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# VIRGINIA

## AGRICULTURAL EXTENSION SERVICE HOME DEMONSTRATION WORK

### ANNUAL NARRATIVE REPORT

Caroline

COUNTY

1949

Agent Hilda Collie December 1-1948 to February 28-1949  
Date worked from to

Assistant Agent \_\_\_\_\_  
Date worked from to

● Agent Emma Gough February 14-1949 to November 30-1949  
Date worked from to

Assistant Agent \_\_\_\_\_  
Date worked from to

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### III. Summary of Accomplishments

All clubs have worked on the same demonstrations during the year. One club; however, managed to keep a good attendance at all club meetings and reports show good work by each member. The Chilesburg Home Demonstration Club, one of the largest clubs with an enrollment of 30, maintained an average of 25 members attending each club meeting during the year. Five members have been added since last year.

The rural people is realizing more the work of the home agent. They feel more freely to ask agent for advice concerning their problems. There has been a slight increase in both the office callers and the telephone calls. In 1949 the home agent received 98 office calls and 1948 she received 89.

The Home Demonstration Clubs have sponsored ten money raising activities while in 1948 they sponsored two. Club members in eight of the clubs are selling extract which is a new method for raising money. Since the reconstruction of Jamestown 4-H camp the Home Demonstration Clubs have taken more interest in 4-H work.

The Home Demonstration Clubs have donated \$252.00 for Jamestown 4-H Camp. In 1949 two clubs gave twenty dollars as scholarships for Jamestown.

There has been a slightly increase in housing problems. As a result of the extension program fifteen rooms have been remodeled. Floors have been sanded. New draperies, floor coverings, and finishes have been added to the rooms. Two homes have added new bathrooms.

During National Home Demonstration Week the Home Demonstration Clubs exhibited articles in a window in Bowling Green. These articles

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were made at club meetings and the members plan to make a larger display in 1950.

#### IV. Adult

##### A. Project Work

##### 1. Food and Nutrition

Farm families wanted to use the foods they had produced on the farm but they wanted a variety in their meals too. All homemakers want to know the different foods which can be prepared to save time and energy for meal planning and preparation requires much of their time.

The following food demonstrations were selected: Feeding the Week End Guest With Ease and Grace, and One Bowl Cake.

Two food leaders from each of the eleven clubs in the county gave the demonstration, Feeding the Week End Guest With Ease and Grace and One Bowl Cake.

The leaders were trained at the county leader training meeting by the state food and nutrition specialist. Many meals and one bowl cake demonstrations were given and the club leaders could choose the demonstration they preferred giving to their club. Approximately 920 meals and 500 cakes were made as a result of these demonstrations.

For the demonstration feeding the Week End Guest with Grace and Ease a complete meal was prepared and served for this demonstration. Several clubs invited guest for lunch.

##### 2. Clothing

Club members wanted more convenient and attractive work dresses since they spend approximately eighty-five or ninety

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percent of their time doing house work.

Two monthly meetings were scheduled for constructing the work dress, and the work apron, using the patterns designed by the Bureau of Human Nutrition and Home Economics. The agent gave the demonstration on selection of various type of patterns, material to use and other factor to consider in making the work dress and work apron. Club members made two hundred and seventy-four work dresses and two hundred and fifty-nine work aprons. A member of Chesterfield Home Demonstration Club has made twenty-nine work aprons of which many have been used as gifts.

The agent conducted two five day tailoring schools in the Ladysmith and Chilesburg communities, which the club members requested. Nine club members attended and they made one woman's suit, two girl's coat, one woman's topper, one Baby's coat and two suits were remodeled from men's suits. These coats were made at a total cost of \$83.35, and after the ladies compared the cost with actual value they found they had made a total saving of \$64.65.

### 3. Citizenship

Homemakers are realizing more and more the importance of learning more about their County Government and World Affairs.

Discussions on County Government and World Affairs were included in the program to help the homemaker have a better knowledge of every day affairs.

Club presidents asked the Commonwealth Attorney to speak to their group on County Government. The members stated they

realize the importance of being informed on county facts.

The film, "Highlights of the United Nations Years," showing outstanding United Nations Activities was requested by club members.

Two county-wide meetings were scheduled, one at each of the high schools. The film, "Highlights of the United Nations Years", was secured for each of the meetings. The film showed some of the outstanding United Nations activities.

Mrs. Payne, also, showed her slides which she took while touring Europe.

4. Creative Arts

Club members requested some handicraft work which they could use in making Christmas gifts. The agent gave the demonstration etching on glass using a cream acid. Approximately one-hundred and twenty-five glasses, vases and other glassware were etched with managrams or designs.

Work was continued on making etched aluminum trays. Twenty-five trays have been made with attractive etched designs.

A special interest group requested a demonstration on finishing and painting book ends made from wood. The agent demonstrated the finishing process and how to apply the design and color. Ten book ends were completed at the meeting.

Club members requested some handicraft work which they might do during their leisure hours. The agent gave the demonstration fabric painting to each of the eleven clubs. The members took an active part in the demonstration.

Over one hundred and eighty articles have been painted since the demonstration was given. Approximately twenty-five members

plan to make table mats, lunchen and bridge clothes for gifts.

#### 5. Gift Suggestions

The club members requested Christmas gift suggestions so they could use old materials on hand and save money. The home agent made an illustration of gifts using feed bags, worn garments, and bits of material left from garments. Some simple, inexpensive, but practical gifts were actually made at each meeting. Approximately seventy-five gifts have been made to be sold at schools and churches bazar.

#### 6. Home Management

The home management specialist from Blacksburg conducted a leader training meeting on Selection and Use of Small Kitchen Equipments. The leaders gave the demonstration in ten of the eleven clubs. Emphasis were put on the use of new materials in kitchen gagets and, also, the proper storage place for the equipment.

#### 7. Housing

The Home Improvement Specialist from Blacksburg conducted a county-wide housing meeting with fifteen members present. In addition to this meeting the specialist helped four individuals with remodeling problems. As a result of the individual help two kitchens, two living rooms, two bedrooms and a work room have been made more livable.

The two kitchens were arranged for convenience in step saving for the homemaker. Built in cabinets and sinks were, also,

added which provided convenience and storage space.

One homemaker built an attractive sewing or work room by converting a porch into a sun parlor. The room is adjoining to the kitchen. Venetian blinds were added to the windows and the room contains a day bed for resting while cooking.

#### 8. House Furnishing

Two chair reseating clinics were held in the county with several clubs meeting together. Many chairs were taken from the attic and put into use again. The club members learned to use round fiber for making seats. Twenty chairs were resealed at the clinic and fiber for seventeen chairs were ordered.

The home agent helped a number of individuals on refinishing of furniture.

#### 9. Household Equipment

The home agent tested ten pressure cookers. Many of these cookers needed a new gage, valves or gasket to give satisfactory results and prevent accidents.

#### B. Other Activities

##### 1. Achievement Day

The annual home demonstration Achievement Day program was combined with the County Junior Agricultural and Home Economics Fair. Each club displayed an education booth exhibit on one phase of the program during the year. Thus the clubs exhibited a complete picture of the work accomplished. Bowling Green Home Demonstration Club won the blue ribbon for Creative Arts Exhibit; Port Royal won second for display

of Fabric Painting; Guinea won third on Methods of Food Preservation; Kidds Fork won fourth for display of Work Dresses and Aprons, and Chesterfield won fifth on, Food Preparation.

Each club president gave a report of club work at the afternoon program. Sparta L-H club sponsored historical play.

## 2. Federation Goal

The federation goal committee met in the mid-winter and set up activities for the clubs and ways of carrying out the federations goal planned for the county. A suggestive program was outlined by the state federation chairman and this was followed in making plans for the club meetings. The following objectives were set-up:

1. Leader give health discussions at each monthly meeting.
2. Roll cancer bandages
3. Discuss application for nurses loan fund.
4. Each club member have a health check-up during the year.

At each meeting the federation leader gave a ten minute report on health. All members were urged to attend the free X-ray clinic as a preventive measure, and to encourage others to do so.

The agent and the county health chairman attended a cancer workshop at the Medical College in Richmond, Virginia. A county-wide cancer workshop was held at Town Hall, with seventeen federation leaders present. Four clubs sponsored an all day cancer workshop in their community. Each club collected old white clothes and bought cellulose for cancer bandages. Two thousand (2000) cancer bandages were rolled and donated to Richmond Cancer Chapter.

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The agent served on the cancer committee and attended all meetings. She, also, distributed leaflets and information to the people. From reports turned in thirty-seven club members had a medical examination during the year.

3. National Home Demonstration Week and District Federation Meeting

National Home Demonstration week was observed in all clubs during the month of May. Thirty-three club members and agent attended the district federation meeting in Albermarle County. A window display of articles made during the year were displayed in Bowling Green. Newspaper articles and radio programs were released for the observance.

4. Institute of Rural Affairs

Eight club members and the home agent attended the Institute of Rural Affairs in Blacksburg. Mrs. Harry Warrington of Chilesburg Club represented the county as delegate and she gave an excellent report of the Institute at the county planning meeting. From reports the club members spent a most profitable week at the Institute. The women enjoyed the association with women from other counties.

5. Tea for High School Girls

At the Spring Home Demonstration Committee Meeting, plans were made for the home demonstration clubs to sponsor teas for senior girls at the two high schools in the county. Chilesburg club sponsored the tea at C. T. Smith School. The objective of the teas was to present to the girls a career, which can be used in the home or in the professional world. Miss Sylvia Slocum, district agent of Virginia Agricultural Extension Service, was the speaker for the afternoon. She gave an interesting

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presentation of the many fields of home economics one may enter in college. Following the program a delightful tea was served by the club members.

6. Annual Home Demonstration Sale

The annual sale, sponsored by the home demonstration club members, is the means for making money for the County Home Demonstration Treasury. The profits from this sale go to the club treasurer to be used for club activities during the year. Each year the sale is held on the Courthouse lawn. Club members make and donate household articles such as aprons, tea towels, baked and canned products. Fifty-four dollars were added to the county treasury.

7. Jamestown Camp

Each of the eleven Home Demonstration clubs have taken an active part in the rebuilding of Jamestown 4-H Camp. Some of the ways by which the clubs raised money are as follows: sold flavoring, served dinners, sponsored plays, and gave lawn parties. A total of two hundred and fifty-two dollars has been donated to Jamestown Camp building funds.

8. Result Demonstration

Two club members are serving as result demonstrators on yard improvement. They are continuing from last year and will work over a period of years. The agent has consulted their plans with them on continuing the work. Miss Mary McBryde, the landscape specialist, has worked with the demonstrators.

9. Opportunity Drive Committee

The home agent served as a committee member of the E Bond Drive. The home demonstration chairman also served as a member of

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this committee. Bond leaders were appointed in each home demonstration club and have helped with the bond drive in the county.

10. Year Book Committee

This was the second year the clubs had their year book of programs and activities printed. Three club members solicited ads to cover cost of printing. A committee appointed to work on the year book consisted of three members and the agent. The members find this yearbook very useful at club meetings.

11. Flower Shows

Port Royal Club sponsored a flower show in June. Members of the club and others in the village entered a total of sixty-eight flower arrangements in the large, medium, and miniature classes. This was the second year the club had held the show.

12. Red Cross

The agent is a member of the disaster committee for the county to serve if there is a need. She is also home nursing chairman, and helped to organize three Red Cross home nursing classes in the county.

13. Cancer Committee

The agent served on the Cancer Committee and attended all meetings. She distributed information and leaflets to the county people.

14. Infantile Paralysis

The agent served as secretary of the County Chapter, and submitted the reports as needed.

V. 4-H Club

A. Project Work

1. Food Preparation

Demonstrations were given by the agent and leaders for preparing cookies, milk dishes, refreshments, green and root vegetables. Forty-two members were enrolled in this project and thirty-eight completed it. One thousand five hundred and eighty-three dishes were prepared in this project.

2. Bread

This project was selected to teach the girls the art of bread making.

Demonstrations on muffins, yeast rolls, biscuits, and corn bread were given by the agent. Members in the club gave demonstrations and the best demonstrator was selected as the county winner.

Freda Chilton, individual county winner, demonstrated whole wheat muffins. This girl competed in the Area Contest and won second place.

Six girls carried this project and there were six completions. The girls prepared breads two hundred and four times.

3. Canning

Members in one neighborhood group selected canning as their project. Girls were taught how to use the pressure cooker and boiling water bath methods of canning.

Ten girls carried this project and eight completed it. Eight members reported canning five hundred and six jars alone and helped to can eight hundred and forty-two. Three members

helped to make a canning plan for amount of tomatoes needed.

The agent stressed quality of canned products and as result the girls had better exhibits for the annual County Junior Agricultural and Home Economics Fair.

4. Home Management

a. Laundry

One girl who enrolled in the family laundry project has improvised a number of pieces of laundering equipment and helped with a number of laundering problems in the home. The girl taking this project has shown a good deal of interest in this project and will continue with it the coming year.

Christine Moore the county winner demonstrated ironing a man's shirt and also competed in the Area Contest.

5. Clothing

This project has three divisions - So You'd Like to Sew; Making and Remake Clothes and Looking Your Best. The first was selected for the young club girls to teach them simple cutting and sewing. Twenty-four girls were enrolled in this project and twenty completed. Twenty members made a total of one hundred and eighteen articles.

Looking Your Best:

Members in two clubs selected, Looking Your Best, as their project. Fifty-three girls were enrolled in the grooming project and forty-two completed. Demonstrations were given on care of skin, hair, teeth, hands and posture. Forty-two members reported making improvements in grooming.

Make and Remake Clothes:

Two members were enrolled in the clothing project and both

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completed. Demonstrations were given on pattern selection and fabrics cutting, fitting, and construction.

The two girls made for themselves ten new garments at a cost of \$19.63 and each girl remodeled a garment. One girl enrolled in this project, entered three clothing articles in the county fair and won first on each.

6. Room Improvement

The agent and one leader gave the following demonstrations to L-H members at their monthly meeting: color schemes, floor finishes, refinishing and remodeling furniture, arrangement of furniture and window treatment.

The girls were first taught to make a color plan for the room and consider the pieces of furniture that she could use or remodel. Five members planned and carried out their color scheme in their room. One member refinished her bedroom floor and bought two scattered rugs for her room. She also added to her room an attractive bookcase her father made.

Seven members improved window treatment by either adding new shades or curtains to their room.

Four members made scatter rugs.

B. Other Activities

1. State L-H Short Course

Our girls represented Caroline County as a delegate to the State Short Course in Blacksburg in June. Members are selected by agent on basis of leadership and good club work over a period of years.

Classes were taught in judging, group singing, recreation and demonstrations. The girls enrolled in the following

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classes: group singing, recreation and demonstration. The girls have taken much more interest in club work since they attended the Short Course. They plan to offer suggestions for different activities at the council meeting.

2. Jamestown Camp

Five club members, one leader, and the agent attended Jamestown 4-H club camp for a week. A program of classes, handicraft, recreation and leadership were planned for the camp. While at camp the members saw the performance of the "Common Glory", toured Williamsburg, Jamestown, and Newport News.

Two camp scholarships were given by Ed. Pendleton 4-H Club to a boy and a girl of the club who had done outstanding work.

3. Soil Conservation Camp

One girl attended the Soil Conservation Camp at Holiday Lake. The club member was chosen in recognition of her outstanding work. The girl who attended received a scholarship.

The program included instruction and discussion in Soil Conservation, Wildlife, Forestry, Field Trips, Folk Games, Swimming and Group Singing.

4. Picnic Rally

For the past few years Stafford, Spotsylvania, King George, and Caroline Counties have had a joint picnic rally for 4-H members and their families, at Fairview Beach. Fourteen girls and the agent attended the rally. The afternoon program con-

sisted of swimming, games, and a picnic supper. Vespers services, and a traditional candlelighting cermon were planned for the evening program but due to rain were cancelled.

5. County Junior Agricultural and Home Economics Fair

The annual fair is for the 4-H members, FFA and FHA members to display their work they have accomplished for others to see and also to encourage members to have more pride and interest in their work.

In early sping the county professional workers meet to make plans for the two day fair and committees are apointed. The fair prizes are made possible by the contributions of the various business firms of the county.

Members of the three youth organizations exhibited their individual entries and also exhibited a booth. These booths are judged on the educational value.

The 4-H clubs use the fair as their Achievement Day program. A total of 303 entries were made in the individual exhibits.

6. Rural Life Sunday

Two 4-H clubs observed Rural Life Sunday in May. This is the first time Rural Life has been observed in the county. A special sermon was prepared for 4-H'ers and some members were given an active part in church work.

7. County 4-H Contest

County Home Demonstration Clubs were asked to help with 4-H clubs especially during the summer months, during

which time club groups are broken down into smaller groups. Fifteen local leaders were secured through home demonstration clubs and neighborhood leaders for this work. These leaders were responsible entirely for the summer project work of these girls.

One training meeting was held for 4-H club leaders during the year. In the early summer the home agent gave individual instructions to adult leaders who were to assist her with club projects. In each of the eleven Home Demonstration Clubs, one club meeting was devoted to 4-H work and at this meeting the demonstration was given by a 4-H member.

These meetings were followed up by a County Contest in which three girls were selected as district winners.

#### VI. Scope of Work

Number of Home Demonstration Clubs or Groups	<u>11</u>	<u>11</u>
Membership	<u>228</u>	<u>230</u>
No. 4-H Clubs	<u>5</u>	<u>5</u>
Membership	<u>123</u>	<u>91</u>
Number Older Youth Groups	<u>0</u>	<u>0</u>
Membership	<u>0</u>	<u>0</u>
Number of other families reached	<u>35</u>	<u>50</u>
Total number families reached	<u>293</u>	<u>325</u>

#### VII. County Organizations

##### 1. County Board of Agriculture

The agent worked with the board members through visitation

to the homes to work on program of work in County.

In the summer the board met to help make plans for County Junior Agricultural and Home Economics Fair.

## 2. County Home Demonstration Committee

The County Home Demonstration Committee is composed of twenty-two members who are presidents of the home demonstration clubs, federation goal chairman, and county officers. This organization meets twice a year and plans the activities of the home demonstration club for the year. The committee meets each fall to plan the year's program and club demonstrations. The club presidents give reports and suggestions from the individual clubs which help the committee in planning the years program.

The spring committee meeting is held to make a check on the work being done and complete plans for other work such as Achievement Day, Institute of Rural Affairs, and the Annual Home Demonstration Sale.

## 3. County Council

This organization is composed of the club officers, president, vice-president, secretary, treasurer, and reporter from the five 4-H clubs in the county. The farm and home agent serve as advisors for the organization. Two meetings are usually held each year, one in the fall after new club officers are elected and one in the spring.

An all day meeting is held at one of the high schools in the fall. The officers can come in on the school bus and return as

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the same way. An agreement is made with the principals so that the members attending the meeting are not counted absent from their classes. By having all officers coming to a central school we find our attendance is larger.

The morning program is devoted to summarizing the past years' work, and awarding the county banner to the club completing the objectives. Sparta club won the banner for 1948. Also the group discussed the new goals for the coming year and the business meeting. Training of officers in their new duties and recreation constitutes the afternoon program. Club presidents give a report of the Council meeting in their respective clubs at the next regular club meeting following the Council Meeting. The following goals were set up:

1. Each club to have at least one boy and girl to attend camp.
2. Each club to have 85% completion of projects. A boy and girl train other members and give record book to secretary.
3. Each club to observe Rural Life Sunday in May.
4. Each club participate in picnic rally at Fairview Beach.
5. Each member enter at least one individual exhibit at the county fair and contribute something to the club booth.
6. Each club to have a wienie roast in April.
7. Each club raise \$10.00 for Jamestown 4-H Camp
8. County Council publish 4-H newspaper.

VIII. Activities of Adult and Junior Leaders

Growth of Home Demonstration Club Project Leadership		1948	1949
No. Project leaders and goal chairmen		11	11
No. training meetings held	By Specialist	5	3
	By Agent	0	1
Attendance at all training meetings		52	91
No. Club meetings held by leaders without agent present		58	43
No. Club meetings at which leaders assisted		22	33
Growth of 4-H Club Project Leadership		1948	1949
No. adult project leaders		5	11
No. Junior project leaders		3	6
No. training meetings held	By Specialist	0	1
	By Agent	0	2
Attendance at leader training meetings		0	5
No. 4-H leaders trained individually			2
No. Club meetings held by leaders without agent present		3	6
No. Club meetings at which leaders assisted		3	6
No. Demonstrations given	By leaders	28	25
	By adult	3	6
	By junior	25	19

IX. Significance of the year's work

The farm homes show an improvement in the food and house furnishings.

The homes are more convenient and attractive. The club members have become aware of making their homes liveable for the family.

Clothing construction continues to grow in the county and is becoming more popular among club women. The printed feed bags have been

made into work dresses and aprons.. Most families have a  
supply of these and they are able to secure them from  
friends. This helps families to secure work garments at a very  
low cost and saves money.