

VIRGINIA

LEE Home Demonstration Agent Annual Report 1939
County

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REPORT FILES
EXTENSION WORK

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
LEE COUNTY
VIRGINIA

HOME DEM AGENT ANNUAL REPORT

1939

Miss Ruth Lake

Home Demonstration Agent

December 1, 1938 - November 30, 1939

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III. SUMMARY OF INDIVIDUAL ACTIVITIES

Days in field.....	239
Days in office.....	53
Days annual leave.....	15
Days sick leave.....	0
Days leave without pay.....	0
Legal holidays taken.....	6
Number home visits made (adult).....	376
Number 4-H Club members visited.....	81
Total number different homes visited.....	61
Number office calls.....	142
Number telephone calls.....	332
Number news articles or stories published.....	30
Number individual letters written.....	380
Number different circular letters written.....	49
Number meetings attended.....	39
Number miles traveled.....	13,313

IV. The County and Its People

Lee County is located in the extreme southwest section of the state. The county is bordered by Tennessee on the south, Kentucky on the northwest, and by Scott and Wise Counties on the east and north.

The county is, on the whole, mountainous and very rugged. Between the two mountains that extend the entire length of the county, is an expansive valley rich in agricultural resources. Agriculture and coal mining are the chief sources of income. The mining section is thickly populated. Approximately fifty percent of the people live in the mining villages and camps.

The principal crops are livestock, tobacco and wheat. The average farm contains approximately 50 acres. A number of large farms are operated throughout the agricultural section. Also, there are numerous small farms of from one to fifteen acres which are operated by miners who are upon both mining and agriculture to provide a sufficient income. These small farms provide a home and space for garden, cow and chickens.

Through the Rural Electrification Administration, electric lines have been extended 120 miles. Rural electrification is a recent development in the agricultural section. The effect will be far reaching. Already 420

homes are being served by the project and new sections are being developed.

V. Financial Support of Work

An appropriation of \$750 annually is made by the County Board of Supervisors to support the County Home Demonstration Work. The Board of Supervisors has five members; one from each of the five magisterial districts. The members are elected by the popular vote of the people to serve four years. Monthly meetings of the Board are held the first Monday of each month.

VI. Women's Work

1. Organization

a. County Homemaking Board

The County Homemaking Board is composed of the officers of the twelve Home Demonstration Clubs, Home Economics teachers, Farm Security Supervisor, Home Demonstration Agent and the Farm Agent. The County Welfare Supervisor and Health Officer are also notified of each meeting and invited to attend.

Last year the plan for coordinating all home-making agencies was put into effect. At the two meetings held this year definite factual data regarding the county and problems that concern all home-making agencies were discussed.

The work with Rural Youth surveys is one example of how the agencies have coordinated their efforts to make a more effective program. Each homemaking agency made surveys on rural youth from the group with which they work. The material that has been collected was used in working up Rural Youth Organizations. The plan is to get a complete survey of Older Youth in all communities.

The Farm Security and Home Demonstration programs work hand in hand. The Farm Security put on an extensive food preservation program this year. Demonstrations were given on canning vegetables, fruits and meat. In the communities where demonstrations were given, women outside of Farm Security families had the benefit of attending. The same type of plan was used with the demonstrations on Refinishing Furniture and Reseating Chairs which were part of the Home Demonstration program this year. Especially were the demonstrations on Reseating Chairs of particular interest to the Farm Security families.

A further step toward coordinating efforts of all agencies in the county is the plan to cooperate with the Welfare Department in seeing that the Welfare Department reaches the people of the rural

communities in the most beneficial manner. The Home Demonstration Clubs as organized groups are in a position to know wherein the aid of the Welfare Department is needed and can report such needs to them. Then too, the educational program of the Home Demonstration Clubs can be a source of practical information to pass on to others. Each club is to have a Welfare Chairman appointed.

b. County Home Demonstration Committee

The function of the Home Demonstration Committee is to plan the program of work for the Home Demonstration Clubs. The president of each club and the Home-making Board Chairman serve as members of the committee. Two meetings are held each year. The program for 1939 was planned by the committee. First, the club presidents conducted discussions in their local clubs. Then, at the committee meeting, the project on House Furnishings was selected. A representative from the committee attended the State Planning Meeting. The State House Furnishings Specialist met with the Home Demonstration Committee in August to plan the 1939 program for the County.

The House Furnishings Project included demonstrations on (1) remodeling furniture, (2) refinishing

furniture, (3>window treatment, (4)upholstering the easy chair, and (5)room arrangement. Minor projects selected were (1)cheese making, (2)converting old lamps into electric, (3)slip covers, (4)gift suggestions, (5)party foods, and (6)arrangement of flowers. The clubs selected the minor project demonstrations according to their interests. The County Campaign selected for the year, was on Home and Roadside Improvement. Rural Electrification was selected for the Federation goal.

In the House Furnishing Project, 103 families followed recommendations on repairing and refinishing furniture, 68 members reported having made some improvement on arrangement of furniture, and 113 families reported making improvement in the selection of furnishings. In connection with the house furnishings program, two result demonstrations were carried on. Club meetings have been conducted in the two homes carrying result demonstrations.

The results of the demonstrations on converting old lamps into electric were outstanding. Sixty old lamps were remodeled at demonstrations; approximately fifty others have been remodeled at home.

The County Campaign was a successful means of getting exterior improvements made. Also, the campaign has stimulated interest in the natural beauty of the county.

While the actual membership in Home Demonstration Clubs has not increased, the interest and influence of Home Demonstration work has. The club members have been able to give information on furniture refinishing and upholstering to others. The pieces of furniture which they have restored and are now using in their own homes, are real examples which carry the influence of Home Demonstration work to others.

The increased attendance at the Achievement Day program is an indication of the worthwhile results of the program of work for this year. The very efficient manner in which the Home Demonstration Committee went about planning the program of work for 1940 is also an indication of successful results.

At the May or June meetings of the Home Demonstration Clubs, the presidents conducted a discussion on the county conditions and needs and interests of their community. At this meeting, each club decided its wishes as to projects, state goal,

and campaign topic. The club presidents were then prepared to represent their respective clubs at the Home Demonstration Committee meeting which was held in July, prior to the state meeting. Seven of the club presidents attended the meeting. Each gave a report on the discussion meeting held in their respective clubs; a brief review of project work of the previous year was given. With this information, the group discussed plans for the 1940 program. Clothing was selected as the major project for the coming year. The majority of the clubs requested that demonstrations on construction be the chief topic of the project. Buymanship and grooming were also suggested topics to be included in the clothing project.

The County Campaign for 1940 had been previously discussed at the County Homemaking Board meeting. As a means of coordinating the activities of the Homemaking Agencies, it was suggested that a County Campaign with all agencies taking part, be carried on in 1940. Recreation for Home and Community was favored by the Homemaking Board; the Home Demonstration Committee made further plans for carrying out this campaign. Recreation in the Home will be

stressed by the Home Demonstration Clubs. Homemade games, hobbies, and reading were discussed as part of home recreation that could be improved through the campaign. The Federation goal selected for emphasis was on Library.

The Home Demonstration Committee was represented at the State Planning Meeting. The representative attended the meeting, met with the Clothing Specialist and worked with her in the development of the clothing program. Also, a representative met with the State Chairman of the Federation goal.

In August, the State Specialist on Clothing met with the Home Demonstration Committee, and together they planned the program, month by month, for 1940. The program was planned as follows:

December - Home Recreation and Federation Goal

January - Personal Analysis according to type

February - Fabric - Identifying and Selection of
Fabrics

March - Color Harmony in Clothing

April - Alteration of Patterns and Cutting

May - Construction - Fitting and Finishes (getting
a well-dressed look from home sewing)

June - Program Planning for 1941

July - Food Preservation - Use of Pressure Cooker

in Canning

August - Recreational Meeting

September - Achievement Day Plans

October - Buymanship - hosiery and underwear

November - Election of Officers - Reports

The program of County Activities includes the following:

Jan. and Mar.- Leaders' Training Meetings

Mar. and Sept.- County Homemaking Board Meeting

April or May - Demonstrations on making butter
and Ice Cream, by State Dairy Specialist

Mar. or Apr. - Yard Improvement - State Landscape
Gardening Specialist to meet with groups
for discussion and visit to homes

May or June - Tour of Homes

July - County-wide Picnic

October - Achievement Day

The Home Demonstration Committee were very enthusiastic in planning the program for 1940. Each club president had a list of topics which had been suggested by her club.

c. Home Demonstration Clubs

There are twelve communities with Home Demonstration Clubs. The officers are elected at the November

meeting. Each club has a president, vice-president, secretary-treasurer, reporter and one or two project leaders. Other committees are appointed as needed. Generally each club has a finance committee, a County Campaign chairman, a chairman for the Federation Goal which is being emphasized, and a program committee. The club officers serve as members of the County Homemaking Board, also, the club presidents are members of the Home Demonstration Committee. Monthly meetings are held in each club. Demonstrations or discussion groups are conducted at each meeting. A program which is prepared by club members is given each month.

d. Scope of Work

(1) There are approximately 3638 Rural Homemakers in the County and approximately 1200 are reached directly and indirectly by the Home Demonstration Organization. There are 331 active members in our Home Demonstration Clubs.

(2) Enrollment for past three years.

Year:	No. Clubs	: Membership	: No. reached indirectly
1937:	12	: 325	: 675
1938:	12	: 360	: 640
1939:	12	: 319	: 669

(3) There are five magisterial districts in the county. Home Demonstration Clubs are organized in three communities in the Rocky Station District, in three communities in the Yokum District, in two communities in the Jonesville District, in three communities in the Rose Hill District and in one community in the White Shoals District.

2. Project Work

a. Major

The results from the major project on House Furnishings were outstanding. Demonstrations were given on (1) Repairing and Cleaning Good Old Pieces of Furniture, (2) Natural Finishes for Good Old Pieces, (3) Curtains and Windows, (4) Restoring the Easy Chair, and (5) Arrangement of Furniture. The demonstrations on furniture required all-day meetings to complete the demonstrations. Members of each club brought pieces of furniture to work on. Two members would work together on one piece until the job was finished. Other than the work done in the clubs, the women have worked on pieces at home where other members of the family could take part. According to reports, 246 pieces of furniture were

improved by club women.

b. Minor Projects

Minor projects were selected according to the interests of the different clubs. Three clubs had demonstrations on Slip Covers; four clubs had demonstrations on Cheese Making; eight clubs had Gift Suggestions and Handicraft; six clubs selected Party Food for minor demonstration. All clubs had demonstrations on Remodelling Old Kerosene Lamps into Electric Lamps. The club members brought the lamps to the club and with the assistance of the leaders and Home Demonstration Agent, converted them into electric lamps.

c. Community Projects

Each club selected a community project to work on during the year. A number of community projects were in connection with the Home and Roadside Campaign. Two clubs worked on improving the school grounds and five groups continued work on improving country churches, which was started last year. Three clubs raised money for school equipment.

3. Project Leadership

a. Plan for Training and Use of Leaders

Three days of the State Specialist's time is allotted to the county for training meetings with the

leaders, and program planning with the Home Demonstration Committee. The program planning meeting is held in August or at least three or four months prior to the new club year. At the leaders' training meetings the specialist gives a demonstration on the topics which the clubs will have during the next two or three months. The general plan for the leaders' training meetings is to have thirty minutes to one hour of instructions, and then spend the rest of the time with demonstrations given by the specialist.

Other than the discussions and demonstrations, the specialist helps the leaders to plan the demonstrations which they are to give, and furnishes them a list of materials which they can assemble for the demonstrations. In order that the Home Demonstration Agent can know exactly which demonstrations the leaders can take complete charge of, they are asked to state which demonstrations they will give alone and which they will assist with. Our goal was to have the leaders take charge of all the major project demonstrations. This year 17 demonstrations on the major project were given by leaders. Six demonstrations were given on topics relative to the county campaign on roadside improvement, and three demonstrations were given on the selection

and preparation of food. Four clubs did not have leaders attending three of the leaders' training meetings. Demonstrations were given by the Home Demonstration Agent in these clubs. The demonstrations by the leaders have improved considerably this year. The leaders have taken more responsibility for making the demonstrations a success. They are beginning to feel that it is an advantage to attend the training meetings and give the demonstrations in the local clubs. The demonstrations on furniture refinishing, repairing, and upholstering required all-day meetings in order to complete the demonstration. Three leaders' training meetings with the total attendance of 54 members, representing 8 clubs were held. The Home Demonstration Agent conducted the leaders' training meeting on Window Treatment. Two training meetings were held with eleven leaders representing seven clubs attending. The leaders who attended gave the demonstrations in their local club.

4. Other Activities

a. Campaigns

For the second consecutive year, Home and Roadside Improvement was selected for the County Campaign.

The Home Demonstration Clubs accomplished a great deal by way of civic improvement in the campaign last year. With the work on civic improvement of the past year as a background, the plan for 1939 was to put more stress on home and yard improvement. A County Chairman on Home and Roadside Improvement was appointed by the County Homemaking Board. In each club, a local chairman was appointed to serve on the committee with the County Chairman. The general aim of the campaign was to improve the home surroundings. The more specific aims were: to improve entrances to farm and home by repairing and improving gates, fences, driveways, and walks; to improve lawns by sodding and general care; to improve outhouses or unsightly buildings by painting, repairing, or screening from view; to rearrange yard for more spacious and more artistic planting; to avoid the use of automobile tires, old buckets for flower pots and whitewashed rock for bordering flower beds; to plant shrubs and trees where needed. A green lawn was considered one of the most important requisites for an attractive home. Of the goals listed, this one was stressed most. A great deal of repair work on porches and steps and painting was done. The campaign against automobile tires and

whitewashed rocks for enclosing flower beds, and old buckets for flower containers was very successful. The rearranging of flower beds came about through the intensive campaign on establishing a green lawn. The County Garden Club, the Community Leagues and Town Councils cooperated in the effort to make the campaign a success. In two of the small towns, the council arranged for trucks to haul trash twice during the year. In April, the clubs had a flower and seed exchange which was also carried out by the Garden Club. The 'dos and don'ts' for yard improvement as set up by the Home Demonstration Clubs were used as part of a program in the Garden Club. Roadside Improvement was furthered by the planting of roses along the highway in the Rose Hill community. This project was started last year. Also, the removal of signboards along the highway has improved the beauty of the county. This was done by the State Highway Department. For scenic beauty, Lee County is one of the most beautiful in the State. The Home Demonstration Clubs are helping to preserve this beauty through the improvements that are being made. A greater appreciation of the beauty of our home country-side has been brought about by the campaign.

b. Income Earnings

Demonstrations on making cheese have been given in four communities this year. As a result of this project, 21 Demonstration Club members are now making cheese and three of the members have sold cheese.

c. Short Courses - Home Account School

An Account School was held for club women interested in keeping Home Accounts. The Account School was directed by the State Home Improvement Specialist. Ten women attended the all-day meeting.

d. Recreation

When the plan of work for the club was made, each club set aside one monthly meeting for a picnic or some other type of recreation. Each one of the clubs carried out this plan by having a picnic and inviting their families, or by having an out-of-door meal and games after the demonstration. A county-wide picnic for Home Demonstration Club members and their families was held this year. This is the second year the clubs have sponsored a county-wide picnic. It is now an established custom.

e. County Meetings

The Home Demonstration Organization assisted with the County Fair. Approximately sixty Home Demonstration

Club members carried exhibits of canned goods, handiwork and flowers. A committee of Home Demonstration Club women served as department Superintendents and were on duty during the three days of the fair.

The Achievement Day for the Home Demonstration Clubs was planned by the County Homemaking Board. Approximately 285 club women attended the Achievement Day. The general plan of the program was to have a morning and afternoon session which would include a panel discussion, dress review, reports on the meetings of the District and State Federation of Home Demonstration Clubs, a talk given by our District President of the Federation, and music. The exhibits were to include canned goods, quilts, and articles that had been made or improved as a result of our major project on House Furnishings. The clubs displayed their exhibits as recommended by the County Homemaking Board. The house furnishing exhibit included a display of small pieces of furniture which had been refinished, chairs which had been reseated, window arrangements, and small accessories which were made by club members. Each club displayed two quilts, pieced and appliqued, and an exhibit of canned goods. The report of club activities and

results of the County Campaign which were brought out by the panel discussion, were a true indication of the growth and influence of the Home Demonstration work in the County. Mrs. C. G. Summers, President of the Southwest Virginia Federation of Home Demonstration clubs, who spoke during the morning session, gave an account of her trip to London to the Triennial Conference of the Associated Country Women of the World. The audience was held spellbound by Mrs. Summers' talk. The Washington County Choral Club rendered special music for our program.

5. Participation in Federation

a. District

The District Federation of Home Demonstration Clubs was held at Marion, Virginia. Eight delegates from Lee County attended the all-day meeting. The County Homemaking Board Chairman met with the other County Chairmen for a business meeting, the evening before the all-day program. Our County Chairman took part in the discussion on "The Growth of Home Demonstration Work", which was led by Miss Maude E. Wallace, Assistant State Director.

b. State Federation

There was a total of 24 farm men and women to

attended the State meeting. Thirteen Home Demonstration Club members attended as delegates from the local clubs. Mrs. D. B. Fletcher, a member of the Stickleyville Home Demonstration Club, took part on a panel discussion with eight other women from different parts of the State.

d. Work on State Federation Goal

The State Federation Goal was on Rural Electrification. Over a year ago, members of Home Demonstration Clubs helped initiate the plan for rural electrification into the county. The Home Demonstration clubs have done a great deal toward making the project a success. Our club meetings have been devoted to demonstrations and discussions on the use of electricity in the farm home. Home Demonstration Club women have worked to increase the REA membership, so that the electric line could materialize for their community. Mrs. B. T. Young, a member from the Stickleyville Home Demonstration Club, serves as Treasurer of the Powell Valley Electric Cooperative. Mrs. Young has worked with individuals and with groups in her effort to make the project a success. Discussions on the use of electricity were on adequate wiring and selection and use of equipment. The demonstrations on remodeling old lamps were of direct relation to the Federation goal.

6. Story of Achievement of Club Carrying The Best Program

The Pleasant View Home Demonstration Club has done excellent work this year. The first meeting of the year was used for the election of officers and to make plans. The attendance, organization and project leadership needed to be improved. At this first meeting, definite responsibilities were given the club officers and the project leaders, a chairman of the Home and Roadside Campaign was appointed, a program committee was appointed, a finance committee and membership committee were appointed. Each month a program prepared by club women was given; twenty minutes of each meeting being allotted for this purpose. The program could include a short demonstration or any other subject which would be of interest to the club. The two very capable leaders conducted three major project demonstrations and assisted with two. The chairman of the campaign presented an outline for carrying on the project in the community early in the year. The Campaign Chairman put the most stress on improving the lawns. Twelve members resodded and improved the lawns. Other work on the campaign included planting of trees and shrubs, improvement of steps and porches. Pleasant View had excellent results with the Project on House Furnishings.

A total of 45 pieces of furniture were remodeled, refinished or upholstered. Five of the club members remodeled old, high-top oak beds by cutting them down and refinishing in a blonde oak finish. Three club members refinished dressers and other pieces of furniture to match the beds. Four chairs were reupholstered. The Pleasant View club is a rather small club, but a very active one.

7. Story of Outstanding Achievement by Individual

Mrs. C. E. Garrett, of Pleasant View club, has done outstanding work in the House Furnishings Project. Mrs. Garrett has four pieces of antique furniture of good design. Other than these pieces, the furniture she used bedrooms and living room was of oak or other ordinary wood. At the beginning of our project on furniture work, Mrs. Garrett made a plan of the things she would like to do to improve her furniture. The local project leaders talked with her and helped make plans. The two oak bedroom suites were the first to be remodeled. Two beds were cut down and refinished in the blonde oak finish. One dresser and one chair were also finished in the same manner. The antique pieces of furniture did not need quite as much attention. One lovely desk was greatly improved by washing it with a mild soap solution, then,

rubbing it with pumice and linseed oil, and polishing with wax. A walnut chest and an old press were two other antique pieces refinished. After refinishing the furniture, Mrs. Garrett rearranged her living room and two bedrooms. Pictures were rehung and the furniture rearranged so as to obtain a more pleasing effect. The cost of the work on furniture did not exceed \$5.00. The results were satisfying to all members of the family. Mrs. Garrett also made exterior improvements on her home by having the lawn terraced and resodded, repairing steps to porch and rearranging flower borders.

VII. 4-H Club Work

1. Organization

a. County Council

The program of work for the 4-H clubs was planned in the clubs with the assistance of the leaders. Groups of club officers and leaders from two or three clubs met together and made out the plan of work for their respective clubs. Three group meetings were held. The month by month program was planned by each club. Demonstrations on House Furnishings were requested by each club. Each club planned to send a delegate to the State Short Course, and to take part in the County Achievement Day. Recreational activities were

planned for each club.

b. 4-H Clubs

There are ten communities with 4-H organizations for girls. The club officers; president, vice-president, secretary-treasurer, reporter, game leader and song leader are elected each year. The officers serve only one year in the same capacity. The girls plan the work and recreational activities with the project leader and Home Demonstration Agent. Interest in demonstrations has been maintained by having the girls exhibit pieces of their work from time to time. Also, the demonstrations on rug making and box furniture, with the girls taking part in the demonstration, have appealed to the girls. The demonstrations are planned so that they can take as much part as possible, and so that they can carry on related home activities.

The majority of the club meetings are held in school during the school term. Forty-five minute periods are used for the meetings held in school. Some of the clubs extend their meetings over into the recess period and at that time have their games and recreational activities. Three of the clubs have found it possible to have some of the meetings on Saturday instead of during school hours. The scattered

rural communities and lack of transportation handicap this plan. Also, the parents depend on the children to assist with home tasks on Saturday. The summer meetings are generally held in the homes of club members or leaders.

In two communities, the boys and girls conduct their social activities together. The boys' and girls' club meetings are held separate. The preparation for Achievement Day is made with the boys' and girls' clubs working together.

2. Project Work

In planning the Family Activities Program for 1939, the clubs first had a discussion which included such topics as; the project work they liked best, what they would like to learn, and the home responsibilities they were required to do. The girls had carried units on food and nutrition for two consecutive years. They felt that another type of project would better fit their needs and interests. A clothing project was favored by some, but the majority of the clubs were more interested in making something for their own use at home. After the discussions in the clubs, the leaders and two or three members from each club met together in groups representing two or three clubs and made plans for the Family Activity

program. Each club made a program for the year. Room Improvement was selected for major emphasis; Homemade Furniture and Clothing Construction were selected for minor emphasis. Each club planned a month by month program. Plans for recreational activity for club programs, for reports of individual activities (home responsibilities, keeping personal account and better food score) and for demonstrations and project work were included in the monthly programs.

A mimeographed page of instructions was given each club member early in the year. The instructions contained a month by month project program, list of contents for the 4-H Club Book, and suggested standards for a club member for one year of project work.

Each month reports on home responsibilities, personal accounts and better foods scores were checked. Practically every club member reported carrying some home responsibility; seventy-five club members kept personal accounts for a period of one to six months; fifty-nine girls kept the better foods score for one month or longer.

The greater part of the project work was done during the summer months. The Floor Plans for Room, Color Plans for Room, Dyeing Material and Making Rugs, and Homemade Furniture demonstrations were given at summer meetings.

The 4-H members enjoyed working together on the demonstrations. The rugs could not be finished at the two meetings allotted for the demonstrations. The girls finished the rugs at home and later displayed their work at the club meetings. A number of the girls wanted to do some project work during the winter months. For these girls, the Leader or Agent would suggest articles of handiwork to be made at home, and then displayed at the next club meeting. Through these projects, a number of the girls learned to use the machine for sewing, to make different kinds of seams, different kinds of stitches, and also learned to knit and crochet.

a. Story of the Best Project Work by Individual

Reba Rosenbaum, age 14, of the Flatwoods club, did excellent work this year. Reba is one of the younger girls in the club. She is very interested in all club activities and has been a leader in her group. The enthusiasm Reba had for project work this year, helped to keep the interest of the entire club at a high point. Reba's project was on Room Improvement. She selected the project after talking the plan over with her mother. The Rosenbaum family had planned to remodel their home. The project on Room Improvement fitted in nicely with the family plans. Reba first

made a floor plan of the room. Then, on the floor plan she placed pieces of furniture which were to be used in her room. A list of articles needed for the room and a color plan were the next steps in the room improvement project. Reba found that she needed cushions for two chairs, a rug to use beside her bed, and new curtains for two windows. Since Reba was getting new curtains, she decided to make an orange crate dressing table, and use the same material for the curtains. The room was also to have new wallpaper and the woodwork to be repainted. Reba included samples of wallpaper and color of woodwork in her color plan for the room. The cushions were the first articles made. Reba brought material for the rug to the club meeting and with the assistance of the leader planned the color combination for the rug and dyed the material. The rug was made from old clothes. At the next club meeting, Reba started a braided rug which she later finished at home. The orange crate dressing table was made at home. The leader assisted Reba with cutting the flounces for the dressing table and with cutting the curtains. Reba and her parents are very proud of the improvement which has been made. Reba says, "There are a lot more things I plan to do. I

need pictures for my room, a shoe bag, and some shelves in the closet. Next year I plan to get this done".

3. Community Activities

a. Community Projects

Only two clubs carried out a definite community project. The Pennington Gap club assisted with the school ground improvement. Club members donated trees and shrubs and assisted with the planting. The Elk Knobb club improved the picnic grounds in their community. Rock benches and an improvised outdoor fireplace were made by the club.

b. Recreation

The game leader and song leader serve on the recreation committee in the different clubs. Practically all of the clubs have some recreational activity at each club meeting. Two of the clubs have carried out the plan of having recreational meetings every four months. During the summer each of the clubs had one or more picnics. Members from two clubs made homemade games. The girls have enjoyed the games at club meetings and in their homes. When reporting home recreation a number of the girls have reported reading. The Elk Knobb club has subscribed to one magazine for boys and girls. Each issue is passed from member to member.

The club leader encourages reading, and frequently loans books from her library to the girls.

c. Raising Money for Club Activities

Each 4-H Club tries to raise some money for the club activities. The main purpose in raising the money is to send delegates to the State Short Course, and to pay transportation to the County Achievement program. The money is also used for recreational activities. The money is generally raised by each 4-H Club sponsoring an old-fashioned cake walk, an ice cream supper, or by giving plays and home talent programs.

4. Local Leadership

a. Plan for Training and Use of Leaders

Two training meetings by the State Specialists have been given this year. Each training meeting included two demonstrations on the project work. Four leaders and five older girls representing three clubs, attended the training meeting on Dyeing and Making Rugs. Four leaders and eight older girls representing four clubs, attended the training meeting on Making Box Furniture.

The leaders and Home Demonstration Agent meet together for conferences at regular intervals. Detail

plans for club programs are made and demonstration material is assembled and exchanged for use in other clubs.

b. Results Obtained

The leaders have given eleven demonstrations on the Room Improvement Unit, six demonstrations on Clothing Construction, and two demonstrations on Foods.

The leaders have worked with the girls in making and carrying out the yearly programs. Four of the clubs have had excellent leaders who have helped with the project work and all other club activities. Adult leaders in the other six clubs have assisted with the summer picnics and money-making plans.

5. Other Activities

a. Camps

Eleven girls and one leader attended the State Short Course. The girls were greatly benefitted by the meeting. The girls returned with many new plans for their clubs. Club meetings have been improved by the new games, songs, and discussion material.

b. County Meetings

Girls from eight clubs entered exhibits of Food, Canning, Clothing and Handiwork at the County Fair.

Prizes to the amount of \$50.00 were won by those exhibiting.

The plans for the 4-H Achievement Day came about in a very interesting manner. At the August meetings of the 4-H Clubs, the delegates who attended the State Short Course reported their trip. After giving a report of the entire trip, the delegate in each club was asked to tell what she learned that could be passed on to the local clubs. The majority of delegates reported the songs and games. The delegates taught some of the simpler games to the club members. At the meetings of the clubs, it was suggested that the Achievement Day program include games with all members taking part. The plan for having Mr. Richard Chase come to the county and teach the games was also discussed. (Mr. Chase directed the Folk Games and Songs at the State Short Course.) The members heartily approved of this and immediately made plans for raising money for the expense of this plan.

Mr. Chase met with groups of boys and girls from six clubs for four days prior to the Achievement Day, and practiced the Folk Games for thirty minutes to one hour each day. The boys and girls enjoyed the practice periods tremendously.

As in years previous, two school buses were engaged

to bring the members to the Achievement Program. This year one bus had to make two trips in order to transport all members and visitors.

During the morning session, each of the six clubs who had practiced the games during the week demonstrated the ones they had learned. Then, under the supervision of Mr. Chase, the entire group of boys and girls took part in the games. Everyone was having such a good time, they did not want to stop the games for lunch.

Reports on County Activities were given during the afternoon session. Ruby Taylor, delegate from the Flatwoods club gave the report on the State Short Course. Ruby did not miss one thing that happened during the Short Course. Her report on the trip was fine.

The 4-H Plaque, which is awarded the club doing the best work during the year, went to the Elk Knobb Club.

After the reports on the County Activities, Mr. Chase again directed a part of the program. This time it was the Puppet Show and Jack Tales. The Puppet Show and Jack Tales were enjoyed as much as the games. The 4-H members voted this Achievement

Day 'the best we have ever had'. One hundred and eighty-four club members and visitors attended.

The Achievement Day program has stimulated and aroused new interest in 4-H Club work. Both leaders and members have taken more interest in the club program.

6. Story of Achievement of Your Best Club

The Elk Knobb Club has done an excellent piece of work under the guidance of two capable leaders. Early in the year and according to the county plan of work, the leaders and club officers make plans for their club. The club has twenty-six members, ten of which were initiated this year. The girls have done excellent project work on Room Improvement. Each girl selected the room for improvement and started her plans in April. Eighteen of the twenty-six girls carried the project to completion. Improvements such as box furniture, braided and crocheted rugs, cushions, and linens have been made for the rooms. Six of the girls made beautiful rugs from burlap. The girls planned the improvement for the room and in cases where the woodwork and walls were to be refinished, helped with the selection of colors to be used. With the leaders, the girls have visited each others' project. The girls made a special effort to improve the parlia-

mentary procedure used in carrying on their club work. As a result of their efforts, the girls have a well-organized club that carries on its activities in a very efficient manner. The club sponsored an old-fashioned cake walk to raise money. \$18.00 was raised and used to send two delegates to the State Short Course. The two delegates who attended the State Short Course were very enthusiastic about the trip, and gave excellent reports after returning. New games and songs have been introduced into the club by the two delegates. During the summer months, the club held three all-day meetings. Demonstrations and project work were carried on at these all-day meetings. Also, the girls enjoyed the picnic lunch and recreational activities at these all-day meetings. The adult leaders supervised the project work of the girls and gave four of the major project demonstrations. Also, the leaders supervised three recreational meetings during the summer. Six of the club girls with six of the club boys, took part in the Achievement Day program. Twenty members attended the Achievement Day program.

The club officers have assisted with planning the program for 1940.

VIII. Older Youth

The Home Economics teacher, Farm Security Supervisor and Home Demonstration Agent worked together in making a survey of Older Youth in the families with which each work. The data from the survey was compiled by the Home Demonstration Agent. In communities where there were a number of older girls and boys the Home Demonstration Agent visited the homes and worked toward organizing clubs.

Following the visits, group meetings were held in four communities. The older boys and girls and adults who were interested in the organization of Older Youth clubs were asked to attend. Two meetings were well attended and plans for Older Youth clubs were made with these two groups. In both cases, only girls attended the group meetings. One club was organized in a community which had not previously had any Home Demonstration Organizations. The club work went very slow and the adult leaders, as well as the girls, asked that the Older Youth Club be discontinued until later. At present, the girls meet together occasionally for sewing parties and recreational activities.

The other club, organized at Deep Springs, was made up of members who had previously done 4-H Club work. This group of girls have been very interested in their club work. At one of their first meetings they made plans to put on a play,

for the purpose of raising money for the club. Both boys and girls in the community took part in the play. The money from the play was used to buy tennis rackets and net, and to build a tennis court. Both the boys and girls have worked together in making the court. The group met regularly once a week during the summer for tennis games. At regular meetings only girls attend. We have had some very interesting discussion groups and work meetings. Good grooming and clothing are the topics of greatest interest.

Since the beginning of the club, it has been necessary to completely reorganize the club. This was due to four girls leaving the community to enter college and three other girls have married. Since September, new members have been added and now twelve active members are enrolled. Lately the meetings have been held in the evening; the members prefer the evening meetings.

Generally the president takes charge of the meeting, and conducts a discussion on some topic which has been selected at the previous meeting. The discussion is followed by a recreational program. The topics for discussion have been on etiquette and grooming, getting a job, and entering college. The leader reports that the girls have done some lovely work on handicraft articles at the last three meetings.

The four girls who entered college this fall were bene-

fitted by the discussion on 'entering college'. The club group discussed the different colleges, clothes for a college girl, and college life.

The club is helping the girls to 'find their places' in the community. Two of the girls will be 4-H Club leaders for 1940. The girls are taking an active part in the Community League which has been recently organized. The club will continue its present type of activity in 1940. Perhaps the girls will enlarge the club and enroll the boys of their group as regular members.

IX. Progress Made During the Year

The County Home Demonstration work has made progress toward expanding its services to more homes of the County. This has come through increased membership, organizing new groups, and indirect service to those not already enrolled.

The project work, the campaign, Achievement Day programs, and the work with County Rural Electrification and TVA Farm and Home Unit demonstrations have, each in a definite way, spread the influence of the Home Demonstration work.

First, the project work has been a motivating factor in expanding the Home Demonstration program. The all-day demonstration meetings were enjoyed immensely by the women. The 'Covered dish' lunch and social hour following, added to the pleasure of the meetings. Then too, the very fact

that in working on furniture, they were doing something for the improvement of their homes instead of merely thinking about doing it some time soon, gave them a feeling of satisfaction. Once the women start refinishing furniture, it is difficult to get them to stop. They worked on furniture at club meetings, at home and then carried their interest to neighbors.

The County Campaign and Achievement Day programs have been factors influencing the spread of Home Demonstration work. The Achievement Day programs are events of county-wide interest. Many persons, other than those enrolled in Home Demonstration Organizations enjoy the Achievement Day programs.

The Rural Electrification project which was completed in November, is a big step forward in Home Demonstration work. The first effort toward obtaining a Rural Electrification Administration project was made by Home Demonstration Club members and the Home Demonstration Agent. Demonstrations and visits have been made in promoting the project.

The Home Demonstration Agent has continued the work with four TVA Farm and Home Unit Demonstrators. Recently, one new demonstrator has been added to the number. Two others have been contacted and will start the Unit Demonstrations at the beginning of 1940.

Many new home conveniences and improvements have been made. The demonstrators are enraptured by the unfolding of the plans made at the beginning of the demonstrations. Improvements that the demonstrators did not think possible for years to come, have been made a reality. And, as one demonstrator remarked, "All of the improvements we have made have come about in such an easy, simple way".

The County Homemaking Board has made definite steps toward coordinating the programs of the Homemaking Agencies in the County. All agencies worked together in making Older Youth surveys. Where possible, the group meetings and demonstrations of the Farm Security and Home Demonstration work have been coordinate.

The program planning for 1940 was carried on in a well organized manner. The club presidents conducted the discussion in the local clubs, and later participated in the discussions at the two meetings of the Home Demonstration Committee. The discussions clearly indicated that conscientious planning had been done in all clubs as well as at committee meetings.

Marked improvement has been made in leadership, both in 4-H and Home Demonstration Club work. Improvement of leadership in Home Demonstration Clubs is very evident. The officers of the clubs have assumed more responsibility in carrying out

the program. The project leaders have taken more responsibility in giving the demonstrations and have greatly improved their methods of giving demonstrations. The same is true of the 4-H leaders. However, it is more difficult to secure leaders for the 4-H work. The 4-H Clubs with active adult leaders have done good work this year. The accomplishments of clubs without leaders has been far below those with active leaders.

X. History and Appraisal of Home Demonstration Work in County

Home Demonstration work in the County has been carried on for five consecutive years. During this period, one Home Demonstration Agent served for two years; the present Agent has served three years. Project work on Foods and Nutrition, House Furnishings, Home Management, and Clothing has been carried on in the 4-H and Home Demonstration Clubs. Six Home Demonstration Clubs and six 4-H Clubs were organized the first year. Three Home Demonstration Clubs and three 4-H Clubs were added the next year. In the third year, three Home Demonstration Clubs and one 4-H Club were added. Since then, one Older Youth has been organized.

Community and county meetings have brought the farm women closer together, thereby, building up a better spirit of cooperation for home, community, and county activities. Farm homes are now showing the influence of the Home Dem-

onstration program in better home management, exterior and interior home improvement, improved standard of quality and quantity of food preservation, and improvement of food and nutrition standards.

XI. Plans and Goals for 1940

The County program and club programs for 1940 have been completed. Both 4-H and Home Demonstration Organizations have selected projects on Clothing for major interest.

The Home Demonstration Clubs have included Grooming, Care of Clothing and Construction in the demonstration program for 1940. Special demonstrations on Home Laundrying, Making Butter and Ice Cream, and Landscape Gardening have been planned. The County Campaign is on Home and Community Recreation. The Federation Goal is on Library Improvement. Along with the plans made, the Home Demonstration Organization has set up definite goals for 1940. The goals are:

1. To raise money for the County Homemaking Board Activities and each club raise money for their club enterprises.
2. To send delegates from each club to the District and State Meetings of the Federation.
4. To increase the membership of Home Demonstration Clubs and to extend the influence of the Home Demonstration program to other homes and communities.

5. To place more responsibility of project work on the leaders and have 90% of demonstrations given by leaders.

6. To organize Older Youth Clubs in two more rural communities.

7. To conduct demonstrations on Use of Electricity in the Home in six communities.