

APPOMATTOX COUNTY

NARRATIVE REPORT

1947

HOME DEMONSTRATION AGENT

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Appomattox, Virginia
December 1, 1947

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III.

SCOPE OF WORK

- A. Home Demonstration Clubs: Number 17. Membership 335.
- B. 4-H Clubs: Number 8. Membership 179.
- D. Number reached through other groups by agent: 56.
- E. Number families reached through neighborhood and community leaders: 358.
- F. Other methods used to reach families: Publicity, radio, office calls, telephone, visits. Number families reached: 996.
- G. Estimate total number families reached: 996.
Number farm families in county: 1538.
Number non-farm families in county: 634.

IV.

ADULT WORK

A. Home Demonstration Club Program.

1. Project work.

a. The home demonstration club program for 1947 was determined by conditions affecting the county as follows:

(1). The presidents of the thirteen home demonstration clubs of the county compose the County Home Demonstration Committee. This committee has the responsibility of planning and carrying out the home demonstration club program in the county.

In preparation for 1947 program, the committee met in the spring of 1946 to check progress and to plan for club discussions as to the situations and needs in their own neighborhood or community. These discussions were held in July and September. Then, the committee met in October to plan and outline objectives for 1947 Home Demonstration Club Program. Club presidents were elected at the September meeting so that both the new and retiring presidents might attend the planning meeting and be familiar with the program for the coming year.

(2) Conditions considered in working out 1947 program.

- (a) Need to continue study of consumer education on purchasing problems especially household equipment and furnishings.
- (b) Careful planning of family expenditures; to plan first, then buy; continue fight on inflation.
- (c) Continue food production and conservation plans.
- (d) Housing and health situations in the county.
- (e) Appomattox County is strictly a rural county, farming the chief industry. Dairying on the increase.
- (f) Only about 25% of farms electrified. Construction of new lines under way. Objective is to reach as many more as possible.
- (g) 1947 Home Demonstration Club Program assist with buying problems of electrical equipment, use and care; and lighting problems.

b. Subject matter fields in which work was carried.

1947 PROGRAM CALENDAR FOR HOME DEMONSTRATION CLUBS

December

Federation Goal - Citizenship.
Child training and family recreation.
Christmas Party

January

Tailoring finishes
Coat School-county event
Poultry and garden leader
training meeting

February

Basic wardrobe of color schemes
Planning production and conservation program.

March

Landscape-Planning and planting
Plant exchange
County meeting - Mr. A. G. Smith
Lecture and slides.

June

Chair Seating.

July

Federation Goal - citizenship
Safety in the home - show a movie
Begin club planning

August

Open
Family recreation

September

Complete club planning
Sewing machine clinic

April

Use of color in making the home more livable.
County meeting - Preparing foods for frozen food locker

May

Use of frozen foods
National Home Demonstration Week Plans
Poultry and garden leader training meeting.

October

Federation Goal - Citizenship
Study of county and state government
Report of year's work
County planning meeting Home Demonstration Committee for 1948 program.

November

Gift planning
Printing Home Demonstration Club
Year Books for 1948 program.

Note: In January, 1947, two new Home Demonstration Clubs were organized with a membership of 41, making a total of 15 home demonstration clubs, membership 302.

The selection of the subject matter projects was based on the needs of the people, county situations, and the desires of the individual groups in-so-far as possible.

c. Write up each project giving objectives, methods used, results obtained. Illustrate by stories of outstanding accomplishments of individuals or clubs.

(1) Clothing

(a) Tailoring Finishes.

The objective of the women in selecting this demonstration was that knowing well-made tailored suits, coats and woolen dresses of good quality material are so expensive, they wanted to save on the clothing dollar by making their own. There were two or three women in each club interested in a coat clinic to be conducted by the State Clothing Specialist. They felt that knowing something of tailoring techniques, they would get along faster and by having had some experience do a better job and give their garments more of a "custom-made" look.

Due to the heavy schedule of the State Clothing Specialist, this clinic had to be postponed. The women are planning for it now at a later date.

At the request of the clothing leaders, the home agent gave the demonstration to each of the clubs on Tailoring Finishes.

The members report 86 woolen garments made. This list includes: Children's coats, 18; women's and girls' suits, 23; remodeled suits, 12; coats, 5; and dresses, 28.

Approximately \$565.00 was reported saved due to making these garments.

(b) Basic wardrobe of Color Schemes.

Realizing that many fabrics were still scarce and the cost prohibitive in their clothing budget, the women selected this demonstration to help them plan how to give the old basic dress a new look and to plan more efficiently the new garments they hoped to buy.

Twenty-two leaders representing eleven clubs were trained for this demonstration by the State Clothing Specialist. The home agent held training meeting for two groups with a total attendance of eight leaders. Much interest was shown by the leaders in this demonstration and unusually good demonstrations were given by them to their clubs.

179 families assisted this year with the selection of color and textiles; 60 with wardrobe planning; 11 with clothing accounts, whose reports show they spent: Outer garments \$556.10; shoes, \$320.48; care and repair \$109.60; underwear and hose \$112.00; and accessories, \$75.00 37 families assisted or given timely information on selection of sewing equipment, especially irons.

(2) House Furnishings.

(a) The Use of Color in Making the Home More Livable.

During the past five or six years very little has been done to add to attractiveness of homes in the county because of scarcity and high cost of materials and labor. This demonstration was chosen with the idea of brightening the interior of the home, which could be done by homemakers themselves.

The leaders were trained by the home agent, who had attended a leaders' meeting in an adjoining county conducted by the State House Furnishings Specialist.

The leaders gave 11 of the 15 demonstrations on color in the home.

Slides on color in making the home more attractive were loaned to the agent by the house furnishings specialist and were shown at each meeting. The members carried out many of the suggestions they got from slides and other illustrative material, prepared by the leaders and agent, in re-decorating their homes.

92 families report improving appearance through better color selections; 86 families report improving arrangement of accessories; 28 families added accessories, and 19 families report discarding accessories; 40 families improved the use of pictures -- lowering them, and hanging over a definite piece of furniture. 15 frames

were restored; 12 families added new pictures; 20 renovated pictures; and 8 added mirrors.

12 families report improving selection of floor covering. Another result of the use of the color slide on rug making was that the members included two demonstrations in this subject for their 1948 program. 32 families report improving the selection of fabrics for curtains and draperies.

A slip cover clinic was held for training agents early in April, by the house furnishings specialist.

Three club clinics were held in the county. Nine chairs and four sofas were slip covered. The leaders were trained by the home agent and assisted with these clinics.

(b) Chair Seating.

120 chairs re-seated
24 stools seated

Fourteen home demonstration clubs held chair seating clinics during June. In each group the members brought lunch and made a day of it. Mrs. H. O. Martin, Trinity Club, brought her husband to the meeting to help her and learn how it was done. He has helped her re-seat twelve chairs since June.

(c) Sewing Machine Clinics.

Each year a few requests come from clubs for sewing machine clinics; this year thirteen clubs requested this service.

Leaders were trained by home agent and assisted at each clinic.

52 machines were cleaned, oiled and adjusted, most very much in need of this service.

Mrs. Frances Connor of Clover Hill Club bought an old machine for \$5.00 "If it could be put in working condition", if not, there would be no cost. After the rust and gummed oil were removed, the machine oiled and adjusted, it made a beautiful stitch. On every occasion when seeing Mrs. Connor, she expresses her appreciation for this clinic and says she doesn't know how she got along sewing for herself and three children before.

Two women brought machines that were more than fifty years old. They said to their knowledge, these machines had never been taken apart and cleaned before. Each made a good stitch.

(3) Food Production and Conservation

(a) Amount of Home Produced Food

Drought affected Food Production in many sections, especially Fall Planting.

Realizing that the production and conservation of food is still vital and that food assistance must still be given foreign nations, the home makers of Appomattox County feel that they must continue to produce and conserve all food possible.

Each club elected a garden and poultry leader. Two training meetings were held by Extension Garden and Poultry Specialists. Timely information was given at the meetings each month by these leaders. 212 families report improving diets. 179 families report improving the family food supply in the production of vegetables, fruits, meat and milk. Approximately 179 families report improved practices in poultry production.

(b) Conservation

Increase in Frozen Food Conservation through use of Freezer Locker Plant and Home Freezer Units.

A privately owned Frozen Food Locker Plant was opened to the public on May 1.

The plant contains 432 boxes for rental, as well as space for bulk storage.

A recent check disclosed that only approximately 150 boxes have been rented to date. The management expressed disappointment that more people in the county have not availed themselves of this service, but reported more families had expressed a desire for boxes for storing meats.

Six families report purchase of Home Freezer Units this summer.

Miss Janet L. Cameron, Food and Nutrition Specialist gave a demonstration on preparing fruits and vegetables for freezing on May 1. This was a county-wide meeting. There was an attendance of 60 women at the meeting.

The agent has had approximately 100 telephone calls requesting information on preparing food for freezing. 350 bulletins on preparing foods for freezing have been distributed throughout the county to club and non-club members.

A demonstration on Use of Frozen Foods was held in each of the fifteen home demonstration clubs by club leaders and agent.

In checking amount of food frozen it was found that Approximately 16,978 pints of fruits; 18,545 pints of vegetables; and 15,238 pounds of meat have been stored by freezing.

(c) Canning

Amount of Canned Foods processed at Home and at Local Community canneries less than previous year.

Reports secured from the families reached in the conservation program through home demonstration and other groups show that approximately 48,824 quarts of fruit, 56,876 quarts of vegetables, and 9,708 quarts of meat have been canned.

These families report 260 pounds of fruit dried; 765 pounds of vegetables dried; 45 pounds of cheese made; 40 gallons of vegetables, as corn, string beans and cabbage brined; and 19,600 pounds of meat cured. The total estimated value of the food conserved by all methods is approximately \$215,765.00.

500 copies of the revised home canning bulletin has been distributed to club and non-club members this season.

2. Federation Goal -- Citizenship

Slogan: "Every Virginian an informed and participating citizen"

Aim: "To develop a workable ideal of citizenship."

Set-up for accomplishing aims in Appomattox Home Demonstration Clubs:

(a) Child training and family recreation. "The family that plays together will be more likely to stay together".

The December meeting was devoted to this phase of the program. A special feature of each meeting was a Christmas party planned for the family's enjoyment. Leaders were in charge.

(b) A Good Citizen Observes Farm and Home Safety Rules.

The home demonstration clubs sponsored home and farm safety program in July. Four clubs sponsored community meetings. Movies on home safety were shown at each meeting and educational material distributed throughout the county by club members.

187 families report making repairs to eliminate accident hazards.

(c) Citizenship or State and County Government

The duties and responsibilities of a citizen; differences in county and state government; elected and appointed officials; and knowing who the county officials are; importance of keeping informed as to matters before state legislative bodies were studied and discussed.

The common wealth attorney spoke to the Appomattox Home Demonstration Club on the subject.

The purpose of the study of county and state government was to inform and interest more women in their voting privileges and responsibilities. Less than 25% of the county women use their voting privileges.

3. Other Activities.

a. Landscape planning and planting.

In response to calls on landscape gardening, Mr. A. G. Smith, State Garden Specialist, met the leaders in March for a training meeting. He gave a very interesting illustrated lecture--using slides to illustrate points stressed.

Twenty-two leaders from thirteen clubs attended and led the discussion in local clubs.

"Joy is something that is multiplied when it is divided" was certainly true in the way the members carried plants, shrubs and seeds to the March club meetings to exchange with each other.

190 members report improving home grounds, by seeding lawns, planting flowers and shrubs.

b. Gift Planning

The leaders for the program on gift planning conducted in November were trained by the agent. Written materials provided by state specialists.

Mrs. S. S. Shouse, leader in the Appomattox Home Demonstration Club, gave the most outstanding demonstration of the month. She included gift wrappings and decorations. She is very artistic and taught the members many lovely decorations they could do at little cost with paper, scissors and glue.

c. County Home Demonstration Committee Activities.

(1) Health

A committee from the county home demonstration committee with committees from all other county organizations appeared before the county Board of Supervisors and requested funds be appropriated for a county health unit.

The appropriation has been made and as soon as personnel can be obtained a Health Unit will be established in the county.

(2) 100% of Clubs Paid State Federation Dues by March 1.

(3) Observance of National Home Demonstration Week.

(a) Thirty-five members from eleven of the fifteen home demonstration clubs attended the District Federation Meeting held in Mecklenburg County during National Home Demonstration Week.

(b) State Federation and Institute of Rural Affairs.

Four delegates and the home agent attended the State Federation of Home Demonstration Clubs and Institute of Rural Affairs held at Blacksburg in July.

Much inspiration was gained by the delegates who made splendid reports to the clubs throughout the county. "Peace-Time Problems in Agriculture" was the theme.

The small sum of \$7.50 was contributed by the club members on State Federation of Home Demonstration Clubs' delegate to Holland to International meeting.

(c) The clubs prepared special programs; displayed the newly published Federation Cook Recipes from Old Virginia; news articles and radio broadcasts featured the emphasis placed on National Home Demonstration Week.

(d) The county home demonstration committee handles and sponsors sales of Federation Cook Book "Recipes from Old Virginia".

(e) During October the executive committee sold advertisements to county business concerns to raise funds for printing 1948 Home Demonstration Club Year Books. 350 copies are ready for distribution at December Club meetings. A total of \$170.00 was raised. The cost of printing the books was about \$75.00. The balance will be used to buy equipment for Home Demonstration kitchen.

(f) Five clubs held community achievement day programs and featured a sale of home and farm products as a means of raising funds for club expenditures.

(g) Approximately fifty women from the county attended the Farm Labor Shows held in Farmville and Lynchburg.

(h) 14 Home Demonstration Clubs are sending gift boxes for children in Holland. These boxes contain dried foods, warm clothing, a book, toy or game and other miscellaneous articles.

The Glendale Home Demonstration Club sent the greatest amount of any club. This was perhaps due to a letter that Mrs. Hunter Nash, former club secretary, received from a Holland family this summer, in response to clothing sent more than a year ago from the club. There is no doubt in the minds of those club members as to whether packages are appreciated. The letter follows:

April 27, 1947

Rotsterhaule

Dear Madam:

We were informed by the organization "The People's Recuperation" that some clothes for us had arrived. My wife went right away for clothes with us are extremely scarce. My wife found a dress and a blouse and skirt. Unfortunately, there was nothing again for the men, but we were mighty pleased to have something. Upon arrival at home, my wife tried on the dress, which fitted beautifully and when she took it off, we noticed a little letter. My neighbor could translate it for us so now I am writing you a little note of thanks hoping you can read it.

We notice from your letter that there is plenty to eat in the U. S. A. My wife said she wished we could live there, too, but I guess that will never happen to us, for we are just plain factory workmen and can't save that much money to move from here to America. And then there are the children. We only have a boy and a girl. They are eleven and five years old.

When the Canadians liberated us our boy went to them often, but he could not understand their way of talking. Well dear madam, God bless them for freeing us and God bless you, too, for wishing us well. We are hoping to hear from you again and many greetings from the family.

Harmen ten Hoeve
Rotster Haule 19
Haskerland
Friesland, Holland

(1) Friendship Train

In response to an announcement in the county weekly paper that Appomattox County citizens would be given an opportunity to contribute food, Mr. Robinson, editor, says that the otherwise unsolicited contributions have amounted to a little over \$350.00. Cases of milk, sugar and dried beans are being purchased to help fill a car of the train.

(j) Community Recreation

The Oakville Home Demonstration Club has made a very special effort to provide recreation for the youth of the community. They have sponsored three such meetings -- games, songs, contests, and light refreshments. Approximately seventy-five people attended each meeting.

Eight other clubs have sponsored community recreational meetings-- family recreation--with good attendance.

4. Leadership

All leaders were selected and elected by members of the group.

(a) Organization

Most of these leaders have done a very satisfactory job in securing the cooperation of members in their group to help carry out the home demonstration club program.

Thirty organization leaders have developed in leadership through their clubs and county home demonstration committee work.

Two training meetings were held for these officers, at which time plans were laid and means for carrying out were set up by the group.

These leaders have given an estimated total of 390 days to the home demonstration program.

(b) Project

14 Leader Training Meetings have been held for project leader.

State Specialists met these leaders five times for giving training. The home agent has been responsible for nine training meetings. Total attendance of leaders was 134.

These leaders gave 78 method demonstrations. They have been commended often by the group for doing the job well. They gave an estimated total of 650 days to the program. In most groups the women feel that to be project leader is the highest honor, because of training received and service she may render.

(c) Federation Goal -- Citizenship.

The County Federation Goal Leader, Mrs. H. A. Gurney, has done an excellent job in preparing material and helping to train club Federation Goal leaders for the job to be done in the club.

Three phases of the Citizenship goal were stressed.

- (1) Child Training: The discussion was built around importance of developing a feeling of security in the child.
- (2) Family Fun and Recreation: Games, both indoor and outdoor types were planned for the leaders to help with this phase of the program. Mrs. Gurney suggests, "Make holidays an event with decorations and dressed up food. It isn't as much trouble as you think".
- (3) Citizenship or State and County Government: For this part of the program in addition to library reference material, Mrs. Gurney secured information from the District Judge, and attorneys in the county. Material was prepared for the leaders and copies mimeographed so that each member might have a copy for reference.

These leaders have led 45 discussions in their groups. They have given an estimated total of 90 days to this part of the program.

(d) Other leaders

(1) Garden and Poultry

State Specialists came to the county for two training meetings. The attendance was very poor. Material had to be left with the agent to be distributed to the other leaders. The agent gave training also to the other leaders.

Time has been given at each monthly meeting for timely information and discussion on these subjects.

(2) 4-H Club chairman in each club who has the responsibility to keep up with the program and bring this information before the adult groups. This has created a better understanding and appreciation for what 4-H Club members are doing.

B. Other Means of Reaching People.

1. Board of Agriculture.

The County Board of Agriculture has met three times to consider important county-wide phases of work, such as:

- (a) Rural electrification in sections of county.
- (b) Telephone lines in Stonewall District.
- (c) Dark-fired tobacco situation.

2. Community - Neighborhood Leaders.

Some community leaders are on the County Agricultural Board, and have functioned well.

The neighborhood leaders have not been called on, therefore, have not functioned. There is a need for re-organization and probably cutting down on the number of leaders.

3. Special Meetings.

Food production and conservation were discussed at five special meetings. A special meeting on preparing foods for freezing with an attendance of 60 was held.

15 special recreational meetings have been held which included picnics, showing of educational movies, games and songs.

4. Radio

WLVA, Lynchburg, broadcasts daily the home demonstration agent's schedule of meetings and demonstrations.

The home agent makes monthly broadcasts over WFLO, New Station, Farmville, Virginia. It is estimated that the announcements and broadcast reach 50% of the people of Appomattox County and many in other counties, judging from comments and requests for more information on specific subjects.

5. Press.

Daily and County Weekly Paper a wonderful help in carrying information, notices of meetings, project information, and results to county people.

Approximately 70% of the homes in the county have access to a county or weekly newspaper.

6. Use of Movie Projector and slide projector in carrying information to groups.

Educational movies have been shown to thirty groups reaching about 610 people on travel, foods, farm and home safety, and cancer.

Slides have been used in teaching tailoring of woollens, color in the home and landscape plantings to adult groups.

In remote sections use of the movie machine is a big event. One woman remarked, "Well, I'm sixty-five years old and I never dreamed that I'd see a movie, especially one in my home!"

• Plans for use of movies and slides in teaching are being requested for 1948 program.

7. Result Demonstrations.

Three landscape garden result demonstrations have been carried.

8. Home Visits.

This gives the agent an opportunity to check on conditions and practices being made. A warm welcome has always been extended the agent.

9. Office Calls.

Usually for information, bulletins or sometimes for a friendly call.

10. Telephone.

Check on meetings. Information on how to do a certain job.

11. Circular Letters

Announcements of meetings, coming events and often requests for needed information on progress of work.

12. Bulletins

Used as a source of information on various subjects by many families.

V.

WORK WITH YOUTH

A. 4-H Clubs

1. Organization

A. County Council

The County 4-H Club Council is composed of 39 officers and leaders in the eight 4-H Clubs in the county. The purpose of the council is to plan and direct the county 4-H club program and to assist with district and state 4-H Club activities.

Three meetings have been held. The first in February to elect officers and to set up objectives for 1947. The assistant state club agent met with the group and gave valuable suggestions in helping formulate the year's objectives.

1947 objectives

1. Two dollars to be given to each of two boys and two girls attending district camp from Junior and Senior 4-H group. Awards to be based on outstanding club work, record books, etc.
2. Each 4-H Club make a contribution of \$1.50 to council by May 1.
3. Members strive for higher standard of 4-H Club work.
4. Enter all contests possible.
5. Observe National 4-H Club week at March club meetings. Invite new member to join, have special program.
6. Observe Rural Life Sunday in May.
7. Each club member learn club motto, colors, emblem and creed.
8. Each club strive to secure a local leader.

The second meeting was held the first of May. A check on activities and objectives, and plans were completed for observance of Rural Life Sunday. Plans were made for delegates to district 4-H camps, State 4-H Club Short Course, and Summer 4-H Club project work.

The third meeting was held the first of September to check project work and plan for organization and projects for 1948 club year.

At the three meetings, there was a total attendance of 89 club officers representing the eight 4-H clubs in the county.

Enrollment of 4-H Club girls increased from 156 to 179 over 1946 enrollment.

2. Project work

A. The program was determined by:

- (1) The needs of the individual club members -- their likes and dislikes.
- (2) Club set-up, length of time for meetings, equipment necessary for demonstrations.
- (3) Meeting place
- (4) Leader situation -- which has been insufficient in recent years.
- (5) Type of Project -- Winter or Summer.
- (6) Interest and cooperation of parents.

B. Subject Matter Fields in which project work was carried.

<u>Subject</u>	<u>No. enrolled</u>	<u>No. completing</u>
Bread	14	14
Food Preservation	126	119
Food Preparation	49	47
Garden	15	15
Poultry	9	5
Clothing	89	80
Housekeeping	47	45
Home Laundry	10	6

179 4-H Club girls, with assistance of home agent and leaders, selected the projects that would help them to learn to do better the work they were responsible for in the home and according to their various interest.

C. Project Objectives, Methods, Results

1. Bread

(a) Objectives

Since bread is an important part of every meal and supplies a good source of body building materials, the members were anxious to learn to make good breads. It meant for some a greater approval of the family, especially dad and brother.

(b) Methods Used

(1) Leaders

Two Junior leaders were trained by home agent and the mother of one of the girls in another group helped with the demonstrations on bread making.

(2) Girls were encouraged to learn general rules and become familiar with bread making bulletin prepared by State Specialists.

(3) Judging Breads

Girls encouraged to bring samples of breads for judging -- three such demonstrations were held.

(4) Each of the fourteen assisted in giving a demonstration on bread making.

(5) Exhibit breads at Fairs and Farm Show.

(c) Results

All fourteen girls enrolled satisfactorily completed the bread project.

Summary of the members' reports on number of times bread was made is as follows:

Biscuits	320
Muffins	48
Corn bread	60
Waffles	15
Yeast rolls	10
Loaf bread	3

Nancy Jane Hall, eleven year old Pamplin 4-H Club girl, won first place at the Lynchburg Farm Show on the best loaf of white bread. The prize was \$4.00. Nancy Jane also won third place on rolls for which she received \$2.00

Joyce McCormick, eleven year old Spout Spring 4-H Club girl, won fourth prize of \$1.00 on her biscuits exhibited at the Farm Show.

2. Food Preservation

(a) Objectives

(1) To teach the best methods of food preservation and encourage the girls to help with home canning.

(2) How to make the family food preservation plan.

(3) How to judge canned products.

(4) Keep record of work done.

(5) Storage of canned products.

(6) Contests and exhibits.

(b) Methods Used

(1) Four adult leaders and eight Junior leaders assisted the home demonstration agent with this project.

(2) Two leader training meetings were held by agent, at which time twelve leaders were trained.

(3) Demonstrations were given on canning of fruits and tomatoes and non-acid vegetables.

(4) Each girl was encouraged to give a canning demonstration at her club or home.

(5) The mothers of the girls were asked to encourage and help them with this project.

(6) Judging of the finished product.

(c) Results

(1) 126 4-H Club girls enrolled in the Food Preservation Project.

(2) According to members reports, 119 members canned alone 8949 quarts of fruits, vegetables and meats. They report helping to can 14,259 quarts of fruits and vegetables.

4-H members report helping with the preparation of fruits and vegetables for freezing.

(3) Twenty-nine members report helping with storage of canned products.

(4) Virginia Mundy, 12 years old, Appomattox 4-H Club member reports canning 774 quarts of fruits and vegetables at an estimated value of \$182.50. Joyce McCormick, 11 years old, Spout Spring member reports canning 457 quarts, valued at \$112.75. No girl reported canning less than 10 quarts. The average for all girls is about 112 quarts.

(5) Thirty-two girls exhibited their canning at Fairs and Lynchburg Farm Show. Prizes amounting to \$110.50 was won by these girls.

(6) Fifteen girls participated in the county contest at which time the county winner was chosen to compete in district for State canning award.

Doris Garrette, 16 years old, Evergreen 4-H member was county winner. Doris has had a canning project the past five years. She canned 771 quarts of fruits, vegetables and meats this year; and will receive the canning medal as an award given county winners. Doris gave a total of six demonstrations this year.

3. Food Preparation Project

- (a) The objectives of this project were to encourage the club members to learn the "basic patterns" of food preparation; to assume responsibility for planning and preparing some of the family meals; and to establish good work habits in food preparation.

- (b) Methods Used.

In May the State Foods Specialist met with the home agent and plans for 4-H food projects were made.

The home agent trained five Junior club leaders and one adult leader who assisted with the demonstration.s

The members were encouraged to give the demonstration after the leader.

- (c) Results

There were 49 girls enrolled in this project and 47 girls reported preparing foods the number of required times.

According to members reports, they cooked according to directions:

Greens	238 times
Potatoes	369 times
Other vegetables	78 times
Made and served custards	263 times
Made cookies	370 times
Prepared eggs	80 times
Judged cookies at two meetings.	

Five girls gave Food Preparation demonstration in the county contest at which time the winner was chosen to compete in the district contest for state award.

Bessie Jean Harding, 16 year old Oakville 4-H Club girl won the county contest and was a blue award winner in the district contest held in September.

300 meals were planned, prepared and served by her.

The members report they planned 1247 meals and served 1032.

4. Clothing Project

- (a) Objectives:

To help the club members plan carefully purchases to be made; choosing becoming ready-to-wear garments or patterns for making the garments; judge fabric and develop skill in making or remodeling clothing for themselves; care of clothing and personal grooming.

(b) Methods Used

In January the Extension clothing specialist met a group of agents for a clothing work shop in preparation for the clothing project.

Give junior leaders were trained by the agent to assist with this program and mothers of the girls in three clubs assisted them with this project. Each girl kept clothing note books and record.

(c) Results

Number of girls enrolled in clothing project Unit I, 78; Number completing, 71. Number of girls enrolled in Unit II, Make or remake clothing, 11; completing 9.

Summary of 4-H Clothing work:

The girls report making a total of 144 garments at an average cost of \$4.59 per garment; remodeled a total of 19 garments; dyed 19 garments. The estimated value of this project by the girls is \$522.15.

Seventy-one girls report: 302 garments darned; 221 garments patched; 80 girls washed and blocked 649 sweaters; 80 girls report winter clothing stored and 61 girls stored summer garments.

Clothing accounts were kept for six months and reported by 58 girls the following amounts spent.

Outer garments, \$1439.34; Undergarments, \$383.46; shoes, \$575.42; hose, \$138.32; accessories, \$249.81; care and repair \$266.08; personal care \$260.60. Total spent \$3313.03. Average amount spent per girl, \$57.12.

Judging contests were held in each club, then in the county. County winners competed in the district contest in September for state award.

Edith Ann Caldwell, 14 years old Apomattox 4-H Club, was county winner in clothing achievement contest; Ann Clark, 16 years old, Pamplin 4-H Club, winner in the Dress Revue.

Six girls entered this clothing work in Fairs and Lynchburg Farm Show, winning a total of \$20.00 in prizes.

5. Housekeeping Project

(a) The objectives set up for this project were:

- (1) To encourage the girls to take more responsibility for definite jobs to be done in her home
- (2) Learn and practice new methods to save time and energy.
- (3) Take responsibility for care of her own room.

(b) Methods Used

Housekeeping manuals given to each girl enrolled as reference material. Four junior leaders were trained by home agent who assisted with this project.

Elizabeth Mundy, 16 year old Appomattox club junior leader gave five demonstrations on this project to her club.

Keep notebook on project.

(c) Results:

Forty-seven girls were enrolled in the project, and 45 turned in record of work done. They report:

45 girls cared for 141 rooms for three months; made 168 articles, such as laundry bags, shoe bags and garments protectors, mostly of feed bags; lengthened 16 sheets; 45 girls made 60 sets of table mats, using lovely printed feed bags.

Each club held a judging contest and the articles scored as to workmanship, design, color and attractiveness.

The girls were encouraged to exhibit articles made at Fairs and Farm Show.

Five girls report winning \$10.50 in prizes from exhibits.

6. Home Laundry

Ten girls enrolled in this project who have the responsibility of helping with the family laundry. Six report completing the project. The agent held conferences with the girls and their mothers in preparation for the work to be done.

As a result, Evelyn Chenault, competed in the county and district Home Laundry Contest. She was state winner in this contest and goes to the 1947 National 4-H club Congress in Chicago with all expenses paid. Evelyn has six brothers and five sisters, father and mother, making fourteen in their family. Her mother says she has helped wonderfully in the past year with the family washing and ironing.

Evelyn has given six demonstrations on this project.

7. Poultry

Nine girls enrolled in the poultry project, who helped their families with the home flock, and who were interested in learning more about management, feeding, care and parasite control. Training was given by home agent in conferences with girl and mother. Timely information was sent. The girls were encouraged to keep an accurate record.

Five girls report carrying this project to completion.

8. Garden

Fifteen 4-H Club girls were enrolled in the Sears Roebuck Garden and Canning Contest.

(a) The Objectives for this project were:

- (1) To teach the girls care and management of a well planned garden.
- (2) Carry out a planned program of garden insect and disease control.
- (3) To contribute to family food supply.

(b) Methods:

The home agent worked with the girls on planning, preparation and planting of the garden, with the assistance of two junior leaders and the girls' parents.

Seed and plants were furnished by Sears, Roebuck and distributed to the girls by the agent.

Two visits were made to each garden by State Garden Specialists, who helped the girls with management and insect control. The home agent visited each garden four times during the summer.

Eleven of the 15 girls attended a luncheon given by Sears, Roebuck at the Virginian Hotel, Lynchburg, in July. It was for many of the girls their first meal at a hotel and a great experience. A Garden Specialist was the after-luncheon speaker and gave the girls suggestions for fall gardens.



L. C. Beamer, Extension Garden Specialist, scoring Joyce McCormick's, 11-year old Spout Spring Club member's garden. Joyce's garden furnished food for the table and sufficient for canning and storing to meet family needs.



Mr. Beamer points out insect damage to Shirley Reynolds, 10-year old Spout Springs Club member. Shirley's mother and younger sister are interested in the garden project.

● (c) Results

All fifteen girls report completing the project and turned records as follows:

Value of vegetables used in the home, \$1033.85, sold \$62.00, canned, 5674 quarts; won in prizes, \$116.00. The total value of garden estimated at \$1968.10.

Thirteen of the fifteen girls made exhibits of canned vegetables from which four best exhibits of five jars each was selected to compete in the district contest. Prizes amounting to \$70.00 were won by Appomattox County 4-H Club girls. Virginia Mundy won a total of \$27.00 on her exhibits at the district contest. Joyce McCormick won \$22.00 at the same time. Eleven of the 15 girls won prizes at the district contest on either garden or canning. This exhibit was on display for two weeks in the store window and was seen by approximately 1500 people.

Demonstrations on this project were given by five girls. A total of fourteen demonstrations were given.

3. Other Activities.

(a) National 4-H Club Week

The County 4-H Club council met in February to make plans for observance of National 4-H Club week; to set up goals and standards for the year; and to acquaint more members with the importance of 4-H Club work.

Visitors were invited to the March meetings at which time special programs were given.

Club enrollment for girls was increased from 156 to 179 in membership.

(b) Rural Life Sunday

In observance of Rural Life Sunday on May 25, approximately 65 club members and their families representing the 4-H Clubs in the county attended Appomattox Methodist Church. An excellent sermon on the 4-H Emblem was delivered by the pastor.

(c) State 4-H Club Short Course

Elizabeth Mundy, 1946 winner of the state canning contest, attended the state 4-H Club Short Course at Blacksburg in June. Elizabeth was made an All-Star at this meeting, an honor she is very proud of.

(d) District 4-H Club Camps

Thirty-one 4-H Club members, leaders and agent attended district camp at Holliday Lake in July. At this camp special emphasis was given on swimming, 4-H organization, Handiwork, social etiquette and recreation.

8 A tea was given by the group in connection with the class on social etiquette, which highlighted the social activity of the week for the members.

Many learned how to swim during the week.



Showing a group of 4-H'ers during swimming period. The beach was built for use of 4-H Camp and was opened this year.



Showing a group of Appomattox 4-H girls with handiwork completed at Camp. Girls' cabins in the background.

(e) Recreation

Each club has held some form of recreational meeting. Pamplin 4-H Club held a weiner roast with an attendance of 60. The other clubs held picnics or parties. Total attendance has been approximately 200 at these meetings.

(f) Exhibits

The Appomattox Senior 4-H Club won first prize of \$15.00 at the Lynchburg Farm Show on their handicraft exhibit.

Pamplin 4-H Junior Club won second prize of \$12.00 on their 4-H educational exhibit at the Five County Fair, Farmville.

(g) Foreign Gifts

Six 4-H Clubs have collected articles of clothing, food, toys and games, and have sent packages for the children in Holland. The members have prepared these boxes with more enthusiasm than any special project undertaken this year.

4. Leadership

The eight 4-H clubs organized for 1946 have eight adult leaders and ten junior leaders.

Eight training meetings have been held with a total attendance of 134. The adult leaders have served more as sponsors, helping with club programs rather than many projects.

These leaders have held 24 meetings and have given approximately 216 days of work in helping with and promoting 4-H Club work in the county.

Of the 179 girls enrolled in 359 project, 168 report completing 331 projects.

B. Honor Club

The honor club has a membership of approximately thirty older 4-H girls and boys.

Two meetings have been held this year.

They have helped 4-H Club members with project work, record keeping and completing records, as a part of their work.

VI. Cooperation with Other Agencies

A. County Home Economics Workers

The home demonstration agent and vocational agricultural and home economics teachers in the county have worked together to continue a strong food production, conservation and storage of foods for winter supply. Plans were made to reach as many families as possible, without duplication, with helpful information on producing and conserving an adequate food supply.

Appomattox and Pamplin communities each have canneries and hope to reach 100,000 quarts of canned foods done by individual families in the county by the end of the season.

B. School Lunch Program

The home demonstration club leaders have assisted in canning surplus foods for the school lunch rooms in the county. There are eight school lunch rooms now in operation.

It has been estimated that more than 950 homes have been reached with information on better nutrition during 1947.

C. T. B. Association

Leaders have helped with the sale of T. B. Seals and assisted with clinic held in June, 1947.

D. Cancer Drive

The home demonstration clubs assisted with the drive for funds during the campaign. Discussions were held in each group and literature distributed throughout the county, on cancer, by the members. More than \$1,000.00 was raised during Cancer Control Month.

VII. Evaluation of the 1947 Home Demonstration Program

The objectives of the 1947 home demonstration club program: To raise the standard of home and family life, and to develop leadership abilities in adult and 4-H groups.

Through the influence of this leadership, important contributions have been made in the following ways:

- (1) Appropriation set up by county board of supervisors for county health unit to be set up as soon as trained workers can be secure.
- (2) Two county wide meetings on the preparation of foods for frozen food lockers and use of frozen foods, each 150 people. In conserving foods by freezing and storing and community canneries, relieves the home maker of much drudgery.
- (3) Child training and family recreation has been an important part of the program, reaching 179 families.
- (4) Through wise planning and family sewing, the members have dressed their families well.
- (5) Community social and recreational interest stressed. The home demonstration club for many women in their only social outlet.

The 1948 program was perhaps influenced by ways and means of keeping the family healthy, comfortable and happy. Foods were chosen as an important part of the program. They want to supply an adequate diet for their families.

The desire to beautify the home by making furnishings as slip covers and rugs. To continue wise planning of purchases to be made.

As more homes are getting rural electrification, use and buymanship of electrical equipment has an important place in the program.

Character development of the child through better planned recreation for the family, has been selected as a part of the federation goal to be stressed.