ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

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1960

Northumberland
County

HIGHLIGHTS OF THE TWO MOST OUTSTANDING CONTRIBUTIONS

MADE TO FAMILY LIVING AS A RESULT

OF

THIS YEAR'S PROGRAM

I. Home Furnishings.

In my opinion this phase of work has made one of the most significant contribution to family living as a result of this year's progtam. Realizing that shelter is one of the basic needs of man that is essential to his very being and existence. To have a place to live would met this need. Yet, according to today's standards and trends to have as comfortable, attractive and convinent a house as the family can afford is the basic desire of most of the families with whom we reach or work with in the Extension Program. Through this project they have learned how to achieve these desires by planning and working to achieve their plans. They are taught to accomplish this through the correct use of color, selection and arrangement of furniture, wise use of pictures and simplicity and individuality. They were taught to use of pictures and simplicity and individuality. They were taught to consider the entire family in the planning and work toward making their homes attractive and suitable to family members for comfort and conviences.

They learned to make better use of Areas in the homes and some items they already had. They were advised not to do impluse buying and spending to invest in things they could use and enjoy over a long period of time.

As a result of this project more than two hundred rooms were improved.

Family began making better use of areas and rooms seldom used. They painted and papered, arranged furniture, treated windows, used accessories, covered and refinished floors, improved lighting and hung pictures according to recommendations. They made home furnishing plans that they will continue to follow when purchasing new items and additions. This has contributed to better family living relationship, which were our basis objectives when planning the program. This made happier and more contented people.

2. Home Ground Improvement

"A house and its surroundings represents the people that live there," was our theme for getting this project into action. We realized that the time when all families will have a well planned and landscaped homeground is inevitable. However, we did and still do believe that they can improve the appearance by cleaning up the existing conditions. This project was homegrounding and was planned to get those families who desired and planned to improve their homegounds by planting shubbery and shade trees, improving driveways, grading and seeding lawns, laying walks, establishing flower beds. However, we felt that those who did this would create an awareness and desire in others to take action. But our main determination was to encourage all families to clean up and fix what they already had and to stimulate the interest of all the people. They were encouraged to use native materials in order to reduce prices and excused. This was teaching them to make better use of available resources.

As a result of this project a few family's made plans for a long time homeground beautification project . The majority of the club members

improved the appearance around their homes by cleaning the, homegrounds, establishing area and disposer for garbage and rubbish and made plans for establishing flower beds and borders, some improved or established driveways and readily accepted the idea of making use of native materials. They encouraged neighbors and friends to clean up their homegrounds. They accepted the idea of regardless of how humble or dilapidated a dwelling maybe, one must try to make it as clean and orderly as they can. Regardless of circumstances one must develop pride in themselves and their homes.

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I. The County Situation as it Affected the

Program for 1959-60

Northumberland County is one of the four (4) Counties that composes the area of Virginia known as the Northern Neck.

Recent statistics show that there are two hundred-twenty three (223) square miles area in the county. There is a total of 128,000 acres; of this amount there is 62,722 acres in farmland. The total numver of farms is 488 which is approximately 75% (367) white and 25% (121) non white. The average size of farm in the County is 128.5 acres. The number of farms have decreased approximately one third. This is due greatly to the fact that mechanization of the farming industry and two small a farms for a profitable income. Therefore, the larger farmers have bought or rented the smaller farms and the previous owners or operators are seeking employment in other industries or Areas. The smaller operators could not afford to invest in farm machinery or secure additional land.

There has been a similar change in the main industry, the Menhaden Fishing. About two years ago a new machine was developed with which cut the crews in about half. This year the crews were cut two to a boat and some Captains who previously carried all or some Negro previously carried all white Crew. This naturally caused a larger numbers of the families with whom the Extension Program source to have a new and lower

economic status to become adjusted to. Families have been forced to move away to seek employment, some indefinite, some weekly commuters, other daily. The women have been forced to seek employment outside the home to help supplement the families income, in ordef to provide the necessities.

Those who did fish reported one of the slackiest seasons in the past twenty years. This was do greatly to the fact that the demand for the products, produced from the fish was low due to import products which sold cheaper than the local producers claim they could produce them. Often during the season the fisherman were on limits, when this was reached they were not allowed to fish anymore doing the week. The facorries would become glutted. The produce was greater than the demands. A Spokesman for the Mahaden industry stated, that the low prices (of the main products which is fish meal) are living livestock feed mixtures back in the fish meal market and may increase domestic Consumption by almost fifty per cent. Before the impact of foreign imports fish meal was living between $135 to $140 per ton. The high price caused feed formulators to reduce or eliminate the product from thier mixes. The great problem is to produce fish meal cheap enough to fill the demand of the feed producers at a price which is practical for both producer and consumer.

Agriculture- Farming, is rated as the second largest means income and occupation in the county. This year the outlook is better than in the past years as for as yield is concern. The Chief crpOs are

corn, legumes, small grains and fruits.

Other industries that contribute to the occupational and economic status are Oystering, Crabbing, Commerical Fishing, Saw Mills, Skilled and Unskilled labores. The number of families worked with farm or non farm has changed do the previously mentioned facts. The number of non farm families has greatly supassed the number farm families. The population is 10,012 of which 4,088 (1950) are Negroes.

At present all districts have consolidated schools except one which is suppose to be consolidated by fall of '61. This means better schools than before which means improved facilities. The 4-H groups are larger but are usually divided into two according to grade classifications. This enables us to give very limited instructions. Leaders work with project groups before but are unable and not as willing because of distance, transportation problems and various other reasons.

Approximately one half of the families work with have telephones which enables them to have greater contact, with the community and the various services available to them.

Ninety-seven per cent of the families worked with have electricity in their homes and some equipment, the most common one is the refrigerator.

Due to the fact that the educational lever of the people worked with is higher than before has meant the interest are some what different but the basic needs are the same. Most of the families worked with have televisions, therefore they are usually informed on the lastest

equipment and ideas but they still need the basic methods and steps to make them effective and fit their situation.

The county has a health center located at the county seat. There are seven physicians and a maternity hospital. The residents of the county readily use the available services and facilities.

The recreational facilities have been quite limited. School, Churchs, Social and Civic Alubs offer the larger portion of recreation. To date there is near completion in the county a recreation building with modern facilities and equipment which is being erected by a group of ladies in the county and public funds. Some families have recreation at home with games, television, sports, etc. The H.D. Clubs sponsor some supervised recreation.

II. County Extension Program - Adult

A. Organization

1. County Agricultural Advisory Board

This organization serves as an overall source for all extension activities. It is composed of three leaders from each interest community. It is usually desinated as to sex, but due to the occupations of the men of this county we have found it necessary to deviate from this stipulation. All activities planned on a county basis is presented to this body for its' approval and suggestions. This committee sponsors the Community Improvement work, special extension activities and analyzes and evalutes 4-H and Home Demonstration programs and activities. It also studies and

suggests methods by which the extension program may be strengthened and more people reached.

2. Home Economics Committees

These committees are composed of leaders and community committee chairmen of the areas of work on the program calendar. This year these committees will be on house furnishing, rural arts, budgeting and managing, and foods and nutrition. The members will present their community problems and needs on a county basis and initiate methods by which needed information and material can be presented by mass media. It will secure data through the following methods; individual contact, group contact and mass contact. They will analyzes and evaluate information attained and offer solutions through information presented.

3. General Interest Committee

This committee is composed of community leaders, school principals, ministers, county health workers, county welfare workers, health and recreation instructors, county authority, and vocational agriculture and Home Exonomixs teachers. It will deal with problems of general interest to all. The areas which attention will be given will be health, safety, home ground improvement and delinquency. This committee will secure its information through observation, individual contact, school reports and county health and welfare records. After the records and situations are discussed, recommendations will be made to cope with the problems.

4. County Home Demonstration Club Committee

This committee is composed of presidents, secretaries and club leaders of each organized home demonstration club. Its purpose is to bring to the body the need, interests, and desires of the people, plan the calendar work for home demonstration clubs, inform the people of the aims and objections of the extension program and to study and evaluate the program so that it may be planned to meet the needs of the people. It presents programs to the public so that they may be informed of some of the accomplishments of the extension program, so that the majority of the people will be reached.

B. Charts.

Other than the various community general stores and food markets, the majority of the shopping or marketing is done in near by county.

II. County Extension Program

A. Organization

1. County Advisory Board

2. Home Economics Committees

3. General Interest Committees

4. Home Demonstration Club Committee

B. Subject Matter and Special Interest Areas

1. Home Furnishings

This phase of the program was choosen because the people readily recognized the fact that this was a need for the majority of the families. They were aware of the fact that they did not have sufficient knowledge

nor skills to make their homes as attractive and liveable as they should be. Many complained of spending money to furnish and redecorate their homes, yet they were unable to achieve the effect that they had hoped to achieve. The problems were; 1. The homemakers would select wall finishes (paint and paper) without considering location, size or harmony in relation to home furnishing ideas. 2. The families were not well informed on arrangement of furniture in relation to its size, wall space available and usage. 3. Improper selection and use of lamps, and accessories. 4. Families fail to make use of the accessories they already have available.

An attempt was made to teach the homemaker to recognize and appreciate an attractive, simple and well decorated room. This we hope to accomplish by informing her with basic information and encouraging individuality in making her home attractive and livable for her family's conviences and comfort.

The people were to learn how to make a home furnishing plan and to work by this plan to achieve correct color schemes, lamp selection, furniture selection and arrangement, use wisely the many items they had available taccessorize their homes and using things that are useful rather than ornamental keeping it simple and attractive.

It is evident that when people are comfortable and their enviornment and surroundings are improved, they are happier. They know what they want to do, how to do what they can do in steps. Their knowledge and skills have been increaded, therefore they have readily

try new ideas and seek additional information.

This was done through the various method. A questionaire was passed out to determine to what extent help was needed and the specific areas in the phase of work. Leaders were trained, method demonstration were given by leaders and agent. Result demonstrations were set up to show areas in which goals were achieved and progess attained. Tours were conducted so the other members and the public may see what was accomplished. A survey was made to determine the number of families who had used the information. As a result this observation was made that the persons were aware of many of the things that needed to be done but needed to increase their knowledge and improve their skills so that a more effective job could be done. Some realize that their major problem was using what they had to a better advantage. They accept criticism with thanks and praise with graditude. They readily offered their ideas and helped to neighbors and friends reminding them that an attractive simple room will be in keeping with their way of life.

2. Art in Everyday Living

The homemakers complained of their inability to use pictures effectively in decorating their homes. They asked for suggestions and ideas of using many of the accessories and items they had available to help make their homes attractive and many items useful. They did not realize that making their homes attractive and livable, using what they had wisely was an art.

To do these things they needed to become well informed and improve

Their skills so that a more effective job could be done. The local merchants cooperated by letting the women tour their stores and using items on consignment.

The homemaker learned to improve her home and its appearance by selecting, refinishing and hanging pictures in relation to the furnishings, and wall space. They were encourage to select and collect pictures, refinish picture frames and frame pictures they had collected.

3. Home Ground Beautification

We found that many of the families were securing shrubbery and planting it without considering its relation to the house or area where it was planted. The needed help an establishing a home ground plan. Others were sowing the lawns without grading or putting some nutritients into the soil for the seeds to thrive on. Establishing flower beds and not planning before they planted.

An attempt was made to encourge the families to have stipulated areas in their lawn plan, to establish a suitable driveway with turning area, and walks that would be accessible to the entrances and service areas.

The families we hope would be more interested in their lawns and developing a pride that would make them more concern about the way their lawn looked as it would represent the family who lived there.

Films, slides and posters were shown to show them what a well planned and developed home ground should look like. Flannel graphs

were used to show them how to plan each area of the home ground, how to use a plan in developing a flower bed in order to achieve the best effect or the views. Leaders were used very effectively to put on a Clean up-Fix-up Campaign this was to stimulate the interest in the communities and get all families whether club members or not to join in. News articles, talks and discussions were also used.

Families learned to make and made plans of their home grounds as they were and how they wish to improve it. This gave each member participating a goal to work toward whether long or short. Each became aware of their needs and showed a desire to try and full fill it. Some developed a sense of belonging and a desire to help in making the communities in which they lived more attractive.

4. Clothing

Homemakers are not well informed on consumer buying of ready to wear garments. When constructing garments the homemaker needs to learn to do some of her better or more expensive garments.

They were taought the things to look for when purchasing and garment, and how they might economize and get a better fit by constructing some of the better garment for their families.

We feel that the group in Consumer buying has learned the importance of evaluating the article to the purchase and to look for quality rather than quanity when shopping for their families. They were encouraged to buy fewer but better garments; Care for them properly and they would get better and longer service from them.

This was work with special interest groups and those who attended

gained real satisfaction in knowing how to select and construct garments for their families.

5. Home Management

This was selected as a special interest group as some homemakers felt they needed additional information on managing and budgeting the income. They also felt that they were not covering the essentials adequately.

Information was given on your Budget, where it comes from and where it should go. They were to learn that good management comes by planning in advance for the essentials and to economize whenever the family can in all areas, food, clothing, shelter, etc.

The families that received this information learned that the entire family should be in on the planning and they will find the demands not as great whenever each member knows how much is coming in and where it has to go. These families learn to recognize each member and his contribution as a vital part of the management programs as each needs was not identical and needed consideration as an individual. Large families with low incomes learned that each could make his contribution by contributing a portion of his or her earnings to keep the family's basic necessities supplied.

This was accomplished by showing the homemaker had to plan a budget and keep records. She in turns shows her family and those who are old enough, help is solicted in assisting with keeping the records

such as recording expenditures, and help tally or check records. The same principal is carried ove in other areas of management. Each members needs are supplied before his wants and desires.

6. Significant Story - Foods and Nutrition

It was stated that a larger number of families were purchasing home freezers and using them only to freeze the products they had produced. The homemakers were not aware of the other advantages her home freezer could serve. Another problem was that some homemakers continued to use methods not recommended for preservation of some foods and they were not processing the foods properly to be frozen.

The family with home freezers and food lockers were encouraged to use them more advantageously. They were taught to prepare meals in advance, to freeze left over food, and to purchase additional foods in season when prices were lower to be used when they were out of season and prices were high and they felt that they couldn't afford them so that their families may have a well balanced and varied diet the year round.

It was stressed that the proper methods should and must be used in preserving and freezing foods so that they may retain the highiest amount of nutritive qualities, color and best appearance.

The homemaker was to learn that time and energy could be saved by preparing and storing ready and pre-cooked foods and meals. These could be used when she was away or wish to attend a meeting, or other activities.

When foods are left over they maybe forzen to be used at a later day. If small amounts of foods are left after meals she could freeze them in individual meals to be heated and used later by family member and unexpected guest. She was to also recognize the fact that food is more nutritious when properly prepared. Correct wrapping and storing is important, and that food is more attractive when properly frozen, preserved and stored.

This was to enable her to spend more leisure time with her family and attend and participate in more community and varied activities. It will help her to serve a variety of meals the year round, encourage better eating habits and stay within her family's food buiget, yet have adequate and well balanced menu. If the homemaker worked away from home she could make her task of preparing the meals quicker and simple. This fact would bring about better family and community relationship and a happier and more content family.

This work was done in a special interest group with club and non club members who worked or participated in a number of activities. They wished to continue and also wanted to spend an ample amount of time with their families.

Method demonstrations were given by the Home Economist from the electric companies serving the county, home economics teacher and agent. Printed material was given each lady, talks and discussion were held, news articles printed and leaders assisted. Companies and

and local merchants supplied containers, freezing materials and the meetings were held in the home economics department at the county high school.

The ladies readily accepted this information and stated that this enabled them to plan more effectively, spend more time with their families relaxing and they were able to have more time to participate in family and community activities. Other members of the families assisted more r readily with preparing and serving of meals. The foods they froze was more palatable and had a better appearance. This assisted them also in preparing their meals in less time. They were able to serve meals to guest and family members on short notices. It also helped them to save on the family's food budget. Their families seemed happier that they could spend more time together and attend and continue to participate in a variety of family and community activities.

Results of Survey on Food and Nutrition

A survey was made by the Food and Nutrition Leaders of the various organized communities in the county. As a result of this survey we have found the following facts about the food and nutrition standings of the two hundred and sixty four families contacted.

1. Seventy -three families had gardens who have not had them in past five years.
2. Eight-one families resume the habit of canning and freezing who had decided it was cheaper to buy.
3. Nineteen families improved their storage space.
4. Eleven families purchased home freezers.

5. One hundred-seventy-two families used some improved and reccommended method in food preservation they had not used previously.

6. Two hundred-eleven produced a vegetable not previously produced.

7. Forty-three families improved the eating habits of their family.

8. All reported some improvement in meal planning.

9. Ninety-three included more milk in the daily diet.

10. One hundred-two pieces of time saving equipment was purchased to make the task of preparing meals much quicker.

These results show that the food and nutritional status of the family in the county are improving greatly. The one hundred and thirty-two club members were questioned and one hundred and thirty-two other families or homemakers not enrolled were questioned. We find that those enrolled in clubs are more conscious than those who are not about their family's foods and nutritional status. Of those not enrolled a larger number admitted they had learned or had encouraged by a club member.

C. Other Activities.

1. National Home Demonstration Week

TOUR, TALENT AND FASHION SHOW AND ATTENDANCE AT DISTRICT MEETING WERE HIGHLIGHTS OF OBSERVANCE OF NATIONAL HOME DEMONSTRATION WEEK

A tour was conducted to visit three home improvement projects that had been completed by three club members who served as demonstration. Window treat, color scheming, and furniture arrangement were

the features that were stressed as highlights of the tour at the three homes visited. We felt that his would best describe what was being accomplished by the club members. We also felt that his would stimulate the interest of non club members and encourage other members to put into practice what they had bean taught. The homemakers that we visited explained the cost of improvements made and how the improvements contributed to their family life and happiness. The three homes visited were Mr. and Mrs. Kermit Lewis of Glesbe, Mr. and Mrs. Thomas Walker of Horsehead and Mr. and Mrs. Edward Holden of Lottsburg. Refreshments were served by the H D Committee at the end od the tour.

A Talent and Fashion Show was presented by a special interest group that had constructed garments. These ladies were quite pleased with the results obtained in this sewing group. They modeled some ready made garments with local talent to complete the activity. Eighteen of the garments modeled were made by the group. Other club members and non-club members modeled and appeared of the talent phase.

Seventeen club members attended the Annual District Meeting from the county. This meeting was held in Westmoreland County. They expressed themselves as having spent a day that was enjoyed and very informative.

2. Home Demonstration Community Project Work

The home demonstrations clubs in each community sponsored as the Community Project, Clean up and Home Ground Beautification. This program was included in the program calender and the members felt that it would stimulate the interest of families not affliated with the Extension

Program. It would also improve the appearance of the communities as well as some of the existing conditions. A slogan was used, "Less Clean-up, Fix-up and Beautify Our Community, " as a result their interest was aroused. The majority of the families in various organized and unorganized communities have put forth some efforts to clean up the trash and rubbish around their homes, improved their driveways and walks and fixed their steps and other unsafe hazards around their homes. Some families built or purchased incenerators to burn trash and rubbish, some purchased or improved garbage containers and placed them in screened areas. Shrubbery and trees were pruned and flower beds established.

A larger number of families participated, as a result this improved the appearance as well as sanitary conditions in the communities and county.

3. County Home Demonstration Objectives.

The county home demonstration objectives were to: (1) To reach uninterested families and encourage them to improve their standards of living. (2) To build a stronger and more effective leadership program. (3) To teach the people to enjoy and appreciate rural life. (4) To preform useful work and co-operate in building better and more attractive communities. (5) To develop a respect for each family member and others.

4. County Achievement Program

This was in the form of a Bazzaar. Each club member was asked to bring at least two items that she had learned to make or improve in club work and solicit at least one item from a person or family that maybe sold

at this affair. As a result a large number of items were donated. The items contributed by club members were placed in a area, and those by non-club members in another area. Those donated by club members were judged by the leaders who received training in judging. These items were then sold or auctioned to raise funds to buy demonstration supplies to be used in conducting demonstrations and promoting the Extension Program.

This enabled the ladies to inform the public of some of the things they had learned and to participate on a county wide basis. The items consisted of canned goods, baked products, candy serving, arts and crafts, restored accessories, and products produced.

4-H Members also contributed to the bazzaar items they had made.

5. Recreational Activities.

A. Christmas Party

The Annual Christmas Party was held. Each member who attended brought her family and another family. Approxitimatley one hunired and seventy (170) persons attended. They exchanged gifts of some items they had made or produced. They had games, music and dancing, served refreshments and gave baskets to the aged, needy and shut-in.

B. Picnic and Outing

The annual picnic and outing was held at Charleton's Beach here in the county. Club members, families and friends attended. A day of leisure and relaxing was opent at the beach. Each member provided food for her family and friends. Games and swimming was enjoyed by those attending.

D. There are not any urban families in this county.

and Home Development Work.

Mrs. John Kelly of Avalon, is the only family at present with through the farm and home development approach. This [illegible]d year they have been worked with in this phase. As previously stated [illegible] are paying for their farm, home and farm machinery. At present they have been able to reduce their loan considerably as a result of assistance given them in management and record given them in management and record keeping. They plan to improve the home extensively or prehaps build a new home in the future.

Assistance has been given this year foods and nutrition, food preparation, clothing, home furnishings, food preservation, management, family's food supply and home accounts.

The family has improved in the areas of work that they have been given assistance. They readily admit that this has enabled them to live more comfortable and manage to the extent that they have been able to decrease there indebtness which has been quite satisfying to them and their creditors. They plan to continue farming and hope to be able to secure additional land when they find some available in order that they may become full time farmers.

This family has become more active in community affairs and activities and realize that it is their responsibility and a significant part of their lives.

The problems most often encountered when working with [illegible] and Home Development families in this county is finding [illegible] feel that this program can be of help to them. The o[illegible]

E. Farm and Home Development Work.

Mr. and Mrs. John Kelly of Avalon, is the only family at present being worked with through the farm and home development approach. This is the second year they have been worked with in this phase. As previously stated they are paying for their farm, home and farm machinery. At present they have been able to reduce their loan considerably as a result of assistance given them in management and record given them in management and record keeping. They plan to improve the home extensively or prehaps build a new home in the future.

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This family has become more active in community affairs and activities and realize that it is their responsibility and a significant part of their lives.

The problems most often encountered when working with the Farm and Home Development families in this county is finding families who feel that this program can be of help to them. The other families

contacted to enroll in this phase can not readily recognize the assistance this work can be in helping them in analyzing and recognizing their problems and giving them assistance in solving them. It is a good while before the family can see or recognize progress.

III. County Extension Program - Youth

A. Organization

The County 4-H Council is composed of secretaries, president, junior and adult leader of the individual clubs for various communities. In this organization the youth and leaders are trained in parliamentary procedures, recreation and social courtesy.

They also planned and selected projects that will meet the needs and interest of all the 4-H members in the county. The objectives of the body are: (1) to train 4-H leaders (2) to encourage participation in all phases of club work, (3) to plan a program that will provide needed information and assistance, (4) to provide recreational activities, (5) to study the needs and interest of the 4-H boys and girls of the county, and (6) to plan a program that will satisfactorily meet these needs.

B. 4-H Project Work

1. Home Furnishing

This project was requested by the older girls enrolled in 4-H work. They stated that they wanted to make their rooms more attractive nad wanted information and assistance. They got the approval of their parents, to support them in their attempt to achieve a more attractive room.

It was planned to teach the basis fundamentals of an attractive and well kept room, by planning what they wanted and working to achieve it.

They were taught to accomplish this by keeping them simple, colorful and attractive. They learned to, make a color plan, to arrange furniture and accessories according to the space available, remodel and refinish furniture, choose and hang pictures, window treatment, and to make useful items for their rooms to make it more attractive and convient.

This was done by using the following methods and procedures; method demonstrations, flannel graph, pictures, pamphlets, talks and discussions and home visits.

There were twenty girls enrolled in this project and thirteen completed the project, ten rooms were painted three papered, arranged their furniture as recommended, purchased or framed pictures for their rooms, made or purchased curtains and made forty-three items which included, waste baskets, lamps and shades, laundry bags, shoe bags, and remodeled or refinished furniture. They also cared for their rooms. They devleoped pride in decorating and keeping the rooms they occupied as well as helping their mothers make and keep their homes. These girls know that a simple attractive and well arranged room or home contributes to a good family life.

2. Clothing

This project was selected by the members and leaders of the 4-H Council. Several factors were considered when selecting this project. They were; time allotted for meetings, place of meeting, equipment available, interest of all ages, and size of some of the groups.

They were taught to care for themselves and their clothes. They were taught to care for their skin and hands, teeth and smile, feet and shoes, posture and voice, hang up clothes properly, wash a sweather, make quick repairs and how to put in a hem.

One hundred-thirty six girls were enrolled and ninety-three completed this project.

As a result of this project they learned that their personal appearance should be good at all times. They realize that good daily habits and cleanliness are essential to be a healthy individual. They learned to care for their clothes properly and make necessary repairs. These girls know that different clothes are used for various occassions and to be well dressed they must be neat, clean, dress simple and comfortably.

3. Safety

This project was selected by the 4-H Council to be carried by the boys enrolled in 4-H clubs. These factors were considered. The place of meeting, time of meeting and interest of all age levels.

The plans for this project included a safety survey of the home, listing hazards, know and obey safety rules, give safely demonstrations, safety tour of the school, making safety improvements, putting up a safety exhibit and writing safety stories.

The purpose was to create an awareness that safety is practiced at home, school and every where daily. To encourage youth to become more safety conscious. Teach these boys to make safety improvement

before accidents occur.

These methods were used to teach this project, demonstrations, charts, bulletins, circulars, films, tour, talks and discussions.

There were sixty-five enrolled in this project and forthy-three completed. As a result of this project some of these improvements were made; steps were built or repaired, incenerators and trash burners were made and secured, rails or bainisters were installed where needed, areas were lighted that should have been, broken tile replaced and rugs tacked, farm machinery repaired and various other minus repairs made by the boys or their family's.

C. Other Activities

1. Rural Life Sunday

This occasion was observed by eight of the 4-H clubs in the county. A religious program was presented at two of the local churches with the minister of the church as speaker for the occasion. 4-H members served as ushers, read the scripture and furnished the music for the occasion. All 4-H members sat together and parents of 4-H members sat together. Printed programs were used for the services. This was to add to the spiritual side of the 4-H work.

2. Short Course

The girls and boys attended the 4-H Short Course. This phase of the program is used to stimulate the interest of club members. They are seledted on the basis of their interest, participation and achievement in club work. This year one of the delegates gave a demonstration on, "Keen Teens Eat Well." She was a junior leader. I feel that this was a rewarding experience for the individual and it helped her to increase

confidence in herself and develop her into a better leader.

3. Wildlife Conference.

There were two delegates who attended this activity from the county. These delegates were sent by their clubs as a reward for their achievement, participation and interest in club work. They reported having spent time well worth while and gained quite a list of information that they could use and pass to fellow club members.

4. National 4-H Week

The clubs observed this occasion by putting up displays in three of the consolidated schools display windows. A program was planned and was to be presented of 4-H activities and accomplishments. This was not held as each time it was scheduled school was closed because of bad weather.

IV. Scope of Work

	1956	1957	1958	1959	1960
No. H. D. Club	9	9	8	8	10
Membership	151	153	119	131	132
No. H. D. Groups *(unorganized)	0	0	1	1	2
Membership	0	0	8	8	21
No. 4-H Clubs	9	9	9	10	
Membership	221	243	203	241	201
No. YMW Clubs	1	1	1	1	1
Membership	27	18	18	18	18
No. Community Clubs	1	1	1	1	1
Membership	28	32	34	35	42
No. Home Ec. Committees	0	0	1	1	1
No. General Interest Committees	0	1	1	1	1
No. Youth Committees	1	1	1	1	1
No. Other Organizations	2	3	3	2	4
No. Farm & Home Dev. Families	1	1	1	1	1
No. Other Families Reached	91	138	83	87	101
No. Different Families Reached	287	329	320	293	238

*Report all groups that met 3 or more times a year

The Scope of Work has increased very little in some areas and decreased in others. This is due largely to the changes that have taken place in recent years and the county situation. There has been a rapid decrease in the number of farm families. Homemakers have been forced to seek employment outside of the home to supplement the families income. Some have moved away temporarily, other work in other areas and come home on weekends.

To inform the public about home demonstration work, a variety of programs, and other activities have been sponsored, news articles, radio and through other groups. The leaders and club members have played an important part in this area.

Some work has been done in unorganizated communities and groups by leaders and agent. Home visits made circular letters and printed material, distributed special interest groups held and result demonstrations conducted to create an awareness of the assistance and information they may obtain in relation to their problems and a desire to seek additional help to improve their conditions.

V. Leadership

A. Growth of leadership

1. Overall program leaders

	1958	1959	1960
a. County Agricultural Extension Service Board	45	29	29
b. Youth Council	36	32	32
c. Home Economics Council	24	26	30

2. Home Demonstration Club Leadership (Given in table below)

	1956	1957	1958	1959	1960
No. Organizational leaders	36	45	48	50	52
No. project leaders (subject matter)	28	60	56	54	56
No. Federation program of work ch.	8	12	16	12	17
No. program development leaders	10	16	16	17	22
No. result demonstrators	15	8	12	16	18
No. training meetings by specialists	4	0	3	3	3
No. training meetings by dist. agents	1	1	0	0	0
No. training meetings by agents	7	10	12	14	12
No. training meetings by others			4	2	3
Attendance at all training meetings	46	103	97	100	83
No. meetings held without an agent	27	32	21	18	24
No. Meetings leaders assisted	54	87	42	40	51
Demonstrations by leaders	52	63	53	48	57
Talks and discussions by leaders	99	102	74	52	63

3. 4-H Club Leadership (Given in table below)

	1956	1957	1958	1959	1960
No. Club Officers	45	47	48	60	70
No. adult project leaders	12	12	14	18	18
No. junior project leaders	17	27	40	40	34
No. result demonstrators	0	0	8	10	12
No. training meetings by specialists	0	0	0	0	0
No. training meetings by dist. agents	0	0	0	0	0
No. training meetings by agent	5	7	6	7	5
No. training meetings by member club dept.	0	0	0	0	0
No. training meetings by others	0	0	2	1	2
Total attendance at ldr. tr. meetings	43	40	46	36	46
No. 4-H leaders trained individually	32	41	43	34	30
No. club mtgs. held by ldr. without agent	34	23	24	33	15
No. additional meetings at which leaders assisted	52	36	38	52	48
No. demonstrations given by adult ldrs.	27	29	21	30	43
No. demonstrations given by jr. ldrs.	36	23	26	38	41

B. Accomplishments of An Outstanding Leader

Mrs. Mary Ellen Walker of Avalon-Horsehead community is an outstanding leader in the community and county. Mrs. Walker has been affiliated with the Extension program for fifteen years. She has served as secretary, assistant secretary, club leader, a member of the community club, secretary of community club, a 4-H Club leader and a result demonstrator in several phases of home and family improvement. She is in her mid-thirties and the mother of three sons.

According to Mrs. Walker, her affiliation with the Extension program has increased her knowledge and improved her skills and desires in becoming a better mother, homemaker and ictizen. Her experiences has enable her to take a more active part in church, community, civic and social activities in the county as well as her community. She sees a need and encourages others to participate more readily and stresses the fact that it is their responsibility to themselves as well as to others.

Mr. & Mrs. Walker, own their home which they constructed about ten years ago. They realize with only Mr. Walker being steadily employed that it would be a considerable time before the house could be completed, so they made plans to complete it in steps. They erected a six room, one story house with full basement, purchase furniture and moved in. They made plans for completing and beautifying and have been following them pretty accurately.

They have made some improvements on the lawn, installed a complete

water system with bath, purchased modern appliances, time saving equipment, completed the kitchen with built-in cabinets and added storm windows and doors. They have not completed all plans made but have made good progress. They have four more things to do before the house and plans will be completed. They are; to install a heating system, add a stoop and porch, complete the basement and landscape the lawn.

Mrs. Walker, has completed high school and is employed as a substitute teacher in the county. She is serving or has served as chairman or co-chairman of the various drive in county or community. Yet with a full schedule she says, "That it is both gradifying and rewarding the full life she spends, serving her family and fellowman." She readily said that the training and information she received by being affiliated with the Extension program has helped grow and improve in many ways.

IV. Special Consideration

A. Significant Achievement

The Lottsburg Home Demonstration Club has been working through the years to improve the community and the relationship of its citizens. This club has sponsored various activities to bring about better family and community. Through the efforts of club and community leaders they secured a place to designate as the H D Club room in the community where they conduct club meeting, training meeting and other activities sponsored by the club. This is the old school that has been replaced by a new structure. The building they have access to is one that was given to the community as long as it was maintained for educational purposes.

Realizing that this is one of the greatest educational programs, it was felt that it would be well worth their time and efforts to secure permission to establish a club room. The trustees gladly designated a room to be used by the H D Club. They also have permission to use the entire building and kitchen facilities. The ladies became quite enthused and readily began raising funds to decorate. They solicted items and equipment in the community to be refinished, reupholstered and remodeled to be used in the room. Most of the families contacted readily contributed items or money.

The club women and other interested persons came out and helped clean up and plan for this project. They planned to make draperies, paint, refinish, reupholster, remodel furniture, refinish accessories and make items.

They have secured music in order to sponsor teenage hops for the youth and recreational activities in the community. No plans have been made for a recreational center as one is being constructed in the county by a civic group that is near completion. However, since it is in another community it is felt that something is needed to serve this area and youth as well as adult. It is gradifying to know that these ladies realize as a result of their participation in the H D Club that they can help in various ways to provide some recreational activities in their community.

B. Progress in developing good public relations

1. County Workers

I keep other county workers informed of the program we are carrying on, often invite them to county Planning Meetings, and other activities, also seek their advice and services when the occasion arises.

2. General Public

I strive to keep the public informed of the services that are available and what the extension program is doing. I also serve in other copassitives whenever possible.

3. Elective Representives

I put forth every effort to respect the rights and position of all elective officers. Supply information when asked and send annual reports to the county board.

4. Commercial Interest

Whenever materials are needed and not available in local stores, I ask the merchants if possible to stock it as there will be a demand for it.

When demonstrations are given and supplies are needed the local merchants are very cooperative in the consignment plan.

5. Other Professional Workers

I attend other professional meetings and activities, serve whenever asked. The vocational teachers and I often exchange ideas and work with each other.

C. Things I have done for Professional Improvement.

I believe there are many ways that one may improve his or herself professionally. I have endeavored to improve myself, by first improving

my habits of work. I have attempted to get to all meetings scheduled on time and use information obtained more advantageous. I have tried in various ways to improve myself personally as an individual.

I have attended Extension Meetings as well as others to secure information and knowledge that would help me to conduct a more effective job in the county.

I devoted a portion of my leisure time and office hours to reading current information and material that would help me in doing a good job as an Extension agent, also things that would help me as an individual with my daily relations with others. Some time has been spent in the stores and markets aquainting myself with some of the lastest products and materials in order to stay abreast with the new items that are being developed daily. I often secure new products and materials and experiment for personal information and satisfaction. During my traveling in and out of the state, I secure information, materials and ideas that i think will help me or that I can pass on to help others.

VIII. The Look Ahead

A. Appraisal of 1959-60 Program.

The Extension Program in Northumberland County this past year has made progress in some areas and has declined in other areas. The reason for the decrease has clearly been stated in the situation and scope of work areas. In others areas where progress has been made I feel that it has and will continue to contribute to better family living. Progress has been made in all the areas of family and community life in which work was planned. The number of families on indiviiduals work with were below the number planned for the reasons previously stated. This situation call for a change to night meetings with working homemakers. Any other changes not forseen. I believe that more emphasis will have to be placed on mass media for reaching the families as they do not have the time or the same interest since they are away from home. I became disturbed when a large percentage of the club women began to seek employment as I felt that many of them would lose interest int he program. However, they did not but it cause for revamping some of the plans as methods and techinques. The program did not meet my expectations or goals, however I realized that various facts had to be considered with the changing situation. Therefore, I worked more extensively with the leaders, trying to build a stronger and more unified leadership program, as I felt that could carry the program to their communities and work directly with the families in their various communities. They would also be able to reach them in other organizations as well as encourage non-interested persons and others who were not affiliated. This helped to expand the program

in that the people have become aware of their problems and conditions.

The quality of work has improved and is gradifying to leaders and agents, however we shall endeavor to increase the volume. We can readily see improvements in the homes and communities as well as improved people which is our greatest aim. This is recognized through the fact that families are showing increase interest and pride in their families, homes and communities, which natural increases in one's self.

B. Suggestions for Improving the Home Economics Extension Program in the County.

1. To strive to improve myself daily by being well informed on lastest information, methods, trends and techniques that will enable me to do a better job as an agent.

2. Keep the leaders informed and trained, and guide them to the extent that they will take action.

3. Make better use of mass media in order to reach the majority of the people.

4. To put more time and effort on developing a stronger youth program as the future of this program depends on them.

5. Strive to have a more unified program in the county between adults and youth.

6. Continue encourage family to take advantage of every available resource that they have or can find to help improve themselves and their conditions.