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Virginia

Agricultural Extension Service



ANNUAL REPORT
HOME DEMONSTRATION WORK
1952

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agent

asst. agent

WARWICK

county

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III. WARWICK COUNTY has become a city of 52,000 during the past year. This has not as yet affected the general extension program because provision for agricultural and home demonstration work was included in the new city charter. The change only emphasizes the trend in the last few years toward an urban community. About 80% of the people are in the urban areas and about 20% in the rural sections. There are only 146 farms in the city-- about 25 being colored. This has resulted in a demonstration program which does not have a rural trend nor carry out some of projects which one would expect to find in an ordinary type county.

The past year, more so than before, has been so filled with activities of all organizations in the city that it has made the home agent conscious that home demonstration activities must be well planned and worth the time a woman spends attending meetings.

The city is still continuing to grow-- with new housing developments and private building going on continually. Ft. Monroe, Ft. Eustis, Langley Air Force NACA and shipyard are principally the cause for this influx of workers. Also, families are moving out from crowded quarters into roomier homes. Along with this growth have come to our demonstration groups a few members from other states and counties, and we have lost good members by moving to other sections.

There is a movement of more women working outside the home. Two of our presidents recently started working and many members. This is also one reason for night club meetings. This working trend can be explained by the many openings now at good pay and the ease with which the family income can be increased to cover housing and other expenses. Warwick is located in a high-price area.

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IV. CONTRIBUTIONS TO BETTER FAMILY LIVING can be listed under the headings of the over-all objectives for the year's program.

A. **Better Consumer Buying:** two-hundred-fifty-two women reported that they studied labels and tags better than before. This goal was particularly stressed by:

1. Frequent reports by agent or leaders on timely purchases.
2. Program on inexpensive meats-- quality and prices.
3. Textiles-- new man-made fabrics and their uses.
4. Tailoring workshops-- not only gaining technique but a critical appraisal of ready-mades.

B. **Better Homemaking Techniques:**

1. Programs on short cuts in housekeeping-- 224 women reported help.
2. Better laundry methods-- 134 reported definite help.
3. Clothing repair and construction-- 56 in organized tailoring classes.
4. Furniture refinishing-- 62 pieces done.
5. Stools and re-seated chairs--- 160.
6. Christmas decorations--- 45 attended the workshop.
7. Candle making-- 35 attended the workshop.
8. Lampshades-- 16 fabric type made.
9. Slip covers-- 6 made at the clinic and 82 reported.
10. Food preparation-- 277 members reported 1270 recipes used.
11. Storage-- 4 homes as result demonstrations.

C. **Better Family Relations:**

1. Health program-- attended by 300 during the month.
2. Wills and home accounts-- 2 meetings held, with husbands invited.
3. Family money-planning-- 18 attended a general interest meeting.
4. Community work-- about 60 women helped at the T. B. clinic during

the year, with Golden Age Club, Patrick Henry Hospital.

5. Federation Goal reports at meetings.

V. ADULT WORK

A. Project Work

1. Clothing: Objectives for this work were:

- a. Planning before buying.
- b. Better knowledge of textiles.
- c. Judging quality through actual construction.
- d. Attaining skills in construction and repair.

a. Four groups for tailoring were held during the year with 54 women attending. These were held at night and demonstrations, model practice, criticisms and some actual work were the methods used during the two-hour sessions. Most of the sewing was done at home, in their leisure time.

This is a summary of the work done in the workshops:

54 garments--- cost \$662--- value--- \$1300--- profit--- \$638.

In addition, the reports at the end of the year showed that 227 women reported 148 tailored garments; 969 articles of children's clothing; 170 dresses remodelled and 455 women's dresses and aprons.

b. In the spring, before Easter a city-wide workshop on clothing accessories was held for handbags and nylon flowers. This was in charge of club leaders. During the year, 162 handbags of various types have been made and 285 flowers. The handbags particularly have been well done and with considerable saving of money.

c. In June the regular program was on decorative stitches which included a brief discussion on types of stitches-- where and when used--- value-- and actual working out by all members of variations of blanket

and chain stitch. Two of the several embroidery stitches done on the machine were demonstrated by the home agent, showing home possibilities. Members were asked to bring any interesting needlework they might have for a display at the meeting.

d. Man-made textiles was the subject for the October meetings and was given by the home agent. Most of the discussion was limited to nylon dacron, orlon, dynel, acrilan and vicara. She had obtained swatches of various blends-- cut them in half and laundered half, showing results and comparisons with pure wools or cottons. One exhibit was prepared showing different types of men's hose-- cotton, nylon, wool and blends. Nylon and dacron shirts were compared. Fiberglass curtains were shown. A flannelgraph was used during the demonstration.

e. The annual tour for the clubs was a trip to Miller & Rhoads department store in Richmond where a special program was given for the 98 attending featuring a moderate-price dress revue, and talks by department buyers on selecting girdles and shoes and concluded with a facial make-up. The group was allowed to eat early in the tea room and the day was most enjoyable.

f. The home agent has done considerable individual help with sewing problems both with members and non-members.

2. Home Furnishings: This work was all done in special interest workshops throughout the year and individual help, except for three clubs having a color program. Objectives for this project were the learning of techniques for make or repair of home furnishings and a resulting critical judgement of selection when buying new.

a. Upholstery: At least two chairs were entirely stripped and built up new and 24 were reported as having some work done on them. This

This work is very rewarding in the end but tedious and takes much longer to do a thorough job than the woman plans on. Several have had a professional muslin job done and re-covered the chairs later.

- b. Cushion repair was done at 2 workshops with 19 cushions reported worked on. Much time is saved by clipping the pocketed springs instead of sewing by hand. Several women have decided to have sponge rubber put in at an upholstering shop instead of fixing the springs.
- c. Furniture refinishing: About 10 attended the workshop but members who started this work last year are continuing with marked improvement. Professional work is high and doing it at home is interesting and they find it most fascinating. Sixty-two are reported as being worked on.
- d. Stools: Again this was a popular summer project and 141 were finished. The stools are purchased when the order for the 4-H camp is given, resulting in a lower price. The two new methods for weaving have proved much simpler and effective. This project is a good one for it is a good advertisement for the demonstration program. Scarcely a member's home is without one or more and each year emphasis is given to a completed product to be proud of showing.
- e. Chair Seating & Caning: Workshops and individual help have been given for this. It is but a small variation from weaving a stool seat to a chair seat that many chairs have been saved from discard. Although only 6 chairs were worked on at the workshop with 10 present, it is an interesting project that the member is long proud of. Weaving cord is kept available in the office the year round but the women buy their own caning material. Other chairs

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were resealed by the stool method.

- f. Slip Covers: This workshop was held by the home agent and two members assisting. About 8 chairs were worked on but more attended to watch any newer methods being used. Two days were scheduled for this, as one day is never sufficient.
- g. A fabric lampshade workshop was held with two meetings for which a professional was paid by the leaders. Sixteen members attended. The results were most professional. This is not a workshop which the home agent would recommend for anyone. It demands such patience, skill in sewing and a real desire to obtain a professional appearing result. The women who attended were picked with these qualifications and told that the same qualifications should hold with any members they might work with. It is so easy to obtain a horrible fitting shade with careless work that it would be a poor advertisement for home demonstration work. A parchment and polyplastic workshop is planned for January for leaders to give later to anyone in their clubs. At the fabric workshop types of shades for types of bases were discussed and proper lighting shown. Material for a 17" rayon shade only cost about a dollar and would retail for around \$5.00.
- h. A dried-flower arrangement demonstration was held at the home of one of the members skilled in this type of handling flowers. Thirty women attended and many used this for the club-choice November meeting. Comments were most flattering.
- i. Christmas wreaths was the subject for a special interest workshop given by a local florist who gave many suggestions for working with materials a woman would have in her own home. Wreaths brought to meetings the next month showed the interest and carry-over value.

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Several clubs plan to get together in December and make their wreaths at one meeting.

- j. Christmas candles was a special interest workshop given by three leader-members who had this for a hobby. They had secured materials for the women to work with and the results displayed at the Achievement Day were the most commented on of any exhibits. If new material must be bought the expense might prove impractical-- but with old candles melted down the cost is not much and the candles make nice Christmas presents. Many separate club workshops are being held.
 - k. Three clubs chose "Color in the Home" for a club choice subject. This was given by Sherwin Williams Company representative. It was well done and the material is very practical and well presented.
 - l. In one club two members demonstrated using Peter Hunt decoration for furniture, with members urged to try their skill.
 - m. Etched aluminum trays are again being made and new members are very enthusiastic. The new type of etching acid used is proving to get better results.
3. Food: These objectives were to teach better buying judgement, better nutrition from foods and how to prepare it more attractively.
- a. Inexpensive meat cookery was the subject for the April meeting given by the leaders. The training meeting was given by the home agent and she emphasized the grades and labeling of meat-- followed by the preparation of a casserole, upside-down meat dish, pot roast in pressure sauce pan. Seasonings for variety were discussed. This program was well given by the leaders.
 - b. "Summer meals" was also given by the leaders from a training meeting held by the home agent. Most of the clubs carried this out by hav-

ing a luncheon or dinner meeting using the recipes from the demonstration,

- c. Summer desserts was given by the leaders in July after a training meeting given by Miss Cameron in June. She prepared several frozen desserts and the pineapple-buttermilk sherbet was particularly popular.
- d. A freezing demonstration was given by the home agent in cooperation with the home economist of a local equipment store. Fourteen women attended which was not judged to be a good attendance. Two informational letters have been sent to women who have home freezers. Many individual questions have been answered. The home agent attended a district training meeting on this. Lack of interest in the demonstration can be laid to an unsuitable time (found out later) and many women feel they do not need to attend such a demonstration. Amounts of food preservation reported by members are not as large as usual because of the gardens drying out. Since few women have large enough gardens to plan for definite canning, this is not emphasized. A few pressure canners were tested. Only about 156 women reported any food preservation-- 60 members have a home freezer and 26 use a commercial locker.

Tomatoes or juice-----	qts. canned-----	1708
	lbs. frozen-----	882
Other vegetables-----	qts. canned-----	1743
	lbs. frozen-----	2760
Fruits-----	qts. canned-----	2051
	lbs. frozen-----	1531
Meats-----	lbs. frozen-----	6882
Jellies & pickles-----	containers-----	3932

- e. A general interest demonstration on pickling was given by Miss Cameron in June. This subject rated high on the request sheets and

so was included in the years' program. Only 12 attended. The demonstration was excellent and rated a much better response. Failure was perhaps due to the lack of emphasis by the home agent that members support the special interest programs requested by them. Club members could have publicized this, also.

- f. One club had a demonstration of party sandwiches given by two leaders as a club choice. There was no leader-training meeting so the members worked it out by themselves with material from the office. It was very well done.
4. Home Management: The objectives for this were to show better work methods for housekeeping to save time and energy.
- a. The December and January meetings were given over to this subject which was in charge of the home agent. She had prepared a cleaning kit and showed actual use. At the January meeting, time schedules for cleaning were discussed and types of vacuum cleaners compared. The WHO, WHAT, WHEN, WHERE and WHY of housekeeping was the theme used.
- b. The February meeting on ironing was given by leaders trained by Miss Alverson in November. One-hundred-twenty-two tried the new methods. Leaders from 2 clubs also gave the demonstration to the two newly formed groups the next month.
- c. Kitchen Arrangement is a result demonstration carried on by a young home-maker in a rather new home which has a poor distribution of utensils. The kitchen itself rated about 90 with its U-shape arrangement and many cupboards but the placing of supplies was horrible. An adjacent pantry was used for staples which must be brought out each time for baking and mixing. The day before the home agent worked at

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the home, all cupboards and pantry had been cleared and cleaned.

Then one morning the mixing, food preparation, dishwashing and storage centers were organized. Mrs. Barker had recently returned home from an operation and had never realized the many steps she

was taking in the kitchen. Now her comment is:

"When I prepare supper now I scarcely move more than 3 feet. It is a wonderful idea. I thought home demonstration clubs were only for rural women, but this has taught me that there are so many things to learn in a city."

Mrs. Barker has shown her kitchen to many of her neighbors and the club.

d. Wills was the subject for two group meetings. Mr. Conway Shields, a local attorney was guest speaker when his wife, a member of a newly organized club was hostess for a "husband's" night. There were about 40 present and it was thoroughly enjoyed and many timely questions answered.

Mr. Shields talked to another group of three clubs and timely questions were again answered. This is a program best given by an attorney because of local laws and interesting side-lights.

e. In January the home agent met with one member from each group for a workshop on home accounts and money planning. Considerable interest was shown and one member thought it so valuable that she gave an illustrated report of it to the club later. Eighty women have kept accounts for 2 months or more. Many "fell by the wayside" but not before they had learned many things about household expenses and why the money just won't stretch.

One interesting result demonstration has been helping a young homemaker get the family financial affairs in good order. The girl had little knowledge of how to plan meals, or cook. Her food was costing

\$125 per month. She and her husband had several past-due bills. The home agent worked out a plan with her for monthly expenditures and helped her get a loan at the bank to consolidate the debts and pay off regularly. Both husband and wife were working at the time. She then lost her temporary job, then both of them were sick for some time and she became rather depressed. Then she started a well paying job and they are now renting a small house and buying what little furniture is needed. Part of the trouble had been that he was helping support his foreign-born parents in a greater proportion than the other children. By using the money-planning system he found that he could not pay more than a certain amount or jeopardize their own finances.

- 5. Housing: Miss Settle, housing specialist, spent one day with the home agent. Three home visits were made for possible storage improvement or remodelling. Mrs. Barker has already carried out several suggestions for storage in her son's room in addition to the kitchen improvement work. The other two result demonstrations are still in the planning stage.
- 6. Landscape Work: There had been a demand for this and Mr. Smith spent two days in the city for this project. The objectives were to show the new homemakers some of the simple principles of plantings around the house, lawn care and planting and use of shrubbery. The first day, five home visits were made. It was rainy which limited attendance on the field trip, but about 100 men and women attended the evening meeting for general landscape discussions. The next morning 4 home visits were made and a meeting held at the Colony. Three of these result demonstrations are being followed up.

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B. OTHER ACTIVITIES

1. The Franske family is one of our most outstanding families in the extension program. They moved to the Denbigh area in 1948. The two oldest girls promptly joined the 4-H club and their mother the home demonstration club. The next year Mrs. Franske began as leader of the 4-H club and has kept on ever since. She was garden chairman of the home demonstration club and served as leader many times. She now drives a school bus which limits her activities but she still keeps on with a younger 4-H group. Her oldest daughter, Sidney, is an All-Star and besides offices in club and council has won district honors for 2 years in Poultry Consumption. The other daughter Jacqueline won in district frozen food contest last year and was treasurer of council. The youngest daughter Leona has won the city frozen food award and will compete in the district junior contest. She is also president of her 4-H club. Not only have the mother and girls been active in demonstration and 4-H club work but Mr. Franske has always been most cooperative and at the 4-H Exhibit Day this year he spent most of the day helping out. Mrs. Franske is treasurer of the 4-H adult advisory committee. The family has won a respected place in the area and can always be counted on in any activities for the betterment of the community.
2. The Briarfield home demonstration club has been active in support of the local community building. The club has sold membership tickets for the league, given a game party to raise money and cooperated with women's club in that area in putting on a summer mardi-gras to raise money. The women have helped in cleaning the building. They

made curtains for a near-by colored clinic; served as hostess to the Golden Age club; and worked at the T. B. clinic one month. This club also helped with the organization of a new club in an adjoining area and leaders gave a demonstration for its program once. In addition to these community projects, the club has had the responsibility of the 1953 year books.

3. Community improvement work has differed with the various clubs. In the preceding paragraph mention was made of activities in one community. The Denbigh and Crescent home demonstration clubs in the upper part of the city have given suppers to pay for cabinets in the remodelled kitchen of the local community house. The Buritans have done extensive repair and plumbing work and the money earned by various organizations serving the Buritan dinners each month is applied toward this expense. This is one project in which the home demonstration club, two churches and civic league cooperate and it is one means of getting the people together. Enough vanilla was sold by the two demonstration clubs to buy dishes for serving 72. Kitchen showers are being planned. One L-H club uses the building for a supper meeting. The work at the T. B. clinic was mentioned in the last paragraph. The clubs take turns helping. This is for four Tuesdays of the month and the members do the book keeping and help the patients. Many clubs have taken supplies of glasses, magazines, linens, etc. to the Patrick Henry Hospital for the Chronically Ill. Two clubs gave to the fund for the new solarium. Cookies were sent to the hospital and to a colored orphanage. Several needy families were sent baskets at Christmas time and three women at the hospital were given generous boxes.

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Children's coveralls were made for the local welfare committee.

4. Federation Goal Activities: The clubs have been working on the goal of Family Relations for the second year. A meeting of the chairmen was held with the home agent in January to plan work for the year. A flannelgraph was used to illustrate the stages in development of the family. Chairmen were given suggestions for the few following months. In March, Mrs. Warren of the Family Counseling service talked to the group on family problems most commonly met. This was reported back to the clubs. Many of the clubs served as hostess to a Golden Age club started in the village. In June a committee from the chairmen met and discussed change of Federation Goal to Citizenship. Because of recent change-over to a city this was adopted at September meeting. The new chairmen immediately met with Mr. Morris, city manager, who^{had} some of the problems involved in the change from county to city and the first part of the city charter was discussed. In January, representatives from the finance department will meet with the chairmen and present the subject of assessments and taxation. Tentative plans have been made for a "Know-Your-City" day when the women may go through the city buildings.
5. Objectives set up at the program-planning meeting were (1) to have the clubs responsible for 5 meetings (2) 100% attendance at leader-training meetings and (3) participate in some type of community work and (4) gain a better understanding of our city government. The objectives were set up to serve as a goal for the leaders. They assumed five meetings this past year and we have had 100% attendance at leader-training meetings for the past 3 years. We still keep it as a goal. It is well understood that unless a leader attends, they

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do not receive any help on that month's program. The home agent has been consistent with this ruling, hence the good cooperation.

6. Other Activities

- a. Achievement Day: The two hostess clubs this year felt a need for a change of type of Achievement Day. Since there has always been a demand for Christmas suggestions in the program, it was decided that Christmas in October would be the theme for the annual celebration. Committee meetings started planning in the summer so that in August the plans went to all the clubs giving each one's responsibilities. Each club was to be mainly responsible for one item and the list read: Christmas corsages and wrappings; Christmas table settings; Mantel decorations; door decorations; Christmas tree ornaments; aprons; toys and dolls; painted articles; handbags and flowers; stools; household linens; food in gift wrappings; candles; uses for T. B. seals. Workshops had been held on wreaths and candles and these were the hi-points of the evening exhibits. The husbands of one club fixed a spot-light front door decoration. The doors of the Woman's club were open at 6:00 p.m. for those who could not come later. At 8:00 p.m. there was a program consisting of a dress revue of clothing made by members and two 4-H girls; brief talk on citizenship; awarding of prize for best statement;

"I LIKE HOME DEMONSTRATION CLUB WORK BECAUSE it has changed dull, monotonous and thankless housekeeping into interesting, more economical and happier homemaking for me; the home demonstration club has opened my eyes and heart to the fact that homemaking is truly a combination of all careers which is God's perfect plan for the woman."

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All members had been given an opportunity previously to take part in the contest. The last part of the program had a Christmas theme. The Colony trio sang Christmas songs a capella, and one of the talented members gave the reading "The Littlest Angel." Refreshments of lime punch and Christmas cookies were served later. The whole affair was considered the most unusual and best ever held. This is the one time in the year that an effort is made to get together for sociability and a worth-while program. The first three years luncheons and dinners were given, but not all members attended. Changing to this open-house idea gives more room for non-members to come in and enjoy the program, too. About 400 were present.

As a direct result of Achievement, there has been a request from other organizations for help with various projects exhibited; as, Mrs. Ball gave a candle making demonstration for the Newport News Woman's club. Two clubs have had influx of new members because of the interest aroused. However, the home agent always tells them that home demonstration clubs are for the actual needs of homemakers rather than just craft or other construction work, and that regular meetings must necessarily be limited to topics of general educational interest rather than craft work.



A visitor to the Achievement Day is getting ideas for different types of aprons she can make for Christmas.



This exhibit at the Achievement Day shows painted and etched trays, beaded ends and other craft easily made by members.



This is a door decoration prepared by one group and illuminated by a spotlight in a tree outside. This club sponsors an outdoor Christmas decoration contest in its community.

- b. Richmond Trip: For those who might be interested, a spring trip is usually arranged which would be of some educational value. This year the committee arranged with Miller & Rhoads in Richmond to provide interesting hi-lights of the store's activities. Ninety-eight members and several friends took advantage of this and the first event was a fashion show of budget-frocks; then the buyer of foundation garments gave buying hints; the shoe buyer demonstrated good lines and a facial was given by the cosmetics department. The women were allowed to reserve places in the tea-room for the special dress revue during lunch.
- c. Only 33 women attended the district meeting in the adjoining county.

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This was a disappointment but partly due to the meeting being so near home. This may sound queer, but many would make an effort to attend farther away. Several have expressed the opinion that they were not interested in the program. During home demonstration week a special article appeared in the Sunday newspaper illustrated by three pictures. The article dealt with purposes of home demonstration club work and mentioned several past activities and achievements. Good comments were received from this publicity.

Five women attended the Institute of Rural Affairs in Blacksburg.

- d. An out-door cookery picnic was again held in August at the home of Dolph Henry when the menu was prepared in various ways--- clam chowder, barbecued-in-the-ground pork, hot biscuits, sweet potatoes, apple betty and steamed corn.

VI. 4-H CLUB WORK

A. Project Work:

1. Foods and Nutrition: This project was carried by eight clubs with the objectives of teaching a girl what food values are and how to prepare simple dishes as salads, milk dishes, cakes and cookies, cheese, packed lunches and table setting. These clubs then had club contests with winners competing for county honors in the fall. Since most of the girls in the clubs are young, the plan of having junior leaders check the members' records each meeting and placing stars for completions of minimum requirements worked very nicely. An immediate award is more satisfying than a possible one at the end of the year. Demonstration methods were given to all at the end of the project but only a few wished to enter the food contests. The clubs met twice a month in the leaders'

homes and much credit is due Mrs. Breckinridge, Marks, Watkins, Seburn, Harvey, Martin and Johnston for letting the girls use their kitchens and thus delayed their own supper preparations. Members volunteer for kitchen clean-up duty and cooking supplies are obtained by the leader and/or the home agent. These are paid for by the members checking in 10¢ a month for supplies. Three members completed a freezing project, but because of the summer drought, there was not a plentiful supply of fruit and vegetables. One girl carried a bread project by her self.

2. Clothing: This project was planned with the objectives of choosing ready-made clothing correctly and learning simple construction. One new group of seventh grade girls planned their project around a simple blouse. A new leader was found and the club was going along nicely until the leader started working. Finally another leader was secured, but the club had become disorganized. In addition, a troop of girl scouts was started at Ft. Eustis which took many of the best members. Of the six girls left, three finished their blouses. The home agent had a well organized plan for the project but could not work it out without a strong leader. One event was when the home agent took a group of these girls to the Singer Sewing Machine Company shop where they were shown how buttons, belts and dress forms are made and they saw a demonstration on the new embroidery stitches. The latest "Gadgets" for sewing were also explained. Then they went to a department store where they were shown dresses in the "petite-teen" sizes. Girls in another group who previously had taken a sewing project continued. One new club organized in the summer

with 5 members quickly finishing the "So You Want to Sew" project.

3. Room Care & Arrangement: Two girls finished Room Improvement project and one, Room Care. The one girl had been given a re-modelled room off the dining room. She painted the walls and woodwork; a closet was made and she selected a Hollywood bed and dressing table. There are several things she still expects to do to the room. One girl and her mother attended the demonstration at Thalheimer's department store put on for 4-H club girls taking Room Improvement project.

4. Laundry: Only a few girls carried this with their other projects.

It is not a popular subject for a group project.

B. Other Activities

1. District Contests: In February, seven girls from Warwick entered the district contest in Richmond and won 5 first and 2 seconds. Two were in the junior division. Three senior girls were in the state contest at Blacksburg but did not place.
2. Camp: About 20 girls and 4 leaders attended 4-H camp in July. A good program of classes and recreation was carried out. This is one of the activities looked forward to by the girls during the whole year.
3. Exhibit Day: This was held in October, when livestock, food and clothing of the 4-H members were brought in to be judged. Craft and forestry projects were also on display. Three clubs had exhibits of packed lunches cooking utensils and feed bag articles. The objectives were to create an opportunity for members to exhibit results of projects and handicraft, and to see other exhibits of educational value. The latter were from:

Virginia Extension Service (forestry, insects & weeds)

State Forest Service

Tidewater Beekeepers' Association

Wildlife Ass'n & Sportsmen's Club

Electrical Exhibit from Virginia Electric & Power Co.

Rabbit Breeders' Association

The 4-H entries were divided into junior and senior divisions for cake, cookies, candy, canning, dresses, blouses, skirts and crafts. The exhibit opened at 1:00 p.m. and at 2:30 p.m. food demonstrations for determining city winners were given. The home economists from the electric company judged the demonstrations and food brought in by members. The home demonstration members judged clothing and craft. The agricultural exhibits were hogs, cattle and poultry. This was the first affair of its kind held and since it was a success (with 400 people attending) it will be repeated next year with an invitation extended to York and Hampton to cooperate. Merchants, civic organisations lawyers were generous with financial help and personal assistance during the day. An adult advisory committee for the Exhibit has been formed in order to plan more efficiently and handle the financial end of the undertaking.



This shows Sandra Harvey, city winner in food preservation, giving her demonstration on Exhibit Day.

4. Achievement Day: This was held in November and the program consisted of a brief report from each club on activities during the year, followed by a talent number. Medals for Clothing Achievement, Dress Revue, Room Improvement, Leadership, Best Girls Record, Frozen Foods and Food Preparation were given out. Leaders' certificates for 5-year service were awarded to two leaders. Special mention was made of the girl keeping the best secretary's book and the girl serving best as treasurer. The program was given at night and was very good. Due to bad weather, not as large a crowd as usual was present.
5. Recreation: This is an important part of the 4-H program and carried

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out by clubs separately and also as a city. Skating parties, Valentine parties, picnics, Easter egg hunts and Halowee'n parties were held in many clubs. The one big city event was a picnic at the h-H Jamestown camp in June. Games, swimming, contests were the main events, with about a hundred members and leaders attending. The Bank of Warwick pays for the buses for the day. One of the home demonstration club women served as life-guard. More club recreation events would be planned and carried out if it were not for the transportation problem.

6. h-H Dinner: Four of the clubs in the Denbigh area with their leaders gave a benefit dinner during h-H week for the h-H camp. About \$75 was cleared. The children sold tickets and collected some of the food. The leaders did most of the actual preparation and the older members served and washed dishes.

7. Community Work: Three of the clubs fixed bed shirts for the patients at Patrick Henry. Home demonstration members sent old cotton shirts which the leaders cut down the back and cut off the collars and sleeves. The girls hemmed the sleeves and back, taped the neck and ties and took what they had made to the hospital. While there they would sing or visit with the old people.



This picture was taken at
one of the visits.

Four of the clubs helped prepare the T. B. seals for mailing. They worked after school and enjoyed the variety.

8. Short Course at Blacksburg: Six members attended and Sidney Franske made an All-Star. One of the big values of this meeting is to compare notes with members from other parts of the state and get new ideas.

VII. YOUNG MAN AND YOUNG WOMEN'S WORK

There is no separate organization for this age group. But in nearly all of the home demonstration clubs there are a few who would be of this age. These girls often have more interest and enthusiasm than the older members. An estimate would be about fifty.

VIII. SCOPE OF WORK

	1949	1950	1951	1952
No. H. D. Clubs or Groups	15	17	18	20
Membership	300	350	392	400
No. H-H Clubs	5	7	9	10
Membership	61	82	96	91
No. YMW Groups				
Membership				
No. of other families reached	1130	1200	1300	1400
No. of different families reached	1500	1700	1800	2000
No. Community clubs				
Membership				

IX.

A. County Board of Agriculture; No women represented ^{but HDC} Started program planning for the home demonstration work in May after a meeting of the chairmen with the home agent in April. At this time she outlines the work done during the past year-- amount accomplished-- weak and strong points. She goes over the possibilities of subject matter in each field, giving some outlook material at the same time. Then the group was shown how to use the 6-6-6 discussions. These were sent to the office where a committee of women compiled them for a check-sheet to be given out the next month. Each member was asked to check 10-15 they would find most helpful. The program development chairmen then collected them, summarized and the office used that list for the executive committee to make up a tentative year's program to present at the September program-planning meeting.

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- B. Home Demonstration Committee: This is composed of presidents of the clubs with the three city officers. They meet in September with the program development leaders to form the program for the next year. They also discuss the year's objectives and goals and act on any immediate business. In November they met for the fall regular business meeting at the home of the home agent. 4-H club work was discussed and clubs will now plan to send \$5 per club for support of camp and leave \$5 per club in the city for support of local clubs. Suggestions for improvement of club procedures and club finances were given. Other minor suggestions were given to help the new presidents with their duties. In April the presidents will meet to plan for the fall Achievement Day and the annual Year Book. These meetings are always preceded by a conference of home agent and city president.
- C. City 4-H Project Planning Committee: This did not function this year.
- D. County 4-H Club Council: One meeting was held in the spring to elect new officers and plan recreation activities. One meeting was held in the fall to set up club goals, plan Exhibit Day and Achievement Day. This was preceded by an executive meeting to make up an agenda.
- E. County 4-H Honor Clubs: This has not been started as yet.
- F. County Chapter of 4-H All Stars: Since there are only four All-Stars in the city, no organization has been set up as yet.
- G. County Adult Advisory Committee: The home agent called a meeting of key leaders, a local minister and two home demonstration club members to present 4-H problems in that community and possible solutions. One outcome was the leaders meeting all the girls at the local elementary school at the beginning of school in September and telling them about

4-H club work and getting names and addresses so the mothers could be called on later. The leaders made some calls and the agent together with leaders, others.

An adult 4-H Exhibit Day committee has been set up to help with the management and financial end of this yearly event.

X.

1. The organizational leaders have been very active and responsible during the past year. Membership growth reflects this. The home agent is not called on as much for minor club matters and often hears that a club is having workshops and special meetings without having to be consulted.
2. The program development chairmen, as outlined in another paragraph are responsible for presenting the program planning procedure and for getting from the club members their problems for the next year. Most of them did a nice piece of work.
3. Subject matter leaders were 100% present at leader-training meetings but it wasn't always the best women who served as leaders, but women who could attend the meeting at that time. There can be improvement in the quality of the food demonstrations given. Suggestions for giving the demonstrations in the clubs are given the leaders but not always carried out. But willingness to serve is of prime importance, and there has been some improvement in the methods used.

B. Growth of H. D. Club Project Leadership:

	: 1949	: 1950	: 1951	: 1952
No. project leaders (subject matter)	: 88	: 108	: 162	: 175
No. Goal chairmen	: 14	: 16	: 17	: 19
No. training meetings held by Specialist	: 2	: 1	: 4	: 1
by Agent, other:	: 2	: 1	: 2	: 3
Attendance at all training meetings	: 95	: 112	: 180	: 207
No. club meetings held by leaders without agent present	: 44	: 65	: 72	: 94
No. additional club meetings at which leaders assisted	: :	: 5	: 18	: 20

Growth of h-H Club Project Leadership

	: 1949	: 1950	: 1951	: 1952
No. adult project leaders	: 10	: 12	: 11	: 12
No. junior project leaders	: 1	: 6	: 6	: 8
No. training meetings held by Specialist	:	:	:	:
by Agent	: 3	: 4	: 1	: 2
Attendance at leader training meetings	: 24	: 18	: 8	: 14
No. h-H leaders trained individually	: 6	: 4	: 4	: 4
No. club meetings held by leader without agent present	: 40	: 40	: 50	: 57
No. of additional club meetings at which leaders assisted	: 40	: 50	: 58	: 66
No. demonstrations given by leaders	: 40	: 48	: 50	: 57
by adults	:	:	:	:
by juniors	:	: 3	: 4	: 3

C. The home agent has been interested in seeing the development of one leader in the county. She was a member of one of the first clubs formed five years ago. Not very interested at first and because of a personal conflict with one of the other members, nearly dropped out of the club. When this other member moved away, Dorothy was elected

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president and has surprised the others with her abilities. She has helped other clubs; she has helped carry through welfare work of the club and whenever the home agent has asked her to help on any project, she has been most willing.

XI. The home agent has worked with the following organizations:

1. City Officials: Each week the city manager has a meeting with the administrative heads to discuss timely problems of general interest. The home agent has received information concerning city services for the residents which can be explained to the club members when needed.
2. The home agent serves on the board of the local Tuberculosis Association. Her responsibilities have been chiefly in scheduling the clubs for clinic work and the h-H clubs for help with the Christmas seals.
3. Scout leaders have been helped with craft information.
4. The health department has helped the home demonstration clubs by furnishing nurses for the meeting on health and safety in the home. One club made curtains for a near-by colored clinic.
5. The clubs have furnished clothing and have done sewing for the local volunteer welfare association.
6. The home demonstration clubs have a representative on the board of the local Heart Association.

XII. This report shows the activities, achievements and progress of the home demonstration and h-H program during the year. The results are not just by chance, but the result of a planned program carried out by the women because of their interest. Usually they will not spend time on something from which they see no results of gains. The home agent can see many weak spots for improvement. She has had to learn when to try to change and when to admit that no change is

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feasible at that time. Too much encouragement may soon cause irritation instead. The program has definitely made the members better spenders of the family incomes because of continued mention of judging values and reading labels. It has made many of them more skilful in techniques of making clothing and house-furnishings. This technique has a commercial as well as intangible value. One cannot learn techniques in any field without becoming a better judge of values also. When a woman can see tangible results of learning improved homemaking methods, she becomes a happier homemaker. An improved method may smooth out a minor irritation which has caused a ruffled temper and consequent reaction on the whole family. The home agent has attempted throughout the year to have the women realize that homemaking can be an interesting profession instead of "just a housewife."