

1959

PLAN OF WORK
LUNENBURG COUNTY

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Lunenburg County

I The County Situation

Lunenburg County is located in the southern piedmont section of Virginia. The county is rural, having two small towns, Kenbridge (population 1176) and Victoria (population 1600). The nearest town, Petersburg, is 55 miles away. Telephone service reaches about 333 families and has improved a great deal in the past two years. More improvements are underway at the present time.

The total population has a racial division of 7,926 white and 6,190 negro people. There are 8,981 persons who live on 1,846 farms. The farms average 96 acres in size and are valued at \$5,686 each. The majority of these farms have white operators.

Agriculture is the principal source of income with flue-cured tobacco being the principle crop. Tobacco quotas have fluctuated from 7000 acres for the county in 1945 to 4,700 in 1958. Over 200,000 acres in commercial and farm forests make a large contribution to county income. There have been recent increases in dairy and beef herds; however, there is an indication that the cattle industry is at a leveling off point.

With decreasing tobacco allotments, industry becomes more important. The shoe factory in Victoria employs approximately 400 persons. The tobacco plant in Kenbridge employs about 200 women from September until December.

Victoria recently increased its water supply and Kenbridge is working on the same with work beginning in the winter of 1958. It is felt that small industry must be attracted in order to supplement the small farmers' income.

Organizations in the county include the following clubs: two Lions, one Rotary, four Ruritan, three Woman's, and nine Garden. There is a Farm Bureau, Farmer's Union, two Chambers of Commerce, several Boy Scout and Girl Scout Troops, two high schools and three grade schools. These, plus the churches and Extension Service organizations provide most of the entertainment and recreation for the county. There is one industry supported recreation park in Victoria, a theater in Kenbridge and one drive-in theater.

Several churches are being built or improved.

The people are cooperative and public spirited. When the need for doing a job has been established the people will work long and hard to accomplish it. Interest in developing a more effective Extension program is strong and growing.

II. County Extension Program - Adult

A. Overall Program

1. Lunenburg County Board of Agriculture

The Lunenburg County Board of Agriculture is composed of three men and one woman from each of seven magisterial districts, four business men from the two towns, the county Extension agents, the chairman of the H. D. Club County Committee, County Foresters, Superintendent of Schools, A3C Office Manager, S.C.S. Technician, F.H.A. Supervisor, Agricultural Instructor, president and secretary of 4-H County Council. Members, selected by the group, serve a term of four years on a rotation system with one-fourth of them starting their terms each winter. The chairman, vice-chairman and secretary are elected for one year terms of office.

Two membership dinner meetings are held annually in March and November. Executive committee meetings are held prior to membership meetings to plan for them, and to thrash out details in order to shorten the time of the regular meetings.

Visitors are invited to the fall meetings so that more county people will be familiar with the work of the board.

Committees on agronomy, livestock and poultry, dairy, forestry, soil and water conservation, farm and home management, and home economics will meet during the winter months of 1959 to set up objectives for the year. These committees are composed of members of the board and a few other key leaders. Extension agents meet with the committees, present facts that point out problems in the county, and assist in setting up short-time and long-time goals.

The executive committee is considering ways of uniting agricultural and home economics work in the county. The idea of having the membership of the board changed slightly to include county H. D. officers and presidents of H. D. Clubs will be considered at the next executive committee meeting.

2. Home Economics Council

No council exists as such, though the county H. D. committee (II B) serves that purpose in some respects.

3. General Interest Committee

The Farm and Home Management committee, composed of three men and three women, studies problems of individual families and helps extension agents relate all agricultural and home economics extension work to the needs of these families (See III). This committee will meet in February and functions as a part of the Lunenburg County Board of Agriculture.

4. County Home Economics Committee

The eight women on the Lunenburg County Board of Agriculture compose a home economics committee. The home agents plans to establish at least two committees this year to study and plan for specific subject matter areas.

B. Home Demonstration Club Program

1. County Home Demonstration Committee

The Lunenburg County Home Demonstration Club Committee is composed of the county officers and leaders, club presidents, and program development leaders. The county leaders include chairman, vice-chairman, secretary, treasurer, Federation program of work leader, program development leader, publicity chairman, home management leader, food leader, clothing leader, home furnishings leader. The first four are organizational leaders, the second three leaders of the programs indicated, and the subject matter leaders are chosen according to the project work in the program for that year. The project leaders will make arrangements for leader training meetings and will obtain supplies for them.

The executive committee will meet in January to become familiar with the work and organization of the county committee. The county committee will meet in March to plan activities for the year, in the summer to plan the program for 1960, and in the fall to formulate any plans for the coming year that need immediate attention, plan for the yearbook and achievement day. Activities of the H. D. Committee are described in II D.

Although plans and methods are vague as yet, the home agent hopes to bring the work of the County H. D. Committee close to the County Board of Agriculture during the coming year.

2. Project Work

a. Foods

Objectives

To help Homemakers -

- (1) Learn to freeze fruits and vegetables.
- (2) Learn varieties of fruits and vegetables to freeze.
- (3) Learn good freezer management and care.
- (4) Obtain good recipes and ideas on freezing breads, main dishes, vegetables, fruits, and desserts that can be cooked in quantity and frozen for later use.
- (5) Learn to prepare meals that appeal to teenagers.
- (6) Learn to plan meals that can be prepared quickly.
- (7) Obtain information useful to farm women and others on buying groceries.
- (8) Plan and prepare more nutritious meals.

Procedures:

- (1) Leaders trained by the home agent will give method demonstrations in February on "Home freezer management and variety of fruits and vegetables for freezing."

(2) Leaders trained by the home agent will give method demonstrations at club meetings in March on "Freezing baked goods" and in April on "Quick Meals".

(3) Leaders trained by a specialist will give method demonstrations at club meetings in June on "Teenage food problems" and in August on "Food buying".

(4) Use newspaper articles and radio programs to stimulate greater interest in good nutrition and topics for monthly demonstrations.

(5) Encourage fair exhibits and booths on foods.

b. Home Furnishings

Objectives:

To help homemakers

(1) Gain a knowledge of good lighting principles.

(2) Learn to obtain good lamps by repairing them or buying them.

(3) Learn to make simple electrical repairs.

(4) Learn to reupholster worn furniture.

Procedures:

(1) Local leaders trained by the home furnishings specialist will give demonstrations on "Farm and home lighting and its importance" at local H. D. meetings in September.

(2) The home agent will give method demonstrations on repairing and buying lamps at the October H. D. meetings.

(3) Local leaders trained by a state specialist will give demonstrations on simple electrical repairs at the November H. D. meeting.

(4) The home agent will hold special interest meetings in January and February on reupholstering furniture.

(5) Hold a lighting tour in the fall.

(6) Publicize lighting and upholstery work.

(7) Set up result demonstrations in several homes.

c. Clothing

Objectives:

(1) To help homemakers learn basic sewing techniques.

Procedures:

(1) Hold special interest meetings on basic clothing construction in October.

(2) Hold tailoring school if demanded by enough homemakers.

(3) Publicize meetings.

d. Home Management

Objective:

(1) To help homemakers learn to save time and energy in ironing.

Procedures:

(1) The home agent will give method demonstrations on ironing at the May H. D. meetings.

C. Federation Program of Work

The following Program of Work was set up by a committee appointed by the county chairman:

- December: Family observance of Christmas
- January: Planning for family goals
- February: Positive approach to good mental health
- March: The influence of good literature, fine arts, radio, T.V., and movies on the family
- April: Our responsibility for providing good literature, etc.
- May: Developing good health habits
- June: Family recreation
- July: Family outing
- August: Consideration of others
- September: Discovering unknown talents
- October: Family recreation
- November: Concern for spiritual life

Mrs. I. H. Pulley, county leader for the Federation Program of Work, and Mrs. J. R. King, co-chairman, have set up the following objectives for carrying out the program:

- (1) Have ten to fifteen minutes discussion of topic listed each month.
- (2) Encourage a serious study of mental health in family and community life.
- (3) Each club encourage good reading, by adding suitable books to family, church or community library.
- (4) Each member participate in observance of family life week.
- (5) Each club have some projects designed to help develop the spiritual life. (Start a prayer group, attend church in a body, all members take a Bible study together, etc.)

The home agent will work with the program chairmen when called upon, especially in securing good reading material.

D. Other Activities

1. County objectives

The following objectives were set up by the Lunenburg H. D. Committee which was held in July:

- (a) To increase club membership.
- (b) To support 4-H Club work.

Procedures:

- (a) Discuss with the County H. D. Committee ways to meet objectives.
- (b) Publicize 4-H work and secure leaders.
- (c) Train 4-H leaders individually or in groups and provide opportunities for leadership.
- (d) Encourage non-members to join through visits, informal contacts, radio and press.

2. National Home Demonstration Club Week

Objectives

- a. Have each club participate in National Home Demonstration Club Week activities.
- b. Inform the general public of Home Demonstration Club activities.
- c. Stimulate greater interest in Home Demonstration Club work.

Procedures:

- a. A county committee will be appointed to plan for county participation. A county meeting will probably be held with a speaker on family life.
- b. Club committees will be appointed to direct and report activities within each club.
- c. Activities will be promoted through radio, press, letters, and meetings.

3. District H. D. Meeting

Objectives

- a. Have club members attend district meeting.
- b. Report county activities as requested.
- c. Cooperate with Prince George County and District officers.

Procedures:

- a. Members will be notified about District meeting.
- b. County chairman will appoint committees to prepare and give county report.
- c. County chairman will appoint members to do any tasks assigned to Lunenburg County.

4. Institute of Rural Affairs

Objectives

- a. Stimulate greater interest in club work.
- b. Have each club represented at Institute.

Procedures

- a. Notify clubs and club members of Institute through radio, press, and meetings.
- b. Encourage clubs to send delegates, paying part expenses if possible.
- c. Have club members attending report later at club meetings.

5. Achievement Day

Objectives

- a. To evaluate club work for the year.
- b. To publicly recognize outstanding H. D. club work.
- c. To present year pins, reading certificates to club members.

Procedures

- a. To have each club submit record of accomplishments for members in October.

- b. County chairman will appoint committee to plan program.
- c. Publicize program through radio, press, letters and meetings.
- d. Recognize outstanding club with trophy.

6. Home Demonstration Club Yearbook

Objectives

- a. Promote better organization of clubs.
- b. Have club members better informed.
- c. Promote related activities such as reading and 4-H activities.

Procedures

- a. Have county chairman appoint committee to plan yearbook.
- b. Have yearbook published and distributed by first of year.

~~7. Rural Life Sunday~~~~Objectives~~

- omitted at H. D. County Committee meeting Jan. 13, 1959*
- a. To stimulate family and community life through closer church communities.
 - b. To help rural people realize the gifts of creation and have greater interest in concerning them.
 - c. To have Rural Life Sunday services reach a larger number of people.

~~Procedures~~

- a. Work with a county committee to plan for county and community observance.
- b. Contact ministers personally or through letters to enlist their cooperation.
- c. Publicize program through radio, press, letters and meetings.

8. Home Demonstration Club Year Pins

Objectives

- a. To encourage each club member to be active and carry part of the load in her club.
- b. To stimulate pride in H. D. Club work by having members wear pins.
- c. To recognize strong members.

Procedures

- a. Have county committee determine standards to be printed in yearbook.
- b. Award pins publically at Achievement Day.

9. Six-County Farmers' Day

Objectives

- a. To stimulate adult leadership.
- b. To encourage better quality in products.
- c. To publicize H. D. Club activities.
- d. To raise standards of workmanship.

Procedures

- a. To encourage participation in fair through radio, press, letters, and meetings.
- b. To have county chairman appoint leaders to assist in planning for and carrying out fair activities.
- c. To encourage clubs to enter educational booths.
- d. To help clubs and members understand good quality in products and booths through meetings and individual contacts.

10. Home Demonstration Club Trophy

Objectives

- a. To recognize outstanding club work.
- b. Improve quality of club work.

Procedures

- a. Notify clubs of standards to be reached in club work.
- b. Award trophy to outstanding club at Achievement Day.

11. Pennies For Friendship

Club members will contribute Pennies For Friendship and send them in before the District II meeting.

12. Work in Unorganized Communities

Objectives

- a. To reach as many families as possible.
- b. To organize clubs where there is a need and desire.

Procedures

- a. Contact non-club members through radio, press, visits and other contacts.
- b. Meet with Rose Hill group to see if club can be reorganized and continued.
- c. Visit in Victoria to see if there is enough interest for another club.

III. Farm and Home Development

Lunenburg County has two assistant agents assigned especially to farm and home development. The agents at this time are new. Therefore, the plan of work may seem a little vague. The agents will meet with the Farm and Home Development Committee of the Lunenburg County Board of Agriculture in February to consider problems of the participating families and formulate a plan of work.

At the present time there are 84 families participating in the Farm and Home Development program.

1959 Goals

1. Visit 84 families that are participating in farm and home development.
2. Bring about an improvement, minor or major, with all farm families.
3. Have 3 families keep accurate records on their total operations.

4. Encourage family councils in wise spending of available money.
5. Have 3 families act as demonstrators for a year-around garden.
6. Encourage Home economics as an education for girls in families.
7. Encourage 4-H club membership and Home Demonstration club membership.
8. Guide families in learning to make wise decisions.
9. Create incentive for better living.
10. Assist the farm family in learning to spend time wisely.
11. Reach and assist as many new families as possible.
12. Emphasize in the home, the current home demonstration club subject matter as outlined in 2 B.

1959 Proposed Program

1. Frequent farm and home visits to gain the confidence of the families and then analyze the resources available. The agents can then guide the family in reaching decisions that will enable them to have more abundant life, both economically and socially.
2. Use families as demonstrators.
3. Include 4-H club projects in farm and home development plan for more effectiveness.
4. Emphasize in the home the current Home Demonstration program.
5. Publicize success stories
 - a. Conduct tours.
 - b. Use mass media.

IV. County Extension Program - Youth

A. Organization

1. County Youth Council and Committees

The county agents and home agents will meet in February with a committee of eight persons to study factors affecting youth in Lunenburg County, determine problems, and plan a program designed to solve the problems. Committees will be appointed as needed.

2. County 4-H Council

The Lunenburg County 4-H Council is composed of the officers of all 4-H clubs in the county and the 4-H Honor Club. (Included are presidents, vice-presidents, secretaries, treasurers, reporters, song leaders.) Officers of the council are elected from the membership of the group. The council will meet three times during the year as follows:

January: Plan 1959 program

Elect officers

April: Plan for certain activities to take place in the spring and summer.

September: Receive training in conducting meetings.

Plan for Achievement Program

The 4-H County Council set up the following goals for 1959.

- a. Sponsor Lunenburg County Share-the-Fun Contest.
- b. Observe Rural Life Sunday in May.
- c. Sponsor county wide recreational meeting in June or July.
- d. Assist with the opening of Camp Farrar. The county Council will send some members with leaders and agents to help do the work necessary to open camp. The council will pay expenses of those who go.
- e. Sponsor 4-H Club year pins.
- f. Assist with 7-County 4-H parade to be held in Lawrenceville May 9.
- g. Sponsor 4-H Achievement Day program.
- h. Cooperate with other counties participating in International Farm Youth Exchange Program by contributing \$5.00 to help send an IFYE to a foreign country.

The president and secretary of the 4-H County Council are members of the Lunenburg County Board of Agriculture.

3. 4-H All Stars

The Lunenburg County All Stars meet four times during the year. All Stars are active members of this group. Big Chief, Lesser Chief, Scribe, and Medicine Man are elected from the group.

The All Stars will help in planning and developing the 4-H program. Outstanding contributions include leading 4-H projects, promoting participation in fairs, contests and other special events.

4. Honor Club

The Honor Club is composed of outstanding 4-H club members. This is an active group that meets ten times each year, stimulates club work for the individual members and enjoys fellowship together. The group will go to camp one week-end with the All Stars. Many opportunities will be provided for leadership within the club program. Outstanding contributions include junior leadership, compiling the county 4-H year book, and compiling a special newspaper section for National 4-H Club Week.

5. Project Planning Committee

At the spring meeting of the county council, several suitable projects will be selected. Those selected will be discussed with each club. The project with the highest number of votes will be the overall county wide project for the school year 1959-1960.

Definite plans have not been made for planning the girls' projects. The agent hopes to have an active group of leaders and junior leaders to assist in project planning by spring or summer.

B. 4-H Project Work

1. Safety

This project was selected by the 4-H County Council as the county-wide 4-H Club project for the elementary clubs for the school year 1958-59. 4-H Clubs in Lunenburg County are organized primarily in school with nearly all 5th, 6th and 7th grade members enrolled in this project.

a. Objectives

- (1) To develop leadership and more effective citizenship through participation in club meetings and activities.
- (2) To develop a consciousness of safety hazards and ways to correct them.
- (3) To learn to keep records of work done.
- (4) To provide opportunities for club members to help make their homes and communities safer places in which to live.

b. Procedures

- (1) Hold monthly meetings in school.
- (2) Give monthly demonstrations as follows:
 October: Introduction to Safety project
 November: Pedestrian Safety
 December: Bicycle Safety
 Christmas Safety
 January: Livestock, Farm Buildings and Machinery
 February: Home Garage and Driveway, School Busses and Parking Lot
 March: Home Safety
 April: Talk by State Trooper on how troopers serve motorists; Firearms
 May: ; Records, Quiz
- (3) Stimulate interest through home visits.
- (4) Use mass media to stimulate interest in safety.
- (5) Hold contest and give cash awards for winners.
- (6) Collect records at May meeting.

2. Wildlife

This project was selected by the 4-H County Council as the county-wide 4-H project for the senior clubs for the school year 1958-59. About 65 members carry this project.

a. Objectives

- (1) To develop leadership and more effective citizenship through participation in club meetings and activities.
- (2) Acquaint club members with the value of Wildlife to men.
- (3) Teach 4-H members how to identify birds by color, song and mode of flight.
- (4) Interest 4-H members in methods of protecting, feeding and attracting birds.
- (5) To teach club members how they can take an active part in the preservation of our natural wildlife resources.

b. Procedures

- (1) Hold monthly meetings in school.
- (2) Give monthly demonstrations as follows:
 October - Introduction
 November - Demonstration - Orders of Birds - Identifying birds.
 December - Demonstration - Feed for birds, bird feeders and houses.
 January - Demonstration - Interesting facts about birds.

- February - Demonstration - Nesting and watering equipment for birds.
- March - Demonstration - Plantings for attracting birds.
- April - Demonstration - Identifying summer birds & bird nests.
- May - Demonstration - Enemies of birds. Collect records.
- (3) Show club members how to identify three birds at each meeting.
- (4) Stimulate interest through home visits.
- (5) Encourage club members to participate in demonstrations for monthly meetings.
- (6) Use mass media to stimulate interest in Wildlife.
- (7) Collect records at May meeting.

3. Electric

a. Objectives

To help club members:

- (1) Learn why electricity is so important.
- (2) Improve the farm and home lighting in Lunenburg Co.
- (3) Learn to care for electrical equipment.
- (4) Learn to construct and repair certain electrical equipment on the farm and in the home.
- (5) Learn through a tour.
- (6) Develop more effective leadership and citizenship through participation in this project.
- (7) Reach standards necessary to send delegates to the Electric Congress.

b. Procedures

- (1) Hold necessary project meetings out of school to accomplish the objectives of this project.
- (2) Work with home economists and agricultural representative in conducting meetings in the county.
- (3) Have each member give a demonstration.
- (4) Conduct several result demonstrations in lighting.
- (5) Conduct tour to some point of interest and education.
- (6) Use mass media to stimulate and hold interest.

4. So You'd Like To Sew

a. Objectives

Help club members to:

- (1) Equip a sewing box.
- (2) Learn to select and use a simple pattern.
- (3) Learn to select fabric.
- (4) Develop simple sewing skills.
- (5) Fill out record sheets correctly.
- (6) Complete and submit records on time.
- (7) Learn to give demonstrations.

b. Procedures

- members.
- (1) Organize project groups when there are enough interested
 - (2) Secure leaders (adult & junior) to work with the group.
 - (3) Help members choose topics for monthly demonstrations.
 - (4) Train adult and junior leaders to give demonstrations
- to group.
- (5) Help leaders in every way possible through phone calls, letters, and supplying demonstration materials.
 - (6) Encourage members to exhibit work at Lunenburg-Nottoway Farmers Day.
 - (7) Enlist help of 4-H Honor Club members and other older members as junior leaders.
 - (8) Publicize work of project groups, through use of radio, newspapers, and letters.
 - (9) Stimulate interest by making home visits and talking
- to parents.

5. Looking Your Best

a. Objectives

Help members to:

- (1) Learn good grooming practices.
 - (2) Care for clothing.
 - (3) Repair clothing.
 - (4) Make exhibits.
 - (5) Give demonstrations.
 - (6) Fill in records correctly.
 - (7) Complete projects and submit records on time.
- b. Procedures - Same as IV B 4 b

6. Meal Preparation

a. Objectives

Help members to:

- participation in 4-H work.
- (1) Develop leadership and good citizenship traits through
 - (2) Learn the principles of meal planning.
 - (3) Develop skills in preparing nutritious and attractive
- foods.
- (4) Learn the best use of home produced food.
 - (5) Make wise selections when buying foods.
 - (6) Set the table correctly.
 - (7) Learn to judge foods.
 - (8) Learn to give demonstrations.

b. Procedures - Same as IV B 4 b

7. Your Room, Pep It Up

a. Objectives

Help members to:

- (1) Make the best use of existing furnishings.
- (2) Realize needs and plan improvements.
- (3) Acquire skill in making simple furnishings.

- (4) Learn orderly furniture arrangement.
- (5) Learn to use color.
- (6) Take more interest in their rooms and care for them

nically.

- (7) Keep careful records.
- (8) Complete project and submit record on time.
- (9) Exhibit work.
- (10) Give demonstrations.

b. Procedures - Same as IV B 4 b except there will be more individual help and home visits.

8. Other Projects

Some 4-H members have enlisted in other projects by choice. They will be assisted through bulletins, home visits, and answers to questions at meetings.

C. 4-H Activities

1. Summer Camp and Short Course

Objectives

- a. To fill county quota to attend district camp and short course.
- b. To provide facilities to take care of more members at summer camp.
- c. To have more members who have not been to camp participate in this activity.
- d. To help develop 4-H members both physically and emotionally through participation in camp activities.
- e. To stimulate greater interest in camp throughout the county.
- f. To have each senior club represented at short course, and and senior camp.
- g. To stimulate leadership and fellowship through camp experiences for Honor Club members and All Stars.

Procedures

- a. Give advance publicity to these events at club meetings in April, through press and radio.
- b. Encourage club members who have attended these events to share their experiences with other members.
- c. Work with other agents to increase facilities at district camp.
- d. Arrange transportation to and from camp and short course.
- e. Provide help in opening and operating camp.
- f. Have Home Demonstration Clubs encourage camp activities and provide financial assistance.
- g. Hold a week-end Honor Club - All Star camp.
- h. Fill county quota at district All Star banquet and week-end.

2. Achievement Day

Objectives

- a. To evaluate club work for the year.
- b. To recognize outstanding work.

- c. To publicly present medals and awards.
- d. To have more club members participate on the program.
- e. To tell the story of club work in an interesting way.

Procedures

- a. Collect records and select county winners in September.
- b. Plan program carefully with County Council.
- c. Give advance publicity through radio, newspapers, letters, and meetings.
- d. Have county achievement program in November.

3. National 4-H Club Week

Objectives

- a. To acquaint the public with 4-H work.
- b. To stimulate interest in 4-H progress.
- c. Have more members participate in activities.

Procedures

- a. Give publicity to 4-H work through press and radio.
- b. Have each senior club make a 4-H display.
- c. Have special 4-H section in Blackstone Courier Record.

4. Club Contests

Objectives

- a. To win recognition for outstanding work.
- b. To develop skills to a finer degree.
- c. To develop standards for achievement through competition.
- d. To have 4-H'ers participate in county and district contests.
- e. To develop wholesome attitudes by competing in contests.

Procedures

- a. Help members keep and submit records of work done.
- b. Help club members learn to give demonstrations.
- c. Have Honor Club sponsor county contests.

5. Share-The-Fun Contest

Objectives

- a. To win recognition for outstanding talent.
- b. To encourage the development of talents.
- c. To share talent with others.

Procedures

- a. Have county council sponsor county Share-The-Fun Contest in March.
- b. Have each junior club enter one number.
- c. Have senior clubs enter several numbers.
- d. Have senior winners participate in talent program at short course.
- e. Publicize contests through press, radio, letters, meetings.

6. Rural Life Sunday

Objectives

- a. To emphasize the Heart "H" to club members.
- b. To inform the public of this phase of club work.
- c. To have Rural Life Sunday Services reach a larger number of club members.

Procedures

- a. Plan with county council for county and community observances.
- b. Enlist the cooperation of ministers.
- c. Publicize program through radio, press, letters and meetings.

7. County Recreational Meeting

Objectives

- a. To bring club members and their families together in fun and fellowship.
- b. To stimulate interest in club work and cooperation through recreation.
- c. Have larger number of club members participating.

Procedures.

- a. Have county council sponsor county recreational meeting.
- b. Work with county council in planning varied recreation.
- c. Publicize activity through radio, press and letters.

8. Seven County Parade

Objectives

- a. To bring 4-H club work before the public.
- b. To stimulate interest in 4-H work among club members, parents, friends, and the general public.
- c. To have more club members participate in the parade.

Procedures

- a. Have county council sponsor 4-H parade.
- b. Cooperate with other counties in planning parade.
- c. Have club members and leaders build floats
- d. Publicize activity through press, radio, meetings, letters, and individual contacts.

9. 4-H Club Yearbook

Objectives

- a. Promote better club organization.
- b. Have club members better informed.
- c. Help parents to better understand 4-H.

Procedures

- a. Have Honor Club compile and sponsor yearbook.
- b. Have yearbook distributed to members in January.

10. 4-H Club Pins

Objectives

- a. To encourage pride and interest in 4-H by giving members pins to wear.
- b. To encourage members to complete all projects.

Procedures

- a. Have county council sponsor project.
- b. Distribute pin to each member who completes the county-wide project.

11. Six-County Farmers' Day

Objectives

- a. To encourage 4-H'ers to exhibit products.
- b. To encourage better quality in products.
- c. To publicize 4-H work.
- d. To raise standards of workmanship.

Procedures

- a. To encourage all members to exhibit products.
- b. To teach club members good quality in products through meetings and individual contacts.
- c. To publicize fair through radio, press, letters, meetings, and individual contacts.

12. 4-H Journal

Objectives

- a. To publicize 4-H work.
- b. To give Honor Club members experience in journalism.
- c. To stimulate leadership among Honor Club members.

Procedures

- a. To have an Honor Club committee work on the journal.
- b. To publish the journal and distribute to club members and leaders shortly before the parade.
- c. To have committee cooperate with representatives of the Blackstone Courier Record in planning the Lunenburg Section of the Seven-County Journal.

D. Young Men and Young Women's Work

No plans are made for this extension work.

V. Scope of Work

A. Organization

Number of home demonstration clubs
 Membership
 Number of 4-H Clubs
 Membership
 Number of young men and women's clubs
 Membership

No. in 1958	Goal 1959
10	11
185	250
17	25
220	225
0	0
0	0

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number community improvement clubs	0	0
Membership	0	0
Number home economics committees	1	2
Number general interest committees	1	1
Number youth committees	2	3
Number other organizations	4	4
Number farm and home development families	0	84
VI. Plan for Leadership	<u>No. in 1958</u>	<u>Goal 1959</u>
A. Over-all Program Leaders (Organization leaders for county Extension Service Board)	34	30
B. Home Demonstration Club Leadership	<u>No. in 1958</u>	<u>Goal 1959</u>
Number organizational leaders	41	47
Number project leaders (subject matter)	109	114
No. Federation program of work chairmen	10	11
Number program development leaders	10	12
Number result demonstrators	6	8
Number meetings at which leaders were trained by specialists	7	4
Number meetings at which leaders were trained by district agents	0	0
Number meetings at which leaders were trained by agent	1	2
Attendance at training meetings	121	125
No. club meetings held by leaders without agent present	44	60
No. club meetings in which leaders assisted	10	20
Total number demonstrations given by leaders	109	94
No. talks or discussions by leaders	130	144
Plan for training and using all types of leaders in carrying out the 1959 program.		

Through the following activities, more capable leadership will be developed in the community and county:

1. Organizational leaders will be helped through club and committee meetings, and individual contacts, also by bulletins mailed them by the home agent.
2. Program development leaders will be trained by the home agent.
3. Project leaders will be trained by state specialists at county-wide meetings as noted in II B.
4. Federation Program of Work Leaders
Federation Program of work leaders will be trained as indicated in II C.

C. Over-all Youth Leadership

	<u>No. in 1958</u>	<u>Goal 1959</u>
C. Over-all Youth Leaders (Organization leaders for county youth council)	5	7
D. 4-H Club	<u>No. in 1958</u>	<u>Goal 1959</u>
Number 4-H Club officers	102	90
Number adult project leaders	4	15
Number junior project leaders	15	20
Number result demonstrators	4	6
No. meetings at which leaders were trained by specialist	0	0
No. meetings at which leaders were trained by district agent	0	0
No. meetings at which leaders were trained by agent	5	9
No. meetings at which leaders were trained by personnel in 4-H Dept.	0	0
No. meetings at which leaders were trained by others	0	0
Attendance at leader training meetings	50	90
No. 4-H leaders trained individually	19	30
No. club meetings held by leaders without agent present	8	30/
No. club meetings at which leaders assisted	20	30
No. demonstrations given by adult leaders	0	40
No. demonstrations given by junior leaders	31	35
Plans for training and using all types of 4-H leaders in carrying out the 1959 program.		

Officers of 4-H Clubs will be trained in parliamentary procedure at a meeting of the 4-H County Council in September so that they can conduct meetings in a smoother manner and develop confidence and poise in doing so. Until that time, they will receive individual help whenever the opportunity arises.

Adult Project Leaders will be trained at meetings in the winter and spring to help members of their clubs develop skills in project work and in demonstration techniques. Individual help through calls, letters, and visits will help develop leadership further.

Junior Project Leaders will be trained in groups and will work with adult leaders in carrying out projects. Individual help will be given through letters, calls, visits and bulletins.

Teacher sponsors are invited to attend 4-H meetings in their rooms and county-wide meetings. Teachers and principals cooperate in improving club work and making it possible. No. special training is given unless it is requested.

E. Young Men and Young Women's Clubs	No. in 1958	Goal 1959
Number club officers	0	0
Number adult leaders or sponsors	0	0

VII. Work With Other Agencies

The home agents plan to cooperate with the personnel of the Lunenburg Health Service, Lunenburg County Health Department, Welfare Department, F.H.A., Southside T. B. Assoc., The Red Cross, Cancer Society and any other agencies within the county whenever it is in keeping with the Extension program.

VIII. Plans for Developing Good Public Relations With:

A. Co-workers

Conferences will be held with co-workers whenever necessary to discuss cooperative Extension programs. The home agents will try to become familiar with programs of her co-workers.

B. General Public

The home agents will use every opportunity to develop and maintain good relations with the general public through letters, telephone calls, visits, radio and newspaper.

C. Elected Representatives

The home agents will try to become better acquainted with elected representatives and offer her cooperation in any way that will help the Extension program.

D. Commercial Interests

The home agents will cooperate with the Chambers of Commerce of Kenbridge and Victoria and any other commercial interests whenever the opportunity arises.

E. Other Professional Workers

The home agents will cooperate with other professional workers whenever possible and feasible.

IX. Plans for Recording and Evaluating Programs as planned for 1959.

Daily records will be kept through the use of field notebooks and assembled into monthly reports. These will be checked with the plan of work to determine progress being made. The annual report will be compiled to determine and evaluate the progress for the year.

X. Plans for Professional Improvement:

A. Organized study

1. Schools ----- none
2. Short Courses ----- As recommended by the District Agent.

B. Reading Professional Books, etc.

The home agents will read publications of home economics and educational organizations periodically. She will study professional books as the need arises or for pleasure.

C. Membership in Professional Organizations:

Membership and support will be given AHEA, VHEA, AHDA, and VHDAA. Meetings will be attended whenever possible.

D. Participating in Programs and Workshops Planned by Other Organizations:

The home agents have no plans for attending programs and workshops at present.

E. Planned Education Trips:

The home agents have no plans for educational trips.

XI. Plans for Unifying County Extension Program

The home agents are working with and will continue to work with the county agents to unify the extension in the following ways:

A. A Home Economics Council is being organized to plan home economics work. This will be a part of the Lunenburg County Board of Agriculture. (Sec II A 2) The county agents are cooperating in this work.

B. A Youth Council is being organized to study and plan a program for youth. This will be a phase of the Lunenburg County Board of Agriculture (Sec III A 1) The planning is being done by the assistant county agent (Hunter) and home agent with the cooperation of other agents.

C. The home agents will work with the Farm and Home Management Committee and assistant county agent (Waddell) to try to strengthen the work in the home.

D. The 4-H program and all activities are planned and carried out with the assistant county agent (Hunter) and with the cooperation of other agents when needed.

E. All phases of this plan of work concerning other workers was discussed and planned with them. All 4-H work except home economics projects was planned with the assistant county agent though the plan will be submitted in different forms since the outlines given the agents and information requested is not the same.

XII. Problems in Carrying Out the Extension Program in Lunenburg County:

A shortage of trained leaders creates a problem in carrying out the Extension program as planned. Longtime plans in home economics work are vague as yet. Leadership in overall program planning and specific areas needs to be developed. The home agents will work in both meetings, mass communications and informal contacts in developing and training these leaders.

4-H project leaders are especially needed. The home agents will try to secure leaders through individual contacts, visits, letters, calls and at H. D. meetings.

A better understanding of the county situation and the county people would make it possible for the agent to do more effective work. She will endeavor to learn as much as possible about Lunenburg County.