

VIRGINIA

AGRICULTURAL EXTENSION SERVICE HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

Spartanburg COUNTY
1949

Agent *Daisy Lawrence* - Dec 1, 48 - Nov 30, 49
Date worked from _____ to _____

Assistant Agent _____
Date worked from _____ to _____

Agent _____
Date worked from _____ to _____

Assistant Agent _____
Date worked from _____ to _____

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III. Summary of Accomplishments

Reaching more homes for the first time and especially homes of young families has been a worthwhile part of the Home Demonstration program during 1949. In many sections of the county and especially in the end near Fredericksburg the population has changed some what and many, many new families have moved into those communities. It was estimated last year that seventy-five families were contacted for the first time. This year's reports show that approximately two hundred fifty families have been reached for the first time through extension work. Some of the contributions to this part of the program were no doubt due to the increase in home visits made by the home agent--from five hundred sixteen in 1948 to one thousand forty-two in 1949. An increase in office calls from forty-six in 1948 to fifty-nine in 1949 may have also made a small contribution, as well as an increase in telephone calls from two hundred sixteen in 1948 to four hundred seventy in 1949, and a small increase in the number of news stories published.

Because of the increased interest shown by adults the agent feels that a more effective program has been Spotsylvania's. Possibly better planning and more effective use of leaders are partly responsible also. In 1948 five leaders training meetings for Home Demonstration leaders with a total attendance of fifty-one women was held. In 1949 the three leaders training meetings of the year had a total attendance of seventy-six. The total number of Home Demonstration clubs in the county increased from twelve to fifteen during the past year.

Some of the interesting activities of Home Demonstration Club members have been textile painting, rug making, and etching aluminum trays. When summaries were made of the years work reports showed that seven hundred seventeen

articles had been stenciled, and five hundred nineteen aluminum trays made and etched. Rug making is at its beginning, however several 9' x 12' braided woolen rugs have been started in the county, several smaller ones of the same kind and some sets of three rugs for bed rooms. Many rugs from cotton fabric of various sizes are being crocheted. They vary in sizes from small ones for bath room floors to 9' x 12'.

The amount of food reported stored for family use is interesting as compared with previous year.

	1948	1949
Food canned	37,218 qts.	54,774 qts.
Food frozen	4,718 pkgs.	33,372 pkgs.

The Courtland Home Demonstration Club has revived her interest in building a community house that has been a topic of discussion since a plot of ground was purchased for it approximately ten years ago. Recently, near four hundred dollars has been raised and the contract let for a cinder block building 18' x 30' to be erected in the near future, with other wings to be added later.

The Spotsylvania County Field Day and Fredericksburg Fair afforded opportunities to county people for displaying their work and accomplishments as well as making comparisons with the work of other people. The County Field Day was well attended by young and old and the one day at the central high school attracted the attendance of approximately 1000 persons. One of the greatest values of the day was the getting together of this number of persons who had similar interests and giving them an opportunity to exchange their ideas.

One way that the Home Demonstration Clubs reached a group of people whom they had never reached before was devoting one month to the study of "Foreign Affairs". Qualified speakers were secured and the public was

invited to hear them. The good attendance and favorable comments were satisfying to the women.

Below is given a brief summary of 4-H club work during 1949.

PROJECT	MEMBERSHIP		NO. LEADERS ADULTS	DEMONSTRATIONS GIVEN BY		
	Enrolled	Completed		Member	Leader	Agent
"Make or Remake Clothing"	24	20	1	11	2	14
Bread	135	108	18	268	586	52
"Meal Planning Prep. & Service"	28	28	7	9	11	8

The one hundred thirty-five girls who enrolled in one hundred eighty-seven projects, completed one hundred fifty-six projects and showed an increase in percentage of completion from fifty-seven percent in 1948 to eighty-three percent in 1949. This was largely a result of more leaders and a better use of leaders the agent feels. In 1948 there were eight 4-H club leaders for whom three leaders training meetings were held, with a total attendance of nineteen, after which they gave twenty-six demonstrations to an attendance of two hundred sixty. In 1949 there were eighteen 4-H leaders for whom thirteen leaders training meetings were held for a total attendance of sixty-six, and gave one hundred eight demonstrations to an attendance of eight hundred ninety-eight.

In 1948 there were two meetings with an attendance of one hundred six, of 4-H nature, participated in by agent or representative from state office. In 1949 these numbers increased to fourteen meetings having an attendance of one thousand four hundred thirteen.

The Home Demonstration and 4-H members raised and donated one thousand dollars to the Jamestown 4-H Camp building fund.

IV. Adult Work

A. Project Work

1. Subject Matter Field

a. Home Demonstration Women Studied "World Affairs"

At the Home Demonstration Committee meeting that was held for planning the 1949 home demonstration program of work and after a thorough discussion, it was decided that the home demonstration members could very well devote more time to the study of the existing conditions in the countries over seas and should attempt to make the study interesting to husbands and non-club members.

After careful consideration, the month of March was selected as a suitable time to study "World Affairs". Plans were made for each club to make the one meeting an open discussion with one qualified individual to lead it, or to have a well informed person give a lecture on this topic.

Chancellor Home Demonstration Club, the oldest club in the county, and having one of the largest memberships now, planned along with the Salam Home Demonstration Club, which is composed of the young women in the same community, for a meeting in the County High School Auditorium, on the evening of March 2, at 8:00. As well as other club members in the county, their husbands, families and other county citizens were invited. Dr. Laura Voelkel of the History Department of Mary Washington College spoke most interestingly to a large group of men and women and illustrated her lecture by using slides which she had taken while in Italy and Greece the previous summer.

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Besides those clubs that joined with the group in the high school, others had speakers in their own sections. Mr. George Rawlings, Jr., a Fredericksburg Attorney and resident of the county spoke to a similar group in the Partlow Community House on March 23. Mr. Bernard Coleman, another Fredericksburg Attorney and resident of Spotsylvania spoke to a group in Margo School Auditorium, on March 3, to members of Parent-Teachers Association, home demonstration members and other citizens in that community. In the Belmont Community, Senator Wickard spoke on the same subject to a group of home demonstration members, Huritan members and other citizens. In each instance attendance was quite good and reports of excellent talks resulted. Other clubs held local meetings and either had a speaker or discussions in their regular meetings.

The attendance of more than thirteen hundred people at these meetings showed a definite interest in the topic the agent felt, and also a cooperative spirit on the part of other groups and individuals with home demonstration members in their efforts to make it possible for them to study a timely topic. This was one time during the year when home demonstration club members actually lived a part of their creed, "Reach Out in Service to the Communities".

b. Clothing

The Home Demonstration Committee felt that it was necessary to give some time to the study of selecting becoming lines and fashions and therefore it was planned for the month of August, so that the ideas for making more becoming selections in clothing might be used in making selections of fall clothing.

Because no help was available from the state office for a leaders' training meeting, the agent conducted a meeting on July 7, for home demonstration leaders in all clubs. In addition to mimeographed

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material, printed materials from J. C. Penny Co., Inc., and McCall Pattern Co., were very helpful in illustrating points to be considered when selecting clothing for various types of individuals. At the training meeting it was the plan and desire of the agent to prepare every leader present to go back to her club and teach her club members how to make selections in color and line, that would minimize figure defects and also emphasize the better qualities of an individual. Also some time was spent on how to select durable fabrics and becoming and lasting fashions. This was demonstrated to the group by having different types of women model dresses, having becoming lines, becoming colors, unbecoming lines, unbecoming colors, emphasizing figure defects, minimizing figure defects, etc. At the same time, attention was called to all of the qualities in the garments that would be interesting to the leaders in carrying these ideas to home demonstration members.

Besides the eighteen leaders who were present there were three clubs not represented and the agent trained those individually.

The leaders gave demonstrations to fourteen clubs in August without further assistance, and two hundred forty-six members reported having received assistance from them.

"Mending and Darning" was the topic for October. The agent met each club that month, demonstrated various types of mending and darning, and also displayed several jobs that had been done previously, trusting that in the future the women would look upon mending and darning more as an art than a drudgery and that wearing well mended garments would be a pleasure rather than a disgrace. The three hundred twenty-seven women present appeared to enjoy the

demonstrations and many requested bulletins on "Wending and Darning".

c. Foods

Two types of foods, "Cakes and Cake Icings" and "Salads" were planned for April and May demonstrations. To be able to make better quality and more attractive cakes and icings was the desire of many club members. To know how to make salads more nutritious and attractive as well as how to make new ones that would tempt the appetites of the family members, was also the goal of many.

On Friday, March 11, Mrs. Mary L. Thompson, Assistant Extension Food Specialist held a leaders training meeting in the home of Mrs. W. S. Dickinson at which time she trained the leaders for a demonstration in "Tricks with Cakes and Frostings" and "Salads". The twenty-seven women who represented ten of the thirteen home demonstration clubs enjoyed the day very much--the pot luck lunch, the social part of the day and most of all seeing and sampling the attractive cakes, icings and salads made by Mrs. Thompson.

The leaders went from the meeting with many new ideas and recipes to try in their homes, and time to select some of their favorites for the demonstrations they were to give. They gave the demonstrations to their clubs and the agent gave the demonstration to the three clubs whose leaders did not attend. These demonstrations were arranged by leaders in various ways. Some were given in homes and some in larger kitchens, such as home economics departments, so that more women might be accommodated for the demonstration. Some clubs did the preparation of salads before the club meeting, prepared a drink and a salad luncheon.

The Chancellor Club had a very interesting meeting, when the leaders, Mrs. O. J. Zechiel and Mrs. Gordon Hildrup, distributed mimeographed

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recipes for the salads they had made and other salads suggested by Mrs. Thompson at the training meeting. They discussed each recipe and demonstrated in a small way how to make various salads and garnishes. In this spacious home with very gracious atmosphere the ladies were invited into the dining room where the leaders had previously prepared and placed on the dining table various salads in most attractive ways. Truly the table was a picture and the food delicious.

Reports were most interesting in regard to this demonstration. Some said that their tables were made more colorful, some said they were made more vitamin conscious, some reported, getting more vitamins in their meals, and some said their families enjoyed salads more.

The cakes and icings Mrs. Thompson demonstrated were perfection in taste and appearance, and the recipes good ones and easy to follow. She had this so well planned that the leaders were able to make the cake, icing, put it on and be ready to serve the cake within two hours. The leaders and members enjoyed the recipes and reported good results at home. The "Comfort Frosting" is very popular because of the ease in making it and the beauty in the completed product. Leaders gave eleven demonstrations on "Cakes and Frostings" to an attendance of two hundred eighty-five. The agent gave three demonstrations to an attendance of forty-eight. Total attendance to the "Salad" demonstrations was two hundred ninety-eight. All home demonstration members reported valuable assistance received from those two meetings.

d. Rug Making - Braided and Crocheted

How to make rugs of good quality that have lasting beauty at a cost

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much less than market prices was the object in planning for a rug making demonstration.

This was scheduled for the October meeting and the agent began making plans for it in February by encouraging one of the members who wanted a braided woolen rug, to make one and display it at the County Field Day, thinking that more people might become interested after seeing a rug completed. The 7½' x 9½' rug was braided from woolen strips and displayed. A round rug 9' in diameter, crocheted from cotton loopers was also displayed. True, they did help to develop a great deal more interest in this project and women began discussing the types of rugs to be made, the cost of materials, colors of their choice and sizes of rugs they needed.

The leaders training meeting was scheduled for October 10, and two leaders from each club was invited. Before this meeting the agent ordered samples and prices of both woolen and cotton fabrics for rug making, made a sample of a braided woolen rug and a sample of a crocheted cotton rug, saw at least one leader in each club and showed materials, prices and rug samples to her. At the same time she assisted the leaders in making selections so that if materials were to be purchased they could be ordered and on hand for the leaders meeting. If they had old materials they desired to use, she assisted them in preparing those, so they might have it ready before the training meeting and begin their rug on that day.

Rugs had been discussed for quite some time, materials prepared from old fabrics, materials ordered, and finally the date for the meeting, October 10, arrived. Twenty-four leaders from Spotsylvania County, eight from Stafford, Miss Mary Mooreman, County Home Demonstration Agent at large, met in the Todd's Tavern Community House to spend a

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day, under the guidance of Miss Ruth Jamison, State Housefurnishings Specialist, to study rug planning and making.

Almost all the leaders took necessary materials to the meeting and the agent took some for those who had none, so that all might work and have at least one sample to take home.

During the morning Miss Jamison discussed planning color schemes for rugs and how to shape them. Each lady was given a piece of paper and pencil and guided in planning a rug of the type and size she wished to make.

The afternoon was truly a workshop, because after the planning had been done each lady was anxious to begin her rug. The rug making began, some were to be made of wool and some of cotton, braided and crocheted. Before the women left, each had made the plan for her entire rug, started it and gone far enough with it so that she could complete it at home without further help.

Plans for the rugs varied in size from small scatter rugs to 10 $\frac{1}{2}$ ' x 12 $\frac{1}{2}$ '. Some expected to complete them within a few months, others planned to make a rug as large as they could from materials on hand, use the rug, add to it later as more materials were available, and possibly some day have a rug for the entire floor.

The picnic lunch furnished by the Spotsylvania County woman afforded an opportunity for the ladies in the two counties to socialize which also was a desirable feature of the day.

Leaders held all November meetings. In clubs where leaders did not attend the training meeting, leaders in other clubs assisted them. Planning color schemes for rugs, was discussed, crocheting and braiding demonstrations, samples shown and rugs started. The exact

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number of rugs that were started isn't known at present, but reports show a great deal of interest and indicate that even others will be started later.

e. Stenciling Household Fabrics

Stenciling household fabrics was requested for two reasons. Women wanted to get more color into the home in an interesting and artistic way and at the same time have an opportunity to display their own ability to do so.

No leaders training meeting was held for this because the agent attended all meetings. In January she displayed textile paints, fabrics that were suitable for stenciling, some articles that had been stenciled. Costs were given and names of places from which they might be purchased. She also explained that patterns were included with the box of paints, showed them, and demonstrated the simplicity of making patterns for stenciling. A list of everything needed for doing the work was given then so that they could be well prepared for a work shop at the following meeting. Care was taken in selecting a meeting place for the coming month so that there would be room for working. If there wasn't enough table space in the home other members furnished card tables.

The second meeting was a work shop at which time every club had a number of women participating in the actual stenciling of articles to be used in the home. Those stenciled included luncheon cloths, table mats, napkins, dresser sets, aprons, curtains and scarves. Many of the designs used were copied and others were created by the women to fit into some particular color scheme in her home and in several instances these designs tied in color and design with the

wall paper or china to be used. The Todds Tavern Club really stenciled more articles at the meeting than any other club in the county. They had a busy time and stenciled thirty-two articles, some of which were lovely.

Even though the weather was not very good in February the attendance was fair. Two hundred twenty-two women were present. When the end of the year arrived reports showed that stenciling had continued in many communities and a total of more than two hundred fifty articles were stenciled.

f. Flower Arrangements

Flower arrangements had been used as a topic for discussion and some clubs had flower shows the previous year but the women wanted to study "Still Arrangements" or "Winter Bouquets" in order to learn how to make lasting, attractive and inexpensive arrangements for their homes during the winter months. September was selected as being the most suitable month for it.

The agent met these groups and discussed materials to be used, color combinations and containers suitable for various types of arrangements. Line, balance, and rhythm was also included. To illustrate points she used some arrangements and many pictures.

The agent has seen evidences of some of the ideas being used in a number of homes. One hundred eighty-six reported having received some worthwhile information on this subject.

g. Study of Old Glass

Because many families in this section have old pieces of glass that have been handed down for generations, some of which are prized highly and others that families know little of the history and value,

the club women thought it wise to devote one month to the study of it.

Some clubs had local people who knew glass well to discuss it with them at their meeting. Miss Sylvia Slocum, retired District Home Demonstration Agent, met some of the clubs and the agent met the others. In each club the women who had interesting pieces of glass were asked to take them to the meeting, that they might be studied. This made a very interesting meeting and one the women enjoyed , but just the amount of good derived from it cannot be stated.

h. Old Furniture

The study of old furniture was put into the program of work with the idea of teaching more women to appreciate good pieces of old furniture when they saw it. The agent met these groups and discussed the development of furniture, different periods of furniture, the beauty and the character in the old pieces. Slides helped to illustrate points as well as pictures. Some meetings were held in homes where the furnishings made wonderful illustrations. This again made an interesting meeting but it is impossible to make any clean cut statements as to the exact amount of good the members received from it.

1. Interest in Etching Trays Carry-Over from Previous Year

In 1948 most of the clubs in the county etched aluminum trays and found it quite a fascinating craft. The interest was so great that it carried into 1949. Some clubs have met in groups, made designs, painted them and applied the acid, others did it alone. More than thirty were displayed at the County Field Day, some of which were very good. At the Fredericksburg Fair others were displayed. Reports

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showed a total of more than three hundred trays completed during the year as well as some ash trays and coasters. There is still a good deal of interest in tray making for sale, gifts and use in the home. No doubt many more will be made in the future year.

B. Other Activities

1. Jamestown 4-H Camp Funds Raised

When raising funds for the Jamestown 4-H Camp was discussed at the planning meeting, each home demonstration club was asked to give one block at the cost of \$10.00 each, and was stated that each cottage would cost approximately \$3000.00. A goal was not set for the county but several individuals thought that Spotsylvania might raise enough money to build one cottage within three years time. When it was learned that the cottages were to be larger than originally planned and that they would cost \$6000.00 instead of \$3000.00, the goal of a cottage for the county was forgotten; but clubs did go to work to raise some money. Several clubs gave the \$10.00. The Chancellor Club decided to put on one money making activity and give it all to the camp fund.

They arranged to serve a dinner in the cafeteria of the Spotsylvania High School and call it a 4-H dinner. Members of the Ruritan Club in the county and members of the Kiwanis and Rotary Clubs in Fredericksburg were invited. Plates were sold at \$1.25 each. The rain practically fell in sheets so not as many people attended as had expected to.

The home and farm agents planned a program by the 4-H boys and girls to follow the dinner. Through the program they attempted to include enough phases of 4-H club work so as to give a clear picture of the work to any one present who might not be acquainted with the program. The entertainment consisted of stories of project work done, and songs. Both boys and girls made displays of their accomplishments through 4-H

club work.

To put 4-H work still closer some of the girls who were taking the "Bread Making" project were asked to make rolls to serve at the dinner. Girls, eleven, twelve and thirteen years of age served lovely ones and had many more than were needed.

The program appeared to be a huge success. The money cleared from the meal totaled a little less than two hundred dollars. Donations from the men who were present raised the total for the entire evening to three hundred eleven dollars, all of which was donated to the Jamestown Camp.

Mrs. W. S. Dickinson, a Chancellor Club member, and her husband later gave one hundred dollars to the camp fund. Mr. and Mrs. Dickinson had three sons and one daughter all of who were All-Stars and are anxious to see the 4-H work go forward.

Mr. and Mrs. W. C. Dickinson have two daughters and two sons who are 4-H members at present. They too are very interested in the progress of 4-H work and gave fifty dollars to Jamestown.

Mr. W. E. Wine, a resident of the county, gave one hundred dollars. The Home Demonstration Committee gave two hundred dollars.

In March all the home demonstration clubs in the county put on a program in the Spotsylvania County High School to raise more money. Each home demonstration club and each Rural Club in the county assisted in this program by putting on a skit that required from five to eight minutes to stage. Between skits, 4-H members gave brief sketches of 4-H project work. Home made candy was sold. The total cleared during the evening was two hundred thirteen dollars. The total amount of money given to Jamestown Camp by Spotsylvania County during 1949 was one thousand dollars.

2. Tea Given for High School Seniors

The Home Demonstration Committee discussed the value of giving a tea to the high school seniors and their mothers. After careful consideration it was decided that a tea would be given on March 18 and committees were appointed to arrange for the tea. As the date was near St. Patrick's Day, green and white was selected as the color scheme. Ferns, white snap dragons and candles decorated the tables which were covered with white linen cloth. The cup cakes, cookies, open face sandwiches and mints were fitted into the color scheme. The only contrasts were nuts and punch. The gym was beautifully decorated by the Spotsylvania Home Demonstration Club and the other clubs furnished the foods which were served. Preceding the Tea, the program which was given in the auditorium, consisted of music by Miss Virginia Mason Herndon, music instructor at the high school; a talk by Mrs. Willard Miller, a major in home economics, a homemaker and resident of Spotsylvania County, and a talk by Mrs. John Russell of Mary Washington College. Mrs. Miller's subject was "Home Economics in Home Making." Mrs. Russell spoke on "Home Economics as a Career." Through this program the Home Demonstration Committee planned to acquaint the girls with the values to be received from studying Home Economics, and at the same time give them an interesting afternoon .

The seniors, their mothers, high school faculty and home demonstration members had such an enjoyable afternoon that plans have been made to give a Tea for them again in 1950. The home demonstration members who were present gave such excellent reports of the Tea to the ones who were absent, that many more club members plan to be present next year.

3. Home Demonstration Committee Replenished Treasury

It has been the custom a number of years for the Home Demonstration Committee to serve the annual dinner to the Farm Bureau, as a service to them and as a means of putting money into their treasury. Last April, approximately one hundred fifty plates were served in the Spotsylvania High School Cafeteria, at the price of \$1.25 per plate. The majority of the food was furnished by home demonstration clubs and as a result one hundred twenty-five dollars was cleared, all of which went into the Committee treasury.

4. Recreational Meetings Held by Home Demonstration Clubs

a. Christmas Socials

Party Planning was the topic for home demonstration clubs in December, so each club made it a special get together. Some clubs had a regular club meeting, studied Party Planning and exchanged gifts. Others planned recreation and invited their husbands. Some invited their families and some invited non-club members of the community. Games were played, refreshments served and gifts exchanged.

The Chancellor and Salem Clubs had a buffet dinner, which was served in the high school cafeteria for club members and husbands. The delicious food was beautifully served and all enjoyed it, so much that it was decided that it be made an annual affair.

The Courtland and Hillcrest Clubs had met first in the auditorium of the Hillcrest Methodist Church for a religious program composed of dialogues, readings, music and a talk by the minister, after which all were invited to the church basement for recreation. A number of games and contests were enjoyed to the extent that they brought forth yells of laughter. Gifts were exchanged and the pro-

gram for the evening closed with the group singing Christmas Carols.

b. Picnics

- o In August several clubs had picnics in addition to their August meeting. The Salem Club had a 'cook out' supper for members and their families on the church ground. Todds Tavern Club had a picnic supper for families and friends at the Community house. Spotsylvania Club had a picnic supper on the lawn, at the home of one of the members, to which the families were invited.

5. Clubs Raised Money by Serving Dinners

Various home demonstration clubs served dinners to the Ruritan Club monthly at a price of \$1.25 per plate, with a guarantee of from forty-five to fifty-five plates ten months and a guarantee of one hundred plates for the other two months. Almost all of the food was furnished by the club members, so the money collected was practically all cleared.

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V. 4-H Club Work

A. Project Work

1. Subject Matter Field

a. Foods

The 4-H Adult Advisory Committee met with the home agent and discussed all the available 4-H club projects thoroughly. After having discussed the projects taken the previous years also, which was sewing, the committee decided to recommend one in foods, thinking that the girls needed a well rounded program and too, that a different sort of project might be more interesting to them.

The agent pointed out the difficulty in carrying foods projects where the clubs met in the schools because of the short time allowed for the meetings, the lack of facilities for cooking and the lack of adult 4-H leaders. The year before there had been only nine leaders some of whom were inactive. After one of the committee members asked how many would be needed the agent explained that in order for the girls to have the necessary assistance one adult leader in each neighborhood who would meet with a small number of girls in her home or in the home of some one else in the community soon after each 4-H club meeting in the school, and demonstrate to them the food for the month as well as to sometimes allow the girls to give a demonstration that had previously been demonstrated to them.

Of the seven women present, six of them volunteered to be 4-H leaders, mentioned possibilities, and offered to help find more who would serve.

"Bread Making" was selected as the project and the plan of work made at the same meeting. Breads selected to have major consideration were, corn muffins, flour muffins, biscuits, yeast rolls and loaf bread because they are the breads most commonly used in the homes in this section. Cinnamon rolls were selected thinking that most girls enjoyed making desserts more than plain foods and also because that might be an incentive to girls to learn how to make good yeast dough. The making of this sort of dough well, would not only enable them to make good rolls and loaf bread, but a delicious dessert might be made from the same dough for the family.

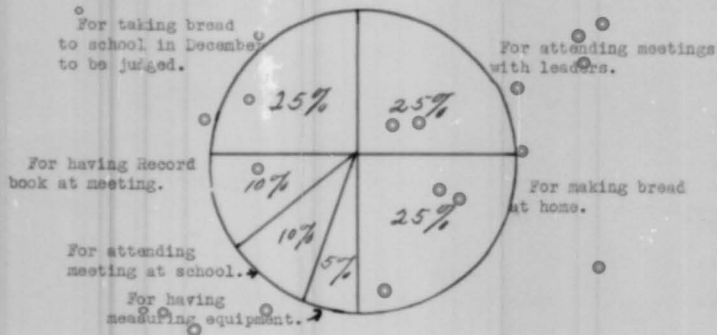
A leaders training meeting for this project was planned. Mrs. M. W. Miller of Parker offered her home for the meeting and Miss Janet Cameron, State Food and Nutrition Specialist, gave the training. She demonstrated the breads to be made by the girls and outlined the entire program of work for the project. Seventeen of the eighteen leaders were present. The spacious kitchen and the gracious hostess made an excellent meeting place. The menu for the lunch was planned by the agent, so that each lady might take one dish and thereby find it easier to prepare. The lunch of fried chicken, vegetable salad, potato chips, hot rolls, butter, pie and tea was enjoyed while the ladies also had a little time to chat. The leaders left feeling prepared to assume their duties as leaders.

When the plan of work was made it showed October as being the time to sell the girls on the idea of "Bread Making" as the project to take, to explain records, and how to keep them, as well as to

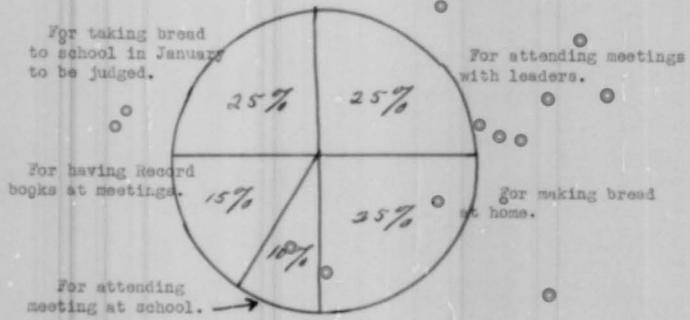
outline the program or work, tell them who the leaders would be and how they would work with them.

Record sheets like the following were mimeographed for each member and explanation made that each section might be colored when that job was done. By the meeting time for the coming month each girl was to have her circle fully colored if she had her work up to date.

NOVEMBER



DECEMBER



County, district and state contests were explained. Explanation made, that the county winner in this project would be selected as a result of accomplishments made month by month throughout the time the project was carried. Beginning with December there would be a bread judging contest each month, the first winner would receive a blue ribbon which would give her three points, the second a red ribbon which would give her two points, and the third a yellow ribbon and one point. The County Contest Day would be held the later part of May, all 4-H clubs meet together and have a county wide bread judging contest of all six breads. First, second and third ribbons again be awarded and the girl who had accumulated the largest number of points during the year would be the county winner and represent the county in the District Contest in August.

November - In addition to the business meeting the agent would explain the recipe for making corn muffins, the importance of accurate measurements and demonstrated how to measure. Girls were asked to take six muffins to the December Meeting to be judged. Immediately following that meeting the local leader in each community would meet her girls and demonstrate the making of corn muffins.

December - After the business meeting the agent and organizational leader check records, judge the muffins and award ribbons for the first, second and third best, discuss successes and failures on making corn muffins, hear comments made by family members about bread made, as well as to hear reports from meetings with leaders. The recipe for flour muffins would be explained, and remind girls

to take six muffins to January meeting to be judged.

January - The same type of meeting as December and introduce biscuit making.

February - The same type of meeting and introduce yeast rolls.

March - The same type of meeting and explain and demonstrate how to shape a loaf of bread.

April - Following the same type of meeting and introduce cinnamon rolls.

May - Similar type of meeting to the others, plans for summer work and for 4-H Contest Day.

The 4-H club in the high school took as their project "Make or Remake Clothing". This club had no active leader so the agent mostly worked with them in the meetings, at school and then gave some individual attention to them in study periods in school and in the homes.

At the County Contest Day at Todds Tavern three of these girls gave demonstrations and each girl displayed her record book and the garments she had completed. When the judging was completed the winner Betsy Dickinson who had made twenty-two garments, was announced.

Permission was given by school superintendent and principals for all 4-H girls to attend Contest Day at the Todds Tavern Community House on May 18. Each girl was invited to exhibit six each of corn muffins, flour muffins, biscuits, yeast rolls, cinnamon rolls and one loaf of yeast bread. Transportation was furnished by school buses, leaders, and parents. The program consisted of scripture, songs, talks and demonstration by 4-H members. The

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bread was judged and winner announced. The house was crowded with 4-H members, parents, leaders and county officials.

The leaders served a delicious picnic lunch to the group. More than four hundred entries of bread were made, the majority of which was good and some of excellent quality.

After the judging was completed the points won by the girls during the year were totaled and the county winner, Peggy Gardner, age twelve was announced. Because she was too young to enter the district contest, Nancy Dickinson, age 14, who had the highest number of points of any girl old enough to enter the contest was selected to represent the county.

The nine 4-H clubs had one hundred thirty-five girls enrolled in "Bread Making" one hundred eight of whom completed. The splendid cooperation from the eighteen leaders, most of whom did an excellent job, brought the percentage of completions in this project up to eighty percent in 1949, which made an increase of twenty-three percent over all completions in girls projects in the county in 1948. Girls reported making bread two thousand, six hundred forty-one times.

Twenty eight girls enrolled in "Food Preparation Project" for their summer work. These girls met in the homes of the leaders who gave all the demonstrations except the agent met with each group once. In May a leaders training meeting was conducted by Miss Janet Cameron, State Food and Nutrition Specialist. She gave the demonstration to be given to 4-H members for the entire project and outlined the project of work from beginning to completion.

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County Contest Day for this project was held in August and Edna Parker was selected as county winner. She, Betsy Dickinson, who won in the "Make or Remake Clothing" project and Nancy Dickinson, who had been selected to represent the county in the Bread Making Contest, all three represented the county in Richmond at the district contest in August.

B. Other Activities

1. Field Day

The Huritan Clubs in the county sponsored a County Field Day in September. The home demonstration and 4-H clubs cooperated with this by exhibiting and allowed it to be their Achievement Day.

As a way of climaxing the food project--"Meal Planning and Food Preparation and Service", each club set a table correctly and served a well balanced meal. Prizes were awarded to first, second and third best tables. The tables were very good and to select the winners was not an easy job for the judges. The exhibits entered by 4-H members were of much higher quality than the previous year. The bread was of better quality and greater quantity than the adults exhibited. Club members also entered the pet show which created much interest among the adults as well as youth.

The 4-H Contest Day, which was discussed under 4-H project work, was also a type of Achievement Day.

2. Annual 4-H Members Picnic

In June annual 4-H picnic for Caroline, King George, Stafford and Spotsylvania Counties was held at Fairview Beach. The tides were studied and a date set when the tide would be going out. Four school buses were secured to take the group from Spotsylvania. Each indi-

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vidual was told to take lunch and what time to meet the buses. They started on their routes at 12:30 P.M., and were to arrive at the Beach about 2:30 or 3:00 P.M. The afternoon was to be devoted to swimming, have the picnic supper just before sunset and Candle-lighting Ceremony just at dark. Plans were all made and members looking forward to it with a good deal of pleasure, but just before noon rain started to fall. The rain increased until it simply poured, therefore very few went. The rain continued, so those who went swimming went in the rain. By late afternoon the rain was worse, supper eaten in doors, the rain continued to get worse, so no Candle-lighting Ceremony could be held and the group disbanded and left for home just before dark.

3. Jamestown 4-H Camp

Ten of the fifteen Home Demonstration Clubs gave one scholarship of \$10.00 each to the girls who had done the most outstanding 4-H club work. The National Bank of Fredericksburg, gave one scholarship to a girl and requested that she be one who was doing good project work and who otherwise would not go to camp. All who won scholarships went to camp except two. One girl's parents would not agree for her to leave home. They said she was needed there. The other girl was ill. The county made its quota of eighteen girls by allowing other girls whose project work was up to date to pay their fee of \$10.00 each and go.

Two excellent leaders went. Mrs. G. W. Biscoe and Mrs. G. R. Boggs. They not only were good leaders for Spotsylvania County girls, but meant much to all who were on camp. One bus load went from the county--left at noon on Monday and returned at noon on Saturday. The

children reported a most enjoyable week.

4. Cooperation With Home Demonstration Women in Raising Funds for Janestown Camp

Some of the 4-H members who were taking the "Bread Making" project made yeast rolls for the dinner served by home demonstration members to Kiwanis and Rotary Clubs in Fredericksburg and Ruritan Club members in Spotsylvania County, to raise funds for the camp. Following the dinner the 4-H club members presented a program to acquaint those who did not know 4-H work with its benefits and also for intertainment which is described more fully under the activities of the women.

VI. There is no Older Youth Program in Spotsylvania County.

VII. Scope of Work

	<u>1948</u>	<u>1949</u>
Number Home Demonstration Clubs or Groups - -	12	13
Membership - - - - -	337	339
No. 4-H Clubs - - - - -	7	9
Membership - - - - -	188	135
Number of other families reached - - - - -	1303	1276
Total number of families reached - - - - -	1640	1615

VIII. Organizations that Functioned in 1949 in Spotsylvania County

1. County Home Demonstration Committee

The County Home Demonstration Committee is composed of chairman, vice-chairman, secretary, treasurer, the presidents of each home demonstration club in the county and a few charter members. It holds two annual meetings. One in the spring and one in the fall. The duties of this committee are to plan the home demonstration program for the county and transact all business of county-wide interest. Possibly the most accurate way to illustrate the activities of this committee is through the minutes of the meetings. The minutes of the spring meeting read as follows:

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SPRING PLANNING MEETING 1949

The Spring Planning Meeting of the Home Demonstration Club County Committee was held at the Princess Anne Hotel, Fredericksburg, on May 10, 1949, with Mrs. W. S. Dickinson presiding.

Devotions were conducted by Mrs. A. C. Limbrick.

The minutes were read and approved.

The treasurer, Mrs. Willard Miller, reported \$906.44 balance as of May 9, 1949.

Miss Howerton discussed the Jamestown Camp and its necessary finances, etc. She told also of the four cottages to be completed by June 15th.

About 135 girls were doing 4-H work. A motion was made by Mrs. W. S. Dickinson, seconded by Mrs. Willard Miller, to give \$200.00 to camp fund. A motion was made by Mrs. Lester Carver and seconded by Mrs.

George Weiner to give Miss Howerton \$15.00 for miscellaneous expenditures.

Library chairman reported that due to the fact that few clubs sent in requests for library books, a committee composed of Mrs. Dickinson and Mrs. Clark was selected and ordered some. Books not used regularly such as reference books, etc., were to be kept in Miss Howerton's office. Since books were not being kept in good order there, a motion was made and adopted that necessary plans be made for better care of same.

Group discussed plans for changing present allotment of books.

Federation Goal Chairman, Mrs. A. C. Limbrick, reminded us of our present goals and asked that we strive to attain them.

Market Message Mrs. Myles Houser sent in the following report: six women selling, \$361.41 was monthly average of sales and a total of \$4337.02 sales for year.

In giving us some county facts, Miss Howerton told of a newly organized Home Demonstration Club in Sylvania Heights. We were shown a map indicating where 4-H Club and Home Demonstration Club work was being carried on. She also discussed county budget, expenses, salaries, etc., and told how important and far reaching extension work had become. Miss Howerton thanked all for their help and cooperation in the 4-H Club work. May 24th was planned as a leaders meeting to discuss and take up summer projects.

Miss Slocum who has been quite ill has greatly improved, though not present for our morning session.

Luncheon was served by the hotel by previous arrangement.

The roll was called and the following clubs represented: Chancellor, Courtland, Salam, Massaponax, Spotsylvania and Howerton.

Miss Howerton discussed County 4-H Contest Day, featuring bread making, etc. An interesting program was arranged including picnic lunch, speakers, group singing, announcement of winner, etc. A motion was made to invite county officials and a committee of Mrs. John Orrock, Mrs. C. W. Henry and Miss Margaret Buckner, to provide box lunch for same. Everyone was invited.

The group then recognized Miss Sylvia Slocum, who arrived in time for our afternoon session, accompanied by her guest, Miss Mabel Best. Scholarships were discussed by Miss Howerton, also transportation to 4-H Camp. Reading certificates were to be given Homemakers reading required book list with club having greatest number of readers to have special mention on Achievement Day.

Mrs. C. W. Henry was nominated delegate to Blacksburg, having Mrs. C. E. Rumsey as alternate.

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Miss Howerton discussed Field Day, and asked that we make it our best in quality, as well as quantity. The four county fair was also discussed, its awards, etc. All club presidents were asked to take this information back to their clubs with much emphasis on Achievement Day. Club presidents or representatives were to attend a called meeting, tentatively called for June 20th in discussing same.

Miss Slocum discussed building fund and amounts still needed. She also invited us to camp, over night, should we care to see "Common Glory".

Mrs. M. W. Miller suggested that we subscribe to "Consumers Guide" and that it be kept with the other books at Miss Howerton's office, making it available to anyone interested. Group voted for same.

A motion was made to adjourn.

The minutes of the fall meeting read as follows:

FALL PLANNING MEETING 1949

The fall planning meeting, of the Home Demonstration Club County Committee was held September 28, 1949, at Todd's Tavern with Mrs. A. M. Arritt presiding.

Devotionals were conducted by Mrs. W. B. Allen, after which the group repeated in unison, "The Homemakers Creed". Following this the group sang, "America, The Beautiful".

Our president welcomed each of us, giving also the "Purpose" of our meeting. She also introduced at this time our special guest, Miss Label Best, our new district agent.

Many county facts were given by Miss Howerton, namely: no health department, our county rated as third in number of T. B. patients, crowded school conditions and that greater number of non-farm families were changing our pattern of county living. She asked that we try

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to improve these various conditions and also checked our county club goals. She asked that we strive more diligently to achieve our goals. Funds are still needed for Jamestown Camp and asked that we contribute as much as we possibly could. We were shown a map pointing out present home demonstration clubs and shown sections not yet reached. The tea and program given for high school seniors by the clubs was greatly enjoyed and appreciated. Many clubs had picnics, Christmas parties, buffet suppers and tours during the past year. A tour on gardens is being planned for October of this year, to be repeated a year later so that any improvements might be noted. Miss Howerton also pointed out that 4-H achievements were far ahead of home demonstration clubs in our Field Day accomplishments. The 4-H project on "Bread Making" was really a success, due largely to much help from our many good leaders. This we hope to continue. The clubs raised \$1,000.00 during the year and had twenty girls attending camp, thus reaching many more families.

The Outlook for 1950, was given us by Miss Mabel Best. She stated that the consumer's market was much more plentiful, products greatly improved, and urged that we read labels carefully, also cultivating a personal clerk in each place of business. Prices were also reduced on many articles, as well as present income and she urged us also to watch, "Insurance", bill now before Congress, also help for rural families in planning buildings and equipment, construction supervision and inspection. She asked that we not forget the "Folk Lore" or "Songs" good nutrition, stressing more milk for adults and to make sure that cows were tested for T. B. and Bangs Disease. She asked that we keep three things in mind, when planning our club programs:

1. Will program planned today gain confidence of members and friends?
2. Will program planned today hold interest?
3. Will program planned today be one that we would like ourselves?

The ten clubs present at this meeting made requests for the following projects: What-not Stands, Upholstery, Meal Planning, Knitting, Restyling Old Hats, Leather Work, Chair Bottoming, Refinishing of Old Furniture, Interior Decorating, Preparation of Frozen Foods, Table Setting, Dress Forms, Embroidery Stitches, Etching Glass, Curtains and Fabrics, Reconditioning Floors, Study of Plastics, Better Grooming, Meat Cuts and Cookery, Painting Trays, Resilvering Old Mirrors, Slip Covers, Candy Making, Party Refreshments, Home-making as a Heritage, also in Church and Family Life and planned Tours.

Miss Best told us that several of the old goals were discontinued but that Home and Community Beautification had been added. Art in Everyday Living was to continue.

The following clinics were requested: Chair Caning, Preparation of Frozen Foods, Upholstery, Tray Painting, Refinishing Furniture and Draperies.

The group adjourned for lunch.

After lunch a committee composed of Mrs. W. S. Dickinson, Mrs. Geo. Weiner, Miss Mable Best, Miss Howerton and Mrs. Rowland Carver adjourned from session to select and arrange program and clinics for coming year. These were presented and accepted by the group.

Mrs. Lester Carver was appointed "Goal Chairman", after which she read and discussed the new goals with the group. These were accepted as read.

The following committee was appointed on Year-book:

- Chairman -- Mrs. Mattie Hines
- Compiling -- Mrs. Lester Garver and Mrs. Thomas Thorburn
- Finance -- Miss Nettie Hess, Mrs. T. B. Green and Mrs. Myles Houser
- Roll Call -- Mrs. L. J. Williamson
- Song Selections -- Mrs. Wayland Broadus
- Things to Do -- Mrs. A. C. Linbrick
- Quotations -- Mrs. W. S. Dickinson
- Devotionals -- Mrs. W. Morrison and Mrs. C. F. McPhatter
- Field Day Chairman was Mrs. Lois S. McWhirt
- Co-Chairman -- Mrs. Irma Bowling
- T. B. Chairman -- Mrs. Henry Broadus
- Federation Goal Chairman -- Mrs. J. W. Crawford
- Library Chairman -- Mrs. John Garnett

New Officers were as follows:

- Vice-President -- Mrs. Richard Carpenter
- Secretary -- Miss Agnes McGee

Achievement Day was discussed, also the merits of having our own apart from the Ruritans. In the event that the Ruritans decide to discontinue same, we would hold Achievement Day, independently. However, we would still cooperate with the Ruritans in any manner possible.

Treasurers Report was as follows: County Committee Fund \$125.50
Jamestown Fund \$65.44.

Group voted to entertain High School Seniors at tea and appointed the following committee: Chairman - Mrs. Ernest Colbert; Refreshments - Mrs. R. O. Gordon; Decorations - Mrs. W. N. Roney; Program - Mrs. W. S. Dickinson.

New Business, Group voted to give Miss Howerton a check for \$25.00 to

cover necessary expenses.

The minutes of previous session were read and approved.

Mrs. Rumsey gave a very interesting report on her trip to Blacksburg and was very grateful to the group for the opportunity given her.

Nine other women attended. Miss Howerton discussed the merits of our "Pot Luck Luncheon" and group voted to have Miss Howerton arrange same as before.

Means for raising more funds for Jamestown was asked by Mrs. W. S. Dickinson. Motion was made by Mrs. L. Carver and seconded by Mrs. W. S. Dickinson to hold entertainment at Spotsylvania High School, using talent from Mary Washington College if possible. Chairman on this committee was Mrs. John Orrock; Co-Chairman, Mrs. Lester Carver; Candy Chairman, Mrs. Wilma Boggs.

Group adjourned.

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IX. Activities of volunteer leaders, adult and junior, subject matter and organizational. The tables show record of growth of leadership by project leaders over a two-year period in adult and junior work.

<u>Growth of Home Demonstration Club Project Leadership</u>		1948	1949
No. project leaders and goal chairman		67	108
No. training meetings held	By Specialist	5	6
	By Agent	-	1
Attendance at all training meetings		51	128
No. Club Meetings held by leaders without agent present		22	54
No. Club Meetings at which leaders assisted		23	27
<u>Growth of 4-H Club Project Leadership</u>		1948	1949
No. adult project leaders		8	18
No. junior project leaders		-	-
No. training meetings held	By Specialist	2	2
	By Agent	-	11
Attendance at leader training meetings		19	66
No. 4-H leaders trained individually		3	17
No. Club Meetings held by leaders without agent present		21	108
No. Club Meetings at which leaders assisted		18	39
No. demonstrations given	By leaders	-	-
	By adult	21	189
	By junior	-	-

X. Significance of the Years Work

The 4-H program gave women an opportunity to "Reach out in service to their community", which several did willingly by giving demonstrations to 4-H groups, furnishing transportation to them, furnishing food for picnic lunch, attending the annual picnic and the Jamestown Camp. Such a large number of women cooperate so wonderfully that the agent feels it proves the women are growing more unselfish and more willing to help others.

Of course home demonstration leaders have always held some meetings without the presence of the agent, but their willingness to do it has improved which the agent feels indicates that they are better prepared to lead and they feel more secure in leading.

The club members' cooperation in raising funds for the Jamestown 4-H Camp proved their unselfishness and willingness to help others. Truly during 1949 this agent has had better cooperation from adults than she has ever had before. To her it indicates that they are capable of being better homemakers because these same good qualities will be instilled into members of her family, the influences on their neighbors will be better which will result in better rural living for club members and non-club members throughout these communities.