

ANNUAL NARRATIVE REPORT
OF
HOME DEMONSTRATION WORK
FAIRFAX COUNTY
VIRGINIA

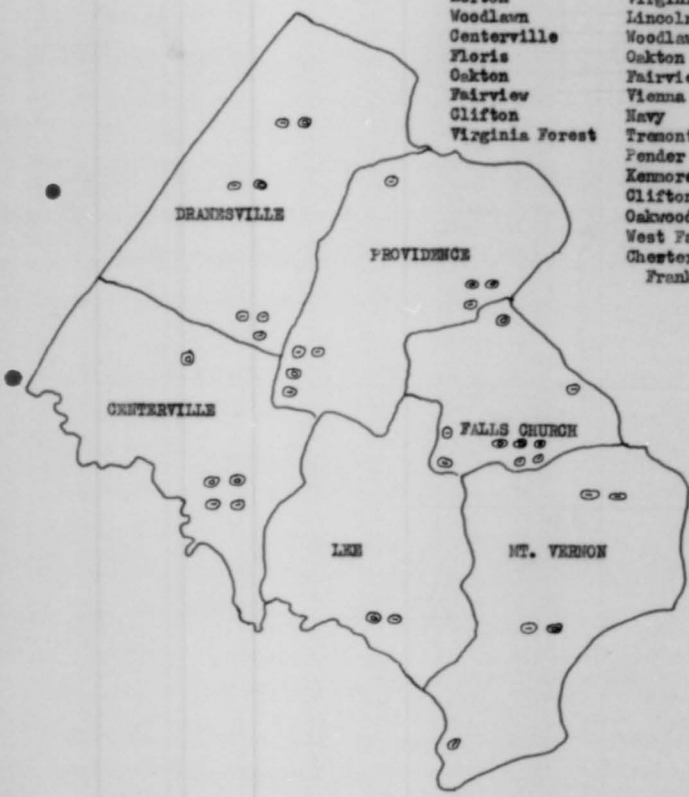
1948

Miss Jesse M. Hammerly
Home Demonstration Agent

Mrs. Marguerite F. Hamelin
Assistant Home Demonstration Agent
Employed Half Time December 1, 1947 - July 31, 1948

Miss Lina Isabelle White
Assistant Home Demonstration Agent
Employed Full Time August 1, 1948 - November 30, 1948

- | <u>A-H Clubs</u> | <u>H.D. Clubs</u> |
|------------------|-------------------|
| McLean | Vale |
| Fairfax | Dranesville |
| Forrestville | Lorton |
| Chesterbrook | Annandale |
| Annandale | Groveton |
| Dunn Loring | Dunn Loring |
| Burke | Floris |
| Lincolnia | Lebanon |
| Lorton | Virginia Forest |
| Woodlawn | Lincolnia |
| Centerville | Woodlawn |
| Floris | Oakton |
| Oakton | Fairview |
| Fairview | Vienna |
| Clifton | Navy |
| Virginia Forest | Tremont Gardens |
| | Fender |
| | Kenmore |
| | Clifton |
| | Oakwood |
| | West Falls Church |
| | Chesterbrook - |
| | Franklin Park |



Map of Fairfax County Showing Magisterial Districts and Distribution of Home Demonstration Clubs (C) and A-H Clubs (O).

TABLE OF CONTENTS

	Page
1. Cover and Title Page	1
II. Table of Contents	2
III. Scope of Work	3
A. Home Demonstration Clubs	3
B. 4-H Clubs	3
C. Older Youth Groups	3
D. Number Reached Through Other Groups	3
E. Number Families Reached Through Neighborhood and Community Leaders	3
F. Other Methods Used to Reach Families	3
G. Estimate Total Number Families Reached	3
IV. Adult Work	4
A. Home Demonstration Club Program	4
1. Project Work	4
2. Federation Goal Carried	14
3. Other Activities	15
4. Leadership	19
B. Other Means of Reaching People	20
V. Work With Youth	21
A. 4-H Clubs	21
1. Organization	21
2. Project Work	24

	Page
3. Other Activities	27
4. Leadership	29
B. Honor Club	29
C. Older Youth	30
VI. Work Done by Agent in Cooperation With Other Agencies....	30
VII. Evaluation of the 1947 Home Demonstration Program	35

34
72

111. Scope of Work

A. Home Demonstration Clubs

1. Number 22
2. Membership 526
3. Other women reached by Home Demonstration Club members 1,746

B. 4-H Clubs

1. Number 16
2. Membership 300

C. Older Youth Group

1. Number 2
2. Membership 22

D. Number reached through other groups by agents 1,292

E. Number families reached through neighborhood and community leaders
1,402

F. Other methods used to reach families

1. a. Publicity - 78 articles - 890 families
- b. Radio - 2 programs - 480 families
- c. Office calls 307 - phone calls 915
- d. Visits 404
2. Number families reached 2,996
3. 1. Estimated total number families reached 7,436
2. Number farm families in county 1,788

34
72

IV. Adult Work

A. Home Demonstration Club Program

1. Project Work

a. Procedure in Determining Program

The Home Demonstration members plan the year's program of work. Each Home Demonstration Club has a program chairman. This chairman confers with club members for information on club, community and county needs. These suggested "needs" are compiled and turned over to the club chairman. The club chairman with the incoming chairman presents this compiled outline before the County Home Demonstration Committee at the County Program Planning Meeting held in the fall. Project subjects, Federation goals, and county goals are adopted by popular vote. A committee of 3 Home Demonstration women, and extension worker and the Home Demonstration Agent planned the program adopted into a yearly project calendar. One county planning meeting was held. Three executive committee meetings were held prior to Planning Meetings.

b. Fields of Subject Matter

The stress of subject matter carried was in House Furnishings - the slow return of home equipment and textile on the market keeps interest in this subject high; in Foods, because of the high cost, handicraft because of an interest in "Making Things". Special interest groups in Electrical Equipment Repair, Slip Covers, Upholstry, Clothing because of the high cost of the desire to do.

c. Projects

1. Foods

a. Preparation

Project work in 1) Nutrition, 2) Meal Planning, 3) Food

Preparation was carried for better family feeding, better planning, quick preparation, quick service and to reduce family food bills. Both lecture and demonstration were used in the 3 subjects. The agents were responsible for subject matter in nutrition. The foods leaders were trained by the State Specialist in the 3 subjects. The leaders gave these 3 to their club members. Sixty-six meetings were held by the leaders. As a result of foods work the following was reported: 261 families improved diets; 476 families were helped in preparation; and 35 families help with child feeding problems. All groups had one all day meeting for "Preparation".

The leaders of the Lorton Home Demonstration Club, not only held their own 3 club meetings on this subject, but gave these projects for the Lebanon Home Demonstration Club whose leaders failed to attend the leaders' meeting. The Lorton Club, also, entertained other groups twice, including guests from another county. The leaders used (with variations) the economically planned, quickly prepared and served, buffet luncheon. An out of state Home Demonstration Agent and an Home Economics teacher complimented the club highly and requested the menu and recipes.

b. Preservation

All groups had question periods on canning and freezing. These question periods were held to enable the members to keep up with new trends and information and to inform the new members. Twenty-five women

72

attended Frozen Food Demonstrations with equipment and packaging exhibits in Washington, Alexandria and Herndon. A greater number of members reported this year - even with this increase, the results show less canning as freezing increases. Results: 1,080 families helped with food preservation problems, 127 families budgeted, 55,969 quarts of food canned, 100 gallons brined, 174 lbs. dried, 27,096 lbs. meat cured, 2,131 bushels stored, 34,497 packages of food frozen.

One home demonstration club member has personally demonstrated, given information, or given preservation bulletins to 125 people in her neighborhood.

c. Production

1. Gardens

496 of the home demonstration members have large or small home gardens. Two garden meetings were held to train and give information to leaders; one in earlier spring on planning, preparation, and planting; the other later in the spring on control of insects and diseases and fall gardens. Specially prepared garden folders were given the leaders of each club. Appropriate garden information was given by these leaders at each club meeting. These leaders and other members advertised and promoted the "Beetle Control Campaign".

2. Poultry

Home Demonstration members in the rural sections - some, too, in the suburban section have poultry. One county-wide meeting on poultry was held at the Grassy Knoll Hatchery. Specialists from the State Extension, United States Extension Service and the Maryland Extension Service served on the program to give the latest information and training in poultry. One hundred sixty people attended - one half of whom were women.



ANNUAL POULTRY - FLOCK OWNERS MEETING
AT GRASSY KNOLL HATCHERY.

34
72

3. House Furnishings - House and Surroundings

a. House Furnishings

House Furnishings was the project with the greatest stress. Good paints, materials for work, textiles and other house furnishings were coming slowly on the market; so, the average Home Demonstration member was eager to "freshen up" her home after a long period of "doing without". She wanted to be "up-to-date". Four months were devoted to this. The state specialist held one leaders' meeting, demonstrating 1) Room Decoration and Color Schemes, 2) Walls and Woodwork, to the home demonstration leaders who in turn presented these project demonstration to their club members. Leaders held 44 such meetings. The Home Demonstration Agent held a leaders meeting on 1) Window Treatments and 2) Furniture Arrangement. The agents, assisted by the leaders, were responsible for presenting these project demonstrations to the club groups. Reports show: 284 providing needed storage space; 171 reorganizing or improving kitchens; 137 improving other rooms; 423 improving methods of repairing, remodeling, refinishing furniture or other furnishings; 199 selecting furnishings; 314 improving home grounds; 419 using insect and pest control; 179 improving color schemes; 444 improved window treatments; 124 families doing upholstery; 488 making slip covers; 300 eliminating hazards; 179 improving backgrounds of rooms; 339 improving on light fixtures.

b. Handicrafts

Two months designated for club choice was invariably taken in Handicraft. The satisfaction in 1) working with the hands; 2) creating; 3) making something for home decorations and use economically, that would cost excessively if purchased commercially motivated these projects. Results show 60 families making 90 rugs; 39 families decorating 51 trays; 39 families

34
72

improving or making 51 lamps and shades; 43 families stenciling 136 articles; 180 families doing 1,385 metal trays, shell craft, scottie dogs articles; 125 reed bread trays made.

Club members learned to make reed baskets and metal trays and taught others to do so.

Six members of the Dunn Loring group came to the Groveton Home Demonstration Club where the Home Demonstration Agent was teaching Basketry. These 6 members held 5 meetings for the Dunn Loring Home Demonstration Club and 2 for other club groups. This Dunn Loring group used "Basketry" as an exhibit at the County Home Demonstration Achievement Program and was awarded a blue ribbon.

c. Special Interest Groups

1. Upholstry

There have been 1 group meetings on upholstery. Those people in these groups served as leaders for other people. One Hundred twenty-five people report upholstering 98 chairs; 35 cushions and 1 sofas. The Vienna Home Demonstration group was exceptionally good in upholstery. This group exhibited "upholstry" at the County Home Demonstration Achievement Program and was awarded a red ribbon.

2. Slip Covers

Two leader training meetings were held - one in each end of the county. The leaders trained held 4 groups on "Making Slip Covers" and gave individual help. Five hundred eighty-eight slip covers were reported made.

3. Lamps, Shades, Small Electrical Equipment Repair

One group meeting on repair of small electrical equipment



Mrs. New OCCUPYING HER RE-UPHOLSTERED SETTEE

34
72

was held. A state specialist was present and presented the information. As a result of this 2 Home Demonstration members of the Navy Home Demonstration Club became interested. These two accompanied the Home Demonstration Agent to Winchester to attend an Areal School on "Rural Electrification". These two members demonstrated to their own group and to a neighboring group 1) making lamps from old lamps; 2) repairing lamps and cords. At these same meetings "Making and Freshing Lamp Shades" was demonstrated by the Home Demonstration Agent. Through the influence of these 2 leaders the Navy Home Demonstration Club exhibited "Electrical Repair" at the County Home Demonstration Achievement Program and was awarded a blue ribbon. Thirty-nine families improved 20 lamps and 31 shades.

4. Clothing

Clothing was not included in the year's calendar, but as a result of clothing work in 1947 the following work was accomplished: 479 families assisted in clothing construction; 531 with selection; 465 with care, renovation, and remodeling. Two clothing clinics were held. The Home Demonstration Agent helped the leaders plan these clinics and attended from time to time. Each clinic met twice a month. Members and non-members attended. Twenty-five people attended these clinics. Forty dresses were made as a result. The Dranesville group put on a "Dress Revue" at the County Home Demonstration Achievement Program modeling clothes made at the clinic.

5. Home Management

Home management was not included in the yearly program; but follow-up work of the 1947 program shows; 471 families assisted with time management problems; 497 with consumer buying problems; 406 using timely

RURAL ELECTRICAL SCHOOL

Mrs. Roscoe Lancaster, president of the Pender Home Demonstration Club, and Mrs. Cleo Curtis and Mrs. Charles Embrey, members of the Navy Club accompanied Miss Jesse M. Hammerly, Home Demonstration Agent to Winchester May 13th to attend a meeting discussing electricity in the homes. Mrs. Eula Ewald, discussed and demonstrated "New Developments in Home Lighting Practices". Mr. E. T. Swink, of the Virginia Extension Service, discussed and explained the phases of electricity and "Food Freezing Equipment". Miss R. Belle Burke, District Home Demonstration Agent conducted the meeting.

DRAINSVILLE CLOTHING CLINIC



MEMBERS WITH CHILDREN



HELPING MEASURING



*METHOD
INSTRUCTION*



MODELING A FINISHED PRODUCT

economics information.

Five result demonstration meetings were held at demonstration kitchens in the county. One hundred twenty-nine attended.

One club member has taken great pride in rearranging and planning her sewing room for greater service and economy of energy. She has shown this arrangement to 25 people.

6. Family Relationship

Forty-seven families were helped in guidance problems; 31 with improving family relationship; 15 families provided play equipment.

7. Recreation and Community Life

a. Recreation

1. All groups have had picnics or evening social meetings.
2. Seven groups have entertained each other at lunches or special meetings to get acquainted.
3. Six groups assisted in the Falls Church Fiesta for making money for a recreational park in the Falls Church area.
4. Eighteen groups have had picnics and parties for 4-H groups.

b. Community Life

1. Eighteen groups furnished 4-H club leaders, scout leaders and leaders for church groups.
2. Vale Community Project: Some years prior to the war, Vale was an active working community, making excellent progress. One of its activities was building and furnishing a Home Demonstration Club House. In 1937 or

1938 this community began to lose all interest; until finally only the Home Demonstration Club and the Grange were the only organizations left - not even a Sunday School was held. Children had to be taken to Sunday Schools outside the Vale Community. The Home Demonstration Club was the only acknowledged activity and this was not particularly strong. In 1948, the Home Demonstration Club and the Grange decided to get busy and find out the cause of this stalemate. The County Agents and the Extension Organizers were called in. A group meeting of both organizations and the church with a specialist and the County Agents were called in. A diagnosis was made at the meeting, resulting in a special survey of the community. Each group was requested to outline plans and suggestions for reorganization and to call in the visiting preacher. At a second meeting these plans were given, the preacher was asked why there shouldn't be a Sunday School. The first plan was to try out the Sunday School. The first Sunday there were 14 - now the attendance is 32 and growing. The men cleaned up the grounds around the Home Demonstration Club house; the club house was cleaned up, and a Fish Supper held. There is much talent in the neighborhood. The Home Demonstration Club is growing

in membership and interest - so is the Grange. We feel that the Vale community is making progress and will reach greater activity than it had - time will hold the answer.

8. A Club Achievement Program

- a. Vale Club has 25 members - 5 of whom are new.
- b. ~~Eight~~ meetings held without assistance of agents.
- c. Youth Work - Reopened Sunday School - all teachers are Home Demonstration Club members, but one.
- d. Community Project:
 1. Cleaned grounds of church, A-H club house and cemetery.
Club women served the workers a supper.
- e. Federation Goal:
 1. A speaker on Cancer
 2. 14 members had Tuberculosis X-Ray
 3. 1 yearly check-ups
- f. Recreation:
 1. July 4th celebration for all ages, including fireworks, races, games, and eats.
 2. Labor Day Social
 3. Two Sunday School Picnics - one at Home Demonstration Club House and one at Glen Echo
- g. Club represented:
 1. Officer Training
 2. Institute of Rural Affairs
 3. District Federation Meeting
 4. County Spring and Falls Meeting

5. Food Leaders Meeting
 6. Two House Furnishings Leader Meetings
 7. Two Garden Leader Meetings
 8. Poultry Meeting
 9. Slip Cover Training Meeting
 10. Meeting on Lamps and Shades
 11. Health Leaders Training Meeting
 12. Raised \$66.70 - has a balance of \$29.26. Contributed to Community Chest, Red Cross, Cancer Fund and Yale Church Fund.
 13. Prepared and served part of refreshments for County Library Meeting.
 14. Assisted 2 other clubs with project demonstration.
 15. Attend County Achievement Program and put up educational exhibit.
9. One Home Demonstration Womans Contributions:
- a. Volunteer County Health Chairman
 - b. Attended all county committee meetings
 - c. Helped make County Health Program
 - d. Planned and carried out Community Health Meeting
 - e. Compiled County Health report
 - f. Attended both County Home Demonstration Committee Meetings
 - g. Attended county officers meeting
 - h. Attended County Health Training meeting and took part
 - i. Held caning in another county

- j. Volunteer Chairman of County Handbook Committee
- k. Held 2 committee meetings on this - secured material for book.
- l. Assist Home Demonstration Agent with proof of Handbook
- m. Assisted Home Demonstration Agent with an upholstery group.
- n. Rearranged and planned her sewing room as a home management project.
- o. Has given personal help and information to numbers of people in her community.

2. Federation Goal

The Federation Goal was the continuation of Health work.

Goals:

- a. Each club has had one meeting devoted to health entirely and at 6 other meetings health information was presented.
- b. All groups have had information on hospital health plans. More and more people are doing something about this.
- c. All groups where it is practical have "Sick Room Equipment" according to a workable plan in the particular group.

All groups gave Health reports at the Spring County Home Demonstration Committee Meeting. Three hundred ninety-one reported cold prevention measures.

Mrs. Frank Rubright, of the Dunn Loring Group, was a Volunteer County Health Chairman. She assisted the Home Demonstration Agent in making a suggested county health outline. She has attended all committee meetings, secured and compiled the County Health Report for the County Home Demonstration Committee Chairman to present at the 1948 District Federation Of Home Demonstration

meeting in Culpeper. She has given a Health report at all County Home Demonstration Committee Meetings; planned and organized a community health meeting for the Dunn Loring Community, 30 people attended; promoted, advised with and assisted with the county Tuberculosis X-Ray Campaign.

3. Other Activities

a. Handbooks

The handbook for the county is popular. Three committee meetings were held. The finished books were given to members during January and February.

b. National Home Demonstration Week (Including District Federation Meeting)

1. All clubs had some special mention of National Home Demonstration Week - but no special feature.
2. The general emphasis was on attendance to the District Federation of Home Demonstration Clubs in Culpeper held during this week. Seventy-five members attended. The County Home Demonstration Committee Chairman gave the Fairfax County Federation Goal report; a club member responded welcome; one club member issued an invitation to the group to meeting in Fairfax for the 1949 meeting. A member nominated for District Federation Chairman was introduced. Fairfax County was 100% in payment of State dues.

34
72

c. Special Visitors

1. Lady Elizabeth Orr, wife of Head of United Nations Food Organization; Dr. Louise Stanley, Bureau of Home Economics; Miss Mena Hogan, United States Extension Service; visited county home management kitchen demonstration, dairy farm, and a Home Demonstration Club.
2. Swedish Reporter and a photographer visited a farm family. Write up and pictures of this family and Extension work appeared in Swedish Journal.
3. A Swedish visitor stayed in a farm family home for one week studying farm family life, extension work and schools.
4. A Swedish woman and a Rural Electrification Worker visited a dairy farm and a Home Demonstration Club.
5. A Maryland Home Demonstration Agent and a New York City Home Economics Instructor visited 2 home management kitchen demonstrations, a 4-H club, a Home Demonstration Club meeting, and compared work with the Home Demonstration Agent.
6. Food and Agriculture Organization Visitors - 40 diplomatic members of Food and Agriculture Organization of the United Nations visited farm homes on Thanksgiving. Twenty-one farm homes entertained at least 2 of these members for Thanksgiving Dinner. These visitors wished to learn to know and meet the Americans to learn customs, farm life, extension work and its outcomes, and to promote better international relationships between Americans and their countries. A member of the Personnel Staff of the United

34
7

States Extension Service and a National Cementator and his friend also visited with them. The group was welcomed by the Home Demonstration Agent and Assistant Farm Agent.

d. Testing Commodities

About 140 Home Demonstration Club members helped put on special tests for new commodities for General Mills. One project was 1) starch, 2) chocolate syrup, and 3) cat's food. Special records were kept on the starch product.

e. Flour Enrichment Bill

All groups urged the "Flour Enrichment Bill and the Health Bill"

f. Institute of Rural Affairs

Eight women, the Home Demonstration Agent and the Assistant Home Agent attended.

g. One Home Demonstration Club woman held a chair sewing clinic for a Home Demonstration Agent in another county - one other showed weaving seats in chairs.

h. Three women and the Home Demonstration Agent attended the Loudoun County Achievement Program. One woman served as song leader.

i. County Home Demonstration Committee Meetings:

Two meetings were held, the spring meeting for Federation reports and planning, and the Fall Program Planning meeting. Prior to each meeting executive committee meetings were held for preparation.

j. Annual County Home Demonstration Achievement Day - 177

women attended - 14 clubs had exhibits - 19 clubs exhibited annual club reports on posters - 20 clubs reported present with members and friends - 15 husbands attended to help put up exhibits - 3 stayed through the morning program. Home Demonstration Agents and county presidents from Prince William and Arlington attended. The Fairfax County Farm Agent and 2 assistant farm agents attended; there were 18 guests in all - the judges of the exhibits were Home Demonstration Agent of Prince William County and a Home Economics Teacher of Fairfax High School - 2 exhibits received blue ribbons - 1 red ribbons, 3 white ribbons. The afternoon was devoted to inspecting the club exhibits and reading the club reports. The sale netted about \$55.00 for the county treasury.

k. Community Fair

Lebanon Home Demonstration Club held a Community Fair; 112 people attended. Exhibits of foods; canned and baked; fancy work; dresses; aprons; flowers; fruits; vegetables and grain; Cake and coffee were sold for club benefit.

l. Home Demonstration agent attended National Home Economics Meeting in Minneapolis in June.

m. The Home Demonstration Agent held a leader training meeting for 4-H club leaders for the Prince William Home Demonstration Agent. Work on making scottie dogs was given that the leaders

FAIRFAX COUNTY HOME DEMONSTRATION

ACHIEVEMENT DAY

FAIRFAX HIGH SCHOOL

October 23, 1948

10:00 A.M. - 3:30 P.M.



HOMEMAKERS' CREED

As Homemakers We Will Strive To:

Have our organization foster the highest ideals in home, church, school and public life.

Have our homes reach out in service to the communities and help unite the people

Have co-operation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

MORNING PROGRAM

10:00 A.M. - Auditorium

Pledge to the Flag - Mrs. Fay Newville, Oakwood
Homemakers' Creed - Mrs. Herbert Brazier, Annendale
Welcome - Mrs. William Watson, Groveton
Song - "America The Beautiful"
Introduction of Guests
County Report - Mrs. Milton Byrne, Virginia Forest
Roll Call
"Ironing a Sport Shirt" - Virginia Rowland, 4-H Girl
Dress Revue - Betty Steele, 4-H Club Girl
Dress Revue - Dranesville H.D.C., Mrs. Kate Fleming
Group Singing
"Organizing One's Self as a Homemaker, a Citizen of
Community - the World", Miss Mabel Best, District
Home Demonstration Agent at Large
Flower Arrangement Demonstration - Mrs. J.C. Burton
Awarding Ribbons - Miss Leona Kline, Prince William
Home Demonstration Agent
Song - "Follow The Glenn"
Announcements

LUNCHEON

12:30

Song Leader - Mrs. Elsie Gersdorff
Accompanist - Mrs. J. E. Beard

AFTERNOON PROGRAM
1:30 P.M. - Gymnasium

Reviewing Club Exhibits
Sale - Proceeds for County Treasury

County Home Demonstration Officers - 1948
President - Mrs. Wm. Watson, Groveton
Vice President - Mrs. Fayo Newville, Oakwood
Secretary - Mrs. Milton Byrne, Virginia Fore
Treasurer - Mrs. Herbert Brasier, Annandale
Health Chairman - Mrs. Frank Rubright, Dunn Loring

Committees for Achievement Day:
Planning
Mrs. Roscoe Lancaster, Pender, Chairman
County Executive Officers

Program
Mrs. Roscoe Lancaster, Pender, Chairman
Mrs. H. M. McKensie, Lincolnia
Mrs. J. B. Dunsford, Dunn Loring
Mrs. William Watson, Groveton.

Food
Oakton Club

Arrangement - Decorations

Annandale Club
Pender Club
Lincolnia Club

Hospitality
Mrs. J. U. Kincheloe
Mrs. John Middleton
Mrs. Louis Rodier

Sale
Virginia Forest Club

Exhibits will not be removed before 3:00 P.M.

H. D. ACHIEVEMENT DAY

County Women Exhibit Their Handi-
work at Fairfax High School
Saturday Last.

The annual Fairfax County Home Demonstration Achievement Day was held at the Fairfax High School on Saturday, October 23. Approximately 177 persons representing 20 home demonstration clubs were present.

Miss Mabel Best, district home agent at large, of the State Extension Service of V.P.I. at Blacksburg, was the guest speaker on "Organizing One's Self as a Homemaker, a Citizen of the Community and the World."

Mrs. John W. Brookfield, a home demonstration club member from Springfield, gave a very effective demonstration on arranging flowers.

The Dranesville Home Demonstration Club women presented a fashion show, modeling dresses that were made in a recent clothing school. Betty Anne Steele, junior winner of the county 4-H club dress revue modeled her skirt.

Fourteen of the home demonstration clubs made educational exhibits. The exhibits were judged for their educational value, originality, and workmanship. Some of the exhibits included such topics as metal craft, basketry, hobbies, book-binding, electrical repair, and quickly prepared and served buffet meals. Each exhibit was classified into either the blue, red or white class.

Those clubs receiving blue ribbon awards were Annandale, Dranesville, Dunn Loring-Idylwood, Lincolnia, Virginia Forest and West Falls Church. The red ribbon winners were Fairview, Navy, Oakton and Vale. Those clubs in the white ribbon class were Groveton, Woodlawn and Vienna.

Mrs. William Watson, chairman of the county committee and Mrs. Milton Byrne, secretary, presided. Mrs. Elsie Gersdorf, accompanied by Mrs. J. E. Beard led the singing.

Miss Leona Kline, Home Demonstration Agent from Prince William County and Miss Dorothy Bowers, head of the home economics department of the Fairfax High School were the

might teach club members to make these for a Christmas handicraft project.

- n. The Home Demonstration Agent and Assistant Home Agent attended the District Post Planning Meeting held by the District Home Demonstration Agent in Warrenton.
- o. The Home Demonstration Agent and 1 Home Demonstration women attended the Electrical School held in Winchester by the District Home Demonstration Agent. Two of the women served as leaders.
- p. Agents Meeting

The Home Demonstration Agent and Assistant Agent attended the Annual Agents Meeting at Blacksburg. Much information and help was received. The group meetings were particularly interesting.

- q. The Home Demonstration Agent attended the State Home Economic meeting in Richmond and has been requested to serve as chairman of the Family Economics Committee.

h. Leadership Training

- a. Ten leaders meetings with an attendance of 129 have been held.

As a result, leaders have held 161 meetings - attendance 3,062 without the agent.

b. Project:

1. Foods

Thirty-one leaders representing 12 home demonstration clubs Project demonstrations for 1 months given by state food specialist. Sixty-six

LEADERS TRAINING MEETING

Fountain H. Scott, of the Horticulturist Department of the Extension Service of V.P.I. will be here Wednesday, June 2nd for a Summer Garden Clinic from 10:00 a.m. to 1:30 p.m. E.S.T. in the Court Room. Bring along with you any bugs or leaves from diseased plants which you wish to identify. This is a county-wide meeting and everyone is invited.

club meetings held by leaders without Agents' assistance.

2. Garden

a. Spring

Ten members representing 2 home demonstration club held by State Garden Specialist.

b. Late Spring

Twenty-five people present represent 12 clubs. Insect and pest control given.

3. Health (Federation Goal)

Twenty leaders represented 15 clubs. Leaders responsible for May meeting without assistance of agents.

4. Beetle Control

Forty-one people 20 of them women met to help plan for Beetle Control. These 20 women promoted and helped give information to the public.

5. Slip Covers

Two 2 day leader meetings on slip covers - 12 clubs represented by 20 leaders. 13 chairs, 3 cushions slip covered and 1 chair upholstered.

6. House Furnishings

a. Twenty-six leaders representing 14 clubs trained by State Specialist. Forty-four club meetings held without agents' assistance.

b. Home Demonstration Agent held training meeting with 15 leaders representing 2 clubs. These leaders assisted the agents at club meetings.

B. Other Means of Reaching People

1. County Board of Agriculture

The County Home Demonstration Committee is a part of this organization; other Home Demonstration women on other county committees such as garden and

COUNTY HOME DEMONSTRATION COMMITTEE

**NEWS OF THE COUNTY
AGENT'S OFFICES**

**H. D. Committee Holds Spring Meeting. Garden Clinic Next Week.
Barke Boys Win Prizes.
4-H Fair August 14.**

Twenty members of the Fairfax County Home Demonstration Committee met in the Board Room of the Courthouse for their annual spring meeting. Mrs. William Watson, County Chairman, presided. Reports were given by Mrs. Herbert Brazier reporting on county finance, Mrs. Milton Byren on previous meetings; Mrs. Frank Rubright on County Health Work; Mrs. William Auman, Mrs. Walter Krehbiel on the District Meeting held in Culpeper; Miss Jessee M. Hammerly, home demonstration agent, on county work and suggestions on improvement; the Club presidents reported on their community work. The following committees were appointed: Mrs. Frank Rubright, chairman of handbook committee with Mrs. Faye Newville; Mrs. Roscoe Lancaster, chairman of the county achievement program with Mrs. W. E. McKenzie and Mrs. J. B. Lunsford on program committee; the Tremont Garden and Annandale clubs in charge of booth arrangements and decorations; the Oakton club in charge of lunch committee; the Vienna Club in charge of publicity; Virginia Forest Club in charge of the sales committee. The hospitality committee will be composed of Mrs. Mason Hirst, Mrs. Louis Rodier, Mrs. Frank Rubright, Mrs. Allen Bradley, Mrs. James Kincheloe and Mrs. Maurice Fox.

FLORIS

The Navy Home Demonstration Club will have a benefit baked chicken and ham supper in the club house on Tuesday April 6 from 6:30 to 9 p. m. Adults tickets are \$1.00 and children under 12 years of age 45 cents. Proceeds are for the club house building fund. Mrs. Charles Fortney is general chairman.

TYPICAL WEEKLY SCHEDULES

H. D. SCHEDULE

"Window Treatment" will be the subject of the home demonstration clubs next week. The Woodlawn club will meet Monday at 2 p.m., Oakton and Vienna on Tuesday both at 1:30, Fairview on Wednesday at 2, West Falls Church on Thursday at 1:30, Navy on the same day at 2, and Tremont Gardens on the same day at 8.

The Woodlawn 4-H Club will meet on Monday at 12:30 p.m., Centreville on Tuesday at 10:30, and Floris on Thursday at 11.

H. D. SCHEDULE

The following home demonstration meetings will be held during the coming week: Tuesday, Dranesville, Wednesday, Lorton, Thursday, Annandale and Friday, Groveton. All meetings will be at 1:30 p.m. and the demonstration will be at the choice of the club.

The Forestville 4-H Club will meet on Tuesday at 10 a.m., Chesterbrook on Wednesday at 10:30, Annandale on Thursday at 9:30 and McLean on Saturday at 10:30.

H. D. SCHEDULE

"Health" will be the subject of the demonstration at all H. D. meetings next week. The Woodlawn club will meet on Monday at 2 p.m., Oakton on Tuesday at 1:30, Fairview on Wednesday at 2, Navy on Thursday at 2, and Tremont Gardens on the same day at 8, and Pender on Friday at 1:30.

The Woodlawn 4-H Club will meet on Monday at 12:30 p.m., Centreville on Tuesday at 10:30 a.m., Floris on Thursday at 11 and Oakton on Friday at 9:30.

H. D. SCHEDULE

"Consumer buying" will be the subject of the demonstrations at all H. D. meetings next week. The Vale Club will meet on Monday at Dranesville on Tuesday, Lorton on Wednesday and Lincolia on Thursday all at 1:30 p.m., and Lebanon on Friday at 2.

The 4-H Club meetings will be held as follows: Monday, Fairfax, 10:30 a.m. Tuesday, Forestville, 10; Thursday, Lincolia, 10:45 Friday, Lorton, 10:30.

HOME AGENTS' NOTES

When sponging out a stain from clothing, work from the underside of the fabric whenever possible, advises Miss Hammerly, home agent.

If cleaning fluid, water, or other liquid is applied to the back of the cloth, it washes off the stain instead of driving it through into the cloth, she explains.

Lay the stained fabric wrong side up, on a pad of soft cloth which will absorb the liquid. Dip a clean, soft lintless cloth in the liquid and wring it out. Then sponge over the stained area with light, quick, brushing motions, working from the outside of the stain to the center. Use the liquid sparingly in order not to moisten the fabric more than necessary. Repeat the process until the stain disappears. Better results come from several light quick applications than from one large application.

This method is advised for most clothing or household fabric. However, it is not practical for very thick fabric or garments of double fabric—coats with linings, for example, or padded clothing, upholstery, or rugs.

Clothes, shoes and overshoes, wet by snow or rain, may be damaged if they are dried near the stove, hot radiators, or hearthfires, clothing specialist of the U. S. D. A. warns. Wool, fur and leather are easily damaged by heat, especially when they are wet. Leather may be rough, harden or cracked. Wool and fur scorch easily. Rubber decomposes and becomes soft or sticky.

Drying of articles of the materials is best done at ordinary room temperature away from high heat. It is slower—but safer method.

HOMEMAKERS' ITEMS

Those small insects—the weevils, beetles and meal moths—which get into cereals and other dry foods in home cupboards are a familiar nuisance to the housewife.

Miss Josse Hammerly, home agent, takes a more serious view of them because of the waste of food they cause annually.

If each family in the United States threw only 50 cents worth of cereal food each year because of insect infestation, the loss would total about \$15,000,000, the agent estimates. Actually, she says, the loss from kitchens of the nation from insects probably is greater than this.

Every housewife, therefore, Miss Hammerly says, can help the grain-saving program as well as the family pocketbook just by keeping her cupboards free of insects. Simple steps for doing this are: clean all shelves thoroughly; spray cupboards with 5 percent DDT; inspect all packages of food for insects; sterilize food packages in a slow oven (140 degrees F.) for half an hour; and keep all food in tightly closed containers.

These measures will help control ants, cockroaches and other insects, as well as the pantry pests.

34
72

poultry also belong to this Board. This council spreads information and helps county people not reached in Extension Service work - to become more familiar with other phases of county work. Any future county garden work is decided by this committee and other individual committees of this Board; but if an all over county phase of work is to be handled the entire Board is called.

2. In the Home Demonstration program other people have been reached through 2 radio programs and news paper articles - 26 news articles have been published. Club members contact non-members and friends through personal visits, phone calls and at public meetings, community and church. Many people are contacted through work with other organizations. News articles of meetings are sent in by club reporters. The Extension Workers write up special meetings and informative articles.

In all methods of publicity the purpose have been to give timely helpful information to as many people as possible, and to interest these people in the extension program. News articles promote interest and advertise extension work. An estimated number of 5,600 people is believed to have been reached.

V. Work with Youth

A. 4-H Clubs

1. Organization

a. County Council

The County Council is composed of the officers of the 17 local 4-H clubs. There are 101 members. Leaders and Agents are advisors. The council plans and guides club work and county features. Three meetings have been held to-date. A committee meeting of the executive officers precedes

34
72

4-H JUNIOR COUNCIL

4-H CLUB COUNCIL MEETS

The Fairfax County 4-H Club Council held its meeting at 10:00 a.m. on Friday, August 6, in the Board room at Fairfax. Plans for a picnic to Marshall Hall by boat were arranged for August 25. All club members, their families, and friends were invited. Each person attending is to bring a picnic lunch. 4H club leaders will be chaperons. Last minute arrangements were made for the Junior Fair which is to be held on Saturday, August 14. The county 4-H club achievement Program was set for November 27. October 16, was the date set for the next council meeting.

34
72

each meeting for planning that meeting. At the first meeting the council set up the following county goals:

1. To have 100% completions - 199 members completed projects.
2. To take part in Home Beautification Campaign - 295 participated.
3. Send delegates to county and state events. This was done.
4. Take active part in neighborhood and community activities. This was done.

The council also planned to hold the following events:

1. Organize and Honor Club
2. Hold a County Junior Fair in August
3. Hold a county camp at Jamestown in June
4. Hold a county picnic at Marshall Hall in August
5. To send representatives and 2 chaperones to State Short Course
6. Send representatives to State Conservation and Poultry Camps
7. To have participants in club and county campaigns and contests.
8. To send bus load of boys and girls to Atlantic Rural Expedition.
9. To hold a county achievement program

Each of these plans were accomplished.

b. A Typical 4-H Club - Fairview

34 members - 2 of them new (14 girls - 20 boys)

Girls work:

12 girls completed the project So You Want To Sew

14 girls completed the project Handicraft

14 girls completed the project Safety

11 girls completed Home Beautification

FAIRVIEW 4-H CLUB REPORT

✓ FAIRVIEW 4-H CLUB TO
TAKE PART IN FLORIS FAIR

At the meeting of the Fairview 4-H Club held at the home of Mrs. Mary Steele, at Fairfax Station, plans were made for all members to enter exhibits at the Floris Fair, on August 14. Marie Auth, Virginia Rowland, and Nancy and Alice Feusehran are entering the State Contest again this year. Three members gave demonstrations at the H.D. meeting. Virginia Rowland on laundry, Alice Feusehrans, safety, and Nancy Feusehrans, home improvement. The H. D. Club gave permission for the 4-H members to clean up the lot they own at Fairfax Station, which will be used for a community playground. Nancy Feusehrans was appointed chairman of the clean-up committee. Travis Hubbard was given a scholarship to attend the Conservation Camp at Holiday Lake. Margaret Adams and Gordon Riggles are also attending this camp.

- 1 girl completed Home Improvement
- 2 girls completed Food Preservation
- 12 girls completed Handicraft
- 4 girls completed Breads
- 4 girls completed Laundry
- 4 girls completed Make and Remake
- 2 girls completed Housekeeping and Storage
- \$177.00 raised for club treasury by parties, dances, and community meals. The greater portion of this was used to help members to attend county camp and on other trips.
- Leader and 26 members attended county camp
- 4 girls and leader attended State Short Course
- 1 member became an All-Star
- 3 members attended State Poultry Camp
- 3 members attended State Conservation Camp
- Gordon Riggles and Jane Bridges won State Egg Judging - Attended Nepco Exposition in Harrisburg and won 1st place in Regional Contest.
- 12 girls exhibit at County Junior Fair
- 1 member won two 1st places in poultry at Atlantic Exposition in Richmond.
- 1 member has 2nd place in District Clothing Achievement and Dress Revue
- 1 won red award in areal Laundry Contest
- 1 won State award in Safety and will go to Chicago
- 25 demonstrations given at club meetings - 6 local, 5 county demonstration, 3 State demonstrations and 1 Regional

34
72

10 members on programs; 14 picnics and parties held; work is being done on a lot for a playground.

Celebrated National 4-H Week with window exhibit and program for Parent Teachers Association

12 monthly meetings with 8 other meetings. Leader held 10 of these.

2. Project Work

a. Procedure in Determining Program

Project work was explained by leaders and agent - clubs carried project according to popular vote.

b. Project work was carried in 1) So You Want to Sew; 2) Make and Remake; 3) Home Improvement; 4) Food Preservation; 5) Food Preparation; 6) Breads; 7) Housekeeping and Storage; 8) Home Grounds Beautification; 9) Safety; 10) Poultry; 11) Gardens and 12) Handicraft. These projects were carried according to the interests of the club members; but So You Want To Sew, Safety and Home Beautification were the most popular because these were easy and could be demonstrated in short time allowed club meetings in school. The longer time projects were carried by clubs meeting on Saturday mornings.

c. Projects

All project work was given by demonstration method by leaders and agents. Leaders were trained by agents.

1. So You Want To Sew

300 enrolled - 199 completed

Leaders gave 21 demonstration - agents 54

Members gave 200 demonstrations - 125 exhibits

200 sewing boxes equiped - 1,410 articles made

The Virginia Forest Club of 15 members had 15 completions

2. Make and Remake

11 members interested - 11 completed

Leaders 3 demonstration - Agents 14

Members 19 demonstrations - 8 exhibited

86 new garments made - 155 remodeled

16 dyed - at cost of \$71.67

One girls work:

3 demonstrations - 2 contests enter (clothing and Dress Revue)

1 exhibits - 21 new garments - 1 dyed at cost of \$80.51

Won county area award in Clothing Achievement and Dress Revue -

2nd place in each in District Contests

3. Home Improvement

1 enrolled - 1 completed

4. Handicraft

130 entered - 130 completed

Leaders 4 demonstrations - agents 10

186 bookends, jewel boxes, vase holders, and shell jewelry

5. Home Ground Beautification

295 enrolled - 190 completed

Members 13 demonstrations - leaders 11 - agents 16

County medal won by one girl

6. Safety

100 enrolled - 196 did something

30 demonstrations by members - 10 leader - 22 agents

15 in contests

One girl put on an extensive survey and safety campaign in her community - won state award with trip to National Congress of Boys and Girls in Chicago

7. Housekeeping and Storage

12 enrolled - 9 completed

Leader 1 demonstration - agent 4

One member mended linens, cleaned lamps, set table, washed dishes, brought in fuel, cared for garbage and own room practically daily. She lengthen sheets, equipped a tool box, remodeled 4 pieces of furniture, make over curtains and repaired pictures. She made laundry bag, bookshelves, shoe bag and book shelf table.

8. Laundry

4 enrolled - 4 completed in each laundry unit

1 member completed all units and entered contest - won 1st place in county and area contests

9. Food Preparation

13 enrolled - 8 completed

12 members demonstrated - 3 leaders - 10 agent

2 exhibits for judging

1,191 total times foods were prepared

1 member was awarded county medal

10. Breads

5 enrolled - 3 completed

13 demonstrations by members - 2 leaders - 4 agent

Total number times bread made 288 - 10 times judged

11. Food Preservation

20 enrolled - 15 completed

3 members demonstrated - 1 leader - 2 agent

10,090 quarts canned - 1,631 packages frozen

1 member gave 2 demonstrations, canned 550 quarts and frozen

200 packages. She won the county award.

12. Garden

2 enrolled - 2 completed

13. Poultry

2 enrolled - 2 completed

1 member was a part of the State and Regional winning team in
Egg Grading.

3. Other Activities

All activities were held for educational growth, to create interest
for recreation and to promote club work.

1. County Picnic:

All day at Marshall Hall - Leaders entirely in charge. 119 attended.

2. County Junior Fair:

An advisory board formed - money raised through advertisements

Home Economics classes for girls

Dairy Show for girls and boys

Classes for girls in Dress Revue and Clothing Achievement

Canned foods, flower arrangement

11 entered - 200 attended

4-H COUNTY FAIR

FLORIS FAIR AUGUST 14

The County 4-H and F.F.A. Junior Fair will be held at the Floris school August 14 beginning at 10 a.m. The exhibits will include dairying, livestock, poultry, farm produce, dressmaking, cooking, canning etc. Entries are open to any 4-H or F.F.A. member, and also to home economics students in the county high schools. Each member will be allowed to exhibit only the project upon which he or she is working. Cash prizes or premiums will be awarded in all classes. Dinner will be served by the Floris P.T.A. and refreshments will be available on the grounds.

The officers of the Fair Association are: Spencer Lee, president; David Middleton, vice president; Nency Feusehrans, secretary; Jane Bridges, treasurer. Directors: W. J. and W. D. Middleton, C. C. Beam, Mason Smith, Jr., Marshall Jones, F. A. Peck, Mrs. Mary Steele, Mrs. Franklin Thackery, and Miss Sonja Gersdorf and Dorothy Billings.

3. County Camp:

Held at Jamestown in June

52 boys - 52 girls - 11 leaders and agents

Swimming, recreation, handicraft, nature study - vespers, and evening programs were on the daily schedual

Home Demonstration clubs paid leaders way

4. State Short Course:

2 leaders and 4 girls attended

1 girl was made a All-Star

5. State Poultry Camp:

3 girls attended

1 team demonstrated Eggs in the School Lunch

1 team demonstrated Judging Eggs

Team in judging eggs won first place

6. State Conservation Camp:

2 girls attended

7. Atlantic Rural Exposition:

61 boys and girls and leaders attended

(Though a rainy day, a good time was had by all.)

8. County Achievement Program:

200 members, leaders present

14 clubs reported

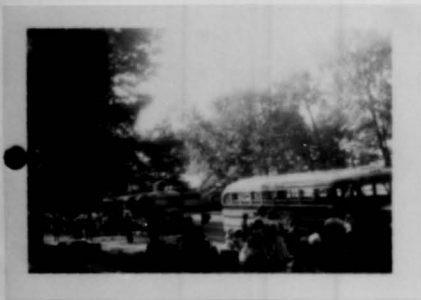
4 demonstrations put on by members

Special awards presented

Recognition of outstanding members

Recognition of leaders for good work

COUNTY 4-H CAMP SCENES



GOING TO CAMP



FLAG RAISING



HANDICRAFT CHECK-UP



SWIMMING INSTRUCTION



OUR LEADERS

JAMESTOWN 4-H CLUB CAMP

JAMESTOWN 4-H CLUB
CAMP

Local Boys and Girls to Have Annual
Summer Outing June 14-19.

Between 125 and 150 County 4-H Club members are expected to attend the annual Jamestown 4-H Club camp June 14 to 19 inclusive. The camp will be under the supervision of county 4-H Club leaders and extension workers. The features will include a recreational program of swimming and competitive sports, handicraft classes, etc. There will also be trips to historic localities in the neighborhood, including Jamestown, Williamsburg, Yorktown and the Mariners' Museum at Newport News. In order to be eligible to attend the camp, each camper must be a 4-H Club member in good standing, and must have completed his or her project work to date.

DO YOU JUST BELONG?

Are you an active member,
The kind that would be missed!

Or are you just contented
That your name is on the list?

Do you attend the meetings,
And mingle with the crowd;
Or do you stay at home,
And crorb both loud and long?

Do you take an active part,
To help the club along;
Or are you just satisfied to be
The kind who "just belong"?

Do you ever go to visit
A member who is sick;
Or leave the work to just a few
And talk about the "clique"?

There is quite a program scheduled,
That means succes if done;
And it can be accomplished
With the help of everyone.

So attend the meetings regularly,
And help with hand and heart;
Don't be just "A member";
But take an active part.

Think this over member,
Are you right or are ye wrong?
Are you an active member,
Or do you just belong?

FAIRFAX COUNTY 4-H CLUB

ACHIEVEMENT PROGRAM

FAIRFAX THEATER

Nov. 13, 1948

9:30 A.M. - 3:00 P.M.



PLEDGE FLAG

I pledge allegiance to the Flag of the
United States of America and to the Republic
for which it stands, one nation indivisible,
with liberty and justice for all.

4-H CLUB PLEDGE

I PLEDGE

My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living, for
my Club, my Community and my Country.

CLUB MOTTO

"To Make the Best Better"

PROGRAM
9:30 A.M.

- Call to Order
- Pledge of Allegiance
- Club Pledge
- Welcome
- Song - "The More We Get Together"
- Introduction of Guests
- Club Reports - Club Representative

Fairfax	Ferrestville
Chesterbrook	Annapole
McLean	Burke
Lincolnia	Lorton
Woodlawn	Centerville
Floris	Cekton
Fairview	Virginia Forest
- Recognition of Club Leaders
- Leaders' Recognition of Outstanding Club Members
- Demonstrations:
 - Egg Grading - Jane Bridges and Gene Riggles
 - Modeling My Dress - Betty Ann Steele
 - Ironing a Sport Shirt - Virginia Rowland
 - Judging Poultry - Leon Collier

- Special Reports:
 - Conservation Camp - Jane Bridges
 - State Camp - Nancy Feuschrens
 - Poultry Camp - Virginia Rowland
 - County Camp - Channing Smith
 - Nepco - Gene Riggles
 - State Fair - Margie Sutphin
 - Dairy Judging - Bob Jenkins
 - County Fair - David Middleton
 - County Picnic - Ginger Blair
 - Miscellaneous - John Bull
- Song - "4-H Trail"
- Special Awards to Club Members
- Announcements
- LUNCH
- Afternoon Program - 1:30 P.M.
- Songs
- Free Moving Picture

4-H ACHIEVEMENT DAY
NOVEMBER 13

The annual 4-H Club Achievement Day program will be held at the Fairfax Theatre Saturday, November 13, beginning at 9:30 a.m. Lunch will be served at 12:30 and at 1:30 there will be a free movie. Awards will be made to members who have distinguished themselves. All old and also all prospective members are invited to attend and to bring their parents and friends.

Classified Ads

Water Work

PONES & PINCHAM

Fall Church 1608, Fairfax 246

ELECTRICIANS

Line Contractors, Setting Poles

Wm. J. Partridge, Jr.

1935-1936

PIANO TUNING

1935-1936

9. National 4-H Club Sunday:

Observed by 1 clubs attending church

10. National 4-H Club Week:

1 club put on a Parent Teachers Association Program and put on exhibit of club work in a store window

11. Recreation:

All groups had picnics or were entertained by Home Demonstration Clubs

4. Leadership

Eighteen women members of Home Demonstration Clubs serve as 4-H leaders. Other Home Demonstration women help in special club events when called on. Leaders are trained in small groups of 2 and 3 by the agents in project work on organization. Nine training meetings with an attendance of 29 have been held. One of these was a Handicraft meeting with a specialist from the state department. At that time 12 leaders, 1 assistant agents and 2 agents were present.

Three extra group of leaders were held in planning for and putting on the County Junior Fair - these meetings were not counted as leader training meetings. Fifty 4-H club meetings with an attendance of 616 were held by leaders without the assistance of the agents.

The Assistant Home Demonstration Agent with 2 leaders attended Clothing Leaders meeting on "Make and Remake" in Manassas. The project work was conducted by the state clothing specialist. Six leaders, 2 agents were present.

B. Honor Club

In May the All-Star organization met and planned for the organizing of an Honor Club. Members must be 4-H members, 14 years of age, in good standing.

CLUB EXHIBIT FOR NATIONAL 4-H CLUB WEEK



34
72

carrying club projects, leaders and All-Stars. All recommendations for future All-Stars must be selected from this group. Each member must do something to promote club work. The group was organized with 12 members. The 4-H club girl members plan to help the agents promote demonstration teams.

C. Older Youth

1 All-Star organization - 2 members

1 Honor Club - 12 members

Both groups to meet 1 times a year; to promote club work; the All-Star group to be the senior group helping the agents were possible.

VI. Agent's Cooperation with Other Agencies:

The agent has had the opportunity to advise with and cooperate with other agencies in the county. This contact is a pleasurable one which gives the Home Demonstration Agent the opportunity to learn to know the personal of these agencies and their work; therefore in turn for these agencies to know the Home Demonstration Agent. It is a pleasant contact for promotion ~~of~~ county extension work. True the Home Demonstration Agent cannot spend too many days with these agencies, but a large part of the help to them is carried out through club leaders and Home Demonstration Club members.

The cooperation on the part of the county extension workers is splendid. Monthly conferences are scheduled - but weekly conferences are held and some times daily ones are held. 4-H county programs and monthly meetings are planned for and held together. The county-wide campaigns on the part of the

Farm and Home Demonstration Agent are promoted by each and in some cases are held jointly.

1. County Board of Education:

The Home Agent has

- a. Judged "Miss Future Homemaker of America" and her runner-up at the Tri-county F.H.A. meeting in Manassas.
- b. Talked on "Careers in Home Economics" to a Future Homemakers Association Club at Mt. Vernon High School.
- c. Served on the principals committee of the "Emergency Food Campaign".
- d. Home Economics teachers in turn have judged at fairs and achievement programs for the Home Demonstration Agent.
- e. School buses are used to transport club members to camp.

2. Welfare

The superintendent of Welfare has talked to Home Demonstration Club members on "Importance of Check-up on Health".

3. Health

- a. The Home Demonstration Agent and clubmembers have promoted explanations of Health Department - informed people of clinics available.
- b. Nurses and Health Doctor talk to club groups on Health.

4. Red Cross

The Home Demonstration Agent is county clothing chairman in the County Red Cross Disaster Committee. There is a county co-chairman, a chairman, and co-chairman for each district. The

organization is ready to work when necessary.

5. County Tuberculosis Association

Club members, and Home Demonstration Agent helped promote, advertise, and furnish transportation during County Chest X-Ray Campaign. At least 3/4 of club members were X-Rayed.

6. Community Chest

The Home Demonstration Agent helped promote the Community Chest through club members and leaders.

7. Parent Teachers Organizations

- a. 4-H club members have given 2 programs to Parent Teachers Organizations
- b. The Home Demonstration Agent has talked to 2 groups.

8. Ministerial Association

- a. Helped Vale community to re-open Sunday School and Church
- b. Home Demonstration Agent advertised "Ministerial Meeting" held in Blacksburg.
- c. Judged Annandale Church Community Show

9. Greek Relief

- a. Clubs are furnishing layettes, partial layettes or articles for layettes as continuation of work done last year.

10. Southern States Cooperative

- a. Attended 2 meetings
- b. Judged at 2 feed sack articles contests
- c. Furnished leaflets on "Freezing Foods".

11. State Home Demonstration Agent Association

- a. Home Demonstration Agent served on "Retirement Committee" of State Home Demonstration Agent Association. She helped make up report presented at State meeting in August.
- b. Attended National Home Demonstration Agent Association Meeting in Minneapolis.

12. State Home Economics Association

- a. Attended state meeting in Richmond
- b. State chairman of Family Economics Committee
 - 1. Held one committee meeting
 - 2. Attended one State Executive meeting
 - 3. Attended National Home Economics Meeting in Minneapolis

13. Home Demonstration Agent - Legislative Chairman of the Business and Professional Organization - was responsible for one program on Registration.

14. Garden Club

Served as judge on wild flower arrangement and promoted "Beetle Control" through garden clubs.

15. Falls Church Fiesta

A 3 day affair to raise money to build Recreational Park

- a. Home Demonstration Agent secured judges and judged foods
- b. Five Home Demonstration clubs put up exhibits and helped in the Fiesta.

16. Library Association

Home Demonstration Agent and 2 clubs prepared and served refreshments at launching of new county bookmobile program.

17. The Assistant Home Demonstration Agent help judge area 4-H contest at Berryville - the Home Demonstration Agent judged at Loudoun 4-H Fair.

18. Draft Board

The Assistant Home Demonstration Agent spent $\frac{1}{2}$ day and the Home Demonstration Agent $\frac{1}{2}$ days setting up personnel in county draft registration stations for the Draft Board. Home Demonstration women assumed the responsibility.

19. Home Economics Tea

The Assistant Home Demonstration Agent and Home Demonstration Agent attended the Gas and Light Company Tea held in Carlton Hotel for Home Economists in Washington and Washington Area. The Home Demonstration Agent assisted in "pouring". 125 attended.

20. Teacher-Retailer in Foods

A proposed get-together on part of Grocery Retailers and Home Economic Teachers to learn ways of helping each other, and to promote better handling and distribution of foods; to plan educational materials.

- a. Pilot meeting to determine reasons for and purposes.
- b. Steering Committee to plan teachers part. Home Demonstration Agent recorder of this committee. Three committee meetings were held to draw up plans to present to Retailers. This is what has been done on this project to-date. Later there will be a joint committee meeting of Retailers and Teachers to plan for a joint meeting of all the members of both groups.

ACTIVITIES WITH OTHER ORGANIZATIONS

**Food Must Be Saved
In Order To Save
The Peace**

Food must be conserved to: (1) Help hungry people abroad, and (2) stretch our own food supplies. This is a matter that concerns every person in Fairfax County as well as in the United States.

As far as the world is concerned, saving food is a force directed against evils which might again throw the world into war. The thought is that feeding the hungry will help bring about a more peaceful spirit.

It is reasonable to think that saving food will cause food to be more plentiful within our own boundaries and thereby help reduce some of the high cost of living. In doing this it will channel to our lower income groups more of the necessary food than they should have.

The total food saving program is wise and friendly and should be seriously acted upon by all.

Early in December Mayor Graham, of Fairfax, directed the organization of a Citizens' Food Committee. The purpose of this committee is to urge by various means a hundred per cent cooperation of the families in this community in the food saving program. This is the first of a series of articles that will follow weekly in

VIII. Evaluation of 1948 Program

A short survey on evaluating the 1948 program was conducted. The results showed the greater majority of Home Demonstration women were satisfied with the program. They considered meeting the needs of most people. Three new home demonstration clubs were organized bringing the total to 22 clubs. One new 4-H club was organized bringing the total to 16 clubs. Each Home Demonstration club held 1 or more meetings without the agents; the 4-H clubs each held 1 meetings without the agents. Lack of transportation is still the big problem in attendance.

Some outcomes of the Program:

High cost of living and lack of commodities still affect the women largely. Among the Home Demonstration Club women - one notices a greater trend toward wise buying; money is not as plentiful. There is a trend toward greater concentration on a subject as:

- a. In foods - women find they still have a great deal to learn; therefore foods will figure in the 1949 program; especially economy of buying and preparing.
- b. High cost of clothing has brought some clothing work into the 1949 program.
- c. The great amount of building and remodeling of homes has kept the interest in House Furnishings alive, especially toward conservation of furnishings.
- d. Special interest groups in re-upholstry, slip covers, and others will play a large part in the 1949 program - again a leaning toward conservation.

e. An interest in making things - the economy of making one's own handicraft articles keeps handicraft in the foreground.

High taxes for more and better schools, better roads, the still rising cost of living, the fact that people do have less leads toward a more conservative program in buying and using what is on hand and yet maintaining a good standard of living.