

TABLE OF CONTENTS

I. COVER AND TITLE PAGE	
II. TABLE OF CONTENTS	
III. SCOPE OF WORK	1
IV. ADULT WORK	1
A. Home Demonstration Club Program	1
1. Project Work	1
a. How program was determined	1
b. Subject matter fields in which work was carried	2
c. Objectives, methods, and results	4
2. Federation Goal	10
3. Other Activities	16
4. Leadership	21
B. Other Means of Reaching People	23
V. WORK WITH YOUTH	23
A. 4-H Clubs	23
1. Organization	23
2. Project Work	24
a. How program was determined	24
b. Subject matter fields in which work was carried	24
c. Objectives, methods, and results	25
3. Other Activities	26
4. Leadership	30
VI. COOPERATION WITH OTHER AGENCIES	31
VII. EVALUATION	32

III SCOPE OF WORK

	<u>Number</u>	<u>Membership</u>
A. Home Demonstration Clubs.....	15	329
Other Women Reached by Home Demonstration Club Members.....	500	
B. 4-H Clubs.....	11	184
C. Number Reached Through Other Groups by Agent.....	150	
D. Other Methods Used to reach Families and Number Families Reached:		
Newspaper.....	1000	
Office Calls.....	100	
Visits.....	75	
E. Estimated Total Number Families Reached.....	1500	
Number Farm Families in County.....	1117	

IV ADULT WORK

A. Home Demonstration Club Program.

1. Project Work

a. All fifteen Home Demonstration Clubs participated in working out the 1948 program. The club presidents represented their club on the County Committee. This committee consisted of President, Vice President, Secretary, Treasurer, Federation Goal Chairman, Presidents and President elect of the local

Clubs and three members at large. Each club had spent ten or fifteen minutes at their July meeting discussing the needs of this county and particularly the needs of their community. They discussed these needs in relationship to the wishes of the club members. At a meeting the following month the discussion was continued and program suggestions were summarized. Each club brought three and not more than four requests to the planning meeting.

The planning meeting for the 1948 program was held in October 1947 with all clubs being represented. Both the 1947 Presidents and 1948 Presidents elect were requested to attend this meeting. Each club president gave her club suggestions which were listed on a black board and as the suggestions were made a second time the item was checked. A committee composed of the County President, District Agent, Home Agent and two other members met during the lunch hour to study these requests and set up a tentative 1948 program. This schedule was presented to the group at the afternoon meeting and with some changes and shifting of demonstrations the year's program was approved.

b. The program was set up as follows:

December - Candlewicking.

January - Selection of patterns and materials for work garments.

- February - Fitting Patterns and Cutting out the garment.
- March - Clothing construction and study of closures.
- April - Study of fabrics for slip covers and how to measure for slip covers.
- May - Health.
- June - Making Slip Covers.
- July - Summer salads.
- August - Sandwiches and party dishes.
- September- Modernizing lamps.
- October - Handicraft.
- November - Parliamentary procedure.

- County Wide: 1. Spring and Fall garden meetings.
2. Preparation of foods for freezing demonstration.

In addition to this calendar, five minute talks were to be given at each meeting by the news leader or garden, food, clothing, or house furnishing leader. Each year the club women feel the need for learning more about clothing and sewing. All wearing apparel continues to rise in cost. General living costs continued to rise which makes it very important that all home makers rural and urban learn all they can about stretching the family dollar. Slip covers as well as clothing are very costly items which accounts for their appearance in the year's program.

Whether the women are going to make their garments and slip covers or buy them these demonstrations are useful because they could learn what qualities, colors, textiles to look for when going to buy. Most all club women have become nutrition and health conscious and want some foods work included in their year's program. They believe that varying the menus while learning to use new recipes is good for their families. With the entrance of community lockers and many home freezers the requests were made for demonstration on preparation of foods for freezing. Garden meetings are requested each year to keep up with the newest information on improved seeds, blight control and insect control.

c. The food program continues to encourage year around food production. Mr. L. C. Beamer, garden specialist conducted a leader training meeting in April stressing preparation of soil, fertilization, planting methods, seeds, etc. Mr. F. H. Scott, Assistant Garden Specialist conducted another leader training meeting on June 3 on fall gardening. He stressed methods of beetle and insect control and discussed variety of vegetables best suited for fall gardens. He also spent time in discussing the planting and care of small fruits, berries, rhubarb and asparagus. This information was presented to the clubs by these leaders.

County wide food preservation demonstrations were conducted by Mrs. Mary L. Thompson, Food Specialist. A commercial demonstrator from the International Harvester Co. had given two demonstrations in the county about two weeks before Mrs. Thompson's meeting here. Miss Foster, International Harvester Co. demonstrator, showed how to prepare fruits, vegetables, meats and poultry at each of her meetings which were held in different parts of the county. Approximately 150 women attended these two meetings. Since she covered the field of the more common foods Mrs. Thompson stressed in her demonstrations the preparation of baked goods and desserts for freezing. She also demonstrated the use of frozen fruits and vegetables in preparation of the family meals. About 35 people attended this demonstration.

FOOD SPECIALIST GIVES FREEZING DEMONSTRATION

Mrs. Mary L. Thompson, Food Specialist, State Extension Service, gave a helpful demonstration, April 28, in the Presbyterian Church basement on the freezing of foods. She discussed the preparation of fruits and vegetables, and meats for freezing and gave suggestions as to the newest methods of packaging. Her main demonstration was on the pre-

paration of baked goods, pies and cakes, for home lockers. She gave the recipe for a frozen pie which can be made and kept in a home locker or even in the freezing compartment of the refrigerator for a three weeks period. This demonstration was most beneficial to both home locker owners, and to those having community lockers. Those wishing information about this demonstration may contact, Miss Leona Kline, Home Demonstration Agent.

News Article on Freezing Demonstration

Preparation of summer salads and sandwiches and party dishes were two demonstrations which were well liked by the majority

of the club members. They stated that they had received many new ideas from the suggestions given in these two meetings. The production, conservation and preparation of foods have all been included in this year's program. Besides freezing, the Home Agent tested pressure cooker gauges for home canners and answered many individual requests about home canning. There are three community canneries in this county which run six days a week during the busy season. Rather than to can small quantities at home, rural families and even urban families use these canneries to conserve quantities of food for winter use.

Home sewing was most important in the 1948 program. Making of slip covers had been requested but with the high cost of materials many members felt they could not buy the quality of material desired. Many who really wanted slip covers decided to wait another year or two, hoping for lower prices.

County wide leader training meetings on making slip covers were held with eighteen members working on eight chairs. This two day leader training meeting was conducted by two representatives of the Singer Sewing Machine Company from Alexandria, Virginia. The ladies were taught how to measure the chair, block off the measurements on the material, cut, pin fit, sew and finish up the cover. Different types of ruffles and

flounces were used. The covers were made with and without cording so the ladies got good ideas about their own problems and general ideas which they could take back to the club. A total of thirty-three slip covers were made this year and as previously stated many stated their intentions of making covers when they can secure better material at a more reasonable price.

January, February and March meetings were devoted to the selection and cutting of work garments. An all day clothing leader training meeting was held with seventeen members present representing nine clubs. Miss Iva Byrd Johnson, Clothing Specialist, conducted this leader training meeting. She taught the leaders how to alter patterns and discussed good points in actual construction of the garment. Seam finishes and closures were discussed and demonstrated in the afternoon session. Since the specialist came to the county in February the Agent gave the demonstrations on fabrics and patterns satisfactory for work clothes at all the January meetings. This demonstration was helpful and well received by the club women. They found long ago that it is most impractical to try to wear out rayons and old Sunday dresses for everyday use. The demonstration on closures, installation

of grippers and zippers appeared to be most useful. Fifty per cent of the club women have put zippers into dresses or skirts by the easy method or used grippers or snap fasteners.

Whether they make or buy a work dress they have become conscious of certain factors to look for, namely: comfortable sleeve, skirt not too tight or too full, attached belt, simple neck line and easy to iron. The report shows 1041 garments made.

Furniture repair clinics are always in demand. Some clubs include this in their program as a club choice or sometimes prefer this to the planned program. One-hundred-twenty-five chairs were re-seated and one-hundred pieces of furniture were repaired or refinished.

The September meeting, remodeling old lamps, oil lamps, bottles, jugs and etc. proved quite a success. The Agent and four leaders went to Madison, Virginia to a leader training meeting conducted by Miss Ruth Jamison, House Furnishing Specialist. Some clubs were so interested in the work that the project was continued in October. Even so, little time was left for discussion of electricity and discussion of proper lighting, proper bulbs and shades. Due to this interest numerous requests were made to continue this subject in the 1949 program.

The year's work was not complete without some handicraft. Candlewicking was started in November 1947 and continued in December 1948. Bed spreads and bath mats were made. Some were successful in finding 99 inch sheeting. Others used 36 inch sheeting and still others made nice looking spreads from feed bags. Those who used the feed bags worked out designs that covered the seams. Some pretty bath mats and stool sets were designed. In both cases, all designs were worked out by the ladies and not bought already stamped. A total of fifty-three bed spreads and bath mats were made.

Another handicraft started in October was decoration of trays and articles for home use. Old trays ready to be discarded were sanded, painted and decorated. Other articles decorated in like manner are lamps, iron cook pots to set by the fireplace, old flat irons, etc. One month did not give enough time to this subject so the clubs carrying this project are devoting their November meeting to painting in order to reach completion.

At the planning meeting, enough interest was shown and requests made to devote one meeting to the study of Parliamentary Procedure. This discussion was scheduled for November, but eight clubs taking handicraft could not include it in November. The Agent mimeographed copies of the parlia-

mentary procedure section from the revised Virginia Federation of Home Demonstration Clubs Handbooks for distribution. These are being distributed in all the clubs and the clubs not studying parliamentary procedure in November will have opportunity to include it in their December program.

2. Federation Goal

The 1948 Federation goal was chosen at the same time the year's program was determined. Health was chosen as a federation goal because the committee felt that it was a subject of importance to all ages and groups of people. The county was making an effort to secure a Health Center as a War Memorial. Many health measures of importance to rural people were coming up in legislature. A mass T. B. X-ray clinic was being held. These were topics which the Home Demonstration Committee believed could be furthered by one group. The health goals were listed as follows and were printed in the 1948 club members year book:

1. Be familiar with and cooperate with all services of the County Health Department.
2. Keep informed on development of Rural Health and Medical Care program in Virginia.
3. Study hospitalization policies and learn what each has to offer.
4. Devote the May meeting to Health.

- 34
72
5. Obtain better health and safety conditions by meeting these minimum standards.
 - a. Keep steps and porch floors in good repair.
 - b. All doors and windows screened.
 - c. Adequate light and ventilation.
 - d. Sanitary toilet facilities.
 - e. Have well lighted stairways and basement.

② Mrs. Randall Champion, Sudley Road Club, was County Health Chairman. Each club has a health chairman who presented to the clubs periodically information about the health program. Eight Federation Goal chairman met in February and outlined definite plans for working on specific health problems.

All clubs made contributions to the Health Center. Some contributions were taken from the club treasury and others had some money making project to get their contribution. The Sudley Road Club gave a dinner to the Dairymen's Association and contributed their profit, \$80.00 to the cause.

The T.B. Mass X-ray was held in six communities in the county and in each community Home Demonstration Club members assisted club health chairman and T.B. Association members in distributing leaflets, posters and fliers. Two or three club women were on duty most of the time to assist the health nurse in each community. A total of 2520 people in Prince William County were X-rayed in the six days.

11-11-34
34
72

One club meeting in each community during the year was scheduled to be devoted to health. Instead of holding individual club meetings the health chairmen decided to hold four community meetings at night on health insurance and hospitalization. Mr. Christian, representative of the Blue Cross Insurance, was guest speaker at each of these meetings. The night meetings were held in order that the meetings could be publicized and open to everyone, both men and women, whether they were participating in the Extension Program or not. As a result of these meetings ten families asked the Agent for more information concerning group health and hospitalization plan.

The Federation Goal Chairman, Mrs. Champion, appeared before the Board of Supervisors to request that proper and adequate trash disposal areas be secured. This was done on the basis that trash thrown at random along the highways was a health hazard as well as unsightly. The Board of Supervisors agreed to look into this matter asking each member to try to work out a plan in his District. One Board member did work out a plan for trash disposal in his, the Occoquan District. As a result of Mrs. Champion's appearing before the Board of Supervisors other civic organizations in the County have been discussing this problem and hoping to continue plans for its improvement.

Editorial on Trash Disposal

The Home Demonstration Clubs hoped to help the health and morale of members of the District Home by doing something for them. They believed that this could and should be an important part of our

1948 health program. Different clubs have taken to the home at different time throughout the year, packages of cookies and fruit juices. They have taken magazines and quilt pieces, crochet thread which would give them something to do to occupy their time. One or two clubs have taken programs for their entertainment along with their articles. During the slip cover meeting in May and June one club made a slip cover from feed bags for a chair for the District Home. Another group made slips and hospital gowns which were very badly needed.

There are two health nurses in the County at the present time and each have visited Home Demonstration Clubs and told about their work in the immediate community. One nurse, Mrs. Townsend presented one of her problems to the Catharpin Club hoping that they might be able to help a family who is one of the Health Department's problems.

Landscaping was kept in the program as a secondary goal. The committee felt that they should not discard landscaping completely since some work would be continued this year. Landscaping leader for the County was Mrs. Paul Cooksey, Manassas Club, Manassas. The following landscaping goals were set up for the county.

1. Each club member make three definite landscape improvements on premises.
2. Each club assist in beautifying their community.

Mrs. Cooksey writes an article for the local weekly paper pertaining to flower and vegetable gardening in which she points out practical ideas for the average housewife.

Most of the Landscaping this year was done on a community basis. Mrs. Mary C. McBryde, Specialist from Blacksburg spent one day in May in the county and gave suggestions for landscaping the Nokesville Firehouse grounds, Dunfries Cemetery, and a small courtyard at Haymarket School. The Nokesville Home Demonstration Club members are waiting on the Firemen to grade the lawn before they can do any planting.

Dunfries Cemetery, a community cemetery has been poorly cared for for years. The club women are interested in improving the entrance and roadway. The suggestions Mrs. McBryde gave were well taken but again some grading at the entrance and a new fence are needed.

Mrs. McBryde had visited the Haymarket School on previous occasions so when Mrs. Carter, principal, wanted to put some plantings in her new courtyard, she called on Mrs. McBryde.

Woodbridge community started a yard improvement contest last year which was not completed. In April and May the contest was publicized and entrants were required to sign up or notify the committee. Members of the Manassas Garden Club acted as judges and judged the yards before and after improvements. There were sixteen

34
72

contestants and prizes in amounts of \$10.00, \$7.00 and \$3.00 were awarded at a P.T.A. meeting in October.

Yard Improvement Contest by Woodbridge Club.

3. Other Activities

Director Wilson, Head of Extension Service Department of Agriculture, requested counties adjoining Washington, D. C. to take FAO Delegates (Food and Agriculture Organization of the United Nations) for Thanksgiving Dinner. The Farm and Home Agent have been working on this project and have 15 farm families who invited FAO Delegates to visit in their homes. Thirty-four delegates from sixteen countries accompanied by Miss Mary Rohahr, In Charge Home Economics Section, Division of Subject Matter, Extension Service, U.S.D.A. came by bus to the Manassas Post Office at 11:00 on Thursday, November 25. There

Miss Rokahr introduced the County and Home Agent to the delegates who in turn introduced them to their respective hosts. They were taken by their hosts to the farms where farm practices, farm machinery, live stock and homes with their modern conveniences, improved kitchens and etc. were shown and explained to them. They were delightfully entertained by their hosts and hostesses to a typical Thanksgiving dinner and returned to the bus at 4:30 p.m. Mr. Frank Farrish, owner of the local locker plant opened the plant from 11:00 to 12:00 for their convenience and the County and Home Agent's offices were open in the afternoon. This county had delegates from Iran, Norway, Switzerland, Portugal, Ireland, Austria, Denmark, Greece, Iraq, France, Holland, China, Canada, and Czechoslovakia. Miss Josephine Rich, International Leader of Press Clubs and Mr. W. F. Shadel of C.B.S. were also guests on this trip. Mr. Shadel commented on visiting the Wilmer Garber family of Woodbridge with delegates from China, Denmark and Ireland on his broadcast, Feature Program, Thursday evening, Friday morning and evening and on Saturday.

**United Nations
Delegates Will
Eat Turkey Here**

Thirty-seven delegates from foreign countries to the conference in Washington of the United Nations Food and Agriculture Organization will eat their Thanksgiving Dinner in Prince William County, as the guests of fifteen families which have extended invitations to them.

The delegates will arrive at the Manassas Post office Thursday morning at 4 o'clock, coming by special bus from the Hotel Shoreham. They will be met there by their local hosts, who will take them to their homes. Returning, the party will meet at the post office at 4:30 p.m.

The delegates will be accompanied by Miss Mary Rokahr, of the home economics section of the Department of Agriculture, Frank Gax, county agent, and Miss Leona Kline, home demonstration agent, are in charge of arrangements here.

Other UN delegates will be entertained Thursday in neighboring counties of Virginia and Maryland.

lined at Thanksgiving

The Home Demonstration Clubs participated in both District and State Federation of Home Demonstration Club activities. This county reported a one-hundred percent payment of state dues and attendance of 60 at the District meeting which was held at Culpepper, Virginia. Mrs. J. F. Hale acted as Parliamentarian at the District Meeting and gave the club report. Mrs. W. R. Free, Mrs. A. Armstrong, of Nokesville Club and Mrs. G. W. Garber of Bethel attended the State Federation Meeting which was held at Blacksburg, July 31 in connection with the Institute of Rural Affairs.

The Home Demonstration Clubs cooperated with existing organizations to assist in the School Lunch Program. Dumfries and Nokesville schools have a schedule planned for voluntary workers to help prepare the lunch each day. Aden, Greenwich, Bristow and Nokesville Clubs not only work in the school lunch room but spend days at the community cannery canning food for the school cafeteria.

Bethel Home Demonstration Club although small, with a membership of thirteen completely carried a small school lunch program in their two room school. They were able to serve milk each day for the children and serve some hot food three times a week. That group spent one day during the summer months at the cannery making soup mixture for use during the winter.

Some clubs feel that their year's work is not complete unless they hold a picnic in the summer or take a trip. Bethel, Nokesville, and Nokesville Jr., Cannon Branch, Woodbridge and Wellington had picnics. These were all held at a home or some place in the county

and the entire family was invited. Nokesville, and Nokesville Jr. held their picnic jointly. Woodbridge Club invited Bethel Club and their neighbor club, Lorton from Fairfax County to take a bus trip with them to Washington. This group with the Home Agent visited the White House, Cathedral and Lee's Mansion.

The Manassas and Sudley Road Clubs were guests of Mrs. Paul Cooksey, member of the Manassas Club at her summer cottage on the Chesapeake Bay. The regular demonstration of the month was given by the Food Leaders. Then a picnic lunch and swimming were enjoyed by all, especially the children.

Aden and Brentsville Clubs took a bus trip to Charlottesville to visit Monticello and Ash Lawn homes of Thomas Jefferson and James Monroe.

Contributions to Red Cross, T. B., Cancer, Week Day School of Religious Education, War Memorial funds and others were made by most of the clubs.

The adult groups held another unusual Achievement Day on November 5. This day was planned as a county wide tour to visit six homes which had been remodeled or redecorated. Each home had different improvements of interest. They were as follows:

Mrs. A. O. Beane, Sudley Road Club removed partition between hall and living room, papered wall, new rug, chose a new color scheme.

Mrs. Randolph Eagle, Sudley Road Club built a new garage, breeze-way, and fish pond near by.

34
72

Mrs. Gilsner Garber, Woodbridge, a new addition to house of dining room and bedroom, removed partitions, redecorated complete house and remodeled kitchen. Cleaning supply closet was made from blue print of closet shown in Labor Show.

Mrs. Randall Champion, Sudley Road Club, showed her house in process of being remodeled and enlarged.

Mrs. John Barrett, Sudley Road Club, redecorated house, having done all of the papering and painting herself.

Mrs. Higgs Lewis, Sudley Road Club, a new heating system and completely redecorated house.

About one-hundred-fifty people attended this Achievement Day. The tour was arranged in such a way that the group visited three homes in the morning and three in the afternoon. Even so the group was too large to go in a body so the group was divided into sections. During the course of the day each section had visited every home.

An interesting luncheon program was planned with a report from the Institute of Rural Affairs at Blacksburg by Mrs. W. R. Free. A club report of county work for the year was given by the Agent. Katherine Kemper, fourteen years of age, 4-H Club girl gave a demonstration on, "How to Make Biscuits". She gave this demonstration at an Area Contest at Warrenton in September. This program was highlighted by a style show with the Agent as commentator. Coats

suits, dinner dresses and all purpose dresses were modeled by club women and others. The Margaret Lynch Shop contributed greatly toward the success of this event.

National Home Demonstration Week was observed in May. Each of six clubs set up an exhibit in their community. Some displayed articles, handicraft and others suits or dresses, furniture refinished while other groups took one subject and showed step by step its progress to completion. Nokesville and Nokesville Jr., Manassas, Sudley Road, Woodbridge and Quantico clubs had the window displays.

News Article on Home Demonstration Week.

For the first time this county has had a printed year book for its club members. All members were proud of this accomplishment.

4. Leadership

A discussion on leadership for old and new club presidents was conducted by the Vice Chairman, Mrs. A. O. Beane at the Fall Planning Meeting. Suggestions or aids to new Presidents were typed and distributed to the new Presidents.

One club meeting was planned on parliamentary procedure. This was held at the November meetings. At this time mimeographed sheets giving some parliamentary rules for elections of officers and conducting meetings were distributed.

Other than officers, each club had nine subject matter leaders. State specialists came to this county and conducted leader training meetings in the various subjects planned by the planning committee. The leaders assigned to a given subject were invited to attend their leader's meeting on their subject, then they would give the demonstration to their group in the absence of the Home Demonstration Agent.

Leaders also give information to small groups and non club members. Most club members act as leaders in that sense because each member claims to have passed some home improvement information to at least three non club members.

Training meetings for leaders were held on the various subjects preceeding the month designated for the demonstration. An all day clothing meeting was held in February. Seventeen members were present representing nine clubs.

The Agent took four leaders to Madison, Virginia for a training meeting on remodeling lamps. She took two leaders to a meeting at Winchester on electricity, lighting and electric equipment.

A two day leader training meeting was held at Brentsville Court House on making slip covers. Two representatives of the Singer Sewing Machine Company conducted this clinic. Seventeen people were present representing ten clubs.

The Food Leaders Meeting held June 10 was well attended with twenty-two leaders and three visitors present. These leaders took full responsibility for both foods demonstrations in July and August.

B. Other Means of Reaching People

The newspaper is our best way of reaching people who do not regularly participate in the Home Demonstration Clubs. The county has a weekly and semi-weekly newspaper which helps to publicize club activities. The Washington Post and the Evening Star also carry articles of special interest.

The local papers carried articles on District Federation Meeting, Institute of Rural Affairs, County Home Demonstration Committee Meetings, State Specialists in the county, FAO Delegates (also an editorial). Washington Post and Star carried pictures and articles concerning FAO delegates in the county.

The Agent reaches many people through telephone requests for information. Also home visits hold an important place as a means of reaching people.

V. WORK WITH YOUTH

A. 4-H Clubs

1. Organization.

This year 4-H Club work has grown from five clubs with ninety-five members to eleven clubs with one-hundred-ninety members. Haymarket had two clubs which were held in school. Bethel, Buckhall

34
72

and Canova met outside of school. The Canova group covered such a large radius that a second group, Taylors Store was organized. By the end of the year Taylors Store group was not strong enough to continue so the two groups were again combined. New clubs organized during the year are Yorkshire, Hokesville, two groups, Dumfries two groups and Fairview. Hokesville and Dumfries clubs were all held in the school while Yorkshire and Fairview were not.

The 4-H Clubs had as officers, President, Vice President, Secretary and Treasurer, Song Leader, Game Leader and Reporter. Regular monthly meetings are held with most of the time being devoted to the project work.

2. Project Work

- a. At the September and October meetings 1947, the clubs re-organized and decided upon their projects. The Agent explained which projects were best to be carried during the winter months and each club voted to decide which project they would take.
- b. Since most of the girls are very young, they liked the beginners sewing project, So You Want to Sew. Both Haymarket groups chose this project. Buckhall and Bethel and Canova groups took, Baking Quick Breads.

When Fairview organized they chose Baking. Also Dumfries clubs were organized in February. Fourth and fifth grades as

Junior groups chose Housekeeping and the sixth and seventh grades (senior group) chose the, So You Want to Sew Project. This project was also carried by the Yorkshire Club which was organized in January.

c. The So You Want to Sew project was set up as follows:

- October - Organize and start project.
- November - Equip sewing box, straight of material and measure.
- December - Cut guest towel, baste hem and hem.
- January - Embroidery stitches on towel.
- February - Hem kitchen towel on sewing machine.
- March - Make Needle Case
- April - Start Bib, cut bias binding.
- May - Make apron or shirt, sew on button and make button hole.
- June - Judge and complete record.

Baking Quick Breads Project was outlined as follows:

- October - Organize and start project.
- November - Equipment and measuring drop biscuits.
- December - Christmas cookery and wrappings.
- January - Biscuit demonstration rolling and cutting.
- February - Muffins
- March - Corn bread.

April - Quick bread mixes.

May - Collect record books. Start summer project.

3. Other Activities.

Movies were shown at special night meetings to the five 4-H Clubs. The Lynchberg Farm Show, On the Road to Tomorrow and one paying tribute to leaders were shown. Each club served refreshments and made from \$1.50 to \$3.50 which was their first attempt at money making.

One girl, Catherine Kemper participated in the Area Contest held at Warrenton. She gave an excellent demonstration on How to Make Biscuits and was winner for the area. Since she has not been in club work so long, she did not win in the competition for the state winner. However, this was the first entrant this county has had in the contest which leads to Club Congress.

Catherine Kemper Wins Area Award

An area contest for county project winners was held at Warrenton High School home economics building on Saturday morning. Fairfax, Prince William, Culpeper, Fauquier and Rappahannock County winners competed in canning, food preparation, laundry, clothing achievement and style dress review contests.

Catherine Kemper, Prince William County winner in the food preparation project and the only entrant from the county, gave the best food preparation demonstration and won the area award.

Area winners were selected on the basis of their record for this year, record for previous years, and their record for the year. The winner will compete at the Atlantic Rural Exposition in October with four other district winners

for the State championship. The State winner will win a free trip to the 4-H Club Congress at Chicago.

Judges for the contest at Warrenton Saturday were Mrs. J. B. Johnson, of Manassas; Miss Elizabeth Burnett, Home Demonstration Agent of Stafford County; and Miss R. Belle Burke, District Agent.

4-H Area Contest Winner

4-H Achievement Day was held at the Osbourn High School Auditorium on October 30 with one-hundred-fifty in attendance. This was the first Achievement Day to be held here for many years so had to be

34
72

planned mostly by the Agent and leaders. Miss Catherine Peery met with the leaders to discuss the 1949 program and plan for this day. The program started with a parade. Nokesville Band led the parade followed by a float made by the Bethel Club. Then each club followed carrying a banner with their club name on it. Each child could buy a 4-H hat to wear. The program began at 1:30 with group singing. Club reports were given by club presidents and the Home and County Agent gave their report on club activities. Mary Hottle, of the Fairview Club gave a tribute to the leaders. Five medals were presented for outstanding work in girls projects. They went to Catherine Kemper, who won the Area Contest on Food Preparation Project, Joyce Ann Beavers for gardening, Sylvia Kline for food preservation, Edith Baker for sewing and Frances Ann Garner for room improvement.

After the business and program each club had some part on a recreational section of the meeting. Stunts, skits and challenges were used.

Another feature of Achievement Day were the exhibits. Each club was asked to have an exhibit which would be judged. Stewart McMichael, an All Star, gave \$10.00 in prizes. Being the first time, the exhibits were average and prizes went to Buckhall Club, first prize - \$5.00, Nokesville boys, second - \$3.00 and Canova, third prize - \$2.00. Each club realized that with a little more effort they could have done much better.



Top photo shows 4-H members as they leave Osbourn High School at the start of the parade to mark the organization's Achievement Day in Manassas Hallowe'en afternoon. Bucks!! Banner is in center. Center Photo depicts the Brentsville District High School Band, led by the Majorette Corps. In lower photo, marchers parade down Center Street. The Haymarket 4-H Club holds its banner proudly in center on photo.

Pictures Taken at 4-H Achievement Day

The Bethel Club had a Penny Circus at their school as a money making scheme. They had a small parade but had lots of fun and not too much work. They made \$35.00 on the exhibits and refreshments. Their leader, Mrs. Garber, stated, "If they wouldn't have made a cent it would have been worth \$50.00 to see the children plan and work together and enjoy it so much."

Three girls, Jean Kemper, Buckhall Club, Catherine Payne, Bethel Club and Mary Hottle, Fairview Club with a leader Mrs. Medrith Garber, Bethel Club attended the 4-H Short Course at Blacksburg. Eddie Russell a former 4-H club member and the Home Agent took the boys and girls from this county. The County Home Demonstration Committee paid \$5.00 on each girl's expense.

The first 4-H Rally Day for many years was held at the Battlefield Park with approximately 100 boys and girls attending. The program was planned with the assistance of Miss Catherine Peery, Assistant 4-H Club Agent, Blacksburg, Virginia. The morning from 11:00 was spent in playing games until lunch. After lunch, a program was held with Mr. C. G. Clark, then County Agent in Page County, as guest speaker. Two boys gave a brief demonstration on the use of Spore dust, followed by Jean and Catherine Kemper's demonstration on "How to Make a Bed." After the program, the boys and girls enjoyed soft ball games until time to go home.

**4-H Rally Day
Attracts 150**

Approximately 100 4-H Club members and 50 adults and leaders were present last Saturday at the Manassas National Battlefield Park for the annual 4-H Rally Day for Prince William County.

After enjoying a scavenger hunt and various games, those present enjoyed a picnic lunch. The major speaker of the occasion was S. M. Cox, of Harrisonburg, district farm agent.

News Article on 4-H Rally Day.

Camp at Powell's Fort Valley Recreation Camp for the week of August 17-24 was a highlight. Twenty girls and ten boys attended. A small camp had been held here in 1946 but no camp was available last year. One leader, Mrs. P. S. Espenshade, Fairview Club and the Agent attended this camp also. A total of 130 boys and girls were registered.

Each club held a picnic sometime during the summer. In most cases it was held after a club meeting. Then the Agent planned an educational trip by school bus to the Skyline Drive and Luray Caverns. The county was divided and one bus full went on August 9 and one on August 13.

4. At the beginning of 1948 there were four leaders for the five 4-H clubs. Along with organizing new clubs the Agent secured one or more leaders for each new club and changed leaders in two clubs.

By the end of the year the eleven clubs had a total of 15 leaders. Since they are new in working with 4-H clubs, most of the responsibility of the progress of the club project and activities still falls to the Agent. Progress has been made though on activity of leaders and their attendance at 4-H leader training meetings.

Miss Janet Cameron, in January gave help to only one leader. Miss Catherine Peery was here in March and planned the Rally Day with five leaders. Then in September she returned to the county and met with six 4-H leaders to discuss 1949 work and plan Achievement Day. Miss Hamerly, Home Demonstration Agent, Fairfax County, met with six leaders for one day in October to teach them a handicraft (making yard dogs) for 4-H club children.

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With increased training of leaders, they develop more interest and are beginning to get a full picture of their place in the 4-H Club Program. The clubs cannot continue to grow without their untiring help.

VI. COOPERATION WITH OTHER AGENCIES

The Agent cooperates with other agencies whenever and wherever possible. The agent as well as clubs participate in and cooperate with the private agencies such as Red Cross, T. B. etc. whenever possible. The T. B. Mass X-ray was sponsored by the T. B. organization and State Health Department jointly. As was previously stated the total X-rays in the county was over 2500. The Home Agent and club representative attended meetings to plan for this clinic.

The Agent is secretary to the USDA Council. Monthly meetings were held and reports were sent to Richmond as required.

A talk on Japanese Beetle Control was prepared and presented to the Manassas Garden Club.

International Harvester Company sent a Home Economist, Miss Foster to two of their dealers in the County. She showed preparation of fruits, vegetables, beef and poultry for freezing lockers. The Agent helped publicize these meetings and encouraged locker owners and users to attend these demonstrations.

The Agent has been helping the Home Economics teacher, teach her class how to upholster a wing chair and slip cover it. She has a third year group of girls working on this project. The Agent visits the group project every three or four days to help them get the cover together step by step.

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VII. EVALUATION

Enrollment increased for 16 clubs from 260 members to 329 members. Requests do come to the Agent from time to time about new clubs but she believes that no more new clubs should be added at this time.

4-H Club work has progressed from 5 clubs with a membership of 95 to 11 clubs with membership of 134. Four events stand out as important to the progress of this work, namely - first, 4-H Rally Day in June, second, 4-H Achievement Day in October. Both were held for the first time in many years. Third, 4-H Camp was held in this county in 1946 but none in 1947. In 1948 the county cooperated with 3 other counties in holding a camp for 130 children, 31 of whom came from here. Fourth, participation in the county and area contest are important. The children are beginning to feel and understand that the 4-H Program is larger than their own little groups. They read and hear about state meetings, All Stars, Club Congress and realize that through good club work and project work they may some day be one of these persons they read about.

The increased participation of leaders at leader training meetings shows that they are getting interested in the work. This means that they will be still more useful in 1949 than in 1948.

Home Demonstration Clubs in the county are becoming more conscious of their county and state organization. One-hundred percent payment of state dues were made.

Health seems to be an important topic for this county's Federation Goal. It was health in 1945 and again in 1948. It is being continued in 1949.

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The 1948 Extension program grew to such an extent that the Agent feels that it will be impossible to organize more clubs in 1949. She does feel, however, that the existing clubs have a big responsibility along with that of the agent to make these clubs grow and become stronger. Much can yet be done through the clubs now organized.

The Agent has not found as much time as she wished to make home visits and meet individual requests. This she hopes to improve in 1949. Through strengthening the existing clubs, Home Demonstration and 4-H, the Agent believes she will still be able to reach more people in 1949 than she did in 1948. She also believes that through reaching more people, she will have opportunity to teach in more Home Economics fields and thus broaden the scope of teaching and learning.