

MEMORANDUM

DATE: February 15, 2022

TO: Bruce H Scarpa-Friedman, Brittany Burch Nackley, Sarah Kay Murdy, Prisha Thapar, Kailyn Ball, Anthony Roland Cusat, Christine Strouth

FROM: Virginia Tech Institutional Review Board (FWA00000572)

PROTOCOL TITLE: Measuring Interoception through the Autonomic Nervous System

IRB NUMBER: 21-1076

Effective February 15, 2022, the Virginia Tech Institution Review Board (IRB) approved the New Application request for the above-mentioned research protocol.

This approval provides permission to begin the human subject activities outlined in the IRB-approved protocol and supporting documents.

Plans to deviate from the approved protocol and/or supporting documents must be submitted to the IRB as an amendment request and approved by the IRB prior to the implementation of any changes, regardless of how minor, except where necessary to eliminate apparent immediate hazards to the subjects. Report within 5 business days to the IRB any injuries or other unanticipated or adverse events involving risks or harms to human research subjects or others.

All investigators (listed above) are required to comply with the researcher requirements outlined at:

<https://secure.research.vt.edu/external/irb/responsibilities.htm>

(Please review responsibilities before beginning your research.)

PROTOCOL INFORMATION:

Approved As: **Expedited, under 45 CFR 46.110 category(ies) 4,6,7**
Protocol Approval Date: **February 15, 2022**
Progress Review Date: **February 15, 2023**

ASSOCIATED FUNDING:

The table on the following page indicates whether grant proposals are related to this protocol, and which of the listed proposals, if any, have been compared to this protocol, if required.

Date*	OSP Number	Sponsor	Grant Comparison Conducted?

* Date this proposal number was compared, assessed as not requiring comparison, or comparison information was revised.

If this protocol is to cover any other grant proposals, please contact the HRPP office (irb@vt.edu) immediately.