

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
FAUQUIER COUNTY

1948

Frances R. Ream
HOME DEMONSTRATION AGENT

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III. Scope of Work

A. Home Demonstration Clubs

No. 14 Membership 340

Other women reached by home demonstration club members

No. 300

B. 4-H Clubs

No. 9 Membership 145 girls

D. Number reached through other groups by agent 75 older youth

F. Other methods used to reach families (publicity, radio,
office calls, visits, letters)

No. families reached 600

G. Estimate total number families reached 1300

Number farm families in county 2081

IV. Adult Work

A. Home Demonstration Club Program

1. Project Work

a. How was program determined?

At two meetings of the Home Demonstration Clubs during the summer or early fall, part of the time was set aside for the discussion of program planning. Outlook material was presented either by the agent or by a club leader. During the discussions which followed the members were asked to list suggestions for the coming year. The list was to include topics they felt were the needs of individual club members, the club as a whole and the community.

The final planning of the program was done at the fall meeting of the County Home Demonstration Committee. This committee is composed of the presidents of each club, representatives or

Pass It On

By
FRANCES R. REAM
County Home Demonstration
Agent

Hello Mrs. Neighbor:

Fall is just around the corner and school has started for another year. As rural boys and girls go back to school many of them will carry their lunch. The



MISS REAM

home-maker should plan the meals so that the child does not miss any of the foods needed for health, growth and general well being away from home at noon time.

The easiest "carry" lunch to prepare consists of sandwiches. A week's supply of fillings or spreads may be made at one time. Use any cooked left over meat, chop or grind it, and mix with butter or salad dressing. Season and put in a jar, keep covered and cool. Grate or grind cheese, soften with salad dressing, milk or cream and season well. Keep in a jar. Mix salad dressing with peanut butter and combine with raisins, nuts, jam or jelly. Grind dried fruits such as prunes, peaches, dates and soften with butter or salad dressing. Olive spreads may also be canned for sandwich use.

Don't forget to include some fruit and something sweet in the lunch box. A piece of celery, hard boiled egg or carrot stick now and then adds variety. Make the lunch box attractive and the child will enjoy it more.

* * *

The fall meeting of the Fauquier County Home Demonstration Committee will be held in the Home Agent's office Thursday, September 16, at 10 a. m. At this meeting the program of work for the eleven clubs in the county for the coming club year will be planned.

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members at large. Two meetings are held during the year. Each club president brought the suggestions for the new program from her club. There the suggestions were listed and discussed on a county wide basis. A committee was appointed to make a tentative program from the list of suggestions and present such to the group for final approval. Each club president then took the suggested year's calendar back to her club for discussion. Each club had the opportunity to make any adjustments they felt necessary and to select their topics for the club choice months.

b. Subject matter fields in which work was carried:

The program for 1948 was a varied one but not as much so as the preceding year. The club women planned the program to include as many of their needs and requests as possible and still not crowd the program so that some jobs would be left undone.

Club members were anxious to try their skill with crafts so stenciling of trays was included in the program. Other articles such as flat irons, vases, etc. were stenciled.

Several meetings were held last year on remodeling the home and purchasing labor saving equipment. As an outgrowth of this the members wanted to improve their kitchens. Kitchen Arrangement and Kitchen Storage were included in the program. Several members served as demonstrators. Also as a carry over from the remodeling program, a meeting on Fabrics for Draperies and Slip Covers was requested.

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The members were pleased with the results of the food work in 1947 so requested additional meetings on food. Oven meals, Refrigerator Salads and Desserts, Easy Ways of Checking the Day's Meals and One Bowl Cakes were included in the program.

c. Project Work

1. Crafts

For the first time crafts were included in the program with special emphasis on stenciling. Eleven demonstrations were given on the stenciling of trays and other articles. One all day meeting in each club was planned for the project but so much interest was shown that most clubs continued it one or two months longer either as a special meeting or a club choice project. The members were surprised to find they could turn out an attractive product even without any special artistic ability. 91 articles were stenciled in the club meetings and many more as a result. Several members bought the paint kits so they could stencil additional articles for gifts. Many of the articles were old trays that had been discarded, flat irons and old jugs or bottles from the attics and basements.

Three groups worked on rug making as a club choice and they plan to do additional work on this project in 1949.

2. Food

Four months of the 1948 program was devoted to food. Demonstrations were given in all four clubs on Oven Meals, Refrigerator Salads and Desserts, Easy Ways of Checking the Day's Meals with emphasis on Milk in the Diet, and Making a One Bowl Cake. The Oven Meal demonstration was a very popular one for

January 29, 1948

Pass It On

By
FRANCES R. REAM
County Home Demonstration
Agent

Hello Mrs. Neighbor:

These cold snowing days are a good time to catch up on your sewing and mending. It is also

a good time to study the seed catalog and order your seeds for garden-planting time will be here before we know it.



MISS REAM

May I remind you to serve your family lots of fruit, green vegetables and other foods containing vitamins to build up resistance. Here are a few facts about oranges. Mid-season oranges often are sweeter than early varieties, for mid-season varieties are generally allowed to remain on the trees to maturity. Oranges do not ripen after picking as do apples and pears.

The color of an orange does not indicate its composition, nor is the size of an orange a guide to ripeness. As an orange ripens the volume of juices and the sugar content increases and the acidity decreases regardless of size. The smaller fruits contain more sugar and acid, and on the basis of a standard packed box, a greater volume of juice than the larger fruits.

Some of you readers are having a demonstration on "oven meals" at your Home Demonstration Club meeting. For the benefit of non-club members here is a recipe for an Upside-Down Cake which can be baked at the same time your main oven meal is cooking.

Prune Apricot Upside-Down Cake

$\frac{1}{4}$ cup butter, $\frac{1}{2}$ cup brown sugar, $\frac{1}{2}$ tsp. lemon rind, stewed apricot halves, stewed prune halves, 5 tbsp. shortening, $\frac{2}{3}$ cup sugar, 1 egg, beaten; 1 cup milk, $2\frac{1}{4}$ cups flour, 4 tsp. baking powder, $\frac{1}{2}$ tsp. salt.

Blend the butter and brown sugar; add lemon rind; spread in bottom of cake pan about 8 inches square and 2 inches deep. Arrange apricot and prune halves to form design on top of sugar mixture in cake pan. Cream shortening, add sugar gradually, then egg; beat well. Add milk alternately with flour, baking powder, and salt sifted together. Mix thoroughly. Pour batter carefully over fruit in pan; bake as directed at 350 F. Turn onto serving platter, upside-down and serve with whipped cream.

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that month the clubs met all day and the oven meal was prepared for lunch. 110 members reported that they used the recipes given at the food demonstrations. The leaders took a more active part with the food demonstrations. They felt they could practice this at home and be sure of good results while they could not with some demonstrations.

270 families were assisted with improved diets and 320 with food preparation. Each club had a garden and poultry leader who gave suggestions and led discussions at club meetings. These leaders were trained by garden and poultry specialists. 70 families were directly assisted in improving their home food production of vegetables, 21 of fruits, 40 of meats, 10 of milk and 30 of poultry and eggs.

250 families were given assistance with canning problems, and 175 with freezing and 110 with storage. 150 club members reported 9,167 quarts of fruit, 19,533 quarts of vegetables, and 7,223 quarts of meat, making a total of 35,923 quarts of food canned this year. Mrs. B.A. Rucker of the Delaplane Club headed the list for the second year, canning 921 quarts of fruits and vegetables. She was assisted by her daughter-in-law Mrs. John Rucker. 22,816 lbs. of meat were cured and 1100 lbs. of fruit, 980 lbs. of vegetables and 7,878 lbs. of meat were frozen. 200 families canned according to budget plan.

Three clubs held all day meetings during August at a community canning center to can for the school lunch program

3. Home Management

Eleven demonstrations were given on Kitchen Arrangement and eleven on Kitchen Storage. 61 members made some improve-

ment in their kitchens as a result. Mrs. Lloyd Gold, Delaplane, serving as a result demonstrator for the project made wonderful progress in her kitchen. She drew plans for her cabinets using many of the suggestions given in the Labor Saving Show, also her club meeting and many current magazines. The club met at her home before she started and then several months later. She also had a very clever cleaning closet built by chimney, purchased a new gas stove and plans to have a new sink soon. She is making the project a long time one but hopes to complete early in the new club year.

Mrs. C.K. Brown of the Hume Club also made very worthwhile changes in her kitchen; building cabinets, changing arrangement and buying a new stove. Mrs. Howard Grove, Morrisville Club and Mrs. Fred Day, Midland Club used some of the suggestions from the demonstrations to plan their kitchens in new homes built this year.

4. House Furnishings

Eleven demonstrations were given on Fabrics for Draperies and Slip Covers. 71 slip covers were made by club members.

Furniture work was not a main project in our club program this year but it has always been a favorite and is often a topic for club choice or special meetings. 127 pieces of furniture were repaired, 51 pieces had springs tied, 80 were reupholstered and 177 chairs rebottomed.

The Remington Club reupholstered the furniture in the Home Economics Cottage at the school and also rebottomed chairs for the school. The Midland Club bottomed chairs for the Recreation Center being organized at a school building not in use. The club also equipped a club room in the building.

30 families were given help on remodeling dwellings, and 38 on improving arrangement of rooms.

5. Clothing

Clothing was carried as a club choice project this year and most of the work was on remodeling and altering to assist women in giving their old clothes the "new look".

210 families were assisted with selection of clothing and textiles and 280 with renovation and remodeling of clothing.

2. Federation Goal

The Federation Goal for 1948 was Rural Youth. The following goals were set up:

1. Sponsor 4-H Club Work
2. Assist in providing more adequate recreation
3. Study behavior of children of different age groups
4. Encourage adult organizations to use more young people in helping with community work

Each club sponsored some type of community activity for the rural youth such as picnics, social hours or game nights. In May the Bealeton, Morrisville, Remington, and Summerduck Clubs held a joint meeting at Summerduck on Rural Youth. Mrs. Sadie Embrey, Visiting Teacher in Fauquier Schools and Rev. W.D. Griggs who has done splendid work with Rural Youth were guest speakers.

In July a similar meeting was held with the Marshall, Delaplane, Orlean and Hume Clubs meeting Jointly. Mrs. John Whitacre, State Rural Youth Chairman, was guest speaker.

In August each club in the lower part of Fauquier was asked to have a representative on a committee to establish a recrea-

Fauquier H. D. Members Present Achievement Night

Miss Mabel Best, district agent-at-large, Blacksburg, was the guest speaker at the achievement program presented by members of the Fauquier Home Demonstration Clubs at the Warrenton High School last Thursday night. Miss Best gave an inspirational talk on "Today's Home Builds Tomorrow's World."

A report of the activities of the county clubs was made by Mrs. Irving Kane, Bealeton, secretary of the county home demonstration committee. Miss Frances Ream, Home Demonstration agent, discussed her work with adults, and Miss Ada Foughton, Remington, gave the 4-R report.

In connection with the meeting, an exhibit showing various phases of Home Demonstration Club work was presented. Stenciling of trays, canning, clothing, candlewick bedspreads, rewired lamps, picture framing, chair reupholstering and gift suggestions were among the exhibits.

A social hour followed the meeting. A feature of the program was Mrs. L. L. Hutchison's solo, "Bless Our Home."

tional center for that part of the county. Representatives from churches and other civic organizations were on the committee. Progress has been made and the young people are working on the building. Some groups have used it and it will soon be ready for regular use.

3. Other Activities.

The Home Demonstration Clubs in Fauquier held their first Achievement program this year. About 100 members and guests attended on the night of November 4. Miss Mabel Best, District Home Agent at Large, Blacksburg, gave a very inspirational talk on Building Tomorrow's Home. Reports were given on the work in the county and Mrs. L.L. Hutchinson sang, "Bless Our Home". An exhibit was held in connection with the program. Various phases of the work such as, chair reseatng, canning, clothing, candlewick bedspreads, stenciled articles, picture framing and rewired lamps were exhibited.

In addition to the recreational activities, each club sponsored some money making activity during the year. The Bealeton, Remington, and Catlett Clubs served supper to the Ruritan Clubs and The Bealeton Club served the Annual Dairy Club Banquet. The Morrisville Club served a Southern States supper. The Midland Club sold greeting cards. Other clubs sold skirt hangers and ironing aids, had game nights and sold refreshments, bake sales and other money making activities within the club.

44 members attended the District meeting of the State Federation at Culpeper and 3 attended The State Federation Meeting in Blacksburg.

All clubs assisted with the L-H Dairy Show. The County Committee had a rummage and bake sale with all clubs assisting.

Demonstration Club Federation To Meet May 4

In observance of National Home Demonstration Week, May 2-8, District VII of the Virginia Federation of Home Demonstration Clubs, with which Fauquier is affiliated, will meet Tuesday, May 4, at 10 o'clock at Pitts Theatre, Culpeper.

Eleven counties of Northern Virginia will participate in the meeting, whose theme will be "Harmony in the Home, Order in the Nation, Peace in the World." Representatives from Fauquier's 11 Home Demonstration Clubs will attend, together with Miss Frances Ream, Home Demonstration agent.

Speakers will include Miss Maude E. Wallace, assistant director of extension in charge of home demonstration work; Mrs. C. M. Ware, vice-president of the Virginia Federation, and Miss Dorothy Arvidson, national 4-H fellowship student from Indiana.

"Today's Home Builds Tomorrow's World" has been chosen as the keynote for the National Home Demonstration week activities. In Virginia more than 30,000 women will be a part of the 3,500,000 rural women in the United States who will participate in this observance. There are 256 Home Demonstration Club women in Fauquier County.

Home Demonstration work is perhaps the world's most far reaching on the job education program for rural families. In Virginia there are 122 home agents employed by the local county governments, the land grant college and the United States Department of Agriculture.

In Virginia there are 1825 clubs that meet monthly. Their programs are made up for a year in advance and are planned by the women themselves after they study situations locally and are aware of their needs.

4. Leadership

The organization leaders or club officers are one of the most important types of leaders. The success of a club depends largely on the officers. There are 36 organization leaders. These leaders are trained at the county committee meeting and have a copy of the handbook to use as a guide. They conduct the business session, invite new members, take information to non club members and assist with county wide activities.

There are 77 project leaders who gave demonstrations and assisted the agent. 29 demonstrations were given in the absence of the agent and the leaders assisted with 23 others. 9 leader training meetings were held with an attendance of 103. 8 of the meetings were held by specialists. There are 10 poultry and 10 garden leaders who attended training meetings and in turn gave timely information at each club meeting.

There were 10 Federation Goal chairmen or Rural Youth chairmen. These leaders attended the spring meeting of the county committee to receive training in addition to monthly suggestions by county chairman. One club meeting was devoted to the Federation Goal and the chairman had charge of it. Each Rural Youth chairman worked on the community recreational activities and assisted with 4-H work.

B. Other Means of Reaching People

The community and neighborhood leaders do not function as an organization in Fauquier County but as individuals. They are very helpful in contacting farm people in any type of campaign or survey. They are also helpful in getting new and unorganized groups together for meetings.

Remington H. D. Club Meets at Ritchie Home

Three new members, Mrs. Wynant Hoffman, Mrs. Charles White and Mrs. Hal Hedinger, joined the Remington Home Demonstration Club at its meeting held November 12 at the home of Mrs. Hunter Ritchie.

Eighteen members were present. The demonstrations for the meeting were a one-bowl yellow cake, given by Mrs. John Mills, and the frosting and decoration of cake, by Mrs. Meadows and Miss Frances Ream, Home Demonstration agent.

Mrs. L. W. Griggs, devotional chairman, opened the meeting with scripture and prayer, and Mrs. Meadows conducted the business meeting. It was decided to send fruit to Mrs. Bush Weaver, who is ill.

The December meeting will be held with Mrs. Cleon Meadows, when the annual Christmas party will be given. The topic for discussion will be Christmas decorations.

A large number of non club members are reached through the newspaper. The agent has a column in two weekly issues of the county paper each month. Timely information, recipes and news are included.

Many non club members are reached by office calls and home visits. The home visit is one of the most effective means of reaching people but the number of visits possible is limited due to the many other duties of the agent.

During the year the agent attended meetings of P.T.A., Business Girls Circle, Ruritan, and Lions Club and spoke on the Home Demonstration Program in the county.

In cooperation with the Health Dept. special letters were sent to many families on such items as the use of D.D.T. and Rat Control. The educational circular letter reaches non-club members.

V. Work With Youth

A. 4-H Clubs

1. Organization

a. County Council

The County 4-H Council held two meetings during the year. The council is made up of the officers of each 4-H club. The All Stars and leaders are urged to attend meetings. Club goals were set up and a plan of work made at the fall meeting. At the spring meeting each club checked accomplishments and planned the summer activities including the county dairy show, club camp, county 4-H picnic and contests. The council enables the clubs to work more closely together.

b. Typical 4-H Club

The Bealeton Sr. 4-H Club is a good standard club. They met, boys and girls jointly, each month during the year for a business meeting and program. One month the girls are responsible for the program and the

Fauquier Members Outstanding at 4-H Club Camp

Thirty-nine members from Fauquier attended Powell's Fort Valley 4-H Camp in the George Washington National Park, near Woodstock, August 9-14. Members from Page, Warren, and Clarke Counties brought the total enrollment to 113.

Fauquier members were outstanding in their camp activities throughout the week. Frank James, Remington, served as Big Chief of the group and Ada Houghton, Remington, was elected scribe and edited the camp newspaper. Buddy Russell, Marshall, and Alice Groves, Bealeton, served as Lesser Chiefs of two of the tribes.

Buddy Russell, Marshall, was elected Big Chief for the 1949 Camp and was also selected as the most outstanding camper for the week. Other members winning recognition in the camp mirror were Alice Ott, Alice Groves, Carol Hackley, Ada Houghton, and Richard Embrey.

In addition to the various recreation activities, classes were held in handicraft, swimming, and song and game leadership.

The group was accompanied by Assistant County Agent Lem Sutphin, Miss Frances Ream, Home Demonstration Agent, Rev. R. B. Garnett, boys' leader and Misses Virginia Armstrong and Janet Keyser, girls' leaders.

Those attending from Fauquier County were: Betty Ann Cockrill, Mary Chilton, Virginia Griggs, Alice Groves, Ada Houghton, Jane Houghton, Mary Ann Jones, Alice Ott, Lucy Grohs, Eleanor Grohs, Christine Anne Byrne, Carol Hackley, Mary Louise Barb, Beta Mae Thorpe, Salomey Brenner, Bea Kane, Jean Turner, Elizabeth Turner, Ronald Leonard, Robert Sisson, Sammie Shipp, Wilbur Smith, Alvin Smith, Robert Crittenden, Donald Crittenden, Tommy Ott, Rudy Griffith, Russell Groves, Marshall Barron, Pete Russell, Richard Embrey, Frank James, John Groves, Walter Hume, Buddy Russell, Lester Hedlin, Paul Cabbage, Tommy Murphy, and Billy Andes.

next month the boys. The joint programs were on topics of general interest such as safety, health, fire prevention and good manners. Separate meetings were held for the project work and the girls met several times in the home of one of the Home Demonstration Club members who was helping with clothing projects.

The club sponsored a county wide talent show, each club in county putting on a skit or stunt. They assisted with the county picnic and the Dairy Show. The girls in this club served at the Dairy Banquet.

Mildred Day of this club won the County Dress Revue and Beatrice Kane also received recognition. The club was represented at 4-H Camp and State Short Course.

2. Project Work

a. How was program determined

The 4-H Club members discussed their projects for the coming year at the late summer and early fall meetings. The agent named the winter and summer projects and the requirements of each. After each club member had selected her project the agent discussed the projects with the leaders and completed the monthly program. The members were divided into small groups for their project work as most of their regular meetings were held in school.

b. Subject Matter Fields in Which Work Was Carried

Most of the members worked on Care of Clothing or Housekeeping during the winter because they were the most practical for group meeting in the school. Some of the older girls in clubs meeting out of school did Room Improvement or Clothing Construction.

Canning, Food Preparation and Clothing Make and Remake were the most popular summer projects. Poultry, Garden and Dairy Animals were carried by a few.

Marshall Girl Wins Area 4-H Canning Contest

4-H Girls from Fairfax, Fauquier, Culpeper, Prince William and Rappahannock Counties competed in the project contests held in the Home Economics Cottage, Warrenton High School, Saturday, September 11, when Drusilla "Skippy" Russell of the Marshall Club won first place in the canning contest.

She demonstrated canning tomatoes and also displayed a good record, having canned 328 quarts alone and assisted with 296 additional quarts.

Marie Auth, Fairfax County, took top honors in both Style Dress Revue and Clothing Achievement. Virginia Rowland, Fairfax, won the laundry demonstration and Catherine Kemper, Prince William, won first in the Food demonstration contest.

These winners will compete in the district contest in Charlottesville, on September 27, and district winners will try for the state awards at the Atlantic Rural Exposition in Richmond in October.

C. Project Work

1. Housekeeping

43 members were enrolled in the housekeeping project with 28 completing. Most of this instruction was given at regular club meetings. Each girl completing cared for a room for three months. 12 members rearranged their rooms, 19 set table, 16 washed dishes regularly, 14 brought in fuel, 8 cared for garbage, 4 mended linens, 6 lengthened sheets, 3 made table mats, and 6 remodeled furniture.

2. Clothing

86 members were enrolled in clothing projects with 64 completing. 73 new garments were made costing only \$46.78. Many of the beginners made skirts, pajamas and other articles out of feed bags making the cost very low. 46 garments were remodeled. 12 members kept clothing accounts for six months. The preliminary instruction for this project was done at the regular meetings. Special group meetings were held for the actual construction work.

3. Food Preparation

35 members enrolled and 21 completed. 1027 dishes of food were prepared. The project instruction was given in small groups assisted by leaders. Food project members assisted with the Dairy Banquet and lunch at the Dairy Show.

4. Room Improvement

12 members worked on a room improvement project with 7 completing. These members are older girls and plan a long time project of their room improvement. 7 made a color plan for room, 8 improved arrangement of room, 7 improved walls and woodwork, 10 improved window treatment, 3 made rugs and 6 renovated closets.

5. Food Preservation

21 members enrolled with 10 completing. Much of this instruction

4-H Amateur Show Makes A Big Hit At Bealeton School

A 4-H Club Amateur Show, featuring acts by the individual clubs as well as single specialty numbers, held at Bealeton High School last Friday proved a big hit with the large audience.

The Bealeton Senior Club took the first club prize of \$10 with their presentation of a wedding. Luther L. Day, who played the bride and won an individual prize for his performance, was ably supported by "Bea" Kane, Donald Early, Jimmy Miller, Kenneth Chapman, Debby McWelch, Connie Morris, A. E. Johnson, Walter Miller, Everett Hanback, Morgan Ott, Jr., Kenneth Early and Alvin Smith.

Second prize of \$5 went to the Marshall Club and their minstrel act, which featured Buddy Russell, Bobby Leonard, Pete Russell, Peggy Embrey, Fred Corbin, Albert Poe and Skippy Russell.

Jane Houghton of the Remington Junior Club won first individual honors for girls with her "An Essay On Husbands".

Judges for the contests were Patsy Pearson, John Yowell and Jean Bowers.

Other clubs participating were the Remington Senior Club, which presented "The Old Maids Convention"; the Catlett-Calverton Senior Club, which gave a Style Show; and the Bealeton Junior Club, which presented "Fumididdle." Barbara Scott took part in the style show and sang.

Dairy Club Plans Banquet Friday At Bealeton

The Bealeton Dairy Club will play host to all dairy club members in the county Friday night, April 30, at their annual banquet held at the Bealeton High School.

About 90 members and guests are expected to attend, for dinner served by the Bealeton Home Demonstration Club and a program following.

The speaker of the evening will be G. H. Clark Loray, county agent of Page County, who will give an inspirational talk on 4-H Club work. L. B. Agee will act as toastmaster, and Donald Early, president of the Bealeton club, will welcome the guests and make a brief talk on "What 4-H Club Work Has Meant to Me."

Fauquier 4-H Club Boy, Girl Named to All Star Chapter

Eight Fauquier 4-H Club members attended the 4-H Club State Short Course held at Blacksburg, June 28 to July 3.

Buddy Russell, of Marshall, and Ada Houghton, of Remington, were accepted as members of the State All Star 4-H Club Chapter.

Ada Houghton, a student at Remington High School, has been an outstanding club member for the past three years and served as vice president and reporter. Her projects have been in food preparation, housekeeping and room improvement. She is conducting a club demonstration on room improvement.

Buddy Russell has been president of the Marshall 4-H Club two times and also served as vice president, secretary and treasurer. He was president of the county 4-H Club Council for two years and also served as treasurer of this group. He was graduated from Marshall High School this year.

He has had dairy, hog, field crop and baby beef projects, and this year placed first in his class with his baby beef project in Richmond.

Donald Early, of the Bealeton 4-H Club, who has been active in club work for about eight years, and was president of the Bealeton Dairy Club for the past two years, capably conducted a demonstration in the Dairy Demonstration Class at Blacksburg last week, on the cleaning and handling of milking machines.

Other 4-H Club members making the trip were Walter Miller, Jr., Bobby Miller and Bea Kane, all of Bealeton, Billy Russell, of Cattlett, and Peggy Embrey, of Marshall. Ryland Burton, Jr., former club member, accompanied the group.

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was given by Home Demonstration Members. 910 quarts of fruits and vegetables were canned.

6. Poultry

4 girls had poultry projects with 2 completing. The members had 150 birds.

3. Other Activities

One of the big events of the summer was the County 4-H Picnic. 120 members and parents attended. The girls contests in Canning, Clothing Achievement and Dress Revue were held at this time. The members enjoyed softball games, athletic contests, swimming and a picnic supper.

39 club members and 3 leaders attended 4-H Camp at Powells Fort Valley. 8 members attended the State Short Course in Blacksburg.

Each club took part in a county wide talent show sponsored by the Bealeton Club.

4. Leadership

4-H Leadership improved during 1948 but it is still a very weak link in the club program. There are 11 project leaders and two sponsors. Most of the leaders are Home Demonstration Club members and were trained in small group meetings or individually.

There are 36 club officers or organization leaders who take full charge of the business of the clubs. They are trained by agents and leaders at club meetings and council meetings.

VI. Work Done in Cooperation With Other Agencies

1. County Home Economics Workers

The home agent worked with the home economics teachers who supervised canning centers and school lunch program. The Home Demonstration Clubs assisted with both programs. Whenever Extension Specialists were in the county all home economics workers were invited to the meeting.

2. Red Cross

The agent worked with the Red Cross in Nutrition Work, sewing and knitting projects and during the Red Cross Drives.

3. Cancer Foundation

The home agent distributed educational material on cancer and the cancer research program and the clubs contributed to and assisted with the drives.

4. The County Health Department.

The agent assisted the Health Department in every way possible. The agent and nurse made some home visits together giving sick or undernourished families help with meal planning and food budgets. The agent and sanitation officers worked jointly on the program of household pest and insect control and other phases of the sanitation program.

5. Community League and Other Civic Organizations.

The agent assisted the Community Leagues in their money making activities to raise funds to help the school lunch program and other needed equipment in the schools.

VII. Evaluation of 1948 Program

The county program was carried out more smoothly this year and the agent received more cooperation from club leaders and offices than in the past. The members were more willing to accept responsibility and really volunteered to do many jobs without waiting to be asked.

The members were pleased with their first Achievement Program. The exhibit in connection with the program made them feel that they really had accomplished something.

Twice as many members attended the District and State meetings of the Federation of Home Demonstration Clubs. These meetings were most helpful in helping the members see the value of the work in state and nation as well as locally.

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The club members were more helpful with the program planning discussions this year. They pointed out some weaknesses of this year's program and tried to correct them when planning the 1949 program. Many felt we had crowded too much in the program, especially was this true of crafts. One meeting was not enough for the stenciling project.

The agent feels the club members are really sold on the work and will do much to help expand the program in 1949.