

VIRGINIA

MADISON CO. HOMEDEMONSTRATION AGENT ANNUAL REPORT 1941

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REPORT FILES  
EXTENSION WORK

**ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
MADISON COUNTY  
VIRGINIA**

**HOME DEM AGENT ANNUAL REPORT**

**1941**

**Miss Virginia Rucker**

**Home Demonstration Agent**

**December 1, 1940 - November 30, 1941**

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### III. SUMMARY OF INDIVIDUAL ACTIVITIES

Days in field.....	202
Days in office.....	85
Days annual leave.....	14
Days sick leave.....	0
Days leave without pay.....	0
Legal holidays taken.....	7
Number home visits made (adult).....	426
Number 4-H club members visited.....	80
Total number different homes visited.....	225
Number office calls.....	521
Number news articles published.....	231
Number individual letters written.....	922
Number different circular letters written....	758
Number method demonstration meetings held....	268
Number other meetings participated in by Agent	140
Number of meetings held by leaders not participated in by agent.....	72
Number miles traveled.....	8229
Number radio talks given.....	0

#### IV. THE COUNTY AND ITS PEOPLE

Madison County is located on the western edge of Piedmont Virginia adjoining the Shenandoah National Park area and is 50 miles north of Charlottesville.

The county is decidedly a rural county with agriculture being the chief occupation - several small factories are within the bounds.

The people, of Teutonic Derivation are divided, into two classifications from the standpoint of economic stability. The first group, is a hard working, conservative, self-satisfied and serious minded people. The second group is made up of people who live from day to day without ambition, security or motive and retain the idea that the world owes them a living. The trend toward individualism tends to retard progress that would be possible if closer cooperation existed. The geographical location is such that cooperation with outside centers is seriously impaired. Having no railroad and no local center of any size, an endeavor toward organized effort is lessened.

#### V. ORGANIZATION

##### A. Adult Work

The County Home Making Board comprises county women whose purpose it is to assist in the development of rural family life in securing a higher plan

of living. This board strives to coordinate the farm program of all agencies working for the betterment of the county. Forty-two women make up this board with the Farm Security Home Management Supervisor, Home Economics Teachers, Public Welfare Supervisor and the County Home Agent as advisors. These forty-two women are presidents and secretaries of the Home Demonstration Clubs, women selected by the Farm Security Administration Supervisors and Home Economics Teachers and women at large from various sections of the three magisterial districts, chosen because of their interest and influence in the affairs of the county. There has been a small decrease in the number of board members and one professional worker has been added. More cooperative efforts have been shown as the board has begun to realize that our goal is for the betterment of the life of the rural people. This board met three times during 1941 and at each meeting the aim was to bring up only those matters that would be of interest to all agencies represented in the county. The women have come to realize that it is their privilege to set up the program for the county. More initiative has been taken on the part of the women in developing the program. Three meetings of the board have been held and a number of committees have met.

The Home Demonstration Committee is composed of the presidents of the clubs with a chairman and secretary as officers. This committee has held two meetings during the year at which time the following were discussed: The progress of the clubs and how the program could be carried out more effectively; Discussion as to suggestions for Major Project; Campaign and Federation Goals; Discussion and adoption of Home Demonstration Goals as set up by the goals committee; Planning of major demonstrations for 1942. The members of the Home Demonstration committee have taken more interest in getting suggestions from club members in regard to program of work. A marked improvement has been shown by the committee in developing the program. They have taken more interest in assisting the agent in contacting and serving the people and in seeing that the women work towards definite goals as were set up.

The 4-H Council is composed of officers and leaders of the 4-H clubs in the county. Ninety members make up this organization. Two meetings were held during the year at which time election of officers was held, decision as to suggested club goals made, a training meeting for the various officers and to check on year's Plan of Work and make plans for Camps and Achievement Day. More of the clubs were represented at the Council and the members and leaders took more interest in the discussions held.

One Older Youth Organization is in the county. This organization reorganized. Rotation Educational and Recreational committees plan thoughtfully the program. The interests and problems of the community were used as a basis for planning the program.

TABLE OF ENROLLMENT FOR COUNTY

Adults			
Year	No. Clubs	Membership	
1939	9	245	
1940	10	255	
1941	10	209	

4-H			
Year	No. Clubs	Membership	
1939	17	278	
1940	18	202	
1941	15	161	

Older Youth			
Year	No. Clubs	Membership	
1939	0	0	
1940	0	0	
1941	1	25	

Each adult organization had a youth chairman. This chairman kept the club posted as to the youth work at each meeting. In the majority of the cases the club leaders were members of the Home Demonstration Clubs.

Some of the members of the adult organization attended the Council meetings and assisted the clubs in various ways. When the clubs held the community fairs the 4-H club in that community made entries, the expenses being taken care of by the adult groups. One Home Demonstration Club invited the 4-H club to their club social. The 4-H clubs have in turn helped to carry on some phases of the Home Demonstration Program such as assisting with the improvement of the Recreational Centers.

The professional workers council was organized the year of 1941, with the professional worker of each agency in the county as a member. The county agent serves as chairman, the Farm Security Supervisor as vice-chairman and a Home Economics teacher as secretary. For the first six months the group met each month, after that once every two months. Each agency made clear his program set-up, various problems of the agencies are discussed provided that that agency feels other workers might be of assistance in solving that problem. This organization has greatly assisted in making the workers acquainted with the programs going on in the county. It has helped to establish our community organization set-up, so far as it has gone.

The professional workers meeting has been a means to the women being invited to attend the agricultural board meetings.

The agent has worked with clients of both the Farm Security and the Welfare Supervisor in carrying on the program. A number of demonstrations have been given by the agent to groups of these women. The agent is an advisor to one of the Farm Security Councils and has attended two of the meetings.

#### VI. PROGRAM PLANNING

The 1941 program was developed as follows: At the fall meeting of the Home Making Board the State Farm Security Home Management Supervisor discussed with the Board, "Effective ways of learning of the conditions of the county" and "The importance of learning of the conditions in setting up the county program". In the early spring the women professional workers met to discuss the county needs. Decision was made as to how the county needs would be presented to the spring board meeting. At this spring meeting such topics as, County Nutritional Program; Housing, Social, Educational and Health Conditions in the County, were discussed. Each club and agency was represented at this meeting and information concerning these conditions in Madison County were taken back to the clubs and people. At each club a discussion was held. The members were asked to think over these conditions and on the basis of these conditions be ready to make suggestions at the next club meeting as to the phases of work

needed to be emphasized especially during 1941. These suggestions were brought to the next club meeting. Following the club meeting the officers of the clubs met and listed the expressed wishes in the order of interest.

Following this club executive meeting the Home Demonstration committee met to hear the wishes of all the clubs as to interests. The reports revealed that the clubs were most interested in home improvements. Suggested demonstrations were outlined at this time. This committee voted to continue Health as Federation Goals with emphasis on a county Diphtheria Clinic and also suggestions as the county Campaign for 1941, Year Around Gardens.

At the board meeting which followed the committee meeting, the chairman of the committee reported Home Improvement as the Major Project, Health as Federation Goal and Year Around Gardens as suggested Campaign. Recommendations as to Campaign were made by the Farm Security and Home Economics representatives. After a very interesting, lengthy discussion led by the Farm Security Home Management Supervisor, Year Around Gardens, was decided on as County-wide Campaign. The other agencies felt that Health would be of interest, also, to their groups, therefore, they would again coordinate their efforts toward carrying out this Health Program for 1941. Committees

to work on outlining the Campaign and Federation Goals were appointed, delegates were appointed to represent the county at the State Meeting in Blacksburg on Major Project, Campaign, Federation Goal. Suggestions were received by these delegates and brought back to the committees when they met to make plans for Major Project, Campaign and Federation Goal. A specialist met with the Home Demonstration committee and assisted with formulating a definite program for Home Improvement. At the fall Home Making Board meeting report as to Home Improvement demonstration was given, Campaign Goals and Federation Goals were outlined, discussed and voted on. This program as set up was taken back to the clubs and at a meeting of the club executive committee meeting the club program, month by month, was set up for each club.

Two council meetings were held and each meeting served to assist in the planning of the 1941 Program. In the spring, factors in regard to the health conditions of 4-H club members were discussed and other factors affecting an individual. After the discussion the girls unanimously voted to have Foods as their Major Project. The specialist later met with the agent to give suggestions concerning the planning of the program. The agent in turn met with the leaders and an older girl club member to map out the county program. The individual club

officers with their leader met to plan the individual club program, month by month.

The Older Youth Group had a rotating educational and recreational committee. These committees served for a term of three months. They met in advance and planned a detail program for a period of three months. They had charge of securing the speakers and leading the discussions and also in the recreational activities.

#### VII. LEADERSHIP

The Home Demonstration Clubs functioning in various communities in the county have a president, vice-president, secretary and treasurer, song and recreational leaders, and reporter. The executive committee of each club has definitely assisted in strengthening the program in the county. They are to the club as an axle is to a wheel - the basis on which the club is run. One aim this year was to get all members on some kind of a committee to make them feel that they really had a part to play in each meeting. This has created more interest and resulted in better attendance. The president in each club has chosen her chairman of each committee with the advice of other officers and she has kept them contacted in regard to their duties and requirements. The organization leaders have been well represented at the three Home-Making

Board Meetings and have taken back to their respective clubs information as received and entered into the club discussion. They have been responsible for shaping the Program for the year and seeing that it has been carried out effectively. Special training meetings were held for some of the organization leaders.

In each club there are two Major Project leaders and one alternate. Two all day training meetings were held by the home agent. Some of the material for demonstrations was prepared at the training meetings. Great interest and enthusiasm was shown by the leaders in the training meetings. Prior to the time for the leaders to give the demonstrations to the clubs the agent visited the leaders to give them individual assistance and encouragement. This help was given to those whom the agent felt were weak as far as getting the material across to the club. In one instance due to the fact that one member was selected as a leader she has gained more confidence in herself and has been willing to take part in other community activities which she had heretofore always refused. Her answer had been, "I just can't do it", now she says, "I'll try".

The leaders have in the majority of the clubs had charge of four of the demonstrations and some of the leaders have given six of the twelve demonstrations. Those demonstrations given by the leaders, which were attended

by the agent were well given and showed that the leaders had spent time in careful planning and preparations. Reports by leaders were given from other demonstrations and they were very favorable. Not only have the project leaders developed into better leaders but they have been able to pass on to the members in their own manner this practical information and get results and, also, it has given the agent time to work in other sections of the county.

In each community where there was a Home Demonstration Club this club sponsored the 4-H work. They were informed monthly in regard to work going on in the 4-H clubs and assisted in many ways.

The club officers consisted of the same as found in all organizations. These officers met with the agents and leaders and mapped out the program, month for month, for their club. They saw that the program was carried out as formed, as nearly as possible, that the committees functioned as desired for the betterment of the club.

Nine clubs out of sixteen had club leaders during 1941. The fact that these nine clubs had leaders was very obvious as the best work was done by the clubs due to the fact that more assistance could be given them.

Three leaders training meetings were held, one being given by the Food Specialist and two by the agent. At

a meeting of the leaders the county program of work was planned. Ten method demonstrations were given by the leaders during the year, with an attendance of two hundred. Eighteen other meetings were held by the leaders. They have been instrumental in getting more members to join the clubs, and assisting with the girls in the completion of their projects. In four of the clubs the older girls attended the training meetings and assisted with the demonstration later given to the club. In one case the 4-H girl gave the canning demonstration alone.

The Older Youth Organization had two leaders, one for the recreational division and the other for the educational phase. At the time of the election of officers, leaders were suggested by the members. These leaders were contacted and secured by the members. Individual conferences were held with these leaders by the agent at which time topics in regard to aims of the organization and development of the program was discussed. A general outline of a suggested program was prepared so that when the leaders met with their respective committees they had suggestions in mind.

#### VIII. ACHIEVEMENTS

The project selected for 1941 was Home Improvements. This was selected because the women felt that there was a great need in the county for interior improvements. They

realized the effect that an attractive environment would have on an individual. The demonstrations selected by the clubs to be given were: Possibilities of Remodeling, Repairing and Making Furniture, Floor Finishes, Walls and Woodwork, Living Room Rearrangement of Furniture, Proper Kind of Lighting and Window Treatment. Great interest was shown by the women in these, as they were such that would of interest to all. The demonstration on Possibilities of Remodeling, Repairing and Making Furniture was forerunner of the county Furniture Clinic held the following month.

The plan was not just to give interesting demonstration but to give them information so practical that they would put it to practice. As a result 225 families made improvements on walls and woodwork. Quite a few of these were interested families but not members. Club members had passed on to their neighbors the information they had gained. Individual visits were made by the agent to the homes requesting added information in regard to the selection of wall paper.

The demonstration on Window Treatment was of interest and as a result 357 new drapes and curtains were made. The women realized that with a much less cost they could have hanging at their windows more attractive curtains if they made them themselves. They were eager to learn how to bring their windows up to date, also.

Rearrangement of Furniture proved to be of help to the

women in that some have made their rooms more livable by arranging the various pieces of furniture in units and removing from the room dust catchers and other useless articles which are stored in the living room. One club member after seeing the demonstration remarked that she wouldn't want anyone to rearrange her living room that she knew how she wanted it to be. After going home and realizing how her room was arranged she called a group of club members in one evening to help her. As a result of the demonstration on Possibilities of Repairing, Remodeling and Making of Furniture 205 pieces were refinished, repaired, upholstered or made. Some of the women have become so interested in finishing furniture that they have gotten pieces made at the furniture factories and would bring them home and finish them during their leisure time. They realize, also, that they save a little by doing this themselves.

As a result of the demonstration on Proper Lighting 52 lamps were bought and remodeled. More adequate lighting has been provided for the reading and working units.

Fifty-two floors were improved by recommended methods.

While no definite demonstration was given on Kitchen Arrangement, 46 families have remodeled, rearranged or improved the kitchen which makes for more convenience. The agent has visited most of these families and given individual assistance. In one case a non-club member asked for assistance and as a result the kitchen stove was moved to a

spot where more light could be obtained, the kitchen was enlarged, thus giving more light and kitchen cabinets were built. This woman became a club member.

The women were very anxious to display their work as done on the Major Project and this was done at the various community fairs, sponsored by the clubs and at Achievement Day. The work as displayed was very outstanding and will influence others to try their hand at such another year. They have felt the work so worthwhile that they have asked that one club meeting in 1942 be devoted to some phase of Home Improvement.

Ten clubs had as minor, Year Round Gardening. This discussion was held by the gardening committee. Timely information was given by the committee in regard to planting vegetables. Handicraft was selected by two clubs. At one of these meetings members brought handicraft articles which they were interested in making and taught members present, who were interested in doing such. The agent gave a demonstration on basket weaving. The club was so very interested in this demonstration that they have ordered material to weave trays to give as Christmas gifts. The other demonstration was Bot-toming Chairs. Since the demonstration a number of women have fixed their own chairs.

Seventeen demonstrations on Foods were given ten clubs. They were cheese making, yeast bread, salads, school lunches, preparing of dishes from canned vegetables and pork dishes.

These dishes have been prepared by a number of the club members and the recipes have been passed on to women not belonging to a club. Christmas candy demonstrations have been given to two clubs. They desired to know how to fix candy to be packed for Xmas gifts and, also, to serve during the holidays. Flower Arrangement was given to one club. This was given prior to the community fair. A marked change was noted in the flower arrangement at the 1941 fair as compared with the 1940.

A specialist was secured for one club on Yard Improvement. Some of the suggested improvements have been made by the members attending the demonstration. Outside interested women, also, had the advantage of hearing the discussion.

Two clubs were interested in Table Setting and Table Decorations. They have been of assistance to others in setting a correct table and making the table look more attractive. All clubs devoted a part of one meeting to a Christmas social. They felt that wholesome form of recreation was very essential for the development of an individual. They were able to pass suggestions for a social on to other members of their family and to outsiders. Two clubs were interested in Xmas Gift Suggestions. In each case the members brought things which they had made and thought appropriate for a gift. In one case a non-club member brought something which she had made. Other inexpensive gifts which could be easily made were shown. a number have asked for ad-

ded information in regard to making gifts.

A demonstration on Table Service and Table Etiquette was given to two clubs. In one case the food was actually prepared by club members and as they were actually serving and eating instructions were given in regard to correct service and eating.

The County Library was the Federation Goal selected by the county in 1937. The interest shown by the clubs is very great. Contributions to the library were made by each club, donations too are given when an entertainment is being held to raise funds for the library. The club members thoroughly enjoy the use of the books. One club devoted one meeting to book reports as they felt that this would be one way of keeping before the minds of the people the value of good reading.

Appropriate dress for different occasions was given to one club.

The Nutrition Committee consists of a man and woman chairmen and two advisors, the county agent and a home economics teacher. This committee has functioned in several ways. Letters were written to the leaders of various organizations in the county telling them of the program and the importance and they were asked to bring before their organizations frequently facts in regard to nutrition. Added emphasis has been placed on nutrition in schools of the county. Through the efforts of this committee and Parent Teachers Association

and club members the operation of two cafeterias will begin this school year. The committee club members and home agent solicited, during the summer months, vegetables and fruits to be canned for hot lunch projects. Club members in the different communities assisted in getting these to the centers for canning. The committee and advisors have brought the nutrition program before the minds of the Home Making Board and Agricultural Board. The agent has stressed nutrition at every club meeting when time was available. The agent attended the State Home Economics and Nutritional Meeting. From this meeting valuable information was received which was taken to the clubs.

A one day furniture clinic was held in the county, by the specialist with the assistance of the home agent. Two representatives from each club were present. These representatives obtained assistance on this day and in turn assisted their own club members later. At the clinic, bedside tables were made, a radio cabinet made into a bookcase, chairs upholstered and remodeled, tables refinished and other small articles remodeled. One woman brought her chair put it back in a corner saying that she didn't think it would be worth fixing. When it was discovered she began working on it. It was upholstered and refinished and was transferred from the basement to the sitting room. She became interested in refinishing other furniture. "It is hard work, but it is worth the effort", the women say. A number of visitors were pre-

sent on the day of the clinic to see what could be done with those old pieces of furniture which they had heard the women talking about remodeling.

The agent attended the Laundry School held in this district. Some of the information received has been passed on to the club members interested in that particular information.

Sixty-three Home Demonstration women and the agent attended the District meeting held in Louisa. The women gave very favorable reports of this meeting. One member from the county was chairman of the resolutions committee. The group was very proud indeed that the county was asked to have a library display showing how the library was started, how it has grown and how kept up. Posters, which were ably made by a Home Demonstration club member, clearly showed the above. Samples of the types of books as found in the library were on display and leaflets, giving the history of the library and its development were distributed. The librarian, a club member, was near the display to give added information to interested women. The library was started in 1937 as a Federation Goal.

The Citizenship display was, also, of interest to those attending the Federation meeting from this county as each club devoted a part of two meetings during the club year on citizenship, which has been a Federation Goal a few years

previous.

Several of those in attendance commented on the inspiration received from attending the meeting. Others remarked on the educational value received from the panel discussion, which was led by the Assistant Director. They felt that method of putting over information to the public was much more effective than a talk.

Each club represented brought back to their club the highlights of the meeting. The information received in regard to Nutrition was one factor which led toward special emphasis being placed on Foods for 1942.

Eleven women and the agent attended the State Federation Meeting in Blacksburg. The county is very proud to have had one of the club members elected chairman of the Northern District of Federation Clubs. The clubs have expressed themselves as feeling that the District and State Federation Meetings seem more like their meetings as a representative from the county is an officer. A representative attended the Federation, Nutritional, Homemaking Board and Home Demonstration committee conferences. They felt it interesting to hear what other counties had been doing on these phases of work and brought back suggestions and presented these when the above committees in the county later met. The exhibits appealed to the women. Suggestions concerning lunches were brought back and similar

information used in an exhibit on display at a county meeting. All were impressed with the great number of women attending the meeting and said they hadn't realized how many people in the state were interested in the Extension Program. All remarked that it was the most economical vacation that could be taken and still so much to be received. Each delegate closed her report by saying, "If you ever have a chance to attend the Federation, don't miss it as it is a trip certainly worth taking and if you cannot find anyone else to go next year you can count on my going."

**Work on Federation Goal -** The goals especially emphasized by clubs in the past years continued to be worked on. Great interest has been shown in the county library and citizenship as has been stated above.

Health was selected as Federation Goal in 1940, but was continued as the goal for the year of 1941. The realization that good health is vital to life, and that so much could be done in the county to improve the health of individuals, prompted the women to select this for another year. In the early part of the club year, the Dental Clinic which was a goal of the previous year was completed. The clubs hadn't realized that the response to the clinic would be so great; therefore, the 1940 year closed before the goal was completed. A total of 385 school children took advantage of the clinic, *and*

\$99.50 was used to fix the teeth of children whose parents were unable to have the work done. This money was spent on 36 children; clubs and other organizations contributed this sum. Realizing that this work could not be completed in one year, two clubs selected this year as a club goal, a follow-up of the dental clinic among school children. Through contacts by one of the clubs with the dentist, the dentist visited one of the schools to make examinations. Notes telling of the number of defects and the cost were sent to the parents. The clubs secured ways for the children to get to the dentist office, and as a result of the clinic approximately 60 children had corrections made. <sup>There was</sup> \$15.00 was given by these clubs for dental work on needy children.

Two clubs sponsored hot school lunches. The Health chairman of the clubs contacted the teachers in charge of the hot lunch project and secured a list of foods needed. The two clubs were solicited each month for the needed food, and the response was very satisfactory. The members of each club in the county contributed two quarts of canned food to the schools for the hot lunch projects. The members were also asked to contribute surplus vegetables, fruits and jars, these to be used for school lunches. <sup>sent</sup>

Five clubs selected as their Federation Club Goal that 85% of club members <sup>should</sup> have physical examination. This goal was reached by the majority of these clubs. Each of the

clubs also had as a goal to devote a part of two meetings to a discussion on Health. The county health chairman visited five clubs, and talked on Nutrition and First Aid. Another club member visited four clubs and talked on the Seven Pillars of Health. Two clubs refilled the first-aid kit at the schools in their communities.

The Countywide Federation goal was the Diphtheria Clinic among pre-school and school-age children. In the spring, a survey was made to find out the number of children not having had the toxoid, and the number desiring to have the same. The number justified the committee to call a conference of the three doctors in the county to discuss the prospects for a clinic. After an agreement from these physicians to conduct the clinic, and prices obtained, letters were gotten out by this committee to the parents in regard to giving the Schick test. Dates were set for this to be given in the various white schools in the county. Home Demonstration women carried the doctors to the schools, and assisted with making the test; 528 children took the test. In some cases, the doctors returned to the schools to read the arms, or gave explicit directions to the teachers as to how to detect whether or not the child was immune. The doctors returned to the schools, and gave toxoid to approximately 300 children. The clubs contributed funds to be used to transport the doctors to the schools and to give the test and toxoid to needy children. Through the coopera-

tion of the teachers, doctors, clubs, the health committees, and women professional workers, the clinic was made possible.

The County Campaign committee consisted of three members from different sections of the county and the professional workers as advisors. The Campaign was Year Round Gardens. The county committee met and County Campaign Goals were drawn up, suggested club goals were drawn up at the same time. Each club had a campaign committee and they selected the goals which their clubs would emphasize.

The Assistant Garden Specialist visited the county and held a discussion on Spring and Summer Gardens with representatives from each community and the professional workers. Instructions and information was given for the community meetings which were conducted on Gardening in eight communities by the leaders and professional workers. Men and women attended these meetings. The Specialist returned again to conduct a meeting on fall gardens and to go on the garden tour. Each community had a demonstration garden. Five gardens were visited on the tour. In the late summer the farm and home agents of an adjoining county accompanied by the farm and home agents of this county and the county campaign chairman visited the thirteen demonstration gardens in the county for the purpose of determining the champion garden in the county. The announcement in regard to the placement of the gardens by the judges was

made at the Achievement Program.

Club members and other women in the county made out canning budgets and worked toward canning food sufficient for the family. Some of the families kept garden records. The majority of the families planted two new vegetables.

Each club devoted one club meeting in early spring to a discussion on gardens and at each meeting the members were reminded of important facts in regard to gardening. As a result of the campaign there was a marked improvement in the gardens.

Due to the contact of the agent with several women in the county articles such as gourds, bonnets and outdoor fireplace cooking forks and grills were made and sold at a craft shop. This shop has placed an order with these women for another season. All the articles brought a satisfactory price.

A number of the Home Demonstration club women made dresses and knitted sweaters for the Red Cross. One club bought a \$10.00 Red Cross bond.

A social or some form of outing was enjoyed by each club. Friends in the community were invited to these community social functions. The clubs having constructed recreational centers in previous years held their social at these centers. A number of other organizations have made use of these centers, also. One club sponsored a soup at which time

Friends from various sections of the county were invited. Each club devoted a part of a meeting to a Xmas social.

Approximately 150 women attended the Achievement Program. Each club and the Farm Security had a booth on display. These booths brought out important phases of work as done by the people of the county. The booths displayed were: Insect Control, Breads, Refinished and Upholstered Furniture, Wall Treatment, Proper Lighting, School Lunches, Food Storage, Proper Unit Arrangement of Furniture, Window Treatment, Proper Table Setting with adequate meal prepared and using foods obtained from a farm.

A panel of the achievements of the year was held. Those taking part were the women professional workers and each club. The speaker for the occasion was a specialist who talked and demonstrated Style Trends and Wise Economy in construction of clothes. The District Agent announced the booths justifying a blue ribbon, the champion club and champion demonstration garden.

Two tours were held, a garden and yard improvement tour. Approximately 50 men and women accompanied the garden specialist and the agents on a tour to five of the demonstrating gardens. At each garden constructive criticism was given by the specialist. On the yard improvement tour ten women with the specialist and agent visited six homes. At each home the specialist held a discussion. Suggestions as

to placement of shrubs, fixing driveways, planting of trees were given.

Fairs were held by eight of the clubs. Each of the clubs had a fair committee whose duty it was to make the list of entries and make plans in regard to fair and arrange exhibits. The articles exhibited were in some cases those which had been made as a result of the demonstrations given in the clubs. The articles were many and of high quality. The women from each community winning blue ribbons will again exhibit these at the County Grain Show. These will again be judged.

The Criglersville Club was the banner club of the year.

While the roll of this club is smaller than that of some of the other clubs each member really is a working member. This is partially due to the efficient officers of the club. The president has attended all of the board and committee meetings. This being a factor which would help to strengthen the club. This club was represented at each of the training meetings. The leaders had charge of eight of the monthly meetings. Approximately half of the members attended the District Federation Meeting, three were in attendance at the State Meeting. One member being elected chairman of District Federation.

Outstanding work was done on the Federation Goal. They

Assisted with the Diphtheria Clinic by contributing money and carrying the doctor to one of the schools and assisting him with the clinic. A part of three meetings was devoted to health. One of the members talked to four other clubs on some phase of health. This club sponsored a follow up of the dental clinic. Through the efforts of the club the dentist made examinations and corrected defects of 50 children. \$11.00 was contributed toward this cause. \$15.00 was given to the community high school for an emergency medical fund.

This club made \$86.00 by selling food at a sale, selling extract and on a musical entertainment. Part of the refreshments were donated for library benefit party and Homemaking Board Program, money was donated towards prizes for filling station beautification contest.

All of the club goals selected by this club were ably completed.

Worthy work was done on the campaign. Representatives were present at the specialist meetings and the community meeting. Timely information was given to the club by the campaign committee on gardening. One of the members had the community demonstration garden and won prize for champion garden in the county. Each member planted two new vegetables and completed canning budget.

Mrs. Lawton Blankenbaker is worthy of special mention.

She has taken a very active part in furthering the Extension Program in the county. She was sent as a delegate from the Homemaking Board to the State Meeting and attended the Homemaking Board Conference. She reported to her club and to the board the highlights of the meeting. Mrs. Blankenkaker was chosen as chairman of the board this year and has ably presided at two of the board meetings and the Achievement Program. Committee meetings held in connection with the program of the county was attended by the chairman.

As county chairman of the campaign her interest did not lag. She attended both of the meetings held by the garden specialist, accompanied the group on the tour, accompanied the judges when they were selecting the outstanding garden. A picnic lunch was prepared by her for the judges. Mrs. Blankenkaker had the demonstration garden in her community winning second place in the contest. Six new vegetables were planted in her garden, garden records kept and the canning budget completed. Other goals as set up by her committee were carried out by her. While at the State Meeting she visited the garden of the Assistant Garden Specialist.

As project leader in her club she attended each of the training meetings and gave four of the demonstrations to her club with the greatest of ease. Because of her leadership ability and her good judgement her members look to her for advice. She is interested in furthering the work of the 4-H clubs. Her son belongs to the 4-H club. She accompanied a

group of 4-H club members to the Richmond State Fair and also attended the 4-H Achievement Program here. Mrs. Blankenbaker played an important part in the other activities of the club. Through some efforts on her part the community fair was a success. She assisted the finance chairman in activities to raise money for the club, was instrumental in seeing that her club was represented at all county meetings. She worked with the Federation Goals chairman in assisting with the Diphtheria Clinic. She carried the doctor to one of the schools for the clinic and assisted him.

At home Mrs. Blankenbaker follows very closely the living at home program. Practically all foods used at home were raised, she canned food sufficient for her family for winter use, made her own soap and did other things to reduce the living expenses. The family income was supplemented by the chickens and turkeys raised by her for the market.

Her assistance on Interior Home Improvement this year was outstanding. Through her efforts, partially, her kitchen has been remodeled for greater convenience, bath room installed, walls of two rooms papered and new furniture bought. A bedside table was made by her in the furniture clinic.

Mrs. Blankenbaker is an outstanding worker in her community and county and is a citizen of whom the county is proud.

Leadership ability has been developed among some of the members. Ability to appear before the public. Better gardens

in the county were noted, canning of more meat has been done. A group of women have realized that in canning the keeping qualities are made possible by following correct principles of canning. More have obtained pressure cookers or are using one for canning of meats and certain vegetables. Some have found that the first prerequisite in satisfactory living is making and keeping an account and budget.

More satisfactory living has been attained by the improvements made in the home. They have realized that by making the majority of the improvements themselves that there is more economy and satisfaction.

Realizing the importance of correct foods and correctly prepared foods to the health of an individual the 4-H club girls selected foods as the major project. Prior to the summer project work a discussion in regard to foods needed by the body was held. Menu planning was also stressed and the girls planned menus keeping in mind the foods that might be obtained at their home.

In the summer at each club a half of a day's meeting was held at which time a canning demonstration was given. The girls brought food to be canned and with some assistance they canned the food while at the meeting. The girls reported as having canned alone and assisted with the canning of 21,451 quarts of food. Gardening was stressed and some of the girls assisted with the planning, planting and cultivation of the garden. They also helped with the storage of the foods for winter use.

A demonstration on biscuit making was given at one of the half day meetings and at the following meeting the girls brought biscuits which they had made at home. These were judged. Also demonstrated was the proper cooking of vegetables and the preparation of raw vegetables. Each girl was asked to prepare such dishes at home. They were much interested in the salads made using raw vegetables. 1456 of the foods demonstrated were prepared at home.

School lunch demonstration appealed to the club members as so many prepare their own.. The types of bread to use, different spreads, ways of getting into the school lunch all necessary foods and proper packing of the lunch were demonstrated.

Near the beginning of the year Home Responsibilities were discussed for the purpose of really seeing how many tasks the club girls had at home. It was found from the survey made that the home responsibilities taken by the girls were: Bed making, feeding chickens and getting up eggs and cleaning the room. Demonstrations and information was given on each of the above. The majority of these were given by either the leader or an older club girl. Prior to the demonstration instructions were given to the older club girl by either the leader or the agent. The girls were much interested in these demonstrations and reported that they had put these methods of doing the tasks into practice. If some of the girls had been in the habit of doing these tasks they

desired to continue doing these trying to improve on the methods. They also were striving to remember to do their tasks and not have to be reminded of such by their parents.

Good health through eating correct food, obtaining proper exercise and correcting defects was emphasized. The members kept the food score sheets a week each season. The leaders checked these and made comments on defects. An improvement was shown in food habits the second season in which they were kept. The personal account sheets were also kept and special attention was paid to amount spent on candy. The leaders worked on a reduction in the amount of candy eaten.

Quite a few of the 4-H members took advantage of the dental clinic and had corrections made. A number were interested to see whether or not they were immuned to diphtheria and if not the toxid was taken.

The 4-H clubs worked with the home demonstration clubs on community centers. Seats were donated, money for the construction of benches, they assisted with cleaning of the grounds. A number of the club members visited the sick and made Xmas wreaths for the shut ins. Members assisted with the adult benefit programs by acting as ushers and selling refreshments.

A short period of recreation was stressed at the majority of the club meetings during the year. Games which might be used in the homes were played at this time. Some of the games

were those which might be made at home and others were new games.

Each club had a social. These were held at the community centers. These socials, which were well attended by not only club members but by others, offered the community wholesome recreation. One club held an outstanding social. Three committees were appointed and each member served on one of the committees. Decision was made by them with advice from the leader as to food, boys and girls to invite and games to play. Excellent work was shown in game leadership.

Thirteen boys and girls, one leader and the home agent attended the District Camp at Jamestown, Virginia. Those in attendance took an active part in the affairs of the camp and thoroughly enjoyed the week. Each was very proud of the handicraft articles which they made at camp. The games and songs which they learned have been in constant use in the county since their return. Each boy and girl wrote a report of his trip to Jamestown and the best of these was published in the county paper. Reports were made at each of the clubs represented at camp. All reported a wonderful time as well as having gained lots of information.

Two club members and a leader attended the State Short Course at Blacksburg. Both made reports to their respective

clubs. They thoroughly enjoyed the meetings and reported as having gained much benefit from them.

The Rochelle Club consisting of 18 members did excellent work. Much credit for the success of the club rightfully goes to the leader.

Twelve meetings were held during the year. Three demonstrations were given to the group by the leader and two by club members. Foods, very definitely were stressed. The attendance at the summer meeting was about 90%. A written plan of work and monthly program was planned. All members completed their project work. Several club representatives were present at each council meeting. A large number attended the Achievement Program. Outstanding work was done on the major project. Sixty-five quarts were canned alone and they assisted with 2550 quarts.

Two members and leader attended camp at Jamestown. One being sent as a delegate from the club and the other from the council.

This club assisted with cleaning the grounds at the community center and visited the sick as the community projects. An outstanding social was held by this club as described before. The home demonstration club of the same community shared their social with the 4-H club members of this club.

Money was raised by this club by selling soup at lunch period. Council dues were paid and money was allotted the delegates going to Jamestown.

The meetings were ably conducted and in the county  
Contest  
Parliamentary honorable mention was made of this club.  
Three new songs were learned by this group. Entries were  
made by quite a few of the members at the district contest  
and community fair.

Catherine Hicks is recognized as an outstanding club  
member in the county. She has been a club member for 10  
years. She has held many offices in the club during these  
years. She took part on the program four times during the  
year. Demonstrations were given by Catherine on the major  
project. She attended one council meeting and took part on  
the program. She took part on the Achievement Program and  
served as leader in the Candle Lighting Ceremony. She has  
improved her health habits during the year and is a five  
pointer. Catherine made and carried out a canning plan.  
She canned alone 25 quarts and assisted with 800 quarts.  
She also assisted with the garden work. She prepared at  
home the foods demonstration, planned and served alone 12  
meals. Catherine was also interested in improving the en-  
terior of the house. She improved the walls, woodwork and  
floors of three rooms, repaired and refinished two pieces  
of furniture and made three sets of linens for one of the  
rooms in the house.

She was also interested in her personal appearance.  
She put forth a great effort to improve her posture. She

selects her own clothes, improved the care of her clothing and dresses more appropriately than in previous years. One dress was made by her during the year. She entered a number of exhibits at the community fair and won prizes for exhibiting the most articles and winning the highest number of blue ribbons.

Catherine was selected as a delegate from her club to the Short Course at Blacksburg. Her report which she gave at her club and at the Achievement Program showed that she had not missed a meeting and that she felt it a very worth while meeting indeed. She is an enthusiastic club member and her accomplishments have been many.

The 4-H club girls as a group have overcome a number of obstacles which will make for a more satisfactory living. They have gained more confidence in themselves in their efforts to prepare foods and the storing of foods for winter use. They have gained satisfaction by knowing that they can play a part in the activities of the home. They assisted with seeing that adequate food was provided for the family for winter months and that there was a supply fresh from the garden during the other months. Through keeping food habit sheets better food habits have been established and has also influenced the families to have better food habits. Personal account sheets have given the girls an insight as to what they cost their family and has caused some to cut down on the amount spent for unnecessary things.

The training and experience in club meetings and programs have been instrumental in overcoming the non-desire to appear before a group. The association of the members one with another has enabled them to learn better how to mix with others. The socials and other forms of recreation within the clubs have been of help in providing wholesome recreation within the communities.

There is only one Older Youth Group in the county with a membership of 25 and 2 leaders. Two committees functioned during the year educational and recreational. The program was divided into three divisions: Business, Program and recreation. Topics such as those dealing with civic and social problems were discussed. Outside speakers were secured. Discussions were held. The members gained training in conducting meetings and learned to better take part in the discussions and function on committees. Handicraft was also planned for some of the meetings.

The group enjoyed the wholesome recreation provided at each meeting in charge of the recreational committee. Three socials were held by this organization. They learned to conduct games which they used in other organizations.

#### **XI. PROGRESS MADE DURING THE YEAR**

One new 4-H club was organized with an enrollment of 15 boys and girls. This club was organized during this fall therefore not reported as project work was not taken up with them. A leader has been secured for this newly organized

group. The older youth group membership increased a few over that of last year. While no new home demonstration club was organized efforts have been made to organize one. Several demonstrations have been given to this group with a good attendance. With the group organized last year improvements have been shown in the members. Demonstrations on canning were given and more canning has been done by them than heretofore. They had better gardens. A cheese demonstration was also given them. They did not follow exactly the same program as the other clubs but demonstrations were given to them to meet their immediate needs.

Better leaders within the clubs were developed and more demonstrations were given by them. More interest and better attendance resulted due to the fact that the members were called on to take a more active part in the work of the club. The members carried information to a great number of their neighbors not members. An increased number was reached this year.

The campaign - Garden-reached every community in the county. Much interest was created in better gardens. The community fairs were highlights in the club program. The exhibits were more and of better quality. The fairs were a means of interesting community people who were not otherwise interested.

Hot lunches were served in seven schools in the county to 665 children. The women contributed canned foods and also

Fresh vegetables and fruits for canning. The women of two clubs took a more active part in seeing that the two schools were furnished the needed foods for the hot lunch. The teachers reported a number of individuals as having been brought up to normal weight and more interest being shown by these pupils in their school work.

Due to the Dental Clinic held which was sponsored by the clubs the per cent of five pointers has been increased 2%. Three hundred children in the county have taken toxoid to be immuned to diphtheria through efforts of the clubs.

The agent continued to have a column in the county weekly paper each week. More effort has been spent on these articles in order to give to the people in the county correct information. The members and non-members have been kept posted of various activities by means of letters.

Time has been spent by the agent at the beginning of each month in making detail plans for the entire month. More time has been spent in contacting the leaders and presidents for the purpose of assisting them in their work. Better organized clubs have resulted.

County community chair-women have been selected in each community. These have expressed their willingness to serve and have secured their neighbor <sup>hood</sup> chairmen. These women were invited to the National Defense Committee Meeting and their first work will be on the Farm Food Defense Program. The Community chairwomen were invited to attend a meeting of the

County Agricultural Board in the spring.

The county health survey was carried on in this county for the first time. The women have responded willingly to this survey.

The home demonstration committee in its second year of organization functioned more successful. The duties and routine of this organization was more thoroughly carried out.

The agent with the assistance of the National Youth officers continued to work on the filing system.

A number of books and magazines of educational value were read by the agent. The agent has taken advantage of opportunities to broaden her knowledge in order to be of more service to the county. She cooperated with the other agencies of the county in order to better coordinate efforts in carrying out the county program. A definite part was taken in the program of the professional group in the county. This was organized during this year.

Definite progress was noted in plans made for achievement program, in the type booths on display and quality of displays in the booths.

Home demonstration work has played a large part in coordinating the efforts of the women toward making this county a better county in which to live. Other organizations in the county have reorganized their abilities as they are often called upon when a project is before the people to be carried out.

Some of the most noticeable improvements are continued

improvements within the home, improvements made as to conveniences, better gardens, more canning and storage of foods and better food habits. Their willingness to assist others and cooperation with other agencies is very noticeable.

#### **I. PLANS AND GOALS FOR 1942**

The following program was set up for 1942:

**Home Demonstration Clubs Major Project - Foods.**

**Federation Goal - Health.**

**Campaign - Feed the Family First.**

The Major Project Demonstration, as set up by the Home Demonstration Committee is:

**Foods for Defense  
Menu Planning  
Cooking of leafy Vegetables  
Buffet Meal  
School Lunches  
Kitchen Convenience to aid in preparation of hasty meals**

The Home Demonstration Goals are as follows:

1. Sponsor Health as Federation Goal.
2. Each club and the Board send one delegate to the state meeting in Blacksburg. Each club affiliate with Federation by June 1st.
3. Work to increase more active membership in clubs.
4. Each club contribute vegetables for canning project or canned food for school lunches.
5. Each club hold 4 meetings without agent - one meeting being an all member participant demonstration. New clubs hold 2 meetings without the agent.
6. Sponsor 4-H leadership or have a 4-H chairman to keep club women posted periodically on 4-H work. Have 4-H club member report to club their plan of work at the beginning of the year and report at the end of the year what has been done.

7. Sponsor "Foods For Defense" as campaign which is a live-at-home program.
8. Continue to Sponsor the county library - Board contribute \$5.00. Each club contribute amount possible.
9. Contribute to the nearest school \$15.00 to be used where it is most needed. Have teachers list the needs from which the club may select.
10. Continue to sponsor community center and contribute at least \$5.00 toward its improvement.
11. Finance the correction of a defect in one of the needy children in the community.
12. At one meeting have an outsider speak on some phase of "House Furnishings" (Carry over from last years major project).

The Federation Goals as set up by the committee and adopted by the Home Demonstration Committee are:

**County Goal -**

1. Sponsor Dental Clinic.
2. Sponsor Nutrition.

**Club Goals -**

Each club devote one meeting to health education in addition to one of the following:

1. That the club sponsor with other organizations. health measure being conducted in the community such as the (a) clinics (b) hot lunches.
2. Sponsor Community "Clean Up" campaign
3. Each club have physical examination among its members in equivalent of 85%.
4. Each club equip or refill the first aid kit for a school and have 50% of club members to equip a first aid kit at home.

The Campaign committee drew up goals and the following were adopted by the Homemaking Board:

**Topic - Feed the Family First in Food For Defense.**

**I - Gardening**

1. Interest families in canning 40 quarts of vegetables for each member of the family.
2. Fill in and keep canning record sheet (Combination of canning budget sheet and "Hange me on your Storage Room" sheet.)
3. Have in the garden one leafy green in early spring, late fall and winter.
4. Timely information be given to the club campaign chairman at intervals as seen necessary.
5. Encourage each family in the county to have a fall and winter garden. A check will be made on this in the fall such as - I have a fall Garden-----  
My neighbor has a fall garden-----

**II- Poultry**

6. Encourage each family to keep record of eggs gotten and used each day for a week in each season. Also the number of hens as compared with the eggs.
7. Encourage better management and feeding of hens to increase production of eggs.

**III- Dairy Products**

8. Work toward interesting each family in having an ample supply of milk during the year.
9. Have a yellow cheese demonstration in each community (for communities not having had the demonstration in the past club).
10. Each family attend a specialist meeting pertaining to the campaign - such as Gardening, Poultry and Dairy Products.

The 4-H club girls have selected Clothing and Handicraft as their project for 1941. The 4-H club council will meet in December, therefore, no report as to their goals for 1942 can be given