

1. Lack of 4-H Leadership

An effort will be made to work more closely with the 4-H Advisory Committee to recruit more interested leaders.

2. A large percentage of homemakers work out of the home.

Agent knows of no way to overcome this condition. With the increased cost of living it becomes necessary in many cases. Others do so because they want to do so or have something definite they are working toward.

3. Lack of "Live At Home". Too much organization.

Homemakers have to depend on seasonal truck crops for fresh vegetables. Farmers are not interested in home gardens, poultry flocks, or cows to provide milk for home use. Many buy eggs, milk, mostly frozen foods and prepared mixes or all ready baked goods. Some few save the surplus by freezing. Some H. D. members have two freezers. There are so many organizations to join - there is just not time enough to get around - what with church groups, scouts, civic clubs, school related clubs, sports. Agent knows of no way to overcome this condition, now.

## A. Organized Study

1. Schools - Agent will attend Meat Information School, sponsored by National Livestock and Meat Board and Extension, which will be held January 13, 1958, Great Bridge.
2. Short Courses - None at present

## B. Reading Professional Books and Other Publications

"Journal of Home Economics", "What's New in Home Economics" and other subject matter books and magazines are subscribed to or bought.

"American Home", "Good Housekeeping", "McCalls" and other magazines are read. Many excellent books on Interior Decoration, Home Management Crafts, Corsage Making, Gifts, Furniture Refinishing, Photography, And Fruit and Vegetable Arrangements have been borrowed from the Bookmobile.

## C. Membership in Professional Organizations

Agent belongs to National, State, District Home Economics Associations.

## D. Participation In Programs and Workshops Planned By Other Organizations.

None, at present as agent knows of none being planned.

## E. Planned Educational Trips

Southeastern District Agents are planning a trip, this spring. Definite arrangements have not been completed.

XI. Cooperative Plans Made By Extension Agents Toward A Unified Extension Program or Some Phase of Extension Program. (See Number II, A, 1. County Agricultural Extension Service Board)

XII. Problems in Carrying Out Extension Program and Plans For Meeting Each Problem.

## VIII. Plans For Developing Good Public Relations in the County with:

## A. Co-workers

Agent has good working relations with agent and assistant agent, in this county, and in adjoining Accomac County. Whenever advisable programs are coordinated.

## B. General Public

Through the newspapers, the general public is kept informed of the County Extension program. They are asked to participate, if they are interested.

## C. Elected Representatives

Agent knows all elected representatives and feels free to call on them if the need arises.

## D. Commercial Interests

The Home Demonstration Club Year Book is sponsored by various business firms. Others are very cooperative in letting 4-H and H. D. members set up window displays.

## E. Other Professional Workers

Agent works with these people when occasions arise.

## IX. Plans for Recording Progress and Evaluating Programs As Planned for 1958

A. Daily and monthly report forms will be kept for this purpose.

B. Each project completed will be evaluated and progress or non-progress will be recorded.

C. Annual report will give figures and statements to corroborate monthly reports.

## X. Plans For Professional Improvement

	<u>No. in 1957</u>	<u>Goal 1958</u>
No. club meetings held by leaders without agent present	3	4
No. club meetings at which leaders assisted	21	24
No. demonstrations given by adult leaders	16	18

Agent will work with leaders, individually, in helping them understand the objectives for carrying out the program. Organizational leader will help in setting up goals, programs, other recreational activities.

#### VII. Work with Other Agencies

##### A. Health Department

1. 4-H members make favors for dinner trays for hospital
2. Agent and club members will assist with polio educational program in January.
3. Agent and club representatives are members of the Eastern Shore Health Council and will help to promote program of work.
4. Club members will publicize clinics that are available at the County Health Department and assist with Mobile X-Ray Clinic.
5. Club members will assist with volunteer work of T.B. office.

##### B. Schools

School officials will be cooperated with in carrying out any joint programs concerning the welfare of children and youth.

##### C. Welfare Department

Agent works with case workers when they are both interested in a family.

VI. Plan for Leadership	<u>No. in 1957</u>	<u>Goal 1958</u>
A. Overall Program Leaders		
B. Home Demonstration Club Leadership	<u>No. in 1957</u>	<u>Goal 1958</u>
No. organizational leaders	36	36
No. project leaders (subject Matter)	70	70
No. Federation Program of Work Chairmen	8	9
No. Program Development Leaders	8	9
No. result demonstrators	18	20
No. meetings at which leaders were trained by specialists	6	8
No. meetings at which leaders were trained by district agents	2	2
No. meetings at which leaders were trained by agent	6	0
No. club meetins held by leaders without agent present.	55	50
No. club meetings in which leaders assisted	56	56
Total number demonstrations given by leaders	56	56
No. talks or discussions by leaders	128	135
C. Over-all Youth Leaders - None		
D. 4-H Club	<u>No. in 1957</u>	<u>Goal 1958</u>
No. 4-H Club Officers	21	28
No. adult project leaders	2	4
No. meetings at which leaders were trained by agent	6	6
No. 4-H leaders trained individually	3	4

ward) of the hospital just before Christmas.

Two clubs will co-sponsor with their Home Demonstration Clubs nearest them, a night of games in providing good recreation for all the people of the communities.

### 3. District Camp

All members that have completed their projects by June 1 will be eligible to attend camp.

4. Achievement Day will be observed sometime in the spring after we have worked long enough with the boys and girls to know what they can achieve.

### 5. County Picnic

A county wide 4-H picnic for all 4-H members, their families and friends will be held sometime the month of July.

### 6. Rural Life Sunday

Rural Life Sunday will be observed, in the various churches, by 4-H members helping by distributing bulletins, ushering, providing flowers, etc.

### D. Young Men and Women's Work

None done - Most all churches have youth organizations.

## V. Scope of Work

A. Organization	<u>No. in 1957</u>	<u>Goal 1958</u>
No. of H. D. Clubs	7	9
Membership	132	175
Number of 4-H Clubs	4	4
Membership	164	200

1. First year girls - mostly ten years old, take "Learning to Sew" with emphasis on using the sewing machine. These girls are given demonstrations to help them learn to make four simple articles using the sewing machine. Girls in three 4-H Clubs are carrying this project but only one leader to assist at one school.

2. Second year girls take "Room Improvement", spending most of their time on their own rooms. Demonstrations on "Christmas Decorations and Customs", "Selecting a Reading Lamp", "Making A Trash Basket", Making a Shoe Rack or Bag", are principle ones to be given these girls.

3. Girls taking third year club work have a "Health and Good Grooming" project or a "Make or Remake" one. Nutrition, Posture, Care of All Clothing, Hair, Teeth and Skin are demonstrations to be given the Health and Good Grooming girls.

Demonstrations on "Aprons and Collars", "Pattern Selection", "Steps in Clothing Construction" or broken down - check grain of fabric, notches, marking fabric.

Agent has one leader for each of these groups.

C. 4-H Activities

1. National 4-H Week will be observed in March by all clubs placing educational exhibits in store windows. These exhibits will be judged for educational value, originality, members participating and attractiveness of the whole.

2. Community Activities

One club made favors for hospital trays for Christmas and also this same group sang Christmas Carols on three floors and basement (colored

extent. Possibly something can be done by working through the clubs with the members individually and starting with the lighting program including both farm and home lighting.

#### IV. County Extension Program - Youth

##### A. Organization

1. County Youth Council - None at present
2. County Youth Committee - None at present
3. County 4-H Council

The council is composed of the officers from the four 4-H Clubs and leaders. Meetings are held in November and June to plan programs; set goals; train officers and provide wholesome recreation as well as acquaint members from all parts of the county with each other.

In June, progress is evaluated, the county picnic is planned and Achievement Day committees are appointed. At this time, contests are arranged to determine the county winners in the projects the girls have carried in their clubs.

##### 4. All Stars

There are three women all Stars in the county; one is working, the other two have small children. One is chairman of the 4-H Advisory Committee.

##### 5. Honor Club - None at present

6. Project Planning Committee - None as of now but plan to enlist the help of the 4-H Advisory Committee.

##### B. 4-H Project Work

members to attend district 4-H Camp.

#### Community Projects

1. Birdsnest Home Demonstration Club will co-sponsor an evening of games with the Birdsnest 4-H Club, during National 4-H Club Week, in March.

2. Two other clubs may co-sponsor a night of games with Exmore 4-H Club during National 4-H Week, in March.

#### Achievement Day

Achievement Day will be observed during the earlier part of October with a luncheon meeting, when club reports, music, exhibits and a speaker will compose the program.

#### Tours

One club is planning a trip to R.E.A., in adjoining county, for a special lighting demonstration.

#### Home Demonstration Work

Home Demonstration work will be brought before the public by the use of the press. Columns are carried in two weekly papers with a third carrying only work with personal appeal. A radio station is opening in the adjoining county so there is another possibility for publicity. Church bulletins carry announcements and sometimes items concerning H. D. and 4-H work.

### III. Farm and Home Development

According to report of former agent, families have been worked with but participation was little and results nil. Agent feels she needs more time before attempting to go into Farm and Home Development to any great

"Basketry" (trays with plywood bottoms), "Glass and Tray Etching" and "Reading Area For The Home" are the special interest meetings planned for this year.

C. Federation Program of Work

Northampton chose "Art in Daily Living" - Library for their federation program of work this year. This was selected because they felt the need to promote the use of the Demonstration Bookmobile again this year in order to provide information, inspiration and recreation by encouraging the love of good reading.

The County Federation Program of Work Chairman together with the chairmen from each club have met as a committee and set up plans to try to persuade the Supervisors to vote to keep the Bookmobile on the shore. Letters are being written by members and posters are to be made.

D. Other Activities

County Objectives

1. National Home Demonstration Week will be observed; each club sending delegates to the District Federation Meeting; "Pennies for Friendship" will be contributed and also paying their State Federation dues 100%.
2. Cooperate with Health Department in any way needed. Publicize clinics, assist with Mobile X-Ray Clinics and other T.B. Projects. Study Health Council objectives and attend quarterly meetings of Council.
3. Encourage use of the Bookmobile and help friends and neighbors use it.
4. Contribute \$15.00 in scholarships to assist three 4-H Club

We hope to have some result demonstrations as a result of this program. A club demonstration on "Reading For the Whole Family" can be a double barreled one - stress good lighting for reading as well as the reading end.

## 2. Home Grounds Improvement

Many families are moving or building and they want plans and information concerning landscaping, shrubs and plants.

Leaders will be trained by specialist in February for the March demonstration on "Plans for Home Grounds Improvement".

In August leaders will be trained by specialist to give their September and October demonstrations on "Identification and Selection Of Plants" and "Care of Home Grounds".

## 3. House Furnishings

"New Trends in Household Textiles" was included in the program because of the abundance of new fabrics on the market for draperies, slip covers, etc. Many women want to know how to buy these fabrics, know from what they are made so they will know how to handle them - whether to wash or have dry cleaned.

"Selection of Tables and Chairs" was included in the program to help those people who need help in selecting and buying new pieces of furniture. Many people either building or moving desire help in this subject matter field.

Leaders for these demonstrations will be trained by a specialist to give demonstrations at their monthly club meetings.

Special Interest Meetings

2. Home Economics Council

None at present. Agent and vocational home economics teacher are only professionals employed in county.

3. General Interest Committees

None at present

4. County Home Economics Committees

None at present

5. County Home Demonstration Club Committee

This committee is composed of the presidents and program development chairmen of the seven Home Demonstration Clubs. They will meet in March and June to plan a unified program and review and evaluate the results of the present program.

B. Project Work

1. Home Lighting - Even though 96% of homes have electricity many have "just lights" instead of good farm and home lighting. Because of this, a program on home lighting was planned to increase efficiency, beautify the home, and better health and safety measures.

In January, each club will be given a demonstration by Mrs. Bea Johnson, Home Economist for R.E.A., on improving present home lighting.

"Types of Bulbs and Diffusers", "Lighting Recipes - Placement of Lamps and Outlets" in March will be demonstrated in furthering the home lighting program. Lighting Leaders will in turn give these demonstrations at their April and May club meetings.

Weekly newspapers have already carried publicity on lighting and will continue to do so as we get more into the lighting program.

of home.

The dwellings are generally good with 96% electrified; 76% have running water; 75% telephones; 607 autos on 481 farms; 41% washing machines; 71% have televisions and central heat is being installed as incomes justify. No figures available on number so heated. 41% have home freezers.

Four elementary schools and two High Schools, one with a nice gymnasium, are accessible to all white children. Four elementary and one High School serve, adequately, the negro population. Two High Schools are practically new and equally equipped. Median years of schooling completed - 7.8, as compared to 8.5 for state.

Water barriers make shopping difficult, in nearest city. With no towns or cities in the county, providing adequate shopping centers, transportation becomes a real economic problem.

Recreational facilities are improving, with the two gymnasiums in the new High Schools and a Regional "Bookmobile", began operating January 16, 1957. A community building will afford recreation during winter months.

## II. County Extension Program - Adult

### A. Organization

#### 1. County Agriculture Extension Service Board

This organization does not exist. A meeting was held, with fifteen representative men and women and District and County Agents in December, 1956, to consider problems and recommend necessary committees.

1958 PLAN OF WORK

Catherine W. Revell  
Home Demonstration Agent

Northampton  
County

I. Northampton County situation considered in working out the 1958 program.

In working out a 1958 program, the large overall swing was to home improvement with major emphasis on home lighting.

Nearly all rural homes are wired for electricity but very few are adequately lighted. About nine out of ten have "just lights" instead of good home lighting. With such a large percentage of our homemakers working the increased efficiency and actual time saved can mean so much to the welfare of each family. Good lighting means better living and longer earning hours.

Northampton County is a rural county, consisting of 71,742 acres of farm land, operated by 481 farm owners and 177 farm tenants. The total population is 17,300 - 8,044 white, with 77 plus persons per sq. mile. There are 4240 families with 3.6 persons per household. Farms range in size from 2.5 to 3000 acres with 400 specialized and commercial farms. The soil is sassafras-sandy-loam, with good drainage; very little erosion and a growing season of 210 days, with productivity above average for the state. Truck crops, marketed in northern cities, by rail and good highways, are principle sources of income. Median income is \$1,407 compared to \$2,602 for state. Three canning factories, a freezing plant, shirt factory, railroad and ferry terminals give employment to a number of the county's men and women. 24% of homemakers work out