

XII. Plans for Cooperating with Other Extension Agents in County Toward Unified Program

Our plans for cooperation include regular extension conferences in which all problems and plans will be discussed thoroughly. We expect to share ~~it~~ equally, helping each other where ever possible.

XIII. Most Difficult Problems in Carrying Out Extension Program in Botetourt County.

The biggest problems in the county is time versus energy to do all that should be done to carry out the over/all extension program.

There is a great demand for 4-H leaders and better trained leaders. Also the present 4-H leaders in the county need to be better informed on the whole 4-H program.

A larger proportion of the county Home Demonstration women should be project leaders and improve on the demonstrations they give.

On January 21st, we hope to organize a leaders organization for our present 4-H leaders. Thus we hope to better inform them of the total 4-H program by regular quarterly meeting. It is our hope that they will help us secure more leaders.

This year the county Home Demonstration President, Mrs. L. O. Brodnax and the agents are striving to have a different leader come from each club for each leader training meeting. We hope to give them suggestion on how to give demonstrations either by letter, or personal visits.

The agents will strive to put first things first and to enlist the aid of more volunteer leaders to carry on the extension program.

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X. Plans for Recording and Evaluating Programs as Planned.

The agents will keep record sheets in their notebooks, checking regularly. They will check this years work with previous work done here in the county. Give with report to the Executive Home Demonstration Board the progress of the program. Upon request they will give a detailed report to the County Board of Supervisors.

XI. Plans for Professional Improvement

A. Organized study

1. There are no plans for organized study in schools at this time
2. There are no plans for organized study in short courses at this time

B. Reading Professional Books and Other Publications

agents will read as many bullitins of state agencies as possible and strive to keep up with all findings in women's magazines and our professional magazine "Forecast for Home Economiats", "What's New in Home Economics" and "Journal of Home Economics".

C. Membership in Professional Organizations

We plan to maintain our membership in the VHEA and AHEA.

D. Participation in Programs and Workshops Planned by Other Organizations

The agents will participate in programs and workshop of other organizations when every it is possible and does not interfere with the extention program.

E. Planned Educational trips

The assistant agent hopes to take an educational trip to New England.

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D. Health Department

Home demonstration members will be encouraged to support both the bloodmobile and the chest x-ray clinic.

IX. Plans for Developing Good Public Relations in the County With

A. Elected Representatives

The county board of supervisors will be consulted on any county problems that might possibly arise before taking action. The agents will cooperate with the county school board in executing the 4-H club program.

B. General Public

The agents will try to keep the planned program of work and results before the public in the form of news articles and T-V. She will always try to help individuals with their problems and try to concentrate more effort on the part of the county where the need for extension work is the greatest.

C. Co-workers

The agents will try always to be cooperative in every way in carrying out the extension program and to assist other workers whenever we can with their phase of the county program. We will keep them informed of our work, both in success and failures.

D. Commercial interest

The agents will work with commercial interests whenever it is possible within the extension policy.

E. Other Professional Workers

We expect to always cooperate with other professional workers in any way we can, especially in exchanging judging, etc. with home economics teachers.

### Plan For Using 4-H Leaders

Project Leaders - These leaders will be given training in the projects with which the girls in their group are concerned. Community project groups will be supervised by adult leaders. With the help of 4-H All Stars and Home Demonstrations club women, I hope to secure more leaders so that more community projects groups can be organized.

Organizational Leaders - All organizational leaders will be asked to attend and take an active part in all county-wide meetings such as the County Council and Achievement Day planning meetings. Each leader will be given specific jobs to perform in all county functions.

### C. Young Men and Women's Clubs

	<u>Number in 1955</u>	<u>Goal 1956</u>
Number club officers	<u>3</u>	<u>3</u>
Number adult leaders or sponsors	<u>2</u>	<u>2</u>

These leaders will be used by the extension staff to help maintain an interest in 4-H project work and activities among the older group of 4-H'ers.

### VIII. Plans for Work with Other Agencies

#### A. Botetourt - Rockbridge Regional Library

Members of the Fincastle Home Demonstration Club will pay for a librarian to keep the Fincastle Branch library open in Fincastle each day of the week.

#### C. Cancer Association

Three Home Demonstrations clubs have accepted as their club project, the duty of making pads and bandages. They will work closely with the Cancer Organization in this project.

Organizational Leaders - Presidents and Program Development Chairmen of all Home demonstration clubs will be asked to attend semi-annual meetings with call meetings from time to time as necessary. This group will be the governing body in making decisions concerning the over all Program. The club house board of directors will meet often to make decisions concerning the club house program.

B. 4-H Club

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	<u>Number in 1955</u>	<u>Goal 1956</u>
Number 4-H Club officers	<u>96</u>	<u>96</u>
Number adult project leaders	<u>6</u>	<u>8</u>
Number junior project leaders	<u>-</u>	<u>1</u>
Number result demonstrators	<u>-</u>	<u>1</u>
Number meetings at which leaders were trained by specialist	<u>-</u>	<u>2</u>
Number meetings at which leaders were trained by district agent	<u>-</u>	<u>-</u>
Number meetings at which leaders were trained by agent	<u>1</u>	<u>3</u>
Number meetings at which leaders were trained by personnel in 4-H Department	<u>1</u>	<u>1</u>
Attendance at leader training meetings	<u>17</u>	<u>40</u>
Number 4-H leaders trained individually	<u>1</u>	<u>3</u>
Number club meetings held by leaders without a parent present	<u>6</u>	<u>10</u>
Number club meetings at which leaders assisted	<u>18</u>	<u>25</u>
Number demonstrations given by adult leaders	<u>31</u>	<u>67</u>
Number demonstrations given by junior leaders	<u>-</u>	<u>10</u>

VIII. Plan For Leadership

A. Home Demonstration

	<u>Number in 1955</u>	<u>Goals 1956</u>
Number project leaders (subject matter)	<u>87</u>	<u>88</u>
Number federation program of work chairmen	<u>17</u>	<u>16</u>
Number program development leaders	<u>16</u>	<u>15</u>
Number result demonstrators	<u>-</u>	<u>1</u>
Number meetings at which leaders were trained by specialist	<u>5</u>	<u>5</u>
Number meetings at which leaders were trained by district agents	<u>-</u>	<u>-</u>
Number meetings at which leaders were trained by agent	<u>-</u>	<u>1</u>
Attendance at training meetings	<u>283</u>	<u>271</u>
Number club meetings held by leaders with ut agent present	<u>204</u>	<u>211</u>
Number club meeting in which leaders assisted	<u>16</u>	<u>25</u>
Total number demonstrations given by leaders	<u>100</u>	<u>110</u>
Total number of talks or discussions by leaders	<u>492</u>	<u>500</u>

Describe your plan for training and using all types of leaders in carrying out 1956 program.

Plan for Training and Using all Types in Carrying out 1956 Program  
Project Leaders - These Leaders will be given training in the projects set up in the 1955 home demonstration club calendar, through leaders training meetings. Leaders trained at these meetings will give demonstrations in their own clubs.

4. Pay part of 4-H'ers fees to Short Course

5. Have a county wide picnic

6. Help collect records and work with other 4-H'ers

D. County Honor Club

The 4-H Honor club will be used as a means of awarding recognition to those boys and girls who have done outstanding work as 4-H members. It is expected to be an incentive for club members to do better work. From the Honor Club members, candidates for All Star will be selected.

E. County All Stars

The All Star chapter will be one of the key organizations to help younger club members with their club work and the turning in of their records. They will also aid as 4-H leaders and 4-H junior leaders in the county. Also they will nominate their full quota of candidates for the All Star organization.

F. County 4-H Project Planning Committee

It is our hope to establish a leaders organization with the extension staff <sup>the leaders</sup> and the officers of the 4-H county council to form a 4-H Project Planning Committee.

G. Community Improvement Organization

The Community Improvement clubs will serve as a medium through which a closer and better working relationship can be developed between the extension workers and the county people. These groups will welcome educational programs and this will in turn help with a sound system of farming and homemaking.

A. County Home Demonstration Committee

The county Home Demonstration Committee will meet in April for the purpose of evaluating the progress of the program and for the discussion of any problems which need to be clarified. The committee will meet again in the fall for the purpose of planning the new years work and electing officers.

The executive Board composed of the county committee officer and three members - at - large will serve as a governing body, meeting as often as necessary to take care of items needing attention before the County Home Demonstration Committee meets for its regular meetings.

B. County Agriculture Extension Service Board

The county Board of Agriculture will be used to coordinate all agriculture work in the county and to form long time objectives for the solving of farm and home problems. They will hold regular meetings and it is hoped that they will accept the new Virginia Plan and begin work on it.

C. 4-H County Council

The 4-H county council meets twice a year and will be used as a guide for all 4-H activities. It is composed of all officers of the 4-H clubs in the county. The objectives set up for 1956 are as follows:

1. They will sponsor a 4-H achievement Day at Hollins Sale Pavilion which will include a livestock show, dress revue, crowning of King and Queen and displays of exhibits from all projects.
2. They will sponsor the annual talent show.
3. Sponsor a 4-H year book

The Honor Club held its annual banquet at which time new members were initiated.

#### IV. Young Men's and Young Women's Work

The local chapter of 4-H All Stars held its meeting for the purpose of nominating candidates for admission to the organization on December 20th.

The agents will help with all special requests of this age group in Church youth groups, Senior women's clubs, etc.

In addition the All Star chapter will have a social during the summer, continue to actively support the 4-H program, especially with special events and in securing leaders.

#### V. Scope of Work

A. Organization	No. in 1955	Goal in 1956
Number of Home Demonstration Clubs	16	15
Membership	350	337
Number of 4-H Clubs	18	18
Membership	310	320
No. Young Men & Women's Clubs	1	1
Membership	16	18
No. Community Improvement Clubs	2	2
Membership	108	100
No. Other Organizations	-	-
A. Organization		

#### VI. Plan for Using The Following Organizations to Strengthen the Extension Program for 1956

5. Food Projects School on Demonstrations

A school was held on December 28th and 29th at the county 4-H Club house. Twenty girls gave demonstrations in either the Bread or Food Preparation projects. Mrs. Anne Garber, AEPD home economist, assisted with the school. Four 4-H leaders attended and three visitors.

6. State Short Course

Of the most outstanding members of 4-H Clubs will have the opportunity to attend State Short Course. They will be selected by the agents according to interest and participation in club and project work. Part of the fee for each representative will be paid from the county council funds.

7. County 4-H Picnic

The county-wide 4-H picnic for all 4-H members, parents and leaders will be held at Doughat Park. School buses and cars will be used for transportation.

8. Share the Fun Contest

One talent show will be held in Buchanan High School auditorium in February or March with 4-H Club members of the entire county participating. From this the representative to the State Short Course Share the Fun program will be selected. Funds from the show will be used by the county council.

9. 4-H Honor Club

Fifty percent or less of the upper half of the boys and girls will be issued invitations to join the 4-H Honor Club at the Achievement Day Program.

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assistance of the local power companies. Unit I will be lectures, demonstrations, films, slides, workshop and tours concerning the use of electricity. It is hoped that Unit I will deal with problems concerning the wiring of homes, cleaning of motors etc. The school will be terminated with a tour of electrified farms or other electrified businesses.

#### B. Other Activities

##### 1. 4-H camp

All 4-H members who wish to attend camp at Holiday Lake in June or July will be asked to pay the entire fee in April, May and June in order to reserve space. All members registering will be checked to see that their project work and conduct is acceptable.

##### 2. Achievement Day

Plans for Achievement Day will follow those of last year. It will be a one day affair at Hollins Livestock Pavilion in which boys and girls will be given an opportunity to exhibit their projects. Included will be food products, livestock, clothing and dress revue. This will be held in September.

Final plans will be made at the spring meeting of the county council.

##### 3. National 4-H Sunday

Two vesper services will be held in the county by 4-H members in May.

##### 4. 4-H Contests

County winners of the dress revue and other county contests will enter the state contests in April. All clubs will participate in the WSIS contest.

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(3) Locking Your Best

b. Objectives

The objectives in planning this clothing work for 4-H girls were first to develop an interest in sewing and then to help them learn the basic principals of sewing in order that they might learn to make many of their own clothes.

c. Procedures

The clothing projects will be carried out during the monthly meetings and in special product groups conducted by leaders. A style dress revue will be staged to give the girls a chance to model garments they have made. The girls will be encouraged to exhibit their products at the annual Achievement Day Observance in September and at the Lynchburg Farm and Home Show in October.

3. Farm and Home Electric

a. Projects

(1) Unit One

(2) Unit Two

b. Objectives

These projects will be taught to help inexperienced club members learn something about electricity on the farm and in the home to teach safety in the use of electricity; to save expenses of paying for electrical repairs and to develop facts taught in Unit 1 to a further extent.

c. Procedure Planned

These schools will be conducted, on Unit I and Unit II with the

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(1) Meal Preparation

(2) Food Preservation

(3) Breads

b. Objectives

These projects will provide girls with the opportunity to practice the best methods of preparing and serving meals and individual dishes. They will also be used to teach the basic principals of preserving food so that the 4-H'er may help with the family food preparation and preservation, develop skills in bread making and acquaint members and their families with new and different varieties of bread.

c. Procedure Planned

The food project will be carried on during the monthly meetings in the form of discussion groups and demonstrations given by the agent, 4-H'ers and 4-H leaders.

The clubs have project groups which meet at least once during the month.

The 4-H'ers will be given an opportunity to exhibit their food products at the annual Achievement Day and Lynchburg Farm and Home Show. Also the girls will have the opportunity to give demonstrations at county contests.

2. Clothing

a. Projects

(1) Sew You'd Like to Sew

(2) Make or Remake

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d. The County Home Demonstration Chairman will contact each club and try to secure transportation and a representative to attend the district and state federation of Home Demonstration clubs meeting.

2. National Home Demonstration Club Week

We expect to have a large attendance at the district and state Federation meeting and to have a brief program in each club during May commemorating National Home Demonstration Week in State and National activities. In this way it is hoped that the club members will gain a better understanding of home demonstration club work and all it stands for.

3. Achievement Day

This activity will provide a chance for the women to honor our county federation and to observe work being done in the county.

The club next in order, alphabetically will serve as a planning committee and hostess for the 1933 annual Achievement Day, having the privilege of planning any type achievement program they desire.

4. Community Improvement Organizations

These community improvement organizations will be a means of reaching more people with educational materials and will encourage farm families to do more to improve their homes, farms and communities.

The extension staff will work closely with participating communities.

III. 4-H Club Work

A. Project Work

1. Foods

a. Projects

planning of the Home Demonstration clubs that one year was not sufficient to do a good job of this federation goal.

b. Objectives

The objectives are

1. Each club have a club project
2. Each member plant at least one dogwood
3. Each member carry an individual project at home
4. Cooperate and participate with the Anti-Litterbug Campaign.

c. Procedure Planned

Each club will select a project at their January meeting. Every member will plant at least one dogwood and select an individual project to carry on at home. There has been a leader training meeting held by Mr. E.

A. Hicks, Jr. Associate Landscape Engineer of the Department of Highways to help acquaint the home demonstration club project leaders with the Anti-Litterbug Campaign.

E. Other Activities

1. County Objectives

- a. Each club support 4-H club work
- b. Continue support of club house
- c. Each club study Civil Defense
- d. Each club send a representative to the district and state Federation of Home Demonstration clubs meeting

2. Procedure planned for these objectives are

- a. Each club will try to encourage 4-H'ers by giving leaders wherever possible and aiding 4-H'ers financially to attend camps and short courses.
- b. To help maintain the club house by an activities calendar and contributions from each club.
- c. Have each club send a representative to a meeting on civil defense. These representatives will in turn give a talk at their club meeting.

and electric power companies will give a leader training meeting. Each club project leader will attend and give the demonstration to her club.

C. Farm and Home Development

Charles B. Bean and Hannah D. Breckinridge have been assigned to the county to give their attention to the program.

Planning will be done by these two agents jointly with the County and Home Demonstration agents. The County Board of Agriculture will be asked to set up a committee to work with the Farm and Home Development agents. This committee will be asked to review progress periodically. The County Board of Agriculture asked that these families be selected at random from the county.

*Agricultural Agent*

We are working with five families at present. The agents have made initial visits to sixteen other families. In the next year we will attempt to explain the program to approximately one hundred families and hope to actually start working with thirty five additional families. (The Assistant Home Demonstration agents works half time.)

D. Federation Program of Work

1. Home and Community Beautification

a. Selection of Federation Goal

The federation goal is a continuation of the 1955 federation goal. There is an increasing interest on the part of county people in the appearance of their homes and communities. This is in part due to the county Home and Community Improvement clubs. It was decided at the fall

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It is hoped that the women will thus learn how to save time and money and the results will be more time spent with their families.

(3) Procedure Planned

Leaders of clubs will be trained by the home furnishings specialist for all demonstrations. They will give the demonstrations to the club. News articles will be used in the newspaper.

D. Improving Personal Appearance

(1) Demonstration

(a) Improving Personal Appearance

(2) Objective

This demonstration was selected to help the women with some particular phase of personal appearance such as hair styles, facials etc. This will encourage self confidence in their appearances.

(3) Procedure Planned

The program development chairman will be responsible for this meeting and will use local county people to discuss or demonstrate the phase on Improving Personal Appearance that the club chooses.

Safety

(1) Demonstration

(a) Safety

A demonstration was planned to help the county women decrease farm, home and highway accidents. This would increase time, money, and energy within each family.

(b) Procedure Planned

Representatives from the police department, insurance companies

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The purpose of planning the demonstration on Quick Summer Meals was to help the women in preparing and serving quick meals while they are preserving foods for winter use and also for use after a day at the beach or similiar activities.

Because there is a definite trend to more informal entertaining during the summer months the women would like to learn how to try outdoor grills as well as obtain desirable menus for outdoor cooking and gain instruction on outdoor cooking. This should help create a relaxing atmosphere and well balanced meals during the rushed summer months and enable families to enjoy each other more as well as entertain more easily.

(3) Methods Used

Leaders of individual clubs will be trained by food specialists for all demonstrations. They in turn will give the demonstrations in their clubs. In addition newspapers will be used to pass on informations.

C. House Furnishings

(1) Demonstrations

- (a) Uses of Foam Rubber
- (b) Flat Ware, China and Crystal

(2) Objectives

The objective in planning the demonstration on "Uses of Foam Rubber" is to help the women learn new uses of foam rubber for the home and how to buy foam rubber.

This demonstration is planned to help meet the needs of young homemakers. They want to have a comparison of English and American China, new inexpensive patterns in crystal and when and how to buy stainless steel silverware.

The demonstration on Women's Rights in Wills and Deeds was planned to help inform the women on these very important legal documents and what their rights are concerning them.

The object in planning the demonstrations on a Family Financial Plan and Where Money Comes From and Where It Goes is to help the women learn better money management by keeping a budget which is flexible enough to meet unexpected expenditure and definite enough to meet fixed expenditures. It is hoped that the women will thus be able to improve their standard of living by knowing how to plan ahead to obtain their wants and needs.

(3) Procedure Planned

The demonstration on Social Security will be given in each club by representatives of Social Security. One or two local lawyers will give a leader training meeting on Women's Rights in Wills and Deeds. The project leaders will in turn give the demonstration in the clubs.

There will be a leader meetings given by extension specialists on Family Financial Plan and Where Money Comes From and Where it Goes to the project leader of the clubs. The project leaders will give these demonstrations in their club. All the above demonstrations will also be published in the newspaper.

b. Food

(1) Demonstrations

- (a) Quick Summer Meals
- (b) Outdoor Cookery

(2) Objectives

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a. Objectives

The object is to begin a special interest committee on the County Board of Agriculture in the Home Economics field. This particular committee would help the farm women develop an appreciation of good quality art and provide opportunities for initiative and skill.

b. Methods Planned

There is already established under the Home Demonstration Rural Arts program, an Art and Ceramics group and a Rug group. The Home Demonstration Executive committee would select three to five women, Home Demonstration members and non Home Demonstration members, from the Rug group and the Art and Ceramics to form this new home economics committee. The committee would then select their own chairman.

B. Home Demonstration Clubs

1. Subject Matter Field in Which Home Demonstration Program is Planned

a. Home Management

(1) Demonstrations

- (a) Family Financial Plan
- (b) Where your money come From and Where It goes
- (a) Social Security
- (b) Womens Rights in Wills and Deeds

(2) Objectives

The demonstration on Social Security was planned to answer the questions on the new Social Security Laws that have been passed concerning the farmer and how they effect the farmer's wife.

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## 1956 PLAN OF WORK

Marian S. Layman, Home Agent  
Hannah D. Breckinridge, Ass't Home Agent  
Botetourt County

## I. County Situation

Botetourt is a rural county, having dairy, fruit, crops, poultry and beef production and general farming as the main sources of income for its natives. The way of life for the county people is like that of any farmer. They have long hours, women and children assist in harvesting and in some cases, help to plant the crops. In the fall, almost all women and many children of the southern part of Botetourt county drop every other activity in order to help with harvesting. Consequently home demonstration club attendance is low in this part of the county during September, October and November. There is sufficient machinery and labor for successful farming in the county.

On the south side of the county, many housewives are employed in Roanoke. This reflects in their pattern of living in that their interest is in the urban way of life.

Because of the summer drought, many farmers have had to dig new wells and install irrigation systems. Thus the added expense has lowered the family clothing and home improvement budget.

## II. The County Home Economics Program - Adult

## A. County Home Economics Committees.

## 1. Special Interest Committee on Rural Arts

1956 PLAN OF WORK

Marian S. Layman  
Home Agent

Hannah D. Breckinridge  
Assistant Home Agent  
Botetourt County

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NARRATIVE REPORT OF HOME DEMONSTRATION EXTENSION WORK

in

BOTETOURT COUNTY, VIRGINIA

1956

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HANNAH D. BRECKINRIDGE, ASSISTANT HOME DEMONSTRATION AGENT

Shelby J. Fisher, Stenographer

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# Annual Report

## COUNTY EXTENSION WORK

Virginia Agricultural Extension Service



1956

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agent

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Botetourt  
county