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VIRGINIA

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

~~SWINCE MILLAN~~

COUNTY

1950

Agent Leona E. Barlow

Assistant Agent ~~Tom C. Cobb~~

Agent

Assistant Agent

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III. Contributions of 1950 Program to Better Family Living.

The 1950 Plan of Work, summarized the aims thus:

Food from the standpoint of better nutrition and better meal planning and meal preparation and service will be the most important subject in the Home Demonstration program. House furnishings with emphasis on planning an attractive bed room will also be an important subject. Recreation will play an important part as a Federation Goal since it is hoped that this will be an important educational program.

Meal planning and preparation, beginners sewing, personal grooming are all subjects which will be important for 4-H club projects.

The main county objective is to reach more people with the already existing program. It is expected that the 1950 program will result in more healthy homes through the use of better nutrition and by the use of more wholesome community and home recreation. It is also to teach people both old and young the need for play. They need to be taught how to play and why recreation is such an important feature in everyday living. This recreation program will reach the various communities through cooperation with other organizations such as the churches, P.T.A., and existing civic organizations. If this educational program can be successfully promoted then the influence of the extension program will be greatly increased.

Youth and Community Recreation, the County Federation Goal was by far the most important project sponsored in 1950. Its educational program was planned to benefit all persons, both young and old, who were interested in improving recreation in their communities. Over 100 people attended 8 leader training sessions which were conducted by Miss Mildred Scanlan, representative of National Recreation Association. This project was financed by the Home Demonstration Clubs with some assistance from other civic organizations in the county.

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"Women in World Friendship" was the theme of the Annual Achievement Day. This seemed to climax a series of projects in which Prince William County people have cooperated in an effort to improve world friendship and understanding. Some clubs have invited Displaced Persons families to regular club meetings. Two adult clubs entertained 5 women from Chile, India and Philippines who were in Department of Labor training program. A 4-H Club demonstration team gave a demonstration at the Department of Agriculture to 45 young Danish men, exchange students. Ten Home Demonstration Clubs have made United Nations Flags and presented them with programs to the schools in their community.

Five Women From Chile, India and Philippines To Visit Prince William County As HD Guests

Opportunity to meet and talk with women from Chile, India, and the Philippines will be offered the women of Prince William County in January, when five trainees of the Women's Bureau, United States Department of Labor, are guests of the County Home Demonstration Clubs.

The occasion is being arranged by Miss Leona M. Kline, county home demonstration agent, and Miss Mary M. Cannon, chief, U.S.D.L. International Division. Details are yet to be planned, but it is probable that the five international guests will arrive in the County January 20, to speak at a county-wide meeting and visit overnight in rural homes before returning to Washington the next day.

They will include two social workers from Chile, two lawyers from the Philippines, and an industrial social worker from India.

Each of them has been in the United States for several months

studying aspects of the employment of women in this country through a training course in the Department of Labor, Women's Bureau, which is part of the United States Government's program of cooperation with other countries.

The guests will be Miss Maria Luisa Chabrat, industrial social worker in a silk mill in Valparaiso, Chile; Miss Otilda Bora Bravo, social worker in the RCA-Victor plant, Santiago, Chile; and Miss Felina Reyes, member of the Philippine bar, who has worked in the Philippine Department of Labor for four years and is at present Labor Inspector. Mrs. Fernanda Salcedo Balboa, member of the Philippine bar, assistant professor of Spanish at the Far Eastern University, Manila, secretary of the League of Women Voters, and executive secretary and chairman of the committee on laws and legislation of the Philippine Association of University Women; and Mrs. Sanu

Sudha Ray, labor officer with the Indian Jute Mills Association in Calcutta.

Object: Understanding

Their visit to the County is another effort of the County home demonstration clubs to work toward understanding the people of other lands, one of the important goals for every year.

In 1950 the clubs organized Thanksgiving dinners in rural homes of the county of about 25 delegates to the Food and Agriculture Organization of the United Nations.

The club members have worked cooperatively with workers of other clubs and a federation club aim to 1950 to become acquainted with their kinsmen from Europe who have come to live in the area.

Miss Kline had said that club members who would like to entertain one of the five visitors in January should notify her office as soon as possible.

Foreign Students Visit County

Home Improvement, with emphasis on the attractive bedroom was important this year. Furniture upholstery, furniture refinishing and seat weaving and steel making have been important projects, also.

"Women in World Friendship" was the theme of the annual Achievement Day. This seemed to climax a series of projects in which Prince William County people have cooperated in an effort to improve world friendship and understanding. Some clubs have invited distinguished persons familiar to regular club meetings. The adult clubs entertained 3 women from Chile, India and Philippines who were in Department of Labor training program. A 4-H Club demonstration team gave demonstration at the Department of Agriculture for 42 young Danish men. Exchange students. Ten Home Demonstration Clubs have made United Nations flags and presented them with programs to the schools in their community.

can be purchased on a lay-away basis or
 ment plan. What's more . . . our modern
 repair shop and expert servicemen are here
 television set we sell. Come in today and
 have to offer you in television this Christ

HIBBIES, I

"The House of Electrical Gifts"
 PHONE 172 MAIN ST.

Foreign Students Visit County
 these improvements, with emphasis on the electric bed - was important
 this year. Furniture upholstery, furniture refinishing and new weaving and
 also making have been important projects, also.

As stated in the 1950 plan of work, foods were a major subject in this year's program. Better nutrition, better meal planning, and variety in foods, along with proper service of foods were topics which aided in Better Family Living.

Many children in 4-H Clubs learned to make their first garment, which was a dress or play suit. Through continued encouragement, these beginners may develop and accept their full responsibility in their Family program.

IV. A. Project work. - Adult Work

1. Meal planning and Food Preparation.

Four months this year were spent on foods. The subjects follow:

1. Better health through better nutrition.
2. Variety through meal planning.
3. Simple luncheon with proper service.
4. One dish meal supper with proper service.

The 15 organized Home Demonstration Clubs devoted 1 meeting to each of the above topics. Each club had 2 Food Leaders who assisted with the demonstration. The Food and Nutrition Specialist from the State Extension Service came in March and trained leaders for the first two demonstrations which were given in May and June. Nine clubs were represented at this meeting and were completely responsible for giving one of the demonstrations at their own club. The R.E.A. Home Advisor also attended this training meeting. The agent trained 6 leaders individually who gave the demonstration at 6 meetings in June.

September and October demonstrations were devoted to the two latter topics. The same procedure for training the food leaders was followed. On September 11, 23 leaders from 12 Home Demonstration Clubs were trained and again were responsible for giving at least 1 of the demonstrations. The agent assisted in making available materials for distributions for all of these demonstrations and assisted the leaders where necessary in adapting the demonstration to the

needs of their group. Four leaders were trained individually since they did not get to the training meeting.

These food demonstrations were well attended. Leaders in 1 club worked up and presented each club member with a Club Recipe book. One favorite recipe from each club member had been collected and the booklet compiled. At least 36 Virginia Federation of Home Demonstration Club Recipe Books have been purchased in this county.

2. The Attractive Bedroom.

Two demonstrations were planned to help improve the bedroom. This was planned as a follow up of the study in 1949 of the living room. Background information for the attractive bedroom and re-arrangement of the bedroom were studied. 22 people representing 11 clubs attended the leader training meeting which was conducted by the House Furnishing Specialist. In the clubs, leaders planned a bedroom color scheme and recommended plans for decorating. These rooms were then used for result demonstrations, showing color, curtains, bed spread, dust ruffle, drapes, rugs, etc.

The leader training had been held in a home where definite suggestions were made to improve colors and especially arrangement of furniture. This furniture arrangement demonstration was much more useful from a time and energy viewpoint. It was pretty generally concluded that the bedrooms contain left over furniture from the living and dining room areas. This being the case, the necessity for better bedroom planning was readily accepted.

IV. 3. Gardening

The Garden Specialist held a county wide one day meeting in May. He gave information on disease and insect control and plans for fall planting. Some of the women present acted as leaders and carried the garden information to their respective clubs.

4. Furniture Clinics

Special interest groups were held throughout the county on furniture refinishing, upholstering and seat covering. During March, April, May and June, 8 furniture clinics were held. These 8 clinics were so planned as to meet the needs of individuals in the 35 clubs and others in the community who were interested in the project. In February the Agent took leaders to a district furniture clinic to get the latest information the House Furniture Specialist had to offer on the subject. These leaders assisted with two of the furniture clinics and have given such individual assistance to members and others who are interested in refinishing furniture. Of 60 people reporting this year 52 pieces of furniture were refinished and 41 pieces were repaired and re-seated. These furniture clinics were all day meetings and sometimes two days. Some were able to completely refinish a piece if it were small while others would bring a section and leave the refinishing process on that day and complete the work at home.

Six furniture upholstery clinics were held in this county during the winter months. Various phases of the upholstering were taught to meet the needs of the individual. Tying springs and cushions, tying springs in chairs and sofas repairing furniture where needed, padding and finally covering with some upholstery material. Mrs. John Barrett, a member of the Sudley Road Club did the complete process on her sofa stuffed sofa and one chair. Color scheme for the room was selected and plastic upholstery material was used to cover these two pieces and 4 other occasional chairs. Strong durable material was selected for this recreation and television room. Mrs. Paul Grvin in the Newville community a non-club member did a similar piece of work with her living room furniture.

One unorganized group has met twice in October and November and upholstering has been the demonstration for both of these meetings. At the

first meeting, with 6 ladies present, they learned to tie springs. At the second meeting with 10 ladies present, they repaired and glued the chair and completed by putting on upholstery fabric. It is hoped that as a result of these meetings that a club will be formed at at their December meeting.

Another unorganized group of 8 women was met by assistant agent who taught them how to tie springs in a chair. This is a topic which is always interesting and useful to both club members and non-club members.

Seven clubs had as their hand craft meeting steel making and re-betting chairs. More than three dozen steels of various sizes were made at these meetings. Paper splits, wood splits, round fiber and canvas were all taught in these one day meetings. Mrs. E. E. Blough of the Clinch Branch Club, a woman 74 years of age learned to cane a small chair at the club meeting. Immediately following this meeting she canded the seat and back of a rocker, an old family piece.

IV. A. 5 Better Use of Electricity in Good Lighting

The interest in improved lighting started in the 1949 program. The women learned to improve lighting facilities they already had and learned how to make a wooden good reading lamp for approximately \$4.00. At least 6 dozen of these lamps (wooden base with a good shade, diffusing bulb) were made in this county. They studied how to judge good lamps, qualities of a certified lamp and what features to look for in buying good lamps. The Home Economist with REA assisted at several group meetings in giving this demonstration. Through the REA program about 12 certified table and floor lamps were purchased at a minimum cost.

IV. A. 6 Housing Storage

Interest in housing is increasing each year. The Specialist from State Extension Service, Blacksburg spent two days in this county. The first day about 20 people attended a meeting on a study of general storage facilities. Individual visits to farm families were made. In both these places were

developed for improving the kitchen, bath room and laundry as well as other storage spaces. Both of these homes are working on their project which will be used as result demonstrations. Four other homes were visited where smaller requests were made. Interest in the work which these people are doing has encouraged others to consider basic plans before moving quickly to develop perhaps one area with no thought about a final plan. This project will continue to spread its influence and more requests are coming to the home agent for assistance in 1951.

IV. A. 7 Other

A farm planning specialist came to this county to meet an individual request on farm planning. The day was spent in deciding where to place a new barn which will be built, chicken buildings, shed and etc. All this was planned in relationship to developing a nice looking and useful farm. Present drive way, cost of drive way and hay were considered in working out these plans.

One house wife, Mrs. Mildred Nais from Knoxville decided at the beginning of 1950 that she wanted to keep records of her home expenses. In spite of illness, three young children to care for and a busy farm wife she has completed her record for this year. This record has been used as a result demonstration and 25 people have advised the agent that they want to keep home records in 1951.

Fabric painting has been one of the crafts in which clubs have shown a lot of interest. They have learned to decorate towels, pillow cases, dresser scarfs and many other useful articles.

Making trays from aluminum and copper (round and rectangular) disks has also been quite a popular hand craft. Women have learned to make many useful articles for their homes and gifts.

IV. B. Other Activities

1. Federation Goal-Youth and Community Recreation

The County recreation chairman and 15 Home Demonstration club recreation chairmen met at the beginning of the year and mapped out plans for the Federation Goal. The biggest goal planned was a series of Recreation Training meetings which were to be conducted by Miss Mildred Scanlon a member of the National Recreation Association. These sessions were held in various sections of the county, were widely publicized and were made available to everyone, both youth and adults who were interested in directing recreation in their communities. Over 300 people attended these sessions, some members traveling over 100 miles to attend one session. Except for some assistance from other civic organizations amounting to about 30 dollars the Home Demonstration Clubs financed this project the total cost of which was \$120.00. This was certainly worth while project because existing recreation associations were strengthened and in communities in which there was no recreation association, parents began to see the need for some recreation for their youth. In May, Miss Maria Peerce, District Representative from the National Recreation Association met with the Manassas Recreation Association and assisted them in developing plans for a summer recreation plan. She gave suggestions to the Quantico Recreation Association as to how they should develop their recreation field to meet the needs of all age groups. Every club held one meeting during the year dealing with some phase of the recreation program. Some groups had small money making functions at their meeting.



Miss Scanlon Teaches Folk Games

Recreation Courses In County Well Attended

Several hundred people in the county took advantage of the instruction given last week by Miss Mildred Scanlon of the National Recreation Association. Sessions were held in Manassas, Dumfries, Quantico, Ocoquan and Woodbridge.

The training school, sponsored by the Home Demonstration Clubs of the county, was well attended by representative groups. Many ministers were present, and church organizations sent their leaders. One group of teen-agers from Nokesville attended the four sessions. Members of the Home Demonstration Clubs joined in the games and dances and had a good

time. Included in the sessions were instructions in program and party planning, leadership methods and participation in such activities as get-acquainted games, ice-breakers, musical games, relays, quiet and active games for children and adults, dramatics for children and square dances.

Miss Leona Kline, County Home Demonstration Agent, has promised to mimeograph the instructions for the games and dances used, and send them to all participants in the school. Parties in Prince William should be more fun as a result of last week's effort.

Home Demonstration Club Project

All members were presented with an outline showing the value of recreation in every persons life. It was surprising how many people felt that they did not have time for recreation, did not have time to relax and laugh with their neighbors. The importance of home recreation was stressed and enlarged upon. Some clubs devote their Christmas meeting to recreation every year but all clubs enjoyed at least one meeting on fun.

IV. B. 2 Achievement Day.

"Women in World Friendship" was the theme of the 16 Prince William County Home Demonstration Clubs Achievement Day which was held at Dumfries Methodist Church on Thursday, October 26. The first United Nations Flag to be completed in this county was displayed at this meeting. Along with the Dumfries club who made the first flag are 9 other clubs making flags. Hokeville club reported on the program which they planned and gave in cooperation with the school children when they presented their United Nations Flag to the school.

Each club president served on a panel with the Home Demonstration Agent to present the 1950 accomplishments. She conferred with the Presidents on their outstanding achievements and conducted the panel in such a way to give each president a chance to tell about one or more of their outstanding achievements.

The adult achievement day proved to be most successful. It was an all day meeting, the morning session being devoted to reports and a talk while the afternoon session was spent in entertainment. Over 125 people attended this meeting even though it was at Dumfries, 20 miles from the county seat. This was the largest Achievement Day this county agent has participated in. An ex Home Demonstration Agent, Mrs. Ernest Keizer from Woodstock, Virginia has just returned from her trip to Copenhagen, Denmark where she attended the Associated Country Women of the World Convention. Her talk highlighted the Achievement program. She told somewhat in detail the function and

purposes of organization to which the clubs belong over the world. She related her most interesting experiences about visiting in a Danish home.

Mrs. Paul Cooksey, an ex district president wrote a parody to tune of America which aptly fit the occasion.

All Friendly Women We
Tune of "America"

All friendly women we,
Gathered in Unity,
With one accord.
To celebrate the day
United Nations way
And learn to work and play
For our dear Lord.

We've worked for many days
For better quicker ways
To run our homes
Our Children happier grow
Our husbands always know
We do our tasks, and go
To play some games.

We want to welcome too,
Our newest members who,
Our program share.
Be friendly one and all,
And heed your neighbors call,
To love folks large and small,
This is our Prayer.

IV. B. 3 Miscellaneous Activities.

In May a group of 12 leaders in the Buckhall community met at the Buckhall United Brethren Church and discussed their needs and desirability of organizing. They organized and planned to spend the next two meetings upholstering some furniture for the church. They have met regularly throughout the year.

Sixty delegates from this county attended the district Federation of Home Demonstration Clubs meeting at Fairfax High School on May 2. All clubs belong to the Federation. This was the observance of National Home Demonstration week. Woodbridge Home Demonstration Club took their annual tour to Richmond on May 18. They were joined by members of three other clubs from this county and two clubs in Stafford County. They visited the Terro Exhibition of Home in Miniature at the Museum of Fine Arts.

The Chairman of the county committee, Federation Council chairman, and 5 other persons attended the Institute of Rural Affairs at Blacksburg from August 1 to August 5.

For the third year, the Home Demonstration Committee has printed a year book which has been a big help to the program.

The problem of trash disposal has been attacked by Home Demonstration Clubs for several years. The problem has continued to be put before the County Board of Supervisors and since a state law was passed, some action has been taken.

An Editorial:

Organizations Should Move On Trash Dumps

The problem of trash dumping in Prince William County is getting pretty serious. In fact, the situation has become intolerable and something has got to be done.

The next meeting of the Board of Supervisors will be on Thursday, June 8. Let's try to have the sentiments and wishes of the county well enough organized and expressed by that time to enable the Board to take some definite action.

How to do that? Individuals, of course, can write to their Supervisors or come to the June meeting of the Board and express themselves. We hope that many will do so. A better way, however, will be for every club or civic organization in the county to discuss the matter at its next meeting and

give the Supervisors the benefit of their conclusions in the form of a resolution.

The Manassas Woman's Club, the Home-inger Society, the Home Demonstration Clubs and the Prince William County Chamber of Commerce are among those which have already acted. Let's all get into this thing.

Maybe out of the Club discussions will come some helpful suggestions as to how the Board of Supervisors should go about relieving the situation. **OBVIOUSLY THE SITUATION CAN BE RELIEVED AND IT MUST BE RELIEVED SOON.**

The mess along our roadside is an eyesore and a nuisance. Action should be taken NOW.

Home Demonstration Clubs Interest in Trash Disposal

V. A. Project Work. - 4-H

I. Clothing

Clothing Unit I, "Looking Your Best", Clothing Unit II, "So You Want to Sew", and Unit III, "Make or Re-Make" have all been carried as projects this year. "Look your Best", and "So you Want to Sew", projects were both carried during the winter months in school. Clothing Unit III, "Make or Re-Make" was most successful in this county. As noted in the reports most all 4-H girls are 10, 11, 12 years of age. The club members met every week for about 4 to 6 weeks to work on their garments. This was the first article for most of the children and learning to use a pattern was a new experience. This concentrated summer program could not have been carried out without the use of 4-H leaders. They gave their time, assisted with program leadership and taught the children how to make their first garments which were play suits, shorts and simple dresses. Out of 196 girls starting this project 133 completed 257 garments were made and 26 garments remodeled.

A. 2. Food Preparation

Food preparation project was carried by two groups during the winter months. One met in school and used the cafeteria while the other group met on Saturdays and had more time for their project work. The group which met in the school during the winter carried their food work over into their out of school meetings. Even though they changed to the sewing project they brought muffins, cookies, cakes etc. to the regular club meetings and learned to judge them.

A. 3 - Housekeeping

Another project which was successfully carried out at school was the House Keeping project. The first year 4-H girls carried this project. Subjects which were most interesting to them were setting the table, table manners, how to make a bed and arrangement of a bedroom. 26 girls took this project and 20 completed.

V. A 4. Electricity

One group of girls in 6th. and 7th. grade club carried the first year electrification project. This project was interesting to them but required too much material to successfully complete at school.

V. A 5. Yard Improvement

Some girls chose yard improvement as a special project which they wanted to carry during the summer months. Due to a lack of time and a lack of leadership this project did not prove too successful. However 10 members completed the project.

V. A 6. Room Improvement

A few other girls who were interested in room redecorating chose the room improvement project. They chose their color scheme, counsiled with their mothers and decided what improvement they could make the first year. Thus these girls who worked on their rooms learned something about the value of money, how color schemes cannot be completely changed at once and how important it is to tie in the old with the new.

V. B. Camp Activities

I. Camp

Twenty-four girls and 11 boys with one leader, assistant county agent, home agent and assistant home agent attended the Powell's Fort Camp with 4-H children from Loudoun and Rappahannock counties. One-hundred-forty-two boys and girls, plus leaders attended the camp. We were fortunate in having a representative from the department of Interior to assist with the nature study program. He held a contest to see which member or tribe could collect the most species of wild plant life, which he identified for them. They went on several bird hikes and movies of some bird reservations were shown. The camp was successful from this standpoint alone. However other classes in swimming and crafts were held and the program was generally successful.

V. B. 2. Achievement Day

The 4-H Achievement day was held on November 13 with 125 members and leaders present. This was an afternoon program composed of some business and some recreation. The Home Agent conducted a panel with the presidents and members of the 4-H clubs. Reports were given by members telling of their outstanding achievements such as attending camp, 4-H short course, fairs, etc. Medals were awarded those who did the best work in projects during the year, after which the group enjoyed games and refreshments.

Achievement Day Scheduled by County 4-H Clubs

4-H Club members from the entire county will come together for their annual achievement day November 13, at 1 p.m. at the Osbourne High School.

The affair will be held shortly after the close of National 4-H Club Achievement Week, ending November 12. A program to include a well-known speaker is being arranged, while several awards will be presented to members who have done outstanding work during the year.

Refreshments will be served to the 4-H members at the conclusion of the program.

4-H Achievement Day

A leader training meeting for 4-H leaders had been held about two weeks previous to this date at which time leaders volunteered to assist with games, refreshments etc. at the program. The Home Demonstration county committee shared half expenses and furnished cider and cookies to this group of youngsters. The leader training meeting which was previously mentioned was conducted for the benefit of volunteer leaders. Two members from the 4-H department State Extension Service were present with the Home Agent, Assistant Home Agent and Assistant County Agent.

The responsibilities of 4-H club leaders to their clubs and what they could do to further 4-H club work were discussed. It was decided at this meeting that the beginning of 1951 a county council would be started. It is hoped that this

will encourage 4-H clubs and leaders to increase their activities. It was decided that as soon as possible project work will be taken out of the regular meetings and carried by project leaders.

V. B. Other Activities

4-H clubs throughout the county made scrap books of Christmas cards. Members of the Yorkshire club assisted in taking the 28 scrap books to the hospital. Another club gave a nice box of canned goods and fruit for a sick person in their community.

Recreation is an important feature of 4-H club program. Yorkshire gave a community Valentine party with an attendance of 24 girls. The Manassas club had a cookie and doughnut sale for a money making project. Food sales have also been held. Several groups enjoyed hayrides and wiener roasts.

One club which had been in existence last year met in the school but this year could not meet in the school. In November they had one meeting with 33 present for a picnic and a week later met with 28 present to organize.

VI. Older Youth

The agent has covered the older youth work in this county. One Home Demonstration club is a young married group. Assistance was given the Veterans group while working on the Fair Project.

A demonstration was given to the Jr. Womens Club of Manassas.

Help has been given to young homemakers individually. Also recreation activities for young people in church have been conducted by the Home Agent.

VII. Scope of Work

Number Home Demonstration Clubs	1948	1949	1950
Membership	329	350	400
No. 4-H Clubs	21	20	11
Membership	222	209	223
Number Older Youth Groups			1
Membership			22
Number of other families reached	1100	1125	1320
Total number families reached	1500	1528	1750

VIII. Organizations which function in 1950 program

1. County Home Demonstration Committee.

This committee is composed of county officers, President, Vice President, Secretary, Treasurer, Federation Goal Chairman, presidents and program development chairman of each of the 16 Home Demonstration Clubs. Executive board meetings precede the two regular meetings.

The spring meeting was held in May to take care of routine business and checking on progress of Federation Goal and plans for the summer and fall, selection of delegates to State Federation meeting, 4-H girls to State Short Course, assistance with 4-H work in summer camps.

The 1950 program was planned in fall of 1949 with assistance of the assistant State Director. Federation Goal of Youth and Community Recreation was selected. It appeared that this goal would be one that would benefit the whole county. Certain aims were set up at this meeting as suggestions which the Federation Goal County and club chairman might follow.

The most important function at the Fall Planning Meeting is the program which is planned for the following year. Club Presidents present their club requests which are tabulated and discussed. With the assistance of the Assistant State Director and county Home Agent, a program for the year is developed. And county goals for 1949 are studied by a committee and tentative goals for 1950 were presented to the group. After revisions, the county club goals were approved.

IX. Activities of Leaders

Each adult club has subject matter leaders, program development leaders, and Federation Goal leaders. Club officers are also leaders in their organization.

One of the county adult goals was to be responsible for at least 4 meetings without assistance of the agent. All of the clubs which were organized before 1949 met this goal. Letters were sent to the presidents of the clubs periodically reminding them of certain matters of local law, etc. which need to be brought to the attention of their clubs.

Foods and House Furnishings Leaders attended the Leader Training Meetings in their respective subjects. At this time they decided which demonstration of the two given they would be responsible for. Some clubs were responsible for more than 4 meetings when they could do so to give the agent more time for new groups, 4-H work and other requests.

4-H Leadership is increasing. More people are volunteering to assist with the work and the already existing volunteers are learning to do better work with their groups. Subject matter leader training meetings were held which helped them with the projects.

In November a leader training meeting for both men and women was held with 2 members from the state 4-H club Department assisting. This meeting was most important since the boys and girls clubs are being organized together for 1951 program. Leaders appreciated this assistance and decided to hold another meeting in early spring. At this meeting it was also decided to start a County 4-H Club Council.

Growth of Home Demonstration Club Project Leadership	1948	1949	1950
No. Project leaders and goal chairmen	117	124	185
No. Training meetings held by Specialist	7	4	10
by Agent	3	8	20
Attendance at all training meetings	117	122	239
No. Club meetings held by leaders without agent present	39	45	57
Growth of 4-H Club Project Leadership	1948	1949	1950
No. adult project leaders	16	16	30
No. Junior project leaders		3	3
No. training meetings held by Specialist	1	1	2
by Agent	4	4	11
Attendance at leader training meetings	19	10	121
No. 4-H leaders trained individually	4	5	16
No. club meetings held by leaders without agent present	13	21	32
No. Club meetings at which leaders assisted	28	25	27

No. demonstrations given By Leaders	32	48	83
By adult	32	43	72
By Junior		5	11

X. Cooperation with other agencies.

1. U.S.D.A. The Home Demonstration Agent attended all meetings of U.S.D.A. Council. The organization was reorganized in November.

2. Rural Life Institute for ministers and professional workers was held in December. The Extension Sociologist conducted this meeting. A committee was appointed to plan for a future meeting.

3. The Home Demonstration Agent has worked with Recreation associations, P.T.A. Woman's Clubs and county schools and church groups.

Recreation, The Federation Goal has attracted much attention to Home Demonstration activities and the Home Demonstration Agent has been requested to assist with various recreation programs. She is also in charge of a handicraft program, sponsored by the local Massasa Recreation Association. She has taught handicrafts to school children other than 4-H groups.

4. The first Prince William County Fair sponsored by the Veterans Club, was held here in August. The agent and assistant agent assisted with the homemakers part of the exhibits. This attempt was not too successful but will work for a better one next year. Many Club women assisted with the entries, judging, etc. and many more have expressed their interest and willingness to assist next year.

XI. Significance of year's work:

The agent found, even with help of an assistant agent in training for 6 months that it has been most difficult to meet all groups and individual requests. She has found that the extension program has continued to reach out to new groups. The groups not organized have held meetings and another suggestion has been made that interest is growing in another community. Club membership has grown from 15 to 16 clubs and membership from 300 to 400 members.

The Federation Goal on Recreation has been most successful and reached out to many more than the extension groups. The training given by the leader from

National Recreation Association was well worth the \$120. it cost to sponsor her. A sample of seventy four reports showed the following:

Number of handicraft articles made	170
Number of bedrooms redecorated	43
Number pieces of furniture refinished	52
Number improvements in storage closets	34
Pieces repaired and reupholstered (furniture)	41
Improvements in good lighting	45
Different one dish meals served	212
Times luncheon served with proper service	652
Number of cleaned sewing machines	19
Quarts vegetables canned	4315
Quarts of fruit canned	2439
Meats canned	1338
Quarts of vegetables frozen	1908
Quarts of fruit frozen	735
Number of parties given	127
Number of small groups for fun	101

Other accomplishments included making recreation room in basement, yard improvement, redecorating, home remodeling, purchased new electrical equipment, used new recipes, improved home management by careful planning and sewing for the home and family.

This represents the work of less than 20% club members in the county.

As new leaders are chosen each year for club work, more people are continually being trained to be better members and leaders in the community.

The serving of boys and girls 4-H Club organizations is most important to the 4-H club program in this county. Leaders will work together to encourage the groups in their communities. This is already showing an increased interest in boys and girls clubs. The groups meeting outside of school are growing and interest is increasing in community work other than project work. The agent believes that the 4-H club members will stay in the program longer by being able to work and play together.

A program evolved in subject matter, recreation, handicrafts, etc. has certainly increased the interest of adult older youth and 4-H club members. They have certainly benefited by the many activities which will help them to be better homemakers through using improved practices, better methods of home management, better use of leisure time and learning to participate in recreational activities, how to work and play together. All families benefited are better equipped to accept their responsibilities in their country and our world.