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Some outstanding events in the Adult Program for the year were: Serving as hostess for District XII Meeting.

Special Interest meeting in hair styling and care.

Special Interest meetings in Hat making and restyling.

Speakers on Civil Defense at Achievement Day Program.

Participation in Fredericksburg Fair with individual, club and county educational exhibits.

Community and civic projects by individual clubs.

The agent has found the training received in workshops, in service training periods and classes quite valuable in carrying on the Extension Program in Caroline County.

To improve the Home Economics Extension Program in the year ahead greater emphasis needs to be given to the organization of a Home Economics Council. The purpose of this approach would be to bring a program adapted to local needs to a greater number of people.

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Extension Service Review  
Family Economics Review  
House Beautiful  
American Home  
Better Homes & Gardens  
Southern Planter  
Southern Agriculturist  
Farm Journal  
Good Housekeeping  
Ladies Home Journal  
Saturday Review  
Readers Digest

C. Membership in Professional Organizations

N.R.D.A.A.  
N.H.E.A  
V.H.E.A.  
V.H.D.A.A.

Other - Virginia Museum of Fine Arts

VII. The Look Ahead

The most improvement in the Extension Program was the 4-H club program in that members participated in Achievement and Demonstration Contests for district and state. There was some improvement in organization for project work. Noteworthy achievements in the 4-H program were:

Achievement Day

County Demonstration Contests

Four (4) members attended Short Course

District winner in Electric Achievement and Demonstration Contest.

County Youth Fair

Individual exhibits at Fredericksburg and State Fair.

Increased attendance at Jamestown Camp.

5. Education Department in speech therapy for a 4-H member.
6. Cooperating with efforts to have educational and fund drive for mental health.
7. Promoting the organization of a County wide Garden Club.
8. Commercial interests checked local stores for illustrative materials for demonstrations. Refer to local supplies of materials needed.
9. Farm Bureau - The home agent helped committee chairman get contest information to eligible youth who participated in essay and King and Queen Contests.
10. Southern States Cooperative - 4-H club members who were eligible were invited to participate in the Talent Round-Up Contest for both the county and district. This helped to create more interest in the program and to develop self confidence in the children.

C. Professional Improvement

A. Organized Study

1. Home management workshop on VPI Campus during July.
2. Night class in Interior Decorating at RPI during the spring term.
3. In service agent training 30 days. These included 6 days of hat construction in Hampton and Richmond.

B. Reading

1. Books from State, VPI and Richmond City Libraries.
2. Magazines - Journal of Home Economics  
What's New in Home Economics  
Forecast

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long range plans for accomplishments. Port Royal is the oldest town or community in Carolina. It seems to me that the group activities have brought new life to the delightful Colonial atmosphere of the river side town.

VI. A. For Special Consideration

A one day Electrical School for 4-H club girls was held in June at the Virginia Electric Cooperative. The Home Service Representative for the Cooperative worked with the home agent in making this event possible. As a result of the training and instructions prior to and during this event one 4-H girl represented the Northeastern district in the Electric Demonstration Contest during Short Course. The same girl was District winner in the Electric Achievement Contest.

An educational exhibit was prepared for the State Electric Congress and one girl represented Caroline County at the Congress. Interest in the Electric Project and 4-H program was increased. Self confidence and information was gained by all participating in the program.

B. Public Relations

Some ways the agent has cooperated with other organizations:

1. Promoting landscaping for Health Department Building.
2. Canteen for Blood Mobile in securing helpers.
3. Fredericksburg Fair; promoting individual and group educational exhibits.
4. County Youth Fair in cooperation with FFA and FFA.

### 3. 4-H Club Leadership

	1957	1958	1959	1960	1961
No. Club officers	28	30	30	35	33
No. adult project leaders	7	8	3	5	2
No. junior project leaders		14	4	4	3
No. recuit demonstrators					1
No. training meetings by specialists					
No. training meetings by dist. agents			1		2
No. training meetings by agent	7	2	3	1	5
No. training meetings by members club dept.					1
No. training meetings by others	1			3	1
Total attendance at ldr.tr. meetings	15	20	20	35	30
No. 4-H leaders trained individually	5	10	10	4	4
No. club mtgs. held by ldr. without agent	26	5	7	30	40
No. additional meetings at which leaders assisted	10	20		50	5
No. demonstrations given by adult ldrs.	6	8	10	15	10
No. demonstrations given by junior ldrs.	15	75	15	30	30

- B. Local leadership has made possible any and all events which took place during the year.

The Port Royal Home Demonstration Club in cooperation with the Town Council, the Ruritan Club and the Church Organizations have achieved satisfactory results in improving a part of Town Hall where the club meetings are regularly held. After working on this project over a number of years, painting has been done, tables made, chairs bought, a kitchen equipped including major appliances and dishes to serve 50 people. This equipment is used by both civic and church organizations.

The Home Demonstration club sponsors a monthly recreation meeting for the youth of the community. Special events such as Halloween and Christmas are observed with special parties for the children. The same organization has assumed the major responsibility for these.

The cooperation of the organizations has made a rather unsightly place very attractive. Good fellowship has resulted from the groups working together to make each new accomplishment possible. Committee work and group discussions have evaluated the wisdom of each step in the

Club members and leaders have found their friends interested in selecting colors for the home, refinishing and arranging furniture.

A house furnishings clinic sponsored by a store in Frederickburg brought an interesting approach to those who attended.

In cooperation with one of the women's clubs it has been possible for Art Classes to be available for both adults and youth. While this has not been a large group to participate, it has met a need felt by those participating in the classes.

#### V. Leadership

##### A. Growth of leadership

- |  |      |      |      |
|--|------|------|------|
| 1. Over-all program leaders                    | 1959 | 1960 | 1961 |
| a. County Agricultural Extension Service Board | 0    | 0    | 0    |
| b. Youth Council                               | 0    | 0    | 0    |
| c. Home Economics Council                      | 0    | 0    | 0    |
2. Home Demonstration Club Leadership (Give in table below)

	1957	1958	1959	1960	1961
No. Organizational leaders			40	70	55
No. project leaders (subject matter)	36	40	29	40	35
No. Federation program of work chairmen	11	11	10	10	10
No. program development leaders	11	11	10	90	
No. result demonstrators			1		
No. training meetings by specialists	3	2	2	3	2
No. training meetings by dist. agents	1	1	3	1	2
No. training meetings by agents	10	2	3	4	1
No. training meetings by others	3	1		5	2
Attendance at all training meetings	136	53	70	147	44
No. meetings held without an agent	30	35	20	43	40
No. meetings leaders assisted	23	25	62	40	65
Demonstrations by leaders	30	25	28	42	38
Talks and discussions by leaders	80	63	58	300	260

#### 4. Fairs

Twenty-five girls entered exhibits in the County Youth Fair which was held at the Edmond Pendleton School building. It is expected that this number will increase another year.

Some girls helped with receiving entries and putting up exhibits at the Fredericksburg and County Fair. Six girls entered exhibits at the Richmond State Fair. This was the first time for 4-H girls from Caroline County to win awards from the State fair. This opens up a wide field of interest to them.

#### IV. Scope of Work

	1957	1958	1959	1960	1961
No. H.D. Clubs	10	10	10	10	8
Membership	210	210	217	203	180
No. H.D. Groups *(unorganized)				3	
Membership				35	
No. 4-H Clubs	7	7	6	6	6
Membership	102	125	96	116	105
No. WFF Clubs					
Membership					
No. Community Clubs	1			3	
Membership	20			29	
No. Home Ec. Committees	1	1	1	2	2
No. General Interest Committees					
No. Youth Committees			1	1	1
No. Other Organizations					2
No. Farm & Home Dev. Families	2	4	4		
No. Other Families Reached	35	37	120	130	124
No. Different Families Reached	240	245	233	260	251

The scope of work and information to the public have been achieved through special events, and instructors for special programs. A demonstration on hair styling and care was interesting to both club and non club members.

Hat making has been an interesting activity for different groups in the county.

Demonstrations were presented. Members made exhibits of various articles made. Twenty-five girls entered their exhibits in the County Youth, Fredericksburg or State Fair. Ribbons and premiums won afforded encouragement to older and younger members who participated.

C. Other Activities

1. Achievement Day

An Achievement Day Program was held with 4-H club members making reports on their different club activities as the program. County medals were presented and recognition given to different ones who had helped in special ways with 4-H club activities.

2. Contests

County contests were held to select the county representative for the District Contests. This was helpful in making 4-H program mean more to all club members and particularly those taking part in the contests. 4-H girls represented Caroline County in four demonstration contests.

3. Camp

Twenty-five 4-H girls attended Jamestown Camp. To many girls this is the outstanding event of the 4-H club year.

Two girls attended Jamestown Camp on a scholarship won in the Share-the-Fun Contest. Two other girls won \$5.00 scholarships on their project records at the end of May. Local sponsors provided the scholarships. It was hoped they would serve as an incentive to have their record books up to date and increase attendance at camp.

club project of landscaping the Health Department Grounds which the club had worked on for a period of several years. In the judging it received first place and a \$50.00 prize.

III. County Extension Program - Youth

A. Organisation

1. Adult 4-H Advisory Committee

The adult advisory committee has provided leadership to plan and carry out events in the club program. The committee members have provided transportation to District Contests, and helped with carrying exhibits to county and Fredericksburg Fair. One member served as a leader during Jamestown 4-H Camp.

2. 4-H County Council sponsored

- a. Rally Day Program held during the summer.
- b. Share-the-Fun Contest.

3. 4-H Clubs

Six clubs were organized in schools. Officers conducted the meetings and made reports to the paper. Members made exhibits and gave demonstrations.

4. Project Groups

Three older 4-H club members conducted project groups in their communities during the summer months. They helped members prepare exhibits for the county, Fredericksburg and Richmond State Fair.

B. Project Work

"So You'd Like To Sew" was selected as the project to be presented during club meetings in school.

This was considered as a special observance of National Home Demonstration Week.

In May a special interest meeting on hair styling and care was held. This was very much enjoyed and particularly helpful since Miss Tussing pointed out the different types and textures of hair and what to expect of each. She discussed facial shapes and features. By changing the hair style she showed what might be done to minimize poor features and emphasize good features. Some homemakers found the instructions to be particularly helpful since they could use the information in helping to style their little girls' hair.

Two special interest meetings in hat making have been held. Two clubs have scheduled hat making for their November meetings. November was opened for selection of demonstration. As part of the Achievement Day Program homemakers modeled hats they had made or restyled for themselves or members of their families.

To date approximately a hundred hats have been made or restyled by leaders and homemakers.

One lady who has a beauty shop in her home became very interested in working on hats. She has restyled many hats for her customers and has found it an interesting hobby. To date she has made or restyled 25 hats.

Four leaders served as judges at the Northern Neck Fair. Each of them found this an interesting experience.

Two members of the Bowling Green club prepared an educational exhibit for Fredericksburg Agricultural Fair. It represented the

The January demonstration selecting linens emphasized the use of labels for reliable information about an article to be purchased. In the discussion of the groups it was brought out the great variety of needs a homemaker may consider when buying household linens. It was brought out by members of the group that personal tastes would be a determining factor to many homemakers in the materials they selected.

The demonstration on floor finishes, covering and care emphasized knowing what to expect of the materials and following the manufacturers instructions in using and caring for the products.

The purpose of the home furnishing program was:

1. To select colors in new furnishings to harmonize with the old ones.
2. To improve the use of out-door living areas.
3. Apply principles of good lighting to exterior of home.

To accomplish these a demonstration in selecting colors for the home was given. The colors of the fabrics used are keyed to those used in good paintings. Harmony in color and texture were emphasized.

The homemakers gained a better understanding of degree of color and the size of space each should occupy.

A leader training meeting and demonstrations on planning home grounds gave many club members new ways to consider in using the space surrounding their homes.

C. Other Activities

The Caroline Clubs served as host for District XII Annual Meeting.

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in 1962 and to plan for special events to take place during the current year.

Sub committees have met to plan for various reasons.

- B. Subject matter and special emphasis area included in the Home Demonstration club program for the year have been Food and Nutrition, Consumer Education, Home Furnishing and Crafts.

The aim of the food and nutrition demonstrations were to help the homemaker:

1. Serve family and guests with ease.
2. Use home grown products.
3. Provide nutritional balance and variety in meals, refreshments and snacks.

The December demonstration of Refreshments from the Refrigerator tried to show how refreshments could be adapted to different ages and tastes. Nutritional values to be gained from foods was discussed and variety in ways the same foods might be prepared and served.

The July demonstration provided the leaders with easy to prepare and well balanced dishes. Most groups and leaders enjoyed the demonstrations. The agent was particularly grateful for the use of the Virginia Electric Cooperative kitchen and the assistance of the Home Service Representative in presenting the demonstration.

The purpose of consumer education in the Home Demonstration program was:

1. To point out reliable sources of information.
2. Consider needs in selecting materials.
3. Consider individual tastes when buying.
4. Follow instructions of manufacturer for satisfactory results.

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Since 5 major highways cross Caroline County traffice is heavy. Rescuas squad work is beneficial to both local people and tourists. Some money is provided by the Board of Supervisors plus volunteer contributions and labor make it possible to meet the many requests for aid.

Volunteer fire departments are located in Bowling Green, Ladysmith and Port Royal. Public funds and private contributions make it possible for this protection to be available.

Recreation facilities in Caroline County are quite limited.

Families in Caroline continue to find more of their income from sources than the farms. Homemakers, farm and non-farm who work away from home continue to increase. Some families continue to produce most of the family food supply through gardening, canning and freezing.

In Bowling Green there is one dealer who has storage facilities and buys grain. Livestock may be marketed in Fredericksburg, Tappahannock or Richmond. Grain may also be marketed in Ashland, Fredericksburg or Richmond. All tobacco is sold on the Richmond market.

Shopping centers for many Caroline homemakers are Richmond, Ashland or Fredericksburg. Few make Bowling Green their main shopping center.

## II. County Extension Program - Adult

### A. Organization

1. Home Demonstration Advisory Committee has met once during the year to plan the program for Home Demonstration Clubs

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heavy training program during the summer months affects the demand for rental properties less than do service personnel living here during a longer assignment.

The two white high schools are located in Bowling Green and Ladysmith . The colored high school is located in Bowling Green. New white and colored elementary schools are being built at Ladysmith. These meet and equalize educational facilities.

Income from lumber industries is second in income for the county. Off the farm employment for both men and women continue to increase.

To date, no major industries have come to the county through surveys for labor and contacts with industries made by the Junior Chamber of Commerce.

An active health department is housed in a War Memorial Building located in Bowling Green. Seven doctors serve people in various parts of Caroline County. Hospital service is available in Richmond and Fredericksburg.

Electric power is furnished by Virginia Electric Power and Company and Virginia Electric Cooperative. This is one of the largest source of employment in Caroline County. Many high school and college students find summer employment there a financial help to their continued education.

Tidewater Telephone Company and Terrell-Campbell Telephone Companies provide telephone service to most of the county. Better and more adequate telephone service is available in most parts of the county.

A rescue squad is located at Ladysmith and Bowling Green.

### I. County Situation

Caroline County is a rural area, with one fifth of the land occupied by the A. P. Hill Military Reservation. Incorporated towns are Bowling Green and Port Royal. Total land area is 348,160 acres. 37.4% of the land area is in farms. 1959 census reports 670 farms, a decrease of 499 farms since the 1954 listing was made. This decrease was due to official classification of farms.

Median of school years completed is 7.5 for entire county and 6.9 for rural farm families.

Caroline County is located in the Piedmont Section of Virginia between the Rappahannock River on the North, the Northanna and Pamunkey Rivers on the South. There is great variation in types of soil and fertility of the land. The soil and climate are suitable for cultivation, grazing and forestry.

The secondary and main highways in Caroline County are excellent in covering all parts of the county and in general maintenance. 90% of highways are hard surfaced. A part of Interstate Highway 95 will cross Caroline County. This should relieve some travel from Highway No. 1. The transient population for the county has been increased by families connected with the construction of 95. Changes in living and farming for some families have been brought about from the use of land for right-of-ways. Two bus lines furnish transportation between points North and South. Some local bus lines provide ways for workers to reach Fredericksburg and Richmond. Many private car pools make employment possible both within and outside the county.

Camp A. P. Hill contributes to the population changes. A

**The Most Important Contribution of the 1961 Program**

**As a result of this year's program the most outstanding contributions made to family living were: improved standards for home furnishings and providing greater opportunities for personal development to the youth of the county through the 4-H club program.**

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ANNUAL NARRATIVE REPORT

COUNTY  
EXTENSION  
WORK

FILED

*Virginia Agricultural Extension Service*

SUSAN COLE

**Name**

HOME DEMONSTRATION

**Title**

**Agent**

\_\_\_\_\_  
**Assistant Agent**

\_\_\_\_\_  
**Assistant Agent**

\_\_\_\_\_  
**Assistant Agent**



1961

CAROLINE

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**County**