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As we respond to the ongoing acts of racism amid a global pandemic, conversations around allyship have come to the forefront. Each of us can use our voice, our influence, our platform and our power to make a difference. This week we are sharing resources so support those looking to be a better ally.

During this time, we will continue to listen and learn how we can best support our Black and African American community at Virginia Tech.

[InclusiveVT](#) has been an essential resource during this time and provides guides on how to educate, connect, and act. They also hosted an InclusiveVT Conversation last week, kicking-off a conversation on Race and Racism. In case you missed it, check out Dr. Menah Pratt-Clark's and Dr. Michele Deramo's [Unfinished Conversation on Race](#) .

Watch Now

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## Action Steps to Being an Ally

An ally is someone who is willing to act with and for others in order to end prejudice and oppression and advance equity.

Learn more about being an ally by viewing this [InclusiveVT Insight](#) with Alicia Cohen. She shares six actionable strategies for speaking up in response to stereotypes.

[Watch Now](#)



## Allyship During Race Conversations

Want to play a more active role in being an ally? Here are a few practical action steps on how to navigate race conversations in a helpful way:

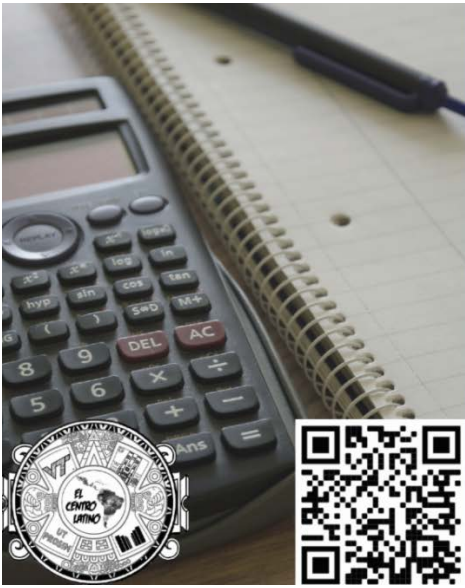
LISTEN as POC share experiences.

AMPLIFY POC voices and individuals. Help their messages reach the people who need them by using the platform you've been given to highlight them.

SPEAK out against injustice. Share your knowledge with those who don't know, and assist us in the work of racial reconciliation.

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## Upcoming Events



EL CENTRO AND HOKIE WELLNESS PRESENT:

# Managing and paying off debt effectively + Open Q/A



Bits of Advice for Young Adults  
Presented by: Kevin Sutton,  
Assistant Director of Financial Wellness

**Wednesday June 10th, 2020**  
**12:00-1:00 pm**

<https://virginiatech.zoom.us/j/94081576104>



HOKIE WELLNESS  
VIRGINIA TECH

DEPARTMENT OF RELIGION & CULTURE AT VIRGINIA TECH

# TEACH-IN ON ANTI-BLACK VIOLENCE

ONLINE  
FREE & OPEN TO ALL

WEDNESDAY JUNE 10, 2020

2:30-4:00 PM

REGISTER [HTTP://TINYURL.COM/RLCL-TEACH-IN](http://tinyurl.com/rlcl-teach-in)

  
LIBERAL ARTS AND HUMAN SCIENCES  
RELIGION AND CULTURE  
VIRGINIA TECH.

For more information, email [gabriele@vt.edu](mailto:gabriele@vt.edu)

Register [Here](#)

InclusiveVT community conversation series,  
*The Ut Prosim (That I May Serve) Difference:*

# "MAKING THE CHAIR FIT"

with Dr. Menah Pratt-Clarke

NEXT EPISODE, FRIDAY JUNE 12TH @ 5:30 PM ET

FEATURING:

Cultural and Community Center

Directors: **Veronica Montes**

(El Centro), **Dr. Ashleigh "Bing"**

**Bingham** (LGBTQ+ Resource Center),

**Melissa Faircloth** (American Indian

and Indigenous Community Center),

and **Dr. Nina Ha**, Asian Cultural

Engagement Center)



[https://bit.ly/inclusivvt\\_youtube](https://bit.ly/inclusivvt_youtube)



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Pre-College Academic Leadership Program



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