

The Home Demonstration Program will need some study towards improving the subject matter demonstrations put on by the local leaders. In other words the specialists will need to provide more charts that can be retated from one county to another.

The Shenandoah County Extension Goal will be to try to work more with the unorganized groups to help educate the public on the services rendered by the Extension Program.

3. Elected Representatives

The Home Agent always invites the county officials by letter to the County Achievement Day Program of both the Home Demonstration and 4-H Clubs. They are also invited to any other outstanding program or events.

4. Commercial Interests

The key leaders in business are informed of the county events and fifty of these were invited to attend the 4-H Club meetings in their community. Thirty-five attended these meetings and seem well pleased with the growth and organization of the 4-H Clubs.

5. Other Professional Workers

The Home Agent cooperates with professional workers in the county and tries to keep them informed on the Extension Program.

C. Professional Improvement

1. Attended the District and State American Home Economics Meeting.
2. I have read books and magazines to help develop a better program in the county.
3. Have taken part in church activities and civic organizations, have given six talks to different organizations on "Extension Program".
4. Studied the county background as to the population, income, people, resources and other characteristics.
5. Attended professional meetings.
6. Attended Agent's Workshop meetings.

VII. THE LOOK AHEAD

In order to maintain the interest of the older members in 4-H Club, as well as keep the enthusiasm aroused by the young members, the Shamando Extension Agents are trying three methods of teaching at the project meetings where as more members will be participating, plus the addition of the new projects offered by the 4-H Club Department.

The Shamando Extension Agents are working towards organizing a 4-H Club in the Strasburg Elementary School, and looking forward to having a Community Club in the future.

The Home Demonstration Club Program in Shamando County will need to put more emphasis towards the young homemakers, as over 50 percent of the members are within this group.

Mrs. Williams lost her mother at an early childhood age, married when she was 17, therefore, she knows neither about household duties, as her father married again, and her step-mother was unkind to her. Mrs. Williams had no one to go to for advice until five years ago when she joined the Junior Home Demonstration Club where she learned to have confidence in herself. She learned through Extension Program to plan and shop with food list. She says this alone has saved them money. She makes all her wines from the master mix, plants a garden, preserves and cures vegetables, painted the interior of house, and as stated above makes her family's clothes and made all draperies and curtains for the house.

Mrs. Williams was very timid and shy, but now she is president of her club with twenty-five active members, and teaches Sunday School at her church. So with determination and willingness to serve any young couple can get ahead in the Extension Program if they take advantage of the opportunities offered.

Mrs. Williams' husband was against Extension at first, but now he is 100 percent for the program. She is a wonderful person to work with, always ready and willing to take advice and an excellent mother.

VI. SPECIAL CONSIDERATION

A. Significant Achievement

The long time objective for improving the working conditions of the homemaker by making recommendations for changes in the kitchen is to save time and energy by locating the work areas close to major appliances. To cause less fatigue by the homemaker the group is working on another objective, to improve the lighting condition in the kitchen, however, the surface has only been scratched, as several kitchens have been light conditioned according to specifications.

B. Developing Good Public Relations

1. Co-workers

The County Agent, Assistant County Agent and Home Agent cooperate well together on any problem or program in the county. The Home Agent always goes to the County Agent for advice on any county problem. The agents in Shamrock County always travel together to all meetings, out of the county meetings and other Extension meetings.

2. General Public

The general public was informed of county events by circular letters, newspaper articles and radio broadcasts.

2. Home Demonstration Club Leadership

	1956	1957	1958	1959	1960
No. organizational leaders	64	64	64	72	72
No. present leaders (subject matter)	144	165	178	204	204
No. Federation Program of Work Chairmen	16	16	16	17	17
No. program development leaders	16	16	16	17	17
No. result demonstrators	12	20	18	14	12
No. training meetings by specialists	8	2	6	3	2
No. training meetings by Dist. Agents	-	-	-	-	-
No. training meetings by agents	3	3	3	4	3
No. training meetings by others	1	2	1	1	1
Attendance at all training meetings	232	149	243	246	249
No. meetings held without an agent	110	94	97	109	111
No. meetings leaders assisted	82	90	95	100	105
Demonstrations by leaders	110	94	97	109	111
Talks and discussions by leaders	158	186	190	180	165

3. L-N Club Leadership

	1956	1957	1958	1959	1960
No. Club Officers	96	114	114	122	80
No. adult project leaders	23	37	35	51	43
No. junior project leaders	16	22	25	33	20
No. result demonstrators	5	6	4	2	-
No. training meetings by specialists	-	-	-	-	-
No. training meetings by dist. agents	-	-	-	-	-
No. training meetings by agent	6	4	2	4	2
No. training meetings by members club devt.	-	-	-	-	-
No. training meetings by others	-	-	-	-	3
Total attendance atldr. tr. meetings	10	36	36	48	32
Total L-N leaders trained individually	66	70	80	96	104
No. club wks. held byldr. without agent	51	49	71	55	85
No. additional meetings at which leaders assisted	39	66	70	88	90
No. demonstrations given by adult leaders	21	19	10	12	10
No. demonstrations given by junior leaders	63	85	96	105	115

B. Activities and Accomplishments of an Individual Family

Mrs. Marvin Wilkins is the wife of a barber in Woodstock, Va., and mother of two alert girls, ages 6 and 10.

Extension has assisted Mrs. Wilkins with budgeting, landscaping and many hours on clothing construction, as now she makes the complete outfits for her daughters and herself. The family always looks well groomed, as she is an excellent shopper and watches for sales as they live on a budget. No, she is not a mother employed outside the home, as her argument is you save more in long run by sharing love with your children and ~~save~~ she saves at least one-half or more by making clothes for the children and herself.

IV. SCOPE OF WORK

A.

	1926	1927	1928	1929	1930
No. H. D. Clubs	16	16	16	17	17
Membership	396	451	461	465	470
No. H. D. Groups *(unorganized)	-	-	-	-	-
Membership	-	-	-	-	-
No. A. W. Clubs	16	19	19	17	16
Membership	210	249	238	228	136
No. W. W. Clubs	2	3	3	4	4
Membership	45	61	45	60	65
No. Community Clubs		Unorganized			
Membership					
No. Home Ec. Committees	-	-	1	4	4
No. General Interest Committees	-	-	1	5	5
No. Youth Committees	-	-	1	16	16
No. Other Organizations	4	4	2	6	4
No. Farm & Home Dev. Families	4	4	4	5	4
No. Other Families Reached	908	820	1732	1800	1812
No. Different Families Reached	-	350	400	425	450

B. Publicity of Home Demonstration Work

The club publicity chairman from each club writes a very complete news article on the monthly meeting topic and submits it to the local newspapers. The Home Agent's schedule is published weekly in the paper giving demonstration topic, time, place, date and hostesses. These schedules are announced over the local radio stations, Mt. Jackson and Harrisonburg.

Members of the Board of Supervisors and other county officials are invited to all county-wide activities and programs.

Using the radio for special events, newspaper reports and photography for county activities makes for very good publicity.

V. LEADERSHIP

A. Growth of Leadership

1. Over-all Program Leaders

	1926	1929	1930
a. County Agricultural Extension Service Board	10	10	10
b. Youth Council	5	5	22
c. Home Economics Council	5	5	5

6. Share the Fun Contest

The annual Shenandoah County Share the Fun Program was held at Central High School on April 27th. An estimated crowd of 300 people were entertained by six Junior acts and seven Senior acts.

Junior winners were: St. Luke-Summersville - Blue (scholarship to LHI Camp); Neems Valley - Red, and Wesley Chapel - White.

Senior winners were: New Market - Blue (trip to State Short Course); Neems Valley and Wesley Chapel - 1/2 for Red; and Port Valley - White.

7. National LHI Club Week

In observing National LHI Club Week all LHI Clubs had window displays featuring different phases of the LHI Club Program.

Three newspaper articles were written and published in the local newspaper on county and state LHI club work.

The Junior LHI Clubs observed National LHI Club Week by having displays in their schools.

8. Contests

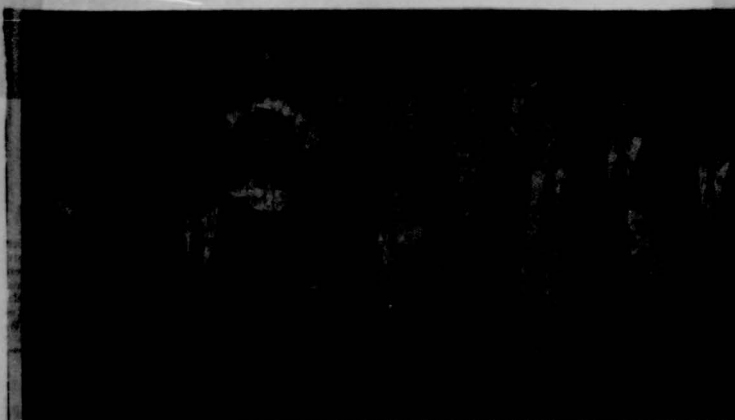
Shenandoah County was proud of the accomplishments achieved at Virginia State Short Course in June 1960 at V. J. I., with the following girls receiving awards:

Demonstrations:

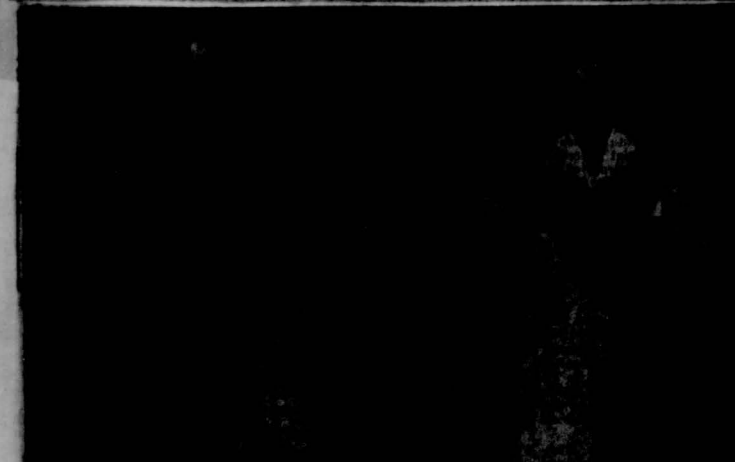
1. Style Dress Parade - Ann Renaldi, New Market LHI Club - Modeling street dress - State Winner.
2. Poultry Consumption - Marlene Renaldi, New Market LHI Club - Children's-La-Ring - White award.
Chickens-La-Ring - White award.
3. Jean Clark, Neems Valley LHI Club - Share the Fun Contest.

Achievement Records:

1. Marlene Renaldi, Red - Recreation
2. Gloria Myers, Blue - Poultry
3. Anna Mae Swartz, Blue - Clothing Achievement
4. Jane Rea, Red - Bread
5. Ann Renaldi, Blue - Leadership
6. Donna Larrick, Red - Home Beautification
7. Nancy Stehardsen, Blue - Home Economics



GOVERNOR, president, receives the first Dale Blaser, Southern Shenandoah County
 the Christian Wesley Valley Senior 4-B Club at the Achievement Night program. 1st
 (l to r) Dale Blaser, Charles Gochmanor, Mary Sue Pifer, sang leader; Mary Jane Ryman, sang leader;
 Barbara Clark, percussion/leader; Barbara Clark, sang leader. 2nd row (l to r): Jean Holt, secretary,
 Wayne Brown, reporter, Bill Pifer, treasurer. 3rd row (l to r): Mrs.
 Donna Bowers, leader, Mrs. Gay Clark, leader, Dennis Bowers, Sgt.-at-Arms, Ford Pifer, leader. 4th
 row (l to r): Mrs. Weldon Miller, leader, Jacob Gochmanor, leader, Ernest Ryman, leader, Neva Han, leader.
 Photo by Woodstock Photo Shop.



SARLIN WETZEL, Shenandoah County Home Demonstration Agent, presents a check to
 Columbia Parade Junior 4-B Club. 1st row (l to r): Miss Wetzel, Nancy [?], [?]
 Sharon Wetzel, sang leader, Brenda Yarn, sang leader. 2nd row (l to r): [?]
 [?], Steven Wetzel, reporter, Thelma Funchouser, secretary, Miss Fox, [?].
 Photo by Woodstock Photo Shop.

Adult Leaders were: Mrs. Alcee Fuswell, Mrs. Myra Purfener, Mrs. Henry Sanders - Fauquier County, and Mrs. Harry Tubough - Rockingham. Junior Leaders were: Cherrill Kline - Rockingham County and Anna Mae Swartz and Jerry Hiner - Shenandoah County.

3. Rural Life Sunday

The 4th Clubs in Shenandoah County pay their tribute to God by the Senior Clubs attending church in a body. Due to the distance the Junior Clubs attend their own local Sunday School or Church. Each year a high percent of the boys and girls attend church on this designated Sunday. The members take part in the service by serving as ushers, reading the scripture, or by having special music. Some of the clubs meet with the minister and assist in making out the bulletin.

4. Shenandoah County Fair

Three-fourths of the Senior 4th Clubs make individual entries at the County Fair. Six Senior 4th Clubs displayed education exhibits. Each of these showed high standards of workmanship and much time and thought was put forth to make these booths attractive. New Market 4th Club had 100 percent of the members making individual entries. The following clubs received awards on their educational booths: Mass Valley - Blue, St. Luke-Summitville - Red, and Wesley Chapel - White. Although the remaining three did not place, each club received \$27.00 for their booth.

5. Achievement Day

The 4th Achievement Program is the highlight of the year's club program where parents, friends and 4th club members meet in the Central High School at Woodstock to watch members participate before an audience of 450 and receive recognition for club activities and members receiving medals for achievements accomplishments throughout the club year.

Each Senior Club has a specific part to play on the program, as it was planned at a previous county council meeting with the following clubs volunteering: New Market - Umpire; St. Luke-Summitville and Fort Valley - Arrangement--set up chairs before meeting and take down after meeting, set up and decorate stage, have flower arrangements; Mass Valley and Massmittan - Entertainment--secure a speaker; Hudsons Cross Roads and Wesley Chapel - Refreshments--make the punch, arranged sandwiches and cookies brought in by club members.

The highlight of the meeting was the presenting of the cup to Champion Senior and Junior Clubs that had done outstanding work throughout the year based on the Score of Points. Wesley Chapel had the highest score with 56, Lake-Summitville placing second. Junior Clubs -- Columbia Furnace placing first and Fort Valley placing second.

New Market L-N Club showed their appreciation to the community by purchasing twenty-five hymn books for the church where they hold their monthly meetings.

St. Luke-Saundersville L-N Club did the following things for their community projects: Clothes for Care, Helping at Hospital, Cutting weeds at the corners of turns, Singing carols and visiting the two nursing homes in Woodstock at Christmas.

Fert Valley L-N Club members took an active part in cleaning up the community center. They also solicited for the Blood Mobile in Woodstock.

Massanutten L-N Club planted broom corn and some of the proceeds after making and selling brooms were given to Shenandoah County Memorial Hospital Fund. They also bought religious napkins to be used on patients plates for different holidays.

Moore Valley L-N Club continued the special landscaping fund for the Stonewall-Jackson High School. They also contributed to the Cancer, Red Cross, Religious Education and Police Funds. They sold Dogwood buttons for the Firemans Relief.

2. L-N Camp

One hundred fifty-five L-N members and leaders from Shenandoah, Rockingham and Fauquier Counties finished a busy week of camping and instruction at Powell's Fort Organization Camp on August 20th.

A typical day started at 6:45 a.m. with breakfast at 7:30 followed by clean-up duties until 8:30 when an assembly was held. Morning classes start at 8:50. Lunch is served at 12:15 p.m. followed by a post-cow at 1:00 and a rest period from 1:50 to 2:35. Afternoons are devoted to swimming and other sports. Dinner is served at 6:00 p.m. Veepers services are held at 7:00 with an evening campfire from 7:30 to 9:30. Lights are out and all lies quiet at 10:30. The youngsters don't need anybody to rock them to sleep after such a day.

Nature study, out-door cookery, spatter painting and safety classes are among the most popular of the classes.

Dale L. Blaser, Assistant County Agent in Shenandoah County was the Camp Director, assisted by Bob Tudor and Miss Kathleen Wampler of Fauquier County. The Camp Staff was composed of Miss Sallie Wetsel, Shenandoah County - Dietician; Carrell Keys - Recreation; Miss Jane Norman - Lifeguard; Mrs. Doris Whitcomb, Rockingham - Crafts; Mrs. L. N. Burdette, Rockingham - Nurse; Miss Kathleen Wampler - Veepers; Bob Tudor, Fauquier - Veepers; Harry Tubough, Rockingham - Athletics; W. H. Porter, V.P.I. - Minerals and Soils; W. A. McElfresh, V.P.I. - Nature Study; and Pope - Safety.

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Fort Valley L-N Club members took an active part in cleaning up the community center. They also solicited for the Blood Mobile in Woodstock.

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1. Clothing

Fifty-three girls completed the clothing project by applying the basic fundamental principles in clothing construction, such as matching plaids, laying pattern correctly on material, correct seam width, how to put in a zipper and hem, how to put on a shirt band, directional stitching and press as you sew. These club members made 126 garments.

2. Food and Nutrition

Meal Planning, Preparation and Service has always been an important project for the girls because every girl likes to make something, usually starting with cookies or candy, then branching out into the field by preparing more complicated foods. Surprisingly, a large majority of these girls plan and prepare the original meal because of their mothers being employed outside the home.

Seventy-nine enrolled in this project and seventy-three completed. Therefore, as a result of this project the following products were prepared by the members: 1,123 dishes and 2,116 meals served.

Ten Girl Club girls planned for the future food supply for the members of their families. As a result of these girls practicing the recommended method of food preservation in both canning and freezing, over 15,000 quarts and packages of canned and frozen foods were prepared by the members.

3. Home Management

Thirty-five Girl girls acted as little housekeepers for their mothers by selecting this project. They did the daily errands, such as washing dishes, cleaning, dusting and making beds.

C. Other Activities

1. Community Projects

Wesley Chapel Girl Club members painted mail boxes and sold litter bags to keep in cars so that the trash could be collected and not thrown out car windows to spoil the appearance of the community.

The money received from selling litter bags was used for buying three First Aid Kits for the Central High School. These kits will be used in the Physical Education Classes, in the Clinic, and one will be taken to games and activities of the school. This club also remembered the folks who are unable to see God's beautiful world at special holidays by fixing each patient a plate of food consisting of candy, fruit, cookies and a card from the club.

1. Encourage more and better livestock for the County Fair. Special emphasis on more hogs and sheep. Also the quality should be improved. Suggest that a date six months prior to the fair be set for fat hog entries.
2. Suggest that an award of some kind (such as a trip to Lull Camp) be given to the winner of the Junior Show the Fair Program. This matter was referred to the County Lull Council for action.
3. More emphasis and time should be spent on judging in the local clubs. The adult leaders may help in this work and conduct tours between clubs.
4. Suggest the continuance of the county Lull recreational events, other organizations.
5. Encourage more demonstrations by Lull Club members to civic and other organizations.
6. Suggest that we have leader training meeting and get help from V.F.I.
7. Have meeting for leaders once or twice a year.

B. Lull Project Work

One hundred and thirty-five Senior Lull Club members carried 238 projects. From this number 126 members completed 216 projects, with New Market and St. Lobs-Sumsville Senior Clubs having 100 percent project completion.

Thirty-two Junior Lull Club members that met one hour each month in the grade schools carried the following projects: Two of these clubs carried local preservation and Service, and one club selected So You'd Like to Sew. Thirty-two Junior girls completed their projects with 100 percent project completion in all three schools. The girls taking meal planning studied the importance of eating a good breakfast before going to school, then each one prepared breakfast for two weekends. They learned the basic principles of how to measure, read and follow a recipe, identified 10 kitchen utensils, make ice cream cone Christmas Pop-corn trees, and French doughnuts. They studied table manners and how to set the table correctly. Each girl gave a short demonstration in April on the project.

The fourteen Junior Lull Club members enrolled in So You'd Like to Sew came to each project meeting with their equipped sewing boxes ready to cut and thread a needle to make something. These energetic little girls made a wrist pin cushion, pot holder, patch bag in shape of pillow, needle case, and the last meeting was devoted to learning to use the sewing machine correctly. These fourteen girls completed their project and had a display at the April meeting. Ribbons were awarded to those who earned an award.

4. County All Stars

Fifty-five members belong to the Shenandoah County All Star Organization. All Stars are selected by their past accomplishments in All Club work for a life time role of guidance and support of All Club work to other generations of All'sers in their efforts.

For the first time in history two boys and two girls from Shenandoah County were taken into the State All Star Chapter. Their names are: Landon Veksal - St. Luke-Summerville Club, Warren Zepke - New Market Club, Anna Mae Swartz - St. Luke-Summerville Club, and Ann Fernalds - New Market Club. Since Robey McDavies, the first All Club member from Shenandoah County to become an All Star, was taken into the State Chapter in 1930, twenty-six girls and twenty-nine boys have received the highest honor to be bestowed upon a All Club member.

The County All Star Chapter held an organization meeting for 1960 and elected the following officers: Chief - Mrs. Bertha Hillery; Treasurer - Landon Munnay; Sorthe - Mrs. Anna Mae Walker; Treasurer - Mrs. Florine Getts; and Reporter - Evelyn Walker.

The following objectives and accomplishments were achieved during the year:

1. Present an award cup to the Champion Junior All Club and award Plaques to the Champion Junior All Club. The All Stars Organization financed and presented these awards.
2. Provide leadership and support of the All Program as the duty of each All Star member. The approximate twenty active All Stars have assisted in many ways, including, serving as adult leaders, All committee members and representatives on Youth Councils.
3. Have County All Star Organization represented at District All All Star Key Award Banquet held at Foreall's Port Organizational Camp.

The County Extension Staff assist the All Star group by setting up meeting places and dates, serving as advisors, handle correspondence and help coordinate the objectives with the All adult leaders group.

5. County All Leaders Association

The County All Leaders Association under the direction of Mrs. Roger Hochman, Chairman, met and set up the following suggestions to be obtained for the following year to help strengthen the All Club Program through the Leaders Association:

Points		Fort Valley	Hudsons Cross Roads	Massa- nuttan	Meems Valley	New Market	St. Luke- Samsville	Mesley Chapel
50	Boys Project Records	50	50	40	44	47	44	50
50	Girls Project Records	36	26	50	46	50	50	46
25	Secretary's Book	23	23	23	24	23	24	25
25	Reporter's Book	25	0	20	5	22	19	25
25	History Book	25	25	25	40	25	30	35
25	Community Project	25	25	25	25	30	35	40
50	100% members at each mtg. 4 officers & 2 leaders	43	39	45	39	40	40	42
25	at Council Meetings	25	20	20	25	25	25	25
8	Each 4-H Camper (24 points limit)	24	24	24	24	24	24	24
20	Active enrollment of 10 boys and 10 girls	10	0	20	20	20	20	20
5	Each new member completing a project (25 limit)	10	5	25	25	20	25 *	25
10	For active boys leader	10	10	10	10	10	10	10
10	For active girls leader	10	10	10	10	10	10	10
25	Community Night with at least 5 guests	25	25	25	25	25	25	25
30	Presentation of club program (6 meetings)	30	30	30	30	30	30	30
50	Entering Contests (50 points limit)	50	20	50	50	50	50	50
25	100% members having indi- vidual exhibits at Co. Fair	23	15	11	24	25	19	25
25	Club exhibits at Co. Fair	0	25	25	40	25	35	30
25	Display for National 4-H Club Week	25	25	25	25	25	25	25
25	Observing Rural Life Sunday by clubs	25	25	25	25	25	25	25
20	Each Jr. & Sr. entry in Share the Fun Program	10	10	20	20	20	20	20
50	Having 10 demonstrations during the year	50	50	40	50	50	50	50
25	For exchanging demons. between 4-H Club, H.D. or Civic groups (5 each)	20	0	25	25	0	25	25
25	Clubs making financial contribution to Co. Treas.	20	0	25	25	25	25	25
30	Presentation of Radio Program (15 each)	15	0	0	30	30	30	30
25	Having and using Monthly Program Calendar	25	23	25	25	25	25	25
25	According to Parliamentary Procedure	23	21	20	24	23	25	23
25	Having orderly meetings	24	24	22	24	23	25	21
25	Having organized recre- ation and programs	24	24	24	25	24	25	24
50	100% members & parents at Achievement Program	25	16	32	29	37	33	41
	TOTAL SCORE	730	590	671	833	808	848	871
	PLACING	5	7	6	3	4	2	1

21. Strive for better club relations throughout the county. (Joint recreation activities, etc.)
22. Recognize members who have attended 100% of L-M Club meetings.
23. New members must attend three months regularly before added to roll.

b. Junior L-M Club Score of Points and Objectives

Listed below are the Score of Points and Objectives adopted for the Junior L-M Clubs.

Score of Points:

1. Completed and turned into the Extension Agents at the April club meeting.

Points given --

- 25 Girls Project Record Books
- 25 Boys Project Record Books
- 10 Secretaries Minute Book
- 10 Reporters Clippings

2. Activities

- 25 Have 100 percent members attending Church on Rural Life Sunday
- 20 Have organized program at three club meetings
- 20 Observe National L-M Club Week
- 25 Have six demonstrations during the year

3. Conducting Meeting

- 25 According to proper parliamentary procedure (L-M Pledge and Song)
- 25 Having orderly meetings
- 25 Having 100 percent attendance at club meetings

Objectives:

1. Observe Rural Life Sunday.
2. Observe National L-M Club Week.
3. Have 100 percent of members completing projects by April club meeting.
4. Stress honesty in carrying out all phases of L-M Club work.
5. Each club member strive to review exhibits at the County Fair.
6. Have club well represented at each County L-M Club event.
7. Have at least two members attend the Northern Virginia L-M Club Camp in August.

c. Score of Points

A copy of the 1960 Score of Points is enclosed on the following page of this report showing each of the Senior Club's total score.

Club Objectives: Warren Zirkle, Chairman, and all club presidents

County Events: Ann Reynolds, Chairman, all song leaders and recreational leaders

Each of these groups were given forty-five minutes and then they reported back to the entire group, where the reports were adopted. The reports were combined in a handbook and given to each club member at the January meeting.

a. 4-H Club Objectives

Listed below are the 1960 4-H Club Objectives adopted at the December, 1959 County Council Meeting.

1. Have projects completed by October 1st.
2. Each club have at least one Community Project completed and reported by November 1st.
3. Have County 4-H Achievement Program.
4. Each member attend and have at least one parent attend the Achievement Program.
5. Give outstanding Junior and Senior Clubs an award.
6. Have at least two County Council Meetings during the year.
7. Have at least three members from each club attend the Northern Virginia 4-H Club Camp. More may be sent if the quota is not filled.
8. Have County Leader Recognition Program.
9. Each club strive to increase enrollment over the previous year.
10. Have at least one Community Night.
11. Have a program committee in each club; work up a definite program for six meetings during the year.
12. Meet our allotted quota of membership and encourage members to participate in events that will lead to attendance at 5000s Short Course.
13. Have judging contest between the club members in local clubs.
14. 100% club members have at least one exhibit at the County Fair (each member must prepare his own exhibit).
15. Each club have a booth at the County Fair if room is available and booth must be decorated by members only.
16. 100% membership of each club observe National 4-H Club Week and Rural Life Sunday.
17. Have a County Share the Fun Program. (Announce points to be judged for winner)
18. Have the County 4-H Club Picnic, and other recreational programs.
19. Encourage more individual demonstrations at club meetings, and before civic groups. (at least 4, 2 boys and 2 girls)
20. Each club stress honesty in carrying out all phases of 4-H Club work.

This committee has proposed a number of good suggestions. Many of these have been carried throughout the year and will be reported under various 4-H activities. On over-all coordination of the youth program will be much easier with committee activities working as a guide to the groups. Also officers of the committee may represent the Youth Council on the County Agriculture Extension Board when organized.

3. County 4-H Council

The County Council is composed of the officers and leaders from each Sender organized 4-H Club in the county.

The function of the organization is to plan and carry out all the county-wide activities. The county committee sets up objectives and a point system by which the Sender Clubs are determined the Champion Club of the group.

The Junior Clubs have a limited Scope of Points, because they meet in the grade schools. This committee also plan county recreation, such as - County Picnic - date, place and theme; County Dance, and County Achievement Program.

Ann Renolds, New Market 4-H Club, was elected President of the County 4-H Club Council in December, 1959. The following officers were elected to serve with her for the year 1960:

1st Vice President - Bill Goshenour, 84, Lake-Summitville
2nd Vice President - Jerry Hiner, Meigs Valley
Secretary - Anna Mae Swartz, 84, Lake-Summitville
Assistant Secretary - Jean Kuts, Wesley Chapel
Treasurer - Mrs. Florine F. Gats, 4-H All Star
Reporter - Nancy Grombkecker, Fort Valley
Assistant Reporter - Sandra Palmer, Harboreg
Recreation Leader - Donna Seger, Redsona Cross Roads
Assistant Recreation Leader - Patsy Ham, Massanutten
Song Leader - Susan Reber, Meigs Valley
Assistant Song Leader - Harlene Renolds, New Market
Advisors - Mrs. Evelyn Walker, 84, Lake-Summitville, and Mr. Ernest Ryan, Wesley Chapel.

Bill Wetzel, President for 1958-59, presided over the organizational planning meeting for the approaching year. He divided the members into the following working committees:

Continuing lists of county officers: Bill Wetzel, Chairman
Scare of Points: Jerry Hiner, Chairman, and all club vice-presidents and secretaries

serve, they are as follows: President - Kenneth Brill, Vice President - Ford Pifer, and Secretary - Mrs. Ivan Rindon.

These county groups are responsible for planning county programs and events. Local LMF clubs and individuals throughout the county are still very basic and function with objectives, goals and programs as set by the local clubs.

Some of the suggestions that the Youth Council have offered for the improvement of the LMF Club Program are as follows:

1. To increase the enrollment of each club to fifteen boys and fifteen girls.
2. Increase the average tenure of each LMF Club member.
3. To locally organize a satisfactory LMF Club Leader Training Program.
4. To further develop the opportunities of the LMF Club members at the Shenandoah County Fair.
5. Establish a new Senior LMF Club at the north end of Shenandoah County.
6. Create more immediate opportunity for the younger LMF Club members in the way of awards and contests.

Our County Youth Council is centered entirely around our LMF Club Program and is divided into three groups, namely: 1. County LMF Leaders; 2. County LMF All Star Chapters; and 3. County LMF Club Council.

2. Youth Committee

This group consisting of officers of the LMF Council, Adult Leaders, and All Stars was organized as a standing committee and meet at each Council Meeting. The meeting was devoted to organization, selection of officers and suggested recommendations and objectives. An explanation was given as to the purpose and relation to the overall youth and agricultural extension program.

Some suggestions during the year were: (1) Encourage more recreational activities in the LMF Program. (2) Have LMF Livestock Sale at the conclusion of the County Fair. (3) Encourage different clubs to have joint activities (clubs are familiar with activities of other clubs). (4) Suggest all County Agricultural offices be located in one building. (5) Encourage more boys and girls to raise more Livestock for exhibits at County Fair. (6) Have more competition in judging teams, and (7) Suggest LMF Welcome Signs be erected on Highway.

Books/Book	Family Information on Mince
Edinburgh, Jr.	Fauna and Insectlar Fishes
Mr. Jackson, Jr.	Study Lighting
Woolfson, Jr.	Christmas in a Can
Summerville-Alvisey, Jr. ...	Table Arrangement for Four Seasons

of the Year

These educational booths were not judged, but the Fair Association pays each club \$7.50 for putting up a booth, but each one must meet certain specifications and maintain high standards of workmanship. Too, each club has to display a different subject that has been in the program from September to September.

6. Judging for Special Events

The Home Demonstration Club members were asked to judge at the following fairs: Frederick County - Mrs. V. E. Davis and Mrs. Edgar Crabill; Clarke County - Mrs. E. E. Golladay, Mrs. Berlin Fleming, Mrs. Walter Mann, Mrs. John R. Irwin, Mrs. Sllie Evans and Miss Anna Mae Burckaj; Warren County - Mrs. E. E. Golladay, Mrs. John R. Irwin, Mrs. Russell Hador, Mrs. Berlin Fleming, Mrs. Braden Fleming, Miss Anna Mae Burckaj, Miss Jo Ann Clark, Mrs. Edgar Crabill and Mrs. V. E. Davis.

Several assisted with the following: County 4-H Contest, Club and County 4-H Share the Fun Contest, and other activities.

7. State Federation Meeting

Shenandoah County was well pleased by the following attending the Institute of Rural Affairs: Mrs. Berlin Fleming, Summersville-Alvisey, Mrs. Braden Fleming, Mrs. Fred Peer, Mrs. Clinton Reynolds, and Mrs. Frank Wood - Summersville-Alvisey; Mrs. Robert Peer and Mrs. Beva Stromblaw - Central; Mrs. C. R. Oswaldstaff and Mrs. E. L. Boyer - Fort Valley; Miss Alice Dullinger and Mrs. Gertrude Dullinger - Condoctilley; Mrs. V. V. Maddall - Tomn Prook-Mt. Olive; Mrs. V. E. Davis - Edinburg; Mrs. Braden Miller - Mt. Jackson, and three visitors.

III. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

1. County Youth Council

The youth of Shenandoah County has been organized into three groups: 1. The County 4-H Club Adult Leaders; 2. The 4-H All Star Chapter; and 3. The 4-H Club County Council. Officers have been selected to

Four packages of relative made in carrot and pineapple salad, one dozen rolls, one sheet cake - food, one head of lettuce, one pint cucumber pickle, one large bag of potato chips. Several individual clubs were asked to bring coffee cream, instant coffee and salad dressing. The menu consisted of the following and sold for 75 cents:

Ham
Carrot and Pineapple Salad on Lettuce
Potato Chips Rolls Pickles
Sheet Cake Ice Cream
Coffee

Each club president gave a report on their community project. The club with the highest percent of membership present received \$5.00. Summerville-Fairview Senior received this recognition for having 80 percent of their members present.

The County Home Demonstration Agent gave a summary report of the outstanding accomplishments achieved by the club members. Then colored slides were shown on the observance of National Home Demonstration Week, on Federation Program of Work, and Fair exhibits. This proved quite successful because of personal interest in each club.

The afternoon was devoted to the guest speaker, Mr. John Marsh, followed by the installation of club officers.

5. Shermanoak County Fair

The Shermanoak County Fair was held during the week of August 29 to September 3rd. Two hundred and fifty exhibits were displayed by the Home Demonstration Club members.

Sixteen of the seventeen Home Demonstration Clubs had educational booths exhibited:

Central	Central Service for Community
Centerville	Candle Making for all occasions
Edinburgh	Safety in the Home
Fishers Hill	Clothing Label Law
Hudsons Cross Roads	Health for Better Living
Mr. Jackson	Farm Safety
Mr. Zilon	Commentary Cheer Bureau
New Knoxville	Dried Flower Arrangements
Summerville-Fairview	Good and Bad Buds in Furniture
Summerville	Flower Arrangements
Tom Brook-Mt. Olive	Germination of Seeds and Flower Borders

SHEN ...

Mr. ...

1942 A.D.

MEMBER CALLED TO ...

MEMBER

MEMBER ...

MEMBER ...

MEMBER ...

MEMBER ...

MEMBER OF COURT OFFICERS

MEMBER AND INSTRUCTOR OF ...

MEMBER ... VISIT TO ...

MEMBER ...

MEMBER ... Military Academy

MEMBER ...

MEMBER ...

MEMBER ...



MEMBER ...

All 17 clubs contributed food for the lunch.

Lunch served by ... Central Home Economic Circle ...

Concert given by ...

Lunch tickets sold by ...

Arrangements ...

Have ... Our ...

MEMBER ...

Active member ...

Active member ...

Active member ...

Active member ...

Active member ...

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COOPERATIVE EXTENSION
 HOME
 DEMONSTRATION
 WORK
 SERVICE

HOME DEMONSTRATION CLUB

ACHIEVEMENT DAY



... ..

Madison, Virginia
 December 1st, 1940
 10:00 A.M.

... ..

Fishers Hill and Baumsville - Each of these clubs had an afternoon tea where sixty-three members and guests were in attendance. Coffee and punch were served with each member bringing dairy products and cookies. The charter members presided at the punch bowl and coffee. Members brought lovely flower arrangements and speeches for the commensation please to file in with the County Program of Work, Home and Community Beautification.

New Market and Mt. Zion - These clubs entertained fifty-three guests and members to a covered dish dinner with the menu consisting of food the members had learned to prepare through the years in Home Demonstration Club work. The meeting was concluded by the home agent showing slides on Home and Community Beautification.

The remaining of the clubs invited guests and interested non-members to their Local Home Demonstration Club meetings, where the food leaders gave demonstrations on "Fabulous Frozen Desserts or Making Homemade Ice Cream". These clubs had an attendance of 247 members and guests.

Approximately twenty-five new members were added to the Home Demonstration Club roll.

Each of the club events were written in the paper. The TV Programs were outlined in the newspaper before the presentation. Several articles had pictures of the event.

4. Achievement Program

To highlight the year's program of activities throughout the year the annual Achievement Program is presented by the Home Demonstration Club members, with each club having a part on the program.

The annual Achievement Day Program was held at the Woodstock Christian Church on Thursday, November 3rd, at 10:00 a.m. with careful planning under the direction of Mrs. Edgar Hopkins, Chairman. Mrs. Berlin Fleming, Mrs. Lyla Garrow, Mrs. Bobby Irvin, Mrs. Isaac Alshire, Mrs. Joe Fottis, Mrs. Joe Rowe, and the home agent. This committee planned the lunch, selected clubs to in charge of the following: making easels, lunch ticket easelmen, basket booth, arrangement of flowers, arrangement of food in the Hibernia, aiding Home Demonstration Club to serve the luncheon, and price of lunch and seeing that each club would contribute the following food for the women:

Strasbourg - Seventy-five guests and members attended an elegant tea from 7 to 9 o'clock on Saturday, May 7th at the home of Mr. and Mrs. Robert E. Stickley. The table was elaborate, decorated with cookies and lovely sandwiches made by the club members, carried out the spring colors of pink and white. The president and house agent presided at tea and coffee service. Throughout the house were flower arrangements made by the vice president, Mrs. Clarence Williams. Mrs. Louise Harrison, secretary, registered the guest book. Mrs. Mabel Falmer and Mrs. Van Heckeardle welcomed the guest and friends. The flower arrangements and lovely table served as a conversation piece. This club also had a special TV program on Home Demonstration work in the county.

Milburg Junior and Senior - These clubs invited their friends and members of their families to a fellowship supper with an attendance of ninety-five. The supper was conducted by the members of a Local Lull Club providing entertainment with Shave the Fun Talent. As it is the objective of each Home Demonstration Club to help finance and support Lull Club with its activities.

Woodstock Junior - The club had a fashion show with nineteen models modeling garments they had made in tailoring classes over the TV Program on Friday, May 6th. Each garment was described by the home agent. Needless to say this was a big success.

Mr. Jackson Junior and Senior - These clubs observed Home Demonstration Week by presenting a Spring Fashion Review in the Hoopes Valley Lull Club House on Orinoy Drive on Wednesday evening, May 4th. Mrs. James Frank was mistress of ceremonies. Mrs. Douglas Phillips gave the address of welcome. Martha Ann Soothern a member of the Lull Club played the music for the review. The program for the evening was interspersed with group singing, pantomime and recitations by members of the Lull Club which included: "The Lord's Prayer" sung by Irene Rosen, Parlorade - Jo Ann and Kayne Clark, Piano solo - Irene Rosen, Fancordus - Lois Macky and Martha Soothern. Exhibits of Home Demonstration work were on display. Lull Club members modeling included: Ann Jamney, Brenda Hedkins, Irene Rosen, Jo Ann Clark, Donna Larrillot, and Beely Gordon. Children modeling wore: Barbara Gordon, Karen Funder, Karen Summers, Alecia Phillips and Home Demonstration Club members modeling included: Mrs. Daryl Kerlin, Miss Margaret Bowman, Mrs. Lona Frye, Mrs. Ira Campbell, Mrs. Lyla Garcia, Mrs. J. B. Myers, Mrs. Veyde Ryan, Mrs. Hilda Bowman, Mrs. Gilbert Phillips, Mrs. Marvin Gordon, Mrs. Hilda Grudovic, Mrs. Braden Miller and Mrs. William Miller. Refreshments were served to the seventy guests and members present.

Summerville Fairview Junior - remembered the small children at the Shenandoah County Hospital by placing books for them to enjoy in the waiting room.

Nucleus Cross Roads - bought a picnic table and benches for the Community Picnic Area.

Tom Brockway, Olive - sponsored the Home Safety Program.

2. County Home Demonstration Objectives

- *1. Pay \$4.00 Federation Dues by January 1st.
- *2. Each Home Demonstration Club make a financial contribution to County All Program and County Rest Room by July 1st.
- *3. Have representatives at all leader training and county committee meetings.
- *4. Each club hold five (5) meetings without agent.
- *5. Hold one family get-together and invite prospective members.
- *6. Send a representative from each club to Institute of Rural Affairs and pay one-half of the expenses.
- *7. Each club observe National Home Demonstration Week in some understanding way.
- *8. Encourage active members to make at least one fair exhibit. (Note - Have Homeholder's entries published in local paper prior to the fair).
- *9. Have each club member report monthly the work she has accomplished for Home Beautification. (Program of Work Chairman maintain a record of these accomplishments for Achievement Day, etc.)
- *10. Have each club well represented at District Federation Meeting.
- *11. Encourage club to purchase the New Home Demonstration Cook Book.

(Each club accomplish 7 out of 11 to be standard club)

* - Club must do as stated.

All seventeen club accomplished objectives number 1, 2, 4, and 7. Fourteen clubs accomplished all eleven.

3. National Home Demonstration Week

The seventeen Home Demonstration Clubs in Shenandoah County each featured a special program for National Home Demonstration Week with the following combined activities for their members:

Some of the clubs will continue their community project for a period of two years.

Aside from each club having a community project the clubs have a county project of maintaining the County Rest Room in Woodstock with the cooperation of the Board of Supervisors. For this they painted a new sign along with their financial contributions.

Below are listed what each club did towards their community project:

Central - had a sign made for the Community Center, donated money to a local college student, and gave donation towards buying a gas stove for the Community Center.

Woodstock - gave donation towards Christmas decorations for the town.

Strasburg - solicited for the Heart Fund and collected \$289.28 by making door to door calls in Strasburg.

Mt. Zion - remembered the sick and shut-ins with cards and cheer boxes-- sent eight boxes for shut-ins and five boxes for needy families at Christmas.

Mt. Jackson Senior - sponsored cake sale for Mother's March of Dimes-- received \$167.60, and sponsored cake sale for Cancer Unit Crusade-- netted \$193.00.

Mt. Jackson Junior and Senior - are paying to have the public rest room cleaned and maintained.

Fishers Hill - helped with therapy work at local hospital and blood mobile unit.

Fert Valley - purchased a beautiful mural, 46 by 65 inches, and presented it to the County Home to be hung in dining hall. They also took magazines to the inmates.

Edinburg Senior - solicited for the Community Heart Fund Drive and Mother's March of Dimes.

Cenieville - are buying a wheel chair for the community use.

Edinburg Junior - sponsored the March of Dimes Drive for Folio in Madison District.

Woodstock Junior - purchased bamboo blinds for the snack bar at the Woodstock Recreation Park.

a. Consumer Buying of Meats and New Forms of Food

When speaking in terms of money management or saving a few pennies on the food budget a sharp key has been hit in Shesandah County because this being a German descent county the people are very conservative.

With the above basic background the meeting topic on consumer buying and saving on the food budget has been carried for several years in this county. The first year the homemakers studied the cuts of meats in relationship to cost and time of preparation. The homemakers felt that this timely information was most helpful because it educated them to be better buyers in cuts of meat, which would satisfy their needs as it was important to buy meat in season.

This year the homemakers analyzed their problems and decided to go from meat to consumer information on mixes and new forms of food as from observation a sharp price difference was noticed by different brands of food and mixes. This topic was chosen for January meeting. The home agent made price comparisons on different brands of food, buying cereal, soup powder and other household items in large quantities rather than small quantities. Then prices comparison on different forms of potatoes were studied, and a comparison of prices to bought pastry mix in relationship to home-made pastry mix. Also home-made bread as compared to bought bread was analyzed.

As a result of the two years on food buying many homemakers now shop with a market list once a week by planning their meals in advance. Several husbands expressed they were eating better with less money spent for food.

The young homemakers each with a family of five growing boys and girls decided to shop once a month with a list. This they have done continuously for a period of two years, as they found the food budget riding every trip they made to the market. In working with these homemakers they stated that they never would shop any other way.

When asked that they did when they ran out or needed fresh vegetables or staples they laughed and said, "we just substitute cabbage for lettuce, celery seed for celery, or just plain do without". These are members of over average income families, one living in the country and others living in the town of Woodstock.

C. Other Activities

1. Community Projects

Each of the seventeen Home Demonstration Clubs for the first time, selected a Community Project for their club to work on for this year.

The leaders were also advised how to relay this information to their club members in a manner that would be interesting.

The leaders conducted these afternoon method demonstrations to the club members by using charts and illustrations as they were instructed by Mr. Boeher. Some of these leaders even drew a plan to follow if the members wanted continuous beauty of flowers from early spring until frost. The members were informed to call Mrs. John E. Irwin or the home agent if they thought that their flowers would make a pretty colored slide for county program work. Many slides were taken as an educational program for this purpose in Shenandoah County. These slides will be shown to garden clubs and civic organizations. This helped to promote the good will of the County Extension Program.

5. Safety

a. Prevention and Treatment of Common Accidents

Throughout the remote areas of Shenandoah County some timely information was needed on treatment of common accidents because this is a long narrow county where there is a limited factor for securing a doctor in time of a serious accident. The homemakers decided to have someone to speak to the groups during July or August at the family get-together so that the entire family would benefit.

The program was promoted at a family-get-together by the following methods as each club secured their speaker: (1) Four clubs had the movie on "Knecht to North Breathing" as this is the best method today in artificial respiration. This is an excellent educational movie for a group. (2) Several clubs had a State Trooper to talk on "Safety on the Highway". (3) Three clubs had a representative from the Health Department who informed the families on up-to-date material on accidents and their causes in Shenandoah County since this was a county that the Federal Government selected to study the cause of accidents, both highway, and farm and home. (4) The remaining clubs had a County Nurse to talk to the group on treatment of common home accidents.

As to the results achieved by promoting this program through the above methods it would be hard to analyze other than encourage families to be more safety conscious around the home and on the farm. However, the accident rate has dropped since these educational programs have been promoted throughout the county.

6. Significant Story (Food and Nutrition)

The samples of material was passed for homemakers to see and feel the difference between qualities and sources of material in relationship to the cost. The color and design was also analyzed by the homemakers. The discussion also led to the maintenance, cost, and care of the materials used on floor and counter tops.

The homemakers again were amazed as to the difference in price of these materials, as their knowledge was all coverings were the same. Needless to say timely information was passed on to anyone building a new home, as well as purchasing floor coverings and counter tops.

c. Kitchen Space Savers

The interest was aroused for the needed information on Kitchen Space Savers because the homemakers thought that interior of the kitchen had a cluttered appearance, without any organization as to use of the cabinets in relationship to preparation of the meal.

The home agent received written material from Miss Mary E. Settle and a loan kit with pictures of space savers that could be bought or made by the homemakers. From the material the agent conducted these afternoon method demonstrations by editing the six space savers that were made by the home agent at a workshop meeting in the previous year, plus showing a movie on the "Step SAVING-Snergy Saving Kitchens" by USDA. Also a movie was shown on "Laying Better through Research".

With the combination of these teaching methods the homemakers could actually see the results of a well planned kitchen with the arrangement of cabinets to save time and energy. These educational movies also helped to summarize the meeting topics on housing and food preparation in relationship to advance planning before building cabinets.

The women will make some space savers for their kitchens this winter at all-day workshop meetings. Through these meetings the goal is to have at least one-half of the kitchens better arranged to meet the family needs.

4. Horticulture

a. Planting, Planning, Germination of Seeds for Lovely Flower Gardens

Near to every womans heart are flowers, as they seem to forget their troubles than tilling in soil and planting flowers to improve the appearance of their home grounds. So again Mr. Albert Becker, Horticulturist, V.F.I., conducted a leader training meeting to Home Beautification leaders. These leaders were informed how to plan and plant an attractive flower garden for continuous beauty, how to germinate their seeds and how to care and transplant young seedlings.

3. Housing

a. Selecting Interior Paint

With the high pressure of salesmanship through the TV, radio and newspaper ads the homemakers are led as that to buy to achieve best results through interior paints in relationship to quality and durability.

The home agent conducted the afternoon method demonstration to the clubs in March because that is the season of the year that the families are thinking about painting.

Materials and charts were assembled after receiving information from Miss Settle, Housing Specialist, V.P.I. for the demonstration. Several stores were visited by the home agent where the manager gave valuable information, as well as let the agent borrow cans of different varieties and brands of paint. From this homemakers could see and read the label of the paint as to the content, what kind of finish to buy for wall, woodwork, and kitchen, as well as how to care and maintain the finish.

To summarize the meeting topic from several homemakers viewpoints, Little did they realize how important it was to read the label on the can of paint, as they did not know that different paints had so many current properties, as a number of the homemakers had trouble with wall finish because they did not know their qualities of paint because they bought paint on the brand name regardless of its properties.

b. Floor Coverings and Counter Tops for

Everyday Living

The seminar is really confused when selecting floor coverings and counter tops unless the homemaker is well informed in advance that to expect from the floor coverings and counter tops. The market is flooded with all kind of material, as now homes are being built everyday and old ones being remodeled, the county homemakers requested need for the current information to be included in the program.

During the annual Agent's Conference the home agent received information on "Floor Covering and Counter Tops" at a workshop meeting conducted by Miss Mary E. Settle, House Improvement Specialist and Mr. Coell Sherry, Agricultural Engineer of V.P.I.

The home agent conducted these afternoon method demonstrations in Seydewick, using as her teaching methods, charts of different kinds and types of floor covering and counter tops, giving advantages and disadvantages of each one.

clothing label law as fabrics and finishes would also have to be taken into consideration in the construction and care of the garment. A large majority of the young homemakers who their clothes as well as their children in Shenandoah County. To give an idea of the advancement of clothing construction, between 1,000 and 1,100 garments were made, according to the reports submitted by members in 1960.

The home agent received her information on the meeting topic from clothing specialist at V. I. Flashberg, Virginia, and also from workshop meeting conducted by a representative from the Singer Company with the assistance of Betty McAleer, Clothing Specialist. Then the home agent toured several local stores, collected samples and information on yardage, material and ready to wear garments. The managers and salesmen were most cooperative and helpful in promoting this program.

An afternoon method demonstration was conducted by the home agent using illustration material collected by the home agent, showing the material, element of the fiber, care and construction of the garment, followed by comments and questions from the group.

The emphasis of this timely information was the homemakers realized the importance of reading the tag attached to the materials and ready to wear garments.

b. Tailoring Class (Special Interest)

For the past three years tailoring classes have been conducted by the home agent to a special group of young homemakers. This program, even with the small number enrolled, supplies the needs of the homemakers as it has helped to promote the Extension Program in Shenandoah County.

The group that takes this class learn how to do advance tailoring. They know in advance what is expected of them and how many days will be needed to complete their garment.

The seven girls that made a wool coat or suit modeled over Harrisonburg TV and also a picture was taken for the local newspaper. This helped to promote high standards of workmanship in clothing problems. Then were publicity to the program and a sense of achievement and pride was enjoyed by the members of the families participating in this activity.

A tailoring class will be conducted again next year in February. The home agent received the most valuable and up to date information on tailoring at a workshop meeting conducted by Margaret Groselove, Clothing Specialist, V. I. Flashberg. This meeting was held at Oakliper and was one of the best clothing workshops ever attended by the agent.

As usual it was hard for the homemakers to break a habit from using the method they had been taught by their ancestors, but surprisingly many, after tasting the finished product changed their method and adopted the recommended practice by using the cooled mustard and sealing the mustard before adding the cream, using gelatine in place of flour, cornstarch, or junket, and correct ratio of salt to ice in the hand-crank, and the importance of letting the ice cream ripen before serving it to the family or friends.

The making of the ice cream was promoted by an afternoon method demonstrations given by the Food Leaders to the seventeen Home Demonstration Clubs. The ice cream was prepared and sampled by the members and guests present. Recipes were given out to the homemakers on, "Making Frozen Desserts".

e. Salads to Pop Up Heals

For the past three years the homemakers have expressed a need for salads to be included at least once in the monthly calendar. Myrta Nell, states a majority of the Home Demonstration members in Shenandoah County are young homemakers and salads do not come in ready packaged meals. Therefore, information was needed by them on making an attractive nutritious salad that will be enjoyed and eaten by all members of the family, including the husband and teenagers (boys).

Written material was sent by the Food Specialist at V. F. I., Blacksburg, Virginia, to the home agent on "Salads to Pop Up Heals". Then the home agent conducted an afternoon method demonstration to forty-eight Food Leaders in sixteen clubs. Information was given to the leaders on principles in making salads and how to make the following under the different classifications: Main Dish or Party Salad - Molded Cherry-Grahamberry Ring Salad, Filled with chicken salad; Dessert - Fritt Salad with Cream Dressing; Christmas Salad - Like gelatine with cottage cheese jelly and cranberry relish.

The leaders were instructed to select one salad to give the demonstration before their club in November. Recipes were distributed for the members.

As a result of the demonstration on salads the homemakers learned how to make attractive salads for different occasions which were enjoyed by the male members of their families.

2. Clothing Textiles

a. News of Fabrics, Finishes, Care and Construction

With the revolution of fabrics and clothing fashion on the market today the homemakers need to be orientated on the new effective

This committee is also responsible for appointing two clubs to be in charge of printing the Year Book.

B. Subject Matter and Special Emphasis Area

1. Food and Nutrition

a. Casserole Dishes (use of planned-overs)

The homemakers selected this topic because of the different varieties of food and portions left over from a given meal. They were interested in economizing by using planned overs to save fuel and time, with a variety in the daily diet.

The program was promoted by the homemakers attending a leader training meeting conducted by the home agent using the material received by the specialist and the other home agents.

The Home Demonstration Clubs were all represented by the Food Leaders. The agent showed the homemakers how to make the following from planned-overs: Beef Pot Pie, Chicken Noodles, Bread Pudding (using left over bread), Mac Cheese Dandy, Potatoes-Beef Casserole (using left over beef and mashed potatoes), and Turkey Oyster Scallop (using left over turkey). The Food Leaders were given copies of the recipes and were informed to give a demonstration on two casseroles using planned overs.

As a result of the above demonstration the homemakers planned and prepared more nutritious casseroles by wise use of planned overs. Some of the homemakers even prepared the casseroles and put them in refrigerator or home freezer until next meal or week, whatever food preservation method was used. This proved most helpful to the homemaker employed outside the home.

b. Frozen Desserts (Ice Cream)

The rural homemakers realized a need for learning how to make ice cream by both methods, hand and refrigerator, because of the ice cream socials put on by various church or other civic organizations; a standard needed to be maintained. This too, was another way to use the surplus milk, as well as serving the family a wholesome, nutritious dessert, containing that much needed calcium that so many of the rural families are lacking in their daily diet.

Mr. Guy Nageotte, Dairy Specialist, showed fifty-eight Food Leaders and guests the procedure for making smooth palatable ice cream from the cooked custard method.

The following objectives were set for the remainder of the year:

- a. Create greater awareness as to needs of improving furn and home lighting.
- b. Have a lighting demonstration of a light conditioned kitchen and bathroom at southern end of Shenandoah County.
- c. Acquaint youth with importance of selecting good lamps to study by.

4. County Home Demonstration Club Committee

The County Home Demonstration Club Committee is composed of the president, county executive officer, program development leader, program of work chairman from each Home Demonstration Club in the county. This group directs the overall planning in carrying out the county program and strives to meet the needs of the county's rural population and further the interest of the Extension Program among the adult and young women.

One of the most important duties of the committee is program building. The committee's most important meeting during the year is the annual all-day Program Planning meeting that was held in July at the Woodstock Presbyterian Church. The Program Development Leaders from each club presented the needs and wishes of her club and from these needs a month by month program calendar was set up for consideration and adopted by each organized Home Demonstration Club. Committee members attended the Federation Program of Work, listing activities which will be under the direction of the chairman from each club. The committee also sets County Club Objectives and makes suggestions to the Program Development Leaders for carrying out the program.

This committee met in January and reviewed the program calendar for each subject matter and special interest meeting, and set up goals, ways for carrying out program and measuring results, what were people to learn or do, and by whom the topic would be given. The Program Development Leader after each meeting gave a summary of the demonstration, the next month's topic, meeting place and date. Prior to the demonstration the Program Development Leader asked for results, adjustments, and accomplishments on previous demonstrations.

The County Committee through the representatives from each Home Demonstration Club, is active in securing leaders for All Club work. The committee promoted the Achievement Day and other county-wide meetings.

At the Spring Planning Meeting the committee members gave reports on program progress and club objectives, appointed committee members, elected delegates to attend Institute of Rural Affairs at Elizabeth in July and encouraged member to attend the District Federation Meeting which was held at Front Royal, Virginia.

Two of the famous limestone caverns lie within Shenandoah County. They are Battlerfield Crystal Caverns near Strasburg and Shenandoah Caverns north of New Market. Just over the Rockingham County line three miles south of New Market are Sadlers Caverns. Each year an Annual County Agricultural Fair is held at Woodstock.

Throughout the county are hotels and boarding places. The Mineral Springs draw summer visitors and provide golf, horseback riding, swimming and other sports. At Strimmons near Orkney Springs is a collection of paintings open to the public and near New Market there is a permanent exhibit of china, pottery, earthenware and crystal. Between Edinburg and W. Jackson there is a museum of Indian relics and handicrafts. Three swimming pools are located in the county, with one at Woodstock, Edinburg, and Uncle Tom's Park at Jewsons.

The Shenandoah County women do not have a market, other than to sell from home to home, vegetables, dairy products, poultry and eggs, however, a small percent enter to Washington, D.C. markets.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

1. County Agricultural Extension Service Board

This committee is composed of the Home Demonstration Club Presidents, Chairman of the Home Demonstration Clubs, three key women leaders, and one member from the farm organization. This group had one county meeting.

2. Home Economics Council

This council is composed of representatives of the Home Demonstration Clubs, County Nurses, Bible School Teachers, and representatives from two civic organizations. This council did not meet this year as Safety and Home Lighting was selected for two years.

3. General Interest Committee

The General Interest Committee on Safety and Home Lighting each had one meeting where goals and objectives were reviewed. An area was requested to give assistance on Home Lighting in the southern end of the county by the electric companies. Several new home builders were contacted but somewhere the interest ceased and no tour or meetings were arranged other than personal contacts.

The above Lighting council committee held an organizational meeting on January 4, 1960 at the County Agent's office with Dr. Douglas Wisman as chairman.

7. Telephone and Power Service

Shenandoah County can be reached easily from one end of the county to the other by use of telephone. This past year the dial telephone system was installed in the homes scattered throughout the county. To date there are 5,000 telephones in the county with the main office located at Edinburg, where seventy-five workers are employed by the Farmers Mutual Telephone System, however, each of the five towns have an exchange now that can be dialed easily from one point to another.

In Shenandoah County are located three power services. As a result 98 percent of the people have access to electricity, however, a majority of the homes were wired a decade or so ago. There is a vast need of more information on wiring and appliances. The Extension Service in cooperation with the power services has only scratched the surface as to the importance of wiring and selection of lamps and bulbs.

In the northern end is the Northern Virginia Power Company, with Miss Margaret Flickinger serving as Home Adviser. Virginia Electric and Power Company is in the south of county extending to Fisher Hill with Miss Patricia Bohlis serving as Home Adviser. R.F.A. with main office located at Dayton serves the south end of the county to Harrison. Sub-stations for each power company are located at Strasburg, Mt. Jackson and Woodstock.

8. Health and Medical Care

The Shenandoah County Memorial Hospital is located south of Woodstock and is supported by payments for services rendered to patients and by the contributions of the public spread all over the county.

This hospital is equipped to take care of fifty bed patients, with two nurseries on call at all times.

The eleven medical doctors are available to the Shenandoah County people are established in towns as U.S. Route 11, are as follows: Woodstock - 4, Strasburg - 3, Edinburg - 2, Mt. Jackson - 1, and New Market - 1.

The county for its size is equipped to meet the dental needs of its people with seven dentists with located of three in Woodstock, two in Strasburg, and one each at New Market and Mt. Jackson.

9. Recreation and Marketing

Shenandoah County's natural assets make possible many types of recreation. In the George Washington National Forest are scenic drives, hiking trails, picnic and camp areas, hunting and fishing in season. One of the most beautiful drives runs along the valley within the Massanutten Mountains. On this road is a viewing tower from which one can see the seven horseshoe bends of the Shenandoah River. There are picnic grounds at Elsinbeth Furnace, and Little Fort. Powell's Fort Organization Camp which accommodates about 100 persons, with a swimming pool and several playgrounds is also located in this valley.

4. Types of Agriculture

The 1949 Agricultural Census divides the value of all farm products sold for Shenandoah County as follows: Poultry and Poultry Products - 44.6 percent; Livestock Products, excluding Dairy - 30.1 percent; Fruits and Nuts - 8.9 percent; Dairy Products - 8.5 percent; Field Crops - 7 percent; Vegetables - 1 percent.

During the past ten years the value and amount of poultry and poultry products have decreased. Integration has weakened the local broiler market and the egg market has been rather unsteady during the past year. The turkey situation has declined at a lower level. There has been an increase in both livestock and dairy. The fruit situation now rests in the hands of a select number of large commercial orchardmen who can keep pace with the present market demands. 34th chain stores now dominating the food market, there is little chance for the small vegetable grower to market his product except by back door to door contacts.

5. Industrial Development

Most of the local industry in Shenandoah County is geared to the farm economy. Products include Vinegar, apple sauce and other apple products, Flour and meal, dairy products, poultry and livestock feeds, fertilizers, insecticides, agricultural lime, equipment for poultry and fruit grading and processing. There are poultry dressing plants and freezers. Other manufactures are apparel, rayon and cotton fabrics, cement blocks, crushed and burned limestone, books, printing and publishing. At Eld Rayan a handcraft factory uses native walnut and maple to make polished bowls and other wooden ware. There are also a large number of sawmills and cabinet makers in the county.

6. Education

According to the 1955 School Census 4,247 of the children in the school age bracket were in school and 468 were not attending school. The Agricultural Census indicates that for our rural people the median school years completed for people twenty-five years and older was 7.6 years. In our Extension Program educational levels are difficult to handle as people attending a meeting may range from those who have had one year of schooling to college graduates.

Shenandoah County recently completed three consolidated high schools. Shenandoah High School, located at northern end of the county; Central High School located south-west of Woodstock; and Steamboat-Hickman located west of Mt. Jackson. The six remaining school buildings are now being used by the Elementary Grades. In addition three grade schools are located within the county. The new schools will add interest by encouraging more students to complete their school, and this in the future will help to raise the standard of living in Shenandoah County.

I. COUNTY SITUATION

1. Location and Size of County

Shenandoah County is situated at the northern part of the great Shenandoah Valley of Virginia. She is bounded on the east by the Massanutten Mountains and on the west by the North Mountains of the Alleghenies. West Virginia provides the northwest boundary of the county.

Shenandoah County is 507 miles square or 124,480 acres in area. Therefore, Shenandoah County would be classified as an average size county in the State.

2. Climate and Topography

The North Fork of the Shenandoah River meanders in a northeasterly direction through the county. About one-half is embraced in the mountainous section which is broken by narrow valleys. On the east is Fort Valley while to the northwest lies Cedar Creek Valley. The remaining central section is in the larger Shenandoah Valley where most of the farms are located. This valley contains limestone and shale soils of rolling to hilly topography. Elevations vary from 1200 feet in the valley section to 3500 feet in the western mountains. Temperatures average about 34 degrees in January and 74 degrees in July. The frost free season varies from 160 days in the mountains to 180 days in the valley. The annual precipitation averages nearly 35 inches with the months of May, June, July and August ranging from 3.5 inches to nearly 4 inches.

3. Population

The population of Shenandoah County according to the 1950 census was 21,169.

a. Farm, Non-Farm and Urban Population

There are no cities in Shenandoah County, thus we have no urban population. According to the 1950 population 6,060 or 28.6 percent of our county population lives in the following six incorporated towns:

Edinburg - 533	Shawburg - 2,022
Mount Jackson - 732	Tom's Brook - 256
New Market - 701	Woodstock - 1,516

The 1940 population census credits 54 percent of the county population as farm and the remaining 45 percent as non-farm. During the past twenty years the farm population has decreased, while there has been a substantial increase in the non-farm population.

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