

## Thank You for supporting our Commonwealth of Virginia Campaign!

*The following is an open letter to Virginia Tech employees from Kelly Oaks, assistant vice president for Equity and Accessibility. Oaks is the honorary chair of the 2017 Commonwealth of Virginia Campaign.*

Dear colleagues,

Today, I want to give you a final tally of our 2017 Commonwealth of Virginia Campaign, which ended December 20.

Through the contributions of more than 1,500 faculty and staff, we **exceeded** our goal of \$350,000. **We raised a total of \$371,008, which is a record-breaking donation amount for Virginia Tech!**

In addition to exceeding our overall goal, the following colleges and senior management areas either exceeded or met their individual goals: Athletics, College of Business, College of Liberal Arts and Human Sciences, College of Natural Resources, College of Science, College of Veterinary Medicine, Executive Vice President and Provost, University Libraries, Vice President for Advancement, Vice President for Finance, and Vice President for Human Resources.

The contributions raised through the Commonwealth of Virginia Campaign will benefit more than 1,000 charitable organizations through either the Commonwealth's general fund or through direct donations by you. Those contributions will make a notable and important difference for these worthy organizations and the communities and citizens they serve.

I am so proud of how the Virginia Tech community came together to continue improving the lives of those around us during this year's campaign. That is the spirit of our motto, *Ut Prosim* (That I May Serve), and how we continue to bring our motto to life through our works and deeds.

Thank you again for the incredible opportunity to serve as the 2017 campaign honorary chair and thank you for making our 2017 campaign another tremendous success!

## Frank Beamer selected to College Football Hall of Fame's Class of 2018

The National Football Foundation (NFF) & College Hall of Fame announced Monday that longtime Virginia Tech head coach Frank Beamer has been selected to the College Football Hall of Fame's Class of 2018. Beamer was in his initial year of eligibility on the Hall of Fame ballot.

The 2018 class officially will be inducted during the 61st NFF Annual Awards Dinner on Dec. 4, 2018, at the New

York Hilton Midtown. The inductees will be permanently enshrined at the College Football Hall of Fame in Atlanta later that December and honored on the field during the 14th Annual National Hall of Fame Salute during the Chick-fil-A Peach Bowl. They also will be honored at their respective schools at an NFF Hall of Fame On-Campus Salute, presented by Fidelity Investments, during the 2018 season.

"I'd like to thank our administration and former Virginia Tech players, coaches and support staff," Beamer said. "Without them, we wouldn't have enjoyed the success we did as a football program."

## Corps of Cadets' Highty-Tighties to march in the Governor's Inaugural Parade

More than 130 cadets will represent the university and Southwest Virginia at the Governor's Inaugural Parade on Saturday, Jan. 13, in Richmond, Virginia.

The Highty-Tighties, the Virginia Tech Corps of Cadets regimental band, along with the Gregory Guard, the corps' precision drill team, and the color guard will march in the parade that celebrates the swearing-in of Ralph Northam as Virginia's 73rd governor.

The parade is free and open to the public and tickets are not required. It will start immediately after the swearing-in ceremony scheduled for noon.

The Highty-Tighties will play Tech Triumph as they pass the reviewing stand, said band director Senior Chief James Bean.

"The Highty-Tighties are proud to represent the Virginia Tech community and the Corps of Cadets by once again participating in the governor's inaugural parade," Bean said. "We have marched in the last six gubernatorial inaugural parades and will also march this year in the 2018 New York City St. Patrick's Day parade."

Find information for the inauguration at [vinauguration2018.com](http://vinauguration2018.com).

## Registration open now for spring 2018 professional development workshops

Registration is open now for spring 2018 University Organizational and Professional Development (UOPD) courses.

Several new and popular professional and diversity development offerings this semester include:

- Leading Around Diversity (NEW)
- Appalachia: Serving, Living and Learning in a Real and Imagined Place
- Emotional Intelligence
- The Invisible Presence: Poverty, Class, and Socioeconomic Status in Community

- KAI Workshop
- Management Skills for new Supervisors
- Privilege and Oppression

Sessions fill up quickly and space is limited. The 2018 Spring Calendar is available online at [www.uopd.vt.edu/content/dam/uopd\\_vt\\_edu/uopd-brochure.pdf](http://www.uopd.vt.edu/content/dam/uopd_vt_edu/uopd-brochure.pdf) and contains a list of workshop offerings and dates. Full workshop details are available at <http://uopd.vt.edu/workshops/current-offerings.html>. To attend a workshop, register online at <http://www.training.vt.edu>.

Please note, the 2018 Spring Calendar will not be printed. If you need a hardcopy, please ask your supervisor to print the online calendar once it is available.

For more information, or to inquire about bringing organizational and professional development services directly to your team or department, contact University Organizational and Professional Development at 540-231-5100.

## 2018 Martin Luther King Jr. Celebration Jan. 15 to 28

**Hidden Figures: Community Practice of MLK** is the theme of Virginia Tech's 2018 Martin Luther King Jr. Celebration, which will be held Jan. 15 through 28. Keynote speaker for the series of events is stand-up comic and television host Kamau Bell who will present **An Evening with Kamau Bell of United Shades of America** on Wednesday, Jan. 17 at 7 p.m. in the Moss Arts Center's Anne and Ellen Fife Theatre.

Visit [www.ccc.vt.edu/awareness/mlk](http://www.ccc.vt.edu/awareness/mlk) for a complete list of events. All events are free and open to the public.

## Hokie Wellness News

### Hokies Live Well program encourages participation in wellness activities:

Hokies Live Well is a program for Virginia Tech employees that encourages participation in wellness activities throughout the semester. The Hokies Live Well program includes the following categories: move well, eat well, relax well, and be well. Participants who complete 12 different activities, a minimum of three from each category, will receive a free Hokies Live Well stadium blanket.

The Hokies Live Well program begins Jan. 15. For more information on the program go to: [https://hokiewellness.vt.edu/Employees/Programs/hokies\\_live\\_well.html](https://hokiewellness.vt.edu/Employees/Programs/hokies_live_well.html). To participate:

- Register for Hokies Live Well at [https://survey.az1.qualtrics.com/jfe/form/SV\\_3KnP2tzD0GXGTxH](https://survey.az1.qualtrics.com/jfe/form/SV_3KnP2tzD0GXGTxH)
- Print out the Hokies Live Well tracking log.
- Get started living well by participating in or attending activities listed on the tracking log.
- Turn in completed tracking logs on Apr. 19 at North End Center (suite 2300) from 8 a.m.-1 p.m. or on Apr. 20 at McComas Hall (room 194) from 12-5 p.m. Off-campus participants should email their tracking log to [hokiewellness@vt.edu](mailto:hokiewellness@vt.edu) by Apr. 20. Logs must be received by these dates in order to receive incentive.

Stadium blankets can be picked up at the Hokie Wellness table at Staff Appreciation Day on May 16. Blankets will be mailed to off-campus participants.

For more information, contact Hokie Wellness by email at [hokiewellness@vt.edu](mailto:hokiewellness@vt.edu) or by phone at 540-231-8878.

### Hokie Wellness and Cooperative Extension to offer Diabetes Prevention and Weight Loss Program:

There are several risk factors for Type 2 diabetes including being overweight and being inactive. Join Hokie Wellness and Cooperative Extension for an informational meeting about the Diabetes Prevention Program, Wednesday, **Jan. 17**, from 12-1 p.m. in the New Hall West downstairs training room.

Millions of Americans are at risk for Type 2 diabetes and do not know it. To determine risk level, take this quick, one minute quiz online: <https://doihaveprediabetes.org/prediabetes-risk-test.html>. Those at risk may find the free Diabetes Prevention Program the best way to lose weight, get active, and make lifestyle changes to lower risk.

For more information, contact Hokie Wellness by email at [hokiewellness@vt.edu](mailto:hokiewellness@vt.edu) or by phone at 540-231-8878 or the Virginia Cooperative Extension at <https://ext.vt.edu/food-health/chronic-disease.html>.

### Scholarship Central deadline extended to Jan. 22

The deadline to apply for Virginia Tech Scholarships through Scholarship Central has been extended to **Jan. 22**. Visit [www.finaid.vt.edu](http://www.finaid.vt.edu) for more information.

### Faculty and staff can take foreign language classes for free

The Language and Culture Institute is offering free foreign language conversation classes for all Virginia Tech faculty and staff. Classes are available in Chinese, French, Spanish, and German.

Participation is free, though course books must be purchased separately.

Classes take place at the Language and Culture Institute Annex, at 810 University City Blvd., next to Zeppoli's. Parking is readily available and does not require a permit.

There is no formal registration procedure, but you may sign up by contacting the instructor directly.

For contact information and class schedules, go to [www.lci.vt.edu/languages](http://www.lci.vt.edu/languages).

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