

and needed. Tentative plans are being made for a correspondence course.

B. The Agent reads professional magazines and books as McCalls, etc. to obtain needed information.

C. Membership in Professional Organization

The Home Agent is a member of the Virginia Home Demonstration Agents' Association and the Southwest Virginia Association.

D. Participation in Workshops and Programs Planned by Other Organizations.

The Home Agent will attend these and assume any responsibility in them if needed and requested.

E. Planned Educational Trips

If plans can be carried out the Agent hopes to take a vacation to visit the Western states.

XI. Plans for a Unified County Program

The Agent plans to work with other county office personnel on Farm and Home Development, Southwest Virginia 4-H Center and the entire Extension program whenever possible.

XII. Problems of County

To the Home Agent, the greatest problem is to get individuals to take leading roles in their Clubs. It is not a matter of ability but more a problem of a desire to do this for Clubs and communities.

At present the only way the Agent sees this might be done is to encourage and stress importance of leadership. She might start by getting them to take small parts at first so that they may get a taste of this.

B. Welfare and Health Department

The Agent will cooperate with the Welfare and Health Departments whenever requested in any way she can.

VIII. Plans for Developing Good Public Relations

A. Co-Workers

The Home Agent will cooperate with co-workers in any way possible as well as having conferences when necessary to plan and evaluate work.

B. General Public

The Home Agent will attempt to keep public informed. She will give her services whenever requested and wherever possible.

C. Elected Representatives

The Home Agent will cooperate in every way possible with this group.

D. Commercial Interests

The Home Agent will work with commercial interests in the county as power companies whenever she can.

E. Other Professional Workers

The Agent will work with these workers when possible. She will send out material when received and give services as she can.

IX. Plans for Recording Progress and Evaluating Program as Planned for 1959.

The Agent will keep monthly and daily records. Since agents have received evaluation sheets, the agent will study these to see how she can improve.

X. Plans for Professional Improvement

A. Organized Study

The Agent will attend Extension Training schools when designated.

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number junior project leaders	25	30
Number result demonstrators	6	8
No. meetings at which leaders were trained by specialist	0	0
No. meetings at which leaders were trained by district agent	0	0
No. meetings at which leaders were trained by agent	4	6
No. meetings at which leaders were trained by personnel in L-H Dept.	0	1
No. meetings at which leaders were trained by others	1	1
Attendance at leader training meetings	45	60
No. L-H leaders trained individually	10	15
No. club meetings held by leaders without agent present	15	15
No. club meetings at which leaders assisted	45	50
No. demonstrations given by adult leaders	6	10
No. demonstrations given by junior leaders	27	35

VII. Plans for Work with Other Agencies

A. Future Homemakers of America

Whenever possible and when requested, the Home Agent will work with this group.

B. Home Demonstration Club Leadership

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number organizational leaders	56	44
Number project leaders (subject matter)	56	44
Number Federation program of work Chairmen	14	11
Number program development leaders	14	11
Number result demonstrators	12	14
Number meetings at which leaders were trained by specialists	2	3
Number meetings at which leaders were trained by district agents	2	2
Number meetings at which leaders were trained by agent	1	4
Attendance at training meetings	43	53
No. club meetings held by leaders without agent present	33	40
No. club meetings in which leaders assisted	14	11
Total number demonstrations given by leaders	40	44
No. talks or discussions by leaders	91	95

C. Over-all Youth Leaders
(Organization leaders for county youth council)

<u>No. in 1958</u>	<u>Goal 1959</u>
0	0

D. 4-H Club

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number 4-H Club officers	150	126
Number adult project leaders	12	12

4. Club Contests

The 4-H Club girls will have contests and receive ribbons on work they have done as cookie baking, muffins, dresses, aprons, etc.

V. Scope of Work

A. Organization

	<u>No. in 1958</u>	<u>Goal 1959</u>
Number of home demonstration clubs	11	12
Membership	219	225
Number of 4-H Clubs	25	21
Membership	854	800
Number of young men and women's clubs	0	0
Membership	0	0
Number community improvement clubs	3	3
Membership	250	250
Number home economics committees	0	0
Number general interest committees	0	0
Number youth committees	0	0
Number other organizations	0	0
Number farm and home development families	13	15

VI. Plan for Leadership

	<u>No. in 1958</u>	<u>Goal 1959</u>
A. Over-all Program Leaders (Organization leaders for county Extension Service Board)	<u>28</u>	<u>30</u>

Procedures:

- (1) Demonstration by Home Agent.
- (2) Discussion and displays whenever appropriate.

3. Your Room - Feb It Un

Objectives:

- (1) To learn to keep room in good condition with a minimum of time.
- (2) To learn to make rooms more attractive at very little expense.

Procedures:

- (1) Demonstration and discussion by Home Agent.
- (2) Demonstrations by Club members.
- (3) Supply needed materials.

C. 4-H Activities

1. Camp

The Home Agent will devote time at 4-H Club meetings to stressing camp. Slides will probably be shown to try to arouse interest.

2. Achievement Day

The Honor Club will meet to plan Achievement Day which will be held in November.

A parade will be scheduled for members if a band can be obtained. Club members will receive medals and recognition. A talk will be given by a Club member or an Adult on a subject that would interest these young Club members.

3. Rally Day

The Honor Club will plan this event and do much to see it is carried out. Contests will be held as usual with other activities being planned for this day.

- (2) To learn place of bread in the diet.

Procedures:

- (1) Demonstration by Home Agent
- (2) Discussion

2. Clothing

A. Looking Your Best

Objectives:

- (1) To teach good grooming.
- (2) To learn good grooming is essential in the clothing project.

Procedures:

- (1) Demonstration by Club members.
- (2) Discussion and material.

B. Learning to Sew

Objectives:

- (1) To learn how to make and equip a sewing box.
- (2) To learn to make simple items as aprons, etc.
- (3) To learn some of the basic principles of sewing.

Procedures:

- (1) Demonstration and discussion by Home Agent.
- (2) Demonstrations by Club members.

C. Make or Remake

Objectives:

- (1) To learn pattern markings.
- (2) To learn to judge for quality in fabrics.
- (3) To learn "finishing touches" for good workmanship on garments.

plans for different activities and for training to do their job more effectively. If children can be taught to plan and lead, then leadership for the county will be strengthened in years to come.

2. All Stars

Scott County has a total of nine (9) All Stars and two (2) more will be recommended for the coming year. This organization is not a strong one. The Home Agents plans are to try to strengthen this club in the future.

3. Honor Club

The 4-H Honor Club has a total of thirty one (31) members. To be a member of the Honor Club, the 4-H'er must have reached fourteen (14) years of age and completed three (3) years of Club work with all records completed.

This organization helps plan 4-H activities throughout the year.

B. 4-H Project Work

1. Foods

A. Meal Preparation

Objectives:

- (1) To learn to plan nice table decorations.
- (2) To learn how to make biscuits.
- (3) To learn to measure ingredients correctly and accurately.

Procedures:

- (1) Demonstration by Home Agent.
- (2) Demonstration by Club members.

B. Bread

Objectives:

- (1) To learn to make simple everyday breads.

National Home Demonstration Club Week

The Club women hope to have their Achievement Day during this week. Observing it in this manner may make it more meaningful.

Work in Unorganized Communities

The Home Agent will attempt to inform these communities of the program and try to establish clubs if wanted.

County Projects

Since the Southwest 4-H Club Center is in the process of being built the Home Demonstration Clubs will help in any way they can.

Information to Public

The Home Agent will send articles to the paper on plans and accomplishments of Clubs as well as news articles. The Club reporter will send in reports of meetings. Whenever possible the Home Agent will inform the public.

III. Farm and Home Development

Work with Farm and Home Development families in Scott County has been very limited to date. The Home Agent will not state any objectives or procedures now because she feels she must be better acquainted with these families before she can state needs, objectives and procedures. The County Agent works with seventeen (17) of these families. The Home Agent will try to get to know these families.

IV. County Extension Program - Youth

A. Organization

1. County 4-H Council

The County 4-H Council is composed of officers from the twenty one (21) Clubs in the county. They will meet twice to make

Procedures:

- (a) Discussion led by Home Agent.
- (b) Information presented by leader at each meeting.
- (c) The planning committee tried to tie in each demonstration as being related to family life.

The Home Agent wrote the family life chairman for information or sources of information. Other Agents who have had this topic in their county have supplied some information. The Clubs are beginning this program by trying to improve themselves so that they will be more informed and better family members themselves.

D. Other Activities

1. County Objectives:

- (a) Pay county Federation dues before February 1st, 1959.
- (b) Encourage the members to read books in order to get Reading Certificates.
- (c) Have Year Books completed by December 1st.
- (d) Have report of each monthly club meeting sent to newspaper by reporter.
- (e) Each club attempt to secure three or more new members.
- (f) Each Club member to be responsible for taking information to one or more non-club members.
- (g) Each Club have leader to attend leader training meeting and present demonstration.
- (h) Each Club be represented at Spring and Fall Planning meetings of Home Demonstration Planning Committee.
- (i) Encourage Club members to attend District Meeting and Institute of Rural Affairs.
- (j) Leaders be responsible for at least four demonstrations.
- (k) Each Club be responsible for furnishing a 4-H Club leader whenever possible.
- (l) Invite and encourage 4-H Club members to give demonstrations at Home Demonstration Club meetings.
- (m) Support 4-H Club program and 4-H Club Center.

Procedures:

Each Club will stress objectives and try to reach as many as they can.

Procedures:

- (a) Demonstration by Home Agent.
- (b) News articles.
- (c) Information on subject to each club member.

G. Craft

1. Footstools, Textile Painting or Huck Weaving

Objectives:

- (a) To learn correct method for each of these crafts.
- (b) To teach good design for each of these crafts.

Procedures:

- (a) Leaders will be trained by the Home Agent for craft the club chooses.

H. Club Choice

The Agent will train leaders in whatever subject matter field each club chooses. The objectives and procedures will be determined after the Agent learns what each Club wants and what the Agent feels is needed.

C. Federation Program of Work

1. Family Life

Aim:

To stimulate interest in and understanding of the importance of a satisfactory relationship between family members.

Objectives:

- (a) To understand ourselves as parts of this satisfactory family living.
- (b) What types of people live easily and well in family life?
- (c) Which of these traits do we club members have?
- (d) How do we rid ourselves of undesirable traits and develop desirable ones?

D. Home Management

1. Understanding Insurance

Objectives:

- (a) To present different types of available insurance.
- (b) To teach importance of having the right kind of insurance with reputable firms.

Procedures:

- (a) Discussion led by Home Agent.
- (b) Distribute information on insurance if agent can find the proper kind.
- (c) News articles.

E. Family Life

1. Family Recreation

Objectives:

- (a) To teach recreation the whole family can enjoy so that family members will enjoy being with their own family.
- (b) To encourage more recreation within the home with all family members participating.

Procedures:

- (a) Demonstration, discussion and participation by leaders after being trained by agent.
- (b) Leaflets.

F. Flower Culture

1. Care of Potted Plants or Rose Culture

Objectives:

- (a) To learn to care for potted plants and roses properly.
- (b) To teach proper amount to have to avoid clutter.
- (c) To learn conditions in which roses grow best.

B. Clothing

1. Clothing Selection

Objectives:

- (a) To teach quality when buying clothing for homemaker and family members.
- (b) To learn more about wardrobe planning.

Procedures:

- (a) Method demonstration by Home Agent.
- (b) Samples of good quality and poor quality so club members can "see" the difference.

2. Special Interest - Tailoring

Objectives:

- (a) To teach good design in clothing.
- (b) To teach basic tailoring principles and practices.
- (c) To teach how to alter and fit pattern.

Procedures:

- (a) Work sessions for homemakers.
- (b) Demonstration and discussion during work session.

C. Home Furnishings

1. Flower Arrangement

Objectives:

- (a) To teach basic principles of flower arrangement as color, balance, rythem and proportion.

Procedures:

- (a) Demonstration by Home Agent using fresh flowers.
- (b) Information to members on flower arrangement.

2. Milk Drinks

Objectives:

- (a) To teach the importance of milk in the diet for all age groups.
- (b) To teach a variety of ways to serve milk as a beverage.

Procedures:

- (a) Method demonstration by foods leaders.
- (b) Agent will have leader training meeting for leaders and give them material and information needed.

3. Cake Decoration for Family Occasions

Objectives:

- (a) To teach "good taste" in cake decorating.
- (b) To teach simple, time saving decorations to make cakes more attractive.
- (c) To learn how to make one or two good icings to use for decorating purpose.

Procedures:

- (a) Method demonstration by Home Agent.
- (b) News article.
- (c) Recipes and information given to members in leaflet.

4. Using Sauces in Vegetable Cookery

Objectives:

- (a) To teach knowledge of sauces to use in vegetable cookery to add variety to every day meals.

Procedures:

- (a) Method demonstration by Home Agent.
- (b) Information placed in hands of each club member on sauces.

for college.

In Scott County one will find one of the most beautiful natural attractions in the world—Natural Tunnel. This is a very good tourist attraction. Each year several thousand people representing many states visit this scenic spot. The grounds also provide a good picnic and recreation area for tourists as well as county citizens.

II. County Extension Program - Adult

A. Home Demonstration Club Program

The County Home Demonstration Club Committee will meet twice this year. They will have their spring planning, business meeting and the regular yearly planning meeting for making up the year's work. This committee wants to stress better attendance at these meetings as well as stressing county goals. This committee is made up of county officers, club presidents, program development leaders and federation program of work chairmen.

Scott County has eleven (11) Clubs with one hundred ninety-five (195) members. This is a reduction in quantity from last year.

1. Project Work

A. Foods

1. One Dish Meals

Objectives:

- (a) To teach nutritious one dish meals.
- (b) To learn more about good nutrition for the family.
- (c) To help homemakers spend more time with family by good meals in one dish.
- (d) To teach what a good meal contains.

Procedures:

- (a) Method demonstration by agent.
- (b) Distribute literature.

1959 PLAN OF WORK

Carol G. Reasor
Home Demonstration Agent

Scott
County

I. County Situation Considered in Working out the 1959 Plan of Work

Scott County is located in Southwest Virginia bordered by Lee, Russell and Wise Counties in Virginia and Sullivan County, Tennessee. The main sources of water are from the Clinch and Holston Rivers. Many of the pioneers settled here in order to have plenty of water for cattle and crops. Many of the farmers in Scott County have inherited their farm which has been passed down from one generation to the other, keeping the family name. The people in the county are a very closely knit group.

In one section of our county the Clinch River completely divides one community making it very difficult to keep the community united. However, the people in the community seem not to mind and are progressing.

There are three thousand five hundred thirty-eight (3,538) farms in the county. Many of these farms are of medium size. Farming is a diversified type, the chief sources of income coming from tobacco and livestock. Many of the people are turning to part time farming due to the growth of smaller farms. Since there is very little industry in the county this means many people are going to neighboring counties and neighboring states for work. Many women in the county are now working outside the home. These extra earnings are helping to raise the standard of living and broadens their interests.

The people of the county strive very hard to educate their children. Several new schools have been completed in the county, with many being consolidated. Plans are in progress now to make additions to schools and for a new elementary school which burned. The school system, itself, has helped to bring the people closer together. Each year more boys and girls are leaving the county