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ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
AMELIA COUNTY
VIRGINIA

- 1947 -

Mary Allen Tulloh

County Home Demonstration Agent

December 1, 1946 - November 30, 1947

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III. SCOPE OF WORK

- A. Home Demonstration Clubs (include groups you have met three times or more) Number 11 Membership 191
Other women reached by home demonstration club members 400
- B. 4-H Clubs: Number 10 Membership 143
- C. Older Youth Groups: Number None Membership
- D. Number reached through other groups by agent 200
- E. Number families reached through neighborhood and community leaders 280
- F. Other methods used to reach families (publicity, radio, office calls, visits) 6. Number families reached 800.
- G. Estimate total number families reached 1000. Number farm families in county 1227.

IV. ADULT WORK

A. Home Demonstration Club Program

1. Project work.

a. How was program determined?

The conditions of high prices, a scarcity of materials consumers desire to buy, and good prices for farm products were existing as we planned the working Home Demonstration Program in Amelia County for 1947. Farm families were eager to buy, and especially such articles as refrigerators, washing machines, tractors, etc., now the farm income is high. Many farm families had accumulated savings during the war period. The needs for improvements and repairs are evident for a large majority of rural farms and homes.

The families of Amelia County were recognizing the need for equipment in housing, the need for equipment to make work in the home and on the farm easier. The scarcity of the supplies and equipment with the high cost of these constituted a need for the best use of the clothing, household furnishing, and building which are now on these farms. It also showed a need for training on how to buy the needed equipment and planning the farm home so that the needed remodeling would be a real improvement that meets the needs of the family. Electric lines were beginning to be constructed in part of the county which the electric lines did not reach prior to the war.

c. Projects - Objectives, Methods used,
and Results Obtained

1. To improve food and nutritional standards.

a. Objectives:

Four monthly Home Demonstration meetings were devoted to demonstrations on "Meat Cookery", "Food Habits for Children", "Casserole Dishes", and "Planning for Summer Meals". Two objectives were stressed in these months, food valued and preparation. The County Objective was to stimulate interest in frozen food. Special attention was given to ways Home Demonstration members would carry information received on food to other persons.

b. Methods used:

1. Forty method demonstrations in Home Demonstration Clubs.
2. Six club tours to frozen food lockers in Crewe and Chesterfield.
3. Circular letters to all members and prospective members.
4. Each club member was given illustrative material to carry to non-members.
5. Two radio programs were given with club members taking part in broadcast.
6. Leader training meetings. Miss Janet Camerman sent material and agent trained leaders for March and April. Miss Camerman conducted leader training meeting for May and June.
7. Special series of four circular letters on Home Butchering, Meat Cutting and Curing was sent to all white families in Amelia County.
8. Each club member was requested to keep the enclosed food habits chart for two weeks to give her a picture of her family's eating habits. Seventy six members report completing this chart for a two-week period.

c. Results Obtained:

One hundred and sixty-five Home Demonstration Club Members reported definite improvements in food habits and preparing some new food dish suggested at club meetings. The illustrative material each member received, including bulletins on Meat Cookery, were recipes on using canned and all home grown feeds, feeds to prepare for children and menu's and recipes for summer months. Club members were especially pleased with this material and were anxious to take it to non-members. Approximately 2000 bulletins on Food and Nutrition were distributed in Amelia County by this means.

There is still considerable interest in Frozen Food Lockers. Extension Specialist advised agent in Amelia not to push the interest in frozen food in 1947, because a locker plant could not be built and operated at

FOOD HABITS GUIDE

Build Correct Food Habits

Club members will check the foods they eat for one week at two different seasons: Summer and Fall.

The Club leaders will decide in which week this will be kept. Such a record will give a fairly accurate check of the average kind and amount of food eaten; then you can compare your food habits with those for the adequate standard.

The only purpose of checking your present food habits is to be able to analyze what you now eat, and then to make the necessary improvements according to the standard. The amount of food or money available at certain seasons may curtail the kind and amount of food eaten, but the standard given is the vest for building strong, sturdy, active boys and girls.

At the end of each day, check (✓) foods you have eaten that day. Do this every day for one week. Note where improvements should be made. Check for one week each season. Note improvements made and plan for further changes where needed.

CHECK YOUR FOOD HABITS

	SUMMER	FALL
1 qt. milk		
1 serving green or yellow vegetable		
1 serving potatoes		
1 serving other vegetable		
1 serving tomatoes or citrus fruits		
1 serving other fruit		
1 serving whole grain cereals or breads		
1 serving meat		
1 egg		
4 - 8 glasses water		
Did you eat candy between meals?		
Did you consume soft drinks?		
Did you drink tea or coffee?		

NOTES:

cost within the reach of rural people. The tours did much to show local people the value of freezing as a means of preserving food. Four Home Freezers purchased were reported on questionnaire returned from Home Demonstration Members. Radio, newsarticles, and circulars were the means used to reach all families in the county. The circular letters on butchering and meat curing received the largest number of favorable comments of any one phase of material presented on county level.

Feed Specialist and agent trained a total of 48 leaders in some phase of feed work and these leaders gave, or assisted in giving, 27 demonstrations.

2. Clothing - Objectives

a. To aid in buying and construction of tailored garments.

The clothing objective was approached from the point that all women buy tailored garments for themselves and their families and only a small percentage will make these garments themselves. Good fabrics are scarce, very expensive, and styles very unstable. For these reasons, the emphasis was placed on using garments now on hand another year, points in buying, and special problems in tailoring. The county objective was to reach club members and non-members with as much of this information as possible.

b. Methods used:

1. Twenty two method demonstrations on "Points to Consider in Buying Suits and Coats", and "Special Problems in Tailoring", the main emphasis on button holes, pockets and shoulder pads.
2. Illustrative material for each member on "Buying Points", Tailoring a Suit, suggestions for making even fabric sample and special construction details. This material was given members for non-members.
3. Leader Training meeting by clothing specialist.
4. Personal help to three members on tailoring. A County Tailoring School was not held because only three persons were making tailored garments.
5. Three news articles.

c. Results:

Eleven leaders were trained by specialist and agent. Leaders gave, or assisted with, 15 demonstrations. Fifty-two ladies reported remodeling a tailored garment for some member of the family. Only 21 report buying new winter coats. One hundred and seventy-two report gaining definite help on buying and construction points. Five new coats and suits were made.

Mrs. Glen Lawrence, one of the project leaders for the Mattox Home Demonstration Club, did a splendid job on clothing construction in 1947. She has made 32 dresses, 3 tailored suits, 3 sets of slip covers and 6 sets of drapes. These were for her family and 2 other families in the Home Demonstration Club. Mr. and Mrs. Lawrence are building a new home.

In other phases of club Mrs. Lawrence reports contacting 6 non-members with information obtained at club meetings; helping four persons improve work methods; purchasing 10 pieces of small kitchen equipment; purchasing sink cabinet, stove, pressure sauce pan; helped 3 months with special community recreation, raising 15 different vegetables in garden, canning over 350 quarts, helped her husband in building home, making 4 quilts, 4 pair pillow cases, crocheting, lace and starting table cloth.

Mrs. Lawrence has done an excellent job as project leader for food and clothing. She missed only 1 club meeting.

3. Other

a. Small Kitchen Equipment.

"Selecting Small Kitchen Equipment" was the club choice demonstration for 5 clubs. This material was prepared from bulletin, "Small Kitchen Equipment". This bulletin was distributed to all club members. Three hundred of these bulletins were distributed. New small equipment was borrowed from local dealers for the demonstrations given. Nine hundred and sixty-seven pieces of new small kitchen equipment were reported purchased.

b. County Government:

Three clubs selected "County Government" for their January Demonstration. The Judge of Circuit Court and Commonwealth Attorney visited three clubs. These were excellent discussions on County Government. Home Demonstration Clubs have shown an increasing interest in local government and policies.

c. Rug Making:

Six clubs selected "Rug Making". Rugs made by different club members were used for these demonstrations, with illustrative material prepared from suggestions from House Furnishing Specialist. Sixty-seven rugs made were reported.

d. Chair Seating:

Four clubs had "Chair Seating". This was held in form of club clinics. Fifty-five chairs were re-seated. Seven women reported helping non-club members reseat chairs.

2. Federation Goal - Rural Youth

Rural Youth was selected as County Federation Goal for the second year, as a follow-up of work begun in 1946. In many neighborhoods people were just becoming more conscious of the need for special planning for the young people of the community.

a. Objectives:

1. Each club reach all youth of its community through planned recreation.
2. Each club select a club youth chairman to work on committee with County Chairman, to plan county wide youth program.
3. December Home Demonstration Club meetings will be devoted to Rural Youth. This meeting is to be conducted by the Club Chairman.
4. Each club Rural Youth Chairman have ten minute discussion on the following topics:

Child Care - Consideration of others.
Training children to care for public property.
Teaching children good table manners.
How parents feed prejudices influence children.
Helping children to enjoy good books.
Teaching children to appreciate good pictures.
Introducing children to sacred music.
Introducing children to their Natural surroundings, Birds, flowers and trees.

5. To carry nutritional program in Home Demonstration Program to children through schools and clubs.

b. Methods and Results:

The Home Demonstration Agent feels that this program has been effective in the county during 1947, although considerable more work is needed. The following are the definite accomplishments for 1947:

1. Each club had a short discussion on topic suggested. Three club leaders held this discussion every month during 1947.
2. All 11 clubs had one or more special recreational features for young people. (One club held 4 socials, three clubs held 2 socials.)
3. Special emphasis on families making most of such occasions as Birthdays and Christmas.
4. Sponsered 4-H Club work by helping secure leaders and Home Demonstration Committee gave money for 4-H Club Achievement Day exhibit prizes. Three Home Demonstration Members serving as leaders.

5. Home Demonstration Committee pushed 4-H Club work so 4-H members would stand out at Achievement Program.
6. The bus service which provides means for 60 children and adults to attend Sunday School has been continued. This project was started by Maplewood Home Demonstration Club in 1946.
7. Special movies on school conditions in Virginia were shown at all 11 Home Demonstration Clubs in September.
8. Special club activities: One of the Jetersville Home Demonstration Goals was to reorganize the youth fellowship club which was an organization of young people for all Churches in Jetersville. The Rural Youth Chairman was responsible for this reorganization. The organization has been very active during summer and fall months. Special programs have been given and are being arranged for Christmas. Meetings are held monthly with average attendance of 60 persons. The community is very proud of the reorganization and activities.

In 1946, the Namezine Club bought the old Namezine School building for a community house. In 1947 all club meetings were held there except when we held the feed demonstration. Four recreational meetings were held and four money-making projects during year. In March the Rural Youth Chairman was responsible for organizing an inter-denominational Sunday School. Sunday School has been held regularly with an average attendance of 50. A revival was held during the summer. Plans are to buy a Church building nearby, which is not used. Mrs. Sydnor Winn, Club Chairman, has 5 small children. She is active in P. T. A. and has given splendid monthly Rural Youth Reports.

3. Other Activities

a. Poultry:

Eight farm flock Improvement Demonstrators were carried a second year. Seven new farm flock demonstrators were taken on. Mr. A. L. Dean has made spring and summer scorings. Final scorings will be made in December. Four special culling demonstrations were held in connections with these poultry flocks. The attendance at these demonstrations was 102. Several poultry raisers have requested to be taken into the project in 1948.

b. Garden:

A special garden meeting was held for Garden Leaders in February. The County U. S. D. A. Council set up the following garden objectives.

- I. A liberal supply of organic matter and fertilizer.

- II. Organic matter to be plowed under 4 to 6 weeks before planting time.
- III. Order seed early. Obtain as many disease-resistant varieties as possible.
- IV. Secure a balance between the leafy, root and fruit vegetables.
- V. Avoid seeding too thick.
- VI. Year around weed control practices.
- VII. Seed bed well prepared, seed planted on time.
- VIII. A thorough disease and insect spray or dust program emphasized.

Methods and Results:

Six clubs had garden leaders. Special information was given at all clubs on gardening in February and March. Bulletins were distributed to all members on varieties, insects and disease control. Over 500 such bulletins were distributed. One hundred and sixty members report having gardens. The highest member reported 27 different vegetables in her garden. Eight news articles were used on gardening and material used in two radio programs.

a. Special work:

Four special demonstrations for kitchen improvements were set up with help of Home Management Specialist. Special visits to these kitchens have been made by agent. All of these members have made some of the suggested improvements.

Five special visits were made with the Agricultural Engineer to farm homes planning to put running water in home. Two of these have gotten running water.

Achievement Program.

There was a need for a closer correlation between local groups and the 4-H Clubs, women's and men's work in the county. A joint Family Achievement Program was planned. A copy of this is enclosed. The program featured 4-H Club member's work, reports of different phases of adult work, and address by Director L. B. Dietrick. A social hour was arranged by Home Demonstration Committee. This program was one of the most successful Extension Projects in 1947. Two hundred persons attended the program.

Farm and Home Labor-Saving Show.

This show was held in Amelia on September 16. Twenty one local women helped to arrange and assisted in the Amelia Show. Eight hundred and thirty-five persons attended the show. All comments have been most favorable. Members of the Home Demonstration Committee requested help on home water supply, kitchens, utility rooms and a carpenter school.

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Booklet Following



To The Clubs
OF
Amelia County

CONGRATULATIONS
ACHIEVEMENT
PROGRAM

8 o'clock

October 10, 1947

1 9 4 7

A C H I E V E M E N T P R O G R A M

Amelia High School Auditorium

October 10

Eight O'clock

Sponsored By

4-H Clubs

Home Demonstration Clubs

County Board of Agriculture

Amelia County

"MAKE THE BEST BETTER"

4-H County Council Officers

President.....Kitty Weisiger
Vice-President.....Faye Bailey
Secretary.....Rebecca Easter
Treasurer.....Robert Meadow

The National Club Pledge

"I pledge

my HEAD to clearer thinking,
my HEART to greater loyalty,
my HANDS to larger service,
my HEALTH to better living for my club,
my community, and my country."



... Point the way to
4-H Achievements

1. DEVELOPING TALENTS FOR GREATER USEFULNESS.
2. JOINING WITH FRIENDS FOR WORK, FUN, AND FELLOWSHIP.
3. LEARNING TO LIVE IN A CHANGING WORLD.
4. CHOOSING A WAY TO EARN A LIVING.
5. PRODUCING FOOD AND FIBER FOR HOME AND MARKET.
6. CREATING BETTER HOMES FOR BETTER LIVING.
7. CONSERVING NATURE'S RESOURCES FOR SECURITY AND HAPPINESS.
8. BUILDING HEALTH FOR A STRONG AMERICA.
9. SHARING RESPONSIBILITIES FOR COMMUNITY IMPROVEMENT
10. SERVING AS CITIZENS IN MAINTAINING WORLD PEACE.

ACHIEVEMENT PROGRAM

October 10, 1947

Eight O'clock

Group Singing

Devotional.....Rev. R. E. Garrison

Summary of Girls 4-H Club Work
of 1947.....Faye Bailey

Summary of Boys 4-H Club Work
of 1947.....Rodney Anderson

Story of 4-H Short Course and Camp.....Frances Ford
Tom Stark

Special Music

Summary of Home Demonstration
Work in Amelia County.....H. D. Club Member

Summary of Farm Demonstration
Work in Amelia County.....County Board of
Agriculture Member

The Rural Family in the
Extension Program.....Mr. L. B. Dietrick
Extension Director

Recognition and Awards.....Miss Mary Tulloh
Mr. E. L. Wood
County Ext. Agents

Group Singing

Music Arrangements.....Mrs. E. L. Wood
County Council Leader

HOMEMAKER'S PRAYER

For Health and strength and daily food, we praise
thy name, O Lord - AMEN

HOMEMAKER'S CREED

As Homemakers we will strive to:

Have our organization foster the highest ideals in
home, church, school, and public life.

Have our homes reach out in service to the communities
and help unite the people.

Have cooperation and progress the leading forces in
our communities.

Study the best way to do every day's work, that we
find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts
and words that condemn; be more thoughtful than
love requires; maintain the highest ideals of
Christian life.

County Federation Officers

Chairman.....	Mrs. Edward Burton Mannboro, Virginia
Vice-Chairman.....	Mrs. Raymond Morris Amelia, Virginia
Secretary.....	Miss Hazel Anderson Jetersville, Virginia
Treasurer.....	Miss Otella Harvie Mattoax, Virginia

"The 4-H Trail"

Over hill, over dale, we will find the green
wood trail,

As we club folks come swinging along.
Let it rain, let it shine, we will keep a
steady line,

As we club folks come swinging along.
With its Hi, Hi, He, the 4-H trail for me.
Shout out your numbers loud and strong,

One : Two !

Where'er we go, you will always know,
That we club folks keep swinging along,
As we club folks keep swinging along.

"Rhododendrons"

I want to wake up in the morning
Where the rhododendrons grow,
When the sun comes a creepin' into where
I'm a sleepin'

And the song birds say "hello!"
I want to wander through the wildwood
Where the fragrant breezes blow
And drift back to the mountains
Where the rhododendrons grow.

"Bells of St. Mary's"

The Bells of Saint Mary's
Oh hear, they are calling
The young love, the true love
Who comes from the sea.
And so, my beloved, when red leaves are
falling,
The love bells shall ring out, ring out
for you and me. (Repeat)

"The More We get Together"

Ideas gathered at the show definitely influenced the decision for the previous request.

Below is a summary of request returned:

- 85 Cir. 407 - A Labor-Saving Ironing Board.
- 40 Cir. 408 - Small Laundry Equipment.
- 55 Cir. 409 - Convenient Farm Kitchens.
- 44 Cir. 416 - Aids in Pressing.
- 36 Cir. 418 - The Child's Wardrobe.
- 72 Cir. 419 - Table with a Dozen Uses.
- 49 Cir. 420 - Aids in Food Preservation.
- 50 Cir. 421 - Cleaning Closet.
- 45 Cir. 422 - Cleaning Closet for Adults.
- 32 Cir. 423 - Cutting Table.
- 39 Cir. 424 - Cleaning Aids.
- 34 Cir. 425 - To Sharpen Shears.
- 77 Cir. 426 - The easiest way to iron a shirt.
- 35 Cir. 428 - Baby Center
- 18 CCir. 429 - Raising Table Height.
- 44 Cir. 442 - Washing Machine Cover.
- 26 - Woodbox

District Federation Meetings:

Twenty two Home Demonstration members from Amelia County attended the District Meeting of Virginia Federation of Home Demonstration Clubs in Chase City in May. This was the largest number of members to attend a district meeting for several years.

The 1947 Yearbooks were printed and distributed in November 1946, at the Club reorganizational meetings. This book was prepared and financed by a committee of local Home Demonstration Members.

4. Leadership

A. Organization Leaders - Training, Objectives.

1. Leader training meeting in order, purpose, parliamentary law, duties of officers.
2. Better Planned club meetings.
3. More active club officers.

a. County Home Demonstration Committee

The Presidents of the Home Demonstration Clubs, the past presidents of the committee, and the charter members of the old Home Making Board make up the membership of the County Home Demonstration Committee. There are twenty three (23) members on the committee, since adding the president of the Home Demonstration Club organized in 1947.

In 1947 the Home Demonstration Committee held a spring and fall meeting. The purpose of the spring meeting was to plan for completing the 1947 program and to decide if an Achievement Program would be held in Amelia County this year. These objectives were accomplished at this meeting. In addition, the committee voted to raise funds for the county treasury. This was done by selling food at the horse show. Eighty four dollars was cleared.

The fall Home Demonstration Committee meeting was devoted to completion of the Home Demonstration Achievement Program and to plan the 1948 program. A calendar of work for another year was set up at this time.

In addition, the County Home Demonstration Committee sent three delegates to the Institute of Rural Affairs in Blacksburg; donated prizes for the 4-H Achievement Program on October 10; and paid expenses of the program. The Home Agent was allowed in 1947 to submit a bill for any expenses she had in securing material needed for 4-H Club and Home Demonstration work.

All members of the Home Demonstration Committee have been active in securing new club members. Three members gave Home Agent definite assistance in working with unorganized adult groups. One of the goals of the committee, as set up at the 1945 planning meeting, was to enlarge the Home Demonstration Program in Amelia County. Three new clubs were organized with 66 new members.

b. Club Officers

Each of the 11 clubs has four organization leaders, making a total of 44.

The Club President received training, and made contribution to the administration of the county program at the two Home Demonstration Committee meetings. A special leader training meeting was conducted by Miss Helen Bicks for all organization leaders on Parliamentary Procedure and the duties of all organizational leaders. The outstanding contribution to these organization leaders has been holding together and strengthening the organized county program. The Home Agent gave leader training in form of individual visits.

Two hundred and forty-two days of service has been rendered by voluntary leaders or committeemen in cooperative Agricultural Planning.

The agent feels Home Demonstration Club meetings have been better planned by club officers and that officers have been more active in 1947.

B. Project Leaders

Each club elected 2 project leaders, making a total of 22 leaders.

The leaders served as both Food and Clothing Leaders. Leaders either gave, or assisted with March, April, September and October demonstrations. These leaders were also called on to help with special club activities, demonstrations in agent's absence, and with Farm and Home Labor-Saving Show. Project leaders have given, and assisted with 72 demonstrations to adult groups.

c. Federation Goal - Plans to use and training.

1. Have a county meeting of all club Federation Goal Leaders to plan Rural Youth Program for Amelia County.
2. Club leaders elect County Chairman.
3. Club Rural Youth leader conduct December Home Demonstration club meeting to adjust county program to club needs.

Miss Helen Ricks helped agent with leader training meeting for Rural Youth leaders when the county objectives and program were established.

The 8 club chairmen in the organized clubs in December 1946 took charge of December meeting on Rural Youth. These chairmen carried local programs. Local accomplishments under question IV in Section II, Adult Work.

Local leadership of all kinds in Amelia County has been strengthened in 1947, especially on County Level. More leaders have been added, and leaders were more active.

B. OTHER MEANS OF REACHING PEOPLE

1 and 2. Board of Agriculture.

A new county board of Agriculture is being reorganized at the present time. There have not been any community neighborhood leaders in 1947. The agent did use persons who were original community neighborhood leaders as contacts for organizing three Home Demonstration clubs in new communities. These persons have also been contacted to reach persons in these neighborhoods for special programs, information and expanding Home Demonstration work in 1948.

3. Special meetings.

Three special demonstrations were held in Morven and Painville neighborhoods on rug making and chair seating. Chair bottoms and rugs made have already been reported. This work may lead to developing a Home Demonstration Club in the Painville Neighborhood.

4. Radio.

Three radio programs were given over station W.M.B.C. A new local radio station has developed in Crewe. This is much more

effective because local news may be used. Four programs have been given over W.S.V.S. Four Home Demonstration Clubs have appeared on four programs. This station also is used for publicity for meetings and special events. The station recorded and used Director L. B. Dietrick's talk at the Achievement Program.

5. Press.

There are two local papers which have a circulation in Amelia County. Seventy-six issues have carried one or more articles from Home Agent.

Home Demonstration Clubs have made good use of local papers. The Home Demonstration Committee gave a prize at Achievement Program to club with best publicity. This club had 49 articles to appear during year. All clubs had two or more articles published during the year.

6. Circular Letters.

a. To all white families in county

Four letters on Butchering and meat curing.
Information on poultry culling.
Achievement Program
Farm and Home Labor-Saving Show

b. Home Demonstration Members.

Planning.
New Members.
Summary of accomplishments.
Special information from time to time.

7. Home Visits.

The agent made 363 home visits. An estimated 500 more visits were made by Home Demonstration members in conducting extension program in Amelia County. The following four types of visits were made:

New contacts in Amelia County
Leader Training
Organizational work
Carrying information

8. Exhibits.

1. Achievement Program
2. Farm and Home Labor-Saving Show.

9. Slides and Movies.

1. Advertising meetings through local theater. Reached 1500 people. (Est.)
2. Slides at September Home Demonstration Club meetings and special meeting.
Reached 250. (Est.)

10. Tours.

1. To frozen Feed Locker (Reached 100 People)

V. WORK WITH YOUTH

A. 4-H Club

1. Organization

a. County Council

The Amelia 4-H County Council has been a very active organization in 1947. Three meetings were held. An organizational meeting was called of all club officers for 1947. A County Council sponsor was secured, officers elected; the purpose and duties of the County Council explained. The 22 members, sponsor and club leaders compose the Amelia 4-H County Council. The second meeting was devoted to planning for summer work and setting up objectives for the year.

Objectives

1. That each club in the county have 100% project completion.
 1. That a prize of \$15 be given by the council to the club having the highest percent completion in projects and record books turned in.
2. That the county council sponsor at least one money making activity or project during the year.
 1. That each community club be assessed ten percent of the money raised by the club to be paid into the county council treasurer.
 2. That the county council make application for the permission to sell drinks at the horse show in the spring and the horse and cattle show in the fall.
 3. Each community club be urged to have at least one money making project.
3. That the Amelia County Council start a 4-H Club Building Fund for the purpose of erecting a 4-H Club Building on the county show grounds for 4-H Club use.
 1. The Council has requested that they try to have a collection auction sale during the year, at which time each club member will be requested to solicit his community for livestock, livestock products or other articles for sale. Also, request each club member to try and make, if possible, some article to give to the sale with its proceeds going to this fund.

4. That the Amelia County 4-H Club Council have at least one social or recreational feature during the year for the council members.
5. The County Council is to sponsor a 4-H Club Achievement Program, in the fall.

The third meeting in September was to check on progress of objectives set up by council and to plan Achievement Program. A fourth meeting, of the new council, was held to plan 1948 club program.

Accomplishments

1. Two clubs tied with 100% project completion, as prize was divided. Council members helped in project completion and records.
2. The council had two money-making activities, clearing \$80.
3. No definite work has been done toward beginning a 4-H building.
4. The council has not had a separate social for the council, although all clubs have had socials.
5. The council was very active in Achievement Program. The county president presided and 4 other members had part on program.
6. Council president and one other council member attended State Short Course.

2. Project Work

- a. How was program determined.

Project work for all but one club was done in school during the 9 months. One hour is allowed for meetings in school. Club members were given a choice of the three projects which may be given in school and "Care of Clothing" was selected. The meetings were conducted in two parts. A joint boys and girls meeting for opening exercises and business. Boys and girls divided into separate groups for project instructions.

The girls summer work was done in neighborhood groups. This gave club members an opportunity to choose project from group for longer periods of instruction. The work on clothing led to selection of "Make or Remake Clothing" by members interested in clothing and canning projects.

- b. and c. Subject matter
fields and projects.

1. Care of Clothing.

The objectives of this project were to help girls make better use of clothes on hand and to improve grooming habits.

One hundred and twenty-one girls enrolled in Care of Clothing. Six demonstrations were given, allowing one month, September, for project selection and May for club contest in which records were turned in. Instruction in form of demonstrations were given.

1. Outfitting a mending box.
2. Keeping Clothing Accents and Pressing Woolen Skirt.
3. Washing and darning anklets.
4. & 5. Starting and completing shoe bag.
6. Storing Winter Clothes.

One hundred and two girls completed this project satisfactorily. A large majority of girls did more than minimum project requirements. The interest in this project led to 17 girls enrolling in "Make or Remake Clothing". Girls who were not able to attend summer meetings continued "Care of Clothing" project.

2. Make or Remake Clothing:

Seventeen girls in two projects took make or remake clothing, with 15 of these girls completing. This project instruction was given in one all-day meeting. Agent was assisted by leader and leaders followed up the all-day meeting. Fifteen girls completed the project making a total of 46 garments made or remade. Instructions given in this project included selecting material and pattern, adjusting patterns, and construction details.

The Mambore 4-H Club did outstanding work in clothing projects. All girls in this club successfully completed both clothing projects. The club awarded first, second and third club prizes for the winners in both projects. The fifth and sixth Grade Teachers acted as sponsors and helped local club leader.

Five special programs were given on different phases of club work. This was worked out in connection with English and Health Classes. One of these programs was given as a part of exercise at the close of school.

3. Canning:

Thirty three girls enrolled in canning with 29 completing. The girls canned a total of 2,260 qts. alone; helped with 3,570 qts. Special emphasis was placed on quality of canned products. This helped in judging and improved standards has had a definite carry over to adults where girls were enrolled in canning.

Outstanding Member

Frances Ford has been an outstanding 4-H Club member for the past four years. She has done excellent work. Every project in which Frances was enrolled was completed with more work than was set up in the project requirements. Her canning record shows achievement in

the quantity canned and quality of the product. One of Frances' most outstanding qualities is her initiative in going ahead with any job she undertakes. Her 1947 record shows she has already canned 90 qts. alone and helped 300 qts. She was able to do the housework alone for three weeks and nurse an Aunt who was ill. During this time she earned 66 qts. for this Aunt. Frances won the county medal and trip to Little Club Congress, October 18.

3. Other Activities

a. Achievement Program

4-H Club members had part in two programs which showed achievements in 1947. Amelia Livestock Show and joint Family Achievement Program. This program has been described under question IV, Section 3.

b. Tours

One joint boys and girls tours was made to Atlantic Rural Exposition. Eighty-three boys and girls attended with two leaders.

c. Health

Health was brought out in connection with the types of feed prepared and functions of different feeds in the body. Safety check lists were used in 4-H Clubs for Fire Prevention Week. The County Nurse visited 4-H Clubs one month with special information on nutrition.

d. Community Activities

Five special 4-H Club Parent-Member socials were held in the county. The picnic, or weenie roast was followed by a short program on the club accomplishments in 4-H Club work in 1947 and two educational movies. Members brought back games and songs from camp and short course to these recreational meetings.

4. Camp

Twenty-six boys and girls attended 4-H Club camp at Jamestown, June 30 - July 5. One leader attended. Four girls, 3 boys and 1 leader attended the State Short Course in Blacksburg the same week. Both of these activities have meant a great deal to members attending.

f. Programs.

The nine joint boys and girls clubs held 4 short programs as a part of the monthly club program. These programs covered the background of 4-H work and a program in each of the 4-H's. The objectives were to have as many different members as possible take part in these programs. One special club program was prepared by one club and presented to the High School.

g. Contests

Contests have been conducted on club and county levels in 1947. These contests have made a definite contribution to club work in Amelia by stimulating interest in doing good project work and helping to raise number of project completions. Two county winners participated in District Contest. This, with the exhibits and records of winners at the Little Club Congress, has helped to establish standards in project work. The trip to Virginia Beach for County Winners was the highlight of the year to members winning the trip.

h. Radio

Three 4-H Club members took part in one radio program. Club work was discussed on four other radio programs.

4. Leadership

1. Junior Leaders - Organizational

There are 9 4-H Clubs. Each club has the following junior leaders:

President
Vice-President
Secretary - Treasurer
Song Leader
Reporter

The officers conduct the opening exercise and business of each monthly meeting. The song leader is responsible for leading singing and to help adult club leaders to plan recreation when needed.

These officers have been given training in ways to conduct meetings, keep records, and parliamentary procedure by Farm and Home Agents at club meetings and through personal visits.

A total of 90 4-H Club meetings were held in which these officers served. This does not include project instruction groups. Six older club girls served as junior project leaders during summer months.

2. Adult Leaders

Six 4-H Clubs have an adult leader, in addition to the fact that the five 4-H Clubs which meet in the rural schools have one of the teachers in the school as sponsor. The club sponsors have arranged for meeting times in the school, remind the members of meeting dates, and material they will need for club meeting. They gave follow-up instructions to children at school on project work, which was demonstrated at monthly meetings when needed. These leaders assisted with, or conducted, 75 meetings during winter months.

The club leader serves as organization and project leader. These leaders have conducted meetings when the agent could not be present. They have arranged entertainments and special programs, given project instructions, and given the supervision necessary for club girls to follow through on project work. Club leaders have been trained individually through visits from the farm and home agent.

The summer project instructions were given after the winter clubs had been broken down into neighborhood groups.

The most outstanding accomplishment was in securing leaders who strengthened the county program and the fact that 4-H members felt they had some local person who was interested and could be called upon for assistance when needed.

Eleven summer meetings were conducted by these leaders with follow-up work reported to 87 club members.

B. Honor Club

There is no organized Honor Club in Amelia County.

C. Older Youth

There is no organized older youth program. Work with youth has been reported under Federation Goal, Question IV; Section A, part 2. An estimated figure of 250 older youth have been reached through 4-H and Home Demonstration Programs.

IV. WORK WITH OTHER AGENCIES

A. Vocational Home Economics Department.

No work has been done except Miss Janet Cameron held one leader training meeting on Casserole Dishes and Summer Meal Suggestions. The Home Agent has carried information to Home Demonstration Clubs and other groups on County Cannery and School Cafeteria.

B. U. S. D. A. County Council.

Home Agent has been an active member of the council, cooperating with all activities of the council. Home Demonstration Clubs made the county survey to determine interest of families in county in a frozen feed locker plant. Home agent arranged four poultry culling demonstrations in different sections of the county, upon request of county council. Home Demonstration Club organization has been one of the chief means used to carry information the council wanted to distribute in the county.

C. Health Department.

The Amelia Health Department was opened February 1, 1947. The Home Demonstration Clubs had been active in programs to secure a Health Unit. The county nurse visited Home Demonstration Clubs and used the

July meeting to explain the services of the Health Department to Home Demonstration members. At the request of one Home Demonstration Club a county typhoid clinic was held. Home Demonstration Club members were responsible for 160 persons having transportation to the clinic. The 1948 Federation Goal is Health. The Nurse will conduct a leader-training meeting December 2. One county goal is to see that all persons know the services which can be rendered by Health Unit and to see that people make use of these services. In this way the Home Demonstration Clubs plan to help carry the Health program to all families in the county.

D. War Effort.

A summary has been made of contributions to war effort of 6 years work under question 196, statistical report. Work in 1947 included days devoted to production, processing and storage of food under gardening, poultry and food preservation.

E. Rural Electrification Administration.

Five tours were made to frozen food locker plant operated by R. E. A. Demonstrations in preparing and using frozen goods were given by R. E. A. Home Economics and 78 Home Demonstration members attended.

F. Local Merchants.

Home Agent cooperated in helping arrange a style show sponsored by local merchants. In addition a special department, with prizes, was arranged for 4-H Club members. Twenty-one girls made entries of materials made in clothing projects.

G. Farmer's Home Administration.

The Home Supervisor was discontinued July 1, 1947. Before that time the home agent had passed on new information as it was released from extension service. The home agent and home supervisor had worked on committees, special meetings and other joint projects in the county. Pressure gauge tester was used jointly and was left in Amelia County.

VII. EVALUATION OF 1947 HOME DEMONSTRATION PROGRAM

The most significant contribution of the subject matter program was the use of home grown feeds in improving nutritional standards in the homes of Amelia County. 4-H Club Food Preservation projects worked into this program. The extension 4-H Club program on care of clothing and adult program on tailored garments made a definite contribution in stretching the clothing dollar.

County organization for both 4-H and adult work has definitely been strengthened. The fact that new people with influence in Amelia County have assumed some of the responsibility of leadership in both programs is a contributing factor. Both programs have been strengthened by increases in membership also. Interest in new health unit established has led to a health program being selected for the Federation Goal. Special county events have made a contribution.

The Farm and Home Labor-Saving Show, Family Achievement Program, have attracted new persons and added prestige to the work.

This 1947 program has opened the trend of thought of better planned and more convenient homes and work centers in Amelia County. The fact that electricity has come within the reach of approximately 500 families has stimulated the desire for water in the home.

These developments have led to a Home Demonstration Program centered around permanent home improvements. The main emphasis is placed on more convenient farm kitchens, more utility rooms, and livable living rooms. Special clinics have been requested on Home Water Supply, farm home plans and construction, and slip covers.

The 1948 Yearbook is included to show the 1948 program.

END

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Booklet Follows

Year Book
1948



AMELIA COUNTY
HOME
DEMONSTRATION
CLUBS



THE HOME DEMONSTRATION CLUB EMBLEM

The hearth fire in the center is to symbolize the home and besides symbolizing the home, it expresses the spirit of the finest attributes of the home; such as love, fellowship, hospitality, comfort, peace, and protection.

The oak leaf symbolizes strength; the sheaf of wheat, productivity; and the Roman lamp, knowledge and other attributes of a successful home, as wisdom, patience, faith and guidance.

Around these symbols are the words, "Home, Family, Community," with "Cooperative Extension Service" on the outside ring, designating the cooperation of the county, state and nation in the Extension Program. The letters, "H. D." at the bottom stand for "Home Demonstration," the official term used by the government and many states for our work.

FOREWORD

To the Members of the Home Demonstration Clubs of Amelia County

Dear Members:

Another year has passed and you have accomplished a great deal, but there is still much to be done. We must work hard and make sacrifices to win a permanent peace.

We, as homemakers, must seek to build in our hearts, in our homes, and in our communities, respect for other people and regard for human worth. Help to overcome greed and selfishness at all times.

Our major project will be Health. May each of us aid our County Health Chairman in carrying out our Health Program.

Two other projects are Home and Yard Improvement.

Let us put forth every effort to make this our best year.

Sincerely,

ROSA J. COURTER

Chairman of Home Demonstration Committee

THE VIRGINIA FEDERATION OF HOME DEMONSTRATION CLUBS

The object of the Virginia Federation of Home Demonstration Clubs is to foster the highest ideals of home life, to encourage all forces for community betterment, and to provide home demonstration clubs and home demonstration club members with the opportunity to work in cooperation with the Extension Division of the Virginia Polytechnic Institute in a state-wide program for the development and improvement of rural life. Every Home Demonstration Club member is a member of the State Federation.

COUNTY HOME DEMONSTRATION COMMITTEE

The home demonstration committee is the planning and executive body representing the Virginia Federation of Home Demonstration Clubs on the county level. The presidents of the local home demonstration clubs constitute this committee, and such other key women as conditions make advisable. Officers of the committee include chairman, vice-chairman, secretary and treasurer. The committee usually holds regular meetings twice a year.

The work of the committee is to promote Federation activities and to further the interests of home demonstration work in the county among adults and juniors and to advise and assist the agent in serving the people. One of the most important duties of the committee is program building. The committee also promotes the program throughout the year, assists in getting reports on year's accomplishments, and helps in measuring results. Club presidents as members of the County Committee should function in these ways in their individual clubs and communities.

STATE FEDERATION OFFICERS

President Mrs. N. C. Bailey
Orange, Virginia

Vice-President Mrs. C. M. Ware
Lee Hall, Virginia

Secretary Mrs. A. B. Slagle
Clarksville, Virginia

Treasurer Mrs. C. H. White
Forest, Virginia

COUNTY HOME DEMONSTRATION COMMITTEE

Chairman Mrs. Rosa Courter
Amelia, Virginia

Vice-Chairman Mrs. Ralph Saunders
Mattoax, Virginia

Secretary Miss Hazel Anderson
Jetersville, Virginia

Treasurer Miss Otelia Harvie
Mattoax, Virginia

EXTENSION STAFF

Director Mr. L. B. Dietrick

Assistant Director Miss Maude E. Wallace

District Agent Miss Helen Ricks

Home Dem. Agent Miss Mary A. Tulloh

County Agent Mr. E. L. Wood

HOME DEMONSTRATION CLUBS

<i>Club</i>	<i>President</i>
Chula	Miss Mary Lou Mills
Deatonville	Miss Smithy Carter
Grub Hill	Mrs. Craig Ashman
Jetersville	Miss Hazel Anderson
Little Patrick	Mrs. William Barnard
Maplewood	Mrs. Walter Scott
Mattoax	Mrs. Clifford Bowlin
Namozine	Mrs. Edward Burton
Pine Grove	Mrs. John T. Jones
Truxillo	Mrs. Henry Bultji
Winterham	Miss Florence Clark

CHARTER MEMBERS OF HOMEMAKING BOARD

Miss Hazel Anderson
Mrs. Rosa Courter
Miss Otella Harvie
Mrs. Lula Loyd
Mrs. H. C. Rucker
Miss Mary Sheppard

YEARBOOK COMMITTEE

Miss Otella Harvie, Chairman

CLUB MEMBERSHIP LIST

Club

CLUB OFFICERS

President

Vice-President

Secretary

Treasurer

Health Chairman

Yard Improvement Chairman

Special Activities Chairman

Project Leaders

.....

CLUB GOAL

CLUB MEMBERSHIP LIST

Mr. J. H. ...
Mrs. ...
Mr. ...
Mrs. ...
Mr. ...
Mrs. ...

FINANCE COMMITTEE

Mr. ...

EMPHASIS OF 1948 PROGRAM

1. *To have convenient kitchens and more utility rooms in Amelia County*
2. *To aid in providing a livable living room for the family.*
3. *To have more beautiful yards and entrances to farm homes in Amelia County.*

BETTER PLANNING AND BUYING

As the emphasis of the 1948 program is on more livable homes, you will want to plan the improvements you are going to make. Before you decide, you will want to make a list of:

1. What improvements should come first?
2. Will it pay to wait to make some of these improvements?
3. How much will it cost?

ONE MOMENT, PLEASE!

Before deciding on improving your house or buying equipment or furnishings, you may wish to consider alternate or priority uses for your money—do you need it for:

1. Medical and dental care?
2. Further education of some member of the family?
3. Old age security?
4. Others?

Now is the time to make the family plan of uses you will make of your money. Below is a suggested way to make your plan.

WHAT WHEN (1948-53)
Cost

FEDERATION GOAL—HEALTH

County Chairman Miss Hazel Anderson
Jetersville, Virginia

Goals

1. To work with the Amelia Health Department.
 - A. Each Club will make a community survey to see that all families know the service offered by the Health Department.
 - B. Cooperate with Health Department by such things as getting needy cases there, advertising and assisting with clinics, and attending those for adults.
2. Each club shall encourage all members to belong to some prepayment hospital plan.
3. Each club shall elect a health chairman and devote ten minutes of each meeting for the chairman to discuss the following topics:
 - January—Clinics which are available—Tuberculosis.
 - February—Clinics—Venereal Diseases— Rheumatic Fever.
 - March—The need for Local Clinics.
 - April—Clinics—Cancer and Tumor.
 - May—Prepayment Health and Hospital Plans
 - June—Legislation effecting Health Program.
 - July—Legislation effecting Health Program.
 - September—How organizations work together to improve health.
 - October—What a thorough physical examination includes.
 - November—Present County Conditions.
4. Each Club shall devote month of December to planning of Federation Goal. Club Health Chairman in charge of meeting.

COUNTY WIDE PROJECT

More Beautiful Home Grounds

Chairman Miss Mary Shepherd
Chula, Virginia

1. Each club devote the January and September meetings to more beautiful yards and entrances to farm homes. These meetings to be arranged by county chairman in cooperation with club chairman.

2. Each club chairman will organize neighborhood campaign for more beautiful yards and entrance to farm homes.

3. Home Demonstration Club members will cooperate with Amelia Garden Club in securing additional plants; club chairman will arrange this exchange.

4. County and Club recognition will be given Home Demonstration Members who made outstanding improvements.

DECEMBER

Present Federation Goal—Health

“For somehow not only for Christmas
But all the long year through,
The joy that you give to others
Is the joy that comes back to you.”

Place

Date

Time

JANUARY

Home Ground Improvements

“Ah, glad New Year, the chance is here to start
our lives anew
Another while to laugh and smile, to live and strive
and do.”

Place

Date

Time

FEBRUARY

Kitchen Planning and Arrangements

"That we may find joy in common tasks well done"

Place

Date

Time

MARCH

Utility Room and Equipment

"When the Outlook is not good, try the uplook"

Place

Date

Time

APRIL

Living Room Unit (Color Schemes)

"A good home is the joyful center of the individual's life, the training ground for each generation, and the hope of the world."

Place

Date

Time

MAY

Living Room Unit (Walls and Wall Finishes)

"A place for everything and everything in its place"

Place

Date

Time

JUNE

Living Room Unit (Window Treatment)

"Wisdom is knowing what to do.

Skill is knowing how to do it.

Virtue is doing it."

Place

Date

Time

JULY

Living Room Unit (Furniture Arrangements)

"In months of sun so live that in months of rain
thou shalt still be happy."

Place

Date

Time

AUGUST

Social

"What a woman does for herself dies with her;
but what a woman does for her community lives
long after she is gone."

Place

Date

Time

SEPTEMBER

Home Ground Improvement

"Difficulties were made to meet—Greet—and Beat"

Place

Date

Time

OCTOBER

Club Choice _____

"There is only one proof of Ability—Action"

Place

Date

Time

NOVEMBER

Re-Organization

"Look before you Leap"

Place

Date

Time

This Year Book is made possible through the support of the following firms:

Amelia

SOUTHERN STATES AMELIA COOPERATIVE
R. A. MARSHALL DEPARTMENT STORE
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Winterham

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H. E. BRANTLEY SERVICE STATION

Mattoax

E. F. POORE

CALENDAR OF SPECIAL EVENTS

- December—Health Leaders Training Meeting.
- January—County-wide school, Farm and Home Water Supply, Leader Training Meeting, Kitchen Planning and Utility Rooms.
- March—County-wide Clinic, Slip Covers, Leader Training Meeting, Living Room Unit.
- April—Home Demonstration Committee Meeting, District Meeting of the Virginia Federation of Home Demonstration Clubs.
- May—National Home Demonstration Week.
- July—Institute of Rural Affairs in Blacksburg.
- August—County-wide Twenty-Fifth Anniversary of Home Demonstration Work in Amelia County Celebration.
- September—Home Demonstration Committee Meeting.
- October—Achievement Day.

PLATFORM PROCEDURE

1. President conducts meeting according to rules of Parliamentary procedure.

ORDER OF BUSINESS

1. Meeting called to order and Home Makers Creed.
 2. Song.
 3. Devotional.
 4. Roll call and reading of minutes.
 5. Treasurer's report.
 6. Report of Committees.
 7. Business—old and new.
 8. Demonstration.
 9. Social Hour.
2. Club officers make reports accurate, to the point, and present in business like manner.

MEMBERS

1. Members arrive on time in order to start meeting on time.
2. Cooperate with club officers and leaders when requested to help without protest.
3. Make motions and nominations according to Parliamentary law.
4. Help keep meetings moving by saving personal comments until social hour.

CREED

As Homemakers we will strive to:

Have our organization foster the highest ideals in home, church, school, and public life.

Have our homes reach out in service to the communities and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best way to do every day's work, that we find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

HOMEMAKER'S PRAYER

For health and strength and daily food, we praise thy name, O, Lord.—AMEN

PLEDGE TO THE FLAG

"I pledge allegiance to the flag of the United States of America and to the Republic for which it stands, one nation indivisible, with liberty and justice for all."