

D. Many Activities Connected With The New School - This has been discussed in the "County Situation" given at the beginning of the plan. It is a real problem. Even though the Agent clears all dates with the school well in advance, it is impossible to keep them that way because of the everchanging activities. Cooperation on the part of many people is required. The school is a big asset to Prince George County, and all clubs, adult and 4-H, realizing this, have and will continue to try to cooperate.

E. Some People Called Upon For Everything - Prince George is a small county, very highly organized, with a desire to take advantage of progressive things. Therefore, the people who will lead, who have transportation, are called upon for everything and find it almost impossible to cooperate, or "spread themselves thin enough". The Agent will try to help these people plan so that they may get into their schedule the vital activities (as they decide which are vital).

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XI. Cooperative Plans By Extension Agents Toward Unified County Extension Program

The County Agents have cooperated for many years in having the 4-H Council meetings, 4-H Rally Days and 4-H Achievement Program. In 1955 the Farm and Home Development Families were selected by the Executive Boards of the County Agricultural Board and the County H. D. C. Committee. The Executive Boards had a joint meeting to make the selections. No other joint planning has been done for 1958. The County H. D. Agent will be glad to help organize and over all committee or to work toward a unified county Extension Program. The H. D. Committee is ready to work toward a unified Extension program in the county, or to help unify any phase of the program.

The County H. D. Agent, and the Local H. D. Agent exchange materials and ideas each month, and cooperate in thinking through and discussing county plans etc. The Local Agent is an excellent Extension worker, and Prince George is fortunate in that she has been in the county for some time and plans to stay. Last year the white and negro 4-H Councils cooperated in planning for Rural Life Sunday. All 4-H members attended their own churches and had 4-H work recognized in each church in the county.

The Home Agent realizes the value of an over-all Board and unified planning, and will stand ready to cooperate in any work to that end in 1958.

XII. Problems In Carrying Out Extension Programs In The County

A. Lack of 4-H Adult Project Leaders - Progress was made in 1957 on this problem, the Agent has given plans for securing more in 1958. If the goals set for securing these leaders can be kept, one big problem will be solved.

B. One Family Car for Work Away from Home and For Family Use - Most family cars are used to take some member of the family to work at Ft. Lee, or in a plant, or Federal Prison etc., Therefore, a large number of H. D. members can not serve as leaders, because they can not get to the leader's training meetings. They can not serve as Presidents because they can not get to the County Committee meetings. The Program Development Chairman and the Federation Goal Chairman has the same problem. The Agent has tried and continues to try to get the clubs to assume responsibility for the transportation of officers. The bus system is not always adequate. Example: there is no bus or public transportation of any kind to or through the County Seat, Prince George, only buses to Hopewell and Petersburg on routes 10, 460, 36, and 301.

C. Shift Work of Member's Relatives - Sleeping different hours, eating different hours because of change of shifts, means a changing schedule for the homemaker, also means groups of people can not meet in homes where people who have worked night shifts are trying to sleep. Often this prevents a member who would be a real help in carrying out the program from attending regularly, or having meetings in her home. Yes, farm people, but more than 90 percent of the families have members working in plants. Plan to help these members as much as possible and be glad when they can do something in cooperation with the club work. Radio, newspapers, and individual visits will play a large part in reaching people.

2. Refresher Course - The Agent attended in '46, '49, and '53. The 1953 course was at the University of Arkansas. Should a refresher course be given at V. P. I. in 1958 or 1959 the Agent will be glad to attend. All refresher courses help Agents to do better work.

B. Professional Reading - The Agent reads extensively to prepare for demonstrations, as well as to keep "abreast of the times" in all home economic subjects. In addition to the bulletins and literature on all subject matter, demonstrations, etc. the agent reads regularly: The National Home Economics Journal, Whats New In Home Economics, Good Housekeeping, American Home, McCall's, Three other farm and home magazines and news articles on home economic, science, textiles, "Chemistry In The Home" and Agriculture. In order to be a better citizen and keep up with world events the Agent reads regularly: The U. S. News, and World Report, the Time Magazine, and daily local papers. In addition she reads "The University Women's Journal" and the "Delta Kappa Gamma Bulletin" both educational.

C. Membership In Professional Organizations -

State and National member of County Home Demonstration Agent's Association.
State and National member of the Home Economics Association
State and National member of the American Association of University Women
State and National member of the Epsilon Sigma Phi
State and National member of the Delta Kappa Gamma (Educational Fraternity)
County Professional Workers Council
County Teacher's Association

D. Participation In Programs and Workshops Planned by Other Organizations

The Agent will take part in a Delta Kappa Gamma program to interest high schools girls in higher education. She will give several programs to the I.E.M. wives at Fort Lee, and will help the Homemaker Section of the Woman's Club with a program. If workshops or educational programs are planned for the area, that will be useful in club work, the Agent will consider taking part. Each year she sings in the Messiah given in Petersburg, and belongs to the Petersburg Music Club, also attends musical programs at the Mosque in Richmond. Music is "Art In Daily Living" the subject selected from the Virginia Federation of H. D. C. Program of Work for 1958 emphasized by Prince George Clubs. The Agent is particularly interested in a Song Leadership Course or a Re-Upholstering School or Clinic.

E. Planned Educational Trips - For the past three years Prince George H. D. Members have had educational tours of plants in Petersburg and Art Museum etc. in Richmond, as well as TV stations. The 1958 trip will be the cotton mills in Danville. The Agents of Southeastern Virginia have considered an educational tour in the spring. The Agent will take part if this is done. She has visited all places of interest in Jamestown, Williamsburg and Yorktown Area, and plans to try to keep up with developments in this area. The Agent will take advantage of any educational trip planned for Agents and others in the state or neighboring states.

The owner of a Feed and Seed Store is sponsoring the County Yard Beautification Contest. A number of concerns make the printing of the County H. D. Yearbook possible. The local power company and telephone company give excellent cooperation in putting on programs. The two local radio stations and one TV station enter into the 1958 picture as needs and interest arise. The local stores (hardware, Penry's Co., Singer Sewing Machine, Stationery Supplies, and others) know the Agent and furnish demonstration materials (lend them) when called upon because they have been shown the real value of this cooperation through past work with the Agent.

E. The Other Professional Workers - The County Professional Workers Council has as its members all agricultural and Home Economics Workers in the county, negro and white. These include the Sanitary Officer of the Health Department, and the Farm Engineer of a local power company. This group meets every month except July and August. All 4-H and H.D.C activities are announced in these meetings, and all Professional Workers invited to take part when possible. The Agent furnished literature to the other workers, and invited them to training meetings (such as the Meat School in January in Richmond) The relationship in this group is excellent.

IX. Plans For Recording Progress and Evaluating Programs as Planned for 1958

- I. Write up each activity upon completion, showing progress made. Discuss and evaluate progress and results with club officers, and State President of Federation of H.D.C.
2. At each of the County Committee meetings, have the program's progress discussed in light of meeting the needs and reaching people.
3. Goals (both H.D. and 4-H) will be checked regularly to determine progress (by members, leaders, and Agent).
4. Each day the Agent records in her own notebook materials that make the monthly reports more accurate.
5. Monthly reports will be made as full as possible in order that needed information for final reports and evaluations may be recorded.
6. Special events will be recorded, and evaluated in light of future planning.
7. H. D. Project Leaders and 4-H Project Leaders will be contacted in evaluating results of project work.
8. The advice of the District Agent will be sought in planning and evaluating program.

X. Plans For Professional Improvement

A. Organized Study -

1. Schools - The Agent would like to attend the five or six week schools at Cornell on a scholarship in the summer of 1959 or 1960, and take the courses on self analysis, etc., that Dorothy Gentry and Aubrey Clayton took in 1957. Joe Baird has taken the same course. The Agent does not know the correct title for the course, but after talking with the above mentioned three she feels the course would help her to be a better agent. Whether this would be termed "school" or "refresher course" is not clear.

The Agent attends meetings and carries information to members, thus encouraging cooperation etc.

7. County Teacher's Association - The Agent is a member of the County Teacher's Association and attends all meetings. Through a better understanding of the plans of the teachers, the Agent is better equipped to cooperate. This works two ways, and has fostered the feeling among the teachers that the 4-H is a part of the educational program.

8. Garden Clubs - Women's Club - F.T.A. Association - and Church Organizations - The Agent, and members serve on programs, invite these people to attend Extension Activities, and help with goals and campaigns as need and requested.

VIII. Plans for Developing Good Public Relations with:

A. Co-Workers - The Agent and Secretary are very cooperative and confer almost daily about work in the county, district and state. The white Extension workers cooperate in every way with the negro Agents. The County Agricultural Agent and County Home Agent confer once each week regularly, and at other times when necessary to carry on the program. All Agents (Negro and white) attend the County Professional Workers Council meetings.

B. General Public - The Club reporters both H. D. and 4-H inform the public through reports and announcements in the local papers (3) serving the county of all club activities, and invite participation. The two local radio stations (WSSV in Petersburg and WHAP in Hopewell) and the local TV station, are used for informing the general public and establishing good relationships. The members carry information about demonstrations and other valuable subjects to non-members, and invite interested people to "special interest" demonstrations. Because of club reports many calls are received in the Agents office asking for information. The many organizations and agencies working in the two cities bordering Prince George and in the county have learned to seek information through the Extension office and advise their members and inquirers to do the same.

C. Elected Representatives - Since the new Board of Supervisors (4 new member out of 5) was elected in 1956, and a new County Clerk, the Agent has visited in each home to establish good relations, and has attended a regular meeting. One member of the Board is a Charter Member of the oldest club in the county. The brother of another member is one of the "First Farm and Home Development Families" selected in the county. All the wives of the members have been invited to take part in H. D. Clubs and other activities. The Board has been requested by the Agent to contact her if they find people needing and desiring extension service, etc. The relationship with the Elected board is good and the agent will try to keep it that way.

D. Commercial Interest - In 1957 over 12 commercial companies assisted the H. D. C. members to secure 10,000 litter bags. In visiting these companies seeking help, and in reporting the results of the campaign to them, excellent relationships were established between Extension Clubs in Prince George County and the 12 companies cooperating.

E. <u>Young Men and Young Women's Clubs</u>	<u>No. in 1957</u>	<u>Goal 1958</u>
Number club officers	5	5
Number adult leaders or sponsors	1	1

Plans for Training and Using Leaders in Young Men and Young Women's Club Programs.

Since the 4-H All Star Chapter is the only organized group under this heading, and the County H. D. Agent sponsors this Chapter no other adult leader is necessary. The officers were trained through years in 4-H Clubs. No plans have been made for training, however, should a need arise the Agent will secure proper assistance to meet the situation. The All Stars will help with training and promoting leaders in 4-H work.

VII. Plans For Work With Other Agencies

1. Red Cross - The Prince George Red Cross Field Supervisor is a member-at-large at the County H. D. Committee, and President of the Virginia Federation of Home Demonstration Clubs. When Program Development Leaders planned the 1958 program she was present and offered to help secure classes in Home Nursing and First Aid. Many other county activities and those connected with the State Federation are discussed with Mrs. Babcock (Red Cross Supervisor) before and after definite plans are made. The H.D.C members and Agent help the Red Cross in all membership drives and other Red Cross Activities when called upon. There is very fine cooperation with this agency.

2. Health Department - The members and Agent cooperate in publicizing the clinics of all kinds, especially the chest clinic, pre-school, and polio clinics. When the clinics are held the members serve as hostesses at the different stations as needed. The members will continue to urge all to have complete physical examinations each year.

3. Farm Home Administration - The Agent has had a conference with the Supervisor of this work in Prince George County. A list of women on the program has been checked to see if the county Home Agent is reaching them in the clubs. The supervisor will urge the women on this program to call upon the Home Agent when they need help, and to affiliate with a club if possible. The Agent will visit these women during the year and do all possible to secure information they need or desire.

4. Merchants Hope Church Committee - The H. D. C. Committee and Agent have helped and will continue to cooperate with this committee. They have ~~received~~ contributed funds, and served as hostess. The church is in the process of being restored and may not be completed in 1958, but the women realize the value of this project and stand ready to do all possible to help.

5. Welfare Department - The Agent encourages the Welfare Supervisor to ask for all help needed in a supervisory way in foods, clothing, etc., for the families needing and wanting guidance. Several welfare children are members of 4-H clubs.

6. T. E. Association - Crippled Children's Association - Cancer Society - Others

Plan for Training and Using All Types of 4-H Leaders

1. Organizational Leaders - All organizational leaders (club officers) are trained in their duties the first month or two after the clubs are reorganized. The clubs usually elect members who have been in the club before for the president, secretary, and reporter because these former members know the duties of their important offices and thus are trained more quickly and the club gets off to a good start. The girls who have not been members before and others may be elected to other offices. Agent, leaders, and former members help train them. The agent gets to the second meeting in each club early enough to check with each officer before starting the meeting. The members are informed that all should learn the duties of all officers. This puts all members on their toes. The county 4-H council furnishes additional training for these officers.

Adult organizational leaders are the principals of the schools, and the teachers who assist in notifying the members of the meetings, reminding them of the activities such as National Week, National 4-H Sunday, County Council, and others. These adults Organizational leaders can not attend leaders conferences and often do not attend the regular 4-H meetings because of their teaching duties. However, the Agent talks to each of these leaders either before or after each meeting and keeps them informed of all plans, activities, dates, etc., The Agent attends all County Teachers Meetings to show her interest in the school activities, and the moral support and cooperation of the teachers is excellent.

2. Project Leaders - During the school months 2 Project Leaders serve, and it is the Agent's goal to double or triple this number in 1958. Mrs. Miller, leader of Cedar Level 4-H Club, attends all meetings, and helps in all ways possible. Miss Perkins, leader of the Carson Club, attends a part of each meeting (she teaches and can not leave the room for an hour). Both of these leaders hold extra meetings alone, and part of the regular summer meetings. Two H.D.C. members helped with the summer clothing meetings. The goal for 1958 is to increase this number as much as possible. The Agent will hold training meetings for the Leaders in connection with the summer project work. These training meetings will start in March or April. A "Sewing Machine Training" meetings has been requested through the Clothing Specialist and the local sewing machine company. This meeting would train 4-H and H.D. Leaders. Individual training will be given when needed. If the leaders can be secured to justify a specialist's help, it will be requested later in the year.

3. Junior Project Leaders - The Older 4-H girls help younger members with their clothing, food preservation, and meal preparation projects. Many of the older members had "summer jobs" in 1957 and were not able to help as planned, therefore, the Agent will not be able to predict "Junior Leaders" help for 1958, but will use all available to the best advantage.

3. Project Leaders - Four "Leaders Training meetings" will be held by State Specialists to train leaders for regular monthly demonstrations. The Agent will train leaders in four additional meetings to help in special interest groups. Individual training will be given when "Project Leaders" do not feel sure of their demonstrations, etc.,

4. Federation Program of Work Leaders - The Art In Daily Diving will be taken in two full demonstrations, in December (1957) and February. The Leaders help secure materials and speakers for the subjects selected by each club. In March the Leaders will tabulate results so that the county report may be made for the District Report at the District meeting. In October the Leaders will collect further reports to be used in the county Annual Report.

C.	<u>Over-all Youth Leaders</u>	<u>No. in 1957</u>	<u>Goal 1958</u>
	(Organization leaders for county youth council)	78	86
D.	<u>4-H Club</u>	<u>No. in 1957</u>	<u>Goal 1958</u>
	Number 4-H Club officers	66	70
	Number adult project leaders	3	6
	Number junior project leaders	5	10
	Number result demonstrators	35	100
	No. meetings at which leaders were trained by specialists	0	1
	No. meetings at which leaders were trained by district agent	0	0
	No. meetings at which leaders were trained by agent	1	2
	No. meetings at which leaders were trained by personnel in 4-H Dept.	0	1
	No. meetings at which leaders were trained by others	0	0
	Attendance at leaders training meetings	3	18
	No. 4-H leaders trained individually	3	6
	No. club meetings held by leaders without agent present	3	12
	No. club meetings at which leaders assisted	27	55
	No. demonstrations given by adult leaders	4	12
	No. demonstrations given by junior leaders	9	20

B.	Home Demonstration Club Leadership	<u>No. in 1957</u>	<u>Goal 1958</u>
	Number organizational leaders	96	96
	Number project leaders (subject matter)	32	36
	No. Federation Program of work chairmen	13	13
	Number program development leaders	13	13
	Number result demonstrators	38	50
	Number meetings at which leaders were trained by specialists	3	3
	Number meetings at which leaders were trained by district agents	0	0
	Number meetings at which leaders were trained by agent	3	5
	Attendance at training meetings	103	125
	No. club meetings held by leaders without agent present	83	100
	No. club meetings in which leaders assisted	37	50
	Total number demonstrations given by leaders	93	125
	No. talks or discussions by leaders	307	72

Plan For Training and Using All Leaders

1. Club Officers - The club officers of the H.D.Clubs are elected in July to take office in December. From July to December they observe the duties of the office they will have. In addition, the Agent goes over the duties of the officers with any officer requesting help. As questions arise during the year the correct parliamentary procedure is discussed and applied. The county meeting on Parliamentary Procedure held in 1955 was most helpful. Another meeting of this type will be held if the need arises. The meeting on "Poise When Speaking In Any Organization" gave a brief opportunity for further training of officers. The officers feel that they are free to ask for help from the Agent as they need it. This may be given in a home visit or at a meeting, depending upon the situation.

2. The Program Development Chairmen - These Leaders are given five minutes of each meeting throughout the year to collect from members suggestions for demonstrations and workshops. The new Leaders will be trained in January because the 1959 Program must be decided before May. The Leaders will hold discussions in February, March, and part of April, then have a County Planning Meeting in April to make the final decisions.

D. Young Men and Womens Work

1. Individual Help - There are a number of young men and women who request individual help each year. They work away from home in the day time, and are too scattered to organize a night group. The Agent and H. D. Members give help as needs arise and requests are made. Individual visits, bulletins, or demonstrations are given these young men and women.

2. Organized Groups - The 4-H All Stars are the only organized group of older youths in Prince George. The activities of this group have been given in IV. A. 4, on page 11. These older members are busy in jobs outside of the home as well as "homemakers", they do all they can to take part in all county and state (also inter-state) camps, etc., these will be planned in their 3 meetings in 1958.

V. Scope of Work

A. Organization	<u>No. in 1957</u>	<u>Goal 1958</u>
Number of home demonstration clubs	12	12
Membership	216	250
Number of 4-H Clubs	9	10
Membership	137	160
Number of young men and women's clubs	1	1
Membership	18	20
Number community improvement clubs	0	0
Membership	0	0
Number home economics committees	1	1
Number general interest committee	0	1
Number youth committees	1	1
Number other organizations	0	1
Number farm and home development families	5	25

VI. Plan for Leadership

	<u>No. in 1957</u>	<u>Goal 1958</u>
A. Over-all Program Leaders (Organization leaders for county extension service board)	0	12

To teach better planning for the "Family Food Supply", and keeping records in such a manner as to know what is preserved, "when it is used", and when it should be replaced.

6. Yard Improvement - Objective - To help girls improve their walks, driveways, flower borders, shrubs, and plans for the entire yards. To teach care as well as planning, suitable flowers, use of native shrubs etc., Method - Each member was given a record book in September, and selected activities to be taken. Individual help will be given members as needed. Home Demonstration members will be asked to help with this work.

7. Room Improvement - A few girls wish to continue this project from last year. Method - Individual help will be given these girls, and a contest tour will be held in August. Objective - To help girls improve their rooms according to needs, and funds available. To teach care and arrangement; suitable fabrics and furnishings; color; and construction of needed articles; repair and painting; or refinishing, and other room improvement activities.

C. 4 - H Activities

1. National 4-H Week - Each year the clubs have programs for the entire school day in each location, put up posters, and give radio program. The 1958 plans will be made in February so that all clubs may take part the first week in March.

2. Rural Life Sunday - Activities in connection with this Sunday have increased each year. In 1957 all 4-H members, white and colored, planned to attend their own churches and have the officers of these churches to recognize 4-H Sunday in some way. This worked so well in 1957 it may be used again in 1958.

3. State Short Course - Prince George plans to have its quota of girls to attend the Short Course. Much publicity has been given this activity by the ones who attended in 1957.

4. Jamestown 4-H Camp - Between 20 and 25 girls and Leaders will attend and take active part in all camp activities, because they have won the privilege of going by keeping their project work up to date through the entire year.

5. County 4-H Rally Day - The 1957 Tour and Picnic on the Rally Day were such a success the 4-H girls hope to take another tour in 1958. Plans will be made later in the year.

6. County 4-H Achievement Program - The girls achievement program, held in connection with the County Style Dress Review and other county contests in 1957, may be repeated in August 1958 at the completion of the girls project work. It is less confusing than waiting from August until November, December and January to have the Achievement Program, when the new clubs and the new projects start in September.

7. County Talent to Attend State Short Course - The Prince George 4-H members will try to send a "Talent" to the State Short Course as they have for the past two years.

Method - This has been given in part in the Objective etc., The different subjects, taken up each month by the club, will be illustrated in the members club books, and literature from different sources will be added to illustrations. Safety rules on each subject will be recorded in each notebook after they have been discussed in the meetings. Slide pictures will be presented when secured from the Highway Safety Department.

2. Meal Preparation - Each year (for the past three) more girls have wanted to enroll in the Meal Preparation project. The increase has been from one club of seven members in 1955 to over 100 members in all ten clubs in 1958. Method - Each girl taking this project was given the Meal Preparation Manual in September, and activities were checked by members. They were asked to discuss their decisions with their mothers and change if advisable. During the school months each member keeps a record of all meal preparations, or and foods prepared in her Memory Book. Individual problems are taken care of by Leaders or Agent. In the summer months extra meetings are held in the homes, where the members put on demonstrations, as well as preparing, serving, and judging whole meals by the groups. Objective - To teach preparing and serving foods in more attractive ways. To teach better nutrition, and well balanced meals. To teach girls to give demonstrations.

3. Clothing - The girls are always interested in the "Make or Remake" project, and each year the girls can hardly wait until summer to have the all day "Clothing Construction" meetings. Objective - To teach older girls better construction, selection of materials, and patterns suitable to each. Method - In the May meetings each club will study Line and Design, also the suitable materials for their project. They will be shown how to measure to get a pattern the correct size, and be ready to work on their clothing in June. The Agent and Leaders will hold all day meetings during the three summer months, each girl working on her own. In August the club and County Style Dress Review will be held.

4. Electric Project - This project was taken by one member in 1956 and 13 in 1957. In 1958 between 25 and 30 girls will take the Electric project. Objective - To teach the value of the proper use of electricity, and the care of electrical equipment. Method - The project was explained in the clubs with members 12 years and older, in September, and members were asked to discuss the project with their parents and report at the October meeting. Individual help will be given all girls interested in the project. Demonstrations will be given in each of the clubs with Electric Project members, all simple wiring and repairs, as well as care of electrical equipment.

5. Food Preservation - Canning and Freezing are projects taken by between 20 and 40 members each year. Freezing has increased and canning has decreased. Method - The members have record sheets, bulletins etc., all year. If they have anything to put up during the school term they do so, contacting the Agent or Leader for desired help. In June, July and August, demonstrations are given new members, or to bring members up to date on methods. Members keep a record of all work done and report in September. Objective - To teach better methods and equipment for canning and freezing.

the County Achievement Program.

IV. County Extension Program - Youth

Use of the following organizations to strengthen the 1958 program, with brief description of each group.

1. County Youth Council - none, all plans are made by the County All Star Chapter.
2. County Youth Committee - none
3. County 4-H Council - This group has been a very strong organization from 1946 until 1956. The organization, as such, was not able to carry out plans made in January 1957, therefore, ceased to function. The 4-H Council is a most valuable part of 4-H Club work, and has a real place in its progress in the county. The Home Agent hopes that one can be reorganized before the close of 1958. In the past this Council was made up of the officers of all 4-H Clubs in the county. This council planned the County Goals and activities such as National Week, Rally Days, and Achievement Days. The Council sponsored a publicity award for Club Reporters, and recognized Leaders.
4. All Stars - 1958 is the eleventh year the 4-H All Stars have had regular meetings in Prince George County. There are 19 members on the roll, and an average of 8 to 10 attend the three meetings held each year in January, May, and October. Each year the Chapter has worked closely with the 4-H members on all county projects. They have supplied the County Plaque, helped with Highway Signs, and all Achievement Programs. They select and recommend the candidate for State membership each year. In 1957 they sponsored more work on the Electric Project, and because of their encouragement two more attended the Leadership Training Camp. Good publicity is given all activities.

In 1958 the All Star Chapter has subscribed to the "National 4-H News", five (5) subscriptions, to be given the 4-H Leaders each month. Since the Leaders often change, the All Stars are having the copies sent to the Home Agent for distribution. Other plans will be made at the January meeting. Good publicity will be given this meeting because the program will be given by Miss Otelia Westbrook, who was an IGYE to Austria.

5. Honor Club - none in the county.
6. Project Planning Meeting - The 4-H Club Presidents, vice-presidents and secretaries of the girls 4-H clubs and the Adult Leaders will meet to plan the project work for 1959. The two senior clubs planned the over-all program for 1958 in their July 1957 meetings, and the Agent made a final check in August.
7. Others - There are no other 4-H organizations.

B. 4-H Project Work

1. Safety - This project will be carried through the winter months. Therefore, it is listed first, because more members will take this project, and more time (12 months) will be given this subject. Objective - To make all members and their families more safety conscious, through continued programs on Safety through out the year with home tasks that will involve entire families. To try to have safer homes, and avoid accidents at home and away because of the Safety project.

all counties of the State. This committee composed of the two Executive Boards selected five families for the Agents to contact and invite to participate in the program. There are five districts in the county, one family was selected in each district. The types of farming were considered in the selection so that different types would be represented. Two families were listed for each district in case the first one contacted (in each) would decline. All first choice families accepted. The Committee decided that the number of families on the Farm and Home Development Program would not be increased until definite progress has been made with the first five. The Committee has not held a second meeting, the work is being carried on by the County Agricultural and Home Demonstration Agents.

2. Families Reached - Five families, each in a different district of the county have been carried on this program as "Farm and Home Development Families" chosen by the Committee. Only the County Agricultural and Home Agents are working with these families since Prince George is not a Pilot County, and extra workers have not been supplied. The area in which the County H. D. Agent has assisted the families, and will continue to assist them are: housing, house furnishings, home management, outlook and economics information, clothing selection and construction, food preparation, gardening, poultry and others as needed and requested. Objective - To help each family to analyze their situation and needs, and to provide the information for improvement where possible. To help each family feel more secure at home and in the community. Method - Individual visits, special help from state specialists when needed. Individual workshops and demonstrations. The five homemakers selected as the first families with whom to work do not belong to a club. The agent will continue to try to interest them in becoming members. Results to date - Excellent work in house furnishings with three families, a small improvement on the fourth. Excellent clothing work in four families, or atleast such progress in construction. Plans for remodeling for two families, with much work on the part of one. Work will be continued and new plans made with these families etc., as needed.

3. Additional Farm and Home Families - Work has not been planned by the Agricultural and Home Agents jointly to add families. However, since families can be termed "Farm and Home Development" even though the work requested is only by the homemaker (rural - non-farm family), the H. D. Agent will be able to increase the number. Since the number suggested by the State for non-pilot counties is 25, the Agent will strive to reach that goal. However, there is just a bit of confusion as to where the assistance given the women ceases to be regular home demonstration work, and is termed "Farm and Home Development". One objective is to get this straightened out in the Agents thinking and planning. Each year members have been given individual assistance along all lines, and this work has been done as regular home demonstration club work. If all members thus assisted are counted the number of Farm and Home Development Families would sound unreasonable or too great.

4. Recognition of Progress and Achievement - In 1956 and 1957 when these homemakers did something outstanding, such as reupholstering a chesterfield, or make bedroom curtains and dust ruffle out of feed bags, or start remodeling according to plans, this was called to the attention of neighbors and friends. Later these people would stop by to admire the job and ask how it was done. One family had half a page (in Progress-Index) of good publicity. In the future outstanding progress will be given recognition and publicized as well as deemed advisable in clubs, and through news articles, as well as

3. Tours - In the January County Committee Meeting and educational tour will be planned. Objective - To learn more about Virginia products, their quality, use etc., and to learn the location of historical points, as well as the industrial points of interest in Virginia.

4. Unorganized Communities - There are none as such, however, the I.B.M. wives in and around Fort Lee, Prince George County (scattered) and Petersburg have asked for information, and possibly a club. The Agent worked with these women (from 9 states) in December, and plans have been made for a January meeting. These women will be given desired information.

Working Women - unorganized, and scattered throughout the county requests information as needed. These requests are met by members and Agent. Some night meetings will be held on special subjects so that these women and other non-members may attend.

5. Judging - Objective - To help other counties with exhibits, fairs, etc., Three women were trained in the 1954-55 Judging Training Meeting. These women would profit by another training meeting, and may hesitate to accept the responsibility without further training.

6. County and Club News Reports - Each Club and County Committee has a reporter, elected at the same time other officers are chosen. These reporters are given guidance in writing reports. A special training meeting was held for Reporters of all organizations. The reporters compete for a county award given for having the most articles published in the three papers serving the county. In addition to the regular reports, each month, special articles are written announcing special events and meetings. Each month articles of interest on timely subject matter are sent the local papers, even though it don't always get printed.

7. Merchants Hope Church - Members will continue to serve as hostesses (during the summer months) and clubs will continue to contribute toward the restoration as far as possible. This church built in 1657, is being restored, even though services have been held in it down through the years during all summer months. The original walls still stand, built of bricks from England. The service given by the H.D.C. members as hostess etc., furnish good publicity for club work.

8. Achievement Day Program - This program will be planned by the County H. D. Committee in either the January or April meetings. Objective - To show accomplishments to members and non-members. This is done by exhibits, or demonstrations, or through a program. Each member and each club will turn in reports of what they have done as a result of information gained through Extension Service. These reports are compiled for the county, then outstanding figures, and activities, and accomplishments are mimeographed and given to each person attending the Achievement Program. The County H. D. C. Committee plans some type of program to acquaint the general public with Extension activities, and to award members and clubs for outstanding accomplishments during the year.

III. Farm and Home Development.

1. "Committee Which Works With This Program" The only meeting of this special committee was held in 1955. The executive board of the County Agricultural Committee, and the County Agricultural Committee, and the H. D. C. Committee met for the purpose of discussing Farm and Home Development Program being set up in

- (6) Each club encourages 100% members to have Physical Examinations.
- (7) Each club hand in 100% project reports at the end of the year.

In addition to the club Objectives, the County Committee offers awards to encourage more participation in all club activities. These awards are presented during the Annual Achievement Day Program. The 1958 awards will be:

1. A certificate of merit be given the H.D. members who have attended 12 club meetings during the year.
2. An awards be given the Project Leaders who attend the most Leaders' conferences and give the most demonstrations.
3. An award to the Reporter having the most reports in the papers serving the County.
4. An awards to the member who gets the most new members for her club or any other club in the county during the year.
5. An award for the member who carries information about demonstrations to people outside of the club the most times. This will be checked as the roll is called each month, and the number will be taken from the Secretary's and the Agent's enrollment at the end of the club year.
6. An award to the club which has the largest percent of members to:
 - a. Attend regular club meetings.
 - b. Carry information about demonstrations the most times.
 - c. Turn in 100 percent project reports on date set in the fall.
 - d. Attend the District Meeting.
 - e. Attend the A-H Achievement Day.
 - f. Attend the Chest Clinic.
 - g. Have a complete physical examination.
 - h. Make some definite improvement in the home yard.
 - i. Secure new members.
 - j. To have current standing in Home Nursing or First Aid courses.
 - k. Attend the H.D. Achievement Program.

Objective - To contribute to the over-all program by keeping before the members the importance of using the information they have received through all Extension programs and activities, the importance of passing this information on to non-members, and of being able to report accomplishments or results. To reach all people in the county with Extension information, through using all types of information media. Method - Newspaper, radio, TV, publicity; regular meetings; special training meetings for leaders, who in turn give information to members and non-members; individual help, home visits, workshops, letters and telephone calls. Each month members answer the roll call with the number of times they have given "subject matter information" to non-members, and they are urged to increase this activity. Through these activities (beginning with the first sentence under Method) on the part of members and Extension personnel the general public will be told about home demonstration work.

2. National Home Demonstration Week. - Plans will be made at the January County H. D. C. Committee meeting. The Objective is to publicize the activities of H. D. Organizations, and the services available through Extension activities. Method - All clubs will take part in activities planned by the county, and will give it publicity through TV, radio, newspapers, meetings, and "word of mouth".

C. Federation Program of Work

Art in Daily Living was selected for 1958. The members decided to give two full meetings (demonstration time) to this subject. Each club selected the two demonstration subjects for these months. This gave the clubs a wide range of choice. For December each club had a half hour program on Christmas Carols - the lives of authors and composers, the events that inspired the compositions etc., This was prepared for the members by the Agent, using the book "Our Hymnody" which was written for the Methodist Hymnal. The members prepared demonstrations on Christmas Arrangements for Doors, Windows, etc., securing information from Garden Club members and magazines. Other members gave demonstrations of Wrapping Christmas packages, and Christmas Sweets. The February meetings in the clubs will be on: The Selection of Pictures For The Home (the members will bring pictures, the Agent will get material from the State Socialist if possible). 2. Arranging Dried Flowers - One club will secure a Home Demonstration member from an adjoining county to give this demonstration. 3. Bird Houses and Bird Feeders - a member who attended the Art in Daily Living Workshop at Blacksburg last year, will get all the information she can, the local Scout Master, will be invited to show slides and talk, and the Agent will secure literature from the supply office. 4. Applying Principles of Art in Selection of Furnishings. Materials will be secured from the Rural Arts Specialist on this subject. After the Art in Daily Life meetings have been held a check sheet will be filled out in March or April to determine the use of information secured for this subject.

D. Other Activities

1. County and Club Objectives - (1) Each Club send a representative to the State F. H. D. C. meeting in support of Mrs. C. F. Babcock, our State President. (2) Each Club learn the National H.D. song. (In October the Yearbook Committee had the words of the National Song printed in the 1958 Yearbook. Copies of the music for the National Song were bought for each club, and several individual members bought the music. In December members started learning the song in club meetings. (3) Each club encourages family participation in Art in Daily Living. (This was started in December with the study of Christmas Carols, and decorations, as well as discussion of other music). It will be continued as a result of the February, June and July meetings. (4) Each Club encourage members to participate in Home Nursing and First Aid Classes. (Because of the continual requests for these classes, the County Red Cross Supervisor, arranged for a Home Nursing Course to be taught by TV on Channel 8, Petersburg. The classes started in November and will continue through January, with four practice meetings to follow in February to complete the training and examination. These practice meetings will be held in both Petersburg and Hopewell in order that more members may attend. Over 100 are taking this course. (5) Each Club to sponsor a Money Project for the County Committee Treasury by April. (These were started last October, and through the various activities have created interest and publicized extension work as well as secured needed funds).

(b) Upholstering Furniture - Objective - To recondition and recover furniture that either is not suitable to slipcover, or needs new materials such as padding, foundation covering, or replacing worn out cords that hold springs, or springs that have lost their "spring". To teach good workmanship, and values of good materials and design in furnishings.

Method - Individual help will be given (by Agent) in selecting materials, and preparing for this work. Members will "barter" help in doing the upholstering in very small groups, under the guidance of the Agent, and if possible the House Furnishing Specialist. Because of the expense of this project, and the time required, it will be selected by the fewest people. However, all people will be notified, and many will help just to learn so that they may use the information in the future.

(c) Slip Cover Demonstration and Clinic - Objective - (1) To cover and protect new, or good furniture. (2) To cover old or very worn upholstered furniture. (3) To make odd pieces more attractive and suitable to the room and other furnishings. (4) To promote better selection of fabrics (color, design and quality). Method - Demonstrations by Agent, and trained members on larger pieces of furniture, and clinics for smaller pieces where space and time are available. All people will be invited (just as shown in 6, (a), page 5.

(d) Clothing Construction Workshop - Each year a few new or young homemakers join the clubs and want clothing construction. Last year several workshops, or schools were planned because of the changes in pattern sizes. In 1958 a few workshops will take care of new members. Method - The Agent and members will work together in planning these workshops and teaching the women who take part. Objective - To help members and friends to know pattern sizes suitable, good construction, good fabrics, and help them adjust to the ready-made-clothes size changes.

(e) Basket Weaving - For many years a few members have been interested in "basket weaving" in 1958 the number has grown enough to justify planning a workshop on the subject. Method - Five small groups will have workshops, following a county wide training meeting held by a Specialist in March. Objective - To make fruit baskets and bread baskets for the tables, to make gifts, and furnish food for the soul.

(f) Sewing Machine Care and Use. Objective - To learn how to care for, adjust and use sewing machines. To learn the best possible service from the machine and how to obtain it. Method - Five groups asked this demonstration. The State Clothing Specialist has been asked to arrange with the local Machine Company for the schools needed to get this information to the members.

(g) Drying Flowers and Arranging Dried Flowers - Will be taken by one or two groups, according to plans that may be worked out with local people. Objective - To use native materials to adorn homes, and to teach principals of good design, color etc.

(h) Etching Trays - A few members and non-members who missed the etching meetings want this type of workshop. Method - Trained members will help the Agent to meet this need, and help with the workshop.

The February Meeting will be the Selection of Pictures For The Home, and Winter Bouquets. The Agent and members will secure information from various sources and give these demonstrations. Objective "To enrich lives by learning to appreciate and enjoy the simple things of every day life, thereby developing a fine sense of values. To improve pictures and frames for the homes, and to inspire more interest in music of all kinds, especially Christmas music and band music (to enjoy school bands etc.)"

4. Yard Improvement - A "County Contest" sponsored by Mr. Kenneth Ellis was started in 1955 to last three years. If possible this contest will be completed in 1958. The Method - Individual help, judging will be done by the County Soil Conservation Supervisor, and the local power company Home Supervisor, since they checked the yards in 1955 at the beginning of the contest. Objective - To improve the appearance of the home grounds through the use of native plantings.

5. Gardening - In January a letter was sent the 52 people on the Home Agent's "Gardening List" to whom she has been sending the monthly gardening letters, prepared in the State Office. The letter requested these people to state whether they wished to continue to receive Gardening information. When the answers are received the Agent will comply with their wishes. In each club Gardening is discussed. Method - Individual help and gardening letters. Objective - To grow more of the family food supply, thus lowering the cost of living. To study types of vegetables best suited to the needs of the families. To secure disease treated seeds and plants.

6. Special Interest Meetings.

All of the "special interest" meetings except one will be given to small groups. One county meeting will be held on the "Adequate Diet for \$6.00 Per Person Per Week". Two and three small groups will meet on each of the following subjects because of the space required. Refinishing Furniture; Reupholstering Furniture; Slip Covers; and Clothing Construction. Larger groups will have workshops on "Weaving Baskets", "Care and Use Of Sewing Machine", "Arranging Flowers", "Drying Flowers", and Etching Trays.

(a) Refinishing Furniture - Objective - To recondition the valuable antiques, and teach the real value of good woods, good design, and useful furniture. To recondition good pieces of furniture that are not old enough to be antiques, and are not termed modern. To recondition modern furniture that has become scarred or that do not blend with other furnishings. Method - The people with pieces to recondition will be furnished information on removing the old finish and sanding etc., This they will get done before the meeting or clinic in which they will be given guidance in selecting the finish best suited to the wood, and the usefulness of the article. The Agent and members will hold the clinics in four places in the county, and the number of days for each will be determined according to the progress made., These meetings will be open to all county people, and will be planned by the county Home Economics Committee, so that non-members will be encouraged to attend.

A Program of Work Committee from the County Home Demonstration Committee planned the subjects for the clubs to use in connection with "Art in Daily Living" and these subjects were listed in the County Yearbook.

The Committee will plan activities for National Home Demonstration Week; encourage clubs to be represented at District and State meetings for 1958; arrange tours if desired; plan County Home Demonstration Achievement program; help with the presentation of county needs, situation, the outlook materials, and the planning of the 1959 program. The committee will make other county plans as the need arises.

B. Project Work

1. Major emphasis will be given to House Furnishings. Four regular monthly demonstrations have been planned for each club, and a special interest meeting plus one in Rural Arts. The regular demonstration subjects are: "Recipes For Lighting", "Making Picture Frames", "Matting Pictures", and "Using Old Furniture With New". The special interest meeting is "Refinishing Furniture" and the one requested as a part of the Federation Program of Work in Selection of Suitable Pictures for the Home". The method will be regular demonstrations, individual help as needed, all day workshops on furniture refinishing and other furnishing subjects as needed. Leaders Training Meetings will be held in May for the "Picture Frames" and "Matting Pictures". A Leaders Training Meeting was requested for the Lighting Program, and the "New Furniture With Old". The objectives for improving family living are: To improve home lighting for the many tasks, such as sewing, desk work, cooking etc., as well as for recreation such as TV, reading etc., to improve selection and placement of furniture and furnishings; and to enhance the beauty of the home by the selection, framing, matting (if necessary) and having pictures that go with the furniture and harmonize with the activities of the members of the family etc., To promote pride in the home and raise standards of living.

2. Clothing is next in line of importance. Four regular monthly demonstrations have been requested with emphasis on finishes and accessories. They are: "Making Spring and Summer Hats", "Five Dollar Finishes For Dresses" (finishes that make dresses appear to cost \$5.00 or more) "Shopping at Sales" and "Accessories That Make The Costume". There will be special "Construction Schools" in addition to regular meeting. The Method will be using regular and special meetings, also individual help. A Leaders Training Meeting has been requested for February, and for July or August, to train in making Hats, Accessories, Finishes, Shopping. Specialist help is needed on these subjects, since the Agent has exhausted her information. The Objective, better dressed members, thus giving a feeling of well being, and security. Through the members carrying information others will be reached. As in every subject one big objective is to reach as many people as possible.

3. Art In Daily Living, selected as the 1958 Federation Program of Work receive the third amount of emphasis. Two regular monthly meetings will be given to this subject, and extra meetings as requested. Method regular club meetings with one hour demonstrations each, special interest meetings etc. A Leaders Training will be held on Framing Pictures, Making Frames; and Matting Pictures. The Agent gave the December demonstration on "The Origin of Seven Christmas Carols", and members gave demonstrations on "Door, Window, and Mantel Decorations."

meets once each month. After the regular meeting the Home Economists confer if a need arises, therefore, a Home Economics Council has not been formed.

3. General Interest Committees

There are no general interest committees set up for both men and women in the interest of both men and women's work in the county. This will be set up when possible. "Special interest" subjects have been planned for the winter and spring months. They will be reported under project work or demonstrations. These "special interest" meetings are open to all people living in the county and are given publicity through all organizations (other than Extension as well as Extension) in the county. Non-members helped suggest subjects needed, and members planned accordingly.

4. County Home Economics Committee

The 1956 Annual Report shows that much time was spent in organizing a County Home Economics Committee. The County H.D. Agent contacted all organizations in the county working with women. She planned with the District Agent for four meetings called for the purpose of getting a County Home Economics Committee organized and functioning. Three different approaches were used, with little or no results. Dr. Don Fessler, Extension Rural Sociologist, was secured for two meetings. Following suggestions the Home Agent contacted eight ministers, four P.T.A. organizations, The Woman's Club, Three Ruritan Clubs, and the Woman's Auxiliary of the American Legion to ask for suggestions as to what they would like to see taken as a county project. This larger group of people were contacted because the smaller group failed. All groups agreed to send representatives to a county meeting - this failed. The Agent determined to try to keep up with Extension developments, and to form groups believed by the state to be good, discussed the "Home Economics Committee" problem with the County Home Demonstration Club Committee. The Committee appointed its executive board, also a Home Economics Committee to contact all women's organizations (church, schools and others) and invite them to take part in all "special interest meetings". The Home Demonstration Club members in selecting the special interest meeting subjects were to get as many suggestions as possible from non-members.

During 1957 all women's organizations have been notified about all special interest meetings. Few people other than members have attended the meetings. Therefore, the Home Economics Committee has not met with much success.

In 1958 another concentrated effort will be made to get a Home Economics Committee to function in Prince George. The subject chosen has been Health, because all people are concerned about their own, and the health of their families, as well as their neighbors.

5. County Home Demonstration Club Committee

The Program Development Leaders are a part of the County Home Demonstration Club Committee, and in August 1957 meeting of the committee the subjects for 1958 were selected. The Program Development Leaders and Committee members took the decisions back to each club. They secured from each club the lists of people desiring each of the special interest subjects and turned the lists over to the Agent.

Goals were planned by the committee for county work. Basis of awards were planned, and both goals and awards were incorporated in the County Yearbook.

A central county high school built to accommodate 750 children was completed in September 1953. Therefore, the 1954-55 term was only the second year for the activities of this school. By September 1954 over 1,000 students were crowded into this building, and the number has increased for 1956-57 school term. In spite of the fact that ten new rooms were added to the school during the summer of 1956, the conditions there are still crowded and there is not an extra room in which to hold a meeting. Of this number, Fort Lee sends over 800 to this school. The increase in the students requires more teachers, and many Fort Lee wives are employed. This creates a problem because of the constant changes in the army personnel. The children often do not stay a full school or club year and yet must be given a chance to take part in club activities.

The new school offers all the modern activities - band, glee club, football, basket ball, and many other clubs. The band is for the entire school and has several sections. The auditorium was built to "double" for a gymnasium, therefore, during the school hours it is not available for club meetings or programs. In the summer of 1955 the school library was cut into, and half of it is now a class room. The parents want to cooperate with the school activities and give their children every advantage, therefore, they have less time for Extension meetings. Many women are driving the school buses because there are not enough men for all the available jobs.

The use of the family car is a continual problem, because of shift work, school activities (regular and special), church activities, traveling for medical care (no doctor in the county) etc. Prince George Courthouse is off of the main lines, therefore, the only way to reach it is by car. The county seat is not a shopping center, which makes it difficult to have people think and plan as a county unit.

In the past five years Hopewell and Petersburg have annexed large sections of the urban part of the county. Club members in these sections want to continue taking part in Extension Programs. Since the cities do not pay taxes to the county, the Agent was directed not to go into the cities to work. The clubs with all members living in the cities have continued their work by sending their Project Leaders, and Officers to the county meetings for training, etc. The Agent gives individual training to these leaders when needed, or asks leaders of the county clubs to help them. The members are proud of the work they have been able to do, and the clubs are still strong organizations.

II. County Extension Program - Adult

A. Organizations

1. County Agricultural Extension Service Board

There is no such Board in Prince George. The 1956 Annual Report, page 38, X, A. stated that the officers of the County Home Demonstration Club Committee, are ready to serve on a county Extension Service Board or Advisory or Program Planning Committee if one can be organized. The H.D.C. Committee and the Home Agent stand ready to cooperate with organizing a County Agricultural Extension Service Board.

2. Home Economics Council

The white and negro Home Agents, Home Economics Teachers, and Dieticians at the schools with Home Economics degrees, belong to the County Agricultural and Home Economics Professional Workers Council. This Professional Workers Council

1958 PLAN OF WORK

Chilton Ryburn
Home Demonstration Agent

Prince George
County

I. County Situation

Prince George County is 286 square miles large, and according to the census has a population of 19,679. It is largely a rural non-farm and urban county, having 59.6 percent rural non-farm, 21 percent urban and only 19.4 percent rural farms. There were 745 farm families in 1950 but that figure has dropped considerably in the past 5 years. Of this number the census shows 436 white farm families. The figure is lower in 1958.

On the northwest border of Prince George County is the city of Petersburg, and on the northeast is the city of Hopewell, Fort Lee is between these cities. A Federal Prison occupies almost all land north of Fort Lee to the Appomattox River (county line). The Petersburg Colony for feeble minded colored people occupies several hundred acres from Petersburg to the central section of the county on the west. The large number of plants and factories in Petersburg and Hopewell as well as Fort Lee, the Federal Prison, and the Petersburg Colony employ men, women, older boys and girls from the county. In addition, the many stores and offices, as well as the schools employ county people. Therefore, at least one out of every family, and two out of 50% of the families work away from home. This accounts for the large percent urban and rural non-farm families. Many of the farm families are owners of small places, who put out a small patch of peanuts, or corn, or tobacco, then work in a plant until time to harvest, take off a few days to get the crop in, then go back to the plant. These people, as well as teachers, and the people who work in offices and Fort Lee have little time to improve their homes, attend meetings, or take active part in county and community affairs.

There are a few progressive farmers and homemakers in the county. These people are community leaders, and realize the services secured through Extension Programs. There are six dairy farms in the county. The milk is sold to the cities. Few families own a cow. The people raise peanuts, corn, sweet potatoes, small gardens, small fruits, and a few pigs.

A large percent of the county people are Czech-Slovakians. They are not reached in the same way as others. Many are progressive, while others are slow to change.

Over 59.6 percent rural non-farm families are scattered through the county. This figure has grown rapidly, the 1957 figure is not known, nor 1958. However, there are no incorporated towns in Prince George County. They travel several miles to work each day. The 21 percent urban families just live out of Hopewell and Petersburg, but often work in the city that is farthest away. Many of these people work in Richmond and at the DuPont Plant between Petersburg and Richmond. These people spend hours morning and evening commuting.

PLAN OF WORK 1958

PRINCE GEORGE COUNTY
VIRGINIA

CHILTON RYBURN
County Home Demonstration Agent