

1961 PLAN OF WORK

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Prince George  
County

I. County Situation Considered - 1961 Program

The 286 square miles of Prince George County is becoming more urbanized or non-farm each year. The 1960 population census of Prince George is 20,222. The figures on percent rural non-farm, urban etc., have not been completed. The 1959 Census of Agriculture which was printed in October 1960 shows 445 farms in Prince George, of this number 315 are white families. The white farms decreased 121 in five years, showing rapid and marked change. The 60 percent rural non-farm, 21 percent urban, and 18 percent or less rural farm population reported in the 1960 Plan of Work will be changed to a larger percent rural non-farm when the 1960 figures are completed.

Prince George is bordered on the northwest by the City of Petersburg, the northeast by the City of Hopewell. Both cities have their own government and taxes. Between these two cities Fort Lee occupies almost all the land. Just north of Fort Lee a Federal Prison occupies most of the land to the Appomattox River, which is the county boundary line between Petersburg and Hopewell. The Petersburg Colony for feeble minded colored people occupies several hundred acres on the west side of the county just south of Petersburg. Dinwiddie County borders on the west, Sussex on the southwest, Surry on the southeast and the James River on the east. The "Hopewell-Charles City Ferry" connects Prince George and Charles City Counties, crossing the James River just south of Hopewell.

The chemical, dyes, tobacco, trunk and luggage, pulpwood and lumber, garment, lens (glasses) notions, and fiber boat factories and plants in Petersburg, Hopewell, and Colonial Heights employ Prince George people.

The Federal Prison; Fort Lee (over 500 civilian employees from Prince George); the Petersburg Colony, stores, offices, laundries, dairies (commercial) in the cities all employ Prince George People. In addition a large number work at the DuPont Plant in Chesterfield and Richmond. This involves hours of commuting. Fifty percent of the families have two members with full time jobs outside of homes, and the other fifty have one or three. Many of the city people have migrated to the county and continue full time jobs, thus accounting for the steady increase of rural non-farm families. The small farm owners either rent their land and do full time work in a plant, or put out peanuts, tobacco, or corn, then work in a plant until harvest time, take a few days to get in the crop, then back to the plant.

None of the people in the preceding paragraph have time for attending meetings; taking active part in county and community affairs; or improving their homes. However, they have raised their standards of living and large numbers are calling upon Extension for assistance before and after work hours. The main requests are for housing, yard improvement (soils and shrubs) house furnishings, and consumer education. This group of people have a great emotional strain and requested information on Family Relationships etc.,

There are a few progressive farmers and homemakers in the county, who serve as community leaders also. They help make, and extend the Extension Program, and help others to realize the vast services available through the county and State Extension offices. In addition to peanuts, corn, and tobacco, Prince George County is in the upper 10 counties raising hogs, has 9 dairies, and some beef cattle and livestock farms.

Thirty to forty percent of the county people are Czecho Slavakians. About five percent of the people living near Hopewell or Petersburg are Italians, Hungarians, and Germans. Fort Lee soldiers living in the county

are from many countries, as well as all states of the United States. These people have a definite effect upon the extension program in the county.

There are no incorporated towns in Prince George County. The 19 churches and five schools take the people away from their neighborhoods and communities rather than aiding in promoting "community spirit".

People travel completely across the county (some into the cities) to their own churches, therefore in any one neighborhood organization 5 and 6 churches, and 2 or 3 schools with their P.T.A.'s are represented. Many of the people moving from the cities continue to attend city activities, with the exception of those in the Prince George High School.

The one central high school was built in 1953 to accommodate 750, it was enlarged in 1956 because of the rapid increase. By the 1959-60 school year the 1,800 children caused all grades to be put on shifts. Over 1,000 of the enrollment came from Fort Lee. During the spring and summer of 1960 Walton Elementary School was built to relieve the crowded Prince George School. It was meant to accommodate 900. On November 1, 1960 Prince George School had 1,250 enrolled, and Walton School 1,030, or a total of 2,280. Of this number over 1,050 are from Fort Lee families. The enrollment of each of the other three schools has rapidly increased. The activities of each of the schools have increased, and the P.T.A organizations have been "hard put" to keep up with the increased activities and demands.

The 4-H Club work in the Central High School and the Walton School is stronger and the enrollment larger in 1960 in spite of very modern schools which offers activities such as several bands (which continue practice 12 months, requiring equipment, transportation etc.); glee clubs; football; other sports; the National Honor Club; Clas clubs etc. Each year the school

Yearbook has given one or two pages to 4-H Club pictures. Each month the 4-H Club activities are published in the school paper.

To meet the request of girls attending parochial schools and living in the county, a Cedar Level 4-H Club was organized in 1953 and has continued to be a leading group. In order to cooperate with Fort Lee, a girls club was organized in 1958-59 and was held on the post outside of school hours. It received favorable acclamation from the Commanding General. At least 50 percent of the 4-H members at the central Prince George High School either play in the band, or are Majorettes, or Cheer Leaders for the athletics, therefore they must travel with these organizations. This has a definite effect upon the club work, and must be considered in program planning, activities, scheduling, etc.

Prince George has telephone service almost all over the county, which is a real help in contacting people and cutting time and travel. The Board of Supervisors furnishes a telephone for each County Agent. Two power companies service the county, one has a Home and Farm Supervisor that cooperates in every way with Extension workers. They have been most helpful with 4-H and adult programs.

Prince George has an excellent Public Health Department that is rendering valuable service to the entire county. The Home Demonstration Clubs realize the value of this department and each year have a County Goal to cooperate with all clinics etc., No doctors live in the County, but one holds office hours certain days in Disputanta. One dentist lives in the county and has an office in Petersburg.

Prince George has excellent marketing facilities in Hopewell, Colonial Heights, Petersburg, Richmond, Smithfield, and other places close at hand. Individual customers as well as wholesale markets are available.

The use of the family car is a continual problem, because of shift-work, schools, churches and club meetings, tours, activities and sports, travel for medical care, extra dancing and music lessons, as well as childrens part time jobs all on Saturdays. Prince George Courthouse is off the main lines, therefore reached by cars only. It is not a shopping center, therefore, it is difficult for people to think and plan as a county unit.

In addition to the continual annexation of more and more sections of Prince George County into Hopewell, Petersburg, and Fort Lee property, the "Inter-State-Highway" has uprooted a large number of county residences.

The Long Time Goals set up for five years were checked and included in the 1961 planning. Those to be stressed are:

1. Better Nutrition and Health, with emphasis on "Low Calorie Meals", "Do Ahead Main Dishes", "Broiler Meals" and "Carving All Meats".
2. Better Buying, with emphasis on "The Outlook Information for 1961", "Your Money's Worth In Business Transactions", "Buying and Using Detergents and Soaps".
3. Family Relations, with emphasis on "Children and Money", "Wills and Deeds" in regular meetings, with some work on recreation for Senior Citizens.
4. Citizenship and International Understanding. The December meeting was used to study customs in other countries, contacting and using local people who have lived in other lands. A Tour of the Embassies will be made again on May 6, 1961. It is called the "Good Will Tour". The county has asked for an IFYE girl (if one comes to Virginia this year) to live in the county a month or more.
5. Clothing - Construction schools for beginners - Tailoring for a few who later will serve as Leaders and four groups requesting "Making Feather Hats".
6. House Furnishings - Five groups asked for Care of Wooden Furniture and Furnishings.

7. Yard Improvement will be continued individually, with a possible tour in the early fall for Prince George people. The agent and specialists will work with the Hopewell Chamber of Commerce on a 1961 Clean-up and Beautification Campaign.

8. Housing - House plans have been discussed with two families. Others will be helped as requested.

All of these eight subjects are included in the Long Time Goals that effect planning the years program.

## II. County Extension Program - Adult

### A. Organization

#### 1. County Agriculture Extension Service Board.

This Board is in the process of being organized, beginning with the organization of committees according to the Virginia Plan. Its complete organization is a goal for 1961.

#### 2. Home Economics Council

The Home agent plans to organize this council according to the Virginia Plan. The present Council is more of a public relations council. When this council is organized the plans made by it will be added to the present plan of work for the county.

#### 3. Special Interest Committees

A. Family Relationship - This committee is made up of representatives from churches, P.T.A.'s in four schools, the Womens Club of Prince George, and former presidents of the County H.D.C Committee. The work started in 1959 on Recreation for Senior Citizens (65 yrs. and older) will be continued in the form of workshops in handicraft, and parties for these people. "Making older people feel a part of the home and community" is a goal of the Family Relationship committee.

Another goal set up for 1961 is "Understanding Teen-agers and Money Matters". The general meetings to be held on "Wills and Deeds", are definitely connected with family relations. Information will be secured and given to as many as possible.

B. Health Committee - This committee is composed of representations of all organizations working with women. In 1959 they contacted the Health Department to try to restore the County Chest Clinics to the county. They were promised to have this done in 1960. Since it was not, the committee will take this as a goal for 1961 in an effort to do all possible to cut the number of T B cases in Prince George County.

4. The Home Economics Committees and the Special Committees have been confused in the agents thinking. 1961 goal - to get them separated and put all to work on the right track.

5. County Home Demonstration Club Committee

The 10 Home Demonstration Club Presidents and 10 Program of Work Chairmen, plus three laywomen, make up the County Home Demonstration Club Committee. This organization has a county Publicity Chairman as well as a County Program of Work Chairman. The Program Development Leaders are trained in this organization. The Yearbook Committee compiles the yearbook and has it printed after the plans for the year have been made.

The County Program of Work Chairman secured information from the State Chairman and passes it on to the club Program of Work Chairman.

After studying the county situation and needs it plans the program for the year, regular, special meetings, workshops, tours, Exhibit Days, Fair Booth, and Achievement Program. Regular meetings are held in January, April, and September. Through these the following activities are planned:

1. Regular club programs, special interest meetings, subject matter workshops. etc.,
  2. Formulating County Goals and financing awards for clubs and individuals who keep these goals.
  3. Financing and printing of the Yearbook for the county.
  4. Collecting dues to Virginia Federation of Home Demonstration Clubs, the "Pennies for Friendship" to go to the A.C.W.W. and county Home Demonstration Club Committee.
  5. Finance County Leaders Training Meetings, Achievement Programs, I.F.Y.E. Programs, speakers expense, flowers, etc.,
  6. Business of the V.F.H.D.C. carried on through the county and clubs.
  7. Plan Tours, and Exhibit Days.
  8. Encourage representation at District and State Federation meetings.
  9. Encourage representation of clubs and radio programs.
  10. Care and maintenance of the 16 MM projector the H.D.Clubs bought.
  11. Reaching more people directly by carrying information to non-members and reporting regularly.
  12. Encourage county participation in Southside Virginia Fair by holding a County A-H and Home Demonstration Club Exhibit Day, to have the winning exhibits chosen to represent the county in the Fair. Individuals are encouraged to enter all possible departments.
  13. Training the Club Program Development Leaders in working with their clubs to determine the basic needs for programs.
  14. Plan activities for National Home Demonstration Week.
- Other plans of this committee in connection with activities will be given in II. C. of this Plan of Work.

B. Subject Matter and Special Emphasis Areas

Subject Matter

FOOD AND NUTRITION-----Low Calorie Meals  
Do Ahead Main Dishes  
Broiler Meals  
Carving Turkey, Chicken, Ham  
and meats.

<u>Problem</u>	<u>Topics to be Included</u>	<u>No. Clubs, Groups etc.</u>
More people (men and women) overweight. Need for knowledge of danger to health. Need for proper weight control method according to body needs-to know amount of energy each activity requires. Need for better planning of meals. A tendency to "fix" the quickest and easiest foods (often fried).	LOW CALORIE MEALS Calorie needs according to activities each day, different people differ in each family.  How seasoning adds calories to basic foods.	10 clubs  Members carry information to non-members. Members give dems. to other groups. Special meetings when requested.
Do Ahead Main Dishes--More women working away from home, getting home late, must get meal quickly to go to night meetings of school or church. More people taking part in community activities, and must prepare food ahead if they have balanced diets or sufficient foods.	DO AHEAD MAIN DISHES  Menus for do-ahead meals or dishes. Conserving food value in dishes that stand	10 clubs  Members will carry informations and give demonstrations to non-members.
Broiler Meals-- More and more people are being advised to broil versus fry (by doctors). The broiler has not been the easiest part of the stove to use, hard to clean, etc., Need to know what can be broiled, and how to use the broiler to best advantage.	BROILER MEALS  Health value of broiling. What can best be broiled. Best and easiest use of broiler	10 clubs  Members will carry information and give demonstrations.
Carving Turkey etc... Often the job is put off on the wife because the men feel they do not know hoe. Women want to know easiest, and most economical way to carve each type of meat. They want to know where the bones are and which way to cut. (They will need to know something about sharpening knives)	CARVING CHICKEN, TURKEY, HAM, LAMB, AND ROASTS.  Bony structure and which way to cut.  Sharpening knives Ways to keep them sharp.	10 clubs  Members will try to help men in their homes to master this job. Members will show non-members.

<u>GOALS</u>	<u>WHAT PEOPLE ARE TO LEARN</u>	<u>CARRYING OUT Results PROGRAM ETC.,</u>
Help people have a knowledge of dangers of overweight	The danger of overweight to themselves	Spec. Training on the Project Leadersback who will give club demonstration

Subject Matter (Continued) Food and Nutrition 'Cont'd)

GOALS	WHAT PEOPLE ARE TO LEARN	CARRYING OUT PROGRAM	RESULTS
<p>Help people have a knowledge of eloric needs of the body. To help people plan better meals to control weight.</p> <p>To help people have a knowledge of broiling and it's advantages over frying.</p>	<p>The calories needed for sitting, standing, bending, and exercising etc.,</p> <p>To plan meals that will control their weight according to their own needs.</p> <p>To use their broilers more, and to fry fewer things.</p>	<p>Literature secured from Specialists &amp; U.S.D.A. Bulletin 74.</p> <p>Means given by Spec. and those in Bul.#74 issued Nov. 1960</p> <p>Agent and Leaders teach by example.</p>	
<p><u>Do Ahead Main Dishes</u></p> <p>To help people have a knowledge of planning and preparing nutritious Main Dishes ahead of time, so that can be put on table in short time when needed.</p>	<p>To prepare nutritious Main dishes ahead of time, so that family will be well fed even when in a hurry to get out.</p>	<p>Specialists trains H. D. Leaders who who give dems. to clubs. Members take the suggestions and dems. to non-members.</p>	
<p><u>BROILER MEALS</u></p> <p>To help more people to have a knowledge of the proper use of the broiler.</p> <p>To use the broiler in a second meeting four months later to insure more use of it, by people who may not have learned in January. To help people to have many recipes they may follow.</p>	<p>To use their broilers for entire meals, and not just for meats, or one food alone.</p> <p>To vary their broiler meals instead of using the same one too often. To have a list of different broiler meals.</p>	<p>Specialist will train the Leaders and agent, who in turn will teach the members. The members will take the information to others.</p>	
<p><u>Carving Turkey etc..</u></p> <p>To help people have a knowledge of the proper way to carve all kinds of cuts of meats.</p>	<p>To carve different types and cuts of meats to get the most from each.</p> <p>To teach others to carve.</p>	<p>Specialist training for Leaders and agent. Leaders demonstrate to members. Members show others.</p>	

SUBJECT MATTER FIELD	and	OUTLOOK INFORMATION FOR 1961 YOUR MONEY'S WORTH IN BUSINESS TRANSACTION	
PROBLEM		TOPICS TO BE INCLUDED	NO. CLUBS
<p>People are asking for more Consumer Information about all products, foods, furnishings, autos, etc.</p> <p>They need information to plan and buy wisely. More women are having to make business transactions, need information on banking, credit, loans, insurance, etc.,</p>		<p>Outlook Information for 1961, and other buying suggestions</p> <p>Your Money's worth in Business Transactions</p>	<p>10</p> <p>Other groups as needed</p> <p>10</p> <p>Others as needed.</p>

## Subject Matter (Cont'd)

OUTLOOK INFORMATION FOR 1961  
YOUR MONEY'S WORTH IN BUSINESS TRANSACTIONS

GOALS	WHAT PEOPLE ARE TO LEARN	CARRYING OUT PROGRAM
To help people learn to use Consumer Information from the Outlook Bulletin for 1961, and from articles in newspapers, magazines, etc.	To read and understand consumer information on all subjects that will help them with their own buying.	The Agent has asked for Outlook Bulletins for 1961 for each member. These will be studied in a complete hour of each club, marked and taken home to show others.
To help people learn how to read and understand all types of business transactions, To help them know terms used, and their meanings. To help people learn what to look for in printed matter etc.,	To understand terms used in contracts. To understand how to write contracts. To read.	Leader Training and Agent training. Leaders help members, and others.

SUBJECT MATTER FIELD PROBLEM	BUYING AND USING DETERGENTS AND SOAPS TOPICS TO BE INCLUDED	NO. CLUBS
So many new detergents and soaps on the market, people do not know which to buy. Different fabrics needs different soaps etc. People need to know which is best so they will not ruin fabric the first laundering. Different washing machines need different detergents etc.,	Buying and Using Detergents and Soaps. (actual demonstrations on different detergents different fabrics etc)	10

GOALS	WHAT PEOPLE ARE TO LEARN	CARRYING OUT PROGRAM
Help people have a knowledge of action of different detergents on different fabrics. Help people know types of soaps and what they will do. Help people know how to determine softness of water, and what it needs to make it work with certain detergents etc.,	What detergents contain that reacts to different types of water. Amount of detergent to use according to the load of wash etc., What each type of detergent is best for. What is best for each type of machine.	Leaders trained by Specialist, then each club will have actual demonstrations on different fabrics, machines etc.,

SUBJECT MATTER FIELD PROBLEM	FAMILY RELATIONS: TOPICS INCLUDED	Children and Money Wills and Deeds. NO. CLUBS
Adults need information in managing money as well as how to help children know the amount they can expect, and how to use it.	Children and Money Money Management	10

Subject Matter (Continued)		FAMILY RELATIONS: Children and Money (Cont'd)	Wills and Deeds
PROBLEM	TOPICS INCLUDED	NO. CLUBS	
People need to know how to write wills and deeds. They need to know how to read and understand wills and deeds.	Wills and Deeds	10	
GOALS	WHAT PEOPLE ARE TO LEARN	CARRYING OUT PROGRAM	
To help people know more about managing their money. To help them have a knowledge of how to plan with their children for allowances. To help them have a knowledge of how to help children to know the best use of their allowance. To help them know how to teach children responsibilities in connection with the family finances.	How to manage their own money so as to get the most satisfaction. To know how to help children learn the value of money, what it means to have an allowance, and how to use the allowance to best advantage. To share responsibilities with children so that they will understand and be satisfied with the amount of their allowance.	Specialists training and literature for club Leaders. Leaders and Agent will give the demonstrations	
To help people have a knowledge of writing an adequate will. To help them know where they can get legal help and how to use it. To help people have a knowledge of the importance of being legally sure before it is too late. To help them know how to find out when to sign their names and when not. To help them have a knowledge of the legal wording of deeds.	Where to go for help in wording their wills. The importance of having a will. How to have wills recorded. All that is necessary to make wills legal	Literature and suggestions from Specialists	
	How to write deeds, how to have them recorded. How to have deeds searched. All that is necessary to make deeds legal.	Suggestions and advice from lawyers in the county.	
SUBJECT MATTER FIELD	LANDSCAPING	NO. CLUBS OR OTHER GROUPS	
PROBLEM	TOPICS INCLUDED	NO. CLUBS	
People need information on types of planting to use in certain areas of their lawns. They need to know types of soils required for certain plants and trees. They need guidance in planning their landscaping, and many requests for help come to the office each week.	Types of shrubs. Soils required. Transplanting shrubs. Training and Trimming shrubs. Planning areas of lawns.	15 Area Captains of the City of Hopewell and Chamber of Commerce of Hopewell, plus about 80 to 100 individuals.	
GOAL	WHAT PEOPLE ARE TO LEARN	CARRYING OUT PROGRAM	
To help people have a knowledge of types of shrubs, and their growing habits. To help them know required soil types. To help them know how to transplant, trim, or train plants, also, how to plan needed area, driveways, walks, etc.,	The names of types of shrubs and trees, with required types of soils. To transplant shrubs in their own yards, or to plant those secured elsewhere. To train, trim or prune. Types of shrubs for screening or other areas.	The Specialist will help some individuals, he will give talks to two or more groups. The agent will train area Captains.	

## Subject Matter (Continued)

## CLOTHING CONSTRUCTION

PROBLEM	TOPICS TO BE INCLUDED	NO. CLUBS*GROUPS
A number of young homemakers have requested help on simple clothing construction, in order that they may cut the cost of clothing for their families.	Measuring for correct size patterns. Altering patterns to fit individuals. Placing pattern and cutting. Adjusting sewing machine to proper size thread, stitch, etc.	5 groups of non-members & members.
Many women will help as 4-H Clothing Leaders if they are taught on clothing for themselves during the winter months.	(Fort Lee and Walton 4-H mothers will take same topics listed above on this page).	Two groups in addition to these started in 1960.
A few women in each community have requested Tailoring Schools, or sewing on woollens.	Selection of patterns and materials (all the subjects listed in paragraph one on this page, plus, Tailoring stitches, pressing, and all other subjects needed for tailoring.	1 county workshop.

GOAL	WHAT PEOPLE ARE TO LEARN	CARRYING OUT
To help people have a knowledge of measuring for patterns, selecting good lines and designs for themselves and family. How to alter if necessary, placing the pattern, cutting, fitting, finishing etc., as well as adjusting the sewing machine to types of thread, required stitching etc.,	To measure correctly to nearest pattern size. To alter patterns to fit individuals, to place pattern, cut out, sew, fit and finish according to suggested standards. To recognize correct number of stitches per inch for each type of cloth, to adjust the machine so that stitching is even etc.,	Agent training with the help of those she trained last year.
Tailoring--To help a few selected leaders to have a knowledge of tailoring methods for suits, toppers, coats, childrens coats, and woolen suit dresses. This knowledge is to include all construction goals listed above, plus, types of tailoring equipment and their uses, types of tailoring stitches and where used. Ways of pressing, is one very important feature to help people know about.	People are to know all listed above, plus, types of materials for the linings of coats and skirts, the importance of the right thread and why. They are to learn the different types of interlinings and what each will do. Also, the types of equipment best suited to certain garments and fabrics, and how to use them. The way to press fabric, seam, finish etc., is most important to learn.	A former Home Sc. Teacher who is now a member, and the agent will teach the school.

SUBJECT MATTER FIELDS	HOUSING AND HOUSE FURNISHINGS	NO. CLUBS or GROUPS
PROBLEM	TOPICS TO BE INCLUDED	
Individuals continually request help in remodeling, or on plans for building, or ask for Extension plans. They need help on storage spaces, types of materials, insulation, heating, drainage, etc.,	Reading plans Types of storage Materials and their use	Individuals requesting help
House Furnishings Problems of colors, fabrics, designs of curtains, types of plastics or linoleum, rugs, types of furniture. These questions are asked everyday by homemakers of all ages.	All furnishings topics needed	Individuals requesting help (this topic receives help from former Project Leaders also.

Subject Matter (Continued) HOUSING and HOUSE FURNISHING (Cont'd)

GOALS	WHAT PEOPLE ARE TO LEARN	CARRIED OUT
To help people have a knowledge of materials required in remodeling or building. Also a knowledge of reading plans and blueprints. To help them know what storage is needed and how to get it into the available space. To help them know what different materials will do as compared to their cost and durability.	What they need in the way of extra room or rooms, storage, etc., in their remodeling undertaking. They are to learn to read blueprints or plans and understand whether they suit their needs. To select the materials that will be best for the location, will do the job as desired, and will come within the range of their finances	Individual help from specialist and agent, also certain county people who have had building experience.
House Furnishings- To help people have a knowledge of suitable colors in their homes in wall finishings, rugs, and other fabrics (suitable to their finishings, their mode of living and their taste). To help them know the durability of different fabrics, the care and usefulness. To help them have a knowledge of what to check when buying furniture and equipment, as well as the importance of sticking to well known brands of long standing.	Color combinations that suit their furnishings and mode of living. Types of fabrics that suit the place and the use desired, the care of these fabrics. To check carefully before buying expensive rugs, as to durability and care (especially with new fabrics). To look at the inside of chests of drawers, under the drawers, at the backs of the chests, also the type of wood etc. Read the guarantees and check the reliability.	Individual help by agent and trained members.

SUBJECT MATTER FIELD

PROBLEM	TOPICS	NO. CLUBS or GROUPS
A large number of older people and "shut-ins" need some type of hand work to give them interest in life, a feeling of usefulness, and a bit of recreation.	Plastic flowers Basketry Stenciling Dried Flower Pictures Quilting	Senior Citizens and "shut-ins" in groups of 3, to 6 in as many parts of the county as possible as needed.

GOAL	WHAT PEOPLE ARE TO LEARN	CARRY OUT
To give as many older people and "shut-ins" as possible a feeling of usefulness by helping them learn some new handicraft, or by reviving interest in one they have used for some years. To give them a feeling of security through "re-creation" (recreation).	To make something useful and beautiful. To use their hands and their abilities in a way that gives them pleasure and creates something they may sell or give away.	The members of the Special Interest Committee and Agent. Others will be involved as often as possible

C. Other Activities

1. County's selection of Virginia Federation Program of Work - INTERNATIONAL UNDERSTANDING. This is the second year the county will take International Understanding. One entire meeting will be given to "Customs In Foreign Lands", in each club in December. The members and their neighbors will be responsible for these discussions. There are many people in the county who were born in other lands, or have lived a few years in another land. These people and the regular members will furnish the December programs.

Other Activities (Continued)

The county has asked for an IFYE to live in the county for a month or six weeks. They prefer a girl because the families that will be "host" to her are not all farm families, and could not give a boy IFYE the training or hospitality that would be of benefit to him.

In May a tour of the Embassies in Washington will be conducted as it was in 1960.

Each month members are searching for information about other countries and sharing it with their clubs.

2. COUNTY AND CLUB OBJECTIVES

1. Each club send a representative to the State FHDC meeting in Blacksburg the last of July.
2. Each club be represented with as many as possible at the District meeting (usually in April).
3. Each club use the National H. D. Song in every meeting.
4. Each club encourage family participation in International Understanding (County Federation Program of Work).
5. Each club help finance the Yearbook.
6. Each club bring a guest to the County Exhibit Day.
7. Each club report all work of members etc., at the end of the club year (October and November).
8. Each Home Demonstration member register and vote.
9. Each club have as many city people as possible attend November meetings.
10. Each club get five new members for an extension club in the county.

In addition, the county H. D. C. Committee offers awards to encourage more participation in all activities. The awards are presented at the Achievement Program for:

1. A certificate of merit be given the H.D. members who have attended 12 club meetings during the year.
2. An award be given the Project Leaders who attend the most leaders' conferences and give the most demonstrations.
3. An award of the Reporter having the most reports in the papers serving the county; 50% of her club's state dues paid.
4. An award to the member who gets five new members for her club or any other club in the county during the year.

5. H. D. Pins to the members who carry information about demonstrations to people outside of the club over 120 times. This will be checked as the roll is called each month, and the Agents' enrollment at the end of the club year.
6. An award to the club which has the largest per cent of members to:
  - a. Attend regular club meetings.
  - b. Carry information about demonstrations the most times.
  - c. Turn in 100 percent project reports on date set in the fall.
  - d. Attend the District Meeting.
  - e. Attend the 4-H Achievement Day.
  - f. Attend the Chest Clinic.
  - g. Have a complete physical examination.
  - h. Make some definite improvement in home yard.
  - i. Secure new members.
  - j. Attend the H. D. Achievement Program.
7. An award to a member for the best club SCRAP BOOK.

### 3. NATIONAL HOME DEMONSTRATION WEEK

Radio, T. V. and Newspaper publicity will be used. Individual contacts about services of Extension Work will be made by members and agent.

Three Tours are being planned, with members inviting non-members to participate. The Good Will Tour of the Washington Embassies; a Tour of the Azelia Gardens in Norfolk; and a Tour of the Smithsonian Institute in Washington. Publicity will be given all activities.

### 4. DISTRICT II ANNUAL MEETING

All clubs will be represented at this meeting in Blackstone in April. Publicity will be given this meeting in local papers, over TV (Channel 8) W.H.A.P. and W.S.S.V. radio stations.

### 5. COUNTY EXHIBIT DAY

The Home Demonstration and 4-H members will put up exhibits (on subjects studied during the year) at a County Exhibit Day in August to choose the best exhibits (on H.D.C. and one 4-H) to represent the county in the Southside Virginia Fair. The general public and Prince George Board of Supervisors will be invited to see the exhibits, enjoy a picnic lunch, and hear a brief program. All members, and leaders will join in making this a successful day.

### 6. UNORGANIZED NEIGHBORHOODS

Work with women in Battlefield Park Area and Burrowsville-Newville Area in special workshop as requested.

Work with the increasing number of homemakers with full-time jobs away from home, who request information and must be contacted "after work hours". Train leaders to work with such people and answer requests.

The agent will continue work started with the Hopewell Chamber of Commerce on Beautification and Clean-Up Campaign. Meeting with the committee from the Chamber of Commerce and training Area Captain of the city as the work progresses.

## Other Activities (Continued)

### 7. ACHIEVEMENT PROGRAM

This program will be planned by the County H. D. C. Committee. It will be used to show results of Extension Teaching to non-members and to help members evaluate the years work.

### D. WORKING WITH URBAN FAMILIES

The largest percent of the club members are urban or non-farm families, because of county situation, see page thru 1 to 7, Section I. Since the members plan the programs for the county, it is governed largely by the needs and desires of urban and non-farm families. An increasing number of the farm women are working full time, therefore, their needs are practically the same as urban women. The subject matter field reported in B on Do Ahead Main Dishes will be especially good for this group of people. In addition to the regular monthly demonstration, special interest meetings will be held on "Wills and Deeds", "Judo" also advice will be given individually on "Housing", "Yard Improvement" and "Soaps and Detergents" and Vegetable Gardening, as requested.

The reports of the H. D. Clubs in the newspapers encourages urban people to contact members for information. A former member is in charge of a regular half-hour program over W.S.S.V (radio), and she uses present members to give Extension information, often taping a program right in a regular meeting.

Members answer the roll each month with the number of non-members they have reached with information. Most of them are urban people. They will be urged to attend the county wide meetings such as the Exhibit Day and Achievement Day Program. They will be invited to go on tours planned by the county people.

### E. FARM AND HOME MANAGEMENT

In 1960 the Home Agent worked with twenty-six homemakers on the management program. One of these families will be discontinued in 1961 because she plans to move. The additional families will be secured as requests for help on management problems are received, or as the agent finds management problems she can suggest help on.

Many such problems are presented by former members who now hold full time employment. Also as old equipment is replaced often a management problem is involved, thus a new family may be added to the list.

The Objective in working with these people is to reach more individuals with pertinent information as their needs arise, and to help them use the Extension Service as their source of information..

Procedure, in addition to contacting each family each month, or as often as possible, special information will be given them in small groups in 1961. The first one will be a "slip cover" demonstration held at Mrs. Harold Allins, with four young homemakers in the neighborhood invited because they have expressed a desire to see such a demonstration. Other subjects, will be "lighting" or "selection of rugs", "selection of furniture" and clothing construction.

Recording - Each month a brief report is made of the contacts and activities, these are kept on file. A folder is set up for each family with background information.

Other Activities (Continued)

Farm and Home Management Families that are not participating in regular clubs will be notified of all county-wide activities and invited to participate, also to regular monthly meetings near their homes.

III. COUNTY EXTENSION PROGRAM \* Youth

1. County Youth Committee

The eleven men and women who met in 1959, and discussed the Youth needs, did not meet in 1960. The Home Agent hopes to call a meeting of this committee early in 1961 to try to promote more active participation in Youth work, and cooperation in establishing an Automotive Project for the teen-agers. In addition the agent hopes to get an organization of young married couples established in two communities. This was first discussed by the Youth Committee in 1959. A goal for 1961 is a more active Youth Committee.

2. County 4-H Council

The Presidents, Vice-Presidents and Secretaries of each of the 16 clubs, plus the Leaders make up the County 4-H Council. The Goals for 1961 will be made on January 28 during the first Council meeting for the year.

Plans for the National 4-H Week activities, National Rural Life Sunday, and the election of officers will be completed. A second meeting will be held in May or June to plan for County Exhibit Day, the booth at the Southside Virginia Fair, and the Achievement Program.

The Council awards a County Plaque to the club carrying out the most goals.

3. The County 4-H All Star Chapter

For 13 years this Chapter has been active, with 3 regular meetings each year and representatives at all 4-H Council meetings and 4-H activities. They pay for 8 subscriptions of the National 4-H News Magazine for the 4-H Leaders and one copy to the High School Library. The All Stars help with Exhibit Day, Achievement Program, and socials. They encourage the older youth to go to the Short Course and Camps that are offered. In 1961 they plan to help with a foreign I F Y E here in the county.

4. The Honor Club

The county has not had an Honor Club in the past. When the 4-H All-Stars meet in January, the organization of a County Honor Club will be discussed. Perhaps one will be established in 1961. The main obstacles are time to meet, and transportation to such meetings. The youth (teen-age youth) of the county is over organized, yet there are those who are not reached.

5. County 4-H Adult Leaders Association

With 21 adults helping with 4-H clubs in the summer months, and being trained to help during the winter months, the agent plans to have an organizational meeting in January. One was planned for November but on account of many leaders having sickness in their families. It was postponed to January. Additional adult Leaders are being added for Walton 4-H Club and Fort Lee.

B. 4-H Project Work

Subject Matter Field	SAFETY	NO. CLUBS
<u>PROBLEM</u> Members have only 1 hour each month for meetings during the school months, therefore, the subject must be one that can be taught in that time, also one that will hold the members together the summer months. Other subjects have to be discussed and can be related to safety etc.	<u>TOPICS TO BE TAUGHT</u> Safety at home Safety with appliances Safety at Christmas time Electrical Safety Auto Safety Safety with Firearms Highway Safety Walking Safety, (city and county)	9  to be taken none months
<u>GOAL</u> To help 4-H members to have a knowledge of the cause of accidents and how to prevent them. To help them know how to use appliances safely, and the care of them. To help members know what makes electricity safe to use, and how to change a fuse, mend cords etc., To help them know what is a safe firearm, how to help with auto safety. To help 4-H members to know the rules for safety on the highway, also the rules for walking safety, and the different cautions to take for Christmas safety.	<u>WHAT PEOPLE ARE TO LEARN</u> 4-H members are to learn what makes up safety in each of the subjects listed above, and the ways of preventing accidents in each of the instances, or conditions. They are to learn reasons as well as rules.	<u>HOW CARRIED</u> Leaders, Agent and members will put on Safety programs in each of the clubs. Supervisors from local power companies will put on a Christmas Safety demonstration, and Electric Safety demonstration and talk.

SUBJECT MATTER FIELD	ELECTRICITY	NO. CLUBS
<u>Problem</u> 4-H members need better light for studying, practicing music, watching T V etc., They need to know why good light is a "must" for their health. They need to know HOW they can get better light. Members need to know how to use and care for Electrical Appliances, how to mend a frayed cord, and put in a fuse.	<u>Topics to be taught</u> Proper Lighting for studying Proper Lighting for dressing table Proper lighting for T.V. Wiring a Socket and Plug Replacing a fuse, proper number etc., Care of Appliances	2

GOALS	WHAT PEOPLE ARE TO LEARN	HOW CARRIED
To help 4-H members and their parents to have a knowledge of good lighting for studying, reading, practicing music, working, watching TV etc., To help them know how to wire a lamp, how to mend a frayed cord, how to replace a blown fuse, what causes a fuse to blow. To help members know how to use and care for electrical appliances properly.	The reasons for good lighting for different areas. How to get correct lighting for those areas, To wire a socket and a plug, to wire a lamp. To change a fuse with proper size or number on the replacement. The cause of the blown fuse and how to prevent fuses from blowing. To use appliances properly. To care for appliances properly.	Farm and Home Supervisors from the Local Power Company will help conduct this project. The agent & Leaders will help.

4-H Subject Matter Field (Continued) MEAL PREPARATION

SUBJECT MATTER FIELD	MEAL PREPARATION	NO. CLUBS
<b>Problem</b>	<b>Topics to be taught</b>	
Since more mothers are working full time away from home, the girls (even the very young ones) are preparing many of the meals, they should know how to plan and prepare nutritious foods. They should be taught the basic four so that throughout their lives they will know how to select foods that give the body the needed elements, as well as what foods go together. They should know the way to retain the <u>most food value</u> in food preparation	Correct measurements and why Four Basic Foods For Health Planning Meals Cooking Vegetables Small Salads Salad Meals Cooking meats and Meat <del>substitutes</del> substitutes Making cookies Making Fruit Cake (simple method)	9 All girls are taking this subject
<b>GOALS</b>	<b>WHAT MEMBERS ARE TO LEARN</b>	<b>CARRYING OUT</b>
Help 4-H members to be more interested in eating the right foods each day. Help members have a better knowledge of measuring correctly to obtain better results. Help members know what makes cookies and cakes the desired texture or flavor. Helping members learn to plan meals that are nutritious. Helping members learn to plan meals according to the number in their families, and their activities. To have members prepare different meats correctly to save food value and flavor. To have members learn to prepare vegetables to conserve their value. To have members learn the different salads, why heavy or light, and when to serve each. To have members learn by doing, and to feel secure in preparing meals. To help members learn to give demonstrations.	The 4 basic foods for health, what each does for the body. These four basic foods must be eaten every day. Preparation in order to conserve food value as well as flavor. Correct measurements are necessary to make proper combinations or textures. To plan adequate meals using the basic four. To plan adequate meals according to the needs of their families. The proper temperatures to use in cooking meats. Why meats are tough or tender after cooked. To prepare vegetables without losing food value with over cooking or to much liquid, or too high temperature. To prepare nutritious salads but light ones for summer. To feel secure in their ability to plan and prepare a meal or any part of a meal. To give food demonstrations.	Discussions and demonstrations when possible, during the school months. Members are to keep a record of all the things they do at home during school year, and report these each month. The members will practice at home on things discussed or demonstrated in the club. The agent will use all the school months for discussion and demonstrations encouraging all members to try any type of cooking their parents will approve at home. To encourage the members to use the Meal Preparation Manual in all of the things they do, until they learn enough to try other things. During the summer months the girls will meet in small workshops with Local Leaders to practice the things they have learned, and to practice giving demonstrations.  Club and County Contests will be held in August.
		Notes see back of page

4-H Project Work (Continued)

Subject Matter Field

Clothing Unit II Make or Remake

Problem	Topics	No. Clubs
Clothing is more expensive is bought ready-made, 4-H members need to know what constitutes a good garment, what colors and designs look best on them, which fabrics are most durable, and easiest cared for. How to measure to determine their proper size whether for ready made garments or for patterns. They need to know how to read directions and follow instructions on the patterns, they need to know finishes that make garments better and more acceptable as good garments.	Selection of design suitable for figure " of colors suitable to wearer " of suitable fabric Measuring for correct size checking and altering pattern to fit Laying the pattern - Cutting garment Making garments + Finishes for garment	9 to 14 depending on Leaders and Transportation.

GOALS	WHAT MEMBERS ARE TO LEARN	PLANS FOR CARRYING OUT PROJECTS	NOTES ON RESULTS
To help 4-H girls have a knowledge of the design or pattern that suits their figure. To help them know their best colors, and the fabric suited to the design and the purpose for which the garment will be used. To help members know how to get their correct measurements, then select pattern that will fit them best. To help members learn to alter patterns to fit themselves. To have members learn how to place a pattern and cut a garment. To help members learn to follow directions in putting garment together. To have knowledge of the "terms" used in the directions. To know why certain seams are to be sewed from the bottom. To know a well finished seam vs. a poor one. Know the size stitches suitable to fabric, thread, and use of garment. How to finish the garment.	Suitable designs or patterns for their type figures. Suitable colors for themselves. Suitable fabrics for purpose of garment and design of pattern. To measure themselves correctly. To use measurements in selecting pattern size. Where and how to alter pattern to make it fit. Placing pattern correctly according to directions and cutting properly. To follow directions. To understand the "terms". What makes garments hang right, or fit right. Standards of finished seams of many types. Size stitches best for fabric. Finishes that make the garments more valuable.	Hold 3 or 4 Adult Leaders workshops in which the Leaders make garments for themselves of the same type fabrics their 4-H members are apt to choose in the summer workshop. These 3, 4, or more workshops are to be held during Feb. March, and April. The last one will be used to outline the <u>Make or Remake</u> Project to them and the Records expected. In May, teaching measuring, design, and fabrics to all interested girls. The agent and leaders will aid members in making selections of patterns, fabrics, etc., to be ready for the all day workshops in June, July, and if necessary in August. The all day workshops are held in the school cafeteria in Prince George, Hopewell, Carson, Disputants, and Burrowsville, where long tables are available. Several portable machines are available for each. The members do all their work during these supervised sessions. Contests, Dress Reviews, and Records will be in August.	see back of page

B. 4-H Project Work (Continued)

Subject Matter Field - FOOD PRESERVATION

<u>PROJECT</u>	<u>TOPICS TO BE INCLUDED</u>	<u>NO. CLUBS or GROUPS</u>
CANNING	Selecting vegetables. arranging equipment. Method of preparing vegetables. Method of canning.	Individuals. The number will depend upon season and whether they have enough to can.
FREEZING	Selecting small fruits same as for vegetables Selection of containers Selecting vegetables or fruit suited to freezing Method, step by step.	Same as above.
<u>GOAL</u>	<u>WHAT MEMBERS ARE TO LEARN</u>	<u>PLANS FOR CARRYING OUT PROJECT</u>
To help 4-H members to select vegetables by knowing when they will be best for canning or freezing. to help them know the types of equipment used for canning each type of vegetable, or fruit. To help them know the types of equipment used for freezing various foods. To help them know how to label either the canned or frozen foods.	The selection of vegetables best for canning or freezing. The types of equipment used in canning. The types of equipment used in freezing. Labeling containers properly. Methods of preparing vegetables. Method of processing vegetables if canning. Method of preparing vegetables if freezing. Method of selecting, preparing, processing fruits for freezing.	Older 4-H members, 4-H Leaders, H.D.C. members, and agent will give individual help. Literature and record sheets will be furnished members.

ROOM IMPROVEMENT

<u>PROJECT</u>	<u>TOPIC TO BE INCLUDED</u>	<u>NO. CLUBS or GROUPS</u>
ROOM IMPROVEMENT	Arrangement of furniture. Color scheme. Economical changes that can be made. Making a dressing table skirt. Selecting better lighting Making a study counter and lighting it. Storage for clothing. Storage for games, books, etc., Making curtains. Making dust ruffles.	Individual girls from two clubs. Where possible 3 or 4 will meet and work out plans together.
<u>GOALS</u>	<u>WHAT MEMBERS ARE TO LEARN</u>	<u>PLANS FOR CARRYING OUT PROJECTS</u>
To help individual 4-H members have a knowledge of: bedroom furnishings, " color schemes " arrangements Economical changes making Needed equipment or furnishings. What a study unit should have. Better lighting, Storage	How to use what they have to best advantage. Changes possible according to furnishings, and finances. Suitable selections in fabrics and additional furniture. Types of storage, and best arrangements to suit the purpose.	Older girls, Leaders, and Agent work with individuals. The <del>home</del> House Furnishing manual, and other literature will be given the girls.

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72  
4-H Project Work (Continued)

Subject Matter Fields - BREAD MAKING \* YARD IMPROVEMENT

Yard Improvement - The agent hopes to have a few girls take these projects according to the requirements in the record book.

Automotive - The agent has twenty (20) girls interested in this new project, and will learn with them the problems, the topics, and set up "goals" with "what members are to learn" as more is covered by people who know more about the Automotive Project.

C. OTHER ACTIVITIES

1. National 4-H Week

Each club will plan and present a program during the week. The Council will try to get articles in the newspapers, and if possible will get a radio program. Two clubs plan to put on a radio program. Clubs will put up bulletins in schools, and posters in local stores, filling stations etc., advertising 4-H Week.

2. National Rural Life Sunday

Plans will be made for this in the County 4-Council meeting January 28th.

3. District Contests

The county winners in Dress Review, Bread Making, Electricity, Yard Improvement, Meal Preparation, Freezing, and Room Improvement will enter the District Contest in April.

4. County Talent or Share The Fun Program

The agent hopes to interest the County 4-H All Star Chapter in sponsoring this program in 1961, and to send the winner of the senior talents to the State Short Course. The All Star Chapter will decide upon this on January 31 when the chapter meets.

5. Honor Club

The agent plans to try to interest the Youth Committee in organizing and Honor Club in 1961.

6. State Short Course

Have the county quota plus the district winners and a leader attend, giving publicity about the Short Course over radio and newspapers.

7. Jamestown Camp - 4-H Junior and Senior

Have as many girls as possible to attend both the junior and senior camps.

8. All Star Week Ends

(1) Blacksburg - State - Have Chapter represented, the recommendations for membership will be submitted to the state office by February 1st.

(2) Camp Farrar - District - Have Chapter represented, and encourage new members and parents to go.

4-H. Project Work (Continued)

C. Other Activities (Continued)

(3) Interstate - Have Chapter represented.

9. County Exhibit Day

Each 4-H Club will exhibit something learned through the club. The best exhibit will represent the county in the Southside Virginia Fair. This Exhibit Day is held jointly with the Home Demonstration Clubs.

10. County 4-H Achievement Day

This will be planned by the County 4-H Council in May or August.

IV. Scope of Work

	No. in 1960	Goal for 1961
No. H. D. Clubs	10	10
Membership	206	210
No. H. D. Groups* (unorganized)	1	1
Membership	10	12
No. 4-H Clubs	10	9
Membership	200	180
No. YMW Clubs	1	1
Membership	23	25
No. Community Clubs	-	2
Membership	-	20
No. Home Ec. Committees	1	1
Membership	13	10
No. General Interest Committees	2	3
Membership	30	30
No. Youth Committees	1	1
Membership	15	8
No. Other Organizations	1	2
No. Farm & Home Dev. Families	25	30
No. other families reached	2250	2300
No. Different families reached	2525	2600

\* Groups that met three or more times a year.

Areas Needing Greatest Emphasis

1. Youth Committee - A meeting will be called early in 1961 to check progress on two goals established in 1959, and to make new plans for 1961. (Honor Club)
2. Home Ec. Committee - Two clothing groups will select members to serve on a Home Economics Committee.  
One Tailoring Group will be represented on the Home Economics Committee.
3. Special Interest Committee - Three (3) Special Interest Committees will be given special emphasis and attention in 1961. They are: the present Senior Citizens Committee; the present Health Committee, and future (1961) Young Adult group of men and women in two different areas of the county.

B. Informing Public About Extension Home Economics Program

(1) Each Home Demonstration Club, the County H.D. Club Committee, each 4-H Club, the County 4-H Council, and the County All Star Chapter all have reporters who report to the three papers serving the county the regular meetings and special activities planned by these organizations.

(2) The 15 different organizations with representation on the Home Economics Committees will inform their own organizations about Committee activities.

(3) H. D. Members carry information to non-members, and answer the roll call each month with the number.

(4) Twelve to 15 radio talks will be given about Home Demonstration Club and the adult work. Three to 5 radio programs will be by 4-H members.

(5) Unorganized

- a. Clothing Construction will be given one group in answer to requests.
- b. A slip cover demonstration will be given one group. (this may lead to more demonstrations)
- c. Yard improvement will be given one small group, and the Home Agent will assist the Hopewell Chamber of Commerce on this subject.

Families not participating will be reached through the members carrying information and through the Farm Home Management Program, the Special Interest program, publicity, and personal contact.

V. Leadership

A. Plan for Leadership.

1. County program Leaders	<u>No. in 1960</u>	<u>Goal for 1961</u>
a. County Agricultural Extension Service Board	-	Get organized
b. Youth Council	<u>11</u>	<u>6 or 8</u>
c. Home Economics Council		<u>4 or 6</u>
2. Home Demonstration Leadership	<u>No. in 1960</u>	<u>Goal for 1961</u>
<u>No. organizational leaders</u>	80	80
<u>No. project leaders (subject matter)</u>	28	30
<u>No. Federation program of work chairmen</u>	11	11
<u>No. program development leaders</u>	10	11
<u>No. result demonstrations</u>	60	65
<u>No. training meetings by specialists</u>	7	10
<u>No. training meetings by Dist. Agent</u>	1	1
<u>No. training meetings by agents</u>	3	6
<u>No. training meetings by others</u>	1	1
<u>Attendance at all training meetings</u>	114	120
<u>No. meetings held without an agent</u>	106	120

## Leadership (Continued)

## 2. Home Demonstration Leadership (Continued)

	<u>No. in 1960</u>	<u>Goal for 1961</u>
<u>No. meetings leaders assisted</u>	44	50
<u>Demonstrations by leaders</u>	99	100
<u>Talks and discussions by leaders</u>	320	90

## 3. 4-H Club Leadership

	<u>No. in 1960</u>	<u>Goal for 1961</u>
<u>No. Club Officers</u>	81	78
<u>No. adult project leaders</u>	20	30
<u>No. junior project leaders</u>	4	6
<u>No. result demonstrations</u>	69	75
<u>No. training meetings by specialists</u>	-	1
<u>No. training meetings by dist. agt.</u>	-	-
<u>No. training meetings by agents</u>	15	20
<u>No. training meetings by members club demt.</u>	-	1
<u>No. training meetings by others</u>	-	-
<u>Attendance at leaders training meetings</u>	72	78
<u>No. 4-H leaders trained individually</u>	4	10
<u>No. club meetings held by ldr. without agt.</u>	20	40
<u>No. additional club meetings at which leaders assisted</u>	34	40
<u>No. demonstrations given by adult leaders</u>	30	40
<u>No. demonstrations given by junior leaders</u>	8	20

B. Strengthening Leadership

(1) Plans in IV. A, under the chart show activities connected with the Youth Committee.

(2) 4-H Project Leaders - In 1960 twenty adults were trained in Clothing Construction, the goal in 1961 is to increase this number to 30 or more. In addition these leaders will be schooled in other club activities. Training meeting in Clothing Construction, Meal Preparation, and Food Preservation will be held for these leaders.

The electric project, and the new automotive project will be given special emphasis in 1961. Arrangements have been made with a local Power company home supervisor, and a local auto firm to help with training leaders and members in these two projects.

VI. For Special Consideration

A. Plan for maintaining and strengthening goal public relations in the county with:

1. State Extension Organization - Answer requests, and correspondence promptly; consult specialists in needed fields, and report results of their suggestions; read and check changes in policies and try to conform to them; secure good publicity for State Staff members who serve the county; keep District Agent informed on schedules, activities and changes (as they occur),

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72

VI. For Special Consideration (Continued)

2. Parent Institute - Work with Home Demonstration Club members in supporting the financing of equipment for the building used by Graduate Students, who are working their way through. Help girls and boys apply for scholarships, or working scholarships to attend V.P.I. Talk with members, and individuals about different fields and the advantages of attending V.P.I. Cooperate with any effort to promote the "Continuing Education Center" at VPI.

3. Elected and Appointed Officials - The agent visits in the home, and exchanges Christmas Cards with the families of all members of the Board of Supervisors, the County Clerk, Treasurer, Revenues Officer, and Sheriff. The wife of one members of the board is a charter member of the oldest H.D. Club in the county, the brother of another member is one of the Farm and Home Development families. The agent has given individual help to the wives of most of the representatives, and all wives have been invited to regular and special Extension activities. A report is made to the Board of Supervisors each year, at which time the Home Agent requests the members to contact her upon finding people needing or desiring Extension services. This fine relationship will be continued.

A copy of the report made to the Board of Supervisors has been sent to members of the House of Representatives, and other state officials representing Prince George County.

4. Organizations - Cooperate with all civic organizations, Garden Clubs, Womens Clubs, Ruritan Clubs (4 in county), and the Hopewell Chamber of Commerce, giving moral support, and publicity to their projects. Serve on programs, train area leaders when requested, and secure speakers, or demonstrators to help on programs.

5. Businesses - Through the years commercial companies serving the county have been contacted by members and agent in connection with Extension Activities. The value of Extension work has been explained and publicized to the extent that all commercial concerns are glad to cooperate in lending materials; stocking needed materials, sponsoring the county Yearbook (printing) giving demonstrations or holding training meetings for 4-H and Home Demonstration Leaders and sponsoring or contributing to County Campaigns or meetings. The agent and members will try to keep this fine relationship.

6. Mass Media Personnel - Because of the many people working full time every type of mass media has to be employed to reach them with needed or desired information. In addition the full schedule of the largest percent of our people they have to be kept constantly reminded of activities, information etc., the Mass Media Personnel will be contacted for "all the tricks in the book" to attract and hold attention. The agent hopes to keep better informed of what is available through the mass media personnel, and pass this information to others.

7. Other Agencies - The Red Cross, Health Department, T. B. Association, P. T. A. Organisation, Welfare Department, Farmers Home Administration, and Soil Conservation workers often call upon the home agent for information or cooperation, there is a fine "give and take" attitude and the agent often asks these organizations for advice and cooperation.

8. Individuals and Families - This is the agents strong point, through the years she has felt individual help, and home visits strengthens the program, and the relationship with Extension Service more than any other one Extension Activity. More and more contacts will be made as time permits. The Farm and Home Management Families and their success are a product of individual and family contacts.

B. Agents Plan For Professional Improvement

In 1960 the agent received a scholarship and attended a six weeks in-service-training course on "Human Relationships and Human Behavior". This was an excellent course with six hours credit at George Washington University. Having been out of the county six weeks in 1960 the agent can not plan to take (or apply for) another course in 1961. However, she plans professional improvement through:

1. Reading - In addition to the bulletins and literature on all subject matter, the agent reads regularly:

- The National Home Economics Journal.
- What's New In Home Economics.
- Modern Teacher.
- Good Housekeeping.
- 3 Farm and Home Magazines.
- Chemistry in the Home.
- Extension Review.
- The American Home.

and all literature available on subjects requested by the county people. In order to be a better informed citizen the agent subscribed to and reads Time Magazine, the daily newspapers, and others. In addition she reads "The University Woman's Journal," and "Delta Kappa Gamma Bulletins" both educational. During each year the agent buys two or three books on subject matter and shares them with members.

2. State Professional Organization - The agent will attend both the Virginia Home Economics Association and the Virginia Home Demonstration Agents Association meetings held in 1961.

3. National Professional Organization - The agent plans to attend the National H. D. Agents Association in Boston, Mass. in October 1961, and to take educational tours in connection with the trip.

C. Phase of Program That Will Make The Most Significant Contribution to  
Family Living in 1961.

The Clothing Construction that will be taught to: "special interest groups" of young adults, and women; 4-H adult project leaders; the advanced construction in a tailoring school for selected number of leaders from all areas of the county; and the 4-H girls in the summer months (through all-day meetings) will reach the largest number of people than any other one subject. It will reach people of all ages, and those who have full time jobs, as well as others. Plans have been shown in II, B, page 13, and III, B, page 21, for the home demonstration members, 4-H Leaders and members. The "special interest groups" will be organized and conducted in three communities, as soon as possible, one will start January 18, another is being discussed to start in February or March. Other later.

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