

VIRGINIA

CARROLL Home Demonstration Agent Annual Report 1940
County

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REPORT FILES
EXTENSION WORK

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
CARROLL COUNTY
VIRGINIA

1940

Miss Grace Lee Martin

Home Demonstration Agent

December 1, 1939 - November 30, 1940

HOME DEM AGENT ANNUAL REPORT

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111. SUMMARY OF INDIVIDUAL ACTIVITIES

Days in field.....	212½
Days in office.....	91½
Days annual leave.....	7
Days sick leave.....	0
Days leave without pay.....	0
Legal holidays taken.....	6
Number home visits made(adult).....	525
Number 4-H Club Members visited.....	84
Total number different homes visited.....	225
Number office calls.....	381
Number telephone calls.....	42
Number news articles or stories published.....	101
Number individual letters written.....	1211
Number different circular letters written.....	325
Number meetings attended.....	295
Number miles traveled.....	9295
Number radio talks given.....	0

IV. THE COUNTY AND ITS PEOPLE

Carroll County was cut off and formed from Grayson County in the year 1842, and was named after Charles Carroll, one of the first settlers. The place for the county seat was first laid off at Gladesboro, but finally decided on Hillsville by the commissioners because this place was nearer the center of the 458 miles of boundary and was immediately in the old stage coach route between Wytheville, Virginia, and Winston Salem, North Carolina. This route is known as the Daniel Boone Trail and the Lakes To Florida Route, and is now traveled by the Greyhound busses that run from Jacksonville, Florida to New York, and other large northern cities. The Stuart Highway connects Hillsville, Virginia and Roanoke, Virginia, via Floyd. These important highways are bringing Carroll County in immediate contact with the outside world.

Carroll County is a great plateau that lies on the very backbone of the Blue Ridge Mountain. The elevation of the county seat is 2625 feet above sea level, and there are many points in the county with an elevation of more than 3600 feet.

The chief industries of Carroll are, farming, stock raising, mining, manufacturing. The Carroll County Hosiery Mill located in Hillsville furnishes employment to 180 people. There are approximately 4000 small farms in the county from which the majority of the population obtain their living. The main cash crop is cabbage, and in the past few years, beans and tomatoes are fast becoming leading crops, and in some sections tobacco and apples lead.

The chief water course is New River that flows through the northwestern side of the county. Big Reed and Little Reed Islands, Chestnut and Crooked Creeks all lead out from the Blue Ridge Mountain and flow northerly through the county, and many other streams furnish an abundant supply of water power.

On New River at Byllesby and Buck, will be found the dams and plant of the Appalachian Power Company, which furnish lights, not only for a large section of Carroll, but many of the counties and cities of Virginia and other states of the Union. The Cranberry Manufacturing Company of Woodlawn, Virginia, has a large power dam on Crooked Creek which furnishes power and lights to the town of Hillsville, Woodlawn, and a large rural section of the county. In the past three years over 150 miles of electric lines have been constructed in the rural section of the county by these two companies, and a large number of homes have been electrified. More lines are now under construction.

A number of homes have installed water systems in the past few years, and with the coming of electricity others are fast doing so, but the majority still obtain water from springs, wells, and cisterns for use in the homes.

Since Carroll has had a farm and home agent the projects that have been stressed most are, soil conservation, livestock improvement, horticulture, gardening, food preparation, and home improvement. Innumerable accomplishments have been made along these lines in the past few years. At least 2700 farms are signed up in soil conservation program; better livestock has been introduced; a greater variety of vegetables are being grown, especially greens; better balanced meals are being served; homes

have been improved inside and out, and more families are able to "live at home" on the small farms. With the present program Carroll County is looking forward to still better days in the near future.

V. FINANCIAL SUPPORT OF WORK

For the first six months of the year 1940 Home Demonstration work in the county was supported by an appropriation of \$375 made by the County Board of Supervisors to supplement the salary of the Home Demonstration Agent. At the July meeting the Board did not make the appropriation necessary to continue the work, but the amount of \$375 needed to continue the work for six months was raised by local subscriptions.

The County Board donated the use of the Woodlawn School Building for the Mattress Making Project for a period of six months.

VI. WOMEN'S WORK

1. Organization

a. County Homemaking Board

The County Homemaking Board was composed of the Presidents of the Home Demonstration Clubs and representatives of all agricultural and homemaking agencies as Extension, Farm Security, County Board of Education, N.Y.A., Vocational Agriculture, Vocational Home Economics and W.P.A. The Homemaking Board held two meetings a year, one in the spring and another in the fall. The chief functions of the Homemaking Board were to make plans for a well rounded program, to correlate the programs of all the agencies, to set goals that are adaptable to all communities, and to outline the county campaign for the year.

b. Farm and Home Board

On Saturday, October 19, a group of professional workers of Carroll County met with Mr. B. A. Warriner and Miss Helen Ricks, District Agents for the purpose of making plans for a Farm and Home Board which will combine the County Agricultural Board and the County Homemaking Board. The advantages of such a board were presented by Miss Helen Ricks and Mr. Warriner. It was decided to invite five men and five women from each of the magisterial districts of the county to a meeting to be held in the court room on Saturday, October 26, for the purpose of completing the organization of such a board.

On Saturday morning, October 26, a group of forty farm men and women, and professional workers of the county met in Hillsville for the purpose of organizing a Farm and Home Board. The county agent explained the organization and officers were elected for the year 1941. It is hoped that the Board will correlate the various programs that are being carried out in the county at the present time.

c. County Home Demonstration Committee

The County Home Demonstration Committee is made up of the Home Demonstration clubs in the county. At present the Carroll County Committee is composed of 16 members. The chief function of this committee is to plan the program of work for the year. Due to the uncertainty of the continuance of Home Demonstration Work in the county the meeting that usually precedes the Institute of Rural Affairs was not held. On September 18, representatives of seven clubs met with Miss Helen Ricks, District Agent, and the Home Demonstration Agent for the purpose of planning the program for the year 1941.

The major project chosen for the year is Home Improvement with special emphasis on Better Bedding and on Convenient Kitchens. The Federation Goal selected is the same as the past year, that of Health. The campaign issue selected is Better Bedding.

d. Home Demonstration Clubs

At present there are sixteen Home Demonstration Clubs organized in different communities in the county. The members meet together in a central point once a month, preferably in the homes. Each club has a President, Vice-President, Secretary-Treasurer, two Project Leaders and a number of leaders for various activities appointed by the president. It is the duty of these officers to conduct the meetings, carry on the project work with the assistance of the specialists and agent, and assist with any projects that relate to their community. The president is a member of the Home Demonstration Committee, and helps with the program planning, campaign issues, and other county programs. The project leaders attend Leader Training meetings and give a number of the demonstrations during the year.

e. Scope of Work

1. There are approximately 3250 white homemakers in Carroll County, 407 of which are being reached by Home Demonstration work and approximately 500 others are being reached indirectly through club members, leaders, county camping, community meetings, newspapers, and circular letters.

2. Enrollment for past year:

Year	No. of clubs	membership	no, reached indirectly
1938	13	450	1450
1939	15	530	1545
1940	16	407	1500

3. Clubs in Magisterial Districts

In the Magisterial Districts there are Demonstration Clubs as

follows:

<u>District</u>	<u>Number</u>	<u>Name of Club</u>
Pine Creek	3	The Knob Shorts Creek Dalton Hill
Sulphur Springs	6	Oak Grove Corinth Mt. Vernon
Laurel Fork	3	Laurel Fork Silver Leaf Turman
Pipers Gap	2	Pipers Gap Hillville
Fancy Gap	2	Cana Lamburg

2. Project Work

The major project for 1940 was Food and Nutrition with special emphasis on the Live-at-Home Program. The program for the year was planned at a meeting of the Home Demonstration Committee. In January the first work was done on this project. Each club member planned the year's food supply for the family, also a number of members made a canning budget for the year. The February meeting was devoted to demonstrations on "New Ways to Prepare Vegetables". During this month Miss Ruth Hamison conducted a leaders training meeting using as the subjects for her demonstrations "Quick Desserts Made From Canned Fruits," and the "Uses of Home Canned Fruits and Juices in the Diet". During the months of March and April demonstrations on the above were given in the clubs.

The months of May and June were devoted to the county campaign which was Health. At the May meeting a Home Sanitation Program was discussed and score cards worked out and sent to each club member. At a meeting of the professional group of the county each organization voted to cooperate in carrying out this program. The various agencies sent out score cards, leaflets, bulletins, etc. on Home Sanitation. It was decided to emphasize particularly the screening of homes. Several merchants gave their cooperation by offering special rates on screen wire. In June the club meetings were devoted to Home Care of the Sick. Demonstrations were given showing the care of a patient for a day. In some communities nurses offered assistance in giving these demonstrations. A home medicine cabinet was displayed at each meeting and bulletins on First Aid distributed in most of the clubs. •

The results of the major project cannot yet be evaluated but there is much evidence that the stress placed on the Live-at-Home Program has not been in vain. At a County Fair an excellent exhibit on the Food Supply for a Family of Five for one Year was sponsored by the Home Demonstration Clubs of Carroll County.

b. Minor

The minor projects chosen by the sixteen clubs of the county differed but some phase of Home Management received greater emphasis, particularly floor finishes, cleaning agencies and care of the Mattress, and other bedding. Christmas suggestions, care of poultry, and home gardening have been used in many of the clubs.

c. Community Project

The Community needs have determined the projects selected by the sixteen clubs. The one outstanding community project has been the naming of the farm homes. More than 50 farms have been named and registered in the office of the Home Demonstration Agent. Magazine exchanges have been established, rural library service furnished by the Bookmobile of the Carroll County Library Project has been sponsored by several home demonstration clubs. Others include the establishing of picnic grounds, and the cleaning of church and school grounds.

3. Project Leadership

a. Each year when the clubs are reorganized or when a new club is organized two leaders are selected for each club. These leaders meet with the specialists who come to the county and hold leaders training meetings on the project selected for the year. The leaders then go back to their clubs and give demonstrations for which they are trained. The project leaders gave a smaller number of demonstrations this year than previously due probably to the break in the work in the county. Only 19 were given.

4. Other Activities

a. One of the first steps in planning the campaign was the planning carried out in the various clubs of the county. Also a meeting was called of the professional workers of the county, at which time a score card for home sanitation was perfected. Each organization gave 100% cooperation in this campaign. It was decided to put special emphasis on the screening of homes. Score cards were distributed to members of the Home Demonstration Clubs, and to those enrolled in other county programs. Merchants were

contacted and many agreed to offer special rates on screen wire during the campaign. Many plans for sanitary toilets were distributed, also plans for enclosing springs. Due to the break in the work in the county the score cards were not returned on date planned and only a small percentage returned them at all. Number reporting screened homes at time of first scoring, 57; at second, 68; number reporting clean premises at first scoring, 56; second, 65; number reporting safe water supply at time of first scoring, 56; second 65; number reporting sanitary toilets at time of first scoring, 53; second 60. Of those reported 34 improvements were made. It is estimated that a large number were reached who did not report. More than 1200 were reached either directly or indirectly. The conservation of Health is of such vital importance in the county that the home demonstration clubs have selected Health as the Federation Goal for 1941.

b. Income Earnings

2. Private Sales

Most of the incoming earnings made by the women of Carroll County are by means of private sales. Some club members sell dressed poultry regularly to the hotel and many others sell home canned fruits, vegetables, preserves, and jellies to the hotel and cafes in the nearby towns.

c. Camp and Short Courses

No camp was held for the Home Demonstration members this year due to the break in the work.

d. Recreation

Several of the clubs held picnics. The goal of each club was to devote a few minutes at each meeting to recreation. Although this was not reached in every instance games and contests were enjoyed by the club at various meetings.

e. County Meetings

The Carroll County Fair was held at the Hillsville High School Friday and Saturday, September 27 and 28. Exhibits were arranged on Friday and opened to the public on Saturday. Club members exhibited garden and farm products, clothing, handicraft articles, canning and flowers. The home demonstration clubs of the county sponsored two exhibits, "A Food Supply For A Family of Five for a Year", and "The Construction and Care of a Mattress". Both exhibits were well planned and attracted a large number of people.

5. Participation in Federation

a. District

On April 18, the District Meeting of Federation of Home Demonstration Clubs was held at Pulaski, Virginia. The attendance was something over 500. Twenty attended from Carroll County. A most excellent report of Home Demonstration work in Carroll County for the past year was given by Mrs. W. H. Cruise, Chairman of the Homemaking Board. Each member came away with a much greater appreciation of the Federation and the service it renders.

b. State

During the week of July 30 the annual Institute of Rural Affairs was held at Blacksburg. Seven women attended from Carroll County. One woman represented the county and was present for the entire time.

c. National

No representatives attended the national meeting

d. Work on Federation Goal

The Federation Goal chosen for 1940 was that of Health. This goal was also the campaign issue. Preliminary plans were made at the spring

of the Homemaking Board on April 22. Miss Helen Ricks was present as well as representatives from the various public agencies in the county. The details of the work done on this goal will be found under Campaign.

6. Story Of Achievement of Your Best Club

The Turman Home Demonstration Club attains the highest achievement. The club has forty members enrolled and has an average attendance of over 20. This is a rural community and the club meets in the homes of the members. It is necessary for the members to bring their small children and they are cared for by a club member or older girl. The community project selected for the club was rural electrification, and the construction of the electric lines is well under way. The county and home agent attended a community meeting the purpose of which was to make definite plans for the project. Visits were also made to assist in this project. The leaders attended the training meetings and representatives attended the Homemaking Board meeting, Home Demonstration Committee meetings, District meetings, State meetings, and the County Fair. This club had excellent exhibits in the county fair, and supplied all the canned goods for the Live-At-Home exhibits which was sponsored by the Home Demonstration Clubs of the county. Probably the most outstanding thing about the club is the atmosphere that exists at the club meetings. All members enter into the activities of the meeting with a great deal of enthusiasm and there is not a dull moment. A great number of improvements were made in the homes of the members. A member who was enrolled in the poultry improvement program did the most outstanding

piece of work in the county. She converted an old shed on the side of a log building which was formerly a barn, into a most livable poultry house. All remodeling was done at little or no expense out of material found on the farm. She also built a very comfortable brooder house. Other members made advancements in poultry work. Several members requested the services of Mrs. McBride, Landscape Gardening Specialist, in beautifying the grounds of their farm homes.

7. Story of Outstanding Achievement by An Individual

Mrs. S has probably attained the greatest achievement of any individual in the county for the past year. She is the president of her club and 4-H club leader. She attends the leaders training meetings and takes an active part in every enterprise that advances the program of her community or the county. She was a member of the County Home-making Board and is a member of the newly organized Farm and Home Board. She is enrolled in the poultry improvement project, and has made an excellent record. She asked for a culling school at her home which was attended by several club members from her club. She constructed a brooder house as a part of the poultry improvement program. She was a chairman appointed to arrange the exhibits sponsored by the home demonstration clubs at the county fair. She attended the Training meeting for the leaders at the mattress center and is now making definite arrangements to open a center in her community at an early date. She has been able to increase her income by selling poultry, canned goods, jellies, etc. at the hotels and cafes in the nearby towns. She has made it possible for her daughter who is in high school to start a bank account to be used for expenses in attending college. This, she is doing by the poultry and dairy projects that she carries in 4-H Club work.

VII. 4-H Club Work

1. Organization

a. County Council

The County 4-H Club Council is made up of all officers of the 16 4-H clubs in the county, with leaders and honorary members. The council meets in the spring and fall for the purpose of making the county plan of work for the year. The goals set for the county for the past year were:

1. Hold two meetings each year.
2. Conduct all meetings according to Parliamentary Procedure.
3. Have exhibits at County Fair.
4. Hold 4-H Club Camp at the Carroll County Recreation Center.
5. Send representatives to the State Short Course at Blacksburg.

The Requirements For a Standard Club

1. Have efficient organization
 - a. Regular monthly meetings with 90% attendance
 - b. Have written plan of work
 - c. Have program made in advance
 - d. Have two adult project leaders
2. 90% of members must complete projects
3. Have 75% attendance at council meetings.
4. Pay dues to County Council
5. Be represented at Camp and at State Short Course
6. Take part in special county events.

b. 4-H Clubs

There are 16 4-H Clubs in the county with an enrollment of 432 up to date. The officers of the clubs are; president, vice-president, secretary-treasurer, recreation leader, reporter, and two project leaders. All the clubs but two meet in the school during the school months.

2. Project Work

The 4-H Program for 1940 was a "Family Activity Program" with special work being done in foods. The following is an outline of the project work for different months.

November	Table Linens
December	Christmas Table Decorations
January	Table Etiquette
February	Setting Table For Family Meal
March	Setting the Buffet Table
April	Foods for Breakfast
May	Planning a Breakfast
June	Preparing and Serving a Club Breakfast
July	Preparing and Serving a Buffet Supper
August	Serving Family Dinner
September	Homemade Cosmetics
October	Election of officers and reports

145 reported as having completed their projects. 627 dishes demonstrated at the club were served at home; 1511 meals were planned and served by club members; 2655 containers were filled by club girls. Each of the girls kept a club notebook, the food score card, and a personal account record. Each girl assumed home responsibilities on which she reported on a monthly record sheet each month.

c. Health Work

Each girl enrolled in 4-H club work kept a food score card and a Health score card. Only 69 members reporting were five pointers, 118 checked improvement in personal cleanliness; 117 reported improvement in work clothes and shoes; 108 improved in posture; 101 improved in food habits; 66 assisted in screening the house; 92 reported water supply free from surface contamination; 110 reported clean grounds around homes and barn; 106 reported sanitary disposal of garbage.

d. Story of best project work by individual

The most outstanding 4-H Club member of the year 1940 is the girl who was selected to represent the state at the National 4-H Club Camp at Washington, D. C. Her record for the past six years has been outstanding. During the first five years she missed only one club meeting. She has served as president of the 4-H County Council for the year 1940. She attended the all star conference and the short course at Blacksburg and was selected the vice-president for the Short Course for 1941. She served as president of her club for 1940. She has not only entered into the activities of her club but has done much to promote the program of 4-H Club work in her county.

3. Community Activities

a. Each club was encouraged to have socials as often as it seemed possible. Some small recreational activity was carried out at each club meeting such as songs, games, contests. Several clubs have socials for the holidays.

c. Raise Money

Each club was presented at the beginning of the year with suggestions for money making. Each club has been encouraged to sponsor some event on which they might make some money for their treasury. Several tacky parties, Halloween parties, pie suppers, etc have been held during the year.

4. Local Leadership

a. Leader Training Meetings are held by the specialists on the major project and these leaders in turn gives the demonstrations to their clubs. Each club has two leaders who assist with other activities of the club as well as the demonstrations such as checking notebooks and keeping records up to date.

b. Results Obtained

The leaders did not attend the training meetings well and, therefore, did not hold many meetings alone. Three leaders did commendable work.

5. Other Activities

a. Camp

The girls 4-H Camp was held at the Carroll County Recreation Camp, June 24 to 29, with an enrollment of 23. Miss Violet Robinson of Blacksburg, Virginia, assisted the agent in directing the camp. Mrs. Roy Kyle served as instructor in handicraft. Instructions were given in swimming, handicraft, table etiquette, and nature study. One leader attended for the entire time and two others were present for two days. The girls assisted with the preparation and serving of the meals.

2. Eleven girls and one leader attended the State Short Course in Blacksburg held July 22 to 27. Two all-stars from the county attended the All-Star-Conference which preceded the Short Course.

b. County Events

Fair

The fourth Carroll County Fair was held September 27 and 28 at the Hillville High School. The 4-H girls had an attractive exhibit in the Home Economics Cottage. Prizes were given in the form of blue, red, and yellow ribbons. Miss Helen Ricks judged the exhibits.

6. Story of Achievement of Best Club

The St-Paul Club has an excellent record for the past year. The club was organized during the latter part of November 1939 with a teacher of the school as a leader. The meetings were held in a room of the school building not in use, during the school term, and during the summer months were held in the homes of the different girls. Three of the girls and the leader attended the county camp. Each of the girls kept a notebook which she exhibited at the November meeting. The interest shown by the girls at their meetings is very encouraging, and the club is looking forward to another successful year.

VIII Older Youth

There are no older youth organizations in the county as the present time. The surveys made in 1939 have been given some consideration and plans are under way for some older youth organizations for the county.

IX. Progress Made During The Year.

Only one new home demonstration club was organized in 1940, but five

4-H clubs were organized. The attendance in the home demonstration and 4-H clubs seem to be about the same as 1939. The county meetings as a whole are better attended. The requests for help from individuals seem to have increased. Probably the most outstanding progress has been made in the Mattress Program that is being partially sponsored by the home demonstration work in the county. More than 1800 applications have been received and the total is expected to reach 2500. The members of the home demonstration club have assisted in giving instructions at the county Mattress Center.

X. History and Appraisal of Home Demonstration Work in the County.

1. In 1931 Mrs. S. C. Ferguson and others from the Extension Service at Blacksburg, Virginia, came to Grayson and Carroll Counties in an effort to obtain county appropriations for Home Demonstration Work. Mrs. Ferguson was home agent for the two counties until 1932, at which time she was placed in Carroll County as agent there.

"According to the record of 1932-

"The ladies of Carroll County have agreed to employ Mrs. S. C. Ferguson at their own expense, in so far as Carroll County is concerned, for the remainder of the year 1932, upon condition that the Board of Supervisors of Carroll County will appropriate \$750.00 toward the salary of said Mrs. C. S. Ferguson for the year 1933". "Now therefore, be it resolved, and upon motion duly recorded and carried, it is ordered that the Board of Supervisors of Carroll County, herewith agree to appropriate the sum of \$750, to apply on salary of the said Mrs. C. S. Ferguson, as Home Demonstration Agent for the year 1933, only upon

condition that they, the said Board of Supervisors of Carroll County will not be requested to appropriate any amounts to defray the expenses of the salary of the said Mrs. Ferguson for the remainder of the year 1932".

Also, according to the records Mrs. Ferguson was paid her first salary in February 1933. Mrs. Ferguson remained in Carroll County as Home Demonstration Agent until November 1, 1936, at which time she resigned to take over the Welfare Work in the county. On November 1, 1936, Miss Juanita Maupin was placed in Carroll County as Home Demonstration Agent.

In December 1939 Miss Maupin resigned to accept a similar position in another county as was succeeded by Miss Grace Lee Martin.

2. During the early years of the work there were very few leaders, and still fewer who gave demonstrations.

3. The program was usually suggested to the club by the agent from an outline prepared previously by specialists from Blacksburg. Today the program is the outgrowth of the particular needs of the people.

4. Since there has been Home Demonstration Work in the county, the women have an opportunity to express their views and ideas; receive training from the State Specialists; preside at meetings and give demonstrations before groups; and take part in the county wide affairs. The changes in homes and farms are apparent. Home gardens provide a greater variety of foods, and better balanced meals are served. The greatest change is in the women themselves, who have begun to realize that they are individuals and have a vital part in county and state affairs.

5. There are many points in favor of extension as a profession. The agent comes in close contact with the people with whom he or she is working, and therefore, has a better opportunity to learn their problems and how to meet them. There is still a big field open to Extension workers, however. The subject matter needs to be expanded into the fields that have not been touched on so far as: Farm and Home Management; Child Development; and along cultural lines. Also out of school youth presents a great problem that is just beginning to be touched upon. In a few years, we as extension workers, will be building our program around these problems.

XI. Plans and Goals for 1941.

The major project selected for 1941 is Home Improvement with emphasis on the bed room and kitchen. The improvement of the bedroom is in keeping with the mattress program that is being carried out in the county. The demonstration for December will be "The Selection and Buying of Bed Furnishings; January, "Adequate Storage Space for the Bedroom; February, "Bedroom Arrangement; March Care of Bedding; April, Evaluation of the Unit on the Bedroom; a visit to a demonstration room when possible; May, Planning the Kitchen; June, "Finishes For the Floor and Working Surface"; July, "Selection and Buying of Utensils and Small Equipment; August, Inspection Tour of Convenient Kitchen; September and November will be devoted to minor demonstrations while October will be the annual business meeting.

Several communities are asking for the organization of 4-H clubs.

Much progress has been made in the county Recreation Camp during this year including the installation of water and electric lights and screening of the building. Plans are being made for further improvements.

It is expected that the greatest progress will be made in the mattress program. The goal set for the county is the construction of 2500 mattresses. Two additional centers have been established, and three others will be established at an early date.