

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

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Name

Home Demonstration Agent

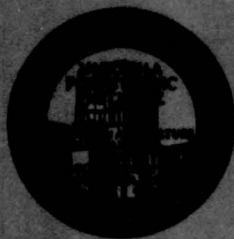
Agent

Title

Assistant Agent

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1960

Northumberland

County

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OUTSTANDING CONTRIBUTIONS TO FAMILY LIVING

1. One contribution to family living has been in the area of home management which has been interwoven into many of the home demonstration club programs. Home management was an integral part of record keeping, time and energy management, window treatment, selection of new fabrics, clothes for growing children and the foods topics included in the program. The following points were stressed: careful planning, getting the best products for the available money, learning the quickest and easiest way to do a job to obtain satisfactory results, reading labels, good buying practices, making the best use of available resources, and keeping necessary records.
2. Work done under the Federation Program of Work, Family Life, made an important contribution to family living in the county. Homemakers had an opportunity to discuss family living problems in their regular home demonstration club meetings. In addition, Dr. George Blume, Extension Sociologist, discussed Juvenile Delinquency in a county wide special interest meeting. Homemakers had an opportunity to learn of family life customs in other lands at a Home Demonstration Federation Forum on International Affairs held in Fredericksburg.

I. COUNTY SITUATION

Northumberland County contains 223 square miles or 128,000 acres, with approximately 49% or 62,722 being in farm land.

The topography is generally low and level and cut by numerous bays and inlets. Elevations range from sea level to 120 feet. Temperatures average 37 degrees in January and 76 degrees in July. Annual precipitation averages about 42 inches.

The population of the county is approximately 11,000 with 60% being white and the remainder negro. Approximately 7000 of the county population are rural farm residents; 4000 rural non-farm residents. There are no incorporated towns or cities in the county. The number of farms has declined from 731 to 488 in 1959. This change has resulted in a larger farm size.

Agriculture is the primary source of income for the county with soybeans, corn and tomatoes the principle crops. The value of farm products sold average nearly one and one half million dollars annually. More than two thirds of the income is from sale of cash crops.

The seafood industry employs many persons. One of the largest Menhaden Fish processing plants in the country is located in the county. Oyster houses and fish canning and processing plants are located on various points along the Potomac River and Chesapeake Bay sections.

The one county white high school is located at the county seat, Heathsville. There are three white elementary schools located at Wicomico Church, Reedville and Callao.

The entire telephone system is dial operated with three automatic dialing exchanges in the county. Approximately 70% of the farms can be reached by telephone. The one county newspaper is printed in the county seat. Two other weekly papers published in the adjoining counties have wide circulation. Most families subscribe to a Richmond daily paper.

County Situation - continued

Five white medical doctors and one small maternity hospital are available for medical care plus two dentists, located at Heathsville is the County Health Department which is staffed with a full time nurse, full time clerk, part time sanitarian and one doctor who serves the four Northern Neck Counties. Clinics are held in the health department each week.

The chief recreation consists of boating facilities for fishing and bathing beaches. The closest shopping centers are Warsaw and Kilmarnock each being located about 20 miles from the county seat of Heathsville.

II. COUNTY EXTENSION PROGRAM- ADULT

A. Organization

A home economics special interest committee met in July to discuss problems and to set up long-time and short-time objectives in the area of clothing. This is the only home economics committee functioning in the county at the present time. This committee is composed of a home economics teacher, a home demonstration club member and a homemaker interested in the field of clothing.

In order to plan the program for 1961, home demonstration club members spent the month of February discussing outlook information and problem areas which they felt should be dealt with in the 1961 program. Suggestions from each club were compiled and all club members checked the topics they themselves preferred to have in the 1961 program. The results from this survey were taken to the program planning committee composed of members of each home demonstration club and homemakers from various areas of the county. This committee set up the 1961 monthly demonstration topics, special interest committees, federation program of work topic and county objectives.

B. Subject Matter and Special Emphasis Areas

1. Foods and Nutrition

Foods and nutrition work was included in the adult program because homemakers felt a need for variety in methods of food preparation, recognized that too much time was being spent in food preparation and felt a need for well balanced meals.

Foods and Nutrition- continued

Through home demonstration programs in holiday breads, outdoor cookery, and quick suppers and a special interest meeting in seafood cookery, it was attempted to improve the skills and management of the homemaker in food selection, preparation and service. The people were to learn wise use of time and energy in food selection, preparation and service, principles of good nutrition; how to achieve greater variety in meals, and better use of locally grown products.

Method demonstrations in holiday breads, and quick suppers were given by the Agent. Emphasis was placed on good nutrition and variety in meals. Leaders from each Home Demonstration Club were trained by Miss Jane Vaught, Home Agent in Richmond county to give the outdoor cookery demonstration at their respective clubs. Several of the clubs made a family affair of their club meeting by inviting their husbands and children.

A special interest seafood cookery demonstration was held in the Northern Neck Electric Cooperative kitchen in Warsaw to give homemakers an opportunity to learn various ways of preparing seafood which is so abundant in our area of the state. Miss Donna Hicks and Mrs. Virginia Casey, Warsaw power suppliers home economists, presented the demonstration attended by over 40 homemakers.

The seven radio programs and eight newspaper articles devoted to foods and nutrition have helped to reach many persons not otherwise in contact with the Extension program.

Results in the food and nutrition area have often been intangible with homemakers making unrecognized improvements in the skill and management of their food preparation. Homemakers reached by the home demonstration club program have reported that over two thirds of them have been able to achieve more variety in meals and to save time in food preparation. Approximately one half have a better understanding of well balanced, nutritious meals.

2. Clothing and Textiles

This line of work was undertaken because clothing construction methods of homemakers needed improvement, homemakers are concerned with the proper use and care, wide assortment of fabrics on today's market, and

Clothing and Textiles- continued

homemakers needed help in managing the clothing dollar wisely.

Two demonstration topics were included in the home demonstration club program- one on selection of new fabrics, the other on clothes for growing children with the goal of improving the homemaker's skill and management in the selection, construction and care of clothing. Homemakers were to learn recommended clothing construction methods, wise spending of the clothing dollar, fabric selection and care. Those two demonstrations were given by the Agent. Club members were made aware of the new Textile Fiber Identification Act which went into effect in March of 1960 and its buying help in selecting fabric and ready-made garments.

Results obtained from a survey taken at club meetings showed that all home demonstration members have a better understanding of the terms now found on labels. One fourth of the members reported having made children's garments keeping in mind the need for clothes that can be expanded as the child grows and fabrics that are easily cared for.

A home economics special interest committee was set up to determine the problems in the area of clothing of all homemakers in the county. The committee consisted of Mrs. Alice I Jett, High School, Home Economics Teacher; Mrs. W. A. Beauchamp, Home Demonstration club member; and Mrs. Samuel Jacobson, homemaker.

A clothing survey was made in July of representative homemakers from all areas of the county. This survey revealed that an average of \$266. is spent per family annually on clothing; however one third of the county homemakers spend less than \$150. over one third of the homemakers indicated a desire for help in budgeting and planning.

75% of the homemakers listed articles of clothing which they had difficulty in buying. Names most frequently were dresses, winter coats, shoes and boys clothing.

While 88% of the homemakers have sewing machines only 6% use them in making any of the families clothing. The study revealed that 85% of the homemakers would be interested in joining some type of clothing construction class, the most interest being in basic clothing construction, and remodeling.

Clothing and Textiles- continued

Approximately one half of the homemakers have some problems in laundering, storage or insect damage in the care of clothing.

After reviewing this situation, the committee listed the following problems in clothing in the county: (1) finding correct size in a variety of garments for family members (especially boys) in the limited shopping centers of the Northern Neck (2) planning clothing expenditure to meet family needs on a limited budget; (3) inadequate skills in clothing construction to make professional looking garments in a minimum of time; (4) individual figure problems make fitting in making clothes and in buying and altering ready made clothes difficult; (5) inadequate knowledge of the proper use and care of the wide assortment of fabrics and finishes on today's market.

Long time objectives set for 1960-65 were to:

(1) Investigate the possibility of increasing the selection of garments locally; (2) educate the consumer to wise spending of the clothing dollar; (3) improve clothing construction skills; (4) teach the importance of proper fit of garments and the means to accomplish it (5) improve skill and management in care of clothing and (6) have sufficient leaders to train all interested 4-H members in the "So You'd Like to Sew" and "Make or Remake" projects.

These objectives will be carried out in the following ways: The home agent and members of the committee will discuss findings of the survey with local merchants pointing out problem areas in clothing selection. Qualified persons such as buyers for retail merchandise stores will be invited to talk to Home Demonstration clubs and groups on good buying practices. Classes in basic clothing construction will be held by the Agent and followed by classes in more advanced skills and tailoring. The home agent will use radio programs on the Warsaw Station and news articles in the local paper to reach more persons in the area of clothing. The home agent will work with adult leaders training them to work with out-of-school project groups.

Clothing and Textiles- continued

A class in simple clothing construction was begun in the county to meet once a week for six weeks. Twenty-four participated, necessitating two classes each week. Of the 24, six were home demonstration members, the remainder non home demonstration members. Over three fourths were young homemakers. Three had done no previous sewing, the others for the majority had done very little. Each person constructed at least one garment modeling this garment at the final meeting which was held with the two groups combined. The class was held in the High School Home Economics Cottage in Heathsville with the cooperation of the home economics teacher. Results were measured in the progress of each individual as he grew in ability to perform construction procedures. The learnings of each individual were evaluated on a check sheet at the final meeting. Suggestions for future classes were obtained with over one half of the group interested in more sewing classes at a later date.

3. Home Management

Insufficient homemaker's ability to make wise management decisions in relation to resources of money, time, and energy, and the need for knowledge of and the ability to apply work simplification methods led to including home management in the home demonstration program. With the goal of providing educational experiences to help homemakers to make wise management decisions, "Keeping Family Records" and "Time and Energy Management" were included as topics for monthly programs in the home demonstration clubs. The people were to learn a simplified system of keeping necessary family records, work simplification practices, how to make best use of available resources and good buying practices.

The agent used visual aids in presenting method demonstrations on "Keeping Family Records", and "Time and Energy Management" to home demonstration clubs. Wise management of resources was also stressed in the foods, clothing and other demonstrations.

Two thirds of the home demonstration club members kept a family record of expenditures for several months and nearly one fourth kept a record for the year. All reported adapting

Home Management- continued

at least one work simplification practice into their housework and the ability to make better decisions in the use of their resources.

4. Home Furnishings

Problems of homemakers in home furnishings included: lack of understanding of basic principles of good design involved in house furnishings and their application in individual homes; difficulty in choosing from the numerous house furnishings on the market the one for available money best suited for its intended use; and the need for improvement in appearance and use of present house furnishings.

The homemakers were to learn to create beauty in home furnishings, wise spending of the home furnishings dollar and ways to improve the use and appearance of present home furnishings.

Method demonstrations were given by the agent on "Color in the Home" and Window Treatment". Emphasis was placed in the color demonstration on combining colors effectively and color linkage throughout the home. Principles involved in the selection of curtains and draperies and ways of solving various window problems were pointed out in the "Window Treatment" demonstration.

Mrs. John P. Moore and Mrs. Taylor Brann of the Village home demonstration club conducted a one and one half day workshop on reupholstering chairs for a group of interested persons in the Lillian-Roodville area. Five chairs were reupholstered with eleven persons learning the principles of canings.

The home agent and one Wisconsin home demonstration member spent two days at the Totuskey Baptist Church, Village participating in a re-upholstery workshop sponsored by the Richmond County Home Demonstration Clubs. The home demonstration member, Mrs. Sam Jacobson, re-upholstered a rocking chair,

The home agent worked with one home demonstration member, Mrs. John Moore, Cowart, in planning a re-decoration project for one room in her home. Plans were made for the color scheme, materials to use in the project and the best use of the available furniture. Miss Katherine Nabel visited the home with the home agent giving Mrs. Moore help on color schemes, furniture arrangement, refinishing furniture and floor finish. This project has not yet been completed.

Home Furnishings- continued

Definite plans have been made and work done in refinishing furniture, selection of wall paper and carpets and color schemes.

5. Family Life

Family life was chosen as the federation program of work topic for the year. It was felt that there was a need for better planning and management of family resources, need for increased understanding and cooperation among family members and a need for increased understanding of youth. Club members were to be challenged to manage family resources to achieve maximum benefits for the family, to develop to the fullest each family member, physical, mental and spiritual potentialities, and to create a better understanding of human relationships.

Federation program of work chairman for each club met with Dr. Donald Fessler, Extension Sociologist, to make plans for presenting family life materials to their clubs. Club leaders then devoted some time to each club meeting to discussions of topics relating to family life. These topics included; sharing and cooperation, discipline for the home, basic psychological needs and juvenile delinquency, evaluation of family and individual activities, teen age marriage, and preparing for the retirement years. Dr. George Blane, Extension Sociologist discussed juvenile delinquency with county homemakers.

C. OTHER ACTIVITIES

1. Home Demonstration Club Community Projects

The Wisconsin Home Demonstration Club completed a community project started the previous year. The club voted to make the "Triangle" at the intersection for two highways in the center of their community their community improvement project.

Mrs. Paul Benson was appointed chairman of the project. Upon contacting the highway department she was told that the highway department would furnish the labor if the club furnished the materials. The highway department laid the curbs and

Home Demonstration Club Community Project- continued

filled the dirt, manure and lime were contributed. One of the local merchants planted the grass seed for the club. Evergreens and grass seed were bought by the club in addition to paying for the cement, etc. used in laying the curb; shrubbery and flowers were contributed by club members.

The club sold box lunches in January to raise the money. The entire project cost approximately \$125.00,

Club members took turns in cutting the grass, weeding the flowers, etc. throughout the summer.

The Village Home Demonstration Club sends a contribution each year to Patrick Henry Hospital in support of its work.

2. National Home Demonstration Club Week

National Home Demonstration Club Week was observed in the county through use of news articles, pictures and a special radio program. This week gave county persons an opportunity to learn more about the home demonstration club program in this county and in the state and to learn of the scope of the adult extension program.

3. Fairs

The Village home demonstration club entered an exhibit on "What Mrs. Northern Neck is Wearing" in the Northern Neck Agricultural Fair, Warsaw. Many individual exhibits were also entered.

4. Out of County Events

a. District III and VIII Forum

Five home demonstration club members and the home agent attended the District III and VIII Forum on International Understanding at Fredericksburg. Women from India, Indonesia, Burma and Egypt discussed family customs in their countries. Some of the information was brought back to the local club meetings as a part of the family life discussions.

4. Out of County Events- continued

b. District Federation Meeting

Five county club members attended the District XII Spring Federation meeting held at the Claybrooke Baptist Church near Moore, Virginia. They learned of district activities and heard Dr. H. J. Haynes, Psychiatric Director of the Fredericksburg Area Mental Hygiene Clinic, speak concerning the work of the clinic.

5. County Home Demonstration Club Objectives

County home demonstration club objectives for the year were:

- a. At least one organizational and one project 4-H leader from each community.
- b. Organize six new home demonstration clubs and two home economics special interest committees.
- c. At least 50 home demonstration club members from this county to attend the District Federation meeting.
- d. Have each organized home demonstration club represented at the Institute of Rural Affairs.

These objectives led to 4-H leaders from four different communities to help with 4-H out-of-school project groups; three home demonstration club and home economics special interest committees were organized; the county was represented at the District Federation meeting and at the Institute of Rural Affairs.

D. Program with Urban Families

Northumberland county is primarily a rural county. There are no incorporated towns or cities within the county. The program planned for rural homemakers is suitable for non farm homemakers.

E. Farm and Home Development

The home agent has done no work in farm and home development.

III. COUNTY EXTENSION PROGRAM- YOUTH

A. Organization

The 4-H county council is the only organized group

Youth Organization - continued

which has functioned in program planning for 4-H clubs. This group is composed of officers of each of the twelve county 4-H clubs. This year officers were elected for the first time for the county council. The offices will rotate each year between members of the senior club and the elementary schools. In addition to the business meeting, junior club members received training in their various offices from senior club members.

B. 4-H Project Work

1. Room Improvement

Girls in eight school clubs choose Room Improvement as their school project. The goal in working with this project was to make club members aware of the importance of having attractive rooms and to help members learn how to select and make use of items that would improve their rooms for attractiveness and comfort. The 4-H members were to learn to plan and to select attractive color combinations; how to select good lighting equipment and placement of it for reading, work or play; selection and combination of textures, design, and line; arrangement of room for maximum comfort, attractiveness and ease of care; ways to provide adequate storage and how to select, make and use accessories.

Topics included in the project were: proper lighting, room arrangement, care of the room, color schemes, bulletin boards, storage space, flower arrangement and window treatment. A local power company home economist demonstrated proper lighting to the group. The agent used slides, flannel board presentations, miniature bulletin boards, posters and other visual aids in presenting the other demonstrations. 4-H members gave demonstrations at each meeting. Exhibits were made by club members at Gailas school during National 4-H Club Week.

Of the 87 girls taking this project, 76 completed the project. These girls reported making or choosing 156 different articles for their rooms, re-arranging their rooms, improving the lighting and improving storage facilities.

4-B Project Work- continued

2. Meal Preparation

Meal preparation was chosen as a project by five out-of-school groups of club members. The project was designed to help members learn the rules of planning, preparing and serving a meal attractively. Club members were to learn: accurate measurements; kitchen rules in meal preparation; meal planning for adequate nutrition, variety, and attractiveness; recommended principles of meat and vegetable cooking; how to read and follow recipes; serving foods attractively; table service and table manners; quality of foods, how to exhibit foods attractively and how to give a demonstration.

Leaders were trained in different communities to help in organizing groups, and to give actual project instruction. Club members met once a month after school during the school year in five different groups. Each club member was given an opportunity to do actual food preparation. One group culminated their year's work by planning and preparing a tea for parents, home demonstration members, teachers, and county extension staff attended, approximately 35 persons were present.

44 of the 47 girls taking this project completed the project. These girls prepared an average of 40 dishes each and served at least one meal each. Each girl had an opportunity to give demonstrations and to judge the products prepared at meetings.

3. Housekeeping

Two fifth grade clubs chose to take Housekeeping as their school project. Club members were to be made aware of their responsibility to assume certain housekeeping tasks and to do these tasks in the most efficient way. They were taught to use the best equipment and tools for a job; to use both hands when possible; to work in a comfortable position; to leave out unnecessary parts of a job or to combine jobs or parts of jobs when possible; and to give a demonstration.

A demonstration was given by a power company home economist on care of small appliances. The Agent gave method demonstrations at club meetings on daily cleaning jobs in the kitchen and bedroom to include dish washing, making beds, dusting, mopping and sweeping, and on less frequently done cleaning tasks.

4-H Project Work continued

Club members gave demonstrations at each club meeting. The project resulted in club members having a better understanding of homemaking tasks and efficient ways to do them.

4. So You'd Like to Sew

To improve the club members' skill in the construction of simple articles and garments, four groups of girls met in out-of-school project groups once a month to learn recommended clothing construction methods, good fabric selection for the use to which the fabric is to be put, and to equip a sewing box with the needed equipment.

Leaders worked with the girls who practiced recommended procedures in actually constructing at least four articles to meet the requirements of the project.

Each of the 39 girls taking the project completed the project. They constructed a total of 296 articles such as towels, collars, baby bibs, stuffed toys, etc, and 14 garments either skirts or blouses.

C. OTHER ACTIVITIES

1. Community Projects

4-H club members sold 4-H litter bags to raise money for the county council treasury as well as to help keep the road sides of the county clean. This project created better relations between community members and 4-H clubs.

2. Camp

Forty-nine 4-H members, one adult leader, two junior leaders and the agents participated in the Jamestown 4-H camp during the summer. 4-H members attending camp had an opportunity to develop leadership and citizenship.

3. Rural Life Sunday

4-H members were encouraged to attend the Church of their choice on Rural Life Sunday and to participate in the service in any way possible. This helped to create a better relationship between the churches and the extension program.

Other Activities- continued

The public had an opportunity to better understand the Heart "H" in 4-H club work.

4. Achievement Day Program

The county's first 4-H Achievement Program was held last December. Mr. George Russell, Assistant State 4-H Club Agent, was guest speaker. Six adult leaders were awarded certificates and pins, five, for five or more years of service and one for ten or more years. Twenty-nine medals were presented to county project winners and 166 club members were given year pins for completing their previous years projects. Attendance at this program was approximately 170. This program provided encouragement for project completion and better project work.

5. Fair

The Senior 4-H club entered a club exhibit on "Career Exploration"; at the Northern Neck Agricultural Fair, Warsaw both senior and junior club members entered individual exhibits in the fair. This gave 4-H members an opportunity to publicly exhibit their work.

6. District Contests

Six girls from Northumberland entered the 4-H District contests held in May at the Atlantic Rural Fairgrounds in Richmond, each received a red ribbon for her demonstration. Girls entering the contests and their demonstrations were Sandra Casey, Senior Electric demonstration; Lane Bromley, Senior, Public Speaking; Debbie Casey, Junior, Electric demonstration; Claudia Seville, Junior Bread demonstration, Delight Swann, Junior, Poultry consumption demonstration and Nancy Thomas, Junior Home Improvement demonstration.

7. County Share-the-Fun Program

Each county 4-H club was represented by an act in the county's first Share-the-Fun contest. This contest was sponsored by the Virginia Association of Electric Cooperative

County Share-the-Fun Program- continued

and the Northern Neck Electric Cooperative in Warsaw. First place winner for the fifteen acts in the Junior division was Ronnie Jewell of Callao whose 4-H club received a trophy which will go each year to the winning club. Miss Ellen Dawson from the Senior 4-H club won the senior division and represented the county at the State 4-H Short Course. Ellen was announced as District and State winner at the Short Course. County Junior and Senior winners provided entertainment at Reedville and Callao Southern States Annual meetings. This contest gave club members an opportunity to develop poise and to share their talents with others.

8. National 4-H Club Week

National 4-H Club Week created interest in club work, gave non 4-H members as well as 4-H members a better understanding of 4-H club work, and led to improved public relations. Thank You Cards were sent to all persons who contributed in any way to the 4-H program last year. Letters were sent to parents of seventh grade and senior club members explaining community 4-H clubs and their value to the county. Club members at Callao made a school exhibit showing articles made by them in their projects and showing various 4-H activities in which 4-H members had participated during the past year. Senior 4-H club members prepared a radio program to be given during the week; however, only one club member was actually on radio due to weather conditions. News articles about 4-H work were printed in the county paper.

9. State 4-H Club Short Course

Two senior club members, Miss Ellen Dawson and Miss Virginia Mae Hughes, and the home agent participated in the state 4-H club Short Course held at VPI. Virginia Mae Hughes was taken into the Virginia All Star Chapter. Ellen Dawson was state winner in the Share-the-Fun program.

IV. SCOPE OF WORK

	1958	1959	1960
No. HD Clubs	1	4	5
Membership	15	40	72
No. HD Groups (Unorganized)	0	0	2
Membership	0	0	18
No. 4-4 Clubs	0	12	12
Membership	0	311	323
No. 4-4 Clubs	0	0	0
Membership	0	0	0
No. Community Clubs	0	0	0
Membership	0	0	0
No. Home Ec. Committees	0	0	1
Membership	0	0	4
No. Youth Committees	0	0	0
Membership	0	0	0
No. Other Organizations	0	0	0
No. Papa and Home Dev. Families	0	0	0
No. other families reached	25	250	364
No. different families reached	0	250	364

*Report all groups that met 3 or more times a year.

Home visits, news articles, radio programs, special interest meetings and workshops, bulletins, leaflets, etc. have been used to inform the public about home demonstration work.

The home agent speaks about home demonstration club work and its organization at a regular monthly meeting of the Byrdton-Ditchley community club which was attended by 55 members. No home demonstration club has been started in this community.

Homemakers in Heathville area met with the Agent to discuss the organization of a club in their community and for a demonstration on "Planning an Economical Wardrobe". This group later organized becoming the fifth organized club in the county.

Meetings were held regularly for several months in the Lilian and Lottsburg areas. Special interest meetings seem to meet the need of the homemakers in the Lilian area better than organized club work. A workshop on repairing chairs conducted by two Village home demonstration club members resulted in eleven persons learning to sew. Simple clothing construction classes were held in this community once a week for ten weeks by the agent. Eight persons

Scope Report- continued

attended these classes with each constructing at least one garment.

The clothing construction classes held at the Home Economics Cottage in Heathsville were attended by 18 non home demonstration club members. This class has resulted in a number of other non home demonstration club members becoming interested in the Extension program and similar classes.

National Home Demonstration Club Week was used as an opportunity to inform the public about the adult extension program in the county.

As a result of the adult sewing class held in Heathsville a group of young homemakers has asked to meet and discuss home demonstration club work in their community. This meeting will be held in early December.

V. Leadership

A. Home Demonstration Club Leadership

	<u>1959</u>	<u>1960</u>
No. organizational leaders	10	4
No. project leaders (subject matter)	6	17
No. Federation program of work chairman	2	2
No. program development leaders	2	5
No. result demonstrators	0	2
No. training meetings by specialists	2	1
No. training meetings by dist. agents	2	1
No. training meetings by agents	0	1
No. training meetings by others	0	0
Attendance at all training meetings	9	23
No. meetings held without an agent	12	1
No. meetings leaders assisted	6	7
Demonstrations by leaders	4	5
Talks and discussions by leaders	2	20

4-H Leadership

	1959	1960
No. Club officers	66	84
No. adult project leaders	3	10
No. Junior project leaders	4	18
No. adult demonstrators	0	0
No. training meetings by specialists	0	0
No. training meetings by dist. agents	0	0
No. training meetings by agent	0	1
No. training meetings by members club dept.	0	0
No. training meetings by others	0	0
Total attendance atldr. tr. meetings	0	30
No. 4-H leaders trained individually	3	21
No. club mss. held byldr. without agents	19	2
No. additional meetings at which leaders assisted	29	41
No. demonstrations given by adultldr.	21	44
No. demonstrations given by junior leaders	0	21

Miss Sandra Casey, A senior 4-H club member from Village, has grown in leadership ability during the past year, Sandra is Vice-president of the Senior 4-H club. Throughout the year she has taken an active part in club activities. At Sandra's suggestion, the club built and exhibited an exhibit for the Northern Neck Agricultural Fair, Warsaw.

Sandra served as junior leader during the summer for a group of 5th and 6th grade 4-H club members who worked in the Northern Neck Electric Coop. and Virginia Electric and Power Company kitchens in Warsaw on electric and meal preparation project work. She demonstrated the use of small appliances, lighting, etc to them and helped the girls to prepare their lunches. She also accompanied them on a tour of an electrical store in Warsaw and a dairy farm near there.

Sandra participated in the senior division of the County Share-the-Fun program winning second place. She was one of the twelve district winners in the state in the electric project. She received a red ribbon for an electrical demonstration given in Richmond at district contests.

VI. FOR SPECIAL CONSIDERATION

A. A SIGNIFICANT ACHIEVEMENT OF EXTENSION in 4-H CLUB WORK

One significant achievement of extension work in the county has been to broaden the scope of 4-H work in the county. Problems in 4-H work include: youth not sufficiently interested in 4-H work to remain long enough in 4-H to receive maximum benefits; failure of many parents to recognize opportunities and values of 4-H club work; and not reaching youth of high school age.

The first Achievement Day program and Share-the-fun programs were held to create interest and recognize the accomplishments of 4-H club members.

Perhaps one of the most important accomplishments was that of publishing the first county 4-H Yearbook. This yearbook was given in October to all 4-H members. It included information concerning projects available; county, state and national events; basic 4-H facts; suggestions for good club meetings and on being a good club member; achievement and demonstration contests, awards, etc. These yearbooks have provided club members, parents and other friends of 4-H receiving them a better understanding of 4-H work in Northumberland county.

B. PUBLIC RELATIONS

The Home Agent has worked to develop good public relations by cooperating with the County Agents in planning and carrying out county programs; helping the general public to become more aware of the Home Agent's duties and services offered by means of individual and group contacts, news articles, radio programs, etc. Meeting the local Board of Supervisors and sending each month to them a summary of the monthly report; and meeting other professional workers and inviting them to participate in Extension Activities whenever possible.

C. PROFESSIONAL IMPROVEMENT

To improve professionally, the home agent has attended the following meetings: Communications School in Richmond; Housing School, Richmond; District meetings, Richmond; Agent's Conference, VPI; District VHEA meeting; Fredericksburg; Virginia Association of Electric Cooperative Annual Meeting; Roanoke; Virginia 4-H Adult Leader's Conference, Natural Bridge; and Institute of Rural Affairs, VPI. The Agent is a member of ARBA; VHEA; VHEAA and HSEAA, being district recruitment chairman of VHEAA and district legislative chairman of VHEA. The agent reads professional magazines and bulletins including the Journal of Home Economics and What's New in Home Economics; USDA and VPI research publications and women's magazines with reliable information. A week-end trip of home agents to Waynesboro and vicinity proved to be professionally stimulating.

VII. THE LOOK AHEAD

The extension program has grown in many directions during the past year, however, not as rapidly as might be expected especially in the area of home demonstration club leadership. The special interest meetings and workshops have been especially valuable in meeting the needs of the homemakers.

Next year's program can be improved by including more special interest meetings open to all homemakers in the county; by organizing the home demonstration club program on the county level; by having more leaders take an active part in the home demonstration program and by placing emphasis in 4-H club work on getting and keeping interested the senior 4-H club members.