

XII. Plans for Professional Improvement

- A. Organized study--agent's conference
District group meetings
- B. Reading professional books and other publications
- C. Membership in professional organizations
- D. Educational trips and tours

XIII. Plans for Cooperating With Other Extension Agents
In My County

The other agents in my county will be invited to attend my planning meetings. We will try to arrange for frequent group discussions to see if we have found similar needs and interest among the people we are working with.

XIV. Most Difficult Problems in Carrying Out the Extension Program

1. Getting members to meet on time
2. Reaching people who need extension teaching most
3. Transportation
4. Holding the interest of older club members
5. Seasonal income

1. Work with them in carrying out health projects in the different communities
2. Report to them families needing their assistance in any way
3. Encourage families to cooperate with the health program in the county

B. School System

1. Build my program and meetings around the teachers schedules
2. Notify the particular teacher in time about the use of the school
3. Work cooperalely with the school board
4. Cooperate with the parent teacher association

C. Agriculture Agencies in County

1. Coperate with the agr iculture agencies in the county
2. Encourage the people to work with these agencies

X. Plans for Developing Good Public Relations in County :

- A. Elected representatives---work cooperately with them with the idea of improving rural living
- B. General Public-- give to the public the information which will benefit them and their communities most
- C. Co-workers-- work with them in any project for the improvement and uplifting of the county
- D. Commerical Interests-- Advise rural people what to get that is offered that will help them most
- E. Other Professional Workers-- work cooperatively with them in the uplifting of the county

XI. Plans for Recording and Evaluating Progress as Planned for 1955

1. Pass out report sheets at certain intervals
2. Check progress of result demonstration
3. Keep a daily record which will be compiled into monthly reports

Leaders will be trained to carry out their 1955 program of work through leaders training meetings. Those who are not able to get the necessary training through leaders training meetings will be trained by agent individually. Demonstrations and materials will be given them to help them carry out the Extension Program. Leaders will conduct meetings when agent is present or absent

B. 4-H Club Work

	1951	1952	1953	1954	Goal 1955
No. 4-H club officers	191	201	168	168	168
No. adult leaders	40	42	38	38	40
No. junior project leaders	9	14	17	21	25
No. result demonstrators				2	5
N.o. meetings at which leaders were trained by agent	4	4	6	10	15
Attendance at leaders training meetings	78	20	85	112	115
No. 4-H leaders trained individually	25	22	24	25	28
No. club meetings held by leaders without agent present	95	108	105	110	120
No. club meetings at which leaders assisted	33	67	50	46	50
No. demonstrations given by adult leaders	70	108	110	125	128
No. demonstrations given by junior leaders	25	26	36	42	45

Leaders will be trained through leaders training meetings and individually as the need arises. Leaders will conduct meetings and assist agent at meetings. 4-H leaders will receive kits, and demonstrations will be given on the project work.

IX. Plan for work with other agencies

A. Health and welfare people

B. County Board of Agriculture

1. Plan an extensive county program
2. Hold at least 2 meetings, at which time plans and results of extension work will be discussed
3. Sponsor educational tours

C. County 4-H Council

1. Plan an extensive 4-H program
2. Support plans of county advisory board
3. Sponsor annual achievement day, 4-H week, Rural Life Sunday etc.
4. Support all 4-H activities and cooperate with all agencies in the county

VIII. Plan for Leadership:

A. Home Demonstration

	1951	1952	1953	1954	Goal 1955
No. Project Leaders (subject matter)	32	40	44	48	50
No. federation goal chairmen	8	10	5	8	10
No. program development leaders	10	10	10	12	12
No. result demonstrators	7	10	11	21	22
No. meetings at which leaders were trained by specialist	2	1	3	3	3
No. meetings at which leaders were trained by dist. agent			1	2	3
No. meetings at which leaders were trained by agent	9	4	6	8	10
Attendance at training meetings	80	221	71	62	75
No. club meetings held by leaders without agent present	75	108	105	115	120
No. club meetings in which leaders assisted	23	80	80	71	75
Total number of demonstrations given by leaders	57	80	97	100	125
Total number of talks or discussion by leaders	10	21	33	41	45

2. Achievement Day, Rural Life Sunday, National 4-H Club Week will be observed on a county bases as arranged by leaders, members and agent.
3. Contests will be participated in by all members
4. Recreation-- each club will be allowed time for some type of recreation after club meetings
5. Tours and exhibits will be helh to note accomplish-ments made by members in project work.

V. Farm and Home Development

1. Two delegates will attend the State Adv. Ed. These delegates will be selected by the County Adv. Bd.
2. As many as possible will be encouraged to attend the State Farmer's Conference
3. The required number of women will be encouraged to attend the District Home Demonstration meeting during National H.D. Week.

VI. Scope of Work:

A. Organization

	1951	1952	1953	1954	Goal 1955
Number of H.D. clubs	10	10	10	8	10
Membership	126	130	130	125	140
Number of 4-H Clubs	20	20	21	21	21
Membership	513	522	499	469	480
No. Community Improvement Clubs	1	1	1	1	2
Membership	24	28	32	41	45
No. other organizations	5	3	3	2	4

VII. Plans for using the following organizations to strengthen the Extension program in 1955:

A. County Home Demonstration Committee:

1. Assist in program planning for H.D. Clubs
2. Support the plans of the advisory board
3. Sponsor tours and contests
4. Support district and State H.D. meetings and work

- b. To teach proper selection use and construction of home furniture
- c. To help members arrange ~~the~~ the furniture to make for more convient and attractive rooms

Procedures Used: --- Method demonstrations, home visits, leaders training meetings, circulars and bulletins

5. Gardening* -----Objectives

- a. To teach 4-H members thebest ways and methods of growing vegetables
- b. To teach the value of a good home garden by growing a variety of vegetables necessary for a well balanced diet
- c. Show members that money can be saved by growing your own vegetables

Procedures Used: Homevisits, circulars, bulletins and method demonstrations

6. Poultry -----Objectives

- a. To learn proper care and management of chicks
- b. To learn economical egg production by proper management

Procedures Used: Circulars, Bulletins, home visits and tours

7. Livestock -----Objectives

- a. To teach improved methods of livestock management
- b. To teach the value of goodlivestock, and the value ofproper feeding and fattening for market

Procedures Used: Home visits, circulars, bulletins, tours and group discussion

B. Other activities

- 1. Short course and wildlife conferences will be attended by required number of delegates selected by leaders, club members and agent

111. 4-H Club Work

A. Project Work

1. Looking your best ----- Objectives

- a. To help members have more interest in being well-groomed
- b. To teach the correct care of their skin, hair, hands and shoes
- c. Teach members to care for their clothes

Procedure Used: Club meetings, circulars, bulletins and home visits

2. Your health ----- Objectives

- a. Teach first aid rules that can be followed in the home
- b. To know what to do when there is sickness in the home
- c. Teach members to be conscious of health needs around the home
- d. Teach the proper care of the teeth
- e. Teach ways to avoid sickness and accidents in the home
- f. Teach the value of the proper food to good health

Procedures Used: Home visits, circulars, method demonstrations and leaders training meeting

3. Make or Remake ----- Objectives

- a. Teach members to determine their clothing needs by their activities
- b. To teach the correct way to take body measurements
- c. To teach the value of being able to make over a garment

Procedures Used: Home visits, leaders training meetings, method demonstrations, exhibits, circulars and bulletins

4. Home Improvement ----- Objectives

- a. To make the home more comfortable and attractive at less cost

Procedures Used: Specialist help, method and result demonstrations, home visits, circulars and bulletins

3. *Food production and preservation -----Objective

- a. To teach the value of a home garden
- b. Help families with the different canning methods
- c. Have certain families figure the money saved by doing home canning

Procedures Used : Home visits, method demonstration, circulars and bulletins

B. Federation Goal "Reaching More People" This goal is a continuation and was selected because there are so many people who need help but are so hard to reach. We are making plans to get more young mothers to become members of our clubs.

C. Other Activities:

1. Adult

- a. County objectives--
 1. To improve sanitary conditions
 2. Provide wholesome recreation for the youth
 3. Encourage civic participation
 4. Try to include unorganized communities in your program
 5. Members learn homemakers creed
- b. Live-at-home community work
 1. To try to encourage home improvement
- c. Result demonstration
- d. Special programs
 1. Achievement day
 2. National H.D. week
 3. Recreational activities as planned by members
 4. Tours to note recommended practices from result demonstrations
 5. Leaders training meetings

1955 Plan of Work

Ruby M. Warren

Nelson County

1. The county situations considered in working out the 1955 program:
 1. Seasonal income
 2. Limited supplies
 3. Transportation
 4. The need for more wholesome recreation, because social conditions are very poor
 5. How to teach or reach more of the youth between the ages of 15-20 and hold their interest
 6. How to reach more people who need extension help
 7. How to arrange 4-H meetings so that more of the high school youth may continue to be active 4-H members

The main sources of income in Nelson County comes from tobacco and fruit. There are a few full time farmers and others who do manual labor as a source of income. Those who farm raise corn, tobacco, wheat and a small amount of livestock. Those who are not employed in the above phases of work have to go outside of the county to seek employment.

11. The adult program

A. Subject matter

1. Clothing ----- Objectives
 - a. To teach homemakers the advantages of being able to sew for their families
 - b. To teach proper methods of clothing construction and finishes for garments
 - c. Teach homemakers to use the different machine attachments in sewing to save time and energy
 - d. To help homemakers select their patterns and fabric for sewing

Procedures --- Leaders training meetings, method and result demonstrations, home visits and exhibits

2. Home Improvement ----- Objectives
 - a. To teach some of the ways to improve the home at a low cost
 - b. To arrange equipment and furnish to save time and energy
 - c. To stress the importance of family recreation and home sanitation
 - d. To encourage more civic participation (voting)

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1955 PLAN OF WORK

NELSON COUNTY

RUBY M. WARREN

LOCAL HOME DEMONSTRATION
AGENT