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# Virginia



AGRICULTURAL EXTENSION SERVICE

*Annual Report*

Home Demonstration Work

# 1951

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**Agent**

MONTGOMERY

**COUNTY**

Asst. Agent

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11. The County Attention as it affected the 1951 Program

As a result of the 1951 Program, the following were the main considerations:

The club members discussed their needs as they saw them, the community and its needs and the county needs.

National and International problems were discussed and the ways in which these affected the farm family living standards.

New materials of all kinds that are now appearing on the market. What information can be obtained from rural families with regard to making a wise choice in the selection of these materials.

How can we make our homes more attractive at a reasonable cost.

In 1949 the farm income for Kenton County was \$3,211,000, the greatest amount coming from the sale of livestock, with dairy products following closely behind. The next largest income coming from general farming with still less coming from the sale of poultry and forest products.

A livestock market is located at Ogdenburg, Kentucky is brought in to this market from the 10 surrounding counties each week. The average weekly sales being about \$50,000, with approximately 1,000 head of livestock sold. Many of these people spend their money in Montgomery County.

The Regional office of one of the large milk companies in the county is located at Ogdenburg. They handle 500 million pounds of milk annually paying the farmers \$2 million annually. Much of this money is also spent in the county.

In the last few years a great number of the farm homes have been improved as a result of a larger income. Electricity, running water and bath rooms have been added. There are still many homes that need to have these improvements made.

The telephone system in the county has been greatly improved, but there are still sections of the county without this service.

Schools in the county are being consolidated and this is breaking down the old community lines. Many of the local churches in the communities have been painted and improved in other ways.

12. Contributions of the 1951 Program to Better Family Living

1a. Adults

aa. Food and Nutrition

Three months were given over to food and nutrition through the Food Planning's with special emphasis on Sunday dinner. New ways of preparing food with milk (canned and fluid). New ways of preparing food's with special emphasis on plates and pastries and planning and serving outdoor meals.

As a result of these demonstrations 97% of the women reported that they are using information gained from the demonstrations on food planning. Seventy-three percent report they are

using the recipes requiring milk in the diet. Thirty-nine percent of those formerly buying fluid milk are now supplementing it with dried milk in order to have more nutritious meals at less cost. Seventy-six percent report they are using information gained from the demonstration on pies and pastries.

b. Home Management

Three months were given to home management which includes Family Income and Living Expenditures, How to Make a Budget, and Wills, Deeds and Legal Matters.

As a result of these demonstrations, 35 are keeping one type of home accounts, 5% of these are keeping their home account in the book supplied by the Extension Service and several of these are keeping both the farm and home accounts. Twenty-two percent report they have used the information gained on Budget Making. Seven percent have used the information gained from the demonstration "Wills, Deeds and Legal Matters".

c. Citizenship

Two months were devoted to Citizenship, which includes Studies of Officers and Parliamentary Procedure, and Know your local Government.

The seventeen clubs in the county stated they had been able to put into practice such topics parliamentary procedure thus formally.

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a. Clothing

Ninety percent of the girls taking the "Learn To Sew" project completed.

b. Food and Nutrition

Seventy-six percent of the girls taking Food Selection and Preparation completed their project.

c. Home Improvement

One hundred percent of the girls taking the Home Improvement project completed.

V. Adult Work

A. Project Work

1. Food and Nutrition

- a. Meal Planning - Sunday Dinners
- b. New Ways of Preparing Food with Milk, Eggs and Fats
- c. Pies and pastries - Meringues, etc.

Objectives

- a. To have the homemakers of Montgomery County, Pa., prepare and serve to their families more nutritious and attractive meals at moderate cost.

3. To improve the health of the people of the county.

The Home Demonstration club women of Montgomery County realize that there are still many families in the county who do not have an adequate diet, some because they do not know what an adequate diet consists of, others not putting into practice information already received. With the present emergency the county now faces, the possibility of a shortage of doctors, nurses, etc., and with the average span of life on the increase and the importance of living and active useful life even in old age, was discussed at the local planning meetings. For these and other reasons, the committee felt that the work on Food and Nutrition should be continued.

In order to carry out the program, an all-day Leaders Training meeting was held. The State Assistant Food and Nutrition Specialist trained 32 leaders representing 15 of the 17 Home Demonstration clubs in 1. Meal Planning, with special emphasis on Sunday dinners, 2. How to use more milk in the diet, the use of dried milk and how it can be used to increase the food value of the various milk dishes. Four leaders from the two clubs not represented at the Leaders Training meeting were trained by the home agent.

Two months were given by the clubs to the above demonstrations, with a total of 36 leaders giving a total of 14 demonstrations in 17 different communities of the county, with an average monthly attendance of 389.

As a result of these demonstrations, 97% of the club members report that they are using information gained from the demonstration on Meal Planning. Seventy-two percent plan their meals in advance. Seventy-three report they are using the recipes requiring more milk in the diet, with 39% of those buying milk supplementing it with dried milk.

After the demonstrations were given in the county on using more milk in the diet, the home agent had a number of requests from non-club members for information on the use of dried milk. These persons stated they had read about the demonstration in the paper, had heard about it over the radio or some club member told them about it.

In February a Leaders Training meeting was held at which thirty leaders were trained by the Assistant Food and Nutrition Specialist, in the preparation of Pies and Pastries, with special emphasis on pastries and mixtures. Three leaders were unable to attend the Leaders Training meeting were trained by the home agent. These leaders in turn gave the demonstration in 17 different communities in the county. As a result of these demonstrations 83% report they are using the pastry mix recipe, with 76% using the pie recipe demonstrated. Sixty-four percent stated they had used the waffle recipe.

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that is baking the meringues at 125 degrees F. for 45 minutes, and found it successful.

The open meeting being in August, was given over to planning and outdoor cookery, by the 17 clubs in the county. Special help was given the home agent by the State Food and Nutrition Specialist on Outdoor Cookery. The agent in turn gave help and material to the project leaders of all the clubs in the county. They adapted the information and suggestions to their needs in preparing and serving outdoor meals. Each member and guest attending were given recipes and hints on outdoor cookery. The clubs reported this a most successful meeting. Sixty-seven percent of the club members report having used information gained at this time in other outdoor meals.

2. Home Management - Money Management
  - a. Family income and living expenses
  - b. How to make a budget
  - c. Wills, Deeds, and legal matters

Objectives

- a. To teach better money management in the family by interesting the family in:
  1. Studying the family income and living expenses.
  2. Making a family budget.
  3. Living within the family budget and keeping records of income and expenses.
- b. Learn how to make wills and deeds.
- c. Interest club members in making wills.

The cost of living for rural families has increased more rapidly than their income, therefore, the committee felt an immediate need to learn how to meet this situation.

A number of the rural women had asked how to make a will and how should deeds be made, therefore, the demonstration on money management was requested by the Planning Committee.

In order to carry out this program in the county, a Leaders Training meeting was held by the State Home Management Specialist on (1) Family Income and Living Expenses and (2) How to Make a Budget. Twenty-four leaders were trained at this time. The nine demonstration clubs gave two months to the study of Money Management, and one month to the study of Legal Matters, Wills, Deeds, etc.

The demonstrations for the two months on Money Management were given by the home agent, assisted by the leaders. The agent gave a total of 34 demonstrations in 17 different communities. As a result of these demonstrations, 32% are keeping some type of home accounts, 5% of these are keeping their home accounts in the account book supplied by the Extension Service, and

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of these families are keeping both the farm and home accounts.

The demonstration of Legal Matters, Wills, Deeds, etc., were so excellently given by several of the lawyers in the county, that several communities met together for these demonstrations. Three were given by the county's House of Delegates representative, three by the Commonwealth's Attorney and three by two local lawyers. These meetings were all held in the evenings and the public was invited. A number of the husbands and non-club member families attended.

Today, 7% of the club members report they have used information gained at these meetings.

#### Citizenship

1. Duties of club officers and parliamentary procedure.
2. Know your local government.

#### Objectives

1. To train the club officers in their respective duties.
2. To teach parliamentary procedure to all club members.
3. To have all club members conscious of the duties and responsibilities of the club officers.
4. To have the club members know the county government set-up and know who holds the various county offices.
5. To have each club member an informed voter.

The Home Demonstration Committee felt that there was a definite need for the newly elected officers to have some training in what their duties and responsibilities are, as well as, the whole group having some training in parliamentary procedure. They also felt there was a need for the county women to be better informed on their local government.

In order to carry out this program, a Leaders Training meeting was held of all club Presidents on parliamentary procedure, with the chairman of the County Council putting on the demonstration. At the close of the meeting each President was given a copy of the duties and responsibilities of each officer of her club.

As a result of this training the 17 clubs in the county stated that they had been able to put into practice much better parliamentary procedure than formally. The officers had also done a better job by having a copy of their responsibilities at hand to refer to from time to time.

An excellent Leaders Training meeting was held on "Know Your Local Government" by one of the local women, who is a law graduate and has charge of Girls' State. Thirty leaders were trained at this time, representing 15 Home Demonstration clubs.

Demonstrations were given to the 16 Home Demonstration clubs in different communities. The demonstrations were given by several persons, which included one by the Commonwealth's Attorney, two

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by a College Professor from the Business Administration Department, one by a College Professor from the Rural Sociology Department and thirty by the Home Demonstration Agent.

Four of the clubs held open meetings for these demonstrations, to which the public was invited. A number of men, as well as, women attended these meetings. As a result of these demonstrations, several families who had not been voting previously registered and were eligible to vote in the fall election. In one community several non-club families voted for the first time in this fall election.

#### 4. Arts and Handicraft

- a. Flower Arrangements for special occasions.
- b. Making Christmas gifts suggestions and ideas.

##### Objectives

1. To teach the women to make attractive and appropriate arrangements from home grown flowers for special occasions, such as; sprays, wreaths, church arrangements, corsages, etc., at a reasonable price.
2. To teach the women to make useful, attractive Christmas gifts at a reasonable price.
3. To teach the real meaning of giving at Christmas time.

Many of the club members of Montgomery County grow beautiful flowers, but they realize they do not know how to arrange them attractively for many occasions. Many times flowers are bought for special occasions just because they do not know how to make the most of what they have. They also felt that much money could be saved by having some training along this line.

The club members felt that they could save much in the way of money and the rush at Christmas Season, if they could learn more about making their own gifts.

In carrying out the Flower Arrangement program in the county, a Leaders Training meeting was held, at which time 50 leaders were trained by two of the outstanding Garden Club women of the County. The leaders in turn gave the demonstrations to 17 clubs, all in different communities.

As a result of this demonstration 60% of the women report they have put into practice information received at this demonstration.

The demonstration on "Christmas Suggestions" was given by the home agent. The club women were asked to bring Christmas suggestions to the October meeting. These, along with those given by the home agent, gave quite a number of ideas. Many patterns of Christmas toys, etc., were cut by those attending.

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5. Clothing

Two Tailoring Schools were held in the county by two groups of leaders, who were trained by the State Clothing Specialist in 1950. As a result of these Tailoring Schools, 12 women were taught tailoring and they have made a total of 15 tailored coats and suits. As a carry over from the tailoring school in 1950, 32 coats and 34 suits were tailored in 1951.

6. House Furnishings

a. What to Look For in Buying Furniture.

The home agent received a number of requests from the county women on "How to buy Furniture". As a result of this, one special interest group meeting was held with the State House Furnishings Specialist giving the demonstration on "What to Look For in Buying Furniture". This meeting was attended by 30 interested women from the county. A part of the time was spent in the local furniture stores discussing good and bad points about furniture lines, construction, etc. Twenty-five percent of the women report they have had an opportunity to put the information received at this demonstration into effect, either in buying for themselves or helping a friend or neighbor.

b. Lamp Clinic

Three Lamp Clinics were held in the county, with a total of 8 different persons from the local Electric Power Company giving their services, including their Home Lighting Specialist, who gave excellent demonstrations on the importance of good lighting in the home. These meetings were attended by a total of 152 persons, with 159 lamps, etc., being electrified.

B. Other Activities

1. Federation Goal- Library

After a discussion of the various goals, the County Planning Committee decided to work on Library, since the women felt that there was a need to continue the reading of good books by its club members. They felt that there were still many women in the county who could get a great deal more out of life if they could be encouraged to read more of the better books that the Libraries have to offer.

The County Goal Chairman and her committee met in November and made the plan of work for the year. Each of the 17 clubs in the county appointed a Goal Chairman.

In January a Leaders Training meeting was held, at which time the club Goal Chairmen were trained in their program for the year. Each Goal Chairman being responsible for a short part on the program each month on some phase of Library. Eighteen Library Goal Chairmen gave a total of 18 talks and discussions to the groups.

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Montgomery County is fortunate in having the services of a Bookmobile. As the result of the Library work in the clubs, 3 communities who were not getting the services of the Bookmobile, are now getting service. In one group the goal chairman collected books from the Library and took them to the club members each month, and these completed were returned. As a result of this goal, 135 Library Certificates were awarded, and 75% of the women report they were reading. They read a total of 2,571 books during the year, 1951.

## 2. County Objectives

a. Work with the County School Board and County Health officials in seeing that each school has a sanitary

water supply.

b. Each club work for mail box improvement in its respective community by: (1) Seeing that her own mail box is labeled and in good condition. (2) Getting the cooperation of non club members in seeing that their mail boxes are labeled and improved, if needed.

c. Each club send at least one delegate to the Institute of Rural Affairs in 1951.

d. At least 90% of the club members earn a Library Certificate.

After much discussion on what the Home Demonstration Clubs could do to improve conditions in the county, and how the program could be made more meaningful to more people, the above objectives were set up.

The water supply for the rural schools in the various communities, was checked by the Home Demonstration clubs and found in most cases to be in good condition. Some repair work on pumps, etc., was done by the School Board, making the water supply safe.

Ten communities worked on mail box improvements, with two clubs offering 3 prizes for the most attractive mail boxes. As a result of this objective, 109 mail boxes were improved. Thirty-two of the club members earned a Library Certificate, and 16 of the 17 clubs sent delegates to the Institute of Rural Affairs.

## 3. Club Objectives

Early in the club year the various clubs set up their respective objectives. These are determined by the club members discussing the needs of the community. From these discussions the clubs set up one or more objectives. Some of the things accomplished from these goals are: The Blackberry Home club, a very small one, worked with the Welfare Department by supplying needed clothing. They

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made and contributed 12 new infant garments, 90 used garments, both children and adults, 16 pairs of shoes.

The Elliston Club worked with the County School Board and purchased 100 chairs for their local school. The club paid one-third, with the school paying two-thirds of the cost. They gave a play in several of the local communities to make money to pay for their share of the chairs, which was \$146.00.

In the Pilot community, improving the local Church was taken as a goal. The club women got their husbands and other members of the church interested in this project. The roof was lowered, the building insulated, at the cost of \$170.00 and approximately \$400.00 worth of labor was contributed by the men. The grounds have been graded and ready to be landscaped. Both labor and money have been contributed by the church members and the entire Home Demonstration membership. The club is now working to make money for the purchase of a new carpet. They have \$41.72 which they made by selling food at a sale in the community.

The Otey club members obtained 40 blood donors. Three club members have become Gray Ladies. They have given 260 hours at the Veterans Facility and 58 hours have been given to work at the Bloodmobile. They have influenced three non-club members to be Gray Ladies. This club also made a United Nations Flag and gave it to the school.

The Twin Village club filled 200 stockings for the community Christmas tree which they donated and decorated. Two baskets were taken to two elderly women in the community rather than members exchanging Christmas gifts. A shower was given a family in the community who lost their home by fire. A bake sale was held with the proceeds being given to the Community Club House Fund.

The Mt. Tabor club sponsored two 4-H club girls. Sewing materials, etc., used in their clothing project. They cleaned the school house and put it in order after a new paint job. Curtains were dyed, etc. They gave a Tea honoring the new teachers. The entire community was invited. They helped two needy families in the community, one was living in an old bus body. They helped them build a new home and gave a house warming. The other family had everything destroyed by fire. The club donated bed clothing and other needed articles.

The Prices Fork club put on a program to entertain the Veterans at the Facility in Renoke. They also furnished the refreshments.

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The Union Valley club redecorated their church and made beautiful new drapes. They also sponsored a mail box improvement contest, and obtained telephone service in their community, a project they had been working on for several years.

The Roanoke Road club had for their objectives the following:

- a. Sponsor Mail Box Improvement in the community.
- b. Members of club name and erect signs for farms and homes on a long time project.
- c. Make available services of hospital bed at cost of \$4.00 per month to non-club members.
- d. Secure services of Bookmobile in the community.

The following accomplishments were obtained:

- a. Seventy-five cards mailed to patrons of the community asking their cooperation in mail box improvement. Nineteen mailboxes were improved. The club gave three prizes to the best improved. This project is being used by the club as their result demonstration.
- b. Work is progressing on the naming of farms and homes and the erection of signs. This project is being used as a long time goal for the club.
- c. Hospital bed has been in use all year with the exception of one month.
- d. Services of the Bookmobile were secured and it stops regularly twice each month in the community.

This club has 22 active members, nineteen of them earned a Library Certificate and five Junior (children of Home Demonstration Club members) earned Library Certificates.

The Main Shop club had for their objectives the following:

- a. Donate clothing to needy school children in the community.
- b. Send a Christmas basket to the inmates of Fairview Home.
- c. Send one or more boxes to Ann Hope, a native of Scotland, as well as an exchange of letters.
- d. At least 90% of the club members earn a Library Certificate.

The following accomplishments were obtained:

- a. Clothing was given one needy school boy in the community. Lunch was also given this boy during the winter months, which was paid for by the club.
  - b. A large Christmas basket of fruits, candies, tobacco, etc., was sent to the Fairview Home.
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9. Ninety percent of the club members earned a Library Certificate.

The Rain Shop club had a most active Library Chairman, who saw that the club members were supplied with good books to read. These were brought to each club meeting.

In addition to the above accomplishments, the clubs have made contributions toward the various drives in the County, which are as follows:

Red Cross \$20; March of Dimes \$15.50; T. B. \$1; Cancer \$10; Community Chest \$5.

The clubs have also cooperated with the local Red Cross Chapter in working with the Veterans at the Roanoke Veterans Facility. They furnished material and got contributions to fill 120 Christmas stockings, also 400 dozen cookies which were used for parties for the Veterans. These members are Gray Ladies and have given over 700 hours at the hospital.

4. Year Book

The Home Demonstration Year Book was prepared by a committee of three women from the Home Demonstration clubs. A space is left for meeting place and date, as well as, a space to record monthly achievements.

5. The Montgomery County Chorus

This chorus is composed of 18 members which meets twice each month. The chorus was organized in 1935 and has been active ever since. They appear on several public programs during the year. Each year they charter a bus and visit some interesting places. This year they went to Asheville, North Carolina, then to Cherokee where they saw the show "Under These Hills". From there they went into the Smokies and to Gatlinburg. The group reported an interesting and instructive trip.

6. National Home Demonstration Week

During the month of May each club observed National Home Demonstration Week, by holding open meetings, at which time they make a special effort to get non-club members in the communities interested in becoming club members.

One hundred and ten Montgomery County Home Demonstration club members attended the District meeting in Redford, which was featured as a part of National Home Demonstration Week. Six window displays were arranged in Christenbury

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and Blackburg. They featured exhibits, various types of Handicraft, Nutrition and Food Preservation, and Library, the Federation goal for the year. This display consisted of books for both adult and children. One club woman wrote an excellent article on "What Home Demonstration Work Has Meant To Me".

7. Achievement Day Program

A most interesting program was planned by the program committee. In the morning a panel discussion on Club Achievements for 1951 was led by the County Home Demonstration Committee Chairman. A covered dish luncheon was arranged by the Food Committee and the group enjoyed the social hour.

In the afternoon, the Assistant State Director, in charge of Home Demonstration work, gave an excellent talk on "Woman's Place in the World Today", followed by several selections by the Montgomery County Chorus. One hundred and thirty persons attended this program.

VI. 4-H Club Work

Project Work

- 1. Clothing
  - a. Learn to Sew
  - b. Personal Appearance

Objectives

- To teach the girls the use of simple sewing equipment through the construction of a few simple articles and garments.
- To teach some of the simple stitches used in hand sewing.
- To teach simple garment construction (selection of suitable materials, patterns, alterations, cutting, etc.)
- To teach the girls to be neat and attractive by the development of certain daily habits, such as: cleanliness, care of clothing, hands, hair, posture, food habits, etc.

A project in clothing was selected because the girls were interested in learning how to sew, how to make some of their own clothing and improve their personal appearance. The 4-H leaders also felt that there was a great need for this type of work among the rural youth of the county. Fifteen adult 4-H leaders were trained in the "Learn To Sew" project last year. They gave 18 demonstrations to 9 different groups, all in different communities, with the home agent giving 36 demonstrations to the same groups.

As a result of these demonstrations and work, 109 girls made a total of 92 garments and 278 articles.

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Two adult leaders were trained in the "Looking For Good" project, by the home agent. As a result of this, these leaders gave 3 demonstrations to one group and the home agent gave 3 to the same group, which resulted in a 195% project completion.

a. Food and Nutrition

- a. Meal Planning and Food Preparation
- b. Bread Making
- c. Food For Pep

Objectives

- a. To teach better nutrition through meal planning and preparation.
- b. To teach the latest approved methods of food preparation.
- c. To develop some skill in Food Preparation.
- d. To have better health among rural families through the preparation and serving of more nutritious meals.

The 4-H girls of the county were interested in food preparation and meal service. Many of them have the responsibility of helping with the food preparation and serving at home. In some cases the girls have the entire responsibility. They were, therefore, interested in knowing more about food and how to prepare it. Girls of this age are also interested in their personal appearance and how to look their best. Therefore, better nutrition also, has its appeal. The 4-H club leaders felt that there was a need for better nutrition in many of the 4-H club members' families.

Two adult leaders were given training in "Meal Planning and Food Preparation". The leaders gave 8 demonstrations in 2 groups in different communities, with the agent giving 5. As a result of these demonstrations 89% of the club members completed their project work.

One club member carried the food project and turned in a completed record. She made the different breads a total of 60 times.

Six adult leaders were trained in the "Food For Pep" project, by the home agent. As a result of this, 15 demonstrations were given in 5 different communities, with the agent giving twenty-eight demonstrations in 7 different communities.

Seventy-six percent of the girls carrying this project, completed.

As a result of the three above food projects, 104 girls planned one thousand eight hundred and sixty (2,860) meals and served 2,815 meals.

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3. Home Improvement  
a. The Girls' Bedroom

Objectives

1. To teach the girl to make her bedroom attractive and comfortable.
2. To refinish furniture.
3. To wire a lamp.
4. Make the closet more convenient.
5. Arrange furniture and accessories in an orderly fashion.
6. Care for the bedroom.

One leader was trained in the Girls' Bedroom project. She in turn gave two training meetings to two girls in one community. The agent gave 3 in the communities.

Three girls carried the Home Improvement project with all completing. As a result of this project, 3 rooms were improved, which included 3 old dressers having been refinished, with three articles having been made, 3 bought and 9 restored. One closet was improved by adding rods. One room painted and curtains done.

Other Activities

1. Outstanding 4-H Club

The Riner 4-H club was organized last fall with a membership of 4. This past year (1950) they had a membership of 14, and increasing it to 28 by the end of the year. This year they had a 60% increase in enrollment.

At least 95% of the club members attend Sunday School regularly and one club member is organist for her Sunday School. She is now being trained as accompanist for the Montgomery County Choral Club. A number of the girls are members of the Youth Fellowship, an organization for the Youth of the Methodist Church. The following offices of this organization are now being held by 4-H club members: President, Treasurer, Song Leader and Program Leader. The 4-H club members also hold offices in their Sunday School; one is vice-president of her Sunday School class and another one is secretary.

Two 4-H girls also hold offices in their school organizations, such as a class reporter, two cheer leaders, and one girl is vice-president of the Dramatic Club.

Three of the girls are members of the local Glee Club. They take part on the programs, as well as help plan them.

The club members state that the training they have received in parliamentary procedure, etc., in their club work has meant a great deal to them in being able to carry out the duties of offices which they hold in other organizations in the community.

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At the Montgomery County Fair this fall, 35 persons were seen by the River Golf Club girls who were also three pleasing six second places and also third places, all donated to \$36.00 in total.

The local League members and the Golf Club girls hold a Pie Supper at which time they raised \$54.75, which was donated to the school to help with the purchase of a Virginia State Flag.

Steps of the Golf Club girls with their League approved on the V. S. P. Fair and Home Program during National Golf Club week. The River Golf Club members arranged a circus display in one of the staves in River, showing the variety of projects being carried by the club members, during National Golf Club week.

During the year, the girls completed a total of forty-six projects.

The club members set up their objectives as follows:  
1. Every club member complete her project and turn in completed records.

2. All officers attend Camp's meetings.

3. One or more members attend Short Course and County Golf Camp.

4. Help a contribution to: March of Dimes, Red Cross and Cancer Campaign.

5. Represent the Fair Aid Kit at the local community Cannery.

6. Help with the purchase of a Virginia State Flag for the local school.

At the end of the year, the following accomplishments were obtained:

- 1. Project completion - - - - - 95% plus
- 2. Officers attending County Meetings - 75
- 3. a. Four members attended State Short Course,  
b. Three members attended State Concessionaire Camp  
c. held at Camp Parlier at Virginia Beach.
- 4. Nine members attended the County Golf Camp at Holiday Lakes.
- 5. Contributions to: March of Dimes - - - \$3.00  
Red Cross - - - - - 2.00  
Cancer - - - - - 2.00
- 6. The First Aid Kit at the local Cannery was replenished, at a cost of \$4.00.
- 7. Returns from the Pie Supper sponsored by the local League and Golf Club girls were turned over to the school to be applied toward the purchase of a Virginia flag which amounted to \$54.75.

This club had a 94% club attendance, a 65% increase in enrollment and 58% of the club members enrolled for 1951.

## 2. 4-H Camps and Short Courses

The Montgomery County Camp was held in connection with six other counties. Thirty-two girls, 27 boys and 3 leaders attended this Camp from the county. There were a total of 187 boys and girls from the 4 counties. A total of 210 persons attended the camp. The Camp was held at Holiday Lake 4-H Camp in Virginia.

Previous to camp week, the leaders were given training in what their duties and responsibilities would be while at camp.

At camp the boys and girls were given classes in Handicraft, Swimming and Electricity. In Handicraft, two types of tray making and rope holders were made. The boys and girls were given a choice of Handicraft. Instructions in swimming and various types of games were also given.

The boys and girls look forward from year to year to a week at camp. It is one of the highlights in the 4-H program each year. In order to be eligible to attend camp, the boy or girl must be a member in good standing, with his or her project completed or up to date, depending on the type project being carried.

Five girls attended Conservation Camp at Camp Farris, Virginia Beach, Virginia. The County Chairman of the Home Demonstration Committee also attended this camp as camp nurse.

Seven girls and one leader attended the 4-H Short Course held at V.P.V., Blacksburg, Virginia.

## 3. Rural Life Sunday

Fourteen of the 17 4-H clubs in the county observed Rural Life Sunday by attending in a body, and having special recognition given them. In some cases a special service was given over to Rural Youth. They helped with the church music and took up collection.

## 4. Montgomery County Fair

A special section was set aside at the exhibit booth for the 4-H boys and girls, and F.F.A. boys and F.H.A. girls. The 4-H girls won 11 first places, 14 second places and 23rd, third places. A total of \$76.00 in cash prizes.

**VI. Home Men and Young Women's work**

The year's work done with young women in the county was done mostly on an individual basis in taking care of individual problems, which were; food preparation problems, use of dried milk, how to freeze fruits and vegetables, how to freeze cooked foods, information on baking and remodeling, how to refinish furniture, how to make an ironing board cover, etc.

**VII. Scope of Work**

	1948	1949	1950	1951
No. H. B. Clubs or Groups	17	17	17	17
Membership	320	354	408	408
No. A-H Clubs	14	15	16	17
Membership	124	161	227	274
No. A-H-H Groups				
Membership		53		
No. of other families reached	1506	1560	1582	1600
Home Extension Families Reached	2200	2303	2385	2398

**III. How the following Organizations Functioned in the 1951 Program**

**A. County Board of Agriculture**

The Chairman of the Home Demonstration Committee served as a member of the County Board of Agriculture. She represented the home-making phase of the program.

**B. County Home Demonstration Committee**

This group composed of the Presidents of each Home Demonstration Club and County Officers, met twice during 1951; once in the Fall to plan the year's program and again in the Spring to check what had been accomplished and to determine whether changes needed to be made in the program for the rest of the year. Plans for developing the rest of the year's program were made. A calendar of coming events was also discussed with this committee in order that they could make plans with their respective clubs as how they could participate in the various programs.

**C. County A-H Council**

The County Council is made up of the officers of the various clubs. This club met twice during the year, once in the Fall, at which time the Council was reorganized, set up objectives for the year, and trained the officers in their respective duties. Seventy-one organizational leaders were trained and plans made for carrying out the year's work.

In March, a second Council meeting was held. The calendar of work was discussed, and plans for carrying out summer projects and A-H Camp were made. Thirty-eight leaders and leaders attended this meeting.

## 2. U. S. P. A. Council

The U. S. P. A. Council meets once a month to discuss and make plans for carrying programs that affect the entire group of agricultural workers, such as; County Fair, The Governor's Pasture Improvement Program, etc. The home agent is a member of this committee.

## 3. Leadership

### 4. Contributions of the Volunteer Leaders to the Program

#### 1. Adult

##### a. Organizational

Each organized Home Demonstration club in the county has the following officers: President, Vice-President, Secretary and Treasurer. Each new officer was given help with her duties as an officer by the County Club agent and home agent. These officers function for a period of one year and are responsible for all meetings and working places. They transacted all business of the clubs.

##### b. Program Development

Montgomery County had 17 Program Development Leaders. A Leaders Training meeting was held for these leaders by the State Farm and Home Unit Specialist. These leaders were given information and training on "How to Lead a Discussion on Program Planning".

At various club meetings during the year, these leaders led discussions on needs of the county, the community and the club members. These leaders attended the Fall Program Planning meeting, at which time they brought suggestions and ideas they had gotten from their groups on a program for the coming year, and assisted in the planning of the next year's program.

For the month of November, these leaders had charge of the club program. They discussed the 1952 program as planned.

##### c. Subject Matter - Leaders

Each club had from two to six project leaders, depending on the size of the club and whether or not they had garden or poultry leaders, due to the home set-up of the club members.

There were 41 project leaders who gave 6 of the demonstrations during the year. These leaders gave a total of 102 demonstrations. There were 8 garden and 8 poultry leaders who were sent garden material prepared by the Specialist. These leaders gave a total of 76 timely discussions on poultry and 76 on garden, at the club meetings.

B. Growth of Leadership by Project Leaders

Growth of H.B. Club Project Leadership	1948	1949	1950	1951
No. project leaders and goal chairmen	81	70	79	82
No. training meetings held By Specialist	5	7	6	5
By Agent	1	2	3	3
Attendance at all training meetings	150	187	243	693
No. club meetings held by leaders without agent present	96	96	137	138
No. additional club meetings at which leaders assisted	0	8	10	20

Growth of 4-H Club Project Leadership	1948	1949	1950	1951
No. adult project leaders	28	20	23	26
No. junior project leaders	1	2	4	8
No. training meetings held by Specialist	3	0	0	0
By Agent	1	5	8	2
Attendance at leader training meetings	43	30	25	12
No. 4-H leaders trained individually	2	5	6	14
No. club meetings held by leader without agent present	42	48	25	47
No. of additional club meetings at which leaders assisted	48	52	63	56
No. demonstrations given by Leaders	1	1	1	1
By Adult	96	70	59	67
By Junior	8	2	8	23

Activities of One Leader

There is one leader in the county who has done excellent work as a leader in the Home Demonstration and 4-H Clubs. She has held every office in the Home Demonstration Club. She is now president of her club, Prices Fork, and is also 4-H club leader and has worked as 4-H leader over a period of 7 years. She has attended 4-H Camp for 7 years. The 4-H Camp is held in connection with six other counties. She works so well with the children, and is such an asset, that the Extension Agents from the other counties always say "Be sure to bring Mrs. Olinger with you this year".

She is not only a leader in the Home Demonstration and 4-H Clubs, but is a Sunday School teacher and also teaches each summer in the Bible School. She is an active Grange member and has been for a number of years.

If anyone in the community is sick or in trouble, they always go to Mrs. Clinger. She takes them to the hospital, sees that the needy receives help and one year she made clothing and had some donated to send an underprivileged girl to Camp. She has been influential in getting the local Grange to help send several boys to 4-H Camp, who could not have gone otherwise.

The Prices Fork 4-H Club has won a prize for three years in the W.S.L.S. Contest. Two years they won third place and this year they won second place. Each year the 4-H girls win a number of prizes at their Community Fair and also take a number of prizes at the County Fair. This year the girls won twenty-four dollars (\$24) in prizes. One girl who won first prize on a cotton dress, also took first place on the same dress at the State Grange Contest in Richmond, Va., this fall.

#### XI. Work in Cooperation with Other Agencies

##### 1. Red Cross

The home agent has been a member of the County Executive Committee for several years. This Committee meets in the evenings; therefore, making it possible for the home agent to attend most of the meetings.

Sometimes has been given in working with the Blood Program, encouraging the club women to donate blood when possible and to get other persons of the community to sign donor cards.

The home agent has also worked with the County Red Cross in getting the club members to work with patients at the Veterans Facility in Roanoke, Va. Five Home Demonstration Club women have become Day Ladies. Three non-club members have become Gray Ladies through the influence of the club members.

The club women have also made cookies; filled Christmas stockings; put on programs, given magazines and games to the Veterans at the Facility in Roanoke, Va.

##### 2. Farmers Home Administration

The home agent has worked with the District Supervisor of the Farmers Home Administration in helping her with bulletins, literature, etc. from the Extension Service.

##### 3. Home Economic Teachers

The home agent has worked with the Home Economic Teachers in the county by getting them interested in having the F.H.A. girls enter exhibits at the County Fairs.

4. Local Electric Power Company

The home agent has worked with the Local Home Economist with the Power Company, by inviting her to some of the meetings, in order to give her a background of the Extension Program in the County.

The Power Company in future has been most cooperative in putting on three Lamp Clinics. Two groups were fortunate in having their Lighting Specialist with them.

5. Montgomery County Fair Committee

The home agent has worked with this committee and has served on the Agricultural and Homemaking Exhibit for the County Fair. Committee

6. County Library - Bookmobile Service

The home agent and the Library Goal Chairman have worked closely with the County Librarian, who has been most cooperative in obtaining books for the groups to read from the recommended list of reading.

7. Welfare Department

The home agent has worked with the Welfare Department by helping to keep the home demonstration club women informed on this and encouraging them to give outgrown clothing, etc. to the Welfare Department.

One club in the county had as one of its club goals to work with the Welfare Department by furnishing needed clothing. They made new garments, as well as, contributing used ones.

8. Health Department

The home agent has worked with the Health Department by keeping informed about their clinics and encouraging the people of the county to cooperate and take part in these clinics.

XI. Appraisal of Year's Work

The home agent feels that the Home Demonstration and 4-H Programs have contributed a great deal toward better homemaking, better rural living, and improved people in Montgomery County. Club members, both adult and youth, have continued their interest in food and nutrition. They are much interested in having the latest and best information, not only in Food Preparation and Preservation, but in what constitutes a well balanced diet. They realize that one of the first essentials to better living is to have the family's nutritionally adequate.

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The home agent has been impressed with the interest shown by the club members in legal matters, wills, deeds, record keeping, local government, etc. a subject that formally had not been of too much interest to women as a whole. More and more families are asking for help from the Extension Service, in helping them to make decisions on major expenditures of money. The agent is asked for help on planning the home, remodeling and modernizing old ones, kitchen planning, both new and remodeling, selection of paint, wall paper, draperies, linoleum (color, pattern and kind). These are just a few of the problems they have.

A number of the 4-H club girls have shown an improvement in their clothing. They have been kept in better repair and more cleanliness among some is very evident. The agent feels that the clothing projects have contributed largely to these improvements.

A number of families have been able to stretch their clothing dollar by being able to do their own tailoring. This has meant a great saving to families with one or more daughters.

All of the clubs have carried one or more community projects. They have worked with needy families in the community, worked with local school and getting needed equipment and supplies. They have contributed to improvements on local churches, community houses, etc. They have given of their time by working with the Veterans at the Veterans Hospital in Roanoke, making cookies and filling Christmas stockings to help add to their pleasure and happiness. The Home Demonstration club women have worked with the youth in the communities, by supplying 4-H leaders in most cases, for the local 4-H clubs. They have contributed to needy 4-H club members and other needed youth of the community. They have made it possible for 4-H club members to attend Camp. They have contributed to the various drives, such as; Community Chest Funds, Red Cross, Cancer, March of Dimes, T. B. Drive, etc. They have improved their minds and made lives richer through the reading of good books. Over two and a half thousand books have been read this year, by Montgomery County Club women.

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