

Lack interest and have to discontinue as a result of lack of officers. Perhaps some new method will need to be used to meet the needs of these people, such as the use of more community subject matter demonstrations, etcetera.

It is hoped that the county committees will meet early in the new year, review the situation and set up short time goals with plans for reaching.

Farm and Home Development phases also needs greater emphasis next year.

However, with the weaknesses of the program in mind and the challenges of the extension program, the agents will endeavor to disseminate helpful and scientific information to as many people as possible.

at Research Center at Beltsville and National Arboretum at Washington, D.C. on May 7.

The subject matter sessions at Extension Conference were timely and helpful. Conferences with the District Agent are always helpful as well as the sessions at District meetings.

Assistant Agent attended new extension workers conference at Blacksburg in September.

#### XI. OFFICE AND WORKING CONDITIONS

A new desk lamp has been added. Files are being cleaned out and subject matter straightened out, which makes files more usable for reference material. The home agents try to keep good working relations with secretaries, and this helps in establishing good working relations among the entire county staff.

#### XII. THE LOOK AHEAD

It would take at least three or four agents to teach and more nearly reach the masses of people who are residing in this county. If this present assistant agent could be maintained for a greater length of time, instead of losing her to another county, we could do a better job. Only one year as a beginning agent serves as a training period, and when she is familiar with the work she is moved on. This is a great detriment to progress in this county.

Since many more people are working, and this is such a fast moving age, the difficulty continues to exist in securing and keeping competent 4-H leaders and also leaders of the home demonstration clubs. Some clubs

Foods Corp., Mayhugh and Watts, Southern States, Hinson Gas and The Suburban Gas, and others.

Agent worked with representatives of Gypsum Company on three different occasions to find suitable stories for the magazine "Business of Successful Farming". In November, they took pictures for a story on the remodeled home of Mr. and Mrs. Gordon Armstrong for one of their future issues.

#### X. PROFESSIONAL IMPROVEMENT

Both agents are members of the two major professional organizations, N.R.D.A.A. and V.H.D.A.A. and H.H.E.A. and V.H.E.A. The agent is an officer of V.H.D.A.A. and serves on committees as requested; also serves on state extension committee on New Agent Training and in service training of agents.

The latest professional magazines and the Washington, D.C. newspapers are a contact source of new information. And agent training meetings, arranged by District Agent are helpful.

A 4-H agent training meeting on "Your Room" was attended by the assistant agent conducted by Miss Jamison.

The four-day Communications Training Meeting, under the directorship of District Agents, Miss Eva Minix and Mr. G. H. Clark. This training, even though time consuming, I believe to be most valuable in conducting the Extension Program in the County.

The extra day devoted to study of evaluation, with Mrs. Fessenden of the Federal Office, too, was most helpful.

The agent toured Department of Home Economics and Human Nutrition

3. Plans are under way now to teach Red Cross Canteen Course to four or more groups early in 1959

4. The agent, member of Jamestown Camp Board of Directors attended board meeting in January and May.

#### IX. PUBLIC RELATIONS IN COUNTY.

##### A. Co-workers

An extension program, designed to help meet the needs of all the people of Prince William County is the goal of the Home Agents. Work is conducted cooperatively whenever possible. We cooperate with Extension in neighboring counties, too, when feasible.

##### B. General Public

Newspaper and radio are means used to inform the general public of extension activities. The public is always invited to county wide 4-H functions and Home Demonstration functions, such as the home tours, county contests, Achievement programs.

##### C. Elected Representatives

Members of Board of Supervisors are invited to attend county wide activities and other community programs of interest. Periodic reports of extension activities are given to the Board. Good working relations are established with all county officials.

##### D. Commercial Interests

At all times, we strive to secure and maintain good public relations with commercial businesses. Good relations are evident through the contributions and assistance given by such firms as the furniture company, Prince William Electric Cooperative, McMichael's Service Center, Manassas Frozen

and the entire county will be rewarded and have a feeling of closeness with Italy after hearing Jim's report.

## 2. The Home Economics Building at Fair Grounds

We have battled rain, hurrican, mud and dust with use of tents during the eight years of fair. Clothes and other articles of value have been ruined from the elements, yet the home economics section is quite important to the success of the fair.

The Veteran Farm Club, owner and organizers of the fair did not have capitol enough to build the building. Yet it was imperative that the home economics building be built or home economics exhibits would decrease to very minor proportions. So, the necessary funds were raised, and the building was ready for the 1958 fair. It was most attractive and so well lighted that the exhibits were elegantly displayed, and people could not help but stop and look.

The effort was not in vain.

## VIII COOPERATIVE WORK DONE WITH OTHER AGENCIES OR GROUPS.

1. This county now has a civil defense program with a full time civil defense coordinator. The Home Demonstration clubs are going to be the main method of disseminating home type information into the homes. This plan has been started in 1958, but most of the work will actually be done in 1959 and later.

2. The Prince William Electric Coop. has been most helpful to both the 4-H and H-D Programs. They have continued to promote the good home lighting program, have given demonstrations and helped with 4-H electric projects. The home agent has also helped by giving demonstrations for the coop. since they have no home economist.

7. Learned a new craft - copper tooling.
8. Held rummage sale April 26.
9. 4-H and Club held cake walk - May 23.
10. Sent one 4-H member to Jamestown.
11. Welcomed a new member from Tokayo, Japan, who has really enjoyed herself and profitted by joining the club. We are proud to have helped her, and she is proud to be a member of the club.
12. Held Stanley Party to raise funds for fair building.
13. Held rummage sale August 30 to make remaining balance of fair fund.
14. Received blue ribbon for fair exhibit.
15. Opened savings account to keep treasury in.
16. Have set aside \$30.00 toward sending 4-H'ers to camp in year 1959.
17. Learned the art of quilting which was new to most of us.
18. Will make donation to Heart fund in February. Will also donate to T.B., polio drives, etc., in the coming year.

We are always aware of the needs of others, and constantly trying to help someone in some way whether large or small.

#### F. Significant achievement of Extension Work.

Two things come to mind repeatedly in this report and both have been elaborated at great length so will comment on each.

##### 1. James Johnson - IFYE to Italy

For two years IFYE's have come to Prince William County, one from France and one from Finland. So some of our 4-H members became interested in becoming an IFYE and Jim Johnson was chosen. Sending an Ambassador of Good Will to Italy is quite an undertaking, yet an honor

Bucky's story runs about the same and both have livestock, which have won for them many awards at the Fair. Both children and parents have a great interest in the fair and have devoted freely of their time in its promotion. Mrs. Landes, too, is a most active home demonstration club member and transports other members to club and county meetings. This year they have a new addition to their family, a baby daughter.

All the Landes family are hard working. Mr. Landes has off farm employment so all cooperate to get the farm work done.

Two years ago the Landes family moved from their old home to a new home which they are enjoying very much. They produce their own family food supply and carry out a good live at home program.

This is a typical farm family but an exceptional one.

E. Activities and outstanding accomplishments of one club.

The Quantico night club report follows in their own report:

1. Still sponsoring a growing 4-H club.
2. Sent money for pennies for friendship.
3. Helped several families in need with clothes, also sent clothes to church for overseas relief.
4. Remembered several people through the year with flowers, baked goods, etc.
5. Helped with luncheon to send James Johnson to Italy. (We have probably been prouder of this than anything we've done this year. The letters have been read and re-read and we are hopeful that he will address the club next year or sometime we may be able to attend a function where he will speak.)
6. Attended Mark Evans luncheon in Washington.

#### 5. Young Men and Women's Clubs

	<u>1954</u>	<u>1955</u>	<u>1956</u>	<u>1957</u>	<u>1958</u>
No. club officers	3	5	12	16	16
No. leaders or sponsors	22	75	39	24	30

#### C. Activities of an outstanding leader.

Mrs. Beryl Hoscher, president of the newly organized Quantico Night club in 1956 and 1957 became interested in the youngsters in the town of Quantico who had little to do. She organized a group of 30 boys and girls, and they studied wildlife, along with the club's study of Wildlife as a phase of Art in Daily Living. This group had 4-H club exhibit during National 4-H Week and entered a nice exhibit at the Prince William Fair. They have done this now for two years.

Mrs. Hoscher has secured scholarships for members to attend camp, setting up these scholarships as awards. One member, scholarship winner in 1958 was listed a type of epileptic with troubles stemming from some home environment. We took the child and all worked out satisfactorily.

Mrs. Hoscher has 30 club members, boys and girls enrolled for the new year.

Even though she has three small children to care for, she finds time to do an outstanding job for this club.

#### D. Activities of an Outstanding Family

Nancy and Bucky Landes have both been members of the Buckhall 4-H club since they were ten years old. Nancy has carried foods and clothing projects. She has served in all leadership capacities and is now serving as a Junior Leader. She has entered county, district, and state demonstration contests. She plans to enter Longwood College when she graduates.

Extension Agent would be so limited. Volunteer leaders who serve in the home demonstration program are also becoming better leaders in their community.

#### B. Growth of Leadership

##### 1. No County Extension Service Board

##### 2. Home Demonstration Club Leadership follows:

	<u>1954</u>	<u>1955</u>	<u>1956</u>	<u>1957</u>	<u>1958</u>
No. organizational leaders			80	84	80
No. project leaders (subject matter)	171	156	168	185	190
No. Federation program of work chairman	20	20	20	22	43
No. program development leaders	19	19	25	24	23
No. result demonstrators	25	39	35	21	20
No. training meetings by specialists	8	6	5	4	6
No. training meetings by dist. agents		1	1	1	2
No. training meetings by agents	19	20	24	16	20
No. training meetings by others					5
Attendance at all training meetings	269	300	253	210	342
No. meetings held without an agent	114	135	149	126	210
No. meetings leaders assisted	155	175	160	170	266
Demonstrations by leaders	111	114	115	123	180
Talks and discussions by leaders	180	171	177	182	238

##### 3. No active county Youth Council

##### 4. 4-H Club Leadership follows:

	<u>1954</u>	<u>1955</u>	<u>1956</u>	<u>1957</u>	<u>1958</u>
No. Club Officers	92	100	88	105	125
No. adult project leaders	32	40	40	42	36
No. junior project leaders		20	17	15	15
No. result demonstrators	6	6	9	8	5
No. training meetings by specialists	2	5	3	2	2
No. training meetings by dist. agents			1		
No. training meetings by agent	14	15	16	16	9
No. training meetings by members club dept.	2	2	1	1	1
No. training meetings by others					
Total attendance at ldr. training meetings	92	150	146	120	113
No. 4-H leaders trained individually	30	30	33	35	30
No. club mtgs. held by ldr. w/out agent	96	110	74	77	79
No. additional club mtgs. at which leaders assisted	69	75	188	122	115
No. demonstrations given by adult ldrs.	94	89	114	120	112
No. demonstrations given by junior ldrs.	36	36	56	65	58

Clubs with well trained and efficient officers are most successful throughout their year but some officers and leaders, with less training and less experience have difficulty in keeping club interest. However, the training they receive and the experience they give through club activities, is knowledge and confidence gained for other leadership roles in the community.

#### 2. Program Development

Even though training meetings are held, these leaders are very carefully selected. These persons need a real interest in the Extension program. They should realize the needs of people, guide discussions well, and recognize not only club needs but basic needs of the community.

#### 3. Subject Matter

Subject matter leaders many times can do a better job of teaching than the home agent, because they are more aware of the needs of the people in their club. Leader training meetings are held and at that time leaders and agents decide who will give the demonstrations. When leaders understand that they are responsible for giving the demonstration, they will check reference material and work out good demonstrations.

The newest club, Woodbine, had a successful meeting with leaders giving their first demonstration in February.

#### 4. Federation Program of Work Chairman

Different phases of Art in Daily Living were selected this year but each club could approach Art in Daily Living in such a way as to interest its own group. Training meetings were held for leaders, followed by periodic letters from the County Program of Work Chairman.

Without the volunteer leaders, all of them, the work of the

## B. Increased scope of work

The home demonstration exhibits at the county fair serve as a great educational feature. More than 20,000 people attended the fair this year and these exhibits are educational in nature.

Radio has been a means of informing people about the extension program.

Demonstrations were given to two new groups in March. The Garfield Estates Civic Club Auxiliary with fifteen members present seemed to enjoy the foods demonstration. Other educational leaflets were displayed and an explanation of Home Demonstration Club work was made by the home agent.

In Yorkshire Acres, a settlement where many home owners are building their homes on their spare time, I gave a demonstration on cleaning equipment, the demonstration of the month, and explained the home demonstration program. Nine people attended on a rainy night. One new club was organized as a result of this work.

Agent gave demonstration to another unorganized group, Hickory Grove, in April.

Another highlight is the beginning of participation on the local radio broadcasting station. Both the Home Agent and Assistant Home Agent were interviewed on the first program and they have a five minute spot weekly.

## VII. LEADERSHIP

### A. Contributions of Volunteer Leaders

#### 1. Organisational

trips were from Prince William County. It was an additional thrill to have David Johnson win a \$400.00 scholarship in Entomology in the national contest.

Miss Evelyn Barker, of 4-H staff, visited the staff working with 4-H clubs and the conference was helpful in analyzing the 4-H situation and making plans for the future.

The clubs cooperated with American Legion Auxilliary again this year and sold Memorial Day poppies.

#### D. Young Men and Women's Work

Three home demonstration clubs have been included in this group and one new group was added. All activities of this group have been included in the home demonstration section of this report.

Work with the Veterans' Farm Club and the Fair Club Auxiliary, on plans and operation of the county fair, is continuous. This five-day fair is the largest in this Northern Virginia area and provides a wonderful opportunity for people throughout the county to work together.

#### VI. SCOPE OF WORK - 1958

	<u>1953</u>	<u>1954</u>	<u>1955</u>	<u>1956</u>	<u>1957</u>	<u>1958</u>
No. H. D. Clubs or Groups	19	19	19	19	21	21
Membership	500	500	525	525	525	525
No. 4-H Clubs	16	17	25	26	26	25
Membership	291	305	426	456	328	293
No. YMC Clubs		3	3	4	4	4
Membership		57	62	85	84	84
No. Community Clubs						
Membership						
No. Home Ec. Committees					4	4
No. General Interest Committees					1	1
No. Youth Committees					1	1
No. Other organizations					6	6
No. Farm & Home Dev. Families					3	3
No. Other families reached	900	1020	1000	1120	1135	1140
No. different families reached	1900	1460	1480	1495	1500	1550

Acts in our Share-The-Fun, and 2 Senior Acts.

#### 6. IFYE

James Johnson, 4-H Club member and V.P.I. student was selected to go to Italy as an IFYE. So \$825 had to be raised. All 4-H clubs started in February having food sales, dances, etc. to raise money for the cause. Home demonstration clubs and many other civic clubs made substantial contributions. All money was raised and Jim left in April and returned on November 14. Jim's letters have arrived frequently and have been read and enjoyed by all the clubs and others. They were published in the newspaper, also.

#### 7. Other

Our annual Achievement Day was held December 18. Approximately one hundred and fifty 4-H'ers and parents were present. "The Chicago Review" was one of the main highlights of our program. A skit was given and slides on club congress were shown by our State winners. County awards were given to 25 girls and 11 boys. Reports on 1957 4-H work in our county and 1957 4-H camps, fairs, and trips were given by 4-H'ers. New Honor Club members for this year were recognized.

4-H'ers were quite busy the first part of this month working on the Christmas float for the Christmas parade. Two of our days were spent on planning and building the Christmas float.

Rural Life Vesper Program, May 11, was planned by the county council. Between 75 - 100 persons attended and this will probably become an annual affair.

The first six days of December were spent by agent at the 4-H Club Congress in Chicago. It was a very wonderful experience and a privilege to accompany the group, especially since five winners of Club Congress

Both agents helped prepare 4-H County winners for the District Contest which was held at Madison on March 22. Eight girls entered contests and three were blue award winners and will represent our district at the State contests, Nancy Landes, Freezing, Nancy Lee in Foultry Consumption and Carol Keys in Home Improvement.

Mary Ann Miller in Breads and Jean Halsey in Food Preparation and Shirley Robinson in Dairy Foods, were Red Award Winners.

Margot Powell in Style Dress Revue, Connie Epling in Laundry were white award winners.

Four boys, two of whom received guidance by Home Agent and five girls entered record books in the State Record Book Contest.

Two girls won in county talent contest and one boy and one girl, county public speaking winners will compete in district contest. This talent and public speaking program, an annual event, was most interesting and drew a good attendance.

#### 5. National 4-H Week

National 4-H Club week was observed in Prince William County by Club exhibits (placed in local windows), by a section in our local newspaper on 4-H work in Prince William County, and by a radio broadcast made up of County Council Officers telling of the results of 4-H Club work.

More ads than ever were secured by the teams of 4-H'ers. Articles were written, pictures collected to make the section in the paper most interesting and informative.

Our "Share-The-Fun and Public Speaking" program also a part of National 4-H Week, were quite successful with 3 Junior 4-H'ers entering public speaking, 3 Senior 4-H'ers entering Public Speaking, 15 Junior

home demonstration agent met with 4-H Clubs to make fair preparations.

The Prince William County Fair was held the week of August 11-16. It was a most successful week. The new Home Arts and Crafts Building was completed in time to be used for fair exhibits. A special 4-H Day was held during fair week for 4-H members. This day was planned and directed by the 4-H Honor Club under supervision of the Assistant Agent. Nine 4-H clubs prepared exhibits for the fair.

Entries in 4-H departments are good in both livestock and home-makers sections. Judging of all 4-H exhibits is done on the Danish System.

#### 4. Contests

Training meetings were held in two parts of the county on "How to Give a Demonstration". This was to prepare the 4-H'ers for their county contest which was held January 4. Demonstrations were given by our State and District 4-H winners.

Our County Contest for 4-H girls was held January 4. We had approximately 27 girls participating in the demonstrations and style dress revue. Out of the 27 girls participating, 12 of these girls were in the Senior Division and 15 were in the Junior Division. Demonstrations were given in all classes of foods, laundry, and room improvement.

Our district contest was held in Madison March 22. Prince William had eight girls entering in the following demonstrations: breads, dairy foods, poultry consumption, freezing, food preparation, laundry, room improvement, and style dress revue. We were quite proud of our district winners in freezing, poultry consumption, and room improvement.

Our district public speaking and electric contests were held May 9. Out of three 4-H'ers attending, two were winners.

Two girls and one boy with one leader attended Conservation Camp at Virginia Beach.

Senior camp with 12 club members and 4 leaders attended with members from 12 counties. The agent was director of the camp, a very difficult task, but rewarding. An evaluation questionnaire was sent the 73 club members attending about 3 weeks after their return from camp. General opinion was that the camp was successful. Classes, vespers, extra activities, free time were good and satisfactory. Crafts were not adequate to challenge the individual.

Warren Miller directed recreation at camp for the entire summer and was highly commended for his work.

The Home Agent serves on Jamestown Camp Board and attended all but one meeting.

## 2. Short Course.

A class "Up the 4-H Ladder" was taught by agent at short course.

A school bus with Eddie Russell, a 4-H leader for 23 years and Johnnie Russell as drivers and chaperons, took 17 club members to short course. Two majorettes won tryouts and participated on Share-The-Fun Program. Carol Keys was state winner in Room Improvement demonstration and received a \$50.00 bond. Three other girls gave demonstrations in state contests and Warren Miller directed recreation at one of the classes at Short Course.

## 3. Prince William Fair

The first week in August was devoted mainly to preparations for the Prince William County Fair. Home Visits were made. Pictures were taken for publicity and other varied fair preparations made. The assistant

particularly good job, having entered her record book in state contest and in the state demonstration contest, she won first place, a \$50 bond.

#### 5. Health

This was a popular subject and was taken by 165 younger club members. Ten more took Home and Family and Community Health. Topics included "Prevention of Common Cold" and "First Aid Kits" and many other health subjects.

#### 6. Electric

Unit I was carried by the Cedar Ridge Club and one older member, Jean Kriesel is in her 4th or 5th year of Unit II, with several others.

The Assistant Agent attended State 4-H Electric Congress in Richmond with Viola Vorhauer and Campbell Stickley, County electric winners. Prince William County was honored to have one district winner, Jean Kriesel, who won a watch. Jean Kriesel and Ruth Ann Skelton participated in the talent programs at Electric Congress.

#### 7. Other

Thirty eight older girls enrolled in Leadership project. Twenty five in Wildlife and 38 for Citizenship. Wildlife is by a school club group, but the other two are carried by members in the Senior Club.

### C. Other Activities.

#### 1. Camp

Junior camp was held at Jamestown from July 1- 5 with 40 girls and 20 boys, four leaders, and assistant agent attending from this county. Due to the expected large attendance from four counties, no great effort was made to secure scholarships and increase attendance.

Milk in diet was featured in clubs in February and March.

## 2. Clothing

1. Teach how to be well-groomed.
2. Teach techniques in beginners' sewing.
3. Teach styles, materials, for various occasions and types

of figures.

4. Teach appreciation for and care of clothing.
5. Teach how to construct garments.

Looking Your Best, Make or Remake and So You'd Like to Sew are included. Many of the school projects on a group basis were "Looking Your Best" which proved very successful, especially for the younger members.

So You'd Like to Sew was carried by a small group of beginners and Make or Remake was taken by 47 members.

Yorkshire 4-H Club is a group of young members, and they are taking a sewing project this summer for the first time. One all-day meeting and three morning meetings were held by the club with leaders. The girls completed blouses to enter in the county fair. Several of the members had never sewed with a machine. It has been interesting to watch them progress step by step.

## 3. Home Management

Washing and Ironing were the two projects in this group which we carried. Demonstrations on Laundering a sweater was given at county contest and winner competed at district contest.

## 4. Room Improvement

Your Room and Your Home were taken by four and two respectively. These are taken by those with special interest. Carol Keys has done a

## B. 4-H Project Work

The Project Planning Committee selected appropriate projects for the winter work. All clubs had a choice between two or three projects. Then a few clubs that had active leaders continued the same project for the entire year. From the members attending school clubs, some community summer clubs were organized. So there is a variety of projects which have been conducted in various ways.

### 1. Food and Nutrition

Objectives and Procedures follow.

#### a. Objectives:

1. Teach good work habits.
2. Teach different methods of food preparation and preservation.
3. Improve eating habits of club members.

#### b. Procedures:

1. Demonstrate at club meeting.
2. Let members "Learn by doing" and demonstrating at the meetings.
3. Use illustrative materials.
4. Set up exhibits at Fair and during National 4-H Week.

Bread, food preparation and food preservation and outdoor meals were included in the project work of 144 girls. Eighteen girls and four boys in one club took outdoor cooking, Manassas Park, Activity, Buckhall, Dumfries, all out of school clubs took one of the food projects. They started out by learning the basic foods, what should be eaten daily for good health. Girls give demonstrations in the clubs and get experience in working before groups. Then they can compete in County Contests.

Junior leaders conducted officer training classes at the first meeting of the year.

### 3. All-Stars

One meeting of all stars was held. All Star prospects were discussed, and recommendations for All Stars and alternates for 1958 were made. The 1957 All-Stars and parents attended the Key Award Banquet, courtesy of Cities Service.

### 4. Honor Club

In 1958 nine girls and three boys were tapped at Achievement Program to have Honor Club members.

The club met last December for initiation service, election of officers and selection of individual services they chose toward furthering the 4-H program.

The Honor Club was also responsible for the section of news paper devoted to 4-H during National 4-H Week.

### 5. Project Planning Committee

Five leaders and six 4-H club members met with agents in August to decide on projects to present to the club. Programs for in-school, out-of-school, Jr. clubs, Sr. clubs, and community clubs were planned.

Safety and health, electricity, clothing and food preparation were chosen during the leader 4-H planning meeting for community 4-H clubs to choose from for their club projects. The clubs have been particularly interested in safety and electricity this year.

Safety and Health, electricity, housekeeping, and looking your best were chosen by the planning committee for the school 4-H clubs to choose from as their club project.

	Short Time Goals	Long Time Goals	Out- Look Inf.	Buy- ing Inf.	Imp. M and Practices	Dem-on- stra- tions	Special- ist Assistance
Foods and Nutrition	2						1
Vegetable Gardening				1	2		
Clothing							1
Housing		1					
Home Management		1					
House Furnishings		1					
Yard Improvement		2					
4-H Club	1					1	

### C. Progress

The Robert Casey family at Haymarket is one of our Farm and Home Development families. One child is of 4-H age and though the farm is several miles from the 4-H club group, Mrs. Casey brought her daughter, Holley, to the meetings. In fact, Mrs. Casey served as leader for the summer group. She is progressing nicely in managing time, energy and money to maintain a satisfactory balance between home and community activities.

## V. COUNTY EXTENSION PROGRAM - YOUTH

### A. Organization

1. County Youth Committee is a sub-committee of the Home Economics Council. Representatives from All-Star, Honor Club, 4-H County Council, and two members of the Home Economics Council, served on this committee when it was formed in 1956.

### 2. County 4-H Council

The County Council, composed of officers of all clubs, elects its own officers and holds quarterly meetings. They set up committees to work up special projects such as Christmas Float, Rural Life, Vesper Program, Share the Fun and Public Speaking Contests, and Dress Revue, as well as requirements for camp attendance and fair activities.

Fourteen home demonstration club educational booths were exhibited this year. Foods and nutrition, wildlife, safety, home management, clothing, and other topics of an educational nature were included.

The big money-making activity for home demonstration clubs is the operation of the food booth. This proves to be quite a service to 4-H club members as hot breakfasts are served every day during the run of the fair.

#### 10. Other

Home demonstration clubs aided the County Library by sending books. The library has no personnel to do this so they consider this quite a service.

The J. B. Johnson family, parents of IFYE James Johnson, were host to one of Jim's Italian friends.

The negro group of twelve members meets regularly. Recently they completed upholstering a love seat and now are ready to do more such work.

#### E. Urban Work

We do not have strictly urban areas in this county. However, the county has many new housing developments, and the agents are striving to find ways to acquaint new comers with extension and facilities available to them.

#### IV. FARM AND HOME IMPROVEMENT

A. <u>Problems encountered most often:</u>	<u>No. Families</u>
How to spend off-farm income to best advantage on farm	3
B. Subject matter areas and assistance given:	

One hundred and twenty five members and friends visited five homes on this tour in November. Three homes were less than three years old and two were remodeled. Interior decorating, storage, lighting, use of family room, utility rooms, were among the many ideas featured. Tea was served at one home where members registered. A good reading lamp, courtesy of Prince William Electric Coop. was given as a door prize. The theme, Thanksgiving, was featured at home of Mrs. Earl Fife, home decorations, dried flower arrangements were beautiful. Antique quilts and handwork were displayed at the Harley Kline home, china painting at Mrs. L. A. Jackson's. Ponies were the attraction for the children at Manley Garber's and the handicrafts, made by Woodbridge Home Demonstration club were on display at the Armstrong's.

7. The assistant agent attended Institute of Rural Affairs and State Fed. Meeting, along with three home demonstration club members.

8. National Home Demonstration Week.

Activities during the week included one editorial and one news story, two exhibits, one county wide meeting with sixty six attendance, five community meetings with eighty two attending, and one tour with forty five to Beltsville Bureau of Home Economics and Human Nutrition.

9. Prince William Fair.

Prince William County Fair, sponsored by the Veteran's Fara Club, is the largest single project undertaken in the county, which benefits the entire rural and urban population. The homemakers' department has superintendents who take charge of setting up the catalogue, entering and displaying of entries. These superintendents met in May and again in August for planning and organizing their departments.

to have devotions at all club meetings. One leader has had a simple game to play at every club meeting.

Much reading has been done, including books on the reading list and books recently published.

2. Northern Virginia District H-D Meeting.

This meeting was held at Oakton, Fairfax County. The secretary of the Northern Virginia District is from our county and was on the program as well as our County Chairman. About sixty homemakers attended.

3. An educational tour for forty six home demonstration club members to Department of Home Economics and Human Nutrition at Research Center at Beltsville and the National Arboretum at Washington D.C. on May 7 was most successful. The kitchen with the step saving ideas, was most helpful and since the trip, requests have been made for building ideas for some of the cabinets and equipment.

A guided tour of arboretum with emphasis on the azelias and azelia culture was beautiful and awe-inspiring.

4. Judging at fairs gives women the opportunity to compare qualities and set standards. Training for this was given by the state extension specialists to seven club members and both agents in May. Eight women judged at Culpeper and others assisted in Arlington.

5. A most successful safety clinic was held at Warrenton for benefit of those counties taking safety as a program of work. The county safety chairman is busy making plans for canteen, first aid and home nursing courses, to be held early in 1959, in line with the County's Civil Defense Program.

6. Home Demonstration Tour

OUR GOALS ARE -

1. To further religious experience as it pertains to daily devotions; grace at meals; family church attendance. Devotionals at club meetings.
2. To encourage reading and ownership of good books. Practice the art of reading aloud in family group.
3. To promote visitation between clubs and discuss progress accomplished toward goals.
4. To encourage homemakers to provide a substantial meal for family at breakfast-time.
5. To foster recreation in the family unit through historical trips; picnics and other outings. Family night at home for reading, music, games or hobby.
6. To urge every home demonstration member to accept her responsibilities and privileges of citizenship by voting and securing birth certificate.
7. To reach more people with home demonstration information and services by organizing a point system in the club.

Minor Program of Work - Art in Daily Living

1. Study of paintings suitable for home use.
2. Encourage group singing.

Leader training meeting on Family Life was held on February 4. Attendance was good. A letter summarizing suggestions made at meeting was sent out following this meeting. It is hoped that the Family Life goal will be interesting and successful.

The Family Life Chairman has written three letters as reminders and giving suggestions to club chairman. Sixteen clubs make it a practice

lighting, the exhibits were beautifully displayed. For the first time, homemaking exhibits were well cared for and nicely exhibited.

2. Miss Frances Crawford works with the state program "Aid to the Visually Handicapped". Home Demonstration clubs, in cooperation with other civic organizations, assist herewith her work. Someone meets Frances at the bus, takes her to visit her clients and returns her to bus in the evening, on the 3rd and 5th Thursday of every month. The clubs, realizing the outstanding work that she does and recognizing her personal need, have presented her with food and gifts for which she is most appreciative.

Frances, too, is blind.

3. Home Demonstration members participation at the fair has made the homemakers section outstanding. Fourteen clubs had educational exhibits. Entries were exhibited much more effectively and more items were entered since the building offered much better protection.

The food booth at the fair, operated by the clubs, continues to be successful. And a new venture, a club Bar-B-Cue was held on September 27, and in the wake of a hurricane about 500 people attended. Proceeds from this event were contributed to the fair building.

4. All Home Demonstration clubs contributed to the IFYE fund to assist in sending James Johnson to Italy.

#### D. Other Activities

##### 1. Program of Work

###### Federation Program of Work - Family Life

Aim: To stimulate interest in and understanding of the importance of a satisfactory relationship between family members. (State Yearbook)

Home Demonstration Clubs in October enjoyed the hand work.

Copper and Brass planter boxes, costume jewelry were made and one group learned how to put a quilt in frames and start the quilting. Another group started early on learning how to make Christmas decorations. A homemaker and club leader demonstrated the use of native materials in home decorations.

Dried flower arrangements were studied by five clubs after collecting their own materials during the summer.

Flower arrangement has been studied and work meetings provided for members in three clubs. One member has become county's first Nationally Accredited Amateur Flower Show judge.

#### 7. Garden and Landscape

Monthly Garden letters were sent out to the garden leaders or president to be used at each club meeting.

The landscaping seminar did not materialize, but the home agent has given individual assistance to many homemakers and sent out many bulletins on request.

Two of the new club groups and friends have benefitted from the generosity of home owners who have plants and shrubs to share. Many dollars worth of planting materials have been shared this way.

#### C. H.D. Clubs Community Projects

##### 1. Prince William County Fair Building.

The Home Demonstration Committee decided to contribute \$4,000, for which they would receive bonds, to the Fair Committee in order to get a home economics building this year. The money was raised by clubs and county wide projects. In July the Home Demonstration Club women served free lunch to 40 men who were donating their labor in the building raising project. The building was ready for use at fair time and with adequate

ducted for Manassas Park Day Club. A platform rocker was completely finished and ready for use at the end of the third day.

The two-day upholstery clinic at Brentsville included tearing chairs down, putting on webbing, tying springs and padding and upholstering with new fabrics. Five chairs were included in this project with at least 12 - 15 persons getting instruction.

An agent-training meeting was held in Warrenton on "Picture Hanging and Picture Framing." Miss Jamison conducted the meeting with five agents present. This was a most enjoyable meeting, including training on how to hang pictures, frame pictures, and select pictures.

#### 5. Housing

November - Adding Additional and Making Better Use of Existing Storage Space.

Miss Settle, Housing Specialist, conducted the leader training meeting. Five result demonstrators showed good storage on Home Demonstration Tour. Storage in kitchen, utility room, clothing, canned goods, linens and bedding were included. Leaders gave the demonstrations in the clubs and used slides to illustrate. Miss Settle also gave individual assistance to two families on her visit to this county, and the improvements have already been made in one home.

#### 6. Rural Arts

October - Make a Useful and Attractive Household Accessory.

Miss Catherine Feery, Rural Arts Specialist conducted a leader training meeting for twenty-four Home Demonstration leaders and two 4-H leaders on making of copper and brass planter boxes, also the making of pictures with spatter paint method.

Both Home Agents gave the demonstration of the month on "Time and Energy Savers in doing Housecleaning Jobs". This demonstration was received with much interest by most of the clubs.

February - The Right Sight for Reading and Study (Arrangement - Bulbs - Shades)

Miss Louise McKinley, Home Economist, VEPCO, after consultation, conducted a leader training meeting on lighting for the February meeting. This was a follow-up, as a result of the lighting demonstration November 11.

These demonstrations proved quite successful. The agents and ten other club members attended the home lighting demonstration in Arlington County.

The Hale home has continued to be an improved lighting demonstration. The Gordon Armstrong's who remodeled their house and added a new kitchen provided a result demonstration in good lighting. Adequate lighting. Adequate lighting was viewed in this house as one of the features when it was open on Achievement Day for Home Demonstration Tour.

Home Economists of VEPCO, in Northern Virginia area, invited home agents in area to attend a one day laundry school, which proved helpful to all of us.

#### 4. House Furnishings

April - Wise Buying of Home Furnishings and Fabrics.

This demonstration, given by the agents, is always of interest to homemakers. Miss Jamison, House Furnishings Specialist, gave agent training on this subject.

Women and agents attended a slip cover clinic at Seven Corners by Woodward and Lothrop. A three-day training meeting in upholstery was con-

present but the agent followed by mailing suggestions to all leaders. This proved helpful since members exchanged ideas and related experiences on good and poor clothing buys.

The objectives were:

1. Cultivate good tastes in wearing apparel.
2. Teach ways of getting the most from the clothing dollar.
3. Teach care of the new fabrics.

These objectives were attained through the regular teaching methods.

"Sewing Techniques" was a subject of agent training conducted by Miss Johnson, V.P.I. clothing specialist at Culpeper. The assistant agent also attended agent training tailoring class under direction of Miss Johnson, which lasted five days.

### 3. Home Management

#### a. Objectives

1. Teach some basic information concerning money management.
2. Teach values desired from recording income and expenses.
3. Help homemakers do housecleaning jobs efficiently with a minimum use of time and energy.
4. Teach better uses of storage.

January - "Keeping up with your Dollars"

The agent or other outside speaker presented this subject to the clubs. Some members reported later that they had made changes in keeping records, used different methods for determining children's allowances and found those meetings most helpful.

March - Time and Energy Savers in doing Housecleaning Jobs.

noted by the above listed topics. These topics follow very closely the long time goals that were established by the Health and Nutrition Committees.

Mrs. Mary L. Thompson gave an excellent demonstration for leader training on food topics for May and June. Twenty-eight leaders were present.

Then the leaders were responsible for giving the demonstration on herbs and lesser used foods in May. Some were held in form of lunches. Leaders also gave most of the milk demonstrations which were given during June, the dairy month.

The assistant agent and 4 leaders attended a foods training meeting by foods specialist from V.P.I. at Fredericksburg for the discussion on the family food supply. This study was particularly helpful in this area where many families do not raise their own food, for preservation.

Exhibits of an educational nature on foods and nutrition were shown at the Fair. Nutritional Holiday Delights with emphasis on nutrition was the December topics and a timely one. Members found the mimeographed material on nutritious sweets, etcetera, very helpful at the holiday season. The subject received radio and newspaper publicity, also.

## 2. Clothing

September - Wise Choice of Clothing versus Fads (Styles, color, Fabric)

In July Miss Johnson, clothing specialist conducted leader training in preparation for this demonstration. Only eight leaders were

B. Project Work

1. Foods and Nutrition

December - Nutritious Holiday Delights

May - Low Cost and Less Used Foods for interest and variety

(Include Herbs)

June - The Milky Way to Health

July - The Family Food Supply - Should one buy food to can or preserve, or buy already preserved, canned, or frozen foods

As stated in the plan of work, objectives and procedure follows:

a. Objectives:

1. Give homemakers information about ways to -

Provide variety through use of herbs.

Provide more nutritious meals.

Save money on food, yet be well fed.

Provide each member of family with adequate daily calcium requirements.

2. Show homemakers the advantages and disadvantages of food preservation - when to buy food for canning or freezing and when to buy foods already preserved.

b. Procedure:

1. Monthly meetings - Leaders will be taught by agent or Foods Specialist.

2. Radio Publicity.

3. Foods and nutrition exhibits at the Fair. Some clubs will have educational exhibits which will be viewed by approximately 20,000 people.

4. Newspaper publicity.

Nutrition is uppermost as a need for study and improvement; also, how to get the best health wise from the food dollar is important as is

### 3. Home Economics Committees

- a. Health and Nutrition
- b. Management of Time, Energy, and Money
- c. Family Life and Recreation
- d. Housing and House Furnishings

These committees were established in 1956 with from five to ten members belonging to each committee. Some key members are also members of the larger committee - The Home Economics Council. These committees did not meet this year; however, the goals set up by the committees in 1956 were considered by the Home Demonstration Planning Committee when the 1958 program was planned.

### 4. County Home Demonstration Club Committee

The president of each Home Demonstration club, a county president, vice president, secretary, treasurer, and program of work chairman comprise the County Home Demonstration Committee.

In March and April, each club reviewed the field of home economics and discussed the needs of its club and community. Then suggestions from each club were sent to the Home Demonstration Agent and reviewed by a committee. In May, the program planning meeting for all clubs was held and the program for the next year was decided upon. The district agent assisted with this program planning.

The committee met at other times to discuss and make decisions about the Fair, Fair Building, IFYE delegate, and other matters of importance to the entire county.

At the January meeting, the decision was made to work together to provide funds for the new Home Economics Building at Fair Grounds.

Many of these people who have moved into the area are not familiar with the extension program and the educational information which is available to them.

### III. COUNTY EXTENSION PROGRAM - ADULT

#### A. Organization

##### 1. Home Economics Council

The Home Economic Council is composed of representatives from Home Demonstration Committees, 4-H clubs, Honor Club, All-Star groups and other representative persons throughout the county. This group was instrumental in setting up some general and home economics committees to consider immediate and long time goals. Some of the committees have met, but this group has not met in the past year to review the goals.

##### 2. General Interest Committees

###### a. Landscape Committee

This committee met one time and decided to wait until fall, 1958, to develop plans for a county wide landscaping meeting, to be held early in 1959.

###### b. Youth Committee

Representatives of All-Star, Honor Club, Home Demonstration clubs, and 4-H clubs and County Council serve on this committee. One meeting was held early in the year. Emphasis needs to be placed on providing some type of organized activity for more boys and girls than are now in 4-H and other youth organizations. Recreation and community centers for meeting places continue to be large problems.

72

## I. HIGHLIGHTS OF 1958 PROGRAM

The homemakers, youth, and 4-H phases of extension have completed a successful year. A few highlights are listed:

1. The county raised \$4,000 for a homemakers building at Prince William Fair grounds.
2. The county participated in program to send 4-H club member and V.P.I. student to Italy as IFYE. Georgio, IFYE, from Italy visited in Jim's home and Jim lived in Georgio's home. This was practical application of International Good Will and Understanding.
3. One new H-D club was organized in a growing community.
4. The entire H-D club program was planned and executed with better homemaking practices as the ultimate goal.
5. 4-H and youth project work was directed toward improved practices of future homemakers while the general 4-H program included many other club activities, directed toward the development of more useful citizens in our community.

## II. COUNTY SITUATION

This county situated on the fringe of the Washington Metropolitan area is rapidly changing from a rural county, with dairying as its chief industry, to an urban one. New homes and new housing developments are still on the increase and farms are gradually deminishing. In 1956 there were approximately 900 houses built; 1957, an estimated 800, and 500 in 1958. From 22,612 census population figure in 1950, there are now an estimated 43,000 in this county.

The per capita income for Prince William is one of the highest in the state. The cost of living is also near the highest in the state.

VII.	LEADERSHIP. . . . .	25
	A. Contributions of Volunteer Leaders. . . . .	25
	1. Organizational. . . . .	25
	2. Program Development. . . . .	26
	3. Subject Matter. . . . .	26
	4. Federation Program of Work Chairman. . . . .	26
	B. Growth of Leadership. . . . .	27
	1. No County Extension Service Board	
	2. Home Demonstration Club Leadership. . . . .	27
	3. No active county Youth Council. . . . .	27
	4. 4-H Club Leadership follows. . . . .	27
	5. Young Men and Women's Clubs. . . . .	28
	C. Activities of an Outstanding Leader. . . . .	28
	D. Activities of an Outstanding Family. . . . .	28
	E. Activities and Outstanding Accomplishments of One Club. 29	
	F. Significant Achievement of Extension Work. . . . .	30
	1. James Johnson - IFYE to Italy. . . . .	30
	2. The Home Economics Building at Fair Grounds. . . . .	31
VIII.	COOPERATIVE WORK DONE WITH OTHER AGENCIES OR GROUPS. . . . .	31
IX.	PUBLIC RELATIONS IN COUNTY. . . . .	32
	A. Co-workers. . . . .	32
	B. General Public. . . . .	32
	C. Elected Representatives. . . . .	32
	D. Commercial Interests. . . . .	32
X.	PROFESSIONAL IMPROVEMENT. . . . .	33
XI.	OFFICE AND WORKING CONDITIONS. . . . .	34
XII.	THE LOOK AHEAD. . . . .	34

V.	COUNTY EXTENSION PROGRAM - YOUTH. . . . .	15
	A. Organization. . . . .	.15
	1. County Youth Committees. . . . .	.15
	2. County 4-H Council. . . . .	.15
	3. All-Stars. . . . .	.16
	4. Honor Club. . . . .	.16
	5. Project Planning Committee. . . . .	.16
	B. 4-H Project Work. . . . .	.17
	1. Food and Nutrition. . . . .	.17
	2. Clothing. . . . .	.18
	3. Home Management. . . . .	.18
	4. Room Improvement. . . . .	.18
	5. Health. . . . .	.19
	6. Electric. . . . .	.19
	7. Other. . . . .	.19
	C. Other Activities. . . . .	.19
	1. Camp. . . . .	.19
	2. Short Course. . . . .	.20
	3. Prince William Fair. . . . .	.20
	4. Contests. . . . .	.21
	5. National 4-H Week. . . . .	.22
	6. IPYE. . . . .	.23
	7. Other. . . . .	.23
	D. Young Men and Women's Work. . . . .	.24
VI.	A. SCOPE OF WORK - 1958. . . . .	.24
	B. Increased Scope Of Work. . . . .	.25

TABLE OF CONTENTS

I.	HIGHLIGHTS OF 1958 PROGRAM . . . . .	1
II.	COUNTY SITUATION. . . . .	1
III.	COUNTY EXTENSION PROGRAM . . . . .	2
	A. Organization. . . . .	2
	1. Home Economics Council. . . . .	2
	2. General Interest Committees. . . . .	2
	3. Home Economics Committees. . . . .	3
	4. County Home Demonstration Club Committee. . . . .	3
	B. Project Work. . . . .	4
	1. Foods and Nutrition. . . . .	4
	2. Clothing. . . . .	5
	3. Home Management. . . . .	6
	4. House Furnishings . . . . .	7
	5. Housing . . . . .	8
	6. Rural Arts. . . . .	8
	7. Garden and Landscape. . . . .	9
	C. H. D. Clubs Community Projects. . . . .	9
	1. Prince William County Fair Building. . . . .	9
	D. Other Activities. . . . .	10
	E. Urban Work. . . . .	14
IV.	FARM AND HOME IMPROVEMENT . . . . .	14
	A. Problems encountered most often. . . . .	14
	B. Subject Matter Areas and Assistance Given. . . . .	14
	C. Progress. . . . .	15

ANNUAL NARRATIVE REPORT

COUNTY  
EXTENSION  
WORK

*Virginia Agricultural Extension Service*

Leona K. Barlow

**Name**

Home Demonstration

**Agent**

**Title**

RubINETTE R. MILLER

**Assistant Agent**

**Assistant Agent**

**Assistant Agent**



1958

Prince William

**County**