

PLAN OF WORK 1959

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Augusta  
County

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I. County Situation Considered in Working Out the 1959 Program.

Augusta County is the second largest county in Virginia. With the two cities of Staunton and Waynesboro within its boundaries, its urban population is very nearly equal to its county population, according to figures from the 1950 census. These figures have changed due to extension of the city limits of both cities in the last few years. This will further increase urban population and decrease county population. County population is divided between rural farm and non-farm residents in the percentages of 42.2% farm and 57.8% non-farm residents or over 5000 more rural non-farm residents. Due to the industrial development in the county in the past few years there has been and will be a further increase in these figures.

Diversified farming is practiced on the farm land of the county with beef cattle, horticulture (apples and peaches), poultry and sheep raising heading the list of specialized activities. The past five years have seen a decrease in the number of farms and increase in the acreage of these farms. There is also an increase in the number of farmers working off the farm part-time.

The county is bordered on both sides by mountain ranges with a greater share of this area included in the boundaries of national forest. In between these mountains, the land is predominately valley broken by low hills and rolling terrain in some sections.

The median income of county residents is \$2,202 with 44.3% having an income of less than \$2000. The four "top" types of employment are agriculture, manufacturing, construction and textile mill products. Many of the rural non-farm residents are employed in factories or plants within the cities or within a radius of 6 miles of the urban area. There is employment in other parts of the county, however, most of the employed women had worked either in textile mills or small apparel factories up to the last year or two. Jobs for women in the labor force are increasing. All of the new industries are expanding operations and a new addition has been completed for the Dupont Plant in Waynesboro.

Home Demonstration work started in Augusta County forty years ago. Various subject-matter programs have been stressed throughout these years in keeping with the needs and interests of the people, with an ever-widening interest in community activities and county activities. Many housing improvements have been made but there is still much to be done particularly to the older farm homes in the county. While the 1950 and 1955 census records show an upward trend there is a need for more running water under pressure and more kitchen sinks especially since such a high percentage of homes have electricity. Another problem is modernization of wiring and lighting in homes which have been wired for electricity a number of years but whose wiring has not kept pace with the new appliances homemakers are adding to their home equipment. Lighting is poor for the various "seeing" tasks in many homes.

The many outside activities available to homemakers plus the family's demand on her time and resources make her an important cog in the family life pattern. Additional homemakers are joining the labor force all the time so that it is more important than ever for her to have household duties well organized. The fact that more farmers are working part or full-time off the farm has added to the available income thus making it possible for remodeling and other improvements to be made.

The 1959 Home Demonstration Club program of work emphasizes a continuation of the Safety program with stress on various phases of Home Safety; also International Relations as the Federation Program of Work. Subject-matter topics include Good Grooming, Planning Family Recreation, Food Needs of Other Nations, Rug Making with stress on Braided Rugs, Etiquette in Entertaining, Methods of Roasting a Thanksgiving Turkey or Thanksgiving Table Centerpieces. Arts and Crafts have been revived with stress on Tray Stenciling, Basketry and Flower Arrangement. Special interest topics include Home Nursing or First Aid study groups, Chair Seating, Ceramics, and Weight Control.

## II. County Extension Program - Adult

### A. Overall Program

#### 1. The County Agricultural Extension Service Board

The County Extension Staff plans to invite representatives from agricultural, home economics and youth committees and organizations to a meeting in late February or early March at the latest to coordinate planning of the various sub-committees into a long-time program of work for Augusta County. We hope that this will lead eventually to the establishment of a County Agricultural Extension Service Board.

#### 2. Home Economics Council

Our goal in 1959 is to coordinate the two already established home economics committees and representatives from the County Home Demonstration committee into a Home Economics Council which will meet annually.

#### 3. General Interest Committees

Plans for a general interest committee on Safety failed to materialize in 1958. If the need arises as the result of the general meeting mentioned above for any general interest committees to be established this will get underway during 1959.

#### 4. County Home Economics Committee

The Lighting Committee set up in 1957 continued active in 1958. Some of the activities planned for 1958 did not prove as successful as hoped but we made some progress. A meeting will be held in early January to make plans for a second demonstration home which is to be opened early in the spring and to consider other activities to be stressed during the year.

A nutrition committee was organized in 1958. Although not too much has been accomplished as yet plans were made for a survey of teen-agers eating habits and of fourth grade students as a bench-mark on which to base programs.

A special interest group on Weight Control will begin meetings in late January, 1959 and it is also hoped to revive the old Weight Control group to see what has happened to the members of that group in the four years since it held meetings for four months of the year. 1954

#### B. Home Demonstration Club Program

The County Home Demonstration Club Committee is made up of Presidents and Program Development leaders of each Home Demonstration Club plus the County officers and a few representative leaders who are past Presidents and leaders in various capacities. They meet twice each year to coordinate the work of the county with the program of the Virginia Federation of Home Demonstration Clubs and to make plans for the coming year's program. The following subject-matter fields have been given major emphasis in the 1959 plan of work.

##### 1. Foods and Nutrition

Foods topics were one of the topics selected for major stress in the 1959 program of work.

##### A. Objectives for Improving Family Living

- (1) To assist homemakers with recipes for Christmas cookies and candy.
- (2) To assist homemakers with ideas for family party refreshments.
- (3) To acquaint homemakers with the food needs of other nations.
- (4) To teach homemakers to make fancy pies.
- (5) To acquaint homemakers with proven methods of roasting turkey.
- (6) To assist special interest group in weight control.
- (7) To assist Home Demonstration Market sellers in Staunton and Waynesboro with marketing of surplus products.
- (8) To conduct survey of teen-age eating habits and fourth grade pupils as a bench-mark for long-time nutrition training.

##### b. Methods

- (1) Demonstrations will be given at monthly Home Demonstration meetings in December, 1959 on recipes for Christmas cookies and candy. Since this demonstration is combined with the annual Christmas party in most cases members will be asked to bring recipes and exhibit samples of either cookies or

candies at the choice of the club and explain their exhibit; in May, 1959 the agents will give demonstrations on Refreshments for Family Parties; August, 1959, leaders will give demonstration on Foods Needs of other Nations and have hostesses serve a foreign food recipe for refreshments; October, 1959, 13 clubs have chosen the leader demonstration on "Making a Fancy Pie"; November, 1959, 10 clubs have chosen the leader demonstration on proven methods of roasting turkey. The agents or some person locally will train the leaders for all of these demonstrations with the exception of the August topic, specialist help will be given to leaders in July on this topic.

(2) Special Interest Group

A special interest group in weight control will meet in January, 1959 and for approximately 4 months following. These ladies will also be result demonstrators. It is planned to hold a meeting of the first weight control group which started in 1954 to see what has happened since these women tried to reduce their weight.

(3) Mass Media

Radio broadcasts and newspaper publicity will be used in connection with monthly demonstration topics as well as to get timely information on various food subjects out to ~~her~~ non-home demonstration members on consumer buying, good recipes and other related topics as they come up during the year.

(4) Exhibits

At least 1 exhibit will be planned as a Home Demonstration Educational exhibit at the Staunton-Augusta County Fair in September, 1959. Open-class exhibits in canning and baking will also be encouraged.

(5) County Home Demonstration Markets

The two home demonstration markets will continue to serve at Staunton and Waynesboro being held each Saturday and on the day before Thanksgiving and Christmas. Steps will be taken to put the Staunton market sellers on a commission basis based on average sales so as to keep up with overhead expenses. The decreasing number of sellers has made this necessary and it is hoped will solve the problem.

(6) Survey

In connection with a long-time program planning for the nutrition committee a survey of teen-age eating habits and fourth grade students will be taken as a bench-mark for future plans.

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C. Evaluation

- (1) Success and interest shown in various food demonstration topics. A questionnaire will be used following the August demonstration to get some information on this subject.
- (2) Results of the special interest group in weight control.
- (3) Number of radio broadcasts and newspaper articles dealing with food topics.
- (4) Success of exhibits at County Fair.
- (5) Facts determined from Nutrition Survey.
- (6) Condition of Home Demonstration markets at close of year 1958.

2. Rural Arts and Crafts

a. Objectives for improving family living

- (1) To acquaint homemakers with some new ideas on Christmas decorations.
- (2) To teach homemakers some creative arts and crafts of their choice including tray stenciling, basketry, flower arrangement principles as choices.
- (3) To assist homemakers with planning family recreation.
- (4) To assist homemakers with problems of etiquette in entertaining.
- (5) To teach homemakers some new ideas for Thanksgiving table centerpieces.
- (6) To teach certain homemakers the art of ceramics.

b. Methods

- (1) Monthly demonstrations included several topics for choice in 1959. One of the choices for December, 1958 was Christmas decorations. Members will be asked to bring a sample decorations idea, display and demonstrate to their club. February and March have been set aside for work meetings on selected crafts to be chosen by the club. 11 clubs will work on Tray Stenciling, 3 selected Basketry, 8 selected Flower Arrangement principles. Leader training meetings will be held in January and early February on Tray Stenciling with a trained leader from the county teaching the leaders. It will be suggested that craft leaders contact a garden club member who is qualified to teach flower arrangement principles to get help on this subject. Clubs selecting Basketry will receive help from leaders trained several years ago by the specialist.

In May the topic Planning Family Recreation will be taught by the agents in connection with the topic of Refreshments for Family Parties.

In October, 1959 the club choices includes the topic "Etiquette in Entertaining". A survey will be used in clubs selecting this topic to determine the most common problems and then the agents will train the leaders for for this topic.

The club choice topics for November, 1959 includes Thanksgiving Table Centerpieces. 27 clubs have chosen this topic and leaders will be trained either by the agents or some competent person locally.

(2) Exhibits

At least 1 exhibit will be used at the Staunton-Augusta County Fair along the line of crafts or on one of the other subjects included under this category.

(3) Special Interest Meetings

A number of homemakers have expressed interest in learning ceramics. Local leaders are available and an attempt will be made to organize this group into classes during the month of February.

(4) Mass Media

Craft work does not lend itself quite as well to publicity as some topics since it is a "learn by doing" activity. However, publicity both on radio and through the newspapers will be used wherever possible to do so.

c. Evaluation

- (1) Interest and success of monthly demonstrations - number of craft articles started and completed.
- (2) Success and interest shown in topics on Family Recreation and Etiquette in Entertaining.
- (3) Success of exhibit at County Fair.
- (4) Success of special interest group in ceramics.

3. House Furnishings

a. Objectives for improving family living

- (1) To teach interested homemakers how to replace chair seats.
- (2) To teach interested homemakers how to adapt lights and light fixtures so as to bring up-to-date .
- (3) To teach homemakers the importance of improved home and outdoor lighting.
- (4) To teach homemakers how to plan and make braided rugs.
- (5) To teach certain homemakers wise buying of newer curtain and drapery fabrics.

b. Methods

- (1) One of the choices included in the Arts and Crafts work for February and March, 1959 was Adapting Lights and Light Light Fixtures. Two clubs have chosen this and will be taught through a work meeting what can be done to modernize their lights by one of the Power Company Home Economists in March.

- 4 clubs will be taught buying of newer curtain and drapery fabrics in September, 1959 by the agents. Agents will teach 24 clubs how to plan and make braided rugs.
- (2) Special interest groups in chair and stool seating will be taught by the agents on a district basis so as to accommodate the members of several clubs who have signed up for this.
  - (3) Result Demonstrations  
The lighting committee plans to have two open house lighting demonstrations during 1959 to show the results of good lighting - one - a farm home in early May and a second in an urban home in summer or early fall. The lighting committee worked out long-time objectives and these will be written up in the Augusta County Long-Time Program Plan. The committee plans to add more members to the present committee in 1959 and to select a chairman, vice-chairman and secretary. New members of the committee will be selected each year and original committee members will retire at the end of 1960. A training meeting for guides at the open-house will be given previous to April 30 and premiere showing will be held by invitation for some people.
  - (4) Exhibits  
At least one exhibit will be used at the Staunton-Augusta County Fair on a house furnishings topic.
  - (5) Mass Media  
Publicity both on radio through the county newspapers will be used in connection with the lighting demonstration and other house furnishings topics as they are scheduled in the year's program.

c. Evaluation

- (1) Number of chairs and stools reseatd.
- (2) Number of lamps or lights modernized.
- (3) Number of braided rugs started.
- (4) Success of demonstration on buying newer curtain and drapery fabrics.
- (5) Attendance of open-house lighting demonstrations and interest shown.
- (6) Goals accomplished by the lighting committee for 1959.
- (7) Success of exhibits at Staunton-Augusta County Fair.
- (8) Publicizing used in connection with house furnishings topics.

4. Home Management

a. Objectives for improved family living

- (1) To teach homemakers the latest and most reliable methods for cleaning silver, crystal, brass and copper.

b. Methods

- (1) Leaders will be trained in August for a series of 3 - 5 minute demonstrations in September, October and November, 1959 at a monthly home demonstration meeting.

c. Evaluation

- (1) Success and interest shown in 5 minute demonstrations.

5. Clothing

a. Objectives for improved family living

- (1) To teach homemakers hair care, styling suitable to their face-shape and use of tints and home permanents.
- (2) To teach homemakers how to choose and use cosmetics for the face, hands and hair.
- (3) To teach sewing short-cuts and the use of sewing machine attachments to interested homemakers.

b. Methods

- (1) The April, 1959 monthly demonstration topic has been suggested as an all-day meeting. Leaders will be trained by Miss Marjorie Tussing assisted by the Home Agents in preparation for good grooming topics. Local beauticians may be enlisted to help with this topic.
- (2) The home agents will teach sewing short-cuts and the use of sewing machine attachments to interested homemakers of unorganized groups or to special interest groups.

c. Evaluation

- (1) Success of good grooming demonstrations. A check sheet may be used to determine this.
- (2) Number of homemakers taking part in special interest groups on sewing.

C. Federation Program of Work

The Home Demonstration Clubs selected two phases of the Federation program of Work for stress in 1959. The Safety program was continued from 1958 with stress on phases of home safety such as safety of ponds and pools, proper use of power lawn mowers, and precautions in the Use of Home Dusts and Sprays. This will be the discussion topic for June, 1959. In October, 1959 a short discussion will be given by the leaders on precautions for the winter months. Leaders will be trained in April by specialists and by the agents in September in preparation for these topics.

International Relations was chosen as the other federation topic. A program of work meeting will be held in January, 1959 on the topic "Help in Understanding the Importance of the United Nations to Us". A training meeting will be held in December 1959, by Dr. Fessler, Rural Sociologist of V. P. I. on this subject. Pamphlets and illustrative charts will be distributed to the leaders on the United Nations. Suggestions have been made to club members in the Home Demonstration Yearbook of activities they can use during the year in stressing this program. The August monthly demonstration topic on "Foods of Other Nations" and the suggestion to play a foreign game and serve a foreign food

for refreshments, also contribute to this program. The Standard Club Achievement Score card gives points for various activities carried out by the clubs in connection with their Federation program of work. Both of these topics will lend themselves well to possible educational exhibits at the Staunton-Augusta County Fair and these possibilities will be explored early in 1959.

D. Other Activities

1. County objectives

- a. Augusta County will encourage a delegation from the various Home Demonstration clubs to attend the District VII Federation meeting to be held in Bath County in May, 1959. Delegates will also be encouraged to attend the State Federation meeting at V. P. I. in July, 1959.
- b. Augusta County will be 100% in paying State Federation dues. Clubs will be encouraged to collect Pennies for Friendship, sell Federation cook-books, subscribe to National Notes and the Country-Woman and also take part in the Subscription contest for the State Federation news publication. They will give support and attend any other activity or workshop arranged by the District.
- c. Home Demonstration clubs are asked to support youth work by providing 4-H leaders, contributing money for camp and short course scholarships, inviting 4-H club members to give demonstrations or project talks at Home Demonstration meetings.
- c. Small donations for equipment for the County Home Demonstration Kitchen are solicited from the clubs each year in order to make it more usable and comfortable for leader training and various work meetings that are held in it.
- e. Certain clubs will be asked to put on educational exhibits at the Augusta County Fair in September and individual members to enter open-class exhibits.

2. Community Projects

Home Demonstration clubs will be encouraged to sponsor any worthwhile community projects either continued from previous years or started for the first time.

3. National Home Demonstration Week

Local clubs will be asked to celebrate National Home Demonstration Week at their May club meetings. A committee will be appointed by the County Chairman early in 1959 to plan county-wide and suggested club activities.

4. Achievement Day

Achievement Day in 1959 will be well planned in advance of the date which will probably be in November. The program will highlight the accomplishments of 1959 and look forward to new goals in 1960

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5. Work in Unorganized Communities

The Home Agent is working with unorganized groups in Waynesboro and along the New Hope road in the Belmont, Annex section. The Waynesboro group will unite with interested members of the Blue Ridge Home Demonstration club which decided not to continue as such in 1959. The other new group will include interested former members of the Barren Ridge Home Demonstration club which disbanded several years ago as well as several new members.

6. Judging by Local Leaders

When possible home demonstration members who have been trained at judging schools will be called on to judge at adjoining county or community fairs or to assist the Home Agents in judging that they are often called upon to do.

7. Plans to Publicize Home Demonstration Work

Home demonstration work will be publicized whenever the opportunity presents itself through radio broadcasts, newspaper columns, educational exhibits at the Staunton-Augusta County Fair, during National Home Demonstration Week and at other times when special events can be reported to the public. Summaries of the 1958 Annual Report will be given to the County Board of Supervisors and other key people as well as copies of the 1959 Home Demonstration yearbook. Combined copies of the joint county summary will be sent to legislative representatives in this area and to County Home Demonstration committee officers.

III. Farm and Home Development

During the year 1958 the number of farm and home development families being worked with has risen to one hundred and one participating families during 1959, twenty additional families will be added to the farm and home development work.

The committee that was chosen originally to set up the farm and home development program has not functioned beyond its original purpose. The County Extension Agents for Farm and Home Development are guided by the District Agents and other members of the County Extension staff in carrying out the farm and home development program.

Objectives for promoting work in farm and home development

1. Add twenty-families to the one hundred and one being carried in Augusta County. The families will present their requests to the county extension office.
2. Visit as many of the families worked with previously as need help and when the opportunity arises.
3. Assist families worked with in as many areas as possible.
4. Make every effort to bring families together with farm and home planning.
5. Publicize the program when possible.

Prodedure for carrying out the program in subject-matter fields

1. Home Management

- a. Provide Home Record Books to families in program.
  - b. Help families set up and keep record books.
  - c. Assist in other phases of home management as requests arise.
2. Food and Nutrition
    - a. Help individuals with questions as they arise.
    - b. Send garden letters to farm and home development families.
  3. House Furnishings
    - a. Help individual homemakers with home furnishing improvements.
  4. Clothing
    - a. Two groups in the county have requested sewing.
    - b. One group has requested tailoring.
    - c. Give individual assistance as requests are received.
  5. Housing
    - a. Requests have been received for housing improvement. Assistance will be requested from Mr. C. D. Wheary, Associate Extension Agricultural Engineer.
  6. House Surroundings
    - a. Work with individual families as requests are received.
    - b. There are no plans for formal recognition of achievement or success.

IV. County Extension Program - Youth

A. Organization

1. County Youth Council

This council has not yet been formed. Steps will be taken to form a youth council before the close of 1959.
2. County Youth Committee

In 1957 a committee was appointed. A study on 4-H Leadership was made and certain recommendations suggested which have been or are in the process of being done. This committee will be reactivated in 1959 in order to have objectives on which to base a long-time program of work.
3. County 4-H Council

The County Council is made up of all the 4-H officers in the county. It has two regular meetings a year usually in April and in December. In December, 1958 the officers training school will be held and new officers elected for the year. The spring meeting will be held the latter part of March this year due to the Home Agent's leave of absence for study during

April. At this meeting a planning meeting for the selection of 1959-60 projects will be held. Committees to assist with various county-wide events will be appointed by the executive committee of the Council.

4. All Stars

The All Stars have been inactive as a county group the past two years because of poor attendance at meetings. This is due to lack of interest on the part of older members and the fact that the majority of younger members are in college and are away during the school. An attempt will be made to get this group reorganized during 1959 and to have at least 2 meetings during the year.

5. Honor Club

The honor club will meet every two months. New members will be taken in at Achievement Day early in December, 1959. A New Year's party will be held on January 2 while college members are at home on vacation.

6. Project Planning Committee

After projects are selected at the Spring Council meeting a committee made up of representatives leaders and older 4-H club members will meet to discuss plans for each project and work out the monthly calendar.

7. County 4-H Leader's Association

This group organized in March, 1958, planned and held 3 meetings during 1958. The 1959 meetings will be held in January, May and August. These will be in the form of covered dish suppers in the County Home Demonstration Kitchen. It is hoped this year to get more interest on the part of men leaders in attending these meetings.

B. 4-H Project Work

1. Your Room, Pep It Up

491 girls as of January, 1959 are signed up for your Room, Pep It Up project. Phases of this project which will be stressed in the 1958-59 club year are Use of a Growing Plant, Furniture Arrangement, Partitioning Bureau Drawers and other storage Equipment, Making a Bed, Making one or more simple accessories for room. Methods that will be used by agents and leaders will demonstrations, work meetings and exhibits. The girls will be encouraged to collect room pictures in a notebook and use their project books in connection with this project. Bedroom Furniture cut-outs will be distributed in helping them with Furniture Arrangement phase of the project.

2. Room Improvement

Some of the Senior members particularly in community clubs will be enrolled for this project mostly on an individual basis. The Home Agents plan a meeting for older girls interested in Room Improvement with Miss Jamison, House Furnishings Specialist the month she is to be in the District.

3. So You'd Like To Sew  
210 girls as of January, 1959 are signed up for the Learning to Sew project. These girls will be taught by demonstrations and work meetings how to make Needle Cases, Head Scarfs, Wrist Pin Cushions and Kitchen Towels. At the January meetings a demonstration will be given on the Use of the Sewing Machine. Exhibits will be used at the close of the year on completed articles.
4. Make and Remake  
Only 12 girls are signed up for this project as of January, 1959 but there will probably be more of the Senior girls in community clubs who will be taking this project later.
5. Looking Your Best  
One Senior 4-H club of 16 members is taking this project for 1958-59 club year and emphasizing various phases of Good Grooming.
6. Money Management  
Two Senior 4-H clubs are taking this project for the club year 1958-59.
7. Home Beautification  
One community 4-H club is taking this as their club project. Individual members are also taking other miscellaneous projects.
8. Foods Projects and other Miscellaneous Projects  
One community 4-H club is taking Meal Preparation and there will be quite a few others enrolling in Meal Preparation or Food Preservation projects later in the spring of 1959 for summer projects.
9. Electric Project  
No club is enrolled for the Electric project this year but this project will be conducted on a county basis for all those interested early in March, 1959. Content of this project will be planned by a joint group of Extension personnel, Power Company representatives and representatives of Westinghouse Corp. of Verona and General Electric plant of Waynesboro.

C. 4-H Activities

1. Achievement Day  
Achievement Day will be held on Saturday, December 6, 1959. County medals and other awards to outstanding boys and girls will be given. Adult 4-H leaders will be awarded pins for their years in service. The Senior Share-The-Fun contest will be a part of the program with the winning act selected to represent the county at the 1959 State 4-H Short Course.
2. National 4-H Club Week  
Each club will be encouraged to celebrate National 4-H Club week locally in some way. The county will celebrate by having a special radio broadcast, newspaper columns and erecting the one 4-H Welcome Sign already delivered at the northern end of the Augusta County line on Route 11. If two other signs on order are received in time they will be erected.

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3. Contests

A county-wide demonstration contest for Junior and Senior members will be held the latter part of February on separate Saturdays. Winners in the Senior contest will represent the county in the District contest. In addition as many eligible girls as possible will be encouraged to submit achievement record books in the State contest April 1, 1959. If it is found that more than one record book is prepared an elimination contest will be held on a county-wide basis previous to the dead-line date. A county-wide electric demonstration and public speaking contest will be held previous to the date of the district contest.

4. Rural Life Sunday

Rural Life Sunday will be observed in May with the local 4-H clubs encouraged to plan their own program with a selected local church or to combine with local Home Demonstration clubs or Ruritan Clubs in this observance.

5. County 4-H Camp

The County 4-H Camp will be held in July for younger 4-H members as well as a weekend camp for older 4-H members sponsored by the Honor Club. Highland County Honor Club members will be invited to attend this camp and a representative committee from each county will plan the program for the weekend.

6. Staunton-Augusta County Fair

The County Fair will be held in September. The club members will be encouraged to enter individual exhibits as well as to have clubs enter educational exhibits.

7. Community Activities

The local 4-H clubs will be encouraged to take part in community activities such as money raising drives, welfare activities, etc.

8. Officers Training School

The officers training school will be held on December 6, 1959 as a part of the Fall County Council meeting. It is hoped to have a good representation of clubs at this training school.

9. Year Book

A 1959 year book will be prepared early in the year for all Senior 4-H club members, leaders and officers of the Junior 4-H clubs.

D. Young Men and Young Women's Work

Young homemakers who are members of home demonstration clubs will be assisted through the organized program and helped individually as requests are made. Some of this age group are being helped through farm and home development program. Older unmarried youth will be represented at the Young Men and Women's Camp at Camp Farrar, Virginia Beach in August, and we will try to get some representatives to attend the 5 State Older Youth Camp at Jackson's Mill, West Virginia in October.

The Home Agent plans to spend the month of April, 1959 studying and observing the Extension program in the states of Indiana, Missouri and Wisconsin in the hopes of getting some working ideas that might apply to Virginia and to Augusta County. If feasible, an attempt will be made to reorganize a county group before the end of 1959.

V. Scope of Work

A. Organization

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number of home demonstration clubs	33	34
Membership	* 850	875
Number of 4-H clubs	** 39	37
Membership	773	794
Number of young men & women's clubs	1	2
Membership	20	30
Number community improvement clubs	0	0
Membership	0	0
Number home economics committees	2	3
Number general interest committees	0	1
Number youth committees	1	1
Number other organizations (H. D. Markets)	2	2
Number farm and home development families	101	121

\* Membership reported in organized home demonstration clubs was too high as recorded in the 1958 annual report so this was dropped so as to be more nearly accurate.

\*\* In the 1957-58 club year, clubs were sub-divided by grades wherever large enrollment made this a smaller working group. This was not possible in some cases in the fall of 1958 because of the shortage of an Assistant Home Agent. This explains the increased enrollment with ~~the~~ less clubs.

VI. Plan for Leadership

A. <u>Over-all Program Leaders</u>	<u>No. in 1958</u>	<u>Goal 1959</u>
(Organization leaders for county Extension Service Board)	4	5

B. Home Demonstration Club Leadership

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number organizational leaders	217	221
Number project leaders (subject-matter)	235	* 170
Number Federation program of work chairmen	56	85
Number program development leaders	33	34
Number result demonstrators	1	2
Number meetings at which leaders were trained by specialists	4	3
Number meetings at which leaders were trained by district agents	1	1
Number of meetings at which leaders were trained by agents	30	30
Attendance at training meetings	433	440
No. club meetings held by leaders without agent present	259	262
Number club meetings in which leaders assisted	200	n 200
Total number demonstrations given by leaders	199	200
Number talks or discussions by leaders	420	425

\* Not as many subject-matter leaders were required this year since two of the months in the monthly calendar were Federation Program of Work meetings.

Plan for Training and Using All Types of Leaders

Subject-matter leaders include Craft leaders, Good Grooming, Foods and Home Management leaders. These leaders will be trained at meetings held by the agent or by agents assisted by specialists.

Federation program of work chairman will receive training in December, April and September to prepare them for the two Federation Program of Work meetings in January and June and also for a discussion scheduled for the October meetings.

Program Development leaders will receive training previous to their presentation of program discussions for 1960.

Training in Methods of Giving Demonstrations, Ceramics and Chair Seating will be given at Special Interest meetings.

A weight control group will start meeting in late January. This group will be result demonstrators but are not being counted in estimates for 1959. Results will be reported in the 1959 report, however.

Clubs interested in having First Aid and Home Nursing classes will be asked to make arrangements for these instructions - classes to be at their own convenience.- through the Red Cross or the Fire Department.

C. Over-all Youth Leaders

(Organization leaders for county youth council)

<u>No. in 1958</u>	<u>Goal 1959</u>
2	7

D. 4-H Club

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number 4-H club officers	265	270
Number adult project leaders	56	58
Number junior project leaders	15	18
Number result demonstrators	3	3
Number meetings at which leaders were trained by specialist	0	0
Number meetings at which leaders were trained by district agent	0	0
Number meetings at which leaders were trained by agent	7	8
Number meetings at which leaders were trained by personnel in 4-H Dept.	1	2
Number meetings at which leaders were trained by others	0	0
Attendance at leader training meetings	123	125
Number 4-H leaders trained individually	56	58
Number club meetings held by leaders without agent present	71	80
Number club meetings at which leaders assisted	290	300
Number demonstrations given by adult leaders	75	85
Number demonstration given by junior leaders	80	80

Plans for Training and Using 4-H Leaders

The County 4-H Leaders Association will meet 3 times during 1959 in January, May and August. In between meetings a news letter will be used to keep leaders informed of county-wide events and other items of interest. With the organization of several new community clubs, leaders have been taking more responsibility with these groups and agents have helped these leaders individually so they can go ahead without the agent necessarily attending each monthly meeting. In preparation for summer meetings leaders will be trained in late spring so that they will be able to go ahead on their own with a minimum of help. Junior leaders will be encouraged to give demonstrations and help younger 4-H members at meetings.

E. Young Men and Women's Clubs

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number club officers	5	10
Number adult leaders or sponsors	1	2

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Plan for Using and Training Leaders in  
Young Men and Women's Work

The agent is in hopes to get some ideas for types of leaders to contact and how best to utilize them with this age group as the result of her special study to be done in April 1959.

VII. Plans for Work With Other Agencies

A. County Health Department

The Home Agent will confer with County Health nurses early in January, 1959 to their cooperation with the Weight Control group. If there is anything the agents can cooperate with the nurses they will express their willingness to do so.

B. County Medical Society

The Home Agent will contact the President of the County Medical Society to let the doctors know of proposed plans for the Weight Control group.

C. American Red Cross

Clubs will get assistance from the Red Cross for help in teaching their Home Nursing classes.

D. American Cancer Society

Clubs will cooperate with money contributions and assist by providing old sheets, rolling bandages, etc. to help stock the local cancer closet.

E. Dairy Council

The Home Agents will maintain their excellent relationship with the Dairy Council office giving assistance to their Executive Secretary when possible and securing help from her with various projects.

VIII. Plan for Development of Good Public Relations

A. Co-workers

Office conferences will be held with the Assistant Home Agents on a regular basis and with other members of the county extension staff as needed. The training outline for the new Assistant Agent will be followed. We plan to continue our good relationship with the secretarial staff.

Relationships with specialists will be kept on their present good basis by making arrangements for leader training meetings well in advance and by having requested supplies and equipment on hand. Requested reports will be sent in promptly to the Assistant Director, District Home Agent or other members of the State Staff.

B. General Public

The public will be informed of extension activities through news stories and the weekly news column on the Farm Page of the Staunton News-Leader and through radio broadcasts on the weekly Farm and Home Hour over station WTON. Special publicity will be given to special events as they occur.

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C. Elected Representatives

The elected representatives, such as members of the State and Federal Legislatures, the County Board of Supervisors, etc. will be given or sent a summarized copy of the 1958 combined annual report. The 1959 Home Demonstration Yearbook will be given to the Supervisors as well as the complete copy of the Annual Report. Monthly reports will be made to the Board of Supervisors as well as an annual visit in person to the February 1959 meeting.

D. Commercial Interests

The Home Agents hope to continue the excellent cooperation they have had from and with commercial interests in the past during 1959. This will be done through friendly contacts and impartial treatment of competitors.

E. Professional Workers

The Home Agents will distribute to other professional workers, current bulletins as these are sent from V. P. I. to assist them when help is asked and enlist their interest in various activities with which we might need cooperation.

IX. Recording of Progress and Evaluation of 1959 Program

Each subject-matter section of the plan of work includes a section outlining criteria by which results will be measured in 1959. The Home Demonstration Accomplishment sheet in the 1959 Yearbook has been cut down in size this year and questionnaires or check sheets will be used at different times during the year to get the necessary subject-matter information. Observation of agents, comments of leaders and members will also be used to aid in evaluation.

A calendar of activities in both Home Demonstration and 4-H events will be kept to keep tracks of dates and events as they approach and plan well ahead for coming events.

Home Demonstration club reporters are asked to send in monthly report forms following each meeting to report attendance at meetings, changes in membership, any needed help as well as the date, time and hostess of following meeting.

Office conferences will be used as a means of evaluation of various activities so as to improve future programs.

4-H club work will be evaluated on the basis of total percentage of project completion, increase in leadership, success of County-wide activities, participation in contests, county fair, etc.

X. Plans for Professional Improvement

A. Organized study

1. The agents have no plans for organized study in 1959.
2. The Home Agents will take advantage of any short courses offered as in-service training during 1959.

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B. The Home Agents plan to spend as much time as possible reading professional books and magazines, farm magazines and government publications in order to keep up-to-date with research, current trends, outlook, etc.

C. Membership in Professional Organizations

The Home Agent and one Assistant Agent belong to the National and State Home Demonstration Agent's Association and the American and Virginia Home Economics Association. The new Assistant Agent will be encouraged to join both of these organizations. The Home Agent is a member of the National Business and Professional Women's

Club of Staunton and holds the position of Career Advancement Chairman for the year 1958-59.

The Home Agent will be unable to attend the State Home Economics meeting in Roanoke this spring since I will be on leave of absence for study when it is scheduled. I plan to attend the National Home Agent's Association meeting in New Orleans in October 1959.

D. Participation in Programs and Workshops

Planned by Other Organizations

The Home Agents will show their interest in the programs and workshops of other organizations by participating or cooperating in any way possible if the opportunity presents itself.

E. Planned Educational Trips

The Home Agent will use the \$500 Grace Brysinger scholarship which she received late in 1958 to observe Young Adult programs in the states of Indiana, Missouri and possibly Wisconsin during the month of April, 1959. A report on this study will be made available to fellow agents, state extension staff, and will be personally reported at the National Home Agents meeting in New Orleans in October, 1959. The Assistant Agents will combine their vacation with anything that will be of value to them as professional home economists.

XI. The County Agent and Home Agent have planned a joint meeting of agricultural commodity chairmen, representatives from youth organizations and representatives from Home Demonstration and Home Economics special interest commodities to be held early in 1959 for the purpose of discussing some of the problems in Augusta County in taking steps towards a unified program. Representatives who will compose the Home Economics Council will meet together to inform respective groups of program plans. It is hoped that a Youth Council may be formed during 1959 and the Youth Committee revived.

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XII. Problems in Carrying Out the Extension Program in Augusta County

1. The biggest problem that the Home Agent faces at present is keeping up with the huge load of organized clubs, Home Demonstration and 4-H clubs, and still finding time to carry on a good publicity and public relations program and add to the number of Home Economics Committees in the county also putting other phases recommended in the Virginia Program Plan into operation.  
It is almost necessary to attend the 4-H meetings of school clubs many of which do not have volunteer local leaders assisting. At present the Home Demonstration program is slipping in a few clubs because they need more attention than they've been getting the past few months due to the absence of a second assistant agent. It is hoped to tackle this problem with the arrival of a new Agent on February 1, 1959. There are also 2 unorganized Home Demonstration clubs which need more attention than older, organized groups if they are to develop into organized groups during 1959.
2. 4-H leaders are still needed for some school clubs to assist with some of the large groups of girls enrolled this year. I believe they could be found if time permitted one to concentrate on this problem but this is hard to find.
3. Young Men and Women's Program - The Home Agent hopes to find some answers to this problem while on her months leave of absence in connection with this problem. It certainly is a big segment of our farm and non-farm population which is being neglected at present.
4. Farm and Home Development - The Assistant Home Agent feels that there is some need of over-all guidance in connection with this phase of the Extension program. Just who would be the best source of this guidance whether the entire County Extension staff, a committee from families themselves, District Agents combined with Extension workers or some other source is yet to be determined. Perhaps the agents need someone to sit down and plan some definite activities in addition to home visits, that could be attempted. In any case it is a problem to be tackled perhaps by the entire county extension staff.