

PLAN OF WORK

YEAR OF 1964

City of Chesapeake

Alma E. Elliott  
Local Home Agent

A MAJOR EMPHASIS - EDUCATIONAL PLAN

PROJECT AREA: Extension Home Economics

PHASE: Foods and Nutrition, Year - 1964

The Situation:

Homemakers were faced with the problem of being employed outside of the home daily, and the responsibility of preparing nutritious meals for their families.

The Specific Problem:

The homemakers desired more training in planning and preparing nutritious meals for their families.

The Program Objective:

To teach meal planning and preparation to homemakers so they might develop more knowledge and skills in planning and preparing variety meals that are attractive and nutritious.

<u>TEACHING OBJECTIVES</u>	<u>SOURCE OF ASSISTANCE</u>	<u>METHODS</u>	<u>WHEN</u>	<u>BY WHOM</u>
1. To help homemakers improve their knowledge and skill in planning meals.	G-13 Food for Families	Leader-Training Meeting	January	Agent- Leader
2. To teach homemakers variety in meal planning.	MF-351 Essentials of an Adequate Diet	Demonstrations	March	Leaders
		Lectures	May	Agent
3. To help develop among homemakers an appreciation for planning a and preparing meals in advance.	MF-400 Check Sheet for Nutritious Meal Planning		July	
			August	
			October	
	Leaflet No. 424 Food For Fitness		November	

EVALUATION:

A survey will be used periodically to determine the results and adopted practices of homemakers in planning and preparing nutritious meals.

A MAJOR EMPHASIS - EDUCATIONAL PLAN

PROJECT AREA: Extension Home Economics

PHASE: Clothing, Year - 1964

The Situation:

Because of the continued demand from homemakers for training in clothing construction, special workshops will be conducted periodically to teach the fundamentals of garment construction. In order to effectively supply the necessary information and training needed the Agent will conduct a beginners and an advanced course in garment construction.

The Specific Problem:

Homemakers are desirous of more training in Clothing Construction.

The Program Objective:

To help develop greater skills among homemakers in garment construction.

TEACHING OBJECTIVES	SOURCE OF SUBJECT MATTER	METHODS	WHEN	BY WHOM
1. To teach homemakers the fundamentals of garment construction.	Extension Bulletins	Leader-Training Meeting	January	Agent-Leaders
	Charts	Demonstrations	February	
2. To provide homemakers with illustrative information which will be helpful in garment construction.	Pattern Companies	Lectures	March	Agent-Leaders
	Films	Individual Assistance	September	
3. To help homemakers develop greater skills and make application of same in garment construction.			October	
			November	

EVALUATION:

A survey will be made at the beginning and at the end of each course to determine the present and acquired knowledge and skill of each homemaker.

A MAJOR EMPHASIS - ORGANIZATIONAL PLAN

CONFIDENTIAL

PROJECT AREA: 4-H And Adult Extension Youth Program

PHASE: 4-H And Adult Leaders Association, Fiscal Year - 1964

The Situation:

The 4-H Leaders Association has not been too active. It is believed that this organization should be reorganized in 1964 in order for some of the proposed objectives to be accomplished. This organization will also help unify the 4-H program in the area and strengthen the leadership program.

The Specific Problem:

An active 4-H Leaders Association is needed to help unify and strengthen the 4-H program.

The Program Objective:

To reorganize the 4-H and Adult Leaders Association in order to help improve the quality of 4-H programs through organized planning and instructions.

ORGANIZATIONAL OBJECTIVES	SOURCE OF ASSISTANCE	METHODS	WHEN	BY WHOM
1. To help 4-H and Adult Leaders become more active in the 4-H program through a functional Leaders Association.	Leaders Handbook - 270	Discussions	February	Agent-Leaders
	Selected Headings on Effective Extension Work in 4-H Club Work	Individual Contacts	March	
2. To help Leaders develop a greater knowledge of 4-H Club work in the 4-H Leaders Association.	"Principles in the development of 4-H Work"	Organizational Meeting	June	Agent-Leaders
		September		
3. To provide leaders with information concerning the responsibilities of association and assist them in planning and execution of same.			November	

OTHER FIELDS OF WORK

Adult (Special Interest)

1. Credit, How to Make The Best of Them
2. Garment Construction
3. Safe Deposit Boxes Loans, Savings, Checking Accounts

RESULT DEMONSTRATIONS TO BE STARTED THIS YEAR

1. Sewing Centers in the Home

4-H Club

1. Home Improvement
2. So You'd Like To Sew
3. Make or Remake your Clothing
4. Today's Girl (Unit I)
5. Electricity