

VIRGINIA POLYTECHNIC INSTITUTE AND STATE UNIVERSITY
Informed Verbal Consent

Title of Project: The Effect of Mung Bean on Dietary Diversity of Women and Children in Senegal

Investigators: Dr. Ozzie Abaye, Taylor Vashro, Matt Hulver, Fatou Gueye, and Madlyn Frisard

The purpose of this study is to assess the impact of mung bean consumption on dietary diversity for women and children in Senegal.

- In agreeing to participate, you will be asked to complete a questionnaire on what you and your child eat and how often, what you believe about food, and any plants or crops you currently grow. It will take about 30-40 minutes to complete the questionnaire.
- You may also be asked to participate in a focus group to discuss your personal views on nutrition and food. All information discussed in this group will be kept confidential as your names will not be associated with any information taken from this discussion. An audio recorder will be used to record the responses of the group and the answers will later be transcribed from verbal to written data. The focus group will last approximately 45-60 minutes but you are allowed to stop participating at any time. We will ask a question and allow each individual to answer. If you do not feel comfortable answering a question you are not required to answer any questions.

This research has minimal risks to participants.

There is no direct benefit or promise of benefit to participants in the study. The research will help in the development of programs and resources to address food access in Senegal. The research will also be published for public reading in efforts to progress the field of international research and development.

To help maintain confidentiality your name will be assigned a code when any data is transcribed and coded. We will carefully maintain procedures to protect confidentiality. At no time, will the researcher release any identify information to anyone other than individuals working on the project.

Note: In some situations, it may be necessary for an investigator to break confidentiality. If a researcher has reason to suspect that a child is abused or neglected, or that a person poses a threat of harm to others or him/herself, the researcher is required by Virginia State law to notify the appropriate authorities.

There is no compensation for this study.

You are free to withdraw from the study at any time.

Please answer the following question with a YES or NO.

I have understood this information. I have had all my questions answered. I agree to participate.

If YES: Great. Let's begin if this is still a good time for you.

If NO: Okay, that's fine. Thank you for your time today and have wonderful week. Thank you so much.