

11-20-33

COOPERATIVE EXTENSION WORK IN AGRICULTURE
AND HOME ECONOMICS

U. S. Department of Agriculture
and State Agricultural Colleges
cooperating

States Relations Service
Office of Extension Work South

ANNUAL REPORT OF HOME DEMONSTRATION WORK
FOR WOMEN AND GIRLS
CALENDAR YEAR 1930

State of Virginia

County Bedford

Report of Elizabeth W. Pearson County Home Demonstration Agent.

Approved: Mrs. M. M. Davis

Date forwarded _____

State Home Demonstration Agent

Director of Extension Work

Form No. 753.

Space for agent's stamp

**ANNUAL REPORT OF HOME DEMONSTRATION WORK
FOR WOMEN and GIRLS
CALENDAR YEAR 1919**

MISS ELIZABETH H. BOSSON,
Emergency Home Demonstration Agent,
BEDFORD, VIRGINIA

NOTE: This report is for the calendar year. A copy is furnished each agent in advance in order that she may become familiar with the data necessary for the report. Three copies should be made, two of these sent to the State Agent and the third retained for the agent's file.

Aside from statistics, both the state and Washington office hope to secure, from your report, accounts of your methods for developing plans of work. Will you, therefore, include this information in detail?

1. No. of years Home Demonstration work has been carried on in county: 4 yrs 2 summer
2. No. months you have been employed during this year: _____
3. No. girls' clubs holding regular meetings: 5 Attendance: _____
- | Girls' Club members: | Enrolled | Reporting |
|----------------------|------------|-----------|
| First year | <u>120</u> | <u>75</u> |
| Second year | <u>17</u> | <u>10</u> |
| Third year | <u>5</u> | <u>3</u> |
| Fourth year | <u>1</u> | <u>1</u> |
5. No. women's clubs holding regular meetings: _____ Attendance: _____
6. (a) Have you a central county council or advisory board directly supporting and assisting your work? No What is it called? Co Education did exist before it disbanded last year.
- (b) How long has it been in existence? _____ No. of members _____
- (c) Who are its present officers? _____
- (d) Does the county organization have a definite plan of work for meeting the local needs of development? _____
- (e) Are there local committees or units who assist the county organization? _____
- (Outline your plan on separate sheets attached to this report)
- (f) Do you have regular conferences with the county farm agent in regard to general extension work in the county? y es

(g) How is your work and the work of the farm agent coordinated? Give reports of cooperative work.

Agents cooperate in enrollment work, meetings - where it is necessary for only one agent to be present. Office getting out literature etc for campaigns, Agent Co-ordinator - discussions with organizers and clubs and general supervision. Co-Plan - planning for both farm and home exhibits.

(h) Are community activities developing in your county as a result of your work?

How _____

7. Number of:

| | | | |
|---|-------------|------------------------------|-------------|
| Consultations at home or office | <u>301</u> | Home demonstrators visited | _____ |
| Bulletins distributed | <u>1306</u> | Visits to farmers and others | _____ |
| Letters written | <u>2161</u> | not included above | <u>165</u> |
| Schools or clubs visited | <u>82</u> | Club members visited | <u>225</u> |
| Meetings held | <u>66</u> | Estimated attendance | <u>1382</u> |
| Articles relating to your work prepared for publication | _____ | | <u>66</u> |
| Miles traveled - by rail | <u>11#2</u> | by auto | <u>2233</u> |
| | | by team | <u>6</u> |

8. Short Courses:

| | Number held | | Scholarships given | | Attendance | |
|-----------|-------------|----------|--------------------|-------|------------|-----------|
| | Women | Girls | Women | Girls | Women | Girls |
| Community | | | | | | |
| County | | <u>1</u> | | | <u>4</u> | <u>16</u> |
| District | | | | | | |
| State | | | | | | |

9. No. of girls using scholarships at normal schools, agricultural schools or colleges: _____

10. No. girls paying all or part of school expenses from money earned in club work: _____

11. No. of exhibits, fairs, poultry shows, etc., held in county: _____

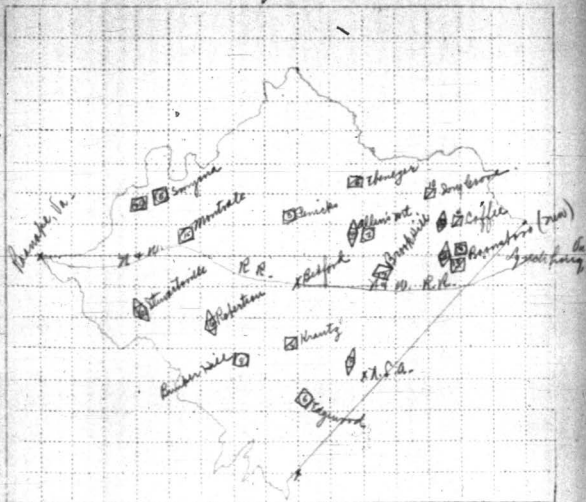
1 Co-Plan

12. Suggestions:

What do you consider the most effective and satisfactory demonstration work done in your county this year? Describe it in detail.

I consider the canning club work to be the best this year, however, I did not intend to particularly stress canning, since all the Agents had agreed to major on poultry, until the poultry members had such poor hatches and it was too late to begin again in poultry work. I found that the Rally days given early in the season, at which time club members were shown how to plant and transplant plants and all the necessary details, were a great help to those club members who attended and in several cases saved the Agent from having to give individual instruction.

Suggestions for work needed in your county next year and your plans for carrying on your work. Establishing hot lunches or at least one hot meal in the schools. That is to select one school to try out the proposed plan - gather reports and endeavor to get the other teachers interested enough to want the hot lunch in school. We can do nothing without the cooperation of the teachers and parents and are working for that now.



LEGEND:

- | | | |
|-----------------------------------|------------------------------|------------------------------|
| ☆ Community Clubs | ◇ Girls - Poultry | □ Rest rooms established |
| ◻ Women - Poultry | ◇ Girls - Dairy | △ Bee keeping demonstrations |
| ◻ Women - Dairy | ◇ Girls - Gardening | ○ School lunches |
| ◻ Women - Gardening | □ Home Demonstration centers | ○ Fish ponds established |
| △ Home Improvement Demonstrations | ◻ Sewing (girls) | |

- * Draw an outline map of your county, or secure a county map and locate your clubs, using the symbols above. Inscribe in the symbol the number of demonstrators enrolled, i. e., if you have fifteen women enrolled as poultry demonstrators in one community, show it thus

Space for agent's stamp

**HOME DEMONSTRATION WORK FOR
WOMEN**

MISS ELIZABETH H. ROSSON,
Emergency Home Demonstration Agent,
BEDFORD, VIRGINIA.

1. Total number of organized clubs in county: 2
2. Total number demonstrators enrolled in clubs: 49
Individual demonstrators not in clubs: 2
3. Estimate the number of women aside from demonstrators influenced directly by your work: 1
4. Specify number and kind of most important demonstrations given by agents to groups of women:

| KIND | NO. GIVEN | KIND | NO. GIVEN | KIND | NO. GIVEN |
|---|-----------|------------------------------|-----------|----------------------------|-----------|
| Utilization of vegetables | | Invalid cookery | | Vinegar | |
| Dairy products | | Cookery under steam pressure | | Laundry | |
| Poultry products | | Fireless cooker | | Clothing | |
| Bread Making | | Canning | | Home conveniences | |
| Child Feeding, including school lunches | | Drying | | Kitchen arrangement | |
| | | Brining | | Improving the home grounds | |

5. Estimated total attendance of women at demonstrations: _____
6. No. women giving demonstrations to clubs: _____, to individuals: _____
7. No. women making bread in their home under your direction:
Quick breads: _____, Yeast breads: _____
8. No. bread exhibits: _____
9. Name in order of importance the locally grown products such as peanuts, sweet potatoes, feterita, etc., that are being used in bread-making:
.....
.....
10. No. gardens grown: _____, No. winter gardens _____
No. orchards, groves, or vineyards established: _____

HOME DEMONSTRATION WORK FOR

WOMEN, cont'd.

| | | | |
|---|-------------|------|------------------|
| 11. Approximate number of quarts canned fruits (put up by women under demonstration methods) | <u>1675</u> | qts | \$ <u>926.75</u> |
| Approximate number of quarts canned vegetables | <u>1443</u> | qts | \$ <u>798.68</u> |
| No. pints preserves, jellies and marmalades | <u>918</u> | pts | <u>449.40</u> |
| No. pounds dried vegetables stored | <u>128</u> | lbs | <u>21.60</u> |
| No. pounds dried fruit stored | <u>274</u> | lbs | <u>95.92</u> |
| No. pounds brined fruits stored | | lbs | |
| No. pounds brined vegetables stored | | lbs | |
| No. gallons vinegar made | <u>458</u> | gals | <u>839.25</u> |
| No. gallons fruit juices | | gals | |
| No. cans - beef _____, pork _____, poultry and game _____ | | cans | |
| No. cans fish and oysters | | cans | |
| No. pounds smoked meat | | lbs | |
| No. pounds sausage made | | lbs | |
| No. pounds lard made | | lbs | |
| Other products | | | |

TOTAL VALUE OF ALL PRODUCTS ----- \$

12. No. of fish ponds established or stocked: _____
13. No. of Home demonstration centers established: _____
- | | |
|-------------------------|--------------|
| Used as kitchens _____ | Output _____ |
| " " canneries _____ | Output _____ |
| " " drying plants _____ | Output _____ |
14. No. of women taking volunteer courses: _____
15. No. of demonstration units operated in mill or mining villages, etc. _____
How were these established?
(Use separate sheets attached to this form for detailed report)
16. No. of curb markets, marketing booths, farmers' exchanges, etc., established through cooperation with county home demonstration clubs: _____
- | | VALUE |
|---|---------------------|
| a. No. pounds butter sold thru such agencies | _____ lbs \$ _____ |
| b. No. pounds cheese " " " " | _____ lbs _____ |
| c. No. pounds poultry " " " " | _____ lbs _____ |
| d. No. dozen eggs " " " " | _____ doz _____ |
| e. No. week-end baskets of fruits and vegetables sold | _____ baskets _____ |
| f. Other products | _____ _____ |

TOTAL VALUE ----- \$

HOME DEMONSTRATION WORK FOR

WOMEN, cont'd.

17. No. demonstrations in raising Belgian hares: _____
18. No. demonstrations in bee keeping: _____
19. How many women are planning household budgets? _____
 How many are keeping household accounts? _____
 4
- If you have suggestions on this subject include them in the report.
20. What work has been done in sewing or clothing conservation? _____

21. In what work are your women demonstrators especially interested? *Poultry*

Suggest plans for next year's work with women.

To try to make the women see the necessity and results obtained from cooperation, especially in marketing such as butter, eggs and fowls.

HOME DEMONSTRATION WORK FOR
GIRLS
Gardening and Canning on
Tenth Acre Gardens

Space for agent's stamp
MISS ELIZABETH H. ROSSON,
Emergency Home Demonstration Agent,
BEDFORD, VIRGINIA

1. No. girls growing tenth-acre gardens: 87
2. Average cost of production per tenth acre:
" " " canning " " " 2.50

3. Names of girls making best record with tenth acre:

| Names | Address | Yield in pounds | Cost | Profit |
|-----------------|-------------------|--------------------|---------|--------|
| Diana Terrell | Forest Depot Rd 2 | 175 | \$ 2.03 | 73.07 |
| Bess Hester | Goodwin, R. 1 | 65 | 9.00 | 69.50 |
| Gladya Thompson | Forest Depot R. 1 | 150 | 4.00 | 46.00 |
| Jamie Lemmon | " " " " | 155 | 6.00 | 66.00 |

4. No. girls having perennial gardens or orchards on tenth acre: _____
5. Total yield in pounds of fresh fruits and vegetables:
Tomatoes 2729 Pimientos _____ Other products _____
6. Total pounds vegetables and fruits used or sold fresh:
Tomatoes _____ Pimientos _____ Other products _____
7. Value of vegetables and fruits used at home or sold fresh: \$163.45
8. Total of canning done:
Tomatoes: Tomato pro- Pimientos: Other vege- Fruits
ducts tablets
- No. qts in tin: 72
- No. qts in glass: 912 471 290 188
- No. pts ketchup 16 Green tomato pickles 200 Dixie Relish _____
B. S. Chutney _____ Other products _____
9. Total value of all tenth-acre club products \$699.99
(Compute from price list furnished you, or when the products are marketed, use price actually received)

**HOME DEMONSTRATION WORK FOR
GIRLS
Gardening and Canning on
Other than the Tenth-Acre**

Space for agent's stamp
**MISS ELIZABETH H. BOSSON,
Emergency Home Demonstration Agent,
BEDFORD, VIRGINIA.**

1. Approximate total area of gardens cultivated (exclusive of tenth-acre plots): _____

2. Pounds vegetables raised in garden: _____ Value: \$ _____

3. Total number quarts canned from gardens (other than tenth-acre). Name the most important.

| <u>Name of vegetable</u> | <u>Cts in tin</u> | <u>Cts in glass</u> |
|--------------------------|-------------------|---------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

4. Total value of canned products from gardens: \$ _____

5. Total No. qts vegetables canned from farm & orchard _____ Value \$ _____

Total No. qts fruits " " " " _____ Value \$ _____

6. Pounds dried vegetables saved _____ Value \$ _____
" " fruits " " " " _____ Value \$ _____

7. Pounds vegetables and fruits brined. _____ Value \$ _____

8. Total containers products marketed: glass _____ tin _____ Value \$ _____

General Data for all girls in Gardening and Canning Work.

9. How many girls gave demonstrations in canning? _____ Drying? _____
Use of club products _____

10. Equipment made or purchased by all club girls:

| | |
|-------------------------------------|-----------------------|
| Knelling pads and tool aprons _____ | Garden tools _____ |
| Spraying outfits _____ | Sewing bags _____ |
| Towels _____ | Caps _____ |
| Emblems _____ | Uniform dresses _____ |
| Jelly paddles _____ | Canning outfits _____ |
| Driers _____ | Others _____ |
| | Holders _____ |
| | Aprons _____ |
| | Packing paddles _____ |
| | Fly traps _____ |

COMBINED REPORT OF
HOME DEMONSTRATION WORK FOR
Women and Girls
POULTRY

Space for agent's stamp

MISS ELEANORETH H. BOSSON,
Emergency Home Demonstration Agent,
-BEDFORD, VIRGINIA

| | Girls | Women | Value |
|---|----------------|-------|----------|
| 1. No. enrolled: | 37 | | |
| 2. No. demonstrators fulfilling minimum requirements of club membership: | 24 | | |
| 3. No. regular organized clubs: | 3 | | |
| 4. No. demonstrators taking charge of entire flock: | 3 | | |
| 5. Average number of fowls in flock: | 20 | | |
| 6. No. demonstrators raising feed for flock: | Raised on farm | | |
| 7. No. of demonstrators purchasing standard bred stock: | 4 | | |
| 8. No. of demonstrators purchasing pure bred eggs: | all | | |
| 9. No. of demonstrators using standard bred males at head of flock: | 5 | | |
| 10. No. of demonstrators making brooders: | | 3 | |
| 11. No. of poultry houses built: | 1 | | |
| 12. Approximate number of chickens raised: | 472 | | |
| 13. Approximate number of chickens fattened for market: | | | |
| 14. No. pounds market poultry sold: | 99 | | \$ 83.70 |
| 15. No. pounds poultry eaten at home: | | | |
| 16. No. fowls culled: | | 50 | |
| 17. No. demonstrators producing infertile eggs: | | | |
| 18. No. roosters eliminated for infertile egg production: | | | |
| 19. No. egg circles organized: | | | |
| 20. No. cooperative breeding associations: | | | |
| 21. No. dozen eggs preserved in water glass: | | | |
| 22. No. dozen eggs used at home: | | | |
| 23. No. dozen eggs sold cooperatively: | | | \$ _____ |
| 24. No. standard bred fowls sold for breeding purposes: | | | \$ _____ |
| 25. No. standard bred fowls retained at home: | | | |
| 26. Total Value of Products: | | | \$ _____ |
| 27. List of equipment, other than above, made or purchased: | _____ | | |
| 28. Give results as to greater use and better cooking of chickens and eggs in the home. | _____ | | |

Local developments in Poultry work.

Reports of special work in the county.

COMBINED REPORT OF
HOME DEMONSTRATION WORK FOR
Women and Girls
DAIRY

Space for agent's stamp

MISS ELIZABETH H. COSSON,
Emergency Home Demonstration Agent,
BEDFORD, VIRGINIA.

1. Approximate number of dairy cows in county: _____
 Average price of milk per gallon: _____ \$
 No. cows purchased thru your influence: _____

2. No. demonstrators enrolled in butter making - Girls _____ Women _____
 No. demonstrations given in butter making: _____
 No. pounds reported made: _____ Pounds sold: _____
 Average present price per pound of butter secured by demonstrators: _____ \$
 Average price secured for other homemade butter: _____ \$

3. No. demonstrators enrolled in cottage cheese making - Girls _____ Women _____
 No. demonstrations given in cheese making: _____
 No. pounds reported made _____ Sold _____ Average price per lb _____ \$

4. No. demonstrators making Cheddar cheese _____ Pounds sold _____
 Price per lb _____ \$

5. No. pounds of cream sold _____ Value \$ _____

6. No. of demonstrations given in milk cookery: _____
 What milk dishes have proven most popular? _____

 No. of families using more milk in the family diet: _____
 No. of schools securing milk for the school lunch: _____
 No. of pupils in these schools: _____

7. Equipment made or purchased: _____

| | | |
|---------------------|--------------------------|-----------------------------|
| Brushes _____ | Butter workers _____ | Paddles _____ |
| Molds _____ | Sanitary strainers _____ | Dairy thermometers _____ |
| Milking pails _____ | Cheese presses _____ | Iceless refrigerators _____ |
| Barrel churns _____ | Shotgun cans _____ | Separators _____ |
| Name others _____ | | |

8. What plans have proved especially helpful in the past year? _____

9. Plans for enlarging and developing dairy work in county next year. _____

Space for agent's stamp

IMPROVEMENTS ON HOUSE AND YARD

Report only work done with
your advice or suggestions

1. No. of demonstrators following a definite plan for improvement of the home _____
2. No. new houses built _____ Remodeled _____ Repaired _____
3. No. lighting systems installed _____ Heating systems _____
Water systems _____
4. No. kitchens improved by - Rearrangement of equipment _____
Screening _____ Improvement of floors _____
Labor saving devices - Kitchen cabinets _____
Wood boxes _____ Fireless cookers _____
Steam pressure cookers _____ Food choppers _____
Bread mixers _____ Bread raisers _____
None others _____
5. No. of improvements in other parts of the house thru -
Improvement of floors _____ walls _____
Furnishings bought or made:
Wheel trays _____ Sewing screens _____ Others _____
Luncheon sets _____ Wall pockets _____
Laundry equipment:
Washing machines _____ Ironing boards _____
Clothes hampers or laundry bags _____ Others _____
Sleeping porches _____ Flower boxes _____ Others _____
6. Number of improvements in yard:
Fences repaired _____ Unsightly buildings repaired or removed _____
Trees planted _____ Lawns or grass planted _____
Shrubs planted _____ Plantings of flowers, vines and other plants _____
7. What help or instruction on this subject will you need this year in order to best meet the needs of your county?

Space for agent's stamp

MUSCADINE GRAPE CULTURE

(If muscadine grape demonstrations are not being carried on in your county report on other small fruit work, giving the names of fruits.)

- | | Girls | Women |
|---|-------|-------|
| 1. No. demonstrators enrolled: | _____ | _____ |
| How many demonstrations in the use of grapes were given in your county during the year? | _____ | _____ |
| 2. No. grape vines planted by demonstrators: | _____ | _____ |
| No. demonstrators planting five or more vines: | _____ | _____ |
| 3. No. gallons of grape juice made: | _____ | _____ |
| No. quarts of grape sauce made: | _____ | _____ |
| No. pints of all other products made: | _____ | _____ |
| 4. No. gallons of grape juice sold: | _____ | _____ |
| Average price per gallon for grape juice \$ _____ | | |
| 5. If other products were sold indicate number of containers, prices and kind of product. | | |

| Name of product | No. pints | Price |
|-----------------|-----------|----------|
| _____ | _____ | \$ _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

What difficulties, if any, have you met?

State any special needs or suggestions for improvement.

Space for agent's stamp

MISCELLANEOUS ACTIVITIES

1. Report on demonstrations with special vegetables:

| Name of vegetable | No. of demon- strations | Area planted | Results | | Reason for failures |
|---------------------|----------------------------|-----------------|---------------------|-------------------|---------------------|
| | | | No. suc- cessful | No. fail- ures | |
| Chinese cabbage | _____ | _____ | _____ | _____ | _____ |
| New Zealand Spinach | _____ | _____ | _____ | _____ | _____ |
| Chayote | _____ | _____ | _____ | _____ | _____ |
| Dashen | _____ | _____ | _____ | _____ | _____ |
| Pimientos | _____ | _____ | _____ | _____ | _____ |
| Haito Soybeans | _____ | _____ | _____ | _____ | _____ |

REMARKS:

2. Special campaigns - give in detail interesting facts and methods used.
(Use attached blank sheet)

- a. Fly eradication.
- b. Extermination of rats.
- c. Child feeding and care.
- d. Red Cross and Junior Red Cross.
- e. School lunches.

No. schools establishing hot lunch _____

| | Value \$ | No. mem- bers buy- ing |
|--|-------------|------------------------------|
| 3. War Savings Stamps bought by club members to date | \$ _____ | _____ |
| Thrift Stamps " " " " " " | \$ _____ | _____ |
| Liberty Bonds " " " " " " | \$ _____ | _____ |

4. No. of rest rooms established: _____

Methods of establishing _____

5. Do you own a camera? _____ Are you able to get satisfactory pictures of your work? _____

Can you use to advantage in your county photographs of club activities? _____
Lantern slides _____ - Charts _____

Can you obtain for your use a stereopticon lantern? _____