

Virginia

VIRGINIA

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

PRINCE GEORGE

COUNTY

1950

Agent VIVIAN LINDSAY WARE

Date worked from Dec. 1, 1949 to Nov. 30, 1950

Assistant Agent _____

Agent _____

Assistant Agent _____

TABLE OF CONTENTS

	Pages	
Summary -----	1 - 2	
Adult Project Work		
Food and Nutrition -----	5	
Home Improvement -----	5 - 7	
Home Management -----	7 - 8	
Housing -----	8 - 9	
Other Adult Activities		
Community Projects -----	9 - 10	
Health Week Celebration -----	10	
National Home Demonstration Week -----	10 - 12	
Recreation -----	11	
Achievement Day -----	11 - 12	
4-H Project Work		
Small Laundry Equipment -----	12 - 13	
Home Improvement -----	13	
Food Preparation -----	13 - 14	
Food Preservation -----	14 - 15	
Home Gardening -----	15	
Home Grounds Beautification -----	15 - 16	
Other 4-H Activities		
National 4-H Week -----	16	
Rural Life Sunday -----	16	
4-H Short Course -----	16	
Wildlife Conference -----	17	
Achievement Day -----	17	
Elder Youth Activities -----		17 - 18
Scope Of Work -----	18	
Functions Of Organizations In 1950 Program		
County Board Of Agriculture -----	18	
County Home Demonstration Committee -----	18 - 19	
County 4-H Council -----	19	
Activities Of Leaders -----	19 - 20	
Work In Cooperation With Other Agencies -----	20 - 21	
Significance of Year's Work -----	21 - 22	

1.

III Contributions of the 1950 Program to better Family Living.

Activities of the Agricultural Advisory Board, Home Demonstration Committee, and Volunteer leaders made our second year of home demonstration very successful. Club members in adult work were increased by twenty-seven, and by eleven in 4-H. These numbers are small, but increased activity of members was tremendous.

The advisory board served as the general over-all extension committee. It reviewed and approved all programs planned, raised funds for furthering activities, sponsored a county picnic, and assisted with all programs. The home demonstration committee drew all clubs and members into one large working unit through suggestions for reaching goals and committee work.

Home demonstration leaders were increased from twenty-nine to fifty-three. The leaders held thirty-nine meetings without the agent present, and assisted at sixty-one. Last year only five meetings were held without the agent and leaders assisted at sixteen. More members and others used recommended practices and more reports were received because of leader participation.

We have eleven 4-H clubs; five of which are referred to as clubs in name "Only," because they meet in school and their leaders have not accepted responsibility for promoting club work. Six clubs are meeting in homes and leaders are doing a good job with club programs and project work. Forty-seven meetings were held without the agent and leaders assisted at seventy-six meetings.

Leaders report the self as well as family improvement is the direct result of leaders' activity. The picture on the following page shows the typical out of school 4-H club. That club has three leaders, and members reported 100% completion of projects. The out of school meetings will reduce the number of club members, but improved quality of work and more local leadership should show them in later.



In keeping with our long time goal for more attractive convenient, and sanitary kitchens H. D. members have made excellent progress in combining colors, arrangements and purchase of modern appliances.

Progress is being made on another long time goal — Better health through better eating and more safe water supply. Gardening practices were improved in that greater variety and more vegetables were grown. Meal planning and preparation of food has improved also. Some wells were closed and one water system started.

Recommended practices for home improvement which were followed by homemakers focused attention on our program.

Two H. D. clubs conducted outstanding community projects. They were "Church yard improvement" and a "furniture refinishing and upholstering clinic."

The achievement program and club exhibits were a good indication of the success of our program. In 1949, 57 persons attended achievement program, 5 H. D. and 3 4-H clubs made exhibits. This year more than 400 persons attended and five 4-H and seven H. D. clubs made exhibits.

IV Adult

A. Project Work

1. Food and nutrition

Objectives — To have more adequate families with special emphasis on year round gardening

To reduce expenditures for food through better planning, preparation, and presentation.

Methods used Seven (7) result demonstrations were conducted for the purpose of showing what vegetables might be grown and to have first hand information on better gardening practices in each community.

Each demonstrator received individual assistance for working out garden plans to meet family needs.

Printed information secured from the Agricultural Experiment Station was given each demonstrator for use as a planting guide. This information was studied and during a five minute discussion period on "Better gardening" at monthly demonstration meetings, suggestions were given to club members on vegetables to plant the following month.

At a general county meeting one farmer, who is cooperating with the soil conservation service, told how improved soil made a better home garden."

Another general meeting was held to encourage more active participation in the fight against T.B. At this meeting the doctor from the health department cited the Home Demonstration food and nutrition program as one of our best preventives if all persons would use the information.

On home visits follow up information given at general meetings and received from bulletins was used to further

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encourage families to produce more food at home.

Thirty-seven club members from five different communities made a tour of five of the garden demonstration projects to see the fall gardens. Each demonstrator visited explained something about varieties of seeds and plants used when they would mature and what would follow those vegetables for next planning.

Seven leaders attended two training meetings when the agent gave demonstrations on "planning a better breakfast", "general meal planning", packed school lunch and the one dish meal. Bulletins and leaflets were distributed at this meeting. Later, three of these method demonstrations were given in nine communities by the leaders and agent. The leaders did all of the demonstration follow-up work by encouraging members to use the information and checking monthly to see how many were using the improved practices. Method demonstrations on pressure canning and pantry storage were given in three communities.

A circular letter was sent to two-hundred homes encouraging them to use the information on food, or see a neighbor if they had not received it.

Seven of our nine Home Demonstration clubs made food exhibits for Achievement Day. Some had garden plots with rich soil and showed lettuce, carrots, broccolli, brussel sprouts, egg plant, and okra as being among new vegetables successfully grown in gardens this year. Other displays showed well balanced meals and "food from the garden to the table or pantry shelf."

Results The food and nutrition information reached more than three hundred families. Eighty-nine families asked for and received individual assistance on problems of meal planning and food preparation based on available vegetables and other grown foods.

One-hundred thirteen Home Demonstration members report that they had sufficient fresh vegetables during the spring and summer

to vary menus daily for more adequate diet. Ninety-two report that different methods of preparation have improved family eating habits. At least 102 other homemakers have used garden and food preparation information to improve family food supply and habits of eating. Teachers and agent have observed children's school lunches and noted definite improvement in content and packing of lunch. Families not receiving school lunch, through Home Demonstration meetings or individual Home Demonstration members have shown improvement because teachers were interested in the better lunch program and encouraged children to take home information about better lunches.

35 members have good fall gardens, 137 have adequate supply of canned and dried foods for family, and 3 families have frozen foods added.

On home visits I have noticed that families are improving meal planning habits and using a starchy, green or yellow vegetable freely. This is being used instead of the usual one large pot of only one vegetable. We worked in gardens in 1949 but we had only one result demonstrator and therefore did not reach as many people with information and did not have available results to show which influences persons greatly. Active participation of leaders in giving method demonstrations and relating their findings in following improved practices, as well as assisting with checking results monthly is our reason for better results with our food goal over '49 where agent gave most of demonstrations and did all of checking results.

Agent training and bulletins received in '49 from food specialists provided a basis for better demonstration and more information for agent to use in developing these topics.

2. Home Improvement

Objectives — To have more attractive and comfortable homes with special emphasis on bedrooms.

Method used — Discussions were held on each club on the attractive comfortable bedroom. These discussions included information on color combination, arrangement based on principles of art and design. During national H. D. week a representative from the Home Economic Department of Hampton Institute discussed the attractive room in any home and gave demonstrations on colors suitable for bedrooms and how to develop a color scheme for a room at a county wide meeting.

An all day leader training meeting was held to show the leaders how to give demonstrations and assist in getting results in this project. One leader decided to use her bedroom as result demonstration. She refinished a complete bedroom suite, painted walls and made a vanity from an old desk. 27 members, which included two other clubs, witnessed this result demonstration.

Method demonstrations on furniture refinishing, making a vanity and skirt, bedroom window treatment and making a tufted bedspread were given at all H. D. meetings. Mimeographed material and 8" by 10" posters were given emphasizing special procedures used and showing attractive vanities, spreads, and curtains and draperies were distributed. A circular letter sent to club members and other home makers contained information about this result demonstration along with other home improvement hints for the housewife.

We started plans for a bedroom contest but were unable to carry it out this year due to the fact that most home makers were able to carry out only two or three practices demonstrated.

We plan to continue the contest for 1951 (two slipcover demonstrations were given to encourage the use of more materials for attractive home decorations and as training for future leaders).

Bedspreads, draperies, curtains, vanities, and charts of attractive rooms were exhibited at achievement day and necessary steps were shown to get the completed project, through H. D. meetings.

Results — Through circular, meetings, general meetings, and Home Demonstration meetings 265 adults received information on bedroom improvement. 131 reports using 1 recommended practice, 112 used 2, and 43 used 3, while 19 used 4. Club exhibits at achievement program showed that such information had been given because the things exhibited provided a learning situation and catalogs and charts used explained why and how ideas and articles could be used to make an attractive comfortable bedroom.

The only reason we have found as to why more practices have not been used in a larger number of homes is that some cannot afford to purchase any items with which to make improvements and others are not using time wisely in order to allow time for making the improvements.

However, 38 bedrooms windows have been improved by making shades, curtains, and draperies, 92 rooms painted or papered, 26 pieces of bedroom furniture refinished, 4 vanities or skirts made and, 3 tufted bedspreads completed and 14 are in the process of being made.

3.0 Home Management

Objectives —

To have more comfortable homes through use of more modern conveniences and more satisfactory arrangement emphasis on refrigerators.

Method used —

Four times during the year in 7 H. D. clubs time was devoted to discussion of kitchen arrangement and equipment. Attention was also called to information given in '49. Each time the members' kitchen

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where meeting was being held was inspected and points given for improvement. When meetings were held at homes where outstanding improvements had been completed the homemakers told club members cost of items purchased and how family had cooperated to accomplish them.

While discussing food we always called attention to the value of electric refrigeration in providing a better diet. We worked out cost of purchasing ice and compared with cost of refrigeration against its fears of service.

A special meeting was held at the Farm Home Unit demonstration and kitchen and laundry equipment was discussed. We also discussed time management as an important factor to good homemaking. A circular letter was sent out after this meeting and in it we named the family and related their experiences with more modern equipment and urged persons to follow their example.

Results _____

17 refrigerators, 21 washing machines, purchased, kitchen rearranged according to working units, painted and papered.

More kitchens have not been improved because all of the family has not been educated to the point that kitchen is one of the most important rooms in the house and for financial reasons.

One completed result kitchen demonstration will aid greatly information already given because facts will be available locally.

4. Housing

Objective _____ To have more comfortable homes to meet family needs through more conveniences.

Methods used _____

Discussion in H. D. meetings on danger of open wells and how they might be closed.

Health leaders check on number of open wells found in the

34
72

community and number closed this year.

Circular with information on closing open wells and bringing water into the house for saving time and energy.

Used poster in school with open well drawn with cat and chicken on well marked dangerous, on other side closed well with pump marked safe and asked children to tell parents which side of well was safe and which side was dangerous.

Had information meeting with Associate Agricultural Extension Engineer in November '49 at home of farm home unit demonstration and discussed the running water system for the home and located and assisted that family in making plans for completing water system by adding bed room.

Individual assistance was given 4 families on planning for the home water supply and cost of running water.

Discussed storage at club meetings as to why good storage was necessary and how closet space could be provided in old houses and how such should be planned before building.

Results 9.16 Bedroom closets built, plans given four persons building new homes, 17 wells closed, and 1 water system started with water in the kitchen, 5 persons remodeling homes, and 17 electric refrigerators purchased.

B. Other Activities

1. Community Projects

In addition to the regular monthly H. D. topic each club was asked to conduct a community project. Agent explained value of a community project for reaching more people and promoting more group activity and gave some suggested projects. Seven clubs selected church yard improvement and 1 improvement of church study or anterooms. Plans for carrying out these projects were made in club meeting; a committee was sent to church meetings to get permission for con-

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122

ducting projects and giving church boards the project plans. The agent worked with project chairman on suggested procedures, securing specialists help, and urging all persons in the community to participate.

One group was unable to do anymore than plan because the church board did not approve of the project.

The most outstanding project conducted was the beginning of a three year result demonstration on yard improvement. The church members, men and women, raised funds and purchased shubbery and had a planting demonstration meeting; with other communities participating under the direction of the horticulturist from Virginia State College. He gave them suggestions for completing the project in future years. 2 other groups planted 2 or 4 shrubs around church door, 1 group outlined a driveway, and 2 other groups did not put plans into action because of poor leadership.

The second most outstanding project was conducted in form of a 2 day clinic. Information was given on refinishing and upholstering furniture by agent with the help of another home agent, 2 veterans, teachers, and agriculture instructor. They refinished 11 pieces of furniture, upholstered 8 pieces, and refinished floors in rooms. 25 members were added to H. D. clubs as result of community project.

2. Health Week Celebration

Seven health leaders asked clubs to put special emphasis on National Negro Week by having special housecleaning and yard cleaning -- 2 clubs had one day set aside for their home cleaning health day. All clubs were urged to have physical examination of its members during that week.

Three clubs put up food posters in public places to encourage families to try to improve family health through better food. One club reported that all members had physical examinations during that week.

3. National Home Demonstration Week

All clubs cooperated in planning a program for celebration of National

Home Demonstration Week. Each club planned one program number. One club was responsible for conducting devotions another M. S., another for introducing the speaker. 57 H. D. members from 6 clubs attended and some attended and some non-club members. The speaker gave demonstrations and the agent conducted a question period on the extension program in the county. Attendance was small because of inclement weather.

Persons who attended later explained that they gained a better understanding of H. D. club work in the county.

4. Recreation

A committee on county-wide activities which is a part of the County Advisory Board, made plans for our second annual picnic for farm families. They had families bring their own picnic baskets and meat or vegetables to put in a Brunswick stew which was made on the grounds. After the picnic lunch the Advisory Board Vice-president made a short talk on "How Extension Service Benefits Persons Who Cooperate". He then awarded several humorous prizes. The agent then discussed her duties in the county. The picnic was well planned and well attended. The agent's only responsibility was to assist with the selection of the prizes. More people were able to see the extension program as worthwhile in many phases of rural life.

5. Achievement Program

Our second annual Achievement Day was considered quite an improvement over our first. In planning for the achievement program each club president appointed a chairman and the agent selected a county committee from them. Suggestions for time, type of program, exhibits, and awards were prepared and discussed with the committee. The committee then sent the suggestions to clubs to be checked and returned them by club chairmen. The program was arranged by the committee and certain responsibility designated each club. The agent wrote letters to the clubs encouraging them to be ready to participate and support the committee.

The committee selected an exhibit superintendent who was placed in charge

of allotting space. Seven H. D. clubs made exhibits. We had used the slogan "Let your exhibit say something". They were so arranged that after looking at them one did not have to check the club calendar for the year and long time goals to see what had been taught.

Our district ^{farm} Agent discussed "Using Extension Information to Improve Rural Living". An agent gave a demonstration on "etching glass". Club reports were summarized which gave the accomplishments for the year -- pictures of club meetings, demonstrations and recreational activities.

Six members received certificates for 100% attendance at club meetings. Other awards were given to stimulate more interest and recognize outstanding work. Approximately 400 persons attended. A number of persons stated that they were surprised to find that H. D. clubs were doing such work. Several groups have asked for information on getting materials for etching glass, and three men who would not let their families participate in extension activities have told leaders they would support the program hereafter.

V. 4-H Club

A. Project Work

1. Laundry Equipment.

Objective _____

To improve home laundry equipment.

Methods used _____ Sixty methods demonstrations were given 11 clubs for making 6 different items.

An ironing board pad contest was conducted in clubs and club winners would compete for county winner. This was done to encourage more girls to make the item they thought most difficult.

14 leaders assisted with the work for this project. Five clubs included completed projects in their club Displays on achievement day.

Results _____ 165 girls enrolled in the project but only 57 completed. A

large portion of this was due to the fact that the large groups meeting

in schools had no formal leaders to work closely with them, and in some instances the agent did not give sufficient training to some leaders whose understanding was poor.

However, 141 clothes baskets were lined, 165 clothes pin aprons, 37 ironing board pads, 37 ironing board covers, 54 sleeve boards and 91 pressing cloths were made. Some 4-H leaders gave some of these demonstrations in H. D. meetings when they saw how valuable they were.

2. Home Improvement

Objectives _____

To further influence the extension program by coordinating 4-H and adult work.

To have girls not finishing this project last year complete it.

131 girls were enrolled.

Method used _____

One result demonstration was conducted by two sisters who partially completed this project last year. They told of their accomplishments at club meetings and at school.

On home visits members were given individual assistance in room arrangement. 53 method demonstrations were given in 9 clubs on different topics for room improvement. Sixteen leaders assisted with giving demonstrations and checking results. Letters were sent to parents asking them to encourage members to carry out project.

Results _____

71 different rooms were improved. 185 items were made or refinished.

125 members improved arrangement of rooms. 83 girls completed this project and all completing had carried it for 2 years. Members exhibited articles made at achievement program.

3. Food Preparation

Objectives _____

To assist parents in providing better diet for the family.

To learn to prepare and serve simple meals, improve eating habits.

Methods used _____

24 girls enrolled in the project and were given weekly demonstrations by leaders and agent for 2 months on table setting, preparing and cooking vegetables, making salads from raw vegetables, making milk dishes and planning meals.

Two teams were formed at regular club meetings and winning team selected on basis of one having the highest number up to date on projects and losing team washed dishes used for repast and straightened the room before leaving.

Results _____

All girls completing report that their families increased in appreciation of milk dishes and raw vegetables, salads and quick cooked cabbage.

4. Food Preservation

Objectives _____

To learn to use pressure cooker.

To assist in planning and meeting canning budget requirements for family.

Method used _____

Only 16 girls of the project groups were enrolled. These groups had a joint meeting and made plans for their family canning budgets with assistance.

Five method demonstrations were given on using the pressure canner, preparing and packing vegetables.

Members asked to take this project because the state award was won by one of our members last year.

Results _____

Eleven members completed this project and all made budgets for the family. They helped can 540 jars and canned 496 alone.

One member gave a canning demonstration to 2 adults.

Two members exhibited canned foods with their club displays.

5. Home Gardening

Objectives _____

To assist in increasing family food supply.

Method used _____

14 girls enrolled in gardening suggestions were given at club meeting for garden plans for a family of 4. All other information was received from leaders and parents.

Results _____

Eight girls completed and their total profit was valued at \$189.45.

6. Home Ground Beautification

Objectives _____

To establish habit of cooperation in keeping home grounds clean.

Method used _____

Boys were encouraged to take responsibility for improving home grounds. All boys enrolled in the project.

One method demonstration was given on providing attractive trash cans for the backyard.

Plans were drawn and displayed before the groups on attractive arrangements of the yard and farmstead.

At meeting boys were asked for a show of hands to see who was cleaning yard regularly.

One group of boys arranged a farmstead on a sand table at achievement program.

Results _____

Parents became more interested in appearance and decided to continue trying to improve home grounds. Boys reported 27 planted flower borders and cleaned yards and pruned trash cans. Occasionally on home visits or in passing I notice drums painted on black with the word "trash" painted in white.

B. Other Activities

1. Celebration of National 4-H Week

Information on suggestions for celebrating 4-H Week was given leaders and they were encouraged to plan a program of celebration. Three clubs had special celebrations. Members from other clubs attended. One club had a special church program, another, a candlelight service and the last, a recreation meeting featuring a quiz show. Leaders and club members planned all activities with assistance.

More parents became interested in club work and the number of parents who brought their children to night meetings increased.

2. Rural Life Sunday

4-H council members and leaders made plans for a county program, agent secured a speaker from Virginia State College who discussed leadership for better rural youth. One club member gave the origin of "Rural Life Sunday", another made a talk on "Values received from the 4-H project." Five club leaders, their members, and a number of other adults attended. The program gave us added support from ministers in encouraging parents to assist children in becoming better 4-H members.

3. 4-H Short Course

Three girls and one leader attended the short course held at the college. Club members, with leader's assistance in making plans for sending delegates, provided expenses and made their own uniform. The advisory paid the leaders' expenses. Members who attended the short course are now beginning service as junior leaders. The leader assisted in training other leaders in techni-

ques to improve clubs and has improved her own great deal.

4. Wild Life Conference

Three club girls attended the conference held at the college. These girls came from different clubs and therefore six different clubs sent a delegate to the two meetings at the college. We have not noticed any definite renewed interest in wild life. Some members are trying to work in order to be selected for delegate next year.

5. Achievement Day

4-H members participated on our joint achievement program by leading group singing and serving as ushers. Five clubs made exhibits, which were three more than last year. Recognition was given members for outstanding work. A silver cup was presented the most outstanding club, in project work (100% members completed) and other activities. That cup is to be presented to the most outstanding club each year. Already other club members are planning to improve this project and club work. This must be done in order to keep the cups year.

VI. Older Youth

The club organized on a county basis in 1949 was continued for a part of the year. Plans included "Good grooming", and music appreciation as discussed topics. Later the group asked for discussion on "citizenship; venereal diseases, and marriage problems. A combination radio-phonograph was purchased for use during social and recreational periods.

Meetings were discontinued in July. One reason was that several of the young men went into the armed forces and therefore hampered transportation. Another was insufficient leader training. The group met at night and when agent did not attend for two meetings the leader decided not to have an extension group organized.

Other work was done with older youth individually on home visit and through assistance in solving problems of veterans enrolled in on-the-form training class.

VII Scope of Work

	6	8	9
Number Home Demonstration Clubs or Groups	1948	1949	1950
Membership	75	114	141
No. 4-H Clubs	5	10	11
Membership	75	163	174
Number Older Youth Groups	0	1	1
Membership	0	37	40

Number of other families reached	1948	29	1949	83	1950	33
Total number families reached	1948	<u>209</u>	1949	<u>262</u>	1950	<u>301</u>

VIII Functions of organizations in 1950 program.

1. County Board of Agriculture

Five meetings were held and this board served as the general over-all planning and promotion group for all extension activities. Itches Home Demonstration, 4-H club, county-wide activities, and fund raising permanent committees.

At meetings one hour is devoted to committee workshop. The committees make plans and designate responsibility for carrying out activities subject to approval of the general group. Each phase of the extension program is resolved by the board in January.

The fund raising committee planned and presented a king and queen contest. Eight Home Demonstration Clubs participated; they worked according to an outline sent them. Approximately 600 persons attended the coronation and 267 was reported. The money was used for 4-H leader activities, county picnic, and achievement awards.

2. County Home Demonstration Committee

Forty one members including one non-club and seven club communities held one all day meeting to evaluate the 1950 program and plan for 1951. Progress toward long time goals was checked and some

Accomplishments discussed. County wide activities were planned and committees selected to work on them. Delegates were selected to attend the district meeting in the spring.

3. County 4-H club council

Two meetings were held by the group. Members made plans for celebration of National 4-H Week.

Plans were also made for Rural Life Sunday, sending delegates to short course and wild life conference and Achievement Day awards. Only five clubs were represented. They were the groups meeting at school and leaders are that they attended.

Our council will improve as our clubs improve. All clubs did not participate in the activities planned by the council because they were not present when the planning was done and follow up committee work was not effective.

IX Activities of Leaders

Project leaders made a very outstanding contribution to our program. They readily accepted responsibility for giving demonstration and leading discussions after attending training meeting held by the agent on receiving individual training. Six report having devoted 3 days to giving information and demonstration. Our junior leader program is just beginning.

Two-thirds of our adults and about one-half of our junior organization leaders are putting forth effort and getting results in keeping clubs together and working as a unit.

Seven adults who are program development leaders guided their clubs in recognizing needs and preparing tentative program for 1951. They also turned in suggestions as to how their tentative program could be carried out, to the H. D. committee. All volunteer leaders have cooperated to make the program a success in their local communities. A better training

~~may be the best way to make~~

program for leaders will enable them to take more responsibility. Leaders held H. D. meetings in eight communities and 4-H meetings in five when the agent was unexpectedly absent from the county for six weeks. They reported activities by postal cards. This showed that they felt and were willing to accept responsibility for promoting club work.

Growth of Home Demonstration Club Project Leadership	1948	1949	1950
No. Project leaders and goal chairman	16	29	55
No. Training meetings held By Specialist	-	-	-
By Agent	-	6	9
Attendance at all training meetings	0	20	29
No. Club meetings held by leaders without agent present	0	15	59
No. Club meetings at which leaders assisted	0	16	61

Growth of 4-H Club Project Leadership	1948	1949	1950
No. adult project leaders	4	16	21
No. junior project leaders	0	1	7
No. training meetings held By Specialist	-	-	-
By Agent	1	13	7
Attendance at leader training meetings	3	37	19
No. 4-H leaders trained individually	2	2	5
No. club meetings held by leaders without agent present	0	24	47
No. club meetings at which leaders assisted	1	28	76
No. demonstrations given By leaders	0	27	47
By adult	0	24	45
By junior	0	3	2

X. Work in cooperation With Other Agencies.

The agent assisted representative from TE Association in locating com-

39.

munity chairman and arranging a general meeting to encourage increased attendance at x-ray clinics. All H. D. Clubs assisted in the drive.

Families have been recommended to FHA for loans. Information on securing loans from FHA and NFIA has been given at club meetings and in circular letters. Posters were displayed and families asked to save by purchasing U. S. saving bonds. Information on Crop program was given at meetings and people urged to cooperate.

Information received from USDA county council was sent to farmers in circular letter. Agent gave demonstrations on making UN flag and assisted HD committee in making and presenting flag to high school.

XI. Significance of the year's work.

Many rural families were more than "aware of their needs" this year, for a number of them attempted to do something about them through H. D. and 4-H work. Our program, just two years old, served as a guide for many either through general information, specific information on using what you have, ^{4-H work} techniques and skills for making articles that add to a satisfactory home and community life. At general meetings, community meetings, church, Sunday school, public school, meetings and other organizations, on the streets in town, the extension program received attention, not from the agent or because the agent was present, but because the advisory board members and other leaders saw it as worthwhile for better living. These people have expressed gratitude in the greatest way possible — that of accepting and expanding their own leadership among neighbors. At least two of the cardinal principles — Loyalty, and sense of responsibility, have come to light with activities of the year. A feeling of confidence in agent, group action and interaction, and leaders willingness to use recommended practices has helped adult and youth to want to plan for improvement and use information for better rural living. I feel that a

contribution has been made in that a chance for participation has been given . Many recognize their problems and ask for assistance and are willing to try to improve. Oftimes improvements we see are minute, but we realize that we must not scratch the surface in order to get worthwhile lasting results.