

ANNUAL REPORT

County Extension Work

1953



7
Mr. Gladys F. Painter
Agent

SHEPHERD
COUNTY

Asst. Agent

8

TABLE OF CONTENTS

	Page Number
I. County Situation as It Affected the 1953 Program	1
II. Contributions of the 1953 Program to Better Family Living	2
III. Adult Work	4
A. Project Work	4
*1. Foods and Nutrition	4
2. Home Management	6
3. House Furnishings	8
*a. Remodeling and Electrifying Lamps	8
b. Making the Hooked Rug	8
*c. Reseating Chairs and Reupholstering Furniture	9
*4. Housing	10
5. Landscaping Home Grounds	11
6. Driving	12
7. Making Fresh Flower Corsages	12
8. Sewing Machine Clinic	13
*9. Vegetable Gardening	13
10. Rural Arts	14
B. Other Activities	15
1. Federation Goal -- "Citizenship"	15
2. County Project	17
3. Community Projects	18
4. County Fair	19

5.	National Home Demonstration Week	20
6.	Delegates to the Virginia Federation and Institute of Rural Affairs	22
7.	County Home Demonstration Achievement Day ...	22
8.	Club Objectives	24
IV.	4-H Club Work	26
A.	Project Work	26
1.	Clothing	26
a.	Unit III, So You'd Like to Sew	26
b.	Unit II, Make or Remake	26
2.	Foods and Nutrition	28
a.	Meal Preparation	28
b.	Food Preservation	29
3.	Laundry.....	30
4.	Home Improvement	30
B.	Other 4-H Activities	31
1.	4-H Club Camp	31
2.	Community Activities	32
3.	Contests in Girls' Homemaking Projects	33
4.	All-Star Recommendations for 1953	34
5.	National 4-H Club Week	34
6.	Rural Life Sunday	35
7.	4-H Booths at County Fair	35
8.	State Short Course	36
9.	County Rally and Picnic	36

10. County 4-H Share the Fun Program	37
11. Achievement Program	38
V. Young Men and Women's Work	40
A. County All-Star Chapter	40
B. Shenandoah Young Women's Home Demonstration Club..	40
C. Other Groups of Young Women Assisted	40
VI. Scope of Work	41
VII. Organizations Which Functioned in the 1953 Program ...	41
A. County Home Demonstration Committee	41
B. County 4-H Project Planning Committee	43
C. County 4-H Club Council	44
D. County All-Star Chapter	45
E. 4-H Adult Advisory Council	45
VIII. Leadership	46
A. Contributions of the Volunteer Leaders	46
1. Organizational Leaders	46
2. Program Development Leaders	46
3. Subject Matter Leaders	47
4. 4-H Leadership	47
B. Growth of Leadership	47
C. Outstanding Leader	48
IX. Work in Cooperation with Other Agencies	49
X. Appraisal of the Year's Work	50

I. COUNTY SITUATION AS IT AFFECTED THE 1953 PROGRAM

Shenandoah County, located in the heart of the Shenandoah Valley and bounded on two sides by mountains is approximately 507 square miles in area, with a total population of 21,169. Of this number approximately 16,000 compose the rural population.

The number of families in Shenandoah County is approximately 5,000. Of the number 2,008 are listed as farm families. Agricultural products, livestock, poultry and apples are the chief sources of income in the county; however there are a number of small manufacturing companies, apple sauce plants and poultry dressing plants which employ a small percent of the county's population. Some citizens of the county work in the Meat Packing Plant and Rockingham Poultry Cooperative in Timberville (Rockingham County) and the American Viscose Plant in Front Royal (Warren County). The location of U. S. Highway No. 11 through the entire length of the county enables many families to supplement their income with gift shops, tourist homes and eating places, capitalizing on the tourist trade.

A somewhat conservative outlook prevails among the rural population which often makes it difficult to initiate new methods. However, once the people are convinced of the value of certain innovations, they display a cooperative

attitude and an eagerness to improve their standard of living. The people are sturdy and hard-working, displaying a strong religious trend with practically every denomination represented.

There were 17 organized Home Demonstration Clubs in Shenandoah County rather well distributed but each group placed emphasis on reaching additional homemakers in the communities. The eleven organized 4-H clubs were not located to give the best coverage of the county; therefore emphasis was placed on organizing new clubs in unreached communities and increasing membership.

II. CONTRIBUTIONS OF THE 1953 PROGRAM TO BETTER FAMILY LIVING

The 1953 Program was planned with an effort to best meet the needs of the people of Shenandoah County and to make a definite contribution to better family living. The variety of activities carried out gave the club members an opportunity to make numerous improvements in their homes as well as in their methods of doing things. The program strengthened the stability of the home by providing certain activities for all members of the family. There was not an increase in the number of Home Demonstration leaders but those serving did a much more thorough and effective job of teaching. They showed much improvement in giving demonstrations and made more use of posters and charts.

They report giving assistance to 401 non-members with 34 new members being added to rolls. The 4-H leaders took more responsibility in working with the girls and approximately ten new women volunteered to work with the 4-H Clubs.

Three new 4-H Clubs were organized bringing the total of girls' clubs to 14 with a membership of 202. This is an increase of 65 members over 1952. Members were enrolled in a total of 271 projects. Eighty percent of these were completed and records submitted. This is a three percent increase in completions over 1952 when 232 projects were carried.

Twelve home demonstration and four 4-H Clubs prepared educational exhibits at the County Fair. Six 4-H Clubs prepared window displays during National 4-H Week. Eleven 4-H Clubs observed Rural Life Sunday and the county was hostess to the annual meeting of District IX, Virginia Federation of Home Demonstration Clubs. Such activities plus increased publicity by newspapers increased interest and cooperation of other county citizens.

Under the Federation Goal, "Citizenship," 101 members participated in the educational tours planned to make the women more informed citizens. Interest was also stimulated through a study of county officials, county government and attending court.

The agent made 312 home visits to assist families with individual problems and projects. Many of these were connected with the long time objective on "Housing" including repairing, remodeling, adding water systems and storage space. This was an increase of 26 visits over the previous year. Only 16 women agreed to serve as result demonstrators but 151 made definite improvements in constructing or remodeling the house. This is an increase of 60 over 1952.

The agent cooperated with various civic organizations and church groups in promoting better community activities. Work was also done in cooperation with the County Home Economics teachers, all agricultural personnel, county schools, County Fair Association, health department, County Tuberculosis Association and Red Cross, etc.

III. ADULT WORK

A. PROJECT WORK

*1. Foods and Nutrition

A large portion of the 1953 Program was devoted to foods with emphasis on saving time and energy in the preparation and making better use of the family food dollar. This would really be considered a part of a long time study in saving time and energy in their meal preparation. They felt that by saving time and energy in the kitchen they

would be able to spend more time with their families and also have more time to spend on other phases of home life. Great progress was made on this study during 1952 with demonstrations on the use of the Master Mix, Pressure Cooker and Broiler. The demonstrations for 1953 continued to emphasize ease of preparation plus stretching the food dollar.

In December the topic was "Easy Company Meals That Are Inexpensive and Tasty" and January, "Yeast Breads and Variations That Are Nutritious and Easy on the Food Dollar." In November 1952 Miss Janet Cameron, Extension Food and Nutrition Specialist, trained 31 food leaders for these two topics. The leaders gave a total of 30 demonstrations with an attendance of 508. In addition to these the members reported giving assistance to approximately 400 non-members. Three hundred twenty-eight club members reported preparing 1,576 inexpensive company meals and making yeast bread 4,828 times.

During the month of June the agent gave 17 demonstrations on "Main Dish Salads That Are Economical and Nutritious" with an attendance of 264.

The agent gave assistance regularly on family food problems particularly in canning and freezing. Incomplete reports from 164 women show:

Vegetables Canned -- 11,808 quarts

Fruit Canned -- 12,289 quarts

Meats Canned -- 4,933 quarts

Vegetables Frozen -- 3,352 pounds

Fruit Frozen -- 3,414 pounds

Meat Frozen -- 16,896 pounds

2. Home Management

The women at the county program planning meeting felt the need for devoting some time to learning to make better use of the various electrical appliances found in the homes. They felt that the family has many unnecessary repair bills and service calls because the women do not understand the equipment or the proper use of it. This was another phase of the effort to make the family dollar go farther. The topic for the monthly demonstration during November was "The Care and Use of Electrical Equipment." On October 14th Miss Helen Alverson, Home Management Specialist, trained 28 women to serve as leaders for this topic. In addition to the club women, specialist and agent, Mrs. Roch, Home Economist for REA stationed in Dayton, attended the meeting.

The women seemed impressed and have continued to express great pleasure in the type of meeting held. The group met in an

34
72

assembly room of the Virginia Electric and Power Company. There Miss Alverson gave a detailed lecture and demonstration on the care and use of an electric stove and refrigerator which were on display. Discussions were held on various other pieces of equipment of particular interest to the women.

Following this discussion the group went on a tour of local stores handling electrical appliances. Each store had been contacted previously by the agent and had someone on hand to demonstrate and explain their equipment. On the tour interest seemed to be focused particularly on automatic washers, dryers and ironers. The local Westinghouse Dealer had contacted Mrs. Elizabeth R. Messersmith, Home Economist for Westinghouse serving this area from Baltimore, telling her of the plans for the meeting. She came to his store and in a most pleasing manner discussed the equipment with the women.

In the local clubs such a tour could not be satisfactorily arranged, so the leaders did a good job of presenting the various makes and models of equipment through pictures. These 28 leaders gave 12 demonstrations with a total of 194 people present. Approximately 200 others were contacted with some type of information or help. The agent gave five demonstrations with 127 people present making a total of about 560 persons assisted.

3. House Furnishings

*a. Remodeling and Electrifying Lamps

For some time the women in the county have been working on some phase of improved lighting in the home by making parchment lamp shades, repairing cords or studying the proper lights for various types of lamps. This year the women felt it a need to be able to remodel some of their old style lamps and particularly to be able to electrify the many oil lamps which are found in the homes. On September 9, Mr. E. T. Swink, Associate Extension Agricultural Engineer, trained 17 leaders in "Repairing, Remodeling and Electrifying Lamps." These leaders gave seven demonstrations to 103 people and the agent gave eight demonstrations to 136 women. To date approximately 123 lamps have been reported as improved in some way.

b. Making the Hooked Rug

The women felt that another way to save money and make use of what they had would be to learn to hook rugs and be able to utilize the many pieces of woolen materials around the home. These maybe worn out garments or children's clothing which they have out-grown. In making the rug they are able to use these materials and in turn have a valuable and lovely addition to the home.

Miss Catherine Peery, Extension Rural Arts Specialist, conducted a training meeting for 28 leaders in November. During February the leaders gave demonstrations on the "Selection of Materials and Designs for the Hooked Rug." The leaders conducted 11 demonstrations and the agent six with an attendance of approximately 235. The information was passed on to about 200 others. These monthly demonstrations were followed by six special interest groups in the county meeting to actually, "Make the Hooked Rug." Seventy-two articles have been reported completed and the women are continuing to work on them. They are looking forward to completing many more during the winter months.

During the County Agricultural Fair the Mt. Jackson Club had an outstanding educational exhibit on "Making the Hooked Rug." They showed all the materials needed, the various steps and several samples of the completed products. The Tom Brook-Mt. Olive Club had a similar exhibit.

*c. Reseating Chairs and Reupholstering Furniture

Many women continued work in chair reseating and reupholstering as a follow-up of the 1952 Program. Two county reupholstering clinics were held in addition to the many individuals completing chairs at home. Approximately 15 pieces of furniture were reupholstered and 150 chairs restored

using both cane and fibre cord for reseating.

*4. Housing

The women over the entire county are interested in certain phases of the housing program. Some are adding storage space, remodeling kitchens, adding running water, adding bathrooms, floor sanding or general house remodeling. On March 11, Mr. C. D. Wheary, Associate Agricultural Engineer, and Miss Mary E. Settle, Extension House Improvement Specialist, conducted a special Housing Clinic giving individual assistance on housing problems. During the morning approximately 15 women came to the Woodstock Methodist Church to meet with the specialist and receive assistance on their various problems. During the afternoon the agent and specialist made four individual home visits where help had been requested. These included:

Mr. Cecil Fravel of Toms Brook who wanted to enlarge living room by removing a wall and combining hall with living room. He also had a flooring problem.

Mrs. Edgar Heckman of Strasburg who also wished to remove a wall and make a more useful room by combining two smaller rooms. She also received information on removing a seldom used porch and improving the outside appearance of her home.

Mrs. J. R. Myers of Mt. Jackson received help on plans for remodeling her living room, adding built-in book shelves and

storage space, changing the front entrance to her home to eliminate guests using the back door and a small problem front porch.

Mrs. Robert Dove of New Market requested help on a wet basement and the arrangement of her dining area. Mrs. Dove has a large old home and she says her family eats in three different rooms but none of them are satisfactory.

Progress has been made on all of these family problems and the agent has continued to work with them and give follow-up help.

In addition the agent has given individual assistance to approximately 120 other families in some phase of Housing. Four were assisted in building a new home, 21 in remodeling and repairing the house, 17 in improving the kitchen and laundry and 73 in improving storage space plus others in heating, water and electrical systems. Most of these are long-time problems with work being continued on into 1954. The women have reported 151 improvements already completed.

5. Landscaping Home Grounds

On July 1st Mr. Albert Beecher, Extension Horticulturist, with the home agent visited six homes in the Strasburg area, one home near Mt. Jackson and a church near New Market to give assistance on lawns and planning the home grounds and foundation plantings. The agent has given assistance to 13

additional homes in some phase of landscaping.

6. Driving

The women feel that one of the great handicaps in the county program is that so many of the members cannot drive. This hurts club attendance and makes it very hard for the leaders to attend leader training meetings. As a result they requested that the April meetings be devoted to "Do's and Don'ts in Driving." These meetings were conducted by the agent with assistance received from the local town police, state trooper and the Motor Vehicle Driver Examiner. This information was presented to about 300 women. It was hoped that this could be followed by a driver's course arranged especially for the women. As yet this has been impossible because suitable arrangements could not be worked out for an instructor and car. However 15 women did follow through and receive their driver's permits.

At the county fair the Woodstock Club prepared an excellent educational exhibit on "Do's and Don'ts in Driving" using model cars and highways. This display was most attractive and created quite a bit of interest.

7. Making Fresh Flower Corsages

Corsages are used on so many occasions that the women felt it would be economical to be able to make

34
72

their own. The May meeting was devoted to "Making Fresh Flower Corsages." The 31 leaders for these meetings were trained by Mr. Leo Garman, local florist. Three hundred nine corsages were made and since then the members have used the training they received in making corsages for the annual District Meeting, County Achievement Day and two teas in observance of the 50th Anniversary of Home Demonstration Work in the United States. In addition all have made corsages for use in their families.

8. Sewing Machine Clinic

At the request of the women a special interest meeting on "Cleaning and Adjusting Sewing Machines" ^{was} held in Strasburg on November 13. Miss Eva Minix, District Agent, conducted the meeting with 10 women representing three clubs present. These women will give similar help in their local clubs. Seven machines were completely cleaned, oiled and adjusted. A similar clinic will be conducted by the agent in the southern part of the county early in 1954.

*9. Vegetable Gardening

During the past few years, club garden leaders have given monthly information on gardening practices at club meetings. During January, Mr. F. H. Scott, Specialist, conducted a training meeting with 22 persons present. These leaders gave monthly reports to inform members of up-to-date

garden practices to be put into use in planning, planting and harvesting the family garden. About 450 families received assistance in planning and producing the family food supply.

10. Rural Arts

The club women have developed a great deal of interest in Rural Arts and receive much pleasure and satisfaction from making something with their hands. There were no scheduled demonstrations set up in the County Program Calendar but all clubs did some craft work as a club choice during 1953. The agent stressed appreciation of good design as well as continuing to develop real skills in the crafts they were already trained to do. For some women these hobbies have become a means of a small income during spare time. Three hundred sixty-seven women were assisted with some phase of arts and crafts. The agent assisted three families in finding a place to sell articles made. Incomplete reports show the following articles made:

152 Aluminum trays etched
49 Parchment lamp shades
113 Glasses etched
290 Articles decorated with textile paint
15 Wooden bowls finished for salad and fruit

The quality of these articles was quite an improvement over previous years. The steps in making a number of the articles were displayed at the County Fair.

B. OTHER ACTIVITIES

1. Federation Goal -- "Citizenship"

The women chose to carry "Citizenship" for the Federation Goal for the second year. Much interest had been shown in various phases of the "Citizenship" Program and there was a great demand for more study and work throughout the county.

The Federation Goal Committee at the County Program Planning Meeting set up the following points to be stressed:

- a. Have educational tour of historical places
- b. Have First Aid classes
- c. Study county government and learn to know our county officials
- d. Attend one session of court
- e. Continue to stress Civilian Defense
- f. Encourage members to read books from the Home Demonstration Reading List

This committee also gave the following suggestions for carrying out the above objectives:

- a. Contact places of interest, secure buses and make reservations for tour.
- b. Plan First Aid class similar to Home Nursing.
- c. Give at least ten minutes at each club meeting to carry out the above aims.

The 1952 Achievement Day Program stressed Objective g.
At this time eight (8) county officials appeared on a panel and

34
72

briefly presented the duties of their office and the various responsibilities involved. Six (6) men representing various agricultural agencies also appeared telling the women of the services available to the people of Shenandoah County.

The March meetings were devoted to the Federation Goal and some of the clubs invited a county official to explain more in detail some phase of county government. In some clubs the Federation Goal Chairman conducted the meeting on county government from one of the "Citizenship" manuals.

Three clubs participated in the standard First Aid courses with about 10 women continuing in the Advanced Course. Three of these took the Instructor's course and qualified as First Aid instructors.

Two outstanding educational tours were planned and carried out. In April a tour was planned to Washington, D. C. under the direction of Mrs. J. Paul Neff, County Federation Goal Chairman. The group went on a bus chartered from the Gochenour Bus Service. In Washington they took an eight hour guided tour to the White House, Capitol, Library of Congress and many other points of interest. Their guide for the tour happened to be Mr. Clarence Hepner, son of Mrs. Ada Hepner, a member of the Mt. Jackson Club. Mrs. Hepner was in the group making the tour.

In August Mrs. Walter Davis worked out the detailed plans for a trip to Williamsburg. The group took a Gochenour Bus and arrived in Williamsburg on Wednesday in time to see most of the restored buildings. That night they went to see, "Common Glory." The next morning they completed their tour of Williamsburg and went to see Jamestown and Yorktown before returning home. A total of 101 women participated in these educational tours.

Many of the women attended court and several served on the jury. The Goal Chairmen did a good job in keeping the women informed on points of current interest. They also looked after the clubs participation in county drives such as the Blood Bank, Polio, Cancer, etc.

2. County Project

The County Committee continued the supervision and up keep of the county rest room. Each club made a contribution to the rest room either in the form of money or articles needed. The rest room committee, headed by Mrs. Walter Davis of Edinburg, made a number of improvements during the year. A new coat of paint brightened up a table and mirror frame. New covers were made for the cushions on the sofa. A large sign was placed outside indicating the location and a mirror and door hooks were added along with a small box for cash donations.

Most of the cash donations are being placed in reserve with the hopes of finding a more desirable location and expanding the rest room and accommodations offered.

It meets a definite need of the town of Woodstock, the county people when in Woodstock and the tourists passing through. A familiar phrase is, "I'll meet you at the rest room." The rest room is located in the basement of the old stone Court House built in 1791, the oldest west of the Blue Ridge Mountains still in continuous use.

3. Community Projects

The clubs throughout the county participated in various community projects and activities. Nine clubs contributed money to the county A-H treasury to assist in promoting the A-H Program and 38 members assisted in some way with the A-H Program during 1953. Each club contributed to the CROP Program. During January each club cooperated with the March of Dimes and directed the Mothers' March Activities in their communities. Many contribute to Folio, Red Cross, Cancer and Week-day Religious Education Funds. Each club contributes to the County Memorial Hospital and works with the Auxiliary Units.

Fort Valley and Hudson Cross Roads continue with the upkeep of their community buildings. These are used by the A-H and all community groups as well.

The Home Demonstration Club at Hudson Cross Roads was responsible for organizing a 4-H Club in that community. Two of their members serve as adult leaders.

The Scumville-Fairview Club gives financial assistance to a girl from their community attending college.

The Strasburg and Woodstock Clubs held teas in observance of the 50th Anniversary of Home Demonstration Work. Each club reviewed the history of their local organization also.

4. County Fair

In addition to the home demonstration club members making individual entries in the County Fair, many of the clubs throughout the year plan toward having educational exhibits. Twelve (12) clubs arranged exhibits at the Fair, with emphasis being placed on the educational value which would be received by the thousands of people who viewed their booths throughout the week. A wide range of topics were displayed including:

- * Woodstock -- "Do's and Don'ts in Driving"
- Edinburg -- "Winter Bouquets"
- * Strasburg -- "Pennies for Friendship"
- Conicville -- "Window Treatments"
- Central -- "Gift Wrapping for All Occasions"
- Forestville -- "Finishing Wooden Bowls for Salad and Fruit"

Mt. Zion -- "Money-Making Hobbies"

New Market -- "Steps in Making Parchment Lamp Shades"

Mt. Jackson and Toms Brook-Mt. Olive -- "Making the
Hooked Rug"

Saunsville-Fairview -- "Variety in Aprons"

Fishers Hill -- "Do's and Don'ts in Furniture Arrangement"

Some of these were discussed under the various subject matter heads. Fair officials indicate these booths prove a good drawing card for attendance and interest in the County Fair. The booths are not judged but are placed there entirely as educational exhibits.

5. National Home Demonstration Week

Shenandoah County served as hostess to the annual meeting of District IX, Virginia Federation of Home Demonstration Clubs held in Woodstock on May 7 during National Home Demonstration Week. Highlights of the day were the address by Burr F. Harrison and the pageant on 50 Years of Demonstration Work. Approximately 600 people attended this event. Many Shenandoah County members participated in the day's activities.

The Reformed, Lutheran and Christian Churches of Woodstock served lunches with Mrs. Franklin Conner, County Vice-Chairman, in charge of lunch tickets.

Mrs. E. E. Golloday was in charge of ushers and hostesses for the day with each local club president serving on the committee. Mrs. Harry Funkhouser prepared the name tags worn by the Shenandoah County delegation.

The Woodstock Home Demonstration Club had charge of the flowers and decorations for the event with Mrs. Cecil Hite in charge.

Mrs. Paul Folts, county treasurer, collected the "Pennies for Friendship" for Shenandoah County which amounted to about \$22.00 and presented them during the special ceremony on the program.

Mrs. Robert E. Stickley, county chairman, gave the address of welcome; Mrs. Braden Miller, District Vice-Chairman from Mt. Jackson, told of the National Meetings in Raleigh and Boston; Mrs. Wallace Smith of Quicksburg had the devotions.

In presenting the Federation Goal activities on "Citizenship" Shenandoah portrayed the panels on County Government and Agricultural Agencies given at the 1952 Achievement Program. A member from each club participated in this presentation.

In addition to the district meeting there were some local displays and special news articles in the county papers observing National Home Demonstration Club Work.

6. Delegates to the Virginia Federation and Institute of Rural Affairs

Mrs. Robert E. Stickley of Saumsville

and chairman of the Shenandoah County Home Demonstration Clubs, headed the delegation of 26 club women and 2 4-H girls who attended joint sessions of the Virginia Federation of Home Demonstration Clubs and the Institute of Rural Affairs. These women represented 13 of the 17 clubs in the county and received valuable information to share with the members of their club and community.

On the trip to and from Blacksburg the women visited points of interest including Lee's Tomb and chapel in Lexington, Natural Bridge and Mountain Lake. This was the largest delegation Shenandoah County has had at the Institute.

7. County Home Demonstration Achievement Day

Approximately 200 Shenandoah County Home Demonstration club members heard Miss Eva Jo Liskey, International Farm Youth Exchange Delegate, tell of her experiences in Chile at the annual Achievement Day Program held in the Woodstock Methodist Church on Friday, October 30th.

During the afternoon the group heard a panel discussion on "Outstanding Accomplishments in Various Phases of the Home Demonstration Club Program." Mrs. Edgar Hochman served as moderator of this panel with the following members taking part: Mrs. J. Paul Neff - Federation Goal; Mrs. J. P. Moore - Institute of Rural

Affairs; Mrs. Franklin Conner - District Meeting; Mrs. Ernest L. Boyer - A-H Club Work; Mrs. Paul D. Foltz - Pennies for Friendship; Mrs. W. B. Davis - Rest Room; Mrs. Braden Miller - Fair Exhibits and Gladys F. Painter, Home Agent -- General Homemaking Program.

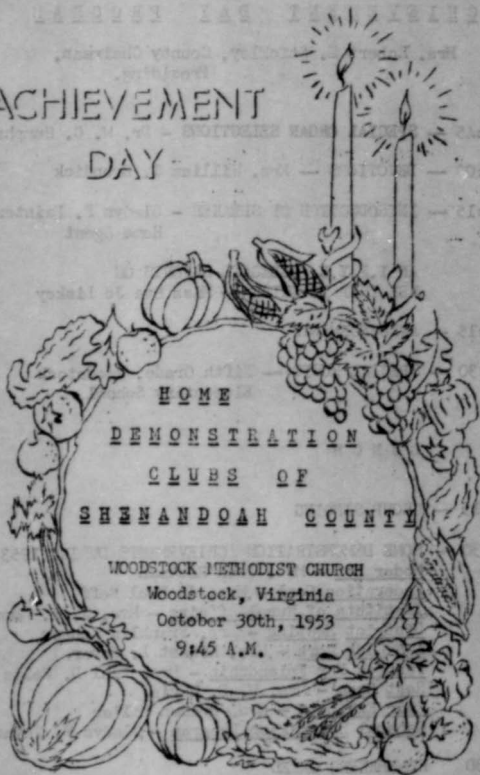
Dr. William C. Humphries, local surgeon, opened the morning program with organ selections which the women greatly enjoyed. Devotions were led by Mrs. William T. Brundick of Woodstock.

The Fifth Grade of the Woodstock Elementary School sang a group of folk songs from various countries. This was very much in keeping with the talk which Miss Liskey had previously made on our relations with other countries.

The Toms Brook-Mt. Olive Home Demonstration Club was in charge of planning and serving the lunch. Immediately following lunch the group was entertained by the Heishman brothers, a local trio. For a special number, they sang "Fifty Years Ago" since this is the 50th Anniversary of Home Demonstration Club Work in the United States. Then they led in several group songs.

Mrs. Robert E. Stickley, County Chairman, presided throughout the day. Mrs. Robert Dove served as chairman of the Program Committee with Mrs. E. E. Golladay, Mrs. Ernest Boyer and Mrs. William Fisher assisting her.

ACHIEVEMENT
DAY



HOME
DEMONSTRATION
CLUBS OF
SHENANDOAH COUNTY

WOODSTOCK METHODIST CHURCH

Woodstock, Virginia

October 30th, 1953

9:45 A.M.

ACHIEVEMENT DAY PROGRAM

Mrs. Robert E. Stickley, County Chairman,
Presiding.

- 9:45 — SPECIAL ORGAN SELECTIONS — Dr. W. C. Humphries
10:00 — DEVOTIONS — Mrs. William T. Brundick
10:15 — INTRODUCTION OF SPEAKER — Gladys F. Painter,
Home Agent

AN I.F.Y.E. DELEGATE REPORTS ON
HER TRIP TO CHILE — Miss Eva Jo Liskey

- 11:15 — ANNOUNCEMENTS
11:30 — SPECIAL MUSIC — Fifth Grade, Woodstock
Elementary School

LUNCH

- 1:15 — GROUP SINGING
1:30 — HOME DEMONSTRATION ACHIEVEMENTS DURING 1953
Moderator — Mrs. Jack Hockman
Federation Goal — Mrs. J. Paul Noff
Institute of Rural Affairs — Mrs. J. P. Moore
District Meeting — Mrs. Franklin Conner
4-H Club Work — Mrs. Ernest L. Boyer
Pennies For Friendship — Mrs. Paul D. Foltz
Rest Room — Mrs. W. B. Davis
Fair Exhibits — Mrs. Braden Miller
General Homemaking Program — Gladys F. Painter
- 2:30 HOMEMAKERS CREED



PROGRAM COMMITTEE

Mrs. Robert Dove - Chairman
Mrs. E. E. Golladay
Mrs. Ernest Boyer
Mrs. William Fisher

IN CHARGE OF LUNCH

TONE BROOK - 11. OLIVE HOME DEMONSTRATION
CLUB

LOCAL ARRANGEMENTS -

WOODSTOCK HOME DEMONSTRATION CLUB

No one is useless in this world who
lightens the burden of it to any one else.

- Dickens

H O M E M A K E R ' S C R E E D

As homemakers, we will strive to:

Have our organization foster highest ideals in home, church, school and public life.

Have our homes reach out in service to the community and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

1952

C O U N T Y O F F I C E R S
H O M E D E M O N S T R A T I O N C O M M I T T E E

- | | |
|----------------------------|--------------------------------------|
| Chairman - - - - - | Mrs. Robert E. Stickley
Mauretown |
| Vice-Chairman - - - - - | Mrs. Franklin Conner
Zepp |
| Secretary - - - - - | Mrs. Edgar W. Hookman
Strasburg |
| Treasurer - - - - - | Mrs. Paul D. Foltz
Mt. Jackson |
| Federation Goal Chairman - | Mrs. J. Paul Neff
New Market |

The Woodstock Home Demonstration Club was in charge of local arrangements.

All committees functioned well, all local papers gave good publicity and interest was high throughout the day.

8. Club Objectives

Each fall the County Program Planning Committee sets up certain club objectives to help direct the emphasis in the clubs. These objectives are drawn up by a sub-committee on Recommended County Club Objectives and approved by the entire Program Planning Committee. The 1953 Objectives were:

- (1) Pay \$3.00 Federation Dues by January 1st.
- (2) Hold four meetings without agent - also some social activity for the entire family.
- (3) Have 100% attendance at leaders' training and committee meetings.
- (4) Each Home Demonstration Club provide a 4-H co-ordinator to provide for transportation and other needs of 4-H club in its community.
- (5) Clubs provide camp scholarships for eligible 4-H members.
- (6) Each club member aid in expanding the Home Demonstration Program by: (a) Bringing two new members into the club; (b) Passing information to two non-members; and (c) Or interesting two non-members in a county special interest meeting.
- (7) One delegate to attend Institute of Rural Affairs.
- (8) Each club contribute to the Rest Room Project.

The planning committee set as a goal that the clubs should accomplish six of the eight objectives.

34
72

At the close of the year we find that most of the clubs have accomplished six. It seemed that the most difficult is number three -- Have 100% attendance at leaders' training and committee meetings. This probably is due to two main factors: (1) Lack of transportation since so few women drive and (2) The geographical make-up of the county which results in mountains to cross on the east and west and long distances to travel to the county seat or center of the county.

In commenting on some of the other objectives one will note that 17 or 100% of the clubs paid their Federation Dues by January 1st. The clubs held 111 meetings without the agent which averages about six meetings per club. This is two more than set up in the objectives. The clubs located near 4-H Clubs gave various types of assistance including leaders and transportation. Money was contributed to the County 4-H Camp Fund but since there was such a large delegation to camp in 1953 the women felt that the scholarship assistance was not needed. They voted to leave the money in the County 4-H Treasury to be used for other expenses such as pins awarded to those completing 1st, 2nd and 3rd year work and the trophy and plaque awarded to the outstanding Senior and Junior Club respectively.

The home demonstration program was expanded during 1953 with 34 new members being added to the rolls and information being passed to approximately 800 non-members. Twenty-Six women

representing 13 clubs attended the Institute of Rural Affairs and every club contributed to the Rest Room Project.

IV. A-H CLUB WORK

A. PROJECT WORK

1. Clothing

a. Unit III, So You'd Like to Sew

Enrolled in this project were the 72 younger girls who had had very little experience in actual stitching, basting and construction of clothing. The girls were taught an appreciation for the construction of articles, starting with equipping a sewing box and making needle cases and pin cushions. Next they made an article by hand, basting and hemming, usually a tea towel. When they progressed to actually stitching on the machine it included laundry bags, blouses and skirts depending on the need of the child and the experience.

Regular exhibits of the articles or garments made were held in the project groups and the members themselves would judge, selecting the club winners.

Of the 72 girls enrolled, 68 completed projects and turned in a record. This number made 272 articles and 28 garments.

b. Unit II, Make or Remake

Girls carrying this project had had experience in clothing construction. Club leaders and

agent in working with this group placed emphasis on the clothing inventory and sewing for the clothing needs. Proper selection of patterns and materials were taught with emphasis on cutting, fitting and proper finishes. Records kept in the clothing project help the girls plan to meet their clothing needs economically.

There were 40 girls enrolled in "Make or Remake" with 27 completing the project and submitting a record. These records show 143 garments and 11 articles made.

Club winners were selected to enter the county contest held in the home economics department of Woodstock High School on Saturday, September 26.

In the County Contest, Lila Boyer of the Fort Valley Club, received the Blue Award and was named county winner in the Clothing Achievement Contest. In representing the county at Area Contest held at James Wood High School, Winchester, Lila received a Red Award.

County winner in the Style Dress Revue was Janet Boyer also of the Fort Valley Club. Janet received a red award at the Area Contest in Winchester.

Other girls receiving recognition at the county contest were: Sophie Funkhouser, St. Luke-Saunsville and Carolyn Sager, Forestville in the Clothing Achievement Contest; Linda Lou Neff, Forestville and Nancy Richardson, Meems Valley in the Style Dress Revue.

34
72

Clothing Projects were carried in 13 4-H Clubs. Nine voluntary adult leaders assisted the agent with the project in eight of these clubs giving 15 demonstrations without the agent.

2. Food and Nutrition

a. Meal Preparation

The 84 girls enrolled in this project learned to plan, prepare and serve their family meals. Emphasis was placed on planning meals to meet the family requirements and preparation of milk and egg dishes. Vegetable cookery also received special attention along with setting an attractive table.

Records were kept on the number of dishes or meals prepared. Besides project meetings at home and homes of the leaders the girls also gave demonstrations at club meetings. Of the 84 girls enrolled 64 completed the requirements and submitted records. These girls served 6,383 dishes and 2,411 meals.

In the county contest Dot Dodson of Conicville was named county winner in Food Preparation and received a Blue Award. Anna Bowman of Forestville received a Red Award. In the area contest in Winchester Dot Dodson received a White Award.

In the Dairy Foods Contest Janita Grandstaff and Lila Boyer of Fort Valley were county winners and received a Red Award at Area Contest Winchester. Virginia Zirkle and Alice Runion of Forestville received a Red Award at County Contest.

b. Food Preservation

Under the Food Preservation Project 15 girls worked on Canning and nine on Freezing. Eighteen of these completed the requirements and submitted records. One thousand three hundred forty-seven quarts were canned, 646 quarts frozen and 2,211 pounds frozen.

In the Frozen Foods Contest Jean Boyer was county winner and received a White Award at Area Contest, Winchester. Dorothy Phillips of Forestville and Dorothy Rosen of Neems Valley were runners-up in the County Contest.

In the County Canning Contest, Virginia Harpine of Forestville received a Red Award and Rosalie Buchanan of Neems Valley received a White Award.

Two girls in the county carried the Bread Project making bread 76 times.

There were 17 voluntary adult leaders who assisted with the Food Projects and held eight meetings without the agent.

34
72

3. Laundry

The Members of the Fort Valley L-H Club concentrated on the Laundry Project during the summer months with 13 girls enrolled and 12 completing. On April 11 the Home Agent conducted a special training meeting at the home of Mrs. Ernest Boyer, leader, with older girls and leaders from other clubs invited. Laundry equipment was displayed and a study was made of soaps, detergents, water softeners, starches and bleaches. The girls ran tests on soaps and detergents with and without water softeners. One of the older girls demonstrated the way to siphon water from a tub.

During the summer months the older girls worked on the Family Laundry and the younger girls learned to wash socks, slips, panties and school sweaters.

Harriet Coverstone received a Blue Award in the county contest and a Red Award in area contest for her work in the Laundry Project and demonstration on washing a sweater.

4. Home Improvement

There were 20 girls carrying some phase of Home Improvement as individual projects with 16 completing the requirements and submitting records. Six of these girls concentrated on Your Room, learning to care for the room,

getting rid of unnecessary articles and making bulletin boards, lamps and lamp shades.

Fourteen of the girls worked on Your Home including the care and arrangement of various rooms, remodeling and refinishing furniture, studying pictures and wall hangings, and flowers in arrangements including the holders and containers.

The 16 girls submitting records reported 60 rooms improved and 91 articles made or added to the home.

Mayre White of New Market was named county winner in Home Improvement with a Blue Award. She also was named Area Winner at Winchester and her records will be submitted for district competition.

On June 12 Mayre White, Doris Elbon, Patricia Shiley and Clota B. Campbell went with the home agent to Harrisonburg to receive training from Miss Ruth Jamison in the project. These four girls and 11 voluntary adult leaders assisted with the project holding 16 meetings without the agent.

B. OTHER 4-H ACTIVITIES

1. 4-H Club Camp

Shenandoah County 4-H boys and girls joined the Frederick and Fauquier County delegations for the annual district 4-H Club Camp held at Powell's Fort Organisational Camp, August 10 - 15. Forty-two girls representing nine clubs attended the camp. Four voluntary adult leaders went with the

34
72

group and served as counselors and assisted in various ways with the camping program. These leaders were: Mrs. Ernest Neff of Quickburg, Mrs. Ivan Hunion of Forestville, Mrs. Warren Richardson of Mt. Jackson and Mrs. Ashby Price of New Market.

1953 saw the biggest delegation ever to attend the L-H Camp from Shenandoah County. They participated in a well-rounded program including classes, recreation, sports and evening programs. All the members gained much from their experience to share with their fellow club members and other community groups.

2. Community Activities

Each club has a committee on the community project to select the clubs project and decide on ways of carrying it out.

The clubs at Fort Valley, Hudson Cross Roads and St. Luke-Sainsville continued to make improvements on their community buildings. The Fort Valley Club had a special booth at the Community Halloween Party to make money to help replace the roof on the building.

The Meems Valley Club made another payment on the room which they are furnishing at the Shenandoah County Memorial Hospital. The total cost of furnishing the room was \$600.00. The Meems Valley members have given special emphasis

34
72

to the Health Program and during 1953 was named one of the 10 outstanding clubs in the state to receive the \$20.00 cash award. The donor of this award is the Kellogg Company of Battle Creek, Michigan and Omaha, Nebraska.

The New Market Club contributed \$50.00 to a new recreation center being provided for the town of New Market. This is to be used on the purchase of equipment.

The Conieville Club contributed \$5.00 to the Week Day Religious Education Fund.

The Forestville Club sponsored a community fellowship get-together and square dance.

3. Contests in Girls' Homemaking Projects

The annual county contests in the girls' homemaking projects were held on Saturday, September 26, in the home economics department of Woodstock High School. Contests were held in eight projects with 23 girls taking part. The 10 leaders present served as judges. Special emphasis was placed on standards of work and good project records. Eight county winners were named to participate in the Area Contest in Winchester. One of these was named area winner. Details of the winners have been given under the project subject matter.

34
72

4. All-Star Recommendations for 1953

Janet Boyer, daughter of Mr. and

Mrs. Ernest L. Boyer of Waterlick, has been a member of the Fort Valley 4-H Club for six years. During this time she has held several club offices and been on many committees. She has also served as secretary for the County 4-H Council.

Janet has completed a total of 19 projects including Clothing, Sheep, Poultry, Dairy Calf and Farm and Home Electric. Her outstanding work in the Farm and Home Electric Project made her eligible to receive the all-expense paid trip to the State Electric Congress held in Richmond in 1952. In 1953 she was county winner in the Style Dress Revue Contest.

She was recommended by the County All-Star Chapter for membership in the Virginia 4-H All-Star Chapter and at the State Short Course in Blacksburg, June 1953, was accepted.

5. National 4-H Club Week

Special attention was given the 4-H Program during National 4-H Week. Five clubs had special window displays in stores located on U.S. Highway 11. Seven clubs displayed the 4-H Poster in some prominent place in the community. Several news stories featuring 4-H activities were published during the week.

6. Rural Life Sunday

The 4-H Clubs in Shenandoah County observed Rural Life Sunday with 10 of the 14 girls clubs having special activities. Seven clubs including Meems Valley, New Market, Forestville, Conicville, Columbia Furnace, St. Luke-Saunsville and Toms Brook attended church in a body. The members had parts on the programs and the ministers delivered special messages to the group.

The other three clubs held a somewhat different observance. The Fort Valley members presented a pageant entitled, "The Challenge of the Cross." This was held on a hillside near the leaders' home at 3:30 p.m., with approximately 100 members, parents and friends present. Following the service all of those present joined in a picnic supper.

The Fishers Hill and Hudson Cross Roads Clubs held family picnics followed by vesper services. These two services were conducted by ministers with 4-H members taking part.

7. 4-H Booths At County Fair

Club members and leaders take great interest in putting on educational booths at the annual County Fair. This year four clubs prepared outstanding educational booths showing highlights of their club's activities. Clubs entering and the order in which they were placed by the judges

34
72

were: Meems Valley, 1st; St. Luke-Saunsville, 2nd; New Market, 3rd; and Conicville, 4th. Prizes won on the booths are used by the clubs in promoting various community activities.

A large number of members enter individual exhibits at the fair since this is always stressed in the clubs. In two clubs every member had an exhibit.

8. State Short Course

Nine girls representing four clubs and one voluntary adult leader attended the State 4-H Short Course held at V.P.I. Blacksburg. These members brought back valuable information from their week of training and made reports to their respective clubs. Those attending were:

Mrs. David B. Good, Adult Leader

Dorothy Rosen and Rosalie Buchanan -- Meems Valley

Mayre White -- New Market

Sophie Funkhouser, Patsy Fravel and Anna Mae Rickard --
St. Luke--Saunsville

Janet Bower, Janita Grandstaff and Lila Boyer --
Port Valley

9. County Rally and Picnic

More than 100 4-H'ers, parents, leaders and friends enjoyed the annual Shenandoah County 4-H Club Rally and Picnic held at Powell's Port Valley Organizational Camp on

34
72

Saturday, August 15.

A bountiful picnic was enjoyed at noon followed by a softball game and swimming. 4-H Clubs represented were Lebanon Church, Fishers Hill, Toms Brook, Fort Valley, St. Luke Junior, Columbia Furnace, Hudson Cross Roads, Meems Valley, New Market and Forestville.

10. County 4-H Share the Fun Program

Eleven of the Shenandoah County 4-H Clubs participated in the Share the Fun Program held in the Woodstock High School Auditorium on Friday night, April 11. Approximately 200 4-H members, leaders, parents and friends attended the event.

Judging was done on both individual participation and group numbers. Individual winners included: First - James Cain of New Market who played the piano and sang; Second - Alice Runion of Forestville, a piano solo and Third - Donnie Smith, Meems Valley, who gave a monologue.

Group winners were: First -- Conicville with a Mock Wedding; Second, Central with music by - Dalton Brill and Gene Jenkins; Third was a tie between St. Luke and Toms Brook. Four girls from St. Luke sang and the girls from Toms Brook did stunts.

Other clubs participating were: Fort Valley, Fishers Hill, and St. Luke-Saunsville. A film made at the

Share the Fun Breakfast, sponsored by the United States Rubber Company, held in connection with the National L-H Club Congress in Chicago was shown. Ernest Zirkle, President of the County L-H Council, presided over the evening's activities.

Shenandoah County received the \$25.00 cash award given by the United States Rubber Company to each county (20 counties maximum) naming a blue award club in the Recreation and Rural Arts Program. The Meems Valley Club received an attractive certificate for conducting a program worthy of the blue award rating.

11. Achievement Program

The Achievement Program is planned by a committee set up by the county council for the purpose of reviewing the year's work and recognizing the outstanding achievements of the members, leaders and clubs. The 1953 Program was held on Friday evening, November 6, in the auditorium of Woodstock High School.

Winners in the county, area and state contests were recognized or announced and the appropriate awards given. Special recognition was given the adult leaders for their service.

The secretary submitting the best secretary's book and the reporter submitting the best reporter's book were recognized and given an award.

During the year, 1953, the 4-H Clubs were, for the first time, designated as either Junior or Senior depending on the time of meeting and the age group. As determined by the Score of Points set up by the County Council the outstanding Senior Club was Fort Valley and they were awarded an engraved cup. The outstanding Junior Club was Columbia Furnace and they received a plaque appropriately engraved.

Medals for various county awards were presented to 19 girls. They were:

ACHIEVEMENT -- Janet Boyer - Fort Valley

BEAUTIFICATION OF HOME GROUNDS -- Dot Dodson, Conieville

CANNING -- Virginia Harpine - Forestville

CLOTHING -- Sophie Funkhouser - St. Luke-Saunsville

DAIRY FOODS DEMONSTRATION -- Virginia Zirkle and
Alice Runion - Forestville

FARM AND HOME ELECTRIC -- Letha Webster - Central and
Jean Boyer - Fort Valley

FOOD PREPARATION -- Anna Bowman - Forestville

FROZEN FOODS -- Dorothy Phillips - Forestville

GIRLS' RECORD -- Lila Boyer - Fort Valley

HOME IMPROVEMENT -- Barbara Lindstrom - New Market;
Doris Elbon - Fishers Hill;
Clota Campbell, Meems Valley;
and Doris Folts - Conieville

LEADERSHIP -- Sarah Ann Keller - Toms Brook

CITIZENSHIP -- Janita Grandstaff - Fort Valley

LAUNDRY -- Harriet Coverstone - Fort Valley

ROOM IMPROVEMENT -- Mayre White - New Market

SHENANDOAH COUNTY

4-H

ACHIEVEMENT PROGRAM



6th

WOODSTOCK HIGH SCHOOL

AUDITORIUM

FRIDAY, NOVEMBER 6TH, 1953.

7:30 P.M.



COMMITTEES

* PROGRAM *

County 4-H Council

* ARRANGEMENTS *

* USHERS *

St. Luke-Saunsville 4-H Club Toms Brook 4-H Club

* PUBLICITY *

Forestville 4-H Club

* ENTERTAINMENT *

* REFRESHMENTS *

New Market 4-H Club Moons Valley 4-H Club





Ernest Zirkle, President of 4-H County
Council, Presiding.

PRELUDE - Janet Boyer, Fort Valley Club

PLEDGE -

DEVOTIONS - Jane Fisher, Fishers Hill Club

WELCOME - Donald Fadely, Conicville Club

ROLL CALL - Janita Grandstaff, Secretary of
Shenandoah 4-H County Council

A LOOK AT THE 4-H PROGRAM - County 4-H Club
Members Participating

PRESENTATION OF GIRLS AWARDS - Gladys F. Painter,
Home Dem. Agent

PRESENTATION OF BOYS AWARDS - Richard C. Beck,
Asst. County Agent

GROUP SINGING

PRESENTATION OF AWARDS TO CHAMPION
SENIOR AND JUNIOR CLUB - J. Carl Coiner,
County Agent

ADJOURNMENT - - REFRESHMENTS

34
72

Many parents, leaders and friends attend this annual event and take a keen interest in the entire program which culminates the year's club activities.

V. YOUNG MEN AND WOMEN'S WORK

A. COUNTY ALL-STAR CHAPTER

The County All-Star Chapter was active during 1953. This organization promoted and assisted with the 4-H club activities and from records determined the boy and girl to be recommended for the county for membership in the State All-Star Organization.

B. SHENANDOAH YOUNG WOMEN'S HOME DEMONSTRATION CLUB

The group of working girls who belong to this home demonstration club fall almost entirely in the 18 to 30 year age group. Besides the monthly demonstrations they enjoy social and recreational activities.

C. OTHER GROUPS OF YOUNG WOMEN ASSISTED

The home agent has worked with 10 other groups of young women not organized by Extension during the past year. Eight of these are community groups and two are county-wide. Through these groups the agent has reached 517 young women.

In addition to those reached in the various organized groups the agent has given assistance to 309 different young women during the year.

VI. SCOPE OF WORK

	1949	1950	1951	1952	1953
No. HD Clubs or Groups	18	17	17	18	17
Membership	500	376	379	390	390
No. A-H Clubs	8	8	8	10	14
Membership	115	133	133	137	202
No. YMW Groups	1	1	1	2	2
Membership	27	40	42	35	42
No. Other Families Reached	1129	1191	956	1057	1006
No. of Different Families Reached	1684	1723	1376	1456	1440
No. Community Clubs					
Membership					

VII. ORGANIZATIONS WHICH FUNCTIONED IN THE 1953 PROGRAM

A. COUNTY HOME DEMONSTRATION COMMITTEE

This committee is composed of the club presidents and program development leaders from each local home demonstration club in the county. This group directs the over-all planning and carrying out of the county program and strives to meet the needs of the county's rural population and further the interest of Extension work among the women and girls.

During 1953 the federation goal chairmen also met with the committee to assist with the program planning. The federation goal activities were closely tied in with the other phases of program planning.

The entire committee holds regular meetings in the spring and fall but there are other meetings of the Executive Committee and of special committees such as Achievement Day, Rest Room, Fair, etc.

One of the special projects of the county committee is the Women's Rest Room at the County Seat. Details of this have been given elsewhere in this report.

* During 1953 another special activity of the county committee was to assist with the planning and arrangements for and serve as hostess to the annual meeting of District II, Virginia Federation of Home Demonstration Clubs. Details of this have also been given elsewhere in the report.

The most important function of the committee is program planning. This includes thorough preliminary work with the clubs throughout the year and the holding of the county program planning meeting in the fall. Following a special training meeting conducted by the home agent the program development leaders did a good job with discussions on program planning in the clubs. The leaders made up a list of the needs and requests for programs and demonstrations from each club and from these the monthly program calendar was set up. The committees on Objectives, Federation Goal activities and the work of the Program Development Leader functioned well at the county planning meeting.

The County Committee, through the representatives from local home demonstration clubs, is active in securing leaders for the 4-H Clubs and sponsors special phases of 4-H Club work. It is largely responsible for the outstanding 4-H leadership rendered by the home demonstration club women.

34
72

The committee promotes the annual Home Demonstration Club Achievement Day and other county-wide meetings.

Attractive Year Books issued each club member is also a project of the committee. The responsibility for having them printed rotates by clubs. This year the Mt. Jackson Club was responsible for the 1954 Year Book.

The County Committee Officers for 1953 were:

Chairman -- Mrs. Robert E. Stickley
Maurertown

Vice-Chairman -- Mrs. Franklin Conner
Zeig

Secretary -- Mrs. Edgar W. Hochman
Strasburg

Treasurer -- Mrs. Paul D. Polts
Mt. Jackson

Federation Goal Chairman -- Mrs. J. Paul Heff
New Market

B. COUNTY 4-H PROJECT PLANNING COMMITTEE

The group is composed of the adult and junior leaders and at least two older girls from each club and the home agent. All during the year they study the needs of the girls in their clubs and then discuss with the girls their choice of projects for the next year. They are more familiar with the local conditions and aid materially in determining the content of the girls' project programs for the year.

It was felt that due to other activities and the long distances of travel involved not enough leaders and older girls participated in the county-wide planning meeting. Therefore, during 1953 rather than a county-wide meeting, the home agent conducted several area meetings in convenient points around the county. The agent feels that this was more satisfactory because more leaders and girls participated in planning the 1954 Girls' Homemaking Projects.

C. COUNTY 4-H CLUB COUNCIL

The County 4-H Council is composed of the officers and leaders from each organized 4-H Club in the county, and any other key persons who will help develop and carry out the 4-H Program.

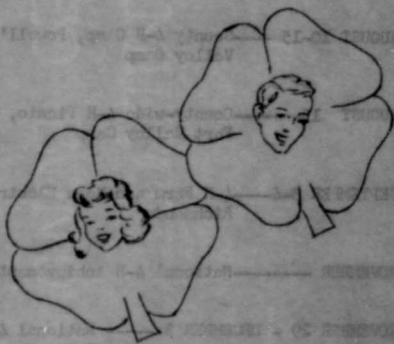
The function of the organization is to plan and carry out all county-wide activities. The council sets up the objectives and a point system by which the Junior and Senior Clubs are judged to determine the champion club in each group.

During 1953 the council has rendered valuable services as a planning group for county activities. A committee from the council planned and carried out the annual 4-H Achievement Program. The Council sponsored the county "Share the Fun Program" attended by more than 200. Another county recreation meeting in the form of a square dance was held in a member's barn.

SHENANDOAH COUNTY

Forward with

4-H



NAME _____

ADDRESS _____

IMPORTANT DATES TO REMEMBER:

MARCH 7 - 15-----National 4-H Week

APRIL 10-----County Recreational Meeting,
"SHARE THE FUN"

MAY 10-----Rural Life Sunday

JUNE 17-24-----National 4-H Camp, Washington, D.C.

JUNE 22-27-----4-H State Short Course, V.P.I.

AUGUST 10-15-----County 4-H Camp, Fowell's Fort
Valley Camp

AUGUST 15-----County-wide 4-H Picnic, Fowell's
Fort Valley Camp

SEPTEMBER 3-4-----4-H Farm and Home Electric Congress,
Richmond

NOVEMBER -----National 4-H Achievement Day

NOVEMBER 29 - DECEMBER 3 ----- National 4-H Club
Congress, Chicago



CENTRAL

President----- Eddie Lineweaver
Vice-President----- Etzel Wittington
Secretary-Treasurer----- Letha Webster
Reporter----- Jane Lineweaver

Leaders: Mr. and Mrs. Franklin Connor, Zopp
Mrs. Karl Peer, Star Tannery

CONICVILLE

President----- Donald Madely
Vice-President----- Nancy Tisinger
Secretary----- Doris Fultz
Treasurer----- Jack Dodson
Reporter----- Patricia Shiley

Leaders: Mrs. Elmer Shiley, Woodstock
Mrs. Paul Poltz, No. Jackson,



FISHERS HILL

President----- Jean Ryman
Vice-President----- Ida Ely
Secretary----- Martha Ryman
Treasurer----- Marcia Fisher

Leaders: Mrs. Doris Fisher, RFD 1, Strasburg
Mrs. Joe Ryman, Jr., Strasburg, RFD 1

FORESTVILLE

President----- David Bowman
Vice-President----- Harry Lan
Secretary-Treasurer----- Richard Sager
Reporter----- Virginia Zirkle

Leaders: Mrs. J. C. Zirkle, Quicksburg
Mrs. Ivan Runion, Tinberville
Mrs. Edna Runion, Moores Store
Mrs. Verlin Phillips, Forestville
Mrs. Ernest Woff, Quicksburg
Mrs. Orville Bowman, Forestville
Mr. Ernest Woff, Quicksburg
Mr. Ashby Price, New Market
Mr. Lawrence Phillips, New Market
Mr. Orville Bowman, Forestville

FORT VALLEY

President----- J-nita Grandstaff
Vice-President----- Harriett Coveratone
Secretary----- Janet Boyer
Treasurer----- Charles Lichtler
Reporter----- Lila Boyer
Leaders: Mr. and Mrs. E. L. Boyer, Waterlick

JEROME

President----- Richard Funkhouser
Vice-President----- Guy Lewis
Secretary----- Ralph Miller
Treasurer----- Jerry Wright
Reporter----- Hope Miller



MEEB'S VALLEY

President----- Clota Buchanan
Vice-President----- Don Richardson
Secretary----- Dorothy Rosen
Treasurer----- Donnie Smith
Reporter----- Rosalie Buchanan

Leaders: Mr. and Mrs. David Good, Sr., New Market
Mrs. Mickey B. Good, New Market
Mrs. Warren Richardson, Mt. Jackson

NEW MARKET

President----- Jane Hoover
Vice-President----- Mildred Cook
Secretary----- Marie White
Treasurer----- Phyllis Riggleman
Reporter----- Barbara Lindstrom

Leaders: Mrs. O. E. Lindstrom, New Market
Mr. Clarence Zirkle, New Market
Mr. R. E. Ronalds, New Market
Mrs. R. E. Ronalds, New Market

ST. LUKE SAUBESVILLE

President-----Sammy Rickard
Vice-President-----Wayne Wetzel
Secretary-----Jeanne Wilkins
Treasurer-----Thomas Fravel
Reporter-----Sophie Funkhouser

Leaders: Mrs. William Rickard, Maurertown
Mrs. Edna Walker, Woodstock
Mr. Guy Wetzel, Woodstock



COUNTY ALL-STAR ORGANIZATION

President ----- Kenneth Brill
Vice-President ----- Landon Mumaw
Secretary, Treasurer & Reporter -- Florine Getz

CLUB OBJECTIVES - 1953

1. Have a county recreational meeting during the year.
2. Have judging contests between the club members in local clubs.
3. Each club have a community project and complete a set goal towards it.
4. Have a program committee in each club; work up a definite program for six meetings during the year. (One pertaining to First Aid, Health, or Safety).
5. Have as many members as possible attend the State Short Course.
6. Have at least three members from each club attend the Northern Virginia 4-H Club Camp.
7. Have three meetings of the 4-H Advisory Committee during the year.
8. Have at least three County Council meetings during the year.
9. Have a 100% completed project by November 1st.
10. Have County 4-H Achievement Program.
11. Give outstanding Junior and Senior Clubs an award.
12. Each club observe Rural Life Sunday.
13. Each club member have at least one exhibit at the County Fair.
14. Each club have a booth at the County Fair.
15. Each club strive to increase enrollment over the previous year.
16. Each club observe National 4-H Club Week.
17. Each member have at least one parent attending the Achievement Program.
18. Each club stress honesty in carrying out all phases of 4-H Club work.



SCORE OF POINTS

I. COMPLETION BY NOVEMBER 1ST.

(Points Given)

- 25 Boys project records
- 25 Girls project records
- 10 Secretary's book
- 25 Reporter's book of news articles
- 25 History book; 1st - 20, 2nd - 15, 3rd - 10,
4th - 5
- 25 Community Project; 1st - 20, 2nd - 15, 3rd - 10,
4th - 5.

II. ATTENDANCE RECORD.

- 25 100% of members at each meeting
- 15 100% of members at Achievement Program
- 15 100% parents attending Achievement Program.
- 20 First four club officers at Council meetings
- 5 For each camper attending 4-H Camp (25 points
limit, 5 points per camper)
- 10 For each new member completing a project
- 10 For two club leaders attending all Council
meetings
- 25 For active boys' leader
- 25 For active girls' leader
- 25 For 100% parents attending three club meetings

III. ACTIVITIES OBSERVED.

- 25 Presentation of club program (At 6 Meetings)
- 20 Observing Rural Life Sunday by Clubs
- Entering Contests
 - 20 County entry
 - 15 County winner
 - 10 State entry
 - 5 State winner.
- 25 100% members having individual exhibits at
County Fair

(Points Given)

- 25 Club exhibit at County Fair; 1st - 10,
2nd - 8, 3rd - 6, 4th - 4.
- 25 Display for National 4-H Club Week

IV. CONDUCTING MEETINGS

- 25 According to parliamentary procedure
- 15 Having orderly meeting
- 15 Having organized recreation and programs
- 20 Prompt completion of projects undertaken

NOTES

(revised 1/15/41)

P L E D G E

I pledge my HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service,
My HEALTH to better living,
For my Club, my Community and my Country.

M O T T O

"TO MAKE THE BEST BETTER"

C O L O R S

Green and White

C O U N T Y E X T E N S I O N S T A F F

County Agent - - - - J. Carl Coiner, Woodstock,
PHONE 70

Assistant County Agent - - Richard C. Beck, Woodstock,
PHONE 70

County Home Demonstration Agent - Gladys P. Painter,
Woodstock, PHONE 213

Extension Secretary - - - Peggy H. Hamilton,
Woodstock, PHONE 70

34
72

In August the annual county picnic was held as described elsewhere in report.

For the second year a county 4-H Hand Book was provided for all the members and leaders. It contained the important dates to remember, county council officers, club officers, score of points and objectives. Two different Hand Books were provided to meet the needs and differences of the Junior and Senior Clubs as set up during 1953.

D. COUNTY ALL-STAR CHAPTER

The County 4-H All-Star Chapter strives to foster highest ideals and standards in the 4-H Program. After a careful study an outstanding boy and girl were recommended for membership in the Virginia All-Star Chapter. Janet Boyer of Fort Valley and Ernest Zirkle of New Market were taken into the organization in June.

E. 4-H ADULT ADVISORY COUNCIL

During 1952 a 4-H Adult Advisory Council was organized to help develop and carry out the 4-H Program in line with the general agricultural and homemaking needs of the county. The committee is composed of representatives from business, industry, agriculture, homemaking, education, county government, etc., and helps to strengthen the 4-H Program in the county.

The group became more active during 1953 and made several recommendations for improving local 4-H Clubs and including more county citizens in various phases of the program. Mrs. Warren Richardson of Mt. Jackson served as chairman of the group.

VIII. LEADERSHIP

A. CONTRIBUTIONS OF THE VOLUNTEER LEADERS

1. Organizational Leaders

The members of the County Home Demonstration Committee worked well in planning and carrying out the 1953 program. This is also reflected in the work of the club presidents and goal chairmen. The committees appointed by the county chairman functioned well in promoting the various activities which have been described in this report.

2. Program Development Leaders

Effort was made to train the program development leaders in handling the discussions on program planning in their clubs. The manual which they prepared and used at their spring training meeting was helpful. A survey was made of the county program for the past three years and good use was made of the Outlook Information. Each leader gave a good report at the planning meeting on the needs and interests of her club and community. The follow-up work of program develop-

ment leaders in getting the program presented, revised and adopted has proven very effective.

3. Subject Matter Leaders

The 1953 Home Demonstration Program as planned did not call for as many leaders as was the case in previous years. However the project leaders serving did a much better job in presenting the information. There was a great improvement in the standard of demonstrations given and they made more use of posters, charts and other illustrative material.

4. 4-H Leadership

There has been an increase of 10 adult leaders and 11 junior leaders during 1953. Part of the increase is due to the three newly organized clubs and part to the extra emphasis put in the Home Demonstration Program for providing 4-H Leadership. The older clubs are recognizing more and more the value of the older club girls as leaders for the younger group.

B. GROWTH OF LEADERSHIP

<u>HD CLUB PROJECT LEADERSHIP</u>	<u>1949</u>	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>
No. project leaders (subject matter)	110	136	177	290	219
No. goal chairmen				16	17
No. training meetings held by Specialist	7	7	9	11	6
by Agent	6	5	3	4	3

4-H CLUB PROJECT LEADERSHIP (Contd.)	1949	1950	1951	1952	1953
Attendance at all training meetings	166	200	250	456	235
No. club meetings held by leaders without agent present	88	79	99	116	111
No. additional club meetings at which leaders assisted	40	63	72	85	74

GROWTH OF 4-H CLUB PROJECT LEADERSHIP	1949	1950	1951	1952	1953
No. adult project leaders	9	11	13	23	33
No. junior project leaders	8	9	8	4	15
No. training meetings held by the specialist	1	3	3	0	0
by the Agent	6	7	13	8	8
*Attendance at leader training meeting	17	38	101	75	94
No. 4-H leaders trained individually	16	21	23	6	3
No. club meetings held by leader without agent present	38	27	38	43	54
No. additional club meetings at which leaders assisted	20	31	23	32	73
No. demonstrations given by leaders					
by adults	40	47	49	117	120
by juniors	10	13	6	17	43

C. OUTSTANDING LEADER

The outstanding leader during 1953 has been Mrs.

Ernest L. Boyer, leader of the Fort Valley 4-H Club. She has worked with this group since it was organized about seven years ago.

She always works with the girls at club meetings and has special meetings for them in her home. Whenever there is a county meeting Mrs. Boyer always brings a carload.

The agent feels that one thing in particular speaks well for Mrs. Boyer during 1953. Seven of her club girls entered county contests held in Woodstock on September 26. Of this number six were named as county winners to enter the area contest at Winchester. She had worked carefully with the girls and they

34
72

made an outstanding impression on the other leaders at the county contest.

Of the county awards given at the 1953 Achievement Program five went to girls in the Fort Valley Club. The highlight of the year was the announcement that the Fort Valley Club had been chosen as the champion Senior Club. Behind all of their accomplishments stood Mrs. Boyer ready to assist and "push" when necessary.

IX. WORK IN COOPERATION WITH OTHER AGENCIES

The agent has had excellent cooperation with the home economics teachers of the county. The agent has served as judge for three school fairs, talked to home economics clubs and given demonstrations to the home economics teachers' group. For the county contest and on a few other occasions the agent has used the local home economics department. The agent also sought assistance from the teachers when holding various activities.

The owner of the local flower shop conducted a leader training meeting for the home demonstration program. The local newspapers have been most cooperative and the Extension Program has received good publicity.

The agent cooperated with the County Executive Secretary for the Red Cross and the Secretary for the Tuberculosis Association as well as the Department of Public Welfare.

Other groups with which the agent worked include the agricultural agencies, ministerial association, garden clubs and women's clubs.

X. APPRAISAL OF THE YEAR'S WORK

Possibly the most obvious growth in the program in 1953 was in the 4-H Program. The clubs grew from 11 to 14 in number with an increase in membership from 137 to 202. The adult leaders increased from 23 to 33. The women took a very definite interest in the 4-H Program and helped to organize the three clubs in sections at that time unreachd. The 4-H coordinator provided for in the adult clubs helped in developing the 4-H Program and bringing the enrollment up.

Eventhough the leaders in the home demonstration program did not increase in number the agent feels that the quality of these leaders was better. They were much more careful in presenting interesting and factual demonstrations, making use of charts, posters and other illustrative materials. The Organizational leaders conducted good meetings and took interest in following parliamentary procedure.

The Federation Goal on "Citizenship" was a highlight of the years. The women really became better-informed citizens with 101 participating in the educational tours. They also continued to study county government and attend court.

34
72

1953 has been a good year in the Home Demonstration
Program and the women are preparing for 1954 with great anticipation.