

ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

Virginia Agricultural Extension Service

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County



1958

I. HIGHLIGHTS OF THE 1958 PROGRAM:

Fairfax County Home Demonstration Program of Work - as an education is a stable one showing a normal amount of increase. There are 33 Home Demonstration groups with a 1931 member enrollment - a 100 membership increase. The leadership of these groups is especially good. These leaders enjoy, as well as, profit by their leadership work. The members receive their leadership well. There are 33 4-H groups with a 455 membership. The report shows some 18,353 families (55059 people) receiving ~~an~~ benefit. The agents help these people either directly or indirectly through leaders, club members, news articles, letters, bulletins, telephone calls, broadcasts, visits, various kinds of meetings. As of any educational prog~~r~~ problems are many. Transportation, parking, space, meeting~~aces~~, lack of materials, working club members, insuff~~ic~~ent time of member of the Extension Staff create these prob~~l~~.

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II. COUNTY SITUATION:

Fairfax County lies in the Northern most part of Virginia. It is adjacent to the District of Columbia. The Northeastern and Eastern part of the County is a part of the greater Washington area. These sections are the most heavily populated. However, this great influx of population is rapidly taking over the greater portion of the County of the 410 square miles, a possible two-thirds of the County has been and is being developed into housing projects.

Statistics of October 1, 1958, show that in Fairfax County there are about 1,997 farm homes on 1,153 farms; 17,113 non-farm homes, and 35,533 urban homes. This constitutes a population of 213,035 people as of October 1, 1958. The decrease of farm homes is due to annexation, a greater population of rural non-farm and urban people. The Chantilly Airport and the Highway System plays a large part.

A County Executive form of government is in effect. The master plan has been adopted though the actual development of it is slow and will continue slow development. Because of other proposed federal projects for the County, such as highways, proposed county hospital, and housing developments, the people are going slow on personal property work.

The money income of the County people comes from government positions, work in stores and industrial plants.

Tourist probably bring in the largest amount of money. Most of the farm people have part time jobs to add to their income. The most important farmers are dairy, general, livestock, and ornamental plants and shrubs.

The greatest problems are (1) housing shortage; with an added one of maintenance of those homes already built; (2) crowded schools, too few teachers and intregation; (3) crowded population conditions, enhanced by further increases in population; (4) juvenile delinquency; (5) constantly increasing traffic problems; (6) serious water conditions; (7) garbage disposal; (8) sewerage problems and (9) increasing prices on all necessary items causing growing economic problems - since incomes are on the decrease. Each of these problems is being worked upon but on a long time basis.

Home Demonstration groups, 4-H groups and all farm groups cooperate with civic and service groups to work to help these economic and social conditions. Interest in County Extension work is constantly growing.

This County situation affects the Home Demonstration program of work not only for economic reasons of keeping down homemaking expenses, but also along community and county interest to help clear up these problems. This is also financial because of increased taxes.

III. COUNTY EXTENSION PROGRAM - ADULT:

A. Organization

1. County Agricultural Extension Board:

This Board has met once. It is slow - but from it stems Committees for County-wide work. One in general interest work and another in Home Economics. The purpose and plans of this Board is to reach and help great and growing population.

2. Home Economics Council:

One meeting of this Council has been held. This Council is composed of professional workers. Problems were discussed - and what each department could do to help give the County greater coverage.

3. General Interest Committees:

There is one General Interest Committee. This is on Landscaping. It's purpose is to promote County Beautification and to provide help and information to as many people as possible. This committee is composed of lay people, nurserymen, Home Demonstration members, garden club members and the Agents. It has been functioning for four years. During 1956 there were four

committee meetings to plan the Institute. Five Institute Meetings were held with an approximate attendance of 1,000 people from all Northern Virginia. Since the Institute grows in popularity - it is evident that the aims are being met. One meeting was cancelled because of weather.

The committee was helped and assisted by Virginia Extension Specialists and authorities in their subjects.

4. Home Economics Committees:

This committee is composed of six lay people and Home Demonstration members. The committee planned a Home Lighting phase of work. The objective is to: (1) acquaint people with the information on "Home Lighting for Good Eye Health"; (2) to have some to be result demonstrations and to make them familiar to health hazards through poor lighting. Information and help comes to us through Virginia Extension Specialists and the Power Companies. We hope to secure the help of lamp dealers. Some people show interest. Some visited the Arlington Home Lighting Demonstration. A part of this has been put in the 1959 Home Demonstration Program.

5. County Home Demonstration Club Committee:

This committee has one hundred seventy-three members. It is the official organ of the Home Demonstration program. The Board's duties are to promote and sponsor county extension work, to plan and carry out program of work; to advise and help the home demonstration agents; and to sponsor youth work and community work. To date the Board has had four meetings and seventeen committee meetings. It has one program development leader training meeting and one officers training meeting. Each held by the Agent. The 1959 program planning meeting was held by the Home Demonstration Agent with District Agent visiting. These meetings were to plan federation programs, objectives, and the calendar arrangement. The Specialists were interviewed later for suggestions. The program was adopted at a later meeting. One meeting was held to explain the County Agriculture Extension Service Board. This Home Demonstration Committee determines how to help carry out the Home Demonstration Program.

B. Project Work:

1. Foods and Nutrition:

The greater portion of the 1958 program dealt with this subject. The Home Demonstration

Agent held three leader training meetings to cover these subjects. These meetings were held in the Virginia Electric Power Company Home Economic Kitchen and the Washington Gas Light Home Economic Kitchen. The Home Economists of each company assisted, gave food demonstrations and explained the use of experiments. The leaders were responsible for presenting these subjects to their club members. Leaders not present were trained later either individually or in groups by the agents. In some instances the agents gave the demonstration or assisted the leaders. The food subjects presented at these leader training meetings were on:

1. Freezing Prepared Foods or Freezing Fruits, Vegetables, Meats & Poultry
2. Getting the Most for Your Food Dollar (Sense and non-sense in your Food Dollar)
3. Menu Planning for Nutrition Money Saving - Time Saving in Bills and Shopping
4. One dish Meals - Meat Casseroles for Nutrition, Time, and Money Saving

Information was secured from the State Specialist,

local Home Economists, insurance companies and from the agents attending inservice training meetings held by State Specialists and some commercial operatives. The objectives of this program were largely accomplished. These were:

1. More and better family nutrition
2. More improved eating habits
3. Better shopping habits
4. Keeping better food buying records
5. Economy in shopping
6. Better food preservation techniques

The report shows as a whole 1413 families helped in food selection; 1311 helped in meal planning and preparation; 1307 improving diets and 902 in preservation of food.

Some of the women carried out short time result demonstrations. These were not listed in the result demonstration outline. Many club groups toured food stores. These tours were valuable for the women learned much of "the behind the scene" cost of foods and sanitation of foods.

2. Clothing:

The clothing program ranged on economy of care of clothing and selection of clothing fabrics for all members of the family stressing suitability,

comfort, ease of care and handling. The program was an outcome of the higher cost of living. There were two leader training meetings held by the County Home Demonstration Agent:

- A. A local district laundry manager gave the project work on - "Care and Storage of Clothing, stressing, dry cleaning, spot and stain removing for types of materials. He was assisted by his wife who is a local 4-H club leader.
- B. The State Clothing Specialist gave the project work on "Selection of Suitable Fabrics for all Members of the Family", stressing ease of care and handling.

Information was secured from our specialists, local laundries, the United States Extension and Clothing Specialist and local stores. The Assistant Home Demonstration Agent attended the "Tailoring Clinic" held by the State Specialist.

The club leaders presented these subjects to their club members. In some instances the agents gave the project work or assisted the leaders. The overall objectives were closely followed. These were:

1. To do better buying - to curb clothing bills.

2. To do more of own Clothing Construction";
to use fabrics of good quality, but,
requiring little care.
3. To buy wisely and care for wisely.

There were three special interest groups in tailoring with 24 meetings for 30 people.

Club members report 1011 helped in selection and buying clothing; 1203 with care; 903 with construction. There was one short time result demonstration in tailoring. Some members started special clothing accounts, but did not report.

3. Home Management:

This project was built around saving time, money and energy. Economy was the main thought. The State Home Management Specialist trained the agents in,

1. Where Your Money Goes
2. Types of Credit and Financing
Plans for Family Use

The Home Demonstration Agents were responsible for presenting these subjects to the individual clubs. When it was not possible for the agents to attend a club, leaders were trained in advance.

The Home Demonstration Agent held the leader training meeting on, "Wise Buying of Home Appliances".

This meeting was held in the Virginia Electric Power Company display room. The Virginia Electric Power Company Home Economists presented the project work. The leaders presented this work to their club members. The agents trained individual leaders in case of absences.

Information was obtained from State Specialists, local electrical equipment companies, the Virginia Electric Power Company and the Washington Gas Light Company. The agents attended the Specialists training meetings.

The general objectives were fairly well covered. These were to help women to see where they

1. over buy
2. money may be saved
3. To plan to work toward securing something wanted
4. To improve family understanding and relationship (much of family happiness depends on ease of accomplishments and shared responsibilities).

The general reports show, 813 families improving housekeeping methods, 274 with family laundry, 13 with financing, 17 with records, 825 with

legal affairs. There are three kitchen result demonstrations. The agents took advantage of "Service Training" of local concerns. Other result demonstrations were started but not reported. There seems to be a general "aloafness" in reporting money affairs in any project work.

4. House Furnishings:

Though House Furnishings was not in the calendar program there were many special interest groups and many clubs using this for club choice. This was carried on by leaders and agents, for the most part by leaders who had conferences and training from the agent. Information was obtained from the State Specialist, local department store buyers reupholsters. One inservice training meeting, for agents by the State Specialist, was held. Information was obtained from local concerns and from the State Specialists. There were special interest groups. 15 special interest groups with 18 leaders working and 263 people participating. 56 of these were non-members. 18 people carried short time result demonstrations. There were 9 meetings with 149 visitors.

Reports show 903 people helped in selecting, use and construction; 889 with arrangements and

accessories and 871 with selection and care of equipment.

The overall objectives of economy of money and better family relations through responsibility and family relations would be helped considerably.

5. Housing:

This is another subject not in the monthly program, but is worked on. 123 people remodeled or repaired homes; 1174 improved the kitchen or laundry; 933 improve storage spaces, and 1917 did something on home grounds. Information was secured from State Specialists and local concerns. Present undecided conditions in the county created by many things, especially, highway construction, housing developments and the airport cause people to go slowly on any home development.

6. Rural Arts:

This, as developed in the county, is the Federation Program, "Art of Daily Living". There was a somewhat different slant to this program. The aim was to enjoyment of better living by learning to appreciate the beautiful and worthy in all aspects of daily life by:

1. Encouraging the true meaning of Christmas,

2. Encourage better family relationship,
3. To recognize the art of homemaking
in daily living.

Art of Daily Living and the family responsibility in contributing was promoted by talks and discussions in each club group on this subject by leaders or special guest speakers. A county-wide meeting on the theme: "How May Art of Daily Living be Expressed in Family Life", was held. This meeting had panel of four members. (United States Specialist of Family Relationship, the retired United States Specialist of Family Relationship, a member of the American Association of University Women with family relationship degree and the County Art of Daily Living Chairman, all of these were family people. Several groups on the special topic "Child Training and Allowances" were started, but did not do well or continue because of lack of trained people.

Other than this special work on contributions of the family there was: (1) thirty-six demonstrations on Christmas decorations, packaging of Christmas articles and music; (2) the local library set up an exhibit on good books for children; (3) recommend book lists in all clubs; (4) fifty--eight tours with six hundred forty-one people taking part; (5) six special interest groups with forty-two

meetings and 686 people working; (6) five result demonstrations; and (7) there were many meetings on crafts. The history of craft was studied, its design and usefulness, before actually making the article. (Only articles that could be used were made). These were done by leaders, the agents assisting where necessary.

Information and help was secured from the State Specialist and local people as leaders in other groups and trained people in the county.

7. Garden, Poultry and Landscape:

One county-wide garden meeting was held. Fifty-five people attended. Horticultural Specialists of Virginia Polytechnic Institute gave the information.

Information on Poultry is sent to all groups.

The Landscape Institute was reported. All Home Demonstration members work on not only beautifying their homes and neighborhoods, but county-wide. A Landscape Institute was held but will be reported later.

6. Marketing:

In the Home Demonstration Agent's program there is no actual marketing program yet. Many individuals have set up small trades in ceramics, textile painting, basketry, dried flower arrangement

and others.

9. Other:

Health is the long time Federation program.

Because of this long time program there is increasing interest in individual and family health. Each club has had either a club or a community health program. Most of these stress cancer. All groups support school health work. Information is secured through local and state health departments. Also, mental health is stressed.

Safety and Civil Defense looms large in the minds of the people of Fairfax County because of increasing traffic both on the road and in the air and the constant talk and information on Civil Defense. In this program there has been three radio programs; six hundred ninety-three leaflets distributed; thirty--three talks given and one district meeting on safety. Information was secured from the State Extension office, Federation of Home Demonstration Clubs, County, State and National Civil Defense Departments.

Family Life - family recreation was a planned part of the program. Six people attended the district family life in Winchester.

C. Home Demonstration Clubs, Community Projects
and Improvements;

The Annandale Home Demonstration Club is one which is recognized as a promotor of the Annandale Community. This club has promoted organization and work on recreation, library, road improvement and securing business enterprises to locate in the vicinity. The group has proposed such and helped support the movements, or help promote worthwhile movements already set-up. This promotion has been in the form of raising money, special talks in own and other organizations, help inform the county government and door to door visits. The group raised the money and sent two girls to All-State (these girls report to the club members); club leaders help other clubs; a weekly meeting of members and others to work on handicraft gifts and own accessories, either personal or for the home. County drives and school activities are supported. The president gives a weekly broadcast on community developments and serves as a reporter. This group is a very active supporter of County Extension work. The Annandale Community is an especially fast growing one.

D. Other Activities:

County Objectives: All clubs adopted the county objectives. The report is: Increased membership by 100, information and demonstrations given to other groups, gave assistance to Home Demonstration Clubs or to other clubs in nearby areas, information of County and State service available to county residents supplied, sponsored county-wide highway safety, discussion by each club on highway safety and civilian defense, clubs sponsored or provided leaders for youth groups in community, cooperated in County Health and Safety programs, seven monthly meetings held without agents, some held more, encouraged completion of work by holding club exhibits and encouraged all clubs to have exhibits at Achievement Day Program and encourage participation in county-wide Extension programs.

Judging: 15 Home Demonstration women attended, with the agents the District Judging School. Eight of these helped judge at the Prince William County Fair. Three helped judge at the Fairfax County Junior Fair. Three judges from Arlington (trained at the same school) helped judge at the Fairfax County Junior Fair. This work in judging has made Home Demonstration women much

more interested in quality work and what to look for in quality.

Tours: There were 58 tours with 641 people participating. These were educational such as: Embassy, garden, flower shows, home shows, wildlife, food stores, government buildings, homes for the poor and churches.

District Federation Meeting: This meeting was held in Fairfax. 400 people attended. All clubs took part in the back ground preparation for this meeting and the plans for serving as hostesses at the meeting. Two women attended the District Planning meeting for this event. Three women attended the 1959 District Planning Meeting.

The 1959-60 State Federation Year Books: are being distributed.

The County 1959 Year Book: Was compiled by the Fairview Home Demonstration Club. It is now being distributed.

Farm-Urban Week: This special week was observed in all club groups and two broadcasts by the Home Demonstration Agent.

Recreation: There is not organized Home Demonstration recreation program, yet, the following is done: (1) Each club group has Christmas parties;

(2) each has a club picnic; (3) several have community picnics; (4) many families have individual family hobbies; (5) most families have recreation rooms and many are putting in recreation rooms. The Home Demonstration Agent has been called on greatly for help in this.

National Home Demonstration Week: Was observed by: Two anniversary parties (club); Fifteen broadcasts; three teas for charter members; some twelve exhibits of Home Demonstration work and one County Home Demonstration Committee Meeting.

County Home Demonstration Achievement Program: This program was held March 27th (it had to be postponed a week because of weather). Twenty four club exhibits were put up. The Home Demonstration Agent gave an account of her visit to the Associated Country Women of the World meetings, in Ceylon, and showed pictures of this Association. Thirty-two clubs were represented by 200 or more people.

County-Wide Programs: (a) Consumer Program Forum: At this program a panel of a furniture dealer who discussed buying of furniture and two Home Economists discussed buying Electrical Equipment. These people then served to answer questions from the audience.

The Home Demonstration Agent served as coordinator. This meeting served to help the people to get answers to many consumers' problems in this field. About 35 people attended. (b) Home Gardens and Small Fruits: This is reported in project work. (c) Art in Daily Living: (This is reported under Rural Arts). (d) Landscape Institute: This was held in January and February. Six meetings were planned and pertinent subjects with specialists on the particular subject to give the subject matter. Due to weather only five meetings were held. This Institute has been held for four years with increasing interest. People from all of Northern Virginia attend. Some 25,000 advertising leaflets were distributed. A committee of lay people, and nursery members, assisted by the agents do the planning.

E. Urban Work:

Twenty-five of the Home Demonstration groups might be classed as urban. But, all have some urban features. The County Home Demonstration program is carried by all groups. Some minor changes may be made. All groups participate in county events. There is a very pleasurable exchange of leadership and communications between all clubs. Each calls on the other for help. It

is definitely understood that "Homemaking principles are the same with a few adaptations wherever you are".

IV. FARM AND HOME DEVELOPMENT:

The few people carried in an adopted phase of this program have moved away or died. The county situation does not lend itself to this particular program. So there is no report - though the Home Demonstration Agent does do some undetermined work which might be classed in this field.

V. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

1. County Youth Council: The County Youth Council has had four meetings. This Council is comprised of lay people, 4-H members, and leaders, 4-H Council and Honor Club members. The function of this organization is to check youth of the county, analyze needs, set up goals and committees to work these needs.
2. County Youth Committee: A recreation committee was set up. This committee planned recreation for several communities. Family Fun Nights were held in most neighborhoods. These were well attended and in most cases were popular.
3. County 4-H Council: The County 4-H Council is composed of 4-H club officers and leaders. It is the purpose of this council to plan and set up 4-H

county programs and plans for carrying out these programs in the county and the clubs. The Council meets quarterly. There are committee meetings to plan to set up the various plans.

4. All-Stars: There is an All-Star organization. It is not as active as it should be, yet, this organization does a good piece of work in assisting and helping to carry out and put on various county and club programs. Two boys were initiated into the organization this summer.
5. Honor Club: The Honor Club is growing in active participation in club work. The Honor Club meets quarterly. Four members were taken in this year. Possibly the best piece of work done this year was to sponsor a Leader's Recognition Banquet. Seven girls enrolled for junior leadership work. Seven completed.
6. Project Planning Committee: This committee has functioned up to this year. The Assistant Home Demonstration Agent tried another approach. Neither of these has worked well. In each case there has had to be considerable adjustment of the program in the fall of the year when clubs are reorganized. We hope to be able to work this out.

7. Others: The Junior County Fair Committee functions excellently. Four meetings for plan and reporting for a two day fair was held. The County Youth Assistant worked mostly with these groups.

B. 4-H Project Work

1. Foods and Nutrition: Two hundred fifty-three members in nineteen clubs worked on this project. The main objectives and goals were: (a) to form good eating habits; and (b) to learn good techniques of preparation. One hundred seventy-nine members completed the projects, 31,164 dishes were served and 4,120 meals served.
2. Clothing: Three hundred four girls in twenty-five clubs worked on the clothing project. Two hundred forty-one girls completed their projects.
3. Home Improvement: Twenty-six members in seven clubs worked on this project. Nine completed this project.
4. Health: Thirty-four members in four clubs carried this project with twenty-five completing.

C. Other Activities

1. Rural Life Sunday: Most club groups observed this day. For the most part attending church either in a group or individually was the contribution.

2. Picnics: The annual 4-H picnic was held at Middleburg, July 16th. Ninety-five people attended. Most club groups held club picnics.
3. 4-H Camp: There were two county camps - a junior and a senior. At the junior ninety-six girls and boys attended. The 4-H'ers enjoyed a week of activities and an educational program. The camp was planned on the tribal bases.

The Senior camp was held in August at the Jamestown 4-H camp. This was opened to members of 14 to 21 years of age from all counties.

4. Family Night: A number of recreational meetings were held. These were popular. The Assistant Agent in charge of Youth conducted these.
5. County Junior Fair: This was held at the Old Floris School grounds in August. About 5,500 people attended to look at the exhibits, style dress revue, and special events. At 1:30 the Style Dress Revue, by the 4-H girls, was put on. Some of the home economics exhibits were delicious baked goods, tempting jars of canned foods and work in other phases of home economics.
6. County 4-H Achievement Day: Achievement Day was held in November at the Cakton Elementary School.

Medals and awards were handed out for work done in 1958. New Honor Club members were taken in. For the first time the entire program was handled by club members and leaders.

7. Share-The-Fun-Night: Share-The-Fun Contest was held at the Oakton School in May. The Weber Brothers, of the Weber Tire Company, were co-sponsors with the Extension Service. Around one hundred twenty-five people attended.
8. County Year Book: For the first time in three years a year book was again put into the hands of members and leaders. This was largely due to the persistent efforts of the Assistant Home Demonstration Agent. She did an excellent piece of work.
9. Radio Program: Every Wednesday, the 4-H Clubs have a radio program on which they report to the people. These programs are on club work and member participation.
10. National 4-H Week: Club exhibits were put up; special club programs put on; a radio broadcast and the County 4-H Achievement program was put on during this week.

D. Young Men and Women's Work

The All-Star Chapter has thirty-two members. There has been three meetings, not too well attended. One of these meetings was for 1958 girls and boys recommendations. This organization supports club work and works in club work more on an individual than on a group basis. The purpose of this group is active promotion of club work and service.

The 4-H Honor Club has sixty-nine members. It is this group from which All-Stars are recommended, Junior leaders serve and leader recognition is promoted.

Eight groups of Home Demonstration Clubs have a larger membership of young women and are carried as youth groups. These groups carry the regular Home Demonstration program of work.

VI. SCOPE OF WORK

A.

	1954	1955	1956	1957	1958
No. H.D. Clubs or Groups	25	27	30	33	33
Membership	970	994	1134	1291	1391
No. 4-H Clubs	24	22	24	32	30
Membership	458	425	527	483	455
No. YW Clubs	0	0	11	12	12
Membership	0	0	365	395	401
No. Community Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Home Ec. Committees	0	0	0	1	1
No. General Interest Committees	0	0	0	1	3
No. Youth Committees	0	0	0	1	1
No. other organizations	0	0	0	0	0
No. Farm & Home Dev. Families	0	0	7	3	0
No. other families reached	2017	8967	10096	10679	11013
No. different families reached	6582	13237	17163	17671	17987

B. Progress Made To Increase Scope of Work

Our program of work was made more interesting and increased by: (a) leaders influence through leader training; (b) home visits; (c) county meetings; (d) weekly broadcast; (e) letters and telephone calls; and (f) the Home Demonstration Agent when she has time stops at food stores and other places, many people who know her take advantage of this opportunity to ask of selection, qualities, and buying points of commodities; (g) increased leadership and (h) calling on lay people to help in the program.

The Home Demonstration Agent has set up a county-wide telephone system. In each club the president is chairman of the telephone committees, in turn each

president has a club telephone committee. This system helps to keep the courthouse switchboard cleared and enables the Home Demonstration Agent to give short time notices or business to the people more quickly. The club telephone committee helps the president to get information to her club members more quickly. The Home Demonstration Agent also has permission of talented people to give their names to help in special work.

VII. LEADERSHIP

1. Organisational

There are three hundred sixty-five organizational leaders and thirty-four program development leaders on a county-wide basis. These organizational leaders have had three meetings for county planning, two in 1959 program planning of Home Demonstration club work, one spring planning meeting, and one called meeting to help plan for the District Federation Meeting.

There was one officer training meeting and one program development leaders training meeting. Twelve county sub-committee meetings were held for setting up plans for specific programs. The County Home Demonstration Committee Chairman has attended all District Federation Committee meetings.

These leaders are sent bi-monthly letters and are visited by the Agents to keep them informed and to help

them "iron out" any management and operation of club work. These leaders plan and carry out county-wide meetings.

The Agents are given help and assistance and information through the State Extension Staff, the United States Department of Agriculture and the United States Extension Service Staff. She also has help from professional Home Economists married and living in the county.

2. Program Development

Thirty-four women are program development leaders. These leaders have had one training meeting with the Home Demonstration Agents, and four committee meetings and individual visits. It is their job to keep alert to county, community, and local conditions which affect their living standards and family happiness; and through conversations with members and non-members to know their interests, that their planned County Home Demonstration program of work will be one which will be educational, will be progressive in standards of living, and will best meet the needs of the greatest number of people in the individual clubs in the county. It is the duty of the individual program development leaders to explain the county program to her club group, to see that

it is carried out; and to help the project leaders compile a club report to turn into the Home Demonstration office. The Home Demonstration Agents keep these leaders informed through visits for conferences and letters. There was one leader training meeting. The Home Demonstration Agent is kept informed through the District Home Demonstration Agent and inservice training meetings.

3. Subject Matter

There are four hundred seventy-five project leaders carrying homemaking subject matter. One leader training meeting in project work was held for them with the Specialist doing the training. The Home Demonstration Agents have held thirty-three such training meetings. These leaders responsibility is to present the project work in which they were trained to their club members, to check and report their accomplishments and to compile a club report and send it to the County Home Demonstration Agent's office. These reports are joint county reports. The agents receive their information from the State Specialist, inservice training meetings and locally.

4. Federation Program of Work Chairman

There are two hundred thirty-five of these leaders. They have leader training meetings in their subjects. They in turn give this work to their club

members. All of this program is carried on in an educational appreciation hand work basis. No article of craft is made unless the history and use of it is given and it is of a use to the individual. The individual learns appreciation of articles, the costs of the article and the use. She learns initiativeness, line and design. Coordination of these with actual making, and has the pleasure of accomplishing something hand made. Many women are enabled to have some home-made articles at a price she can handle rather than at the commercial retail price. Some of the women earn a small income from their craft work. They have come to appreciate a well-made useful article over "throw away gewgaws".

B. Growth of Leadership

	<u>1957</u>	<u>1958</u>
1. Overall Program Leaders (organizational leaders for County Extension Service Board)	327	327

2.

	1954	1955	1956	1957	1958
No. organizational leaders	0	0	0	327	365
No. project leaders (subject matter)	319	225	463	466	475
No. Federation program of work chairman	87	97	191	195	253
No. program development leaders	26	27	31	35	34
No. result demonstrators	56	41	35	35	36
No. training meetings by specialists	8	10	8	6	3
No. training meetings by dist. agents	1	1	1	1	0
No. training meetings by agents	14	21	32	34	33
No. training meetings by others	0	0	0	2	0
Attendance at all training meetings	385	397	690	689	517
No. meetings held without an agent	286	274	336	322	394
No. meetings leaders assisted	137	134	139	163	86
Demonstrations by leaders	119	145	161	197	152
Talks and discussions by leaders	167	129	133	141	39

3.

	1957	1958
Overall Youth Leaders (Org. leaders for County Youth Council)	6	12

4. 4-H Club Leadership

	1954	1955	1956	1957	1958
No. Club Officers	120	158	144	160	160
No. adult project leaders	23	25	23	33	39
No. junior project leaders	0	6	8	8	7
No. result demonstrators	3	6	12	10	11
No. training meetings by specialists	0	0	0	0	2
No. training meetings by dist. agents	0	0	0	0	0
No. training meetings by agent	8	5	14	8	7
No. training mtgs. by members club dept.	1	2	1	1	3
No. training meetings by others	0	0	1	1	3
Total attendance at leader training mtgs.	101	27	71	86	183
No. 4-H leaders trained individually	0	0	0	17	36
No. club mtgs. held by ldr. w/out agent	152	114	115	267	165
No. additional club meetings at which leaders assisted	51	27	69	41	114
No. demonstrations given by adult ldrs.	83	53	54	131	74
No. demonstrations given by junior ldrs.	29	28	28	59	41

5. Young Men and Women's Clubs

	1954	1955	1956	1957	1958
No. club officers	24	59	69	72	85
No. leaders or sponsors	10	13	25	39	43

C. An Outstanding Leader:

Mrs. Ruby Thompson, one of the 4-H leaders of the Forestville Club is quite outstanding as a 4-H club leader. Most of our club leaders do pretty much the same; sometimes we have one or more who give more of themselves. Ruby is one such. A former 4-H club girl - she understands club work and knows that it takes much effort on the part of leaders to keep clubs going. She has been a club leader for ten years, has attended all leader training meetings; has seen to her club being represented at county events. She has served most efficiently on county committees, has attended the State leader meeting at Natural Bridge, and county camps and picnics. She has served most faithfully on the financial committee of the County Junior Fair Committee. It was largely through her efforts that the last \$150.00 of the IPYE fund was raised. This year the 4-Hers presented her with the 4-H alumni award. Ruby is a top-notch leader.

D. An Outstanding Family:

The Lindner Family - husband and wife - has contributed largely to the County Extension Program; childless - but they love children. Mrs. Lindner gives the major portion of her time to 4-H club work. She is a familiar figure in the County Extension Office. Many times she brings in arm loads of flowers. (They raise row on row of beautiful flowers which are given away. Mrs. Lindner told the Home Demonstration Agent that ten clubs had recently been given great bunches of Chrysanthemums). Aided and abetted by her husband (he is too busy a man to do) Mrs. Lindner attends all leader meetings, county features, serves on committees, is the financial committee chairman of the Junior Fair - she put the Fair Financial Committee "out of debit". Through their efforts club work has been promoted, not only in their own community, but over the whole county.

This family has helped the Home Demonstration Agent in Home Demonstration work. Mr. Lindner, assisted by his wife, gave a most informative and interesting demonstration on "Dry Cleaning and Care of Clothing" for one of the recent leader training meetings. Mr. Lindner is a District Laundry Manager. He had every thing to show what happens to fabrics. Mr. Lindner showed many

articles that had not been treated correctly. The Home Demonstration leaders certainly had a greater respect for laundry methods of cleaning. He furnished much commercial literature for the leaders. They really work together as a team in their own personal life as well as in club work.

E. An Outstanding Club:

The Woodlawn Home Demonstration Club, may not be the most outstanding club in all respects, but this club has done an outstanding piece of community work. A club of long standing it has furnished 4-H club leaders, and Home Demonstration leaders who work not only in their own community, but help other club leaders. Individual club members have done excellent club work and have many individual accomplishments. But community work is the greatest interest. Over a series of years the members of this club have raised the money and bought the school cafeteria kitchen equipment, was instrumental in securing recreational equipment for the school. In the past three years this group through its own efforts has influenced other organizations to work with it to buy a piece of land for community recreational purposes. The last debt was paid by the club president in the late fall of 1957. Now, a plan

to buy more land needed and to start on building is in progress. Yet, if you asked one of the club members what the club is doing the invariable answer is "why we don't do anything".

F. Achievement:

Ruth Lewis of the Groveton Home Demonstration Club has done a very nice piece of Home Demonstration work and set up a small business that gives her a nice income. Better still she has influenced her husband to help her with something he called a "mess". About five years ago Ruth became interested in dried flowers. So with leader training meetings and Home Demonstration Agent's help, and reading and attending exhibits - Ruth has home shows in dried flower arrangements. She attended leader training meetings in (1) drying flowers to preserve color - she worked with these for a year; (2) Preserving and drying flowers for pictures and trays - she worked with these for a time; (3) drying plants to tint and color for decoration - this is what her husband called a "mess"; (4) drying flowers in sand. Last fall Ruth had one "At Home Show" it was so successful, that this fall she had an "At Home Show" for three afternoons and two evenings. She very easily obtained from \$1.00 up to \$7.00 for

arrangements. Ruth and her husband (in his spare time) go on collecting trips - and while she does the drying and arranging, he makes, frames, plaques and such for her to use. This has developed into quite a nice business.

VIII. COOPERATION WITH OTHER AGENCIES AND GROUPS:

The Agents do all possible to cooperate with their county workers, the general public, the county educational groups, (Home Ec., A.A.U.W.) County Chairman of Commerce, other professional workers, county educational system, Board of Supervisors, committee work, Red Cross, U. S. Association, Welfare, Civil Defense, Civic groups, Womens groups, commercial people, service organizations, P.T.A., Youth Groups and Granges. She has advised with, helped to set up programs, given talks and demonstrations, has furnished information and bulletins and some special interest work; and has furnished speakers, and people to give demonstrations. For examples, two demonstrations have been given for the Home Economic groups of Southern States Cooperative.

IX. PROGRESS IN DEVELOPING GOOD PUBLIC RELATIONS IN THE COUNTY WITH:

A. Co-Workers

Conferences with staff and individual members.

B. General Public

Talks, discussions, demonstrations, committee meetings with civic garden clubs, P.T.A. and a weekly broadcast.

C. Elected Representatives

(1) These have had invitations to all county features and (2) the Home Demonstration Agent requests and receives books and bulletins from these representatives.

D. Commercial Interests

(1) Receives visitors representing commercial interests; (2) requests literature and samples, and kits for help in Extension program; (3) is very careful to write a letter of appreciation for such help received; (4) sees that 4-H'ers winning prizes from commercial companies, send a letter of appreciation; (5) attends openings of business enterprises setting up in the county and (6) serves on a local store's advisory committee for Fairfax County.

E. Other Professional Workers

Advises with demonstration for, serves on committees of, give information and bulletins and cooperates with all professional group, for instances; (a) The Home Demonstration Agent served for career night for Home Economics Teachers, and (b) has given information and help on U. N. Flag to professional workers.

X. PROFESSIONAL IMPROVEMENT:

The agent tries to keep up professionally through:

- (1) reading - (a) professional magazines, and books;
- (b) information from National and State; (c) books and magazines of good features; and (d) attends National Geographic Lectures.
- (2) Training - (a) Eleven days of inservice training for Home Demonstration Agents; (b) twenty-one days of inservice training for Assistant Home Demonstration Agent.
- (3) Educational trips - (a) Agents meetings at W.P.I., (b) District meetings and planning meetings, (c) National Natural History.
- (5) Professional membership - (a) State and National Home Demonstration Organization; (b) State and American Home Economics Association; (c) American Association of University Women; (d) Granges, and (f) National Geographic Society.

XI. IMPROVEMENT OF OFFICE AND WORK CONDITIONS:

The recent move of the Extension Offices to other quarters has not helped crowded conditions, however.

All 4-H records and papers are kept by the Assistant Home Demonstration Agent. This makes for better organization and neatness. It is a greater help in compiling reports.

More shelves have been provided and as soon as material can be arranged, these will be a greater help.

At present the lighting system is a handicap, but it is hoped to be bettered soon.

XIII. THE LOOK AHEAD:

Generally the county plan of work has been accomplished to a large degree. The report shows some 17,987 families, or 53,961 individuals, have been served directly and indirectly in some one or more ways. Leadership has grown. More members and lay people help in the county program. There are more phone calls and visits.

In view of greater disturbances in airport, highway and housing developments, and certainly the continued higher cost of living, some club groups may have to be combined or closed. More and more women are seeking work in some instances leaving too few club members to carry on; even though the enrollment shows an increase. Some of these groups too are in the proposed annexation areas.

The 4-H groups are more stable, but with an enrollment drop. This is due to losing many when they enter high school and to our crowded school conditions.

Generally though, the Home Demonstration Agent believes these will even-up when the county planning becomes more settled.