

1958 PLAN OF WORK

KING WILLIAM COUNTY

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HOME DEMONSTRATION AGENT

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I. The number of small farms in King William County has decreased with larger farms on the increase. In 1945 there were 726 farms as compared with the 1955 figure of 525. There are approximately 1944 households in the county. This figure includes a large number of urban homes. The greater part of these is in West Point, the only town in the county. There are several villages.

A pulpwood industry in West Point employs many of the urban men. Others commute to Richmond and other nearby towns. A move is being made at this reporting to encourage industry to come to the county. A labor survey has been conducted by members of the local Farm Bureau.

Electricity is available in all sections of the county being served by two electric companies. Electric water systems have been on the increase. A larger number of families have telephones, home freezers, automatic washers and other electrical appliances.

The local health department has been most active in recent years. It is served by a part time doctor, a full time nurse and a sanitation officer.

It is the long time goal of county families to do what is necessary to bring industry to the county in order that farm families on small farms may supplement their farm income with employment in industry.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

1. The County Agricultural Extension Service Board will be set up this year with a meeting once during the year. A representative from each

of the Home Economics Committees, the Home Demonstration Club Committee and the Youth Committee will serve on this board to coordinate activities of all Extension groups.

2. There is no plan for forming a home economics council this year.

3. General Interest committees -

A health committee which was organized last year will meet.

A youth committee which was organized last year will meet this year.

4. Plans are to have a nutrition committee formed from the health committee.

5. The County Home Demonstration Club Committee Chairman will serve on the agricultural Extension Service Board.

B. Project Work

Clothing

Home Demonstration Clubs will have a demonstration on "Spending The Clothing Dollar Wisely" at club meetings one month this year.

Four special interest clinics in garment construction will be conducted with two emphasizing beginning dressmaking and two in advanced dressmaking.

A demonstration on buttons, belts, zippers and buckles will be given all Home Demonstration Clubs one month. It is hoped that a clothing committee may be set up after these clinics have been conducted.

A trip to Singer Sewing Center in Richmond is planned for one day in January at which women will be shown how to clean and adjust the sewing machine.

HOME MANAGEMENT

A demonstration on clothes saving tricks for the home laundry will be given by a home economist from an electric company to all Home Demonstration clubs.

A demonstration on rug care and one on floor care will also be given at Home Demonstration Club meetings. "Making the Most of Our Electricity" will also be discussed at Home Demonstration Club meetings.

FOODS

One demonstration on "My Favorite Meal" will be given with emphasis on good nutrition. The nutrition committee to be set up will make plans for a program with emphasis on good nutrition.

FAMILY LIFE

One month's program will be devoted to understanding adults and teenagers.

In addition to the above demonstrations and clinics, a weekly news column in the local paper, a monthly radio talk, letters and bulletins will be used in carrying out plans for improving family living. With farm incomes on the decline the homemakers of the county will have an opportunity to learn to conserve time, energy and money.

C. Federation Program of Work

Art-In-Daily Living will be given major emphasis in 1953. In January the chairmen in each club will discuss art and the homemaker as it applies to meal planning, the use of house plants and orderliness in daily living. Plans are for interested women to make a trip to the Virginia Museum of Fine Arts, having a discussion before the visit in preparation for it, and a discussion on their return, of what they enjoyed most at the

museum. The county Art-in-Daily-Living chairman with the agent's assistance, prepared a manual of suggested materials for each club chairman to use throughout the year.

D. Other Activities

During National Home Demonstration Week, a luncheon is planned at which clubs will give skits carrying out the theme of Art-in-Daily-Living. Clubs will give reports of work done. Special news of Home Demonstration activities will be sent to the local paper during National Home Demonstration Week. The regular radio program will feature news of Extension activities.

Through a weekly news column on Home Demonstration activities the public is kept informed of Home Demonstration work in the county.

Home Demonstration members will attend the annual District Federation meeting, and the Institute of Rural Affairs.

The county Home Demonstration Club committee will have 2 meetings, spring and fall to plan for and to evaluate the program.

III. FARM AND HOME DEVELOPMENT

Fourteen families were worked with in 1957. Three of these were new families who came into the program through the farm and home management school which was held in the county early in the year.

A committee of prominent men and women has assisted the agents in the selection of families to work with under this phase of the Extension program. They will do so again this year.

In 1958 plans are to have a two day school for these same families with the addition of approximately ten or twelve new families who are interested

in farm and home management. The program for the school will include information which should be helpful to the present families and to the new families. The men and women will meet jointly for part of this program. They will meet in separate sessions to do some intensive work on management.

This school will be followed by home visits to each family during the year to discuss individual problems. Women from these families will be invited to the special interest clinics to be held. These clinics scheduled will be on chair seats, cleaning and adjusting sewing machines, construction of a simple dress, and advanced dressmaking. If time permits and the need arises other clinics will be scheduled. Women who are not already members of a Home Demonstration Club will be invited to attend meetings of the club nearest their homes.

The agent plans to use a kitchen which she help plan last year as a result demonstration for other families since the homemaker is willing.

IV. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

1. County Youth Council - None
2. County Youth Committees

A youth committee was set up last year composed of interested men and women. Long time goals were set up then as follows:

1. Increase 4-H membership to 250.
2. Organize Honor Club
3. Work towards a Youth Fair for this area.

This committee will meet again this year to set up goals which can be accomplished this year towards the long time goals.

3. County 4-H Council

This council is composed of the officers of each 4-H Club in the county. It meets twice a year. One meeting has been held this year at which the following goals were set up:

1. Strive for 90% completion of project records.
2. Have 20 boys and girls attend camp.
3. Sponsor 4-H picnic.
4. Present Achievement Program at P. T. A. meeting.
5. Sponsor square dance as fund raising activity.
6. Observe 4-H Sunday with outdoor service.

4. All Stars

There is no organization of All Stars in the County.

5. Honor Club.

None at present.

6. Project Planning Committee

None.

Projects are planned in club meetings.

B. 4-H Project Work

Foods

52 members are taking a foods project. Seven of these are studying outdoor cookery, 19 meal preparation and 26 foods for good health.

CLOTHING

25 members are taking clothing projects. Seventeen of these are second year projects. Eight are new, taking "So You'd Like to Sew".

ROOM IMPROVEMENT

20 members are studying room improvement. 18 of these are making simple articles for their rooms. Two are continuing work started a previous year.

Objectives are to teach these girls and boys the basic information they need to continue their work on these projects which will fit them for future homemaking.

The demonstration method will be the chief method used. The agent and leaders will give these demonstrations. In several instances, club members themselves will give demonstrations.

C. 4-H activities

At this writing, the first meeting of the 4-H Council has been held (see IV A-3 above).

The next activity will be a square dance in February as the fund-raising activity for 4-H Clubs.

Several girls will enter district 4-H contests in foods.

4-H Sunday will be observed in May.

A program for the P. T. A. Will feature achievements of boys and girls and serve to acquaint parents with 4-H activities.

Boys and girls from county will attend state 4-H Short Course and Jamestown Camp.

A 4-H picnic will be held in the summer.

A second meeting of the 4-H Council will be held in the fall.

D. Young Men and Women's Work

There are no organized YMW groups. Some young homemakers will be reached through membership in Home Demonstration Clubs. They will be invited to participate in special interest clinics.

V. SCOPE OF WORK

A. Organization	<u>NO. IN 1957</u>	<u>GOAL 1958</u>
Number of home demonstration Clubs	10	10
Membership	157	170
Number 4-H Clubs	5	5
Membership	95	100
Number of young men and women's clubs	0	0
Number community improvement clubs	0	0
Number home economics committees	0	1
Number general interest committees	1	1
Number youth committees	1	1
Number other organizations	0	0
Number fare and home development families	14	20

VI. PLAN FOR LEADERSHIP	<u>NO. IN 1957</u>	<u>GOAL IN 1958</u>
A. Overall Program Leaders	0	3
B. Home Demonstration Club Leadership		
Number organizational leaders	50	50
No. project leaders (subject matter)	40	40
No. Federation program of work chairmen	10	10
No. program development leaders	10	10
No. result demonstrators	0	0
No. meetings which leaders were trained by specialists	2	3

NO. IN 1957 GOAL 1958

No. leaders at which leaders were trained by district agents	1	0
No. meetings at which leaders were trained by agent	1	3
Attendance at training meetings	33	60
No. club meetings held by leaders without agent present	5	10
No. club meetings in which leaders assisted	0	10
Total number demonstrations given by leaders	5	10
No. talks or discussions by leaders	60	80

Leaders in clothing, foods, home management will be trained at special training meetings conducted by the agent and specialists. A meeting on laundry will be conducted by a home economist from an electric service company. Leaders will give demonstrations at meetings three months this year.

NO. IN 1957 GOAL 1958

C. Overall Youth Leaders	0	2
Organization leaders for county youth council		

NO. IN 1957 GOAL 1958

D. A-H Club	30	30
Number A-H Club officers	3	6
Number adult project leaders	3	5
Number junior project leaders	0	0
Number result demonstrators	0	0
No. meetings at which leaders were trained by specialist	0	0
No. meetings at which leaders were trained by district agent	0	0
No. meetings which leaders trained by agent	0	2

	<u>NO. IN 1937</u>	<u>GOAL 1938</u>
No. meetings at which leaders were trained by personnel in 4-H Dept.	0	0
No. meetings at which leaders were trained by others	0	1
Attendance at leader training meetings	0	0
No. 4-H leaders trained individually	3	5
No. club meetings held by leaders without agent present	11	16
No. club meetings at which leaders assisted	0	0
No. demonstrations given by adult leaders	14	20
No. demonstrations given by junior leaders	0	0
E. YOUNG MEN AND YOUNG WOMEN'S CLUBS		
NUMBER Club officers	0	0
Number adult leaders or sponsors	0	0

VII. WORK WITH OTHER AGENCIES

A. Health Department

The county health nurse and the sanitation officer will serve on the Extension health and nutrition committees.

B. Woman's Club

The home agent is a member of this club serving as American Home and Garden Department Chairman. As such she presents a program at one of the meetings during the year. She will give a minute report at each meeting on some phase of work in this department.

C. Community Building Committee

The home agent is a member of the committee which governs the use of the Community Building which is used by all organizations in the county.

D. Electric Cooperatives

The home agent will have a home economist from one of the electric companies serving the area to give a demonstration on laundry for leaders

of clubs who will give the demonstration in club meetings.

VIII. PUBLIC RELATIONS

A. The home agent presents a written report to the County Board of Supervisors each month.

B. The agent writes a weekly column for the local paper and gives a five minute radio report every four weeks from a Richmond Radio Station.

Occasionally the agent is asked to speak or give a demonstration at a meeting of another organization or to a High School group. Plans are to meet such requests.

C. The agents and extension secretary plan once a month for cooperative activities.

D. Commercial interests are not forwarded except by pointing out good features of various brands, letting individuals make own decisions as to which ones serve their needs.

E. Other professional workers are contacted at intervals to keep agent and others informed as to goals being worked on.

IX. EVALUATION

The home agent uses a dally notebook to record progress, checking with clubs during year to note accomplishments. The yearbook which is sponsored by a local pulpwood corporation is used for checking on progress. This has been found to be more satisfactory than asking club women to fill out a written report at the end of the year.

At a meeting in the spring of the Home Demonstration Club Committee and of the 4-H Council, progress is noted.

All information recorded prior to the planning meeting in August is studied and evaluated in time for this planning meeting.

This year it is planned to have a meeting of each special interest committee late in the year to see what progress has been made on long time goals which are being set up at the first meetings of the year.

X. PROFESSIONAL IMPROVEMENT

A. Organized study - no definite plans, other than Extension workshops.

B. The agent reads issues of What's New in Home Economics, Journal of the Home Economics Association, and a number of home magazines such as Farm Journal, Progressive Farmer, Good Housekeeping, etc.

C. The agent is a member of the Virginia Home Economics Association, the Virginia Home Agents Association and the National Home Economics Association.

D. The agent attends meetings of special interest on nutrition, house furnishings, etc. sponsored by other organizations whenever possible.

The agent attends a Sunday School workshop once a year.

E. No plans for educational trips have been made.

XI. Some work has been done on the setting up of a county Extension Service Board. This board will meet this year. A health committee out of which a nutrition committee will be formed, and a youth committee will have representatives on this board as will the representatives of the 4-H Council and the Home Demonstration Club Committee. Both agents are working on the organization of this board.

XII. PROBLEMS

With improved transportation more county functions are scheduled each year. With more activities it is difficult for Extension activities to be scheduled because the same people take part in them. This makes it difficult to set dates for Extension activities which will not conflict with other functions.

In setting up committees it has been difficult to get women to serve as the number of women leaders in the county are limited and they are asked to serve on too many.

It has been difficult to reach young homemakers who have young children. In several instances they have taken turns at keeping each others children. It is hoped that this may be continued.

The home agent plans to improve her means of communications with the women of the county by more personal contacts and fewer letters. She hopes to enlist more leaders in working on programs by keeping them to see better the need for each program, by creating an interest in each program and by using more individuals, avoiding asking the same ones to serve on more than one committee.

As a result of the recent training for agents in communications, a more effective Extension program should be carried out in 1958. The agent plans to use this training in carrying out the 1958 program.