Camp was held jointly with Scott County at Lake Pocahontas in Washington County in June, with 70 members and leaders attending. Classes were taught in handicrafts, parliamentary procedure and club organization and swimming. A group of campers put on a radio broadcast each day while at camp.

4. Leadership

Leadership among the girls has greatly improved this year as has been shown in some of the many activities in which club

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V. A. 4. (continued)

members have taken part. They have given radio broadcasts, made talks to outside groups, telling of their plans and work, have conducted their club meetings with the greatest efficiency, and have given demonstrations in their own clubs as well as at home demonstration club meetings. They are realizing more and more their needs and are selecting and carrying on project work of a higher quality than ever before. Older club members have been more than willing to assist whenever possible in guiding the younger members in their project work. The support that has been given by the Home Demonstration Clubs has done much toward furthering the 4-H club program in Washington County.

VI. WORK DONE BY AGENT IN COOPERATION WITH OTHER AGENCIES

The home agent has worked very closely with representatives of the Appalachian Electric Power Company in furthering the electrical program in Washington County. Mr. C. K. Kirkland went with the county agents to all 4-H club meetings and taught the classes in Simple Wiring Exercises. Miss Virginia Thabet, Home Economist with the Power Company, gave invaluable assistance with the Better Farm and Home Methods Contest. Miss Sarah Moore, Lighting Specialist, held five all day lamp clinics in the county.

The home agent has cooperated with the Health Department and Save The Children Federation. At Christmas many clubs gave the Save the Children Federation Christmas gifts to be distributed to needy children in the county.

The home agent has also cooperated with the Farmers Home Administration by inviting women of their families to join local home demonstration clubs.

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VII. EVALUATION OF 1948 PROGRAM

The home demonstration program in Washington County has developed to such an extent that it has become difficult to help the women plan a program that will not duplicate work that they have had in previous years. This year they all seemed to particularly enjoy the demonstrations on Quick Breads, using the Master Mix, and Simple Refreshments. They realized a need for foods and nutrition information but wanted it in a different form which was exactly what they received in these particular topics. They were interested in home improvement since they had gotten started in 1947; however, it was found that rug making was not the type of handicraft they wanted. They felt that they lacked time and materials and were uninterested in prolonging the completion of such a project over a long period of time. The chair reseatng gave most of the club members a greater appreciation of handwork and there has been a definite carry-over of this into many homes.

By selecting health as the Federation Goal the club members have become conscious of the need for better health in their homes, communities, and in the county. They have had x-rays, physical examinations and many have taken out some form of hospitalization insurance. This is a definite indication that they realize that good health is good economy.

Recreation at the club meetings has proved to many that they can still enjoy a good laugh and forget the many responsibilities that they have at home. They have learned through instructions

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VII. (continued)

received that their meetings can be informative, interesting, and conducted in a businesslike manner if they observe the parliamentary law that they have been taught.

There has been a greater feeling of fellowship and there is a friendlier attitude among the women themselves. They have gained a greater appreciation for good reading by taking advantage of the library books that are available to them. They have a better understanding of the Federation of home demonstration clubs through studies made of the handbook. They have contributed willingly to all agencies desiring help, and have aided the needy families in their specific communities.

The 1949 program will be influenced by the fact that women are interested not only in their own homes and families but in their surroundings and the outside world. They have planned a program which will help them develop a love for country life through an appreciation of art in daily living. They are interested in understanding and appreciating the beauties of nature, rural life, and music, and developing an appreciation of basic art principles and good taste in selection of creative arts. All of this has been clearly seen as "Art in Daily Living" was the Federation Goal selected.

Leadership developed to the degree that it has in Washington County represents work over a period of time and is an outstanding contribution of Home Demonstration work to the county. The leaders, including 4-H and Home Demonstration club officers, project leaders and club chairmen, have not only functioned in their clubs but in

VII. (continued)

their own communities as a whole by giving freely of their thought, time and energy in supporting and furthering Extension work in Washington County.