

5. Meat Information School
6. Food Preservation meeting
7. National convention of Home Demonstration Agents' Association

The agent subscribed to and read professional magazines.

VII. The Look Ahead

Home Demonstration club leaders functioned more satisfactorily this year though not all were present at training meetings. It was necessary to train a few individually. Progress on result demonstrations has not been very satisfactory. The fact that those selected have employment outside the home makes it difficult to get ahead in this area. The number of 4-H adult leaders is still far below what is needed. 4-H members are not getting the amount of help they need.

Suggestions for improving the home economics Extension program in the county in the year ahead:

1. Continued effort to recruit and train 4-H leaders
2. Continued effort on publicizing the Extension program
3. Continued effort to improve quality of work of home demonstration club leaders
4. Provide more opportunities for leadership growth.

3. Elected Representatives

Progress has been made on good relations with elected representatives by personal contacts, by written reports, by learning problems of these people, and by maintaining an impartial attitude.

4. Commercial Interests

Relations with commercial interests have been very satisfactory. Personal contacts with merchants have resulted in mutual understanding and fine cooperation. Merchants have readily loaned materials for teaching purposes.

5. Other Professional Workers

Good relations with other professional workers have been developed through conferences with them, through gaining knowledge and understanding of their problems and through working with them on various projects.

C. Professional Improvement

The agent has attended and participated in all district and state conferences for agents. She, also, attended and participated in the following:

1. Communications School
2. Food and Nutrition Forum
3. District training meeting for agents on foods
4. District training meeting for agents on Program Planning

Future plans call for a broadened educational program and periodic checks on progress.

The fact that such a program has been started is significant. Result to date is a definite awareness of the need for such a program.

B. Public Relations

1. County Workers

The agent has maintained good relations with county workers by helping them with their projects, by joint planning and by frequent conferences on county work.

2. General Public

Good relations have been developed through individual contacts, attendance at meetings of civic and service clubs, cooperation with other agencies, and through the press and radio.

The most outstanding accomplishment in public relations in 1959 was realized through the observance of National Farm-City Week. As stated elsewhere in this report the event was sponsored by the Fredericksburg Retail Merchants' Association. The merchants were well-pleased with results obtained. Exhibits were viewed by hundreds of people and a high degree of interest was shown as manifested by comments received by the merchants and the agent. The press and radio gave fine publicity to the event.

14. One member is incoming county HD Chairman.

One outstanding feature of these members is that they never say "no." They willingly undertake whatever project is initiated within the Extension program and in addition those that are for community betterment.

Extension's part in this club's development was to furnish opportunities for leadership growth, to provide educational materials, to serve as consultant and otherwise give technical and practical assistance.

VI. A. Special Consideration

Significant Achievement of Extension Work in Home Economics

For several years the women have been concerned with the Milk Consumption situation in the county and have been considering what they might do to help improve this situation. It has been noted that neither adults nor children are getting enough milk or milk products to meet their minimum requirements. After many discussions, both informal and in planning meetings, a committee was formed to map out a definite program. Two specific steps have been taken so far: (1) A poster contest with milk consumption as the subject was conducted for the county's school children. This resulted in good publicity on that level. (2) The committee prepared and started a survey on milk consumption. Plans call for reaching people not participating in the Extension program as well as home demonstration families.

B. Leadership activities and accomplishments of an outstanding club

This year's most outstanding club is the Mary Washington Home Demonstration Club. This club has a membership of twenty, all of whom are young mothers. They are loyal and enthusiastic supporters of the Extension Program and have participated in every activity made available through home demonstration work. To their credit this year are:

1. Six new members
2. Fourteen leader demonstrations
3. Ten talks and discussions
4. Participation in community affairs such as: activities of community improvement club, health drives, community recreation, support of church and PTA.
5. Participation in local fair
6. Observance of National Home Demonstration Week
7. Participation in National Farm-City Week observance
8. Assistance to 4-H and other youth organizations
9. Represented at all leader training meetings
10. Charity work
11. Some members judged at fairs in other counties
12. Have shared their information with many others
13. Some members serving on long-time program committees

visits. All of the above ways have helped to inform the public about home demonstration work.

V. Leadership

A. Growth of leadership

1. Overall program leaders

	1957	1958	1959
a. County Agricultural Extension Service Board	0	0	0
b. Youth Council	0	0	0
c. Home Economics Council	0	0	1

2. Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
No. organizational leaders	5	6	13	12	12
No. project leaders (subject matter)	39	55	53	55	60
No. Federation Prog. of work chairmen	14	14	13	12	12
No. program development leaders	14	14	13	12	12
No. result demonstrators	2	2	1	0	0
No. training meetings by specialists	5	3	7	5	3
No. training meetings by dist. agents	9	2	1	1	0
No. training meetings by agents	3	3	7	5	4
No. training meetings by others	0	0	8	2	2
Attendance at all training meetings	115	119	98	71	72
No. meetings held without an agent	42	49	35	72	65
No. meetings leaders assisted	20	28	18	15	21
Demonstrations by leaders	65	71	53	59	50
Talks and discussions by leaders	95	105	119	100	89

3. 4-H Club Leadership

	1955	1956	1957	1958	1959
No. Club Officers	20	26	37	39	53
No. adult project leaders	3	5	13	4	5
No. junior project leaders	5	6	9	10	10
No. result demonstrators	0	0	0	0	0
No. training meetings by specialists	0	0	0	0	0
No. training meetings by dist. agents	0	0	0	0	0
No. training meet. by mem. club devt.	2	0	1	1	0
No. training meetings by others	0	0	0	0	0
Total attendance at ldr. tr. meet.	31	0	33	0	0
No. 4-H leaders trained individually	3	5	8	4	5
No. club mtgs. by ldr. w/out agent	0	6	3	3	3
No. additional club meetings at which leaders assisted	8	26	39	38	40
No. demonstrations by adult leaders	0	25	39	38	40
No. demonstrations by junior leaders	14	15	20	18	19

IV. Scope of Work

A.

	1955	1956	1957	1958	1959
No. H. D. Clubs	14	14	13	12	12
Membership	251	260	274	235	230
No. H. D. Groups (unorganized)	0	0	0	0	0
Membership	0	0	0	0	0
No. A-H Clubs	8	7	9	12	10
Membership	210	259	276	310	292
No. BW Clubs	1	0	0	0	0
Membership	20	0	0	0	0
No. Community clubs	5	6	6	6	6
Membership	210	240	250	255	255
No. Home Ec. Committees	0	1	1	1	3
No. General Interest Committees	0	1	1	1	1
No. Youth Committees	2	2	0	0	0
No. Other Organizations	0	0	0	0	0
No. Farm & Home Dev. Families	0	0	1	1	0
No. Other Families Reached	575	625	650	660	700
No. Different families reached	425	500	525	535	545

B. What was done to increase scope of work and to inform the public about home demonstration work.

1. Radio programs
2. Newspaper articles
3. Exhibits at fair
4. Talks and demonstrations to non-Extension groups
5. Special events (Achievement programs, Farm-City Week Observance, covered elsewhere in report)
6. Cooperation with other agencies
7. Women in areas where no organized home demonstration club exists have been reached through community improvement clubs. Information has been given these women at their community club meetings, through the mails and by home

This event offered encouragement to members, acquainted the public with their work.

4. Fair

A good percentage of 4-H girls exhibited their products at a local fair. All exhibitors were awarded one or more cash prizes each. Two Stafford County members won top fair honors in both ribbons and cash prizes. One girl exhibited in the Junior Division, 10-14 years, and the other exhibited in the Junior Division, 15-21 years. The county's 4-H educational exhibit was awarded fourth prize. Contribution to the Extension Youth Program: recognition of achievements of members, products viewed by large audience and encouragement to continue their efforts.

5. Contests

The county winner in the Food Preparation Contest received a blue award in the district contest. The winner in Food Preservation received a red award on the district level. The contestant in Home Improvement won a top blue award on the district level and a red award on the state level. The county Electric Project winner attended the Electric Congress in Richmond.

C. Other Activities

1. Camp

Thirty-one girls attended 4-H camp at Jamestown during the summer. One girl received a full scholarship. Two others received partial scholarships. Attendance at camp provided opportunities for participation in educational programs, recreation and crafts activities. Good citizenship was emphasized throughout the week. Members attending were below official Junior leadership age, however, one girl performed many of these functions.

2. Rural Life Sunday

Rural Life Sunday was observed by members attending the church of their choice. Several participated in services for the day. The ministers cooperated by including announcement of the day in the church bulletins. These activities helped acquaint the public with 4-H work.

3. Achievement Program

The 4-H Achievement Day observance was combined with a "Share the Fun" program. Outstanding members were recognized and presented medals. Outstanding clubs were presented appropriate awards. "Share the Fun" acts were judged by classifications and awards were made in each of the four classifications set up. One hundred and three 4-H members attended the program, approximately 150 parents and guests were present.

4. Farm and Home Electric, Units I and II

a. How selected

- (1) On basis of special interest

b. What was attempted

- (1) To give instruction in safe and efficient use of electricity
- (2) To help members improve use of electricity in their homes
- (3) To give instruction in care of electrical appliances

c. Methods used

- (1) Method demonstrations
- (2) Educational materials
- (3) Member participation
- (4) Cooperation and assistance of local power suppliers
- (5) Cooperation of school principals
- (6) Home visits

d. Results

- (1) 37 girls enrolled in Electric projects
- (2) 16 projects completed
- (3) 78 articles made, repaired or cared for
- (4) One girl attended the Electric Congress
- (5) Three awards made on county level

- (2) Illustrative materials
- (3) Printed instructions
- (4) Graphs and charts
- (5) Cooperation of parents and other family members
- (6) Home visits

d. Results

- (1) One girl enrolled in Home Improvement Project
- (2) Project completed
- (3) Member made floor plan, including location and type of storage space, and built-in study area, electrical outlets, and lighting fixtures
- (4) Member's father and uncle used plan to create new bedroom in unfinished attic space
- (5) Member painted walls and woodwork, made draperies and bed spread, improved several lamps
- (6) Family members then improved other areas in the home. These areas included: Constructing bath and second bedroom in attic space, repainting all interior walls and woodwork, remodeling vacated bedroom on the first floor to create dining room with built-in storage space, new floor covering in first floor bath. The agent served as advisor for the entire project.
- (7) Member won top blue award in district contest, red award in state contest.

and colors.

- (3) To help girls learn and/or improve techniques in sewing

c. Methods used

- (1) Method demonstrations
- (2) Illustrative materials
- (3) Printed materials
- (4) Cooperation of local leaders
- (5) Member participation
- (6) Member demonstrations
- (7) Exhibits, judging
- (8) Home visits

d. Results

- (1) 169 girls enrolled in Clothing projects
- (2) 77 projects completed
- (3) 507 articles made, 94 garments made
- (4) Four awards made on county level
- (5) Improved practices noted in over 50% of members

3. Home Improvement

a. How selected

On request of member and her mother

b. What was attempted

- (1) To help member with remodeling problems
- (2) To help with color and fabric selection
- (3) To help with storage space problems

c. Methods used

- (1) Method demonstrations

3. Member participation
4. Cooperation of local leaders
5. Contests
6. Exhibits, judging

d. Results

- (1) 168 girls enrolled in Food and Nutrition projects
- (2) 122 projects completed
- (3) 17,109 dishes prepared
- (4) 677 meals served
- (5) 4 awards made on county level
- (6) One member won blue award in district contest
One member won red award in district contest
- (7) 179 quarts food canned
- (8) 440 pounds frozen
- (9) Improved practices noted in majority of enrollees
- (10) One member won top award in Junior Department at the local fair

2. Clothing - So You'd Like to Sew, Looking Your Best

a. How selected

- (1) By discussions with parents
- (2) By expression of needs and interests of members
- (3) By help from leaders and county council members

b. What was attempted

- (1) To teach good grooming practices
- (2) To give guidance in selection of materials, patterns,

this duty. While not a formally organized group, they contribute valuable help. They give instruction and do follow-up work. They, also, help carry out 4-H goals.

3. All Stars

The county All Stars are not an organized group. Many of them are enrolled in colleges which makes it impossible for them to render much service during the club year. The others render service on an individual basis, principally by helping their own children with 4-H projects.

B. 4-H Project Work

1. Food and Nutrition - Meal Preparation, Food Preservation, and Bread

a. How selected

1. By discussions with parents
2. By survey of needs and interests of 4-H members
3. By help from leaders and county council members

b. What was attempted

1. To teach standards of good products
2. To help members acquire skills in preparation
3. To help members learn and apply principles of good nutrition
4. To help members plan for adequate family food supply

c. Methods used

1. Method demonstrations
2. Educational materials

D. Programs with Urban Families

There are no areas in the county classified as urban.

E. Farm and Home Management

There were no families worked with this year in the complete sense of the word. The agent did, however, work with several women on some of their home management problems. Areas of assistance included: Production and preservation of the family food supply, planning for family clothing needs, planning for better housing (remodeling for the purpose of creating utility room, refinishing attic to create two bedrooms and bath, providing improved storage space), planning for wall and floor finishes, and selecting and applying appropriate color schemes.

III. County Extension Program - Youth

A. Organization

1. County 4-H Council

The county 4-H council is composed of council officers and officers of all individual clubs. The council set up goals for the year, planned the 4-H Yearbook, prepared and set up an educational exhibit at the local fair and planned the county-wide Talent and Achievement Program. Council members helped carry out goals for the year.

2. Project planning committee

4-H adult leaders and senior 4-H members perform

6. National Farm-City Week

The celebration of National Farm-City Week was sponsored for the second time by the Fredericksburg Retail Merchants' Association. It was made available to home demonstration members in Stafford, Caroline, King George and Spotsylvania Counties. HD members exhibited clothing, foods, house furnishings, and handicrafts in the windows of cooperating stores. All exhibits were judged and three cash prizes were awarded by the Retail Merchants' Association in each of the 25 classes set up. Twenty-five prizes were awarded to Stafford County women. Cash received was deposited in their respective club treasuries. This event was termed a success by all concerned. It created a great deal of interest among city people, rural people, and the sponsoring organization. The merchants declared that this year's exhibits were far superior to those of last year. This was an effective way to acquaint others with what HD women do and to promote better relations between rural and city people.

7. Judging Done by Local Leaders

Eleven HD women who have received training at judging schools served as judges at fairs in nearby counties during the year. One member served as judge of Achievement Day exhibits in another county. Two members helped judge clothing exhibits for a non-Extension organization.

4. Achievement Program

Stafford County Home Demonstration women held their annual Achievement Program in the form of a dinner meeting followed by a program. The year's accomplishments were reviewed by the county HD secretary. Reading certificates were presented to six members. Three members were awarded certificates of merit for outstanding work. A silver trophy was awarded by the county HD Federation to the active member receiving the highest number of blue ribbons on homemaking exhibits at the Fredericksburg Agricultural Fair. Guest speaker for the evening was Mr. Lindsey Herd, husband of a home demonstration club member. Mr. Herd showed slides made on his recent world tour and gave interesting comments on these slides. Other guests for the evening included husbands and children of members, a county minister, school officials and co-workers.

5. Fair

Stafford County Home Demonstration women took an active part in the Fredericksburg Agricultural Fair. They served as workers, section superintendents, and hostesses in the homemaking department. They exhibited their products and won a large number of cash prizes.

The County HD Federation entered an educational exhibit which was awarded first prize. Theme for the exhibit was taken from the Federation Program of Work.

some of the operations. All clubs have studied Civil Defense literature.

b. Civic Improvement

Home Demonstration club members in three communities have helped carry out civic improvement projects. Their activities included: improving community recreational facilities, recreation programs for youth, improving school cafeteria facilities, encouraging program of community beautification.

2. County Home Demonstration Objectives

- a. Reach more non-HD families
- b. Increase club membership
- c. Work toward better family living

These objectives have been worked on throughout the year by home demonstration members. A measure of success has been realized in all areas as evidenced by comments and reports received by the agent from home demonstration members.

3. National Home Demonstration Week

This event was celebrated by club members in the following ways: tours of local historic homes and gardens, guest night at club meetings at which time guests observed a demonstration, tour of gardens of one club member. Non-home demonstration women were guests on all of these occasions.

d. Upholstering

- (1) Why taken - request. Members of one club desired instruction.
- (2) What was attempted
 - (a) Instruction in all steps of upholstering
 - (b) Instruction in selection of materials
- (3) Methods used
 - (a) Method demonstrations
 - (b) Member participation
 - (c) Printed materials
 - (d) Discussion sessions
 - (e) Study of fabrics
- (4) Results
 - (a) Instruction given in all steps of upholstering
 - (b) Furniture re-upholstered by members
 - (c) Good quality work
 - (d) Furniture re-conditioned at small cost
 - (e) Members taught others

C. Other Activities

1. Home Demonstration Community Projects

a. Civil Defense

Home Demonstration club members in two communities combined forces and assisted the Civil Defense Coordinator with "Operation Alert 1959". They provided food for volunteer workers and assisted with

- (b) Information used by members attending meeting.
- (c) Information given to others
- (d) One leader conducted demonstration at RD club meeting

Mr. Guy Nageotte, Extension Dairy Foods Specialist, conducted an excellent demonstration on the making of ice cream.

Mrs. Lena Bowman, Director of the Dairy Council, gave an interesting demonstration on using cheese in family meals.

c. Braiding Rugs

(1) Why taken

Requested program

(2) What was attempted

- (a) Instruction in braiding
- (b) Instruction in combining colors, choosing patterns, finishing techniques, making the right choice for the home.

(3) Methods used

- (a) Method demonstrations
- (b) Color charts
- (c) Displays of sample rugs
- (d) Cooperation and assistance of local leaders
- (e) Member participation
- (f) Cooperation and assistance of local merchants

(d) Information gained has been used in construction of adults' and childrens' garments. The women reported considerable savings on garments, great satisfaction from and pride in their work. Some won prizes at fairs and other events.

(e) Nearly all areas in county were represented at the classes.

(f) Four non-HD members were enrolled in the classes.

b. Use of Dairy Products - Making Ice Cream, Using Cheese in the Menu

(1) Why Taken

Requested program

(2) What was attempted

(a) Instruction in making ice cream

(b) Help in using cheese in the diet

(3) Methods used

(a) One county-wide meeting

(b) Method demonstrations

(c) Printed materials

(d) Discussion session

(e) Judging of products

(f) Specialist's help

(g) Dairy Council's help

(h) Cooperation of school principal (meeting place)

(4) Results

(a) Attendance below that anticipated

d. Results

- (1) Recreation found beneficial and enjoyable
- (2) Increased awareness of value of recreation in maintaining good health
- (3) Information gained used in some non-Extension groups

Miss Catherine Peery, Extension Rural Arts Specialist, gave a fine leader training meeting.

5. Special Interest County-wide Programs

a. Tailoring classes

- (1) Why taken - to meet an expressed need
- (2) What was attempted - To give instruction in home tailoring of coats and suits
- (3) Methods used
 - (a) Agent training
 - (b) Method demonstrations
 - (c) Specialist's help
 - (d) Cooperation and assistance of local merchants
 - (e) Area classes
 - (f) Cooperation of school principal (meeting place)
 - (g) Printed materials
- (4) Results
 - (a) Five area tailoring classes conducted
 - (b) 33 women received instruction in tailoring
 - (c) 26 garments made at classes

8. Work with individuals

d. Results

- (1) Improved home grounds
- (2) Increase in plantings - shrubs, annuals, perennials
- (3) Improved practices (care of home grounds and plants)
- (4) Tour of gardens of one member who specializes in perennials, particularly iris of which she has 200 varieties.

Valuable assistance was given by Dr. Judkins, Extension Horticulturist, who trained the agent and leaders.

4. Family Recreation - Games and Hobbies

a. Why taken

To meet an expressed need of the members. Games and hobbies needed in which family and other groups could participate.

b. What was attempted

- (1) Instruction in family and group recreation
- (2) Assistance in planning recreation for various age groups

c. Methods used

- (1) Leader training
- (2) Method demonstrations
- (3) Printed materials
- (4) Specialist's help
- (5) Cooperation and assistance of local leaders

(4) If answer to No. 3 is "Yes", how did you use this buymanship information in selecting household linens? Brand name, thread count, shrinkage control, study of labeling

(5) Do you need more information? Yes 5, No 9
On what article(s)? Blankets, Pillows

(6) Did you teach others? Yes 9, No 5.
Whom did you teach? Family members 8, Others 4.

3. Landscaping - Soil Testing, Fertilization and Care of Home Grounds and Plants; Planning, Planting for Long Blooming Season of Out Flowers

a. Why taken - at request of members. More information needed on subjects listed above.

b. What was attempted

1. To continue general Landscaping program begun in 1956.
2. To help women with specific problems
3. To work toward result demonstration

c. Methods used

1. Leader training
2. Method demonstrations
3. Tours
4. Specialist's help
5. Cooperation and assistance of local leaders
6. Educational materials
7. Radio

Interest and participation in the program were excellent. Members cooperated fully by bringing to the meetings examples of both "good" and "poor" purchases and by discussing these purchases.

The agent conducted these club demonstrations, furnished educational materials provided by Extension, and conducted a survey (see below) in an attempt to measure effectiveness of the program. As a result of the survey it could be assumed that approximately one-half of the members have already used to advantage the information gained through the program.

f. Results

The following questionnaire was sent to certain HD club members in an attempt to measure the effectiveness of the program on Consumer Buying of Household Linens. The questionnaire was sent to every fifth name on club rolls. Thirty-three were sent and sixteen returned. Figures indicate results obtained from those returned.

- (1) Did you receive the information? 14 Yes, 2 No
(2) Was it the type of information you needed?
14 Yes, 0 No
(3) Have you bought household linens since seeing this demonstration? 8 Yes, 6 No
Check what you bought
Sheets 8, Pillow Cases 6, Blankets 3,
Towels 4, Pillows 2 .

3. Study of labeling

c. Methods used

1. Exhibits, both "good" and "poor" buys
2. Visual aids
3. Printed material, including standards for selecting, "White Sale" advertisements
4. Discussion sessions
5. Member participation - members brought examples of "good" and "poor" purchases
6. Specialist's help

d. Results

1. Greatly increased knowledge
 2. Increased ability to make wise purchases
 3. Member participation in program was excellent
- Mrs. Ocie J. O'Brien, Extension Home Management Specialist, gave the agent excellent help in conducting this program.

e. Significant Story - "Consumer Buying of Household Linens"

The women were practically unanimous in requesting help and information on selecting and buying household linens. They recognized their problem of insufficient knowledge and the fact that articles purchased were not giving expected returns.

Because of the recognized problem a program on the subject was included in the year's calendar.

c. Methods used

1. Method demonstrations
2. Leader training
3. Visual aids
4. Educational materials
5. Discussion sessions
- 6 Radio
7. Cooperation and assistance of local leaders
8. Cooperation and assistance of local power supplier's Home Economist
9. Specialist's help

d. Results

1. Increased use of plentiful foods, lower cost meals
 2. More time saved in meal preparation
 3. Improved preparation practices
 4. 27 reported using information gained
 5. 31 shared the information with others
2. Home Management - Consumer information on Household Linens

Linens

a. Why taken

1. Problem - Insufficient knowledge for selection and purchase
2. Need - Consumer information

b. What was attempted

1. Instruction on buying practices
2. Instruction on how to select

determine the situation, then made plans for getting the work underway in 1960. This is a part of the Long Range Program.

3. County Home Demonstration Club Committee

This committee is composed of club officers and program development chairmen. It helped develop the county home economics program and set up the program calendar for 1960. It helped recruit new club members and gave publicity to the Extension program. It planned the observance of National Home Demonstration Week and helped plan for the observance of National Farm-City Week.

B. Subject Matter and Special Emphasis Areas

1. Foods and Nutrition - Planning and Preparing Ahead for Saturday and Sunday Night Suppers, Simple Inexpensive Refreshments for Groups, Pie and Pastry Making, Inexpensive Pork Dishes

a. Why Taken

1. To meet requests for help on these subjects
2. Problems and Needs - time-saving meals, meals at reduced cost, improved techniques.

b. What was attempted

1. To help women plan adequate, time-saving, inexpensive meals and group refreshments.
2. To help women improve their techniques in food preparation.

II. County Extension Program, Adult

A. Organization

1. Home Economics Council

The county home demonstration federation officers and the home demonstration club presidents are members of the council. This council acted in an advisory capacity, helped with overall planning of the county program and with planning for special events.

2. Home Economics Committees

a. Health and Safety Committee

This committee of three members planned and helped carry out: Tour of Rescue Squad Building, tour of Mental Health Clinic, securing medical aid for needy children, securing speakers for HD club meetings, securing Dental Clinic for county schools, and study of home safety hazards.

b. Nutrition Committee

This committee of three members made plans for a county-wide Milk Consumption Promotion Program. The committee is currently conducting a survey on milk consumption. Findings will be studied and further action will be mapped out early in 1960. This is a part of the Long Range Program.

c. Lighting Committee

This committee of three members has planned to emphasize correctly lighted home study areas. As a first step the committee made plans for a survey to

other industrial establishments in and around Fredericksburg. The combined incomes are sufficient for their needs when careful planning is exercised. It has been observed that many new homes have been built in the county since the beginning of the year, indicating an increase in the total number of persons now living within the county limits. The population has now reached an estimated 13,000. The county remains largely rural non-farm in nature, with several areas which could be classed as suburban.

Stafford County covers an area of 271 square miles, or 173,440 acres. It has a water area of 6 square miles. Its population is 87% white and only about 28 percent are farmers.

The principal sources of farm income are:

1. Livestock and livestock products
2. Poultry and poultry products
3. Dairy products
4. Field crops; corn, wheat, soybeans, hay
5. Other; lumber, fishing

Facilities available include:

1. Telephone service
2. Electricity
3. Transportation; 2 major bus lines, local bus service
4. Piped running water in 452 homes
5. Home freezers in 265 farm homes
6. The county's ponds, reservoirs, and earth tanks total 135
7. Recreational resources; fishing, camping, one picnic area

(Figures in items 4 and 5 are out of date.
Estimated that they have more than doubled.)

Immediate goals as expressed by the people; improved recreational facilities, and more active leaders.

Long-time goals: continued work on the Health and Safety Program and improvement in Home Grounds

Highlights of the 1959 Program

The interest shown in developing a better nutrition program within the county, not only for members themselves, but for others is an outstanding feature of the 1959 program. Satisfactory progress has been made by HD members, and plans are being formulated for extending and expanding the program over a period of several years.

Action taken by members following instruction received in tailoring classes is another outstanding feature. Knowledge and skills gained are being applied to improvement of family clothing supply, to obtaining good quality and well-fitting garments. Probably most important, action taken has resulted in less expenditure for clothing.

I. County Situation Considered in Working Out the 1959 Program

An examination of the situation in Stafford County has revealed several facts of importance. The number of farms has decreased from 900 as shown by the 1950 census, to 712 as revealed by the 1955 census. On the other hand, the average size of farms has shown a slight increase, as has their value per acre. The fact remains, however, that other income of the families exceeds the value of agricultural products sold. County residents find employment at the American Viscose Corporation's plant, at the Quantico Marine Base, and at various

I N D E X

	Page Number
G. Professional Improvement	35
VII. The Look Ahead	36

I N D E X

	Page Number
2. Rural Life Sunday	28
3. Achievement Program	28
4. Fair	29
5. Contests	29
IV. Scope of Work	
A.	30
B. What was done to increase scope of work and to inform the public about home demonstration work	30
V. Leadership	
A. Growth of Leadership	
1. Overall program leaders	31
2. Home Demonstration Club Leadership	31
3. 4-H Club Leadership	31
B. Leadership activities and accomplishments of an outstanding club	32
VI. A. Special Consideration	
B. Public Relations	
1. County Workers	34
2. General Public	34
3. Elected Representatives	35
4. Commercial Interests	35
5. Other Professional Workers	35

I N D E X

	Page Number
a. Civil Defense	18
b. Civic Improvement	19
2. County Home Demonstration Objectives	19
3. National Home Demonstration Week	19
4. Achievement Program	20
5. Fair	20
6. National Farm-City Week	21
7. Judging Done by Local Leaders	21
D. Programs with Urban Families	22
E. Farm and Home Management	22
III. County Extension Program - Youth	
A. Organization	
1. County 4-H Council	22
2. Project planning committee	22
3. All Stars	23
B. 4-H Project Work	
1. Food and Nutrition	23
2. Clothing	24
3. Home Improvement	24
4. Farm and Home Electric	27
C. Other Activities	
1. Camp	28

I N D E X

	Page Number
Highlights of the 1959 Program	6
I. County Situation Considered in Working Out the 1959 Program	6
II. County Extension Program, Adult	
A. Organization	8
1. Home Economics Council	
2. Home Economics Committees	
a. Health and Safety Committee	8
b. Nutrition Committee	8
c. Lighting Committee	8
3. County Home Demonstration Club Committee	9
B. Subject Matter and Special Emphasis Areas	
1. Foods and Nutrition	9
2. Home Management	10
3. Landscaping	13
4. Family Recreation	14
5. Special Interest County-wide Programs	
a. Tailoring classes	15
b. Use of Dairy Products	16
c. Braiding Rugs	17
d. Upholstering	18
C. Other Activities	
1. Home Demonstration Community Projects	

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

Kathleen Goodloe

Name

Home Demonstration

Title

Agent

Assistant Agent

Assistant Agent

Assistant Agent



1959

Stafford

County