VIRGINIA TECH NEWS

NEWS & INFORMATION

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VIRGINIA TECH™

A message to the Virginia Tech community regarding campus safety and annual rights and responsibilities

With the start of the new academic year, it is important to be aware of campus security protocols as required by the Clery Act and the rights and responsibilities that affect every Hokie. Please review the notices found at the links for more information.

- Campus safety: **https://vtnews.vt.edu/articles/2019/09/ops-annualnoticesafety2019.html**
- Rights and responsibilities: **https://vtnews.vt.edu/articles/2019/09/hr-2019-annual-notice-rights-and-responsibilities.html**

If you need a paper copy of these notices, please see your supervisor.

Health Flexible Spending Account and Dependent Care Flexible Spending Account Reimbursement Deadline is Sept. 30

The deadline to file Health Flexible Spending Account (HFSA) and/or Dependent Care Flexible Spending Account (DCFSA) reimbursements for the 2018-2019 plan year is Sept. 30. Reimbursement claims must be filed and outstanding card transactions must be resolved by Sept. 30. Reimbursement requests can be submitted via fax at 877-451-7244 or online at **www.benefitadminsolutions.com** and click on Anthem Blue Cross and Blue Shield (Anthem) tab.

Any requests for additional documentation to support Health FSA transactions not satisfied by the deadline will result in taxable transactions. Requests are on the monthly statement and can be reviewed by logging into the online account.

For questions or assistance filing for reimbursement, contact the HR Service Center at **hrservicecenter@vt.edu**.

Hokie Wellness flu vaccination clinics begin Oct. 1

Annual flu vaccination clinics begin Tuesday, Oct. 1, and will run through Nov. 12 at the locations across campus.

Additional vaccines will be offered at some of the clinics on a first come, first serve basis, including Tdap (tetanus, diphtheria, pertussis), MMR (measles, mumps, rubella), Hepatitis A and B, both pneumonia vaccines, and the new shingles vaccine, Shingrix.

Below is the list of clinics, which are from 7:30 a.m.-2 p.m., except where noted with a *:

- Oct. 1: North End Center, room 2410, other vaccines will be available
- Oct. 3: Burruss Hall, room 130
- Oct. 8: VTC, Roanoke, Riverside 2, room M-106, other vaccines will be available
- Oct. 10: Goodwin Hall, room 461
- Oct. 15: Steger Hall, room 118
- *Oct. 17: New Hall West, lower level training room, 8 a.m.-3 p.m., other vaccines will be available
- Oct. 18: Wiki Conference room, CRC, other vaccines will be available
- Oct. 22: VTTI, conference room
- Oct. 29: North End Center, room 2410
- Oct. 31: Sterrett facility, classroom, other vaccines will be available
- Nov. 5: The Inn at Virginia Tech, Draper's Meadow, other vaccines will be available
- Nov. 7: Wallace Hall atrium
- *Nov. 12: Squires, Old Dominion Ballroom, 8 a.m.-3 p.m.

Registration is preferred for the flu vaccination at **https://virginiatech.qualtrics.com/jfe/form/SV_9RBhxN1OfsRJNg9** but walk-ins are welcome.

The flu vaccination is free for benefited and wage employees. Benefited employees must bring their insurance card to the clinic. Wage employees must bring their Hokie Passport for identification. The cost for others and students is $25.

The new shingles vaccine, Shingrix, along with the other vaccines, will be available on a first come, first serve basis. No registration is required. The pharmacist will review the consent form and history at the clinic prior to dispensing the vaccine.

For more information, contact Hokie Wellness at **hokiewellness@vt.edu** or call 540-231-8878.

Social Security 101 Session on Sept. 27

The Division of Human Resources is hosting a free workshop where you will learn everything you want to know about Social Security. Guest speaker and Social Security representative Jacqueline Weisgarber will answer questions such as:

- When are you eligible to receive retirement benefits?
- How does early retirement affect your benefits?
- Do you qualify for disability, survivor, and spouse benefits?

- How do you get the most from your benefits?
- What is the future of Social Security?
- When should you file for Medicare?

Attendees will also learn how to use their "my Social Security" online account and other online services. Attendees are encouraged to go to **www.socialsecurity.gov/myaccount** to create a "my Social Security" account and print out their Social Security Statement before attending the workshop. For employees who may not be able to attend in person, the session will be available via Zoom. This event is free however registration is required via CourseWhere at **training.vt.edu**.

Sept. 27, 10 a.m., North End Center, Room 2420
https://virginiatech.zoom.us/j/949820339
Meeting ID: 949 820 339

For questions, please contact the HR Service Center at **hrservicecenter@vt.edu** or 540-231-9331.

QPR Suicide Prevention program to be offered by Hokie Wellness

Question, Persuade, Refer: Ask a Questions, Save a Life will be offered on Tuesday, Oct. 1, from 12-1 p.m. in room 2470 at the North End Center.

The person most likely to prevent someone from taking their life is someone they likely already know (not a health professional). Research shows that prior to making an attempt, 90% of people in a suicidal crisis will give some kind of warning of their crisis/intent to those around them.

QPR provides participants with the tools to recognize and prevent suicide. Registration is required at **https://virginiatech.qualtrics.com/jfe/form/SV_9BoxS2bsAyUjSKN**.

For more information, contact Hokie Wellness at **hokiewellness@vt.edu** or by calling 540-231-8878.

Message from Gov. Ralph Northam: Health Benefits Premium Holiday

Please see the following message issued by Gov. Ralph Northam's office on Sept. 10, 2019. For Virginia Tech employees, the health benefits premium holiday will be applied to the Oct. 16 and Nov. 1, 2019 paychecks.

Dear State Employees:

I announced in May that all eligible state employees will pay no health benefits premium for the month of October! For most employees, these premium holidays will occur on October 16 and November 1, and there will be no employee premium contribution deducted from your pay on those dates. For some employees, the premium holiday will occur in the October time frame, depending on your agency's payroll system.

Participants at all membership levels in the COVA Care, COVA HDHP, COVA HealthAware, Kaiser Permanente HMO and Optima Vantage HMO plans are eligible. Because of the requirement in the Code of Virginia that TRICARE supplement participants pay the full cost of their coverage, the premium holiday will not apply to those members.

If you have any questions, please contact your agency Benefits Administrator.

Happy Premium Holiday!

Hokie Wellness offering home buying program

Hokie Wellness will offer the program, "Home Buying: No Down Payment? No Problem!" on Thursday, Oct. 10, from 12-1 p.m. at the North End Center in room 2410.

Buying a home is one of the biggest financial decisions anyone may ever make. Do not let the fear of no down payment keep you from owning a home. Learn about the various loan products available in the New River Valley, including special financing that requires little to no down payment. This session will discuss the advantages and disadvantages of each product and review tips on how to prepare a credit report for a loan application. Staff from Community Housing Partners are presenting this program.

Registration is required at **https://virginiatech.qualtrics.com/jfe/form/SV_3jUEUwEplbUNX6t**. For more information, contact email Hokie Wellness at **hokiewellness@vt.edu** or call 540-231-8878.

Virginia Tech News is published weekly during fall and spring semester and bimonthly during the summer sessions, by the Division of Human Resources and the Office of University Relations as a service to university employees who do not have computer access on campus. For more information, or to discuss submission of items call 540-231-3852.

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